



BREATHE & BE ON-LINE YOGA

April 27 to June 17, 2021

Tues. and/or Thurs. 10:00 -11:15 a.m.
8 classes- \$80 16 classes- \$160

Yoga for All Bodies & All Ages

Contact me for a FREE CLASS

jo.oosterman@gmail.com



Jo-Ann Oosterman

613-231-1073

