



L'artiste Bhat Boy a généreusement offert son tableau intitulé *Guardians of Sandy Hill* pour un encan bénéficiant L'autre colline, lors du lancement de l'exposition Artissima dans l'espace allsaints, le 8 novembre (voir la p.14).



COMMUNITY BULLETIN BOARD

Pathway Yoga is hosting a New Year Open House on Saturday, January 18 at 253 Echo Drive, in the Church of the Ascension. Schedule: 1:00–1:15 pm, Greet and Meet; 1:15–2:15 pm, Beginner Class; 2:30–3:30 pm, Demonstration and Q&A; 3:30–4:00 pm, Snacks and Chat. All are welcome for the demonstration. If you plan to attend the free class, numbers are limited so please reserve your spot by emailing welcome@pathwayyoga.ca. Pathway Yoga is a not-for-profit organization, dedicated to promoting the study and practice of Iyengar yoga for health and wellbeing. We offer a wide range of hybrid and studio classes for students of all levels and backgrounds. For more information about Pathway Yoga, check our website: www.pathwayyoga.ca.

Chair Yoga for Seniors in Sandy Hill – Free! Join Sandy Hill resident and yoga teacher Camille Lechasseur for some gentle movement and lots of laughter! Wednesdays 1:30–2:30 pm in the Strathcona Heights Community Room at 721 Chapel St. (Enter off of Wiggins Private.) There is no fee but we ask that you register at Sandy Hill Community Centre or email: Laurent.Rodrigue@ottawa.ca.

Rideau Winter Trail Events in 2025 Celebrate World Snow Day on Sunday, January 19, 2025. The Ottawa Outdoor Gear Library will be on the RWT trail (near the Rideau Sport Centre) with free snowshoes for people to borrow.

Save the date for the 2nd Rideau Winter Trail Loppet, February 23, 2025!

A loppet is Scandinavian term for a fun sociable cross country ski event for all ages and abilities, followed by refreshments. The loppet is also an important fundraising event for the RWT. For more information, visit www.rideauwintertrail.ca, or email: rwt@rideauwintertrail.ca

À la recherche de livres en français pour enfants, pour le programme parascolaire du Centre de santé communautaire de la Côte-de-Sable. Académiques ou non, illustrés ou romans, pour la 1ère à la 6ième année. Sur n'importe quel sujet. Déposer en tout temps au 300 Goulburn Crescent ou au 221 rue Nelson. Questions? Contactez Celia au 613-252-4309.

Are websites a playground for you? IMAGE is looking for help with its website, which runs on Wordpress. If you are ready to volunteer some of your time to keeping Sandy Hill news online in a timely way, please e-mail us at image22@rogers.com

Photo Claude Schryer



Lanterns light the way for participants of a Winter Solstice walk by the Rideau River in 2022.

Solstice walk returns on December 21 to Sandy Hill

The winter solstice falls on the shortest day/longest night of the year. After that, the days get longer again. Many cultures around the world track and celebrate the return of the sun. Something to celebrate here too!

Sabrina Mathews

Date: Saturday, December 21, 2024

Time: 5:00 pm - 6:00 pm

Meeting place: the Adawe Bridge over the Rideau River (linking Sandy Hill and Vanier between Somerset Street East and Donald Street)

Accessories: lanterns or light source, noisemakers, other celebratory paraphernalia

Route: we'll walk south along the Rideau River on the Vanier side, cross back over the river on the old railway bridge (Rideau River Footbridge) and return north on the Sandy Hill side to Strathcona Park (approximately 3 km). The surface is paved over the whole route. Please wear clothing and footwear appropriate to the winter conditions!



Councillor Stéphanie Plante and former Ward 12 councillor Mathieu Fleury proudly sported Rideau Winter Trail tuques knitted by volunteers at the RWT open house on November 30. Save the date for the 2nd Rideau Winter Trail Loppet, February 23, 2025.

IMAGE

Founded in 1972 under the direction of Diane Wood

22, av. Russell Ave.
Ottawa K1N 7W8

Fondé en 1972 sous la direction de Diane Wood

IMAGE, a non-profit community newspaper, is supported by its advertisers. Opinions expressed are those of contributors and advertisers, and do not necessarily represent those of the volunteer editorial staff.

IMAGE is published in **March, June, September and December**. 7,000 copies are printed (fewer during the pandemic) and distributed free of charge to all residents of Sandy Hill. Free issues can also be picked up at the Rideau library and at various commercial locations.

IMAGE welcomes articles, letters, photographs, notices and other material of interest to its readers in the Sandy Hill community. Name and telephone number of contributor must be included.

If you'd like to write articles, draw cartoons or other illustrations for stories, or take photographs on assignment, please send a message to editor@imagesandyhill.com No age restrictions.

IMAGE reserves the right to edit in whole or in part all such contributions.

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Please support local businesses, especially those who advertise in and display IMAGE.

Questions re delivery?

If you live in Sandy Hill, IMAGE is delivered free to your door. Please email distribution@imagesandyhill.org if you are aware of anyone or any business in our neighbourhood who is not receiving their newspaper.

IMAGE est un journal communautaire à but non lucratif dont les seuls revenus viennent des annonceurs. Les textes n'engagent que leurs auteurs et annonceurs respectifs et ne reflètent pas nécessairement l'opinion de l'équipe de rédaction, qui est composée de bénévoles.

IMAGE sera publié en **mars, juin, septembre et décembre**. Son tirage est de 7 000 exemplaires (moins durant la pandémie COVID). Il est distribué gratuitement dans la Côte-de-Sable. On peut également l'obtenir à la bibliothèque Rideau et à plusieurs commerces du quartier.

Tous les articles, lettres, illustrations, photos et autre documentation pouvant intéresser les lecteurs de la Côte-de-Sable sont les bienvenus. Leurs auteurs doivent indiquer leur nom et leur numéro de téléphone.

Les personnes intéressées à collaborer à IMAGE sont invitées à téléphoner au 613-237-8889, en indiquant leur nom et leur numéro de téléphone. Nous apprécions la contribution de tous, quelque soit leur âge.

IMAGE se réserve le droit de modifier en tout ou en partie les documents soumis.

Courriel : editor@imagesandyhill.com
Nous vous invitons de vous joindre à notre liste d'envoi des Spéciaux IMAGE.

Site web : imagesandyhill.org

Soutenez les commerces locaux, et tout particulièrement ceux qui font de la publicité dans IMAGE ou chez qui vous pouvez le trouver.

Questions au sujet de la distribution? IMAGE est distribué gratuitement dans la Côte-de-Sable. Veuillez écrire à distribution@imagesandyhill.org si vous connaissez un particulier qui ne le reçoit pas.

Next Deadline

Reserve advertising space or let us know you have a text or photo by

February 17, 2025

(target delivery March 13)

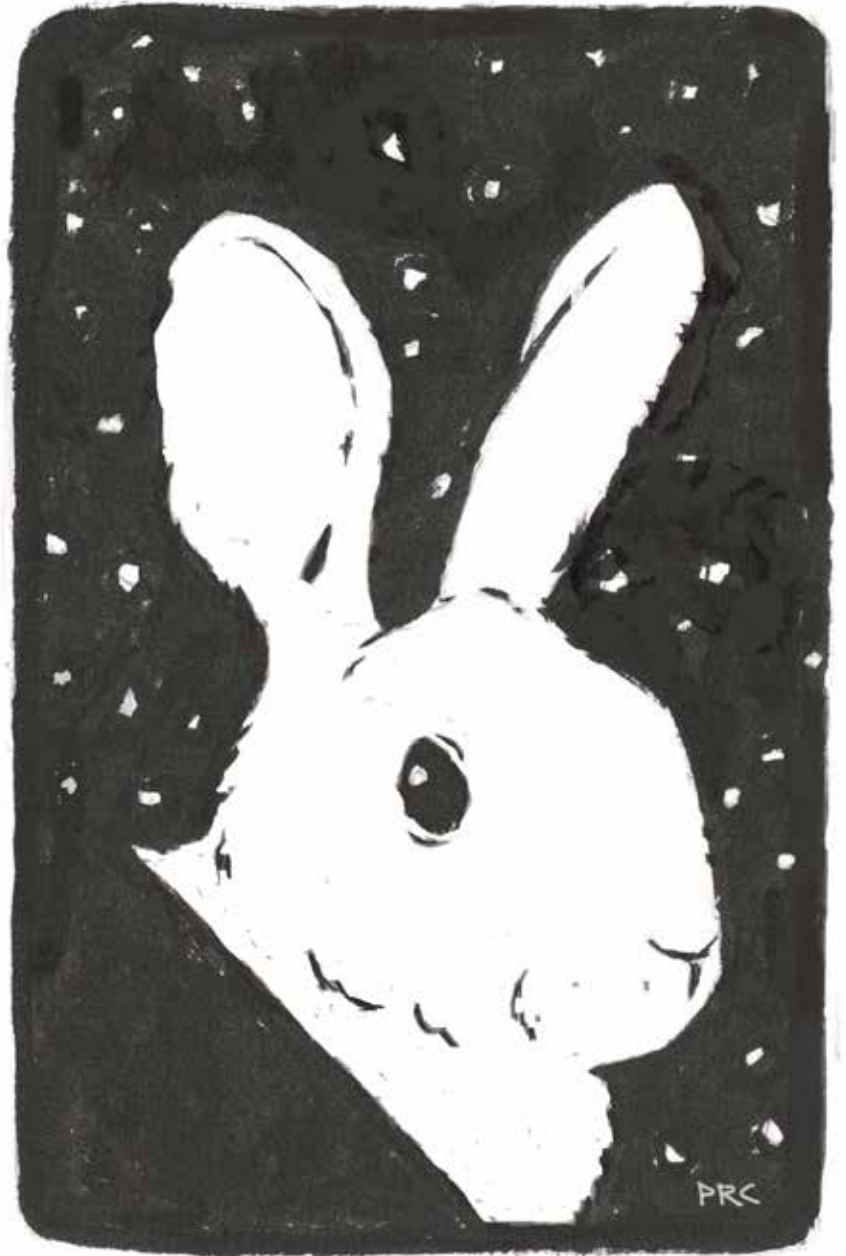
Date de tombée

Publicité, articles, photos et autres soumissions

le 17 février 2025

(livraison prévue le 13 mars)

Phil Caron's Portfolio



All winter long rabbits quietly thrive in the nooks and crannies of Sandy Hill.

Illustration: Phil Caron

Letter from the Editor



IMAGE received three letters in response to Kerry Wilson's Letter to the Editor, published in the September 2024 issue of IMAGE ("Keep inflammatory content out of IMAGE").

The writers all expressed shock and disappointment that IMAGE had published a letter which, they pointed out contained factual errors and misrepresented a country's national flag. These writers also felt that the letter from Wilson was itself quite inflammatory.

The intent in publishing Wilson's letter was to show that IMAGE is open to being criticized and is transparent in publishing discontent from readers, as we are doing now in acknowledging these letters.

A Letter to the Editor is a personal opinion and does not represent the opinions of the IMAGE team.

We take this opportunity to note that IMAGE is brought to you entirely by volunteers and does not have a formal editorial board. If you are interested in providing journalistic expertise, on a volunteer basis, we would welcome your collaboration. Please contact the editor at: editor@imagesandyhill.org.

Christine Aubry
Editor

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Paul Denys

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Photo: Dylan Ferguson



Nouvelle résidente de la Côte-de-Sable, Chloe Privat, dans un de ses endroits préférés du quartier, Safi Fine Foods.

I am proud to have made Sandy Hill home

Chloe Privat

It's hard to believe that I've been living in Ottawa for over a year now, especially since before moving here, I didn't know the city at all. Having lived abroad in Europe for many years, coming back to Canada has been a refreshing and great experience. Ottawa has welcomed me with its lovely, open community, and I've truly enjoyed discovering all that this city has to offer.

Sandy Hill, in particular, has become a neighbourhood that I hold dear. I've found so much joy in watching new life emerge in spring at Strathcona Park, where blossoms and fresh greenery fill the air with energy. Summer brought vibrant flowers in full bloom, followed by the breathtaking colours of fall as the leaves turned golden and red. Now, with winter here, the crisp air brings a

peaceful stillness, perfect for quiet walks through the neighbourhood.

What has truly stood out to me about living in Sandy Hill is the rich history that surrounds me. Laurier House, for example, offers a glimpse into Canada's past, and walking through this neighbourhood feels like stepping into a place that holds significant cultural stories.

Sandy Hill isn't just rich in history, it's also home to some wonderful local businesses. Bee You Creative Styles, a charming shop with thrifted and locally crafted items, has quickly become one of my favourite spots, while Safi Fine Foods has become a go-to for a morning treat. These local gems make me feel even more connected to the community here.

In just over a year, Ottawa has truly become home, and Sandy Hill is a neighbourhood I'm proud to be a part of. I'm looking forward to continuing to explore and discover all of the beauty, history, and culture that this neighbourhood and community have to offer.

Test your memory and IMAG(E)ination

Do you know which Sandy Hill building has these green tips?

Send your guess to: editor@imagesandyhill.org



Last issue's mystery revealed

Lulu Salter, age 9, correctly identified the September IMAG(E)ination tree located in Strathcona Park.

Good job Lulu!

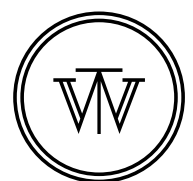
Photos Bob Whitelaw

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Dear residents,

As we step into 2025, we celebrate the strength, resilience, and unity that define Ottawa-Vanier. Each year brings its own set of challenges, and 2024 was no exception—but together, we've faced them with optimism, dedication, and a shared vision of a brighter future for all. From the kindness extended to neighbours to the tireless efforts of local organizations and the passion to create lasting opportunities, Ottawa-Vanier continues to embody the very best of Canadian values.

Since the pandemic, our community has tackled rising inflation, cost-of-living pressures, and mortgage rate hikes. Despite calls to reduce support programs and adopt austerity measures, we stayed committed to investing in Canadians. Thanks to that resilience, inflation is now within the Bank of Canada's target range, high COVID-driven inflation is behind us, and 2024 ended on a positive note.

With consumer confidence at a 30-month peak—the highest since spring 2022—we're well positioned for economic growth in 2025 and beyond. The International Monetary Fund projects Canada will lead the G7 in growth next year.

Amid global change, Canada is poised to embrace the forces reshaping the world, such as the green transition, artificial intelligence, shifting geopolitics, and evolving demographics. With

the lowest deficit-to-GDP and net debt-to-GDP ratios in the G7, Canada's robust fiscal foundation positions us to capitalize on these transformations. The Parliamentary Budget Officer has confirmed the long-term sustainability of federal fiscal policy, while agencies like Fitch Ratings have highlighted Canada's strong governance, steady growth, and relatively low inflation.

As Christmas and the holidays approach, let's reflect on the challenges some in our community still face. Ottawa-Vanier is home to vital food banks—Partage Vanier, the Gloucester Emergency Food Cupboard, the Rideau-Rockcliffe Emergency Food Bank, and the Lowertown Food Bank—as well as shelters like the Ottawa Mission and Shepherds of Good Hope. These organizations are always in need of support from the community.

Whether it's through food donations, volunteering, or financial contributions, every act of generosity makes a difference. This holiday season let's come together to ensure a brighter and more hopeful future for everyone in Ottawa-Vanier.

Wishing you success, happiness, and above all, good health in the year ahead.

Mona Fortier
MP Ottawa-Vanier

Condominiums unite



Photo: DOCA

Ralph Blaine

This is a story about a few Sandy Hill condominium owners who recently joined forces with Lowertown condominium owners to form an association called the Downtown Ottawa Condominium Alliance, or DOCA.

They came together in order to more effectively lobby governments at all levels about common concerns that were, in many cases, largely unique to their downtown location. The president of this association is Keith Nuthall.

Nuthall bought his condo in 2009 and has been on the condo board every year since, except for two. He and his wife enjoy living in Sandy Hill, but the opening of the Supervised Injection Site (SIS) in 2018 and then the Respect Rx pharmacy posed new challenges to the condo board. For one thing, their condo and others nearby had to join the ranks of the local library, bank, grocery store, market, shopping mall, Sandy Hill Community Health Centre, and the Respect Rx pharmacy and hire security guards at significant expense.

None of these businesses would have shouldered the expense of such security measures (these expenses go beyond just the guards themselves, as anybody who has gone through the turnstiles at Loblaws can attest) unless there had been a significant increase in disturbances and crime (shoplifting, disorderly behaviour; not to mention smashed windows and doors, public drug injection, and drug sales).

The initial sparks that led to the organization of DOCA were the problems that ensued from the opening of the SIS on Nelson St. and the Respect Rx pharmacy on Rideau St. The expectation was that the residents of the downtown condos would amplify their concerns by joining forces. This they have done.



After three formal meetings DOCA now has 10 downtown condominiums in its ranks and Malik Tarun (who has had experience with a similar association of local condos in Toronto) has been elected vice-president. The new association, backed by the hundreds of people who live in the 10 condos, is now set to lobby all levels of government.

Nuthall reports that our local councillor, Stéphanie Plante, has met with them and has been very cooperative. DOCA also has plans to contact the provincial gov-

Un nouveau groupe de propriétaires de copropriétés du centre-ville s'est formé sous l'acronyme DOCA (Downtown Owners of Condominiums Alliance). Keith Nuthall, président (à gauche) et Tarun Malik, vice-président (à droite) sont photographiés ici devant un immeuble condominium au coin des rues Cumberland et Besserer.

ernment about the future of the local SIS. Nuthall also said that Mona Fortier, the MP for our riding, has been asked to meet with condo representatives to discuss the operation of the Respect Rx pharmacy since safe drug supply is a federal program. To date there has been no response from this quarter.

Both Nuthall and Tarun see a promising future for DOCA beyond the concerns that first brought them together. They also anticipate benefitting from greater bargaining power in dealing with service providers in the maintenance and improvement of their buildings. It is easy to imagine that it would be quite a boon for a window washing company, for example, if it could nail down a contract with 10 large condominium buildings all within a few blocks' radius. By the same token DOCA would be in a better bargaining position.

Tarun also pointed out that many of the condos in the downtown area were constructed by the same developer, Claridge Homes. These buildings would have been built with similar techniques and building materials, making maintenance for this bundle of condos less complex than a collection of more far-flung buildings built by a variety of developers and therefore more likely to attract bids from a large number of service providers.

Finally, as Tarun also pointed out, soliciting bids for the maintenance of this many buildings will tend to attract larger service providers who have a greater variety of people with a wider range of skills and a big stable of equipment, therefore lessening the need for sub-contracting. Also, once a company wins a contract with such a large group of condos it would be loathe to lose it, helping the condos involved to ensure some continuity in their service providers.

Nuthall also pointed out that DOCA would provide a platform for all member condos to compare notes on dealing with issues such as HVAC, plumbing and structural issues. Sounds like a great idea. I won't be surprised if clusters of condos begin to band together across Ottawa and beyond.

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NOTICE OF GENERAL MEETING OF THE MEMBERS

Pursuant to art. 12.02 in the Centre's By-law #1, the Sandy Hill Community Health Centre's Board of Directors calls a general meeting of members.

WHEN: Wednesday, January 15, 2025, at 5:30 PM.

WHERE: in person at 221 Nelson Street, in the Board Room, or via video conference.

WHY: for the purpose of approving the Special Provisions i – v of the Articles of Amendment.

Video link will be emailed to the membership on Friday, January 10, 2025.

AVIS D'ASSEMBLÉE GÉNÉRALE DES MEMBRES

Conformément à l'art. 12.02 du règlement administratif no 1 du Centre, le conseil d'administration du Centre de santé communautaire Côte-de-Sable convoque une assemblée générale des membres.

QUAND : le mercredi 15 janvier 2025 à 17 h 30.

OÙ : en personne au 221, rue Nelson, dans la salle du conseil, ou par vidéoconférence.

POURQUOI : pour approuver les dispositions spéciales i – v des clauses de modification.

Le lien vidéo sera envoyé par courriel aux membres le vendredi 10 janvier 2025.

Ottawa Community Housing's revitalization project stands out, sorely

Larry Newman

Take a good look at the row houses at 214 to 224 Somerset Street East. They may not be long for this world. At some point in their history, these hundred-year-old structures became rooming houses with about 45 units. Their owner, Ottawa Community Housing (OCH), decided recently that upkeep was becoming too expensive and they were not appropriate for what OCH now wanted to do. There are no tenants now and the buildings will eventually be demolished and replaced. I understand that all former tenants had been offered comparable housing.

Below: 214 Somerset East as exists today.

Photo Larry Newman



La brique rouge de ces maisons en rang, matériau traditionnel du quartier de la Côte-de-Sable, se verra remplacé par des panneaux colorés, dans l'esprit de soit-disant "renouveau communautaire" de la Société de logement communautaire d'Ottawa.

Source: City of Ottawa website



The City's plan for 214 Somerset East is shown above.

Enter the Somerset Revitalization Project, an OCH Community Renewal effort. A design for the new building has already been proposed. If this new building passes the planning stage, it will be colourful. The architects that designed this building were asked "to design buildings that reflect the character of the community." To OCH, "character" seems to refer to the people in the community.

The architects may have created an interior that meets the tenants' needs, and in some sense, reflects the community, but their design of the exterior hardly reflects the architectural character of the community. It looks more like a children's playhouse to me.

Sandy Hill's beginnings are in the 19th century and a large percentage of our buildings are built of brick and look like those built in late nineteenth and early twentieth century. Too bad the OCH architects didn't look at the buildings in our neighbourhood for inspiration. There is hope they may yet.

The building will have 23 studio apartments as well as common gathering areas. The big physical change in this building will be in the new construction, high-performance mechanical and electrical systems, roof-top solar panels, and room furnishings. Each new unit will also include a private, fully-functional kitchen—no granite countertops, however.

There will be a daytime manager or a lead tenant with some managerial responsibilities. For those tenants with particular challenges, there will be staff support, (especially for persons with complex needs) provided by Options Housing (formerly Options Bytown, see IMAGE, Fall 2024 issue). I presume that Options Housing rules prevail and that tenants will be chosen from those assigned Local Priority Access Status on the Ottawa Housing Registry.

To serve the 10,000 people listed on the Ottawa Housing Registry, OCH is increasing the supply of housing through its 10-year development plan. They are currently working on 641 community and/or affordable homes. Somerset Revitalization Development is one of the many housing-type development projects in progress at OCH.

Once 214-224 Somerset is completed, further "Community Renewal" projects are not planned for Sandy Hill.

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Chères résidentes, chers résidents,

Alors que nous entamons 2025, nous célébrons la force, la résilience et l'unité qui définissent Ottawa-Vanier. Chaque année apporte son lot de défis et 2024 n'a pas fait exception. Mais ensemble, nous les avons relevés avec optimisme, dévouement et une vision commune d'un avenir meilleur pour toutes et tous. Qu'il s'agisse de la générosité envers nos voisins, du travail inlassable de nos organisations locales ou du désir de créer des opportunités durables, Ottawa-Vanier incarne les meilleures valeurs canadiennes.

Depuis la pandémie, notre communauté a dû faire face à des pressions liées à l'inflation, au coût de la vie et à la hausse des taux hypothécaires. Malgré les appels à réduire les programmes de soutien et à adopter des mesures d'austérité, nous sommes restés fermes dans notre engagement à investir dans les Canadiennes et Canadiens. Grâce à cette résilience, l'inflation se situe désormais dans la fourchette cible de la Banque du Canada et l'inflation élevée due à l'indice COVID est derrière nous.

Avec une confiance des consommateurs à son plus haut niveau depuis 30 mois, nous sommes bien positionnés pour une croissance économique en 2025. Le Fonds monétaire international (FMI) prévoit d'ailleurs que le Canada enregistrera le plus fort taux de croissance parmi les pays du G7 au cours de 2025.

Dans un monde en pleine transformation, le Canada est prêt à exploiter les forces

qui redéfinissent l'économie mondiale : la transition verte, l'intelligence artificielle, les changements géopolitiques et démographiques. Avec les ratios déficit/PIB et dette nette/PIB les plus bas du G7, le Canada dispose d'une base fiscale solide pour profiter pleinement de ces transformations. Le directeur parlementaire du budget a confirmé la viabilité à long terme de la politique fiscale fédérale, tandis que des agences comme Fitch Ratings ont souligné la solide gouvernance du Canada, sa croissance stable et son inflation relativement faible.

À l'approche de Noël et du temps des fêtes, il est important de réfléchir aux défis que certains membres de notre communauté continuent d'affronter. Ottawa-Vanier abrite des banques alimentaires essentielles telles que Partage Vanier, Centre de secours alimentaire de Gloucester, la Banque alimentaire Rideau-Rockcliffe et la Banque alimentaire de la Basse-Ville, ainsi que des refuges comme la Mission d'Ottawa et les Bergers de l'Espoir. Ces organismes ont toujours besoin du soutien de la communauté.

Chaque geste compte, que ce soit par des dons alimentaires, du bénévolat ou des contributions financières. Ensemble, faisons en sorte que cette période des fêtes soit plus lumineuse et porteuse d'espoir pour tout le monde dans Ottawa-Vanier.

Je souhaite à toutes et tous bonheur, succès et surtout santé pour l'année à venir.

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Lucille Collard

MPP / députée Ottawa-Vanier



Chers résidents et résidentes de la Côte-de-Sable,

À l'approche de la période des fêtes, je souhaite adresser mes vœux les plus chaleureux à chacun d'entre vous. Cette année a été chargée, et je suis reconnaissante d'avoir le privilège de représenter une communauté aussi dynamique et diversifiée.

La Côte-de-Sable est un quartier riche en histoire et doté d'un esprit communautaire fort, comme en témoignent les innombrables initiatives locales et événements qui animent le quartier toute l'année. J'ai eu l'occasion de participer à certains de ces événements et d'écouter directement les préoccupations des résidents. Les délais d'attente désastreux dans notre système de santé, les classes surchargées et la crise des dépendances sont des sujets qui préoccupent particulièrement notre communauté, et j'ai porté cette voix avec moi à Queen's Park.

Actuellement, 2,5 millions de personnes en Ontario n'ont pas de médecin de famille, et ce chiffre atteindra 4,4 millions d'ici 2026. Ceci devrait convaincre le gouvernement de prendre des mesures déterminantes.

Je plaide pour un modèle qui valorise les travailleurs de la santé. Cela signifie créer des équipes dédiées de médecins de famille, d'infirmières praticiennes, de travailleurs sociaux et d'infirmières, toutes centrées sur le soutien aux patients en cas de maladie et l'aide pour maintenir une santé optimale en tout temps. Les travailleurs de la santé doivent être soutenus par le gouvernement pour offrir des soins de qualité que l'Ontario mérite.

La crise des dépendances doit être adressée en priorité. Pour trop de familles, les liens avec des crises de dépendance et de santé mentale sont profonds et personnels. Il est essentiel de trouver des solutions pour aider nos proches et nos voisins à relever ces défis. Investir dans des programmes de traitement facilement accessibles, garantir l'accès au logement et aux services de santé mentale sont des moyens de soutenir ceux qui luttent contre les dépendances.

Je vais continuer à défendre les enjeux qui vous tiennent à cœur en travaillant ensemble et en maintenant une communication ouverte pour bâtir une communauté plus forte et résiliente.

Comme toujours, je suis à l'écoute de vos suggestions. N'hésitez pas à contacter mon bureau pour partager vos idées et préoccupations à l'adresse suivante : lcollard.mpp.co@liberal.ola.org.

Je vous souhaite une saison des fêtes joyeuse et paisible, remplie de chaleur, de moments en famille et d'esprit communautaire.

Joyeuses fêtes et bonne année,
Lucille Collard, députée provinciale

Dear residents of Sandy Hill,

As we enter the holiday season, I want to extend my warmest wishes to everyone in Sandy Hill. I'm grateful for the privilege to represent such a vibrant and diverse community.

Sandy Hill has a rich history and an engaged community spirit that is evident through the countless local initiatives and events that take place year-round. I've had the opportunity to attend some of these events and hear directly from residents about the issues that matter most. There are currently 2.5 million people without a family doctor in Ontario, and by 2026 that number will rise to 4.4 million. This should convince the government to take bold action.

I am advocating for a model that values our healthcare workers and encourages them to build their lives within our community. Healthcare workers need to be supported by the government in order to provide the high-quality care that the people of Ontario deserve.

Addressing the addictions crisis is a priority in our community. For too many of our families we have raw personal connections to addictions and mental-health crises. It is so important we find smart, compassionate solutions to help our loved ones and neighbours fight these challenges. Investing in easy-to-access treatment programs and ensuring everyone has access to housing and mental health services are both ways that we can help those suffering from addiction.

Looking forward, I will continue to advocate for the issues that matter to you as we continue to work together.

As always, I welcome your input on how we can make Sandy Hill and Ontario a better place for everyone. Please don't hesitate to reach out to my office with your ideas and concerns at lcollard.mpp.co@liberal.ola.org.

Wishing you all a joyful and peaceful holiday season. May it be filled with warmth, time with family, and community spirit.

Happy holidays and happy new year,

MPP Lucille Collard

Sandy Hill in action

Update from the board of our community association

Photo Stéphanie Plante



La nouvelle présidente d'Action Côte-de-Sable, Betsy Schuurman (droite), auprès des autres membres du conseil Mikaela Kennedy (centre) et Calla Barnett (gauche), lors de la foire artisanale One & Only.

Betsy Schuurman

A New Chair for Action Sandy Hill

In September and October, the Board filled two vacancies and elected me, Betsy Schuurman, as Chair and Jackie Farrow as Vice Chair.

In November, Membership Committee Chair Mikaela Kennedy and I kicked off the new Members Monthly Social at Working Title Cafe, 330 Laurier Avenue East. Join members of the board there on the second Monday of every month to connect with one another and talk about the issues that are important to the community. Everyone is welcome. Stop by on January 13 and say, "Hi."

Action Sandy Hill is a volunteer-run community organization that anyone that lives or owns a business in Sandy Hill or is a representative of the University of Ottawa can join. Membership can be purchased on the ASH website at www.ash.acs.ca. Members are entitled to vote at the Annual Meeting for new members to the Board of Directors, and also receive the monthly newsletter full of information of interest to Sandy Hill residents.

We have dedicated volunteers who make amazing events happen in the neighbourhood including the One & Only Craft Fair, the Winter Carnival, the skating rink at Annie Pootoogook Park, the EcoFair in Strathcona Park and many others. ASH is always looking for volunteers to help out with activities. A huge shout out to the organizers of the 2024 One & Only which was a great success and to the Environment Committee who led 15 volunteers over several Saturdays in removing inva-

sive Common Buckthorn from along the Rideau River and replacing it with 20 native trees, shrubs, and perennials. These activities make our community fun and beautiful!

ASH's advocacy initiatives are largely run through its Committees: Bylaw Enforcement, Community & Social Services, Environment, Outreach & Membership, Planning & Heritage, and Town & Gown.

Have a question or comment about something going on in the neighbourhood? Email info@ash.acs.ca and it will be forwarded to the appropriate committee. Committees work with community partners and local government to help improve the neighbourhood. From reviewing past emails to ASH, I can see that bylaw violations, public safety concerns, property developments, and preserving and enhancing the heritage of Sandy Hill are all issues that community members contact ASH for help with. Please let us know what is important to you and what we can do to help. If you've reached out in the past, we'd love to hear from you again.

Though I haven't always been a member of ASH, I've lived in Sandy Hill for about ten years, volunteering with the Winter Carnival, serving as a Block Rep, and helping establish an annual block party on Besserer Street. I've always been grateful for the work ASH is doing in the community and am very happy to serve the organization and the Sandy Hill community. Forming connections empowers members of the community and makes us stronger. Please reach out with your ideas anytime by emailing me at: chairactionsandyhill@gmail.com.

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Smart Living aka Dwell triggers protest with more evictions

Photo: Shivangi Misra

Ethan Mitchell

Smart Living Properties, an Ottawa property management company, is attempting to carry out another multi-property eviction, this time on Bank Street. Sandy Hill residents have likely come across evidence of the tenants' resistance.

Posters denouncing the company and its major figures have spread throughout Ottawa, including to Sandy Hill, as depicted in the September 2024 issue of IMAGE. Windows on Bank Street between Lisgar and Nepean streets now sport bright orange signs with defiant messages, such as: "WE LIVE HERE." Black spray paint covers the exterior of the buildings where the landlord has attempted to cover messages in support of the tenants.

This is likely not the first time that many in Sandy Hill are hearing of the company—Smart Living Properties (SLP) has a local history.

SLP raised concern in 2020 when it oversaw the eviction of tenants at the Osgoode Chambers rooming houses. The *Ottawa Citizen's* Blair Crawford reported on this in May 2022 with a story headlined "Four Sandy Hill rooming house deaths highlight tragedy of renovations" and IMAGE's Larry Newman reported on it in the April 2022 issue ("Update: evictions, deaths, and investigations at 168 and 170 Osgoode St.") and in the March 2024 issue ("Renovictions, deaths and now, charred wood.")

They have since rebranded. Residents of Sandy Hill may have noticed that SLP buildings, including those on Osgoode Street, now have signs reading "Dwell" and "Fahel & Co."

"Smart Living has rebranded once before," says Josh Hawley, a local tenant organizer. "Landlords can put a new name at any time on any of their properties. Rebranding obfuscates ownership and helps reduce the risk for investors after a large public campaign organized by tenants."

At the same time that they are undergoing this rebrand, SLP is once again attempting to carry out a multi-property eviction, this time in Centretown. Residents of 227 Bank St. and 178 Nepean St. in Centretown were issued N13 eviction notices at the end of October 2023 by SLP. These notices came after SLP founder and



Un groupe de manifestants dénonçant la compagnie SmartLiving et ses « rénovictions » à travers Ottawa se dirige vers la maison du PDG, Tamer Abaza, exigeant des réponses.

CEO Tamer Abaza purchased their block through a holding company in 2022.

Tenants of the two buildings formed a tenant union called the Bank Block Tenants (BBT) in 2023, calling for the eviction orders to be dropped. Despite repeated attempts by BBT to engage in a meeting with Tamer Abaza, he and other SLP executives have continued to stonewall.

On November 10, the tenants led a march to Tamer Abaza's house through his affluent neighbourhood. "I stood outside Tamer's mansion and asked him why he has refused to meet with the tenants for nine months now," says Ben Emmond of BBT. "We will keep asking him this question as long as we have voices to ask it with."

Two months prior, when tenants and community supporters marched to Smart Living's office, SLP employees locked

the doors and drew the blinds. In the words of Eric Roberts, another member of BBT, "We've learned over the months of unresponsiveness that in order to get their attention, we have to increase the costs of eviction."

BBT has been joined by a number of community supporters, including members of the Neighbourhood Organizing Centre (NOC), a group focused on sup-

porting tenant organizing. "Seeing how the tenants show up to support one another and connect with their neighbours has inspired so many of us," says Megan Smallwood, an NOC member.

SLP's proposed development went before city council on December 11, following a Planning and Housing Committee meeting on December 4 and a Heritage Committee meeting on December 10, where tenants and community supporters urged councillors to reject the proposal, arguing it would lead not only to the eviction of tenants, but also the further erosion of affordable housing and cultural heritage in the city.

Although the arguments made by the tenants seemed to sway a number of committee members, a last-minute Memorandum of Understanding was negotiated between Councillor Ariel Troster and SLP, which allowed the development to pass. Only Ward 12 Councillor Stéphanie Plante opposed the motion.

The MOU adds a right of first refusal, however the Bank Block Tenants argue that the provisions are completely insufficient. In an open letter to city councillors, they stated that "the MOU being proposed (with no meaningful input from us) does not adequately protect either the tenants or the cultural heritage value of the block... [It] does not bind the developer to pay relocation assistance for every year of displacement. Instead, the MOU only specifies a low flat sum which will be insufficient to cover more than a few months of market-rate rent. This is critical support needed since SLP is notorious for stalled projects and financial mismanagement."

The tenants are undeterred and will continue fighting, as they have been for two years. Sandy Hill residents will hear more about Bank Street and Smart Living Properties/Dwell over the coming months.

Newsbite

Change coming to Chapel and Laurier East corner in 2025

Photo John McQuarrie

Leanne Moussa, proprietor of allsaints Levent space, has announced that the allsaints project is expanding to take on a new property, 321 Chapel Street. This building, adjacent to allsaints including the parking lot, has been well loved by the Canadian Organization for Development Education (CODE) for 40 years.

The purchase will allow allsaints to restore another beautiful heritage building in Sandy Hill. It will also allow allsaints to move many of the functions that had previously been taking place in Bate Hall into 321 Chapel Street. This will include event offices, a meeting space and bridal suites just to name a few.

The sale of the old church hall known as Bate Hall (aka "Bates") and located along Blackburn Avenue will be complete in the new year. The new owners, Windmill Developments Inc., will begin marketing this housing development as The Evergreen on Blackburn. Windmill is known for developments focused on sustainability. Sandy Hill can look forward to seeing their sales centre by the spring.



L'espace allsaints inclura bientôt la grande maison adjacente du 321 rue Chapel, occupée pendant 40 ans par l'organisme à but non lucratif Canadian Organization for Development Education.

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A season of community building in Strathcona Heights

Fatimazahra Mounfaloti

The Strathcona Heights community in Sandy Hill has recently shown the power of unity and resilience through a series of resident-led initiatives that bring life, connection, and healing to the community.

Neighbours came together to plant a mini-forest as part of Ottawa Community Housing's Innovate & Grow program, transforming their neighbourhood into a green sanctuary that will improve air quality, offer cool shade, and create a welcoming natural space for years to come.

Building on this green initiative, residents rolled up their sleeves for the Capital Clean-Up, working side by side to restore and beautify shared spaces throughout Strathcona Heights. The day concluded with a community meal sponsored by the TD Park People Grant and catered by Burger Lovers, a local restaurant on Laurier Avenue, bringing families together in a joyful celebration of collective achievement and connection.

In response to the needs of local families, Strathcona Heights has also launched an after school program, providing essential academic resources, homework assistance, and mentorship. This program offers students a safe, nurturing environment where they can learn, connect, and thrive, while also relieving parents of the year-round pressures of academic support. Through this program, Strathcona Heights reinforces its commitment to supporting young minds and strengthening families.

Adding to this series of community-building efforts, the Conservation Co-op recently hosted an inviting "Soup Night" under the PEERSpective Program. Spearheaded by the Community Development Framework and Britannia Woods Community House, resident leaders Lushanthi and Eddie—a semi-retired chef and restaurant consultant—prepared a flavourful Central American meal that invited neighbours to come together for an evening of



Ci-dessus : Les voisin.e.s de Strathcona Heights ont travaillé ensemble cet automne pour verdifier leur communauté.

À gauche : Lushanthi et Eddie, deux leaders communautaires qui demeurent à Strathcona Heights, ont préparé un savoureux repas centraméricain pour leurs voisin.e.s lors d'une soirée "Soup Night" au mois de novembre.

warmth, cultural sharing, and connection.

In a powerful act of remembrance, Strathcona Heights held a memorial on November 9 to honour community members who have passed. Jointly organized by Ottawa Community Housing and the Sandy Hill Community Health Centre, the event offered a deeply supportive space for shared reflection and healing. Ottawa Public Health and the Post Incident Neighbourhood Supports contributed vital resources to help residents navigate grief and mental well-being, reminding all that Strathcona Heights is a community that stands together, offering support through life's challenges.

These transformative initiatives exemplify the commitment of Strathcona Heights to environmental stewardship, educational support, and mutual care. In moments of both adversity and celebration, this community proves that together, they are stronger, more resilient, and ready to uplift each other at every turn.

WINTER Carnival 2025 Carnaval D'HIVER

<p>Sandy Hill Community Centre 250 Somerset St East</p> <p>FREE!</p>	<p>Sunday January 26th 3pm - 5pm Fun Family activities & snacks</p> <p>Dimanche 26 Janvier 15h à 17h Activités familiales amusantes et collations</p> <p>www.ash-acs.ca</p>	<p>Centre communautaire de la Côte-de-Sable 250, Rue Somerset Est</p> <p>GRATUIT!</p>
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**5pm - 6pm Community dinner
\$5 person**

Donations of non-perishable food and baby items are greatly appreciated.





**17h - 18h Repas communautaire
5\$ personne**

Les dons de denrées non périssables et d'articles pour bébés sont grandement appréciés.

News from Viscount Alexander Public School

Aristotelis Kotsopoulos

Remembrance Day

On November 11, our school held an assembly to remember all those who made the ultimate sacrifice to protect our freedoms and honour those who served in wartime. The focus this year was on the First World War, a time when Canadians fought alongside other allied powers, often with huge loss of life.

My class, Early French Immersion grades 5 and 6, and the EFI grades 3 and 4 class performed a song in French called, "Le même sang" by Yannick Noah. After that, the English grades 5 and 6 class performed an interpretive skit about the story of "Cher Ami", the homing pigeon that saved the lives of 194 soldiers from a trench during the First World War.

Viscount Sports

It has been a busy sports season for our school. On October 9, students from grades 3 to 6 participated in the annual Ottawa-Carleton District School Board Cross Country Meet at Terry Fox Stadium. It was incredible to see so many students from all across Ottawa compete together. Many parents braved the cool weather to cheer us on, too.

A little over a week later, on October 17, Viscount Alexander PS sent a boys' and a



girls' soccer team to the OCDSB regional soccer tournament at Sheffield Glen Park. The boys' team, which I was on, did quite well and came in second place, beating the Dunlop, Queen Elizabeth and

York Street Public Schools but losing the final to our arch-rivals Centennial PS — the same school we lost the final to last year. The girls' team also made it out of the group stage where they lost to York

Les élèves de l'école primaire Viscount Alexander ont marqué le jour du Souvenir avec leur propres créations artistiques.

Street PS but won the third-place match. At the time of writing, dates for the try-outs of the upcoming Borden ball tournament were not available.

An Ode to Our Teachers

While it is fun to focus on all of the neat things we kids do at Viscount Alexander PS, none of it could happen without the support of our amazing principal, teachers, librarian, and administrators.

So, thank you Principal Mr. Macklin, Teachers Mme. Shankman, Mr. Le Monnier, Ms. Bruin, Ms. Howell, Mr. Morrison, Ms. Lanca, Ms. Fulford, Ms. Richardson, Librarian Ms. Power, and Administrators Ms. Elrick and Ms. Phelan.

Thank all of you for your help and for working with each and every student.

Snow season starts in Strathcona Park

Photo: Christine Aubry



Blackburn Ave. choristers sang out in Strathcona Park on Dec. 14. Right—The first snowfall inspired a visitor to sculpt a pair of squirrels on the ledge.

Photo: Bob Whitelaw



Build better community in 2025

Support your local newspaper! The bad news on social media is designed to make us argue, to spread misinformation, and to keep us isolated. Seek out verifiable journalism, and support your local neighborhood newspaper.

Get to know your neighbours! You don't need to be best friends with your neighbours, but your life will be changed for the better if you get to know them, even superficially.

Don't just shop locally. Live locally. Shop at our local thrift and consignment stores, visit the ByTowne cinema, la Nouvelle Scene, or the Ottawa Little Theatre. Rediscover Ottawa!

Visit my website for more tips on how to build community! Happy Holidays!

Trois façons de contribuer à la communauté

Soutenez votre journal local. Les mauvaises nouvelles sur les médias sociaux sont conçues pour nous faire discuter, pour répandre de la désinformation et pour nous garder isolés. Recherchez un journalisme vérifiable et soutenez votre journal de quartier local.

Faites connaissance avec vos voisins. Vous n'avez pas besoin d'être les meilleurs amis de vos voisins, mais votre vie sera changée en mieux si vous arrivez à les connaître.

Encouragez l'économie locale. Magasinez dans nos friperies et boutiques d'occasion locales. Sortez voir un film au cinéma ByTowne ou d'aller voir un spectacle à la Nouvelle Scène ou au Ottawa Little Theatre. Redécouvrir votre ville!

Rendez-vous sur mon site pour découvrir pour en lire plus. Joyeuses fêtes!

Stéphanie Plante

Conseillère | Councillor
Quartier | Ward 12 Rideau-Vanier

stephanieplante.ca
613-580-2482
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Histoire francophone

La Côte-de-Sable d'autrefois, épice centre intellectuel

Photos: John McQuarrie

Philippe Bernier Arcand

Au cours des dernières années, plusieurs maisons unifamiliales centenaires de la Côte-de-Sable ont laissé place à des immeubles d'appartements. Ces nouveaux projets immobiliers suscitent des inquiétudes en menaçant l'intégrité du quartier.

La démolition des maisons unifamiliales construites à la fin du XIXe ou au début du XXe siècle met en péril cet ensemble bâti, autrefois cohérent, qui donne sa singularité au quartier. Ce débat va bien au-delà de l'esthétique urbaine puisqu'il soulève des enjeux de patrimoine collectif, chaque maison démolie emportant avec elle une part de l'histoire du quartier, souvent sans laisser de trace des vies qui l'ont habitées.

Pour ne donner qu'un exemple, on peut mentionner le 71 avenue Russell, une maison en briques rouges typique de la Côte-de-Sable, détruite en 2021. Depuis, le site est resté un terrain vague, malgré l'annonce en 2018 d'un projet d'immeuble de quatre étages qui, à ce jour, n'a toujours pas été érigé.

La destruction de cette maison a fait disparaître une partie de l'histoire du quartier. Parmi les occupants du 71 avenue Russell se trouvait Alfred Duclos DeCelles, ancien journaliste à *La Minerve*, qui deviendra éditeur de *L'Opinion Publique* et, surtout, bibliothécaire en chef du Parlement.

Essayiste prolifique, Alfred Duclos DeCelles a joué un rôle important dans le milieu intellectuel canadien-français de l'époque à Ottawa, dont le quartier de la Côte-de-Sable était l'épicentre. À la fin du XIXe siècle, alors qu'Ottawa devenait la capitale, de nombreux francophones s'établissaient dans ce quartier, souvent

attirés par des emplois gouvernementaux de traducteurs, d'archivistes ou de bibliothécaires, tout en poursuivant parallèlement des œuvres littéraires.

Parmi eux, on retrouve Antoine Gérin-Lajoie, bibliothécaire au Parlement et écrivain, qui a principalement vécu au 300 rue Wilbrod. Son fils, Léon Gérin, traducteur à la Chambre des communes et essayiste, y a passé une partie de son enfance avant de revenir à Ottawa pour s'établir, entre autres, au 274 rue Nelson. Le beau-frère d'Antoine Gérin-Lajoie, Benjamin Sulte, fonctionnaire au ministère de la Défense et historien, auteur de nombreux ouvrages, résidait au 304 rue Wilbrod.

Alfred Garneau, fils de l'historien François-Xavier Garneau, traducteur au Parlement et poète, a habité, entre autres, au 205 rue Daly, 288 rue Nelson et 113 rue Stewart. Alphonse Lusignan, secrétaire au ministère de la Justice, chroniqueur et auteur, a notamment vécu au 357 rue Friel ainsi qu'au 291 rue Theodore, aujourd'hui avenue Laurier Est.

Le traducteur à la Chambre des communes, bibliothécaire au Parlement, journaliste et auteur Rémi Tremblay vivait au 338 rue Wilbrod, voisin de l'archiviste adjoint aux Archives publiques du Canada, romancier et essayiste Joseph Marmette, qui résidait au 340 rue Wilbrod. Errol Bouchette, également bibliothécaire au Parlement, essayiste et romancier, a passé une partie de son enfance sur la rue Daly, où vivait son père, le patriote Robert-Shore-Milnes Bouchette, avant de revenir à la Côte-de-Sable à l'âge adulte pour habiter successivement au 50 avenue Sweetland, 132 rue Osgoode, 226 rue Daly, 353 rue Wilbrod et 243 rue Chapel.

Sylva Clapin, traducteur à la Chambre des communes, journaliste et auteur, surtout connu pour son Dictionnaire cana-



An empty lot still awaits construction of a 16-unit apartment building, replacing a single-family home where once lived a prominent francophone journalist Alfred Duclos DeCelles. IMAGE writer Philippe Bernier-Arcand laments the lost heritage of the once large francophone community of Sandy Hill.

dien-français, a résidé au 239 rue Chapel. Enfin, Rodolphe Girard, traducteur à la Chambre des communes, fonctionnaire fédéral et écrivain célèbre pour son roman *Marie Calumet*, a vécu au 538 rue Besserer, 363 rue Daly et 62 avenue Marlborough.

Ce ne sont là que quelques exemples parmi tant d'autres auteurs francophones qui vécurent dans la Côte-de-Sable à cette époque. Certaines de ces maisons ont malheureusement été détruites, tandis que d'autres sont toujours debout.

Quant au 71 avenue Russell, Alfred Duclos DeCelles y a vécu de 1907 à 1920, après avoir habité au 171 rue Daly, égale-

ment dans la Côte-de-Sable, avant de finir ses jours au 49 Wilton Crescent dans le Glebe. Le passage d'Alfred Duclos DeCelles dans cette maison du 71 avenue Russell n'a donc sans doute pas une très grande importance historique.

Pris individuellement, ces faits historiques relèvent de l'anecdote, et le simple fait que ces auteurs y aient vécu ne suffit évidemment pas à faire de ces maisons des bâtiments historiques. Il ne s'agit toutefois pas ici de vouloir placer une plaque commémorative devant chaque maison, mais plutôt de prendre conscience que la mémoire d'un quartier s'érode lentement, souvent dans l'indifférence.

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Another former home of Alfred Duclos DeCelles remains intact, at 171 Daly Avenue, but for how long?

Out & About



Spectators at the Help Santa Toy Parade on November 18 may have recognized this ghostbuster. If you have children who participate in activities at the Sandy Hill Community Centre, ask them, they surely will!

Ken's Bygone Sandy Hill

Why was a uOttawa residence named after Hubert Brooks?

Ken Clavette

Lately there has been much debating about naming things like streets and buildings. This naming of buildings has a long history. As far back as the first century, the Roman general, Marcus Vipsanius Agrippa, had his name inscribed on the Roman Pantheon which he had commissioned. Governments name buildings after politicians and rulers, cities after prominent citizens or, in the case of Ottawa, British colonial politicians. Universities lean towards naming their buildings after large donors. Mostly the people in Sandy Hill walk by the buildings at the University of Ottawa and have no knowledge of why the name was given.

A few years after my family settled in Sandy Hill, demolition began of the boarded-up homes on the block, near my home, bounded by King Edward Avenue, Marie Curie Private, Copernicus Street, and Thomas Moore Private. Soon a complex of low-rise apartment units, a parking garage, and an institutional building rose from the hole in the ground. What was to be called the "Brooks Complex" started accepting 708 students in the fall of 1987. Over the past 37 years I have, from time to time, wondered who this "Brooks" was? That curiosity increased since the buildings have been shuttered and unoccupied for the past 5 years.

It was easy enough to learn that the complex was named after Hubert Brooks, the first full-time Director of Housing Services for the university. Quite an honour for an employee of the university I thought. There must be more to the story, and there was.

Mr. Brooks was an innovator in housing development in Sandy Hill. He was a key driver of turning over neglected and costly houses the university had acquired on King Edward and Henderson Avenues to the Sandy Hill Housing Co-op. The co-op brought 100 new residents into our community in 1984; they were great neighbours. But his larger plan was to use the lease of university land to this not-for-profit housing group to help fund the complex that came to bear his name. Again, quite an honour but there had to be more to the man. My research gave me an amazing story to tell.

Hubert Brooks was born on December 29, 1921, in the small rural community of Bluesky, Alberta. I say small because even today the population only numbers 133. Bluesky is in Peace River country, 568 km from Edmonton, but only 161 km from Dawson Creek, BC. During the Great Depression his family moved to Montreal where he was educated in French and became skilled in hockey. In 1940 the 19-year-old did what so many of his generation did, he joined up to fight in the Second World War. He chose the Royal Canadian Air Force, graduating in August 1941 as a navigator-bomber. Arriving in Britain in February 1942, he was assigned to 419 Bomber Squadron. On April 9, on his second bombing raid, his plane was shot down near Oldenburg, Germany, and he was taken prisoner of war.

Held in Stalag VIII B, a German Army-administered POW camp, he switched identities with a New Zealand Army private because airmen were not permitted to be on work details that could leave the camp. After several failed escapes, enduring the punishment of severe beatings and solitary confinement, he finally made it out and was smuggled into occupied Poland. His skills as a navigator combined with any map he could get his hands on made his final escape a success.

In 1943, he and a fellow escapee, a Scottish soldier, were in contact with the Polish underground. Rather than be smuggled out of the country, both men made the dangerous decision to stay and become freedom fighters. Dangerous because if caught the punishment now would be



La résidence étudiante Brooks Complex de l'Université d'Ottawa, construite en 1987, est inoccupé depuis 2018 et l'immeuble sera éventuellement détruit. Une plaque commémorant Hubert Brooks se trouve désormais dans le Foyer Hubert Brooks de la nouvelle résidence moderne nommé « 90u ».

Photo Ken Clavette



Hubert Brooks fut le premier directeur à temps plein du Service de logement de l'Université d'Ottawa, mais son histoire est beaucoup plus étendue et fascinante!

Photo: uOttawa Fond 6, AUO-PHO-MB6-2477

execution. Posing as a Polish labourer he took part in night patrols, sabotaging convoys, and assassinating members of the Gestapo. Eventually he was promoted to second lieutenant, leading a resistance unit. He earned the Polish Cross of Valour for his exploits. By January 1945 the allies were making gains. The Russians liberated Warsaw, and he made his way to the Russian front line, eventually making it to London in March. He was able to return to Canada in June 1945. He was awarded the British Military Cross in recognition of "acts of exemplary gallantry during active operations against the enemy on land." Poland awarded him their Cross of Merit with Swords for "deeds of bravery and valour."

Brooks continued his air force service in a unit looking for individuals recorded as missing or killed in action. The work included hands-on searching in Denmark and Norway. While in Scandinavia he played hockey during his downtime as a member of the U.S. Army Allstars. As Canada prepared for the first post-war Olympics in St Moritz, Switzerland, in 1948, Brooks was selected to be a member of Canada's hockey team. The team, known as the Ottawa RCAF Flyers, was made up entirely of members of the RCAF. He didn't get any ice time but was proud of several things: his Gold Medal, being the nation's flag bearer during the opening ceremonies, marrying his fiancée Birthe the day after the Canadian victory; Barbara Ann Scott, Canada's figure skating gold medalist, was Birthe's bridesmaid. Their honeymoon was delayed as the Ottawa RCAF Flyers did a Euro-

pean Tour, winning 34 of 40 games played. Brooks, along with the rest of the Flyers, was inducted into the Canadian Olympic Hall of Fame in 2008.

Following the war and Olympic glory, his life was his family and continuing to work in the RCAF. He served at Supreme Headquarters Allied Powers Europe (SHAPE) in Belgium, RCAF station in Moisie, Quebec, and Army Headquarters in Ottawa. Retiring in 1971 after 31 years of service he joined the administration at the University of Ottawa, eventually becoming its first Housing Director. While sitting at his desk on February 1, 1984, he suffered a fatal heart attack, he was

only 62.

That's who Hubert Brooks was, and why in 1988 his name was given to a uOttawa residence. A war hero, Olympic champion, and a man who helped build community and student housing in Sandy Hill. As the university ruminates over the future of the Brooks Complex the residence remains shuttered. The housing Co-op he helped settle here has been given notice of eviction. On June 16, 2023, the Brooks family were on hand when the plaque that was once associated with the residence was moved to the foyer of a newer, more modern residence (called "90u"). Instead of a building, there is now a Hubert Brooks Foyer.

His son has written an online biography at www.hubertbrooks.com.

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NEIGHBOURHOOD OF GHOSTS

Mapping Heartbreak On The Sandy Hill Home Front During The 20th Century Wars

By Julian Armour and Dave O'Malley

Julian Armour, resident of Sandy Hill

I have had the great honour of being involved with Dave O'Malley's "Neighbourhood of Sacrifice" project for almost five years. This remarkable initiative continues to evolve and it becomes increasingly more fascinating. Each time I look at his maps, I feel myself more and more moved.

I have admired Dave for many years. His spectacular graphic design never fails to delight and amaze. He has been an incredible community builder, and has a remarkable track record of volunteering with a wide range of community organizations, including arts groups, festivals, and a range of health-related causes. In 2020, he was named to the Order of Ottawa, an honour he richly deserves.

While I had admired his work for years, I only met him in person for the first time in 2009, when I was Executive Director of the Canadian Tulip Festival. We put on a wonderfully ambitious festival that expanded this spring celebration to four different locations. Dave created the most beautiful poster and graphic I ever could have imagined.

Fast forward to 2020. After two fascinating and delightful years working with the Tulip Festival, I had gone on to found Music and Beyond. Thanks to Grant Hooker, one of the long-time pillars of the Tulip Festival, a partnership was formed between these two major festivals. Music and Beyond would be programming a series of music to complement the whole Tulip experience. Early in 2020, Grant made me aware of Dave O'Malley's new project, "Neighbourhood of Sacrifice". It was both beautiful and chilling. What I saw was a map of The Glebe, Centretown and a few surrounding areas. I saw the familiar grid of streets in an area I know very well, with numbered dots in red, black and blue carefully placed on this grid.

The first effect on me was as horrifying for me as it would be for anyone else. Each dot represented a serviceman who had died in World War II. It was hard not to look at Dave O'Malley's map without being profoundly moved. Each dot represented the death of a young man who had his whole life ahead of him. As the father of four boys, I can't begin to comprehend what it would be like to experience any of them heading off to war, and how shattering it would be to learn they would never be coming back.

Only seconds after I was first shown the map, I saw something completely different. I saw lines covered with dots. I have been trained to read music ever since I was a little kid, and musical notation jumped out at me. I took out some music paper and chose five streets in the Glebe to be five lines of a normal music staff. The dots representing these poor young men who were killed became notes. I then sent these notes to the superb Ottawa composer Gilles Leclerc and asked him if he would consider writing a piece based on them. And what a piece he wrote! Out of the hundreds of pieces I have premiered in my career, this was one of the most powerful and deeply moving of all of them.

Gilles created a profound and evocative work called "Glebe North – Leaving Home." It depicts young men leaving their homes in the Glebe with all of the excitement of heading off to a new adventure. We hear musical depictions of combat and then the inevitable sad ending to this "adventure."

Gille Leclerc's piece brought many people to tears, an experience heightened by the fact that I was performing it with one of my sons, Francis, who was twelve years old at the time. I will play this work again at this summer's Music and Beyond festival.

I was so intrigued by this project, that I asked Dave about my own neighbourhood, Sandy Hill. Our family lives in the home where James Lorimer Ilsley used to live. Ilsley was MacKenzie King's Minister of Finance during World War II, a period when taxation in Canada exploded to pay for this incredibly expensive war.

Dave O'Malley has produced a powerful map of Sandy Hill that includes WWI, WWII and the Korean War. It is worth noting that in World War I, a large percentage of the servicemen in Sandy Hill, were officers. This speaks to the fact that, at that time, Sandy Hill was where many wealthy families lived, until Rockcliffe grew to prominence.

While no one living in our house was killed in either war, this perhaps speaks to the fact that people living here were of the wrong ages to serve in the forces. However, our whole street and all of Sandy Hill are lined with these gruesome markers.

My own family was similarly untouched. My Canadian grandfather taught navigation to Canadian and British airmen during WWII. As we know, an alarmingly high number of these young men did not return home. My mother's father was a corporal in the British army, but this was before World War II had started. My father was only a child during this war, but he briefly joined the Canadian Naval Reserves when he was in university.

I had grown up thinking Canada was the most peaceful nation on Earth, but I am concerned by how close we Canadians are to foreign wars. Just like World War I, I fear it may be too easy to be drawn into a war as many countries move to make binding alliances and create new enemies. As a father, and looking at this map, I am grateful for the peacefulness of our own land, but it also makes me fearful that the wrong chain of events could bring on a very different reality.

I once played at an event for Boris Yeltsin and Brian Mulroney. At some point, Yeltsin ran up to the stage and shook my hand. We all thought this was truly the end of the Cold War. How wrong we were...

To watch a video of Julian and Francis Armour performing Glebe North—Leaving home, visit YouTube and search for "A Neighbourhood Sacrifice"

Dave O'Malley, former resident of Sandy Hill

Young men and women who are killed on active service are said to have paid the "supreme sacrifice." There's not much more that you can give than your life, but I believe that the greatest sacrifice of all is borne by the families of those killed in the line of duty. Airmen, soldiers and sailors who die in battle are lionized, and rightly so, but it's their mothers, fathers, wives and families who are conscripted to carry the burden of that sacrifice to the end of their days. This mapping project is dedicated to those families of Sandy Hill who lost a loved one in the great wars of the 20th Century.

This is a map of sorrow, a geographic depiction of the carnage on the home front and a way to change the abstraction of remembrance into a visceral understanding of the emotional damage done in Sandy Hill over that 30-year period. Each pin on this map represents the home of the fallen's next-of-kin. For the most part, this meant the parental home, the marital home or residence where a wife was living with her parents. In some cases a sibling, grandparent or even a friend or lover was all a soldier could muster as next-of-kin. I used only addresses that were mentioned in casualty lists, service files or as reported in the daily broadsheet newspapers and cross-checked these sources for accuracy.

There was nothing particularly special about Sandy Hill that brought this plague of anguish, nothing it deserved, nothing that warranted a special attention from death. Every community in Canada took the same punishment, felt the endless blows to its heart, felt its life blood seeping away. Parents stood by while their sons and daughters left home, the routines that gave them comfort, the futures that beckoned, and began arduous journeys that would lead most to war and great risk of death.

Some would die in training, others in transit. Some of disease and even murder. Some in accidents close to home, others would fall from the sky deep in enemy lands. Some by "friendly" fire, others by great malice. Many would simply disappear with no known grave, lost to the sea, a cloud-covered mountain, a blinding flash, a trackless jungle. Some would die in an instant, others with prolonged fear and pain. An extraordinarily high number of those who survived would not come home in one piece. We have made no judgment on the manner of death. If they were on a casualty list or in the Canadian Virtual War Memorial, they were included. The vast majority died in action or on military service.

It was interesting to note that in the First World War, 35 percent of all those killed from Sandy Hill were officers. In Centretown, just across the canal, that number was just 16 percent. This higher number reflects the socio-economic status of Sandy Hill in 1914 at the start of the war — with more scions of lumber barons, industrial captains, lawyers, general officers and government leaders who were able to attend military college or use their connections to secure commissions. By the Second World War, however, both Sandy Hill and Centretown were on par for an enlisted/officer ratio.

In the First World War men enlisted to fight for "King and Empire" (as misguided as that was). Many young men were first-generation immigrants from Britain and she was still their first loyalty. Through cynical patriotic suasion, the Empire recruited cannon fodder from her colonies and fed them into a British-led meat grinder on the Western Front.

By the Second World War, Canada's military services were led by Canadian officers. The experiences of the previous war and the lessons learned on Vimy Ridge meant Canadian men were no longer a British resource to waste on the battlefield. Young men across Canada joined to fight absolute tyranny, cruelty and oppression. They fought and died from Hong Kong to Germany, from Denmark to Egypt.

Almost 50 of the men on this map simply vanished — vapourized by artillery or their own bomb loads or buried in the mud of no man's land. Others disappeared into the English Channel, Mediterranean Sea, North Sea, or the dark depths of the Atlantic Ocean. Their mothers and fathers would have no answers, no headstone, no closure, as we call it today. Simply a name on a wall in a place they would likely never visit, a picture of a boy in a uniform on the mantel and memories to haunt them until their dying days.

It puts things into perspective when we reflect on the challenges we face today — homelessness, employment, healthcare, child care or work-life balance. Our stresses are real, but we don't live in fear that our sons and daughters will be killed in a war. We live in a self-centred and entitled world, and it's important to know that other families have survived far worse pressures and tragedies; that others postponed their happiness or even forfeited it for a collective cause.

Time, as it always does, heals all, or perhaps obscures all. It has put temporal distance between these events and our own lives. New families have replaced these families in Sandy Hill's houses, and in turn they have been replaced. Though these men are now long dead, Sandy Hill is still home to their ghosts and we should acknowledge their presence, should remember them in the name of their families.

This project began as a result of curiosity and then became an homage to the parents, siblings, wives and grandparents, some of whom carried the terrible weight of sacrifice well into the 21st Century. An homage to the Silver Cross Mothers, the broken fathers, the shattered families and the solitary wives. God bless them.

FIRST WORLD WAR

1. Maj. Hamilton John Adair, 61 Blackburn Ave. (M)
2. Gnr. John Rodger Arnoldi, 83 Goulburn Ave. (F)
3. Dvr. Joseph Audette, 293 Nelson St. (F)
4. Pte. George Patrick Avery, 19 1/2 Nicholas St. (PF)
5. Pte. Alfred W. Armstrong, 349 Stewart St. (F)
6. L/Cpl. Robert Isaac Baxter, 150 Stewart St. (F)
7. Cpl. George Frederick Beesley, 217 Nicholas St. (F)
8. Lt. Edouard Errol Bouchette, 430 Daly Ave. (F)
9. Lt. John Bernard Brophy, 377 Stewart St. (F)
10. Lt. Edmund Gordon Brown, 256 Daly Ave. (F)
11. Pte. William Wesley Brown, 182 Henderson Ave. (M)
12. Maj. William A. Cameron, 13 Blackburn Ave. (S)
13. Capt. Gordon Burleigh Carling, 385 Laurier Ave. E. (F)
14. Capt. John Burleigh Carling, 385 Laurier Ave. E. (F)
15. Pte. James Carroll, 610 Cumberland St. (PF)
16. Cpl. Edward Ebbs Charleson, 507 Besserer St. (M)
17. Pte. Stewart Clarke, 35A Henderson Ave. (M)
18. F/O (Probationary) Lawrence Code, 328 Stewart St. (F)
19. Pte. Leonard Cole, 186 Russell Ave. (M)
20. Pte. James Matthew Collins, 185 Friel St. (M)
21. Pte. James Craney, 630 Cumberland St. (F)
22. Pte. Henry Edwin Currier, 632 King Edward Ave. (F)
23. Pte. Joseph Thomas Danis, 250 Stewart St. (F)
24. Pte. Austin Dunn, 316 Nelson St. (F)
25. Lt. John Lockhart Godwin, 369 Daly Ave. (F)
26. Lt. Charles Richard Magrath Godwin, 369 Daly Ave. (F)
27. Lt. Arthur Erskine Goodeve, 273 Wilbrod St. (F)
28. Lt. Stewart Marcon Goodeve, 273 Wilbrod St. (F)
29. Lt. Erskine W. Gordon, 357 Somerset St. E. (F)
30. Lt. Leslie Faries Gordon, 209 Daly Ave. (S)
31. Dvr. Patrick Gosson, 190 Henderson Ave. (F)
32. Cpl. James Nicholas Grieves, 266 Nelson St. (M)
33. Cpl. William John Ernest Hack, 629 Chapel St. (F)
34. Dvr. John Hirst, 211 Besserer St. (PF)
35. Pte. Herbert Little Howe, 528 King Edward Ave. (F)
36. Lt. John D. Armstrong, 369 Stewart St. (F)
37. Cpl. William John Killins, 391 Nelson St. (F)
38. CSM John Parker Kirkpatrick, 177 Goulburn Ave. (XF)
39. F/L Herbert David Lackey, 21 Osgoode St. (F)
40. Pte. Harold Gordon Lake, 155 Russell Ave. (F)
41. Pte. Omer Lapensee, 221 Nicholas St. (F)
42. Pte. Edmund Clifton Lawrence, 217 Besserer St. (M)
43. Lt. Roger Horace Lelièvre, 211 Stewart St. (F)
44. Pte. Edward MacDonald, 479 Cumberland St. (F)
45. Pte. Harold Valdemar MacDougall, 310 Chapel St. (F)
46. Maj. Huntley Wilson MacPherson, 548 Besserer St. (F)
47. Sgt. James Christopher Maloney, 252 Nicholas St. (F)
48. Lt. John Le Roy Mavety, 473 Cumberland St.* (F)
49. Dvr. Harold McBride, 185 Friel St. (F)
50. Pte. James John McCarthy, 113 Henderson Ave. (F)
51. 2Lt. Alexander Fenton McCullough, 198 Cobourg St. (F)
52. Lt. Francis Clarence McGee, 185 Daly Ave. (F)
53. Gnr. Gordon D. T. McGillivray, 182 Henderson Ave. (F)
54. Pte. William M. McGovern, 118 College Ave.** (F)
55. Pte. Mervin Henry McLatchie, 115 Besserer St. (M)
56. Pte. William McMillan, 250 Daly Ave. (F)
57. Capt. Edward Thomas Mennie, 66 Russell Ave. (M)
58. Pte. Albert Edward Moss, 497 Cumberland St. (M)
59. Pte. Francis Martin Frank Nash, 546 Rideau St. (F)
60. Pte. William Nault, 497 1/2 Cumberland St. (F)
61. Lt. Herbert Braid Northwood, 330 Chapel St. (F)
62. Lt. James Henry O'Grady, 327 Besserer St. (F)
63. Pte. Frank O'Meara, 73 College Ave.** (M)
64. LCol James Vincent Pat O'Donahoe, 430 Daly Ave. (S)
65. Pte. Thomas Hugh Ogilvie, 464 Besserer St. (F)
66. Lt. Cecil Howard Peaker, 138 Marlborough Ave. (F)
67. Lt. Charles Adolphe Pelletier, 201 Daly Ave. (F)
68. Pte. James Potter, 188 Stewart St. 1916 (F)
69. Pte. Edward Francis Quinn, 408 Rideau St. (F)
70. Cpl. Samuel Edward Rathwell, 84 Besserer St. (M)
71. Lt. Edrick Hurdman Read, 253 Augusta St. (F)
72. Pte. Frederick George Richards, 173 Daly Ave. (F)
73. Pte. Albert Edward P. Richardson, 13 Osgoode St. (M)
74. Cpl. James Allan Ritchie, 58 Russell Ave. (F)
75. Gnr. Oliver Robert, 430 Besserer St. (F)
76. Gnr. Arthur Robert Seaman, 221 Henderson Ave. (F)
77. 2Lt. Ubald Hormidas Seguin, 357 Nelson St. (F)
78. Pte. Ernest James Shea, 274 Rideau St. (F)
79. Pte. Thomas Albert Sheridan, (F) 325 Wilbrod St.
80. Pte. John B. Shipman, 272 Stewart St. (F)
81. Pte. Jacie Slonemsky, 371 Friel St. (F)
82. Gnr. Robert Osbourne Smith, 15 College Ave.** (F)
83. Spr. Harry Attwod Stevenson, 657 King Edward Ave. (F)
84. Pte. James Styles, 388 Rideau St. (M)
85. Pte. Frederick Tighe, 109 Sweetland Ave. (S)
86. Pte. William Trappitt, 236 Nicholas St. (M)
87. Lt. Elzéar Augustin Valiquet, 661 Cumberland St. (F)
88. Lt. Maurice Henry Vidal, 196 Cobourg St., (F)
89. Pte. Michael Waldron, 86 Stewart St. (S)
90. Pte. William Henry Welsh, 19 Robinson Ave. (M)
91. Pte. Harry Frederick Williams, 455 Besserer St. (F)
92. Pte. Louis H. Coakley, 340 Somerset St. E. (S)
93. Pte. Alexander T. Paul, 327 Somerset St. E. (F)
94. Lt. Thomas Molyneux Graves, 232 Stewart St. (XF)
95. Pte. Arthur James Staples, 135 Henderson Ave. (F)
96. Pte. Joseph Legendre, 106 Nicholas St. (M)
97. Capt. Charles Edward McGee, 185 Daly Ave. (F)
98. Cpl. John Collins, 208 Besserer St. (M)
99. Lt. Michael Cunningham, 644 Cumberland St. (F)
100. Pte. Bruce Falconer, 35 Waller St. (P)
101. Pte. John Alfred Foubert, 38 Besserer St. (F)
102. Maj. Marie Louis Lambert, 491 King Edward Ave.
103. Pte. Albert Lavictoire, 117 Nicholas St. (S)
104. Gnr. Clair Llewellyn Manhard, 128 Nicholas St. (M)
105. Pte. Arthur Riffon, 210 Nicholas St. (M)
106. Capt. Norman MacLeod Weir, 455 Besserer St. (M)
107. Pte. Harold Jams Duncan, 664 King Edward Ave. (F)
108. Pte. Ernest Maxwell Glen, 330 Osgoode St. (M)
109. 2Lt. John Gagne, 193 Somerset St. East, (F)
110. Capt. Charles Edward McGee, 185 Daly Ave. (F)
- 111 Lt. Alexander Fenton McCullough, 198 Coburg St. (F)

SECOND WORLD WAR

- 1: F/O Lawrence Balfour Abelson, 96 Marlborough Ave. (F)
- 2: Pte. Peter Adams, 80 Henderson Ave. (F)
- 3: L/Cpl. Creighton Charles Baker, 252 Wilbrod St. (F)
- 4: Spr. Gerard Barnabe, 104 Waller St. (F)
- 5: Sgt. Gordon Belec, 77 Sweetland Ave. (F)
- 6: S/L Robert Stanley Blackler, 141 Blackburn Ave. (F)
- 7: Spr. Alexander Bleoo, 505 Besserer St. (F)

- 8: F/Sgt. Donald Archibald Blue, 196 Coburg St. (F)
- 9: P/O Albert E. C. Boehmer, 428 Rideau St. (F)
- 10: Col. Edward C. G. Chambers, 324 Chapel St. (M)
- 11: CQMS Victor Clarke, 482 Cumberland St. (M)
- 12: W/C James Carleton Coffey, 271 Stewart St. (F)
- 13: Pte. Peter Henry Coulas, 274 Friel St. (M)
- 14: Capt. Joseph Courtright, 259 Somerset St. E (M)
- 15: Lt. Gerard Raoul D'Aoust, 338 Wilbrod St. (F)
- 16: WO2 John Joseph Darwin, 291 Nicholas St. (F)
- 17: P/O Joseph Davis, 259 Somerset St. E (F)
- 18: WO2 James Edgerton Doan, 570 Chapel St. (M)
- 19: Sgmn. Leslie G. Dover, 485 King Edward Ave. (F)
- 20: MS Henry Dumouchel, 41 College Ave.** (F)
- 21: Capt. John Eardley-Wilmot, 234 Charlotte St. (F)
- 22: WO2 Albert Ellis, 356 Rideau St. (F)
- 23: Pte. Francis Owen Enright, 255 Stewart St. (M)
- 24: F/O Joseph R. G. Farlette, 82 Waller St. (F)
- 25: P/O Arthur R. R. Farley, 30 Russell Ave.1 (F)
- 26: P/O Thomas E. Flanagan, 236 Russell Ave. (XF)
- 27: F/O Alexander James Fraser, 391 Daly Ave. (F)
- 28: Sgt. Fred Poyner Fraser, 338 Somerset St. E. (F)
- 29: L/Cpl. David Ellis Friend, 392 Rideau St. (F)
- 30: P/O Gordon Gallagher, 86 Marlborough Ave. (M)
- 31: F/O Max Gennis, 302 Besserer St. (F)
- 32: Cpl. Harold Glatt, 450 King Edward Ave. (F)
- 33: Sgt. John Redvers Gorman, 75 Stewart St. (S)
- 34: Stkr. Robert James Goulet, 271 Nicholas St. (F)
- 35: P/O Edward A. M. Grange, 15 Blackburn Ave. (F)

- 36: Cpl. George Grant, 344 Somerset St. E (M)
- 37: OS George Edward Gunter, 40 Waller St. (F)
- 38: Sgt. Arthur Edward Harris, 130 Osgoode St. (F)
- 39: Tpr. Norman Ri. Hayter, 222 Somerset St. E (F)
- 40: Col. Patrick Hennessy, 544 King Edward Av. (M)
- 41: Maj. Charles C. Hill, 292 Laurier Ave. E. (F)
- 42: F/L James P. Ogilvie Howard, 377 Daly Ave. (F)
- 43: Lt. Ward C. Hughson, 293 Stewart St. (F)
- 44: P/O William Francis Hull, 96 Blackburn Ave. (F)
- 45: Sgt. Duncan Stuart Hutt, 84 Russell Ave. (F)
- 46: WO2 Alfred Roger Juneau, 431 Nelson St. (F)
- 47: Civ. Phillip John Kerwin, 490 Wilbrod St. (F)
- 48: F/Sgt. John Joseph Kincaid, 281 Besserer St. (M)
- 49: Pte. Dollard Labranche, 257 Somerset St. E (F)
- 50: F/O Frederick A. H. Lambart, 315 Stewart St. (F)
- 51: F/O James M Larkin, 254 Rideau Street, (M)
- 52: Brig. John Kelburne Lawson, 438 Daly Ave. (M)
- 53: Sgt. Emerson M. Leftly, 110 College Ave.** (M)
- 54: Sgt. Richard B. Long, 185 Goulburn Ave. (F)
- 55: Mid. Francis L. L. Jones, 375 Stewart St. (XF)
- 56: Tpr. James Maguire, 173 Marlborough Ave. (M)
- 57: L/Cdr. Paul Simon Major, 4 Range Road (F)
- 58: MGen. Harold H. Matthews, 435 Daly Ave. (M)
- 59: P/O Winston McCarthy, 113 Henderson Ave. (F)
- 60: Cpl. Harold George McKhool, 58 Laurier Ave. E. (F)
- 61: P/O Roderick J. McLachlan, 50 College Ave. (F)
- 62: F/L Corson S. Moir, 109 Goulburn Ave. (F)
- 63: Maj. Herbert B. Munro, 234 Charlotte St. (F)

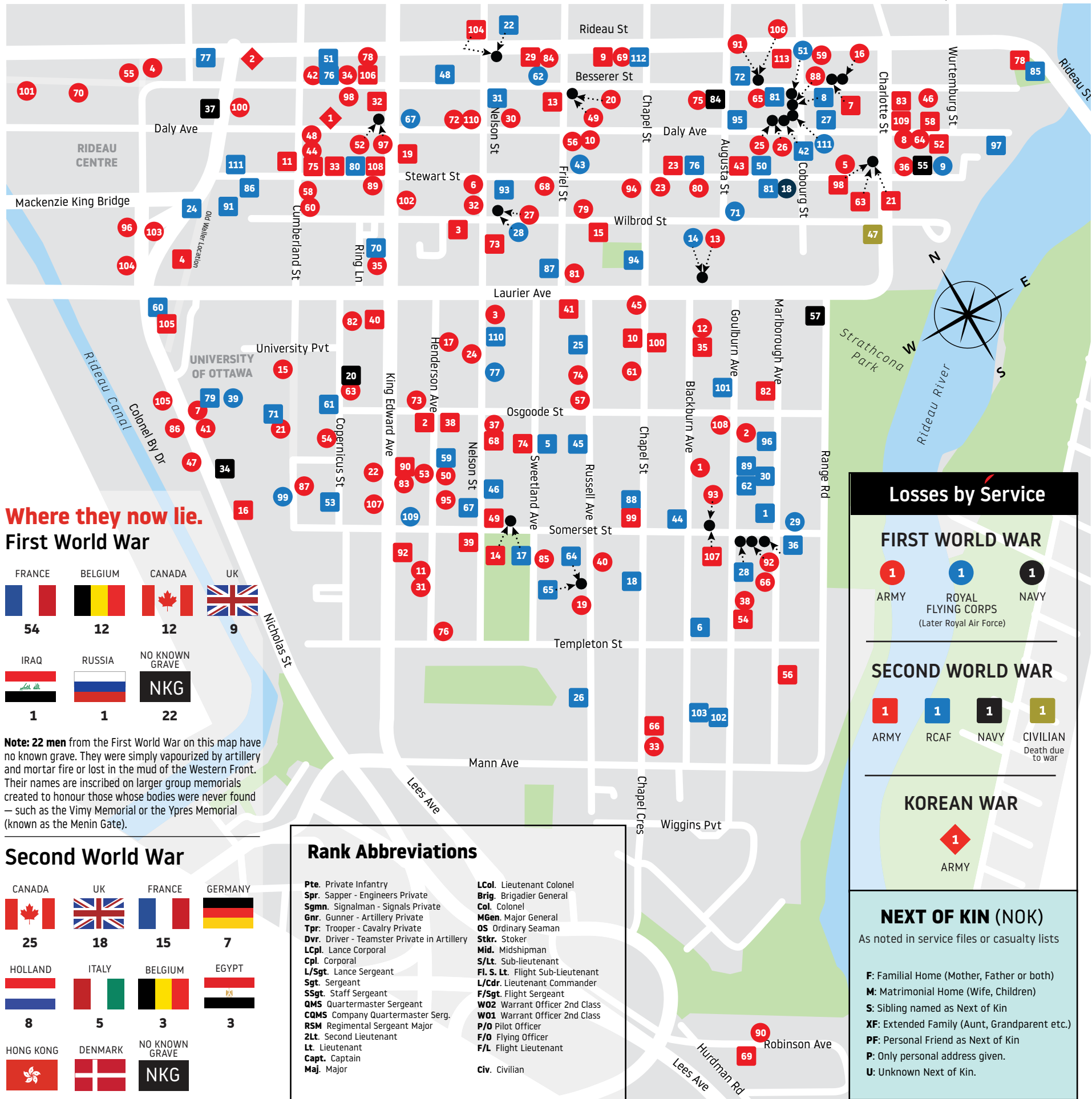
- 64: Sgt. Joseph Y. J. Nadon, 178 Russell Ave. (F)
- 65: LAC Joseph E. G. Nadon, 178 Russell Ave. (F)
- 66: L/Cpl. Ronald W. O'Brien, 623 Chapel St. (F)
- 67: F/Sgt. Robert Joseph O'Leary, 426 Nelson St. (F)
- 68: Sgmn. Talbot F. P. O'Neill, 393 Nelson St. (F)
- 69: Cpl. Maurice Paquette, 14 Robinson Ave. (F)
- 70: F/Sgt. Jean G. Pelletier, 514 King Edward Av. (F)
- 71: F/O Gordon F. Pritchard, 36 Osgoode Ave. (F)
- 72: P/O Thomas Phillip Quinn, 455 Besserer St. (F)
- 73: Gnr. Edward E. Rainboth, 289 Nelson St. (F)
- 74: Maj. Robert L. Rochon, 72 Sweetland Ave. (F)
- 75: Lt. George L. Ross, 61 Stewart St. (F)
- 76: F/O Edward Lewis Saslove, 203 Besserer St. (F)
- 77: P/O Abraham A. Schwartz, 172 Rideau St. (F)
- 78: Col. Clyde R. Scott, 648 Rideau St. (M)
- 79: F/Sgt. Joseph J. M. Seguin, 15 Osgoode St. (F)
- 80: Cpl. Arthur Joseph Sevigny, 83 Stewart St. (F)
- 81: WO2 Jean J. M. Simard, 468 Besserer St. (F)
- 82: Capt. Frederick J. Sims, 46 Marlborough Ave. (F)
- 83: Pte. Sidney Slover, 207 Charlotte St. (F)
- 84: Lt. John M. G. Smart, 430 Besserer St. (F)
- 85: F/O Arthur E. Snell, 650 Rideau Cres. (F)
- 86: P/O Gerdan F. Snyder, 42 Stewart St. (M)
- 87: P/O Jack Spevak, 400 Friel St. (F)
- 88: F/O Ross Samuel Stanzel, 386 Chapel St. (F)
- 89: WO2 William C. Thom, 107 Goulburn Ave. (F)
- 90: L/Cpl. Ken G. Thomas, 657 King Edward Ave. (F)
- 91: F/Sgt. Robert J. Thompson, 137 Wilbrod St. (F)

- 92: Rfn. Gaetan Vezina, 685 King Edward Ave. (F)
- 93: F/Sgt. Joseph A. E. Vincent, 168 Stewart St. (F)
- 94: Cpl. Leonard Russell Wilcox, 298 Chapel St. (F)
- 95: F/Sgt. Herbert Irwin Wolf, 345 Daly Ave. (F)
- 96: WO2 Moses Zumar, 66 Marlborough Ave. (F)
- 97: F/O Douglas B. Van Buskirk, 450 Daly Ave. (M)
- 98: Pte. John Sydney Barnes, 234 Charlotte St. (M)
- 99: RSM William Arthur Church, 394 Chapel St. (M)
- 100: Pte. Luther Elder, 323 Chapel St. (M)
- 101: S/L William A. Garland, 52 Goulbourne Ave. (F)
- 102: F/L Edward P. Harling, 224 Goulburn Ave. (U)
- 103: F/L John T. Hook, 221 Blackburn Ave. (M)
- 104: Pte. Robert J. G. Horne, 356 Rideau St. (M)
- 105: Cpl. Louis James Jacques, 157 Nicholas St. (F)
- 106: Sgt. Michael E. Maloney, 217 Besserer St. (M)
- 107: Sgt. William T. Martin, 327 Somerset St. E. (M)
- 108: Tpr. Clarence C. Nadon, 87 Stewart St. (M)
- 109: Pte. Edward T. Shea, 205 Charlotte St. (M)
- 110: WO2 Daniel Joseph Somers, 299 Nelson St. (M)
- 111: F/O John Thomas Robinson, 26 Stewart St. (XF)
- 112: P/O Albert Edward C. Boehmer, 428 Rideau St. (F)
- 113: Pte. Oscar Lamoureux, 512 Rideau (M) 1941, Canada

KOREAN WAR

- 1 Pte. Alexander Louis Gray, 105 Daly Ave. (F)
- 2 L/Cpl. Bernard George David Rice, 150 Rideau St. (F)

* St Paul's Church ** Now Copernicus † Kildare Barracks



Note: 22 men from the First World War on this map have no known grave. They were simply vapourised by artillery and mortar fire or lost in the mud of the Western Front. Their names are inscribed on larger group memorials created to honour those whose bodies were never found — such as the Vimy Memorial or the Ypres Memorial (known as the Menin Gate).

As mentioned in the introduction, this map is not necessarily a geographic depiction of the pre-war homes of Sandy Hill's war dead, but rather a map of the residences of their next-of-kin — the lovers and mothers and fathers whose lives were broken with the news of their deaths. For the most part these addresses were the same as those who were lost, but not always. Sometimes parents lived in Sandy Hill, but the soldier lived elsewhere. In the cases of an extraordinary number of these men, their next-of-kin (usually a mother or a wife) moved anywhere from two to six times between enlistment and death. We cannot tell if this was the result of economic conditions or simply moving in with relations, but pinning down the exact address where next-of-kin lived proved difficult for a number of the dead.

neighbourhood or vice versa. By cross referencing information given in attestation papers signed at enlistment with newspaper stories and post mortem administrative forms we did our best to pin down a residence. It's possible some are incorrect. It's also possible that we have missed a serviceman or two in our search as some records are scant or missing. Some casualty lists recorded men who were simply missing and we may have missed a later casualty list confirming death. By and large, however, we think this map is a fair representation of the pain and suffering of the families of Sandy Hill's lost men.

KOREAN WAR



There were sometimes different addresses for kin given at enlistment, in casualty lists or in battlefield wills. A few had wives in Sandy Hill, but parents in another Ottawa

Similar maps have been created for other Ottawa neighbourhoods including the Glebe, Old Ottawa South, Centretown, Ottawa East, and Kitchissippi. These have all been published in their respective community newspapers.

Sandy Hill sites and sights

Photo Christine Aubry



It looks like the café and food shop CHELIA will be moving into the corner space of the Mann Plaza formerly occupied by the cleaners. We look forward to the grand re-opening.

Photo Betsy Mann



While we were sad to see Dainty Kitchen close, it wasn't long before a new sign appeared at the corner of Somerset East and Blackburn. Foodinator is now open and IMAGE welcomes readers' reviews of the new restaurant for the next Food Notes column. Email: editor@imagesandyhill.org



The rental property management company Capital Rentals found an original way to show gratitude to Sandy Hill renters, at the corner of Friel and Wilbrod.

Photo Christine Aubry

The Other Hill is launched with pizzazz

As reported on in the September issue of IMAGE, The Other Hill has officially launched. This organization is working towards a website of activities and visual recognition along the streetscape of Laurier Avenue East. Watch for an announcement of activities for 2025 in the new year.

A big thank you to Ottawa artist Bhat Boy for donating his painting *Guardians of Sandy Hill* (see photo above and on page 1) to the recent fundraising auction, and congratulations to Sandy Hill resident Judy Rinfret, the new owner of the painting.

Watch for other fundraising opportunities in the coming months, or just donate to The Other Hill: www.theotherhill-lautrecolline.ca



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Wishing you and yours a happy and healthy year to come. Thank you kindly for all your business and referrals again during 2024.

I look forward to working together in the years to come.

Meilleurs vœux de bonheur et de santé à vous et aux vôtres pour l'année prochaine. Je vous remercie d'avoir fait affaire avec moi et de m'avoir recommandée à vos proches au cours de l'année 2024.

J'espère avoir le plaisir de travailler avec vous dans les années à venir.



Some of the many at the One & Only

Photos Christine Aubry



Hard working One & Only Craft Fair volunteers Maggie, Sue, Jan and Cathy (left to right) ensured there was a steady supply of snacks and refreshments for crafters and shoppers.



Fibre artist Wendo Van Essen kept her hands busy while greeting shoppers.



Nicole Maillet returned to November's One & Only with a new book in her beloved series featuring Iggy Hippo.



Her art is for all seasons

Photos HS Studios

Rosemary Scragg, who lives, paints and sculpts in Sandy Hill, held an Open House in November to showcase her new collection of greeting cards based on her fine art molds and abstract acrylics on canvas. If you are unfamiliar with (or thinking of acquiring) the work of this popular local artist, visit www.rosemaryscragg.com, or make an appointment to visit her Stewart St. studio by emailing: sevenstar@magma.ca.



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 - Jessie H

A neighbourhood need during the giving season....

Sandy Hill's Parent Resource Centre, located at 300 Goulburn Crescent, is currently fundraising to expand its Toy Library, which allows families to borrow a variety of inclusive toys that support different learning stages and needs.

Visit www.parentresource.ca/prctoydrive for more information and to make a donation that will have a direct impact on children in our community. And if you donate \$100 or more by December 31, you can enter to win a gift certificate from North&Navy restaurant!

Fun and games come to Rideau Street

Photo HS Studios

Paula Kelsall

Steve Ogden and Ajà Besler, partners in life and in business, were sad when the Comic Book Shoppe on Bank Street closed for good last summer. It had been their favourite place to play HeroClix, a tactical game featuring familiar comic book action figures. What to do? Open a place of their own, of course!

Studio Staja had its grand opening at 507 Rideau St. in November. It promises to be a haven for gaming enthusiasts, a welcoming space for those who are curious about games, and a fun place to browse for Christmas gifts. There are new and used games for sale, along with locally made paraphernalia; buttons and stickers, cute crocheted keychains, and some eye-popping art (some of it created by Ogden and Besler) displayed in the seating area upstairs.

There are refreshments as well; locally sourced coffee, teas and sodas as well as baked treats from Little Jo Berry's Bakery in Hintonburg. Everything served is vegan, so you'll be getting your latte with oat milk.

There's a calendar on the wall announcing coming events. To begin with, these will mostly be sessions featuring action figures and collectible cards like HeroClix, Pokemon and Disney Lorcana. These games all have enthusiasts in Ottawa, so there's a community all ready to enjoy the new shop. On a recent Sunday afternoon, there was a happy hum coming from upstairs as a group of Lorcana players deployed their magical resources. "That's what I've been wanting to hear," said Ogden, with a smile.

They have lots of ideas for bringing in newcomers over the coming months and giving us all a chance to sample new board and card games. Events for grandparents and grandchildren to check out a game and get some expert instruction together, or for second language learners to practice vocabulary skills along with their card strategy, are just a gleam



Notre conseillère municipale Stéphanie Plante et notre députée provinciale Lucille Collard ont participé à la coupe de ruban du nouveau commerce Studio Staja, au 507 rue Rideau, le 13 novembre dernier. Centre de jeux, boutique, café—de quoi plaire à tout le monde!

in Besler's eye right now. Plans are also afoot to start offering creative arts events like paint nights or crochet sessions in the new year.

Right now, there's nothing to stop a group of friends from dropping by to try out some of the store's sample games. There's no cover charge, and you can enjoy a snack while you play, as well as a 10% discount if you decide to take your own copy of the game home at the end of the day.

Keep an eye on their website www.staja.ca or on their Facebook page for coming events, and to browse the merchandise. Currently, notices on the website warn of shipping delays due to the Canada Post strike, but here in Sandy Hill we have nothing to prevent us from dropping by to enjoy the cheerful ambience and a coffee as we consider the people in our lives who need a set of Spiderman buttons, a Fantasy Warlock bath bomb, or a set of the game Maudit Mot Dit.

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CROSSWORD ANSWERS, from page 15

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Des spectacles qui impressionnent à De La Salle

Marie-Pierre Lefebvre

J'ai eu le plaisir d'assister pour la première fois au « Défilé d'art porté » de l'École secondaire publique De La Salle en novembre dernier. Cet événement annuel, intitulé « Opacité » cette année, était beaucoup plus qu'un simple défilé. Les élèves de la 8e à la 12e année ont créé des œuvres d'art qu'ils peuvent porter sur scène. Ce sont loin d'être de simples costumes par contre! Le thème était « pop art » et ça se voyait à chaque nouvelle entrée. C'est très difficile à décrire en mots... Il y avait de la musique, de la lumière, des effets spéciaux, des danseurs et danseuses incognitos à des moments clés et des changements de décors. J'ai rarement été si stimulée de tous mes sens!

Les élèves ont du talent. Non seulement leurs œuvres étaient créatives, ils ont réussi à y intégrer du mouvement et des surprises. Une de mes préférées était une jeune personne avec une cape ou un capuchon noir sur la tête et le torse de façons à ne voir que des jambes. Elle marche jusqu'au milieu de la scène et, sans prendre de pause, lâche le capuchon qui se transforme en grande robe colorée. La traîne de la robe était en soi une œuvre artistique impressionnante.

Certains élèves avaient un thème ensemble, d'autres arrivaient seuls. J'ai aussi bien aimé une personne qui est arrivée dans une grande bulle blanche qui est devenue rouge une fois au centre de la scène. Puis blanche et à nouveau rouge. Le jeu de couleurs était mécanique, dans le sens qu'elle montait et levait un morceau de son vêtement pour voir l'autre côté. Tout ceci était sans faille! Mes mots ne leur font pas justice, je le sais. Je peux seulement vous inciter à y aller l'an prochain. Vous ne serez pas déçus.

De La Salle est fréquentée par plusieurs de nos jeunes francophones dans la Côte-



Sandy Hill resident Marie-Pierre Lefebvre was wowed by the recent student production *Opacité* at École secondaire publique De La Salle! She encourages you to consider the shows put on by the students of the Centre d'excellence artistique de l'Ontario for quality productions at low cost.

Photos Marie-Pierre Lefebvre

de-Sable. On les voit se ruer vers le nord le matin et revenir dans le quartier en après-midi. C'était aussi l'école secondaire de plusieurs des adultes du voisinage! C'est là que se trouve le Centre d'excellence artistique de l'Ontario (CEAO), qui a vu

grandir plusieurs artistes francophones au pays.

Les élèves de toutes les concentrations soulignent leur travail sous différentes formes et à différents moments de l'année. Je vous encourage à découvrir

le talent qui se cache dans nos rues, sous toutes ses formes. Des billets pour les différents événements sont disponible au : <https://lepointdevente.com/ceao> Ne tardez pas, ce n'est jamais très cher et ça vaut toujours la peine!



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Embracing the transition into menopause

Photo: Stacey Hickey

Camille Lechasseur

Embracing my menopause transition led me on quite the adventure. I didn't know that the issues I was having were an indication of the menopause. At this time when I was exhausted, overwhelmed, lost my confidence, couldn't get out of bed and couldn't walk, I had teenage girls who were also in a period of fluctuating hormones just as I was. It was quite a time and not one that brings me fond memories. My husband and I are still happily married, but have weathered many a storm as communication styles changed. Then the menopause transition took hold in truth, with the menopause itself. It was indeed a wintering. A time of introspection, quiet reflection, and reassessment about what my life had become and I ventured to begin to dream about a life that filled me every day in every way.

It may sound lofty, but stress management and lifestyle changes became front and centre leading me through. In what I now know was perimenopause, the yoga studio was a salve for me. The community of older women that I could ask about literally anything was a comfort. My curiosity and sense of adventure took me to England where I engaged with a fierce and courageous group of women experiencing the work of an amazing woman who taught menopause yoga and meditation. The tools of yoga and meditation continue to bolster my strength, both physical and mental and



Notre voisine Camille Lechasseur veut aider d'autres femmes à gérer la transition vers la ménopause en utilisant les effets du yoga et de la méditation.

help build my confidence. I am on the journey to answer the questions about how I want the rest of my life to look and feel. Once I began to share what I was up to, I was able to help others. At hockey practices, chatting in grocery store lines... Out of this was born Breathe with Camille.

www.breathewithcamille.com/menopower

Craft, chat and connect

Betsy Mann

What do you do when your partner gets a new job and you move to a city where you don't know anyone? That was the situation Lori Godon found herself in when she came to Ottawa a year ago. How to connect with like-minded people and make some new friends? Lori's solution has been to organize "Craft and Chat" evenings in the "Story" apartment building at the corner of Rideau and Chapel where she and her partner live.

"When we moved here from Hamilton I was working as a school bus driver," Lori tells me. "You don't get to meet and socialize with many adults in that job! And now I'm retired." How about meeting neighbours in the building?

I'm talking to Lori in Story's large co-working room where a number of young people are sitting at tables, their laptops open in front of them and their earphones on. Lori confirms my suspicion that most of the tenants in this building are university students who, even if they might share her interest in crafts, probably don't have the time.

"I decided to put out an invitation on a Facebook community page," explains Lori. "In the last six months, I've hosted six or seven evening get-togethers; three or four people have come each time. We use a corner of this co-working room or if this one is full, there are other common rooms in the building." People usually bring whatever they're working on—knitting, crocheting, scrapbooking—but Lori also has some supplies she can share and some for sale if people want to try something new. There is no charge to attend.

Lori herself likes scrapbooking, but she observes that it's a hobby that takes



Lori Godon (à droite) invite des gens à la rejoindre pour des sessions d'artisanat dans l'espace cotravail de son immeuble au coin de Rideau et Chapel—une occasion de travailler à son propre projet, d'essayer une nouvelle technique et de créer des nouveaux liens avec des voisin.e.s.

a lot of time and requires people to plan ahead for supplies. To encourage people to come, in the past she has sometimes offered new attendees the supplies to make one free card. "You can finish a card in an evening, so people leave with a finished product," she observes. She is considering offering an evening in December to make Christmas cards together.

Lori doesn't intend for these to be instructional evenings. Everyone brings their own projects and their own ideas. However, just being with others and sharing ideas can spark some new directions. "I've learned so much from the ladies who've come," Lori says enthusiastically. "You look at what someone else is doing and you get inspiration." For example, some participants have introduced her to

the idea of "junk journals." Simpler than scrapbooking, this is a way of collecting up the ephemera of your daily life, often in a reused notebook. Sort of like the junk drawer in your kitchen, it can become the home for a bit of everything: stickers, pictures, sayings you like, tickets from a show—whatever strikes your fancy.

"Craft" is just one part of the name of these evenings. The other part is just as important: Chat. "Evenings last one and a half to two hours, depending on the conversation among the participants," says Lori. In a world where people often find themselves isolated, crafts become a way to create connections and build a sense of community. Lori realizes this can take time. "We're starting slowly," she observes. "I'm still trying things out, like

maybe I will try getting together in the afternoon sometimes. In the winter, it may be easier for retired people like me to get out during the day."

If you are interested in crafting, chatting and connecting, look for Lori's invitations on Facebook at Lori's personal page (Lori Godon Trewolla) and at the Sandy Hill (Ottawa, ON) Classified/Services page, as well as on neighbourhood group sites that target residents of Sandy Hill, Lowertown and Vanier. You need to register in advance; the building's security system means that Lori has to know your name to let you in. Any questions? You can get in touch with her at lori.godon@gmail.com. Happy crafting, chatting and connecting!

It brings music to my ears Ottawa Youth Concert Orchestra

Marie-Pierre Lefebvre

Every Tuesday evening, a couple dozen youths between 10 and 18 years of age meet in St. Joseph's Church on Wilbrod Street. They practice under the watchful eye (and ears) of Conductor Travis Mandel. Mandel is a passionate pedagogue who wants to inspire students to reach their full musical potential. He himself started playing the trumpet in grade 9, when he attended École secondaire publique De La Salle, and since then music has been a huge part of his life. He teaches private les-

sons, is guest conductor with the Pembroke Orchestra, teaches at the University of Ottawa and at the Ottawa Youth Concert Orchestra (OYCO) Academy, and is also in the Canadian Armed Forces band.

These OYCO musicians have great talent and were handpicked to be part of this elite orchestra that has twice been crowned provincial champion of the Kiwanis Festival since Mandel took over two years ago. OYCO members include Maja, a 15-year-old double bass player from Germany. She's been playing since she was 8 years old, starting with a violin at school and gradually moving to the gigantic instrument that is a double

bass (it's taller than Maja!). Also Nuri and Angela, both OYCO violinists who were told as children that their hands were too small to play the instruments they actually wanted to play which were clarinet and flute, respectively. Turns out they are very strong violinists who do not regret the way it has played out. Angela also plays the guitar while Nuri also plays the cello. Then there's Jerry and Yichen who are both 10 years old and very talented. Jerry plays in the percussion section and Yichen plays the violin. They both started playing instruments at age 4 and very much enjoy the orchestra and the experience it is giving them. In the brass section, we have Samuel, 15 years old, who plays trumpet. It's his first year with the OYCO, after picking up the trumpet only three years ago. Samuel lives in Sandy Hill so you might hear him practice his parts, especially in the warmer months when the windows are open.

These young musicians really enjoy the

orchestra, and after observing their practice one Tuesday, I can see and hear that Mandel is really passionate and that he wants the kids to succeed. He encourages them with love and discipline: "Follow me like a shadow," "Look up at me for the rhythm, it's more important than missing a note!" Even if they may not all turn out to be professional musicians when they grow up, I think we can appreciate how important music is to everyday life.

They have a YouTube channel that you should definitely check out by searching Ottawa Youth Orchestra. It's impressive how good they sound. But for the real experience, you must attend one of their concerts. You can find the schedule and buy tickets on their website: <https://ottawayouthorchestra.ca/mec-category/concerts/>. You have no excuse, they are right around the corner at St. Joseph's Church!



Pas besoin de se déplacer trop loin pour profiter d'un spectacle orchestre—les jeunes musicien.ne.s du Ottawa Youth Orchestra vous impressionneront et jouent ici-même dans la Côte-de-Sable à l'église St Joseph.

Photos: Marie-Pierre Lefebvre



The ups and downs of depaving projects in Sandy Hill

Marilyn Whitaker

On September 24, 2016, many Sandy Hill residents came together to transform patches of asphalt along Somerset Street East into gardens of trees, shrubs and perennials. It was the culmination of many months of planning.

The initial project goals were to increase the tree canopy, beautify and green Somerset East, reduce paved areas on city property, and develop a process that could be used elsewhere. Discussions took place with adjacent property owners. Approvals by municipal officials and city council were obtained, and an agreement between Action Sandy Hill and the city was signed. City employees dug up asphalt from the municipal right of way and installed gardening soil. Large tubs were placed at three locations. Finally, purchased and donated trees, shrubs and perennials were planted.

Since then, the gardens have evolved as Sandy Hill Tree Group members, now the Sandy Hill Green Team, have tended them. An expanded garden and a raised bed were created as part of renovations at 395 Chapel Street.

There have also been setbacks. Tubs were damaged or destroyed during fires at nearby buildings. During street repairs on Russell, heavy equipment and materials were stored on the nearby bed. This summer, for example, garbage bins appeared on the bed beside the Quickie at Russell Avenue, prompting calls to By-law about garbage storage



Above — Plants were thriving at the corner of Russell and Somerset East. Below — Garbage bins appeared on the side garden bed this summer.



and disposal. Early October, plants at the front of the Quickie were cut to the ground by someone. Recently, the bins on the bed beside the Quickie at Russell Avenue have been moved, though longer-term arrangements are needed to protect gardens which were created with city and community support.

Gardeners are optimists and some plants are resilient. Those interested in restoring and enhancing these gardens or caring for other tubs and planters in Sandy Hill or those offering other suggestions can email sandyhilltreegroup@gmail.com.



In October, all of the plants in front of the Quickie were cut down by someone.

Les jardins devant le Quickie sur la rue Somerset, plantés en 2016, ont besoin d'aide pour retrouver leur ancienne splendeur. Si vous aimez jardiner, le Sandy Hill Green Team vous lance l'appel : venez vous joindre à l'équipe!

Photos Michel Gauthier

Buckthorn volunteers get to the root of the problem

Bryan Dewalt

Neighbourhood volunteers this autumn chalked up a win for biodiversity in Sandy Hill, uprooting dozens of invasive Common Buckthorn bushes along the Rideau River, and planting more than one hundred native trees and shrubs in their place.

In all, 27 volunteers came out for Saturday morning work sessions through the month of October, putting in well over 200 hours of labour. The project was organized by the Environment Committee of Action Sandy Hill (ASH) with volunteer support from the Sandy Hill Green Team (a group of neighbours who like to get their hands dirty doing practical work like planting and weeding). A grant from the Invasive Species Action Fund, a provincial program administered by the Canadian Invasive Species Centre, provided money for the purchase of trees and shrubs.

Common Buckthorn is a small tree introduced from Europe more than one hundred years ago. In its new home it quickly infested disturbed areas, like abandoned farms, overgrown yards, and city riverbanks. It produces huge crops of berries, it leafs out early and stays green well into November, and it degrades the soil for other plants. These traits enable Common Buckthorn to outcompete native vegetation and form dense thickets that support little other life. Like other invasive alien plants, the problem is that almost nothing locally has evolved to eat it. This blows a big hole in local food webs. Plant-eating native insects are deprived of food, and this impact cascades through populations of insect-eating native birds and other wildlife.

It is extremely difficult to eradicate invasive plants, once established over a wide area. But as a community we can make an impact in our own yards and nearby public green spaces. The Ontario



Photo: Gabrielle Dewalt



Quelques bénévoles du Sandy Hill Green Team qui ont aidé à enlever la plante envahissante le nerprun commun, le long de la rivière Rideau cet automne.

Photo: Andrew Johnson

Invasive Plant Council offers resources on how to identify and control invasive plants, and even advises on what you can plant instead. ASH has targeted a stretch of the Rideau River south of Strathcona Park for a campaign to push back against invasive plants. Work to control Japanese Knotweed was carried out in 2021 and 2022, and now Common Buckthorn has been added to the list.

We are already seeing an increase in biodiversity in our project area, but ecological restoration projects like this need continuity. Volunteers must return every year to remove regrowth of invasive species, and care for new plantings. The City of Ottawa has been helpful in permitting volunteers to carry out work on the riverbank, which is public property. ASH

currently has a one-year agreement with the City, but to ensure long-term follow-up and maintain a nucleus of committed volunteers, the City needs to move beyond ad hoc, short-term arrangements and embrace long-term stewardship. One model worth considering is the City of Toronto's Nature Stewards program, which has 42 active, volunteer-led projects throughout that city.

Although field operations in Sandy Hill have now wound down for the season, please contact us if you are interested in volunteering with the Sandy Hill Green Team (formerly known as the Tree Group) by emailing sandyhilltreegroup@gmail.com, or with ASH's Environment Committee at: sandyhillec@gmail.com

Rouge... couleur qui veut se faire voir

Claude Bégin

Une autre saison tire sa révérence. Qui n'a pas croisé cet automne, par temps ensoleillé, un érable au feuillage rouge? Qui n'a pas marché sur un tapis de feuilles colorées aux teintes rouges? Dans la nature, c'est l'érable à sucre qui nous offre des tons de rouge les plus intenses. Les teintes flamboyantes du feuillage de cet arbre peuvent durer plusieurs semaines. Quel délice visuel!

Les scientifiques savent depuis des siècles que les couleurs peuvent produire des effets sur le cerveau des êtres humains. Et le rouge ne fait pas exception. Différents pigments de plantes et de roches sont utilisés depuis des millénaires par les teinturiers pour fabriquer cette couleur. Le rouge s'associe au feu, il est énergisant. C'est une couleur forte, parfois agressive et provocante. À travers plusieurs cultures et époques, le rouge est synonyme de la fête et du spectacle. Depuis très longtemps, il est symbole du pouvoir et de la richesse mais peut aussi représenter la douceur et la tendresse, telle que la féminité et l'amour. Le rouge incarne la joie, la célébration, le courage.

Mais attention! Véritable tape-à-l'œil et puissant outil de communication non verbale, le rouge peut aussi annoncer le dan-

ger. Les panneaux d'interdiction et les feux de signalisations en sont de bons exemples. Parfois il vaut mieux s'éloigner de cette couleur.

En tenue vestimentaire, les rouges saturés s'allient particulièrement bien au vert. Ils s'agencent tout aussi bien à d'autres couleurs telles le noir et le blanc. Selon certaines croyances, le rouge accentue les performances des athlètes en dégageant une impression de domination. À la fois attirant et chaud, le rouge représente à merveille la sensualité et la passion amoureuse. D'autres études démontrent que la couleur rouge active le système nerveux sympathique et suscite un sentiment positif. Par contre, n'oublions pas que le rouge peut également être évocateur de la colère, d'où l'expression : « Rouge comme un coq ». Tout est question de contexte et de perception.

Dans différentes religions, selon la cérémonie, des personnages défilent en arborant des pièces de vêtements rouge écarlate. Certains partis politiques se servent de la couleur rouge pour vanter leurs vertus ou afficher un air d'autorité. Au fil du temps, la couleur rouge a servi d'élément important pour le patrimoine culturel et

historique de nombreux pays. Au Moyen Âge, on a vu apparaître l'utilisation des couleurs dans les blasons, les drapeaux et les armoiries. Le rouge y est presque toujours omniprésent. Tous ces symboles graphiques sont visuellement distinctifs et puissants; ils transmettent des informations sur l'identité et l'appartenance à un groupe.

En ce temps des Fêtes, il est difficile de rester indifférent devant le poinsettia. Avec ses feuilles rouges éclatantes et son feuillage vert, cette plante ajoutera

une touche festive dans n'importe quelle pièce. Avis aux consommateurs : la couleur séduisante du rouge peut nous faire acheter davantage en ce temps de l'année. Cependant, il n'est pas facile de résister à la tentation d'acheter un cadeau à l'intention d'un être cher. Pourquoi pas alors une boîte de cerises bien rouges trempées dans le chocolat... avec une grosse boucle rouge. Bon temps des Fêtes à toutes et à tous.



L'érable rouge, huile sur toile de Claude Bégin.

Fall glories

Photo: Frank Heilingbrunner



Seventeen degrees on Nov. 6—balmy weather reigned in the National Capital Region right into December.



Evening in Strathcona Park.

Photo: Christine Aubry



Carpeted path.

Photo: Pierre Cantin



Riverain Park sculpture frames a gorgeous view.

Photo: John McQuarrie

The paths through Riverain Park on the east side of the Rideau River are home to two new arched sculptures entitled *Waterways*, by artists Mélanie Myers and Pierre-Luc Clément. The artwork features aquatic plants that grow in the Rideau River. Pedestrians and cyclists who pass under the sculptures will be able to listen to a soundtrack using their smart devices. The soundtrack will be composed by Pierre-Luc Clément from recordings made underwater and interviews with an environmental biology researcher.

Spectacles Contact ontariois

Maëva Leblanc

Cela fait maintenant 44 ans que Contact ontariois existe! Ce marché du spectacle est organisé un peu partout dans Ottawa pour y présenter une quarantaine d'extraits de spectacles d'artistes francophones de l'Ontario et du Canada de différents horizons. L'événement est organisé par Réseau Ontario, un organisme à but non lucratif situé dans notre cher quartier de la Côte-de-Sable à la Place de la Francophonie au coin des rues Rideau et Chapel. Il attire chaque année plus de 1 500 participants, artistes, agents, producteurs, diffuseurs, médias et public. Une partie de ses spectacles se passent à l'École secondaire publique De La Salle ainsi qu'à La Nouvelle Scène Gilles Desjardins, deux salles bien connues des habitant.e.s du quartier.

La culture franco-ontarienne est au cœur de cette édition, symbolisée par un choix de couleurs chaudes et rétro, évoquant les années 90 et rappelant l'idée de simplicité, d'histoire et



Contact ontariois invites you to immerse yourself in French culture and live theatre during its "Marché du spectacle" from January 15 to 18.

d'impact culturel, en l'honneur du 25e anniversaire de Réseau Ontario.

Réseau Ontario invite les participant.e.s, délégué.e.s et le grand public à découvrir des artistes francophones de partout au pays, au format Vitrine (extraits de 20 minutes suivis d'entrevues). Parmi les artistes

à l'affiche, citons les talents franco-ontariens tels que Gabrielle Goulet, Brian St-Pierre, Melissa Ouimet, Les Chiclettes, LeFLOFRANCO et Mimi O'Bonsawin. Nous aurons également le plaisir de découvrir des artistes venus des Maritimes, de l'Ouest canadien et du Québec : Diogo Ramos (QC), BAIE


Avis aux intéressé.e.s!

Contact ontariois est à la recherche de bénévoles du 13 au 18 janvier pour accueillir ses participants ainsi que les artistes dans les différents lieux de spectacles (Hôtel Marriott Ottawa; La Nouvelle Scène Gilles Desjardins; École secondaire publique De La Salle) et pour aider notre équipe avec plein d'autres tâches pour préparer le marché du spectacle.

Si vous avez des questions ou vous voulez nous aider, écrivez à Livia, gestionnaire des bénévoles, à livia-berthoni0@gmail.com (c'est un zéro dans l'adresse courriel).

(NB), Samuel Bourgeois (NB), Joyce N'Sana (QC), Soleil Launière (QC), François Massicotte (QC), Matiu (QC), Waahli (QC), Émile Bourgault (QC), Fire & Smoke (MB), Ponteix (SK) et Kelly Bado (MB).

Le public peut dès maintenant se procurer des billets pour ces soirées de spectacles, du 15 au 18 janvier, au prix de 50 \$ pour un forfait des trois soirées ou 20 \$ par soirée, sur le site web du Centre des arts Shenkman ou sur www.reseauontario.ca.




Reading for Well-Being Community Book Club


Interested in improving your well-being and being part of a community? Join the Reading for Well-Being Community Book Club (<https://carleton.ca/mental-health/mewerths-reading-for-well-being-community-book-club/>) at Carleton University.

With thousands of self-help books available, it is often hard to know what to read as not all books are supported by research. By joining the Club, you will receive a monthly newsletter announcing Professor Pozzulo's Pick that will be an evidence-based book focused on some dimension of well-being.

The Book Club is open to everyone; all are welcome to join! There is no cost to join or to being a member and the books are often available through the Public Library. Scan the QR code or sign up here, <https://carleton.ca/mental-health/book-club-sign-up/>. Once you join, you will receive a link to the discussion board.



Please note that the language of the books selected will be English.

<https://carleton.ca/mental-health/>
mewerth@cunet.carleton.ca


Time to get the sled out!

Photo: HS Canada



Sandy Hill photographer Philippe Owen captured the headliner of the Help Santa Toy Parade on November 18.



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editor@imagesandyhill.org

Paula Kelsall

Curry & More

100 Louis-Pasteur Private

It's nice to see a food truck once again on the corner not far from the Campus LRT station, and this is a cute one, lovingly decorated and looking well-established with its fenced-in yard and little tables. They serve two curries every day, offered in combination with rice or a naan flatbread. The menu is consistently vegetarian, with curries such as mixed vegetables with coconut or cabbage masala, rounded out with samosas, onion bhajis, a paneer wrap, and daily pasta of the day that managed to be both creamy and spicy on the day we visited. The owners are kind, and the mango lassi is excellent.



Un nouveau "food truck" a proximité de la station du train léger de l'université offre deux choix de caris végétariens chaque jour.

Golden Center

600 Rideau St.

I'm a sucker for an independently owned pizza place, so when I noticed this little shop at the east end of Rideau Street I had to try it out. It was nice to see some unusual combinations on the menu. The spinach and garlic pizza had a creamy sauce, and plenty of chopped fresh tomato along with spinach and feta cheese; a very satisfying ensemble. The Golden House Special has the same chopped tomatoes, along with peppers, onions, mushrooms and little house-made meatballs. Both were enjoyed by the folks I was sharing with and made satisfying leftovers on their second day.

The Nelson Pub & Eatery

244 Laurier Ave. E

On a recent Friday night, the new pub at the corner of Laurier and Nelson was humming with patrons relaxing after a hard week of work and school. It was a little difficult for a group of seven friends to find a table, but we managed to piece one together thanks to helpful fellow-patrons. The food menu at the Nelson is quite short, so we were able to try almost everything, and we were pleasantly surprised by the flair the kitchen put into their rather standard offerings. The house salad featured tender arugula, roasted beets and candied pecans; it was rather salty, but hopefully that's been straightened out in the days that followed our visit. We had the impression that the kitchen staff were a little overwhelmed; the food took some time to arrive, and they sent out a plate of bacon that they had forgotten to put on our burgers! But the burgers were tasty, the sweet potato fries were tender, the chicken on the club sandwich was a solid piece of moist breast meat, and the hot dog was adorned with a lovely sprinkle of parsley, crispy onions and a slather of chipotle-ming sauce. Overall, it's a cheerful and affordable place to eat.

Ramakrishna

417 Rideau St.

It's always exciting to see an old friend doing something new and different, so we were delighted to discover that Ramakrishna has started serving breakfast. The morning menu is quite different from their regular lunch and dinner offerings, consisting of a choice of flatbreads combined with a simple chickpea curry or a generous helping of yogurt-based raita, plus pickles, presented on a metal platter with compartments for each item. In addition to choosing your bread, and an optional filling, you are given a choice of having it cooked in the tandoor oven or on a pan. We had kulcha, a leavened flatbread made with white flour, two different ways. The tandoor-baked one, stuffed with cauliflower, was dry, crusty and extra-brown around the edges. The kulcha that was pan-grilled with a potato filling was more tender and oilier, and an even golden brown. Both were delicious, and I especially liked the way the pickled onions added crunch to the chickpea curry. Ramakrishna's breakfast offerings are served from 9:00am to noon. Coffee addicts might want to have a cup of their favourite beverage before they go, but perhaps they will find that a pot of milky, spicy chai tea hits the spot just as well.



Le restaurant Ramakrishna sur la rue Rideau offre maintenant le petit-déjeuner, dont le « kulcha » (pain plat au levain).

Photos: Paula Kelsall

Magic and mystery at the Ottawa Little Theatre

Lisa Weitz

World-renowned illusionists and Magic Castle headliners Ted and Marion Outerbridge return by popular demand to the Ottawa Little Theatre, January 2 - 5, with their awe-inspiring family magic show, *Mysteries of the Keyhole House*. Perfect for ages 6 to 106, this show is an unforgettable way to welcome 2025.

At the heart of the performance lies the enchanting Keyhole House, a storied Victorian gem in the Ottawa Valley that chose Ted and Marion as its guardians. This historic home, rescued from dilapidation, revealed its secrets as the couple lovingly restored it. From under its creaking floors and behind faded walls, treasures emerged: skeleton keys, yellowed photographs, magazines, and even a 1918 golf ball—all whispering tales of the past.

But the house had more in store. Viral videos of its history captivated millions, making headlines across CTV National News, NBC, and TVO documentaries. Among these stories was the revelation that there was a connection with two Canadian Prime Ministers, King and Laurier, and golfer Brooke Henderson's grand-parents also shared a 54-year connection to the Keyhole House!

Inspired by these discoveries, Ted and Marion created "*Mysteries of the Keyhole House*", a spellbinding mix of illusion, storytelling, theatre, and dance. Audiences are transported through time, where magic and history breathe life into

each other.

The story began when a chance online listing led the couple to the house's grand keyhole arch—a portal to its otherworldly charm. Ignoring skeptics, they moved in on a cold November day, only to be greeted by mysterious phenomena. That very night, Ted awoke to a friendly, glowing figure at the foot of the bed, believed to be the spirit of one of the home's first owners. Audiences will join in on the journey of determining who this friendly ghost is.

The house continued its magical connections: a hidden book featuring a character named "Ted," a forgotten set of skeleton keys dating to 1892, and a doorbell that began ringing after decades of silence. A lantern gifted to the house was even revealed to have belonged to its original architect.

Through Ted's meticulous research and viral storytelling, the lives of past residents have come alive. Among them is WWI veteran John Briggs, whose unmarked grave will soon bear a military gravestone thanks to Ted's efforts. The neglected tomb of the mystery ghost was also restored, ensuring her legacy endures.

Mysteries of the Keyhole House is more than a magic show—it's a celebration of history, community, and the unseen threads connecting us. Witness the Outerbridges' breathtaking illusions and be part of a story where the past dances with the present, and reality intertwines with enchantment.

Don't miss this one-of-a-kind journey through time and magic!

Win free tickets to the show!

To ring in the New Year, the Outerbridges are offering IMAGE readers 40 complimentary tickets. Please write to Lisa who is handling the contest at lw@lwcommunications.ca no later than December 27, 11:59 p.m. Provide your name, the date/show time you would like to attend and your e-mail address (e-tickets will be sent via Eventbrite).

More information and tickets can be obtained at <https://tinyurl.com/KeyholeHouse-Tickets-Info>

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L'équipe d'IMAGE vous souhaite un beau temps des fêtes / The IMAGE team wishes you a happy holiday season!

IMAGE would not be possible without the many and varied contributions of an entire team of volunteers, including those captured above. Standing, left to right: Marilyn Whitaker, Philippe Bernier Arcand, Jan Meldrum, Ken Clavette, Philippe Owen, John McQuarrie, Ralph Blaine, Paula Kelsall, Dodi Newman, Christine Aubry, Jane Waterston, Judy Rinfret, Maureen Korp. Seated, left to right: Phil Caron, Frank Heilingbrunner, Betsy Mann, Larry Newman, Bob Whitelaw.

We're all in, so she can stand out.

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