

DECEMBER 2019 - JANUARY 2020

DÉCEMBRE 2019 - JANVIER 2020

Winds of change whistle through Laurier Avenue shops

Larry Newman

Lucas Nault is moving but he doesn't know where. His hair salon has been in Sandy Hill at 232 Laurier East for 15 years, but will be gone in 13 months. That wasn't his plan. Lucas was a Sandy Hill resident in the Versailles, on Henderson, when it was still a family business. He just redecorated his shop and wasn't planning on moving . . . ever. That was before the representative of Arnon Corp called and told him that they were not renewing his lease.

Quel choc! Lucas said there was no room for negotiation: Arnon had another lessee. I called Arnon at the number on the sign on the second floor of the building next to Lucas, and spoke to Michael Casey who is in charge of leasing. He said that the new tenant will likely be another franchise, probably controlled by MTY Food Group. MTY owns or controls over 40 franchise brands. Lucas will be out at the end of next year. This only complicates his situation, as his other shop on Main Street is in a building that has been expropriated.

He is not the only one with a lease problem. As I walk west on Laurier Avenue East, I noticed that Timothy's is gone. Where have I been? When did this happen? It was a community gathering place.

It turns out that Timothy's is one of MTY's brands. Betty Brite Cleaners is now occupying only half of its former store. It appears that most of the offices on the second floor, above the west half of this block, are vacant and the Arnon Corporation is advertising 3431 square feet of space for lease.

continued on page 4

Photo Cristine Elrick



Remembrance Day at Viscount Alexander School. See page 19

Photo David Elden



The Collaborative Climate Bunting makes an appearance at the One and Only Craft Fair at the Sandy Hill Community Centre on Nov 9. Not only a way to share climate crisis strategies, it seems, but a place to share wishes for the weather.

Photo Kathleen Kelly



Pigeons experiencing dreary November weather on the Adawe Bridge.

Dear Reader,

If you are enjoying the spirit of giving this season, please consider making a donation to your volunteer-run community newspaper. A decline in paid advertising has left our larder bare. We are unable to offer a charitable tax receipt, but please know you will have our sincere thanks and an acknowledgement in our April issue (unless anonymity is requested). Cheques should be payable to IMAGE and left in the mailbox at 22 Russell Avenue. If you would like to arrange an e-transfer, please call 613 237 8889 or email image22@rogers.com.



Crumbs from the City re rental housing

Susan Young

It appeared promising, but in the end Sandy Hill has little to celebrate.

Last fall, having engaged with stakeholders including Action Sandy Hill, and having conducted an extensive study of rental accommodation issues across town, Maclaren Municipal Consulting, hired by the City, released an encouraging set of recommendations.

They endorsed taking a big step in the direction of a landlord licensing pilot program, something ASH believes could be a comprehensive and proactive approach to improve quality of life for students and residents in our neighbourhood. Property standards, building code conformity, and interior and exterior health and safety standards could have been the purview of such a program, ASH suggested. The pilot study, the consultants recommended, should be undertaken in Sandy Hill and two other neighbourhoods with issues relating to rental housing.

In early November, City staff released their report. There will be no licensing pilot program.

There are, however, two recommendations acknowledging the many calls to 311 Sandy Hill residents have made when bylaws are breached, in particular the exterior property standards bylaws.

The crumbs: City staff will be

- hiring some additional staff to respond to 311 complaints relating to negligent landlords, and
- levying an additional fine of \$500 when bylaw officers have to inspect a property more than once—but only for infractions relating to the exterior of properties.

This falls far short of the comprehensive approach of a licensing system ASH was hoping for.

Residents are left, still, with only one thing to do to report issues: call 311. Beyond garbage problems, don't hesitate to call in any building code issues you see, such as blocked back stairs, or too-small exit routes (especially out of basement bedroom windows), as fears remain that without proactive inspections, conditions in some students' homes will remain unsafe.

Thanks to those residents who attended one or more of the fall consultations on the study, and relayed their views on the garbage, fire, health, safety, and building code problems we witness in Sandy Hill.

Action Sandy Hill also sent in two detailed submissions, which can be seen at the ASH website www.ash-acsc.ca (search Rental Accommodation), and met twice with City staff.

To no avail.

IMAGE

Founded in 1972 under the
direction of Diane Wood

22, av. Russell Ave.
Ottawa K1N 7W8

Fondé en 1972 sous la
direction de Diane Wood

IMAGE, a non-profit community newspaper, is supported by its advertisers. Opinions expressed are those of contributors and advertisers, and do not necessarily represent those of the volunteer editorial staff.

IMAGE is published in **April, June, October and December**. 7,500 copies are printed and distributed free of charge to all residents of Sandy Hill. Free issues can also be picked up at the community centre, library and various commercial locations.

IMAGE welcomes articles, letters, photographs, notices and other material of interest to its readers in the Sandy Hill community. Name and telephone number of contributor must be included.

If you'd like to write articles, draw cartoons or other illustrations for stories, or take photographs on assignment, please call and leave your name and number at 613-237-8889. No age restrictions.

IMAGE reserves the right to edit in whole or in part all such contributions.
Tel: 613-237-8889

E-mail: image22@rogers.com.
Requests to join our IMAGE Specials email distribution list are welcome.
Website: imagesandyhill.org

Editor:
Jane Waterston

Rédactrice de langue française :
Betsy Mann

Advertising: Peter Rinfret, Carol Waters, Jane Waterston

Administration: Christine Aubry, François Bregha, Ken Clavette, David Elden, Shelley Hatt, Frank Heilingbrunner, Ron Hodgson, Claire MacDonald, Betsy Mann, Jane McNamara, Jan Meldrum, Dodi Newman, Larry Newman, Judy Rinfret, Peter Rinfret, Dave Willis, Bob Whitelaw.

Production: Jane Waterston, Bob Meldrum, Performance Printing (Smith's Falls)

Photographers: Harlequin Studios, Kathleen Kelly, Bob Whitelaw

Deadline

Reserve advertising space or let us know you have a text or photo by

March 16, 2020

(target delivery April 8)

Date de tombée

Publicité, articles, photos et autres soumissions

le 16 mars, 2020

(livraison prévue le 8 avril)

IMAGE is written, published and delivered thanks to the efforts of dedicated and talented volunteers and the support of our advertisers. Please support local businesses, especially those who advertise in and display IMAGE.

Questions re delivery?

If you live in Sandy Hill, IMAGE is delivered free to your door. Please call 613-237-8889 if you are aware of anyone or any business in our neighbourhood who is not receiving their newspaper.

IMAGE est rédigé, publié et distribué grâce au dévouement et au talent de nombreux bénévoles, mais aussi avec l'appui des annonceurs. Soutenez les commerces locaux, et tout particulièrement ceux qui font de la publicité dans IMAGE ou chez qui vous pouvez le trouver.

Questions au sujet de la distribution?

IMAGE est distribué gratuitement dans la Côte-de-Sable. Veuillez appeler le 613-237-8889 si vous connaissez un particulier qui ne le reçoit pas.

From Ken Clavette's Album of Bygone Sandy Hill

City of Ottawa Archives A2009-0257

Postal Terminal building—Besserer at Sussex

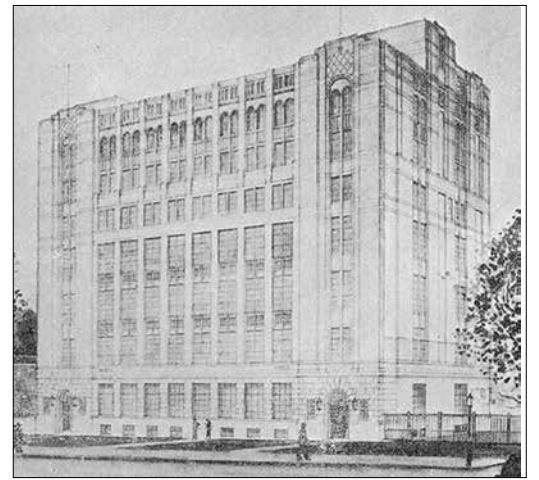
Sandy Hill was once home to the city's main Post Office Terminal. Located on Besserer at Sussex, it was opened in 1936. It was a seven-storey Art Deco building designed by architect Cecil Burgess. That location was ideal because it connected directly to the railway network along the canal at a time when mail was moved by train.

LAC MIKAN 3383638



Letter carrier at the Main Postal Terminal, Feb 7, 1938

In the mid-1960s, plans were underway to build a new postal terminal along with a new train station outside of downtown Ottawa. In 1972 the federal government promised that as development took place three heritage buildings were to be saved: the Union Station, the Transportation Building, and the Postal Terminal. But by the time Rideau Centre mall was opened on March 16, 1983 the terminal was gone, sacrificed to progress.



Built in 1935 the Art Deco Postal Terminal building on Besserer St.

PA-166789



Christmas 1943: Students help sort mail for soldiers overseas. Note the separation between girls and boys.

1953 Source unknown



Rear of the old Ottawa postal station on Besserer St

I had a short-lived career working in that Besserer building when, in 1973, I and fellow high school class mates signed on to be Christmas mail sorters, working the graveyard shift. I fell asleep while sorting the mail and in class the next day and never returned. I left with a new respect for night shift workers and postal employees in general. I regret I did not appreciate the building when I had the chance.

IMAGE Abroad – Brandenburg Gate, Berlin, Nov. 2019



Chez Lucien

BAR

137 Murray
@ Dalhousie
Byward Market
241.3533

*Sandy Hill's
place
in the Market*

*Côte-de-Sable
se retrouve
au Marché*



Season's Greetings from IMAGE

The people who brought you IMAGE through 2019 gathered in November for this photo and an early Christmas party. Pictured above are: (kneeling/sitting) François Bregha, Shelley Hatt, Judy Rinfret, Jane Waterston, Jan Meldrum, Denise Killick, Diane Beckett; standing in front (including those wearing green) Sally Southey, Jan Finlay, Cyril Dabydeen, Betsy Mann, Frank Heilingbrunner, Wendy Duchesnes, Jane McNamara, Claire MacDonald, Marilyn Whittaker, Larry Newman, Bob Whitelaw, Dave Willis; (back) Ben Belisle, Susan Young, Peter Rinfret, Rob MacDonald, John Cockburn, Yvonne van Alphen, David Elden, Bob Meldrum, Ralph Blaine, Paula Kelsall.

Photo Harlequin Studios

WE ARE SEEKING AN EDITOR

The above photo of most members of the IMAGE production team illustrates the community commitment to our local paper. Some of these people have been working as volunteers with IMAGE for years, others have just become involved.

While our longtime editor plans a well earned hiatus, we intend to maintain this important community communiqué—the local source of news since 1972.

A provisional board is setting up a non profit corporation to oversee the work of teams headed by our business manager and a new editor (or editors) who decides on content, assigns or receives articles, and supervises the work of copy editors and writers. IMAGE is published five times per year.

Editing IMAGE is an opportunity to better understand and communicate with this special neighbourhood. If that is appealing, share your interest and energy by applying, alone or in company, to take on editing and ensure the viability of our best source of local news. Guidance and assistance are assured.

Contact

IMAGE
Sandy Hill Newspaper (and Website)
c/o 22 Russell Ave., Ottawa K1N 7W8

image22@rogers.com

IMAGE

We Want You!

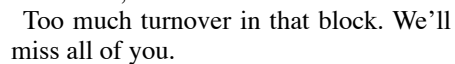
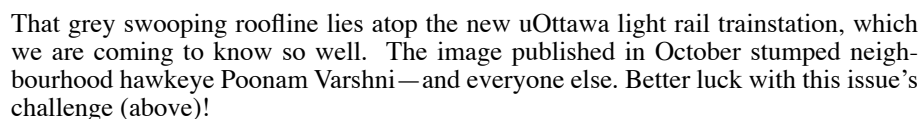


Editor - to oversee the work of copy editors/writers and the layout.

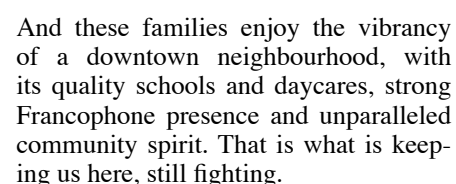
Step up and contact IMAGE to ensure the viability of our best source of local news and views. Guidance and assistance are assured.

DON'T DELAY, APPLY TODAY!

Where have you seen, on your walks around Sandy Hill, this fun construction? Let us know and we'll salute you in the April-May IMAGE.



The battle is very real indeed, but Sandy Hill remains a great neighbourhood—my block has more children on it now than when we moved in 13 years ago.



Christine Aubry
Blackburn Ave.

Now "our" tree is threatened as well. The proposed construction will pave over about 20% of the critical root zone in ad-

In the meantime, God help all of us who have a distinctive tree under threat by imminent construction. Because the City of Ottawa will not.

Mateja Šajna
125 Marlborough Ave.



Please feel free to take a moment and explore some of our exceptional spaces at **Denys.ca**.

Paul Deryn

EXPERIENCE THE DENYS DIFFERENCE

*Eye on Development***Wilbrod woes may soon be gone***Photo Harlequin Studios*

These two derelict houses at 197-201 Wilbrod St, have sat empty since 2005. Empire Holdings has purchased them from the Lauzon group of companies and proposes to replace them with the low-rise, 22 unit apartment building (with no parking) pictured below. The design has been submitted for planning approval from City staff.



VIEW FROM WILBROD STREET (PROPOSED)
EMPIRE HOLDINGS: PROPOSED APARTMENT BUILDING, 197-201 WILBROD ST., OTTAWA, ON

BAIRD FALKENBERG
ARCHITECTS INC.

**FREE 2019
REPORT**

HOUSE PRICES IN SANDY HILL



Curious to know what your house may be worth?

Here's an easy way to find out what **Sandy Hill** houses are selling for in today's hot market.

Get a free report with up-to-the-minute statistics, based on all the houses for sale and sold on MLS® in the last six months.

To get your free 2019 Report on Sandy Hill prices, sign up online at www.SandyHillMarketReport.com.



Not intended to solicit buyers or sellers currently under contract

ROYAL LEPAGE
Performance Realty
Brokerage, Independently Owned and Operated

**COX
HOME
TEAM**

Jim and Lynda Cox

Sales Representatives

(613) 231-4663

Jim@CoxHomeTeam.ca · Lynda@CoxHomeTeam.ca

www.CoxHomeTeam.ca

ST ALBANS

Christmas Eve

16h00 Noël! (en français)

5:30pm Christmas Story

9pm Candlelight Service

Christmas Day

10am Holy Eucharist & Carols

St. Albans Church

454 King Edward at Daly

K1N 7M8

613 236 0342

info@stalbanschurch.ca

stalbanschurch.ca



St-Bernard

La Communauté de

St-Bernard à

l'Église St-Alban

Tous les dimanches à 12h00.

Inclusive. Progressive.

Contemporaine.

communautestbernard.ca

Serving Sandy Hill

since 1867





Version française disponible en ligne au mathieufleury.ca : Notez que nous alternons de mois en mois entre le français et l'anglais

Happy Holidays!

2019 – a look back at another busy year, looking ahead to more exciting projects

Another year is coming to a close, and what an important one it has been for our community. I am pleased to say it been a great year for Sandy Hill.

Steps away from the community, the City's light rail transit is now up and running and that has opened up several opportunities for the community, including updates to main roads, winter cycling maintenance along the LRT and improvements to transit service.

COMMUNITY BENEFITS

Set to be approved in the City's 2020 budget is the funding for Strathcona Park's new gazebo. This major capital funding from the City complements the community's efforts to raise half the financing for the project – a retro gazebo for the park. The National Capital Commission removed the original gazebo in the park in 1961.

Updates are coming to the intersection of Laurier Avenue and Nicolas Street, with the design phase taking place over the winter. Changes include a double right turn from Laurier to Nicolas with a separate cycle track. Work is expected to begin in July. Stay tuned for updates on this exciting project in Spring 2020.

Work regarding Russell, Templeton, Mann and Range streets is moving along; 2020 will see the completion of the work along Mann Avenue and Range Road. The project involves the rehabilitation or replacement of sidewalks, road structures and pavement, along with watermain, sewers and laterals services to the property line. This project also includes lighting and tree improvements. The intersection of Mann Avenue and Range Road will get a new light, and 46 deciduous trees and 22 coniferous trees are proposed as part of this project, according to the landscape drawings from the City. Additionally, a new continuous sidewalk is proposed on the east side of Range Road, from Mann Avenue to Somerset Street East.

WINTER CYCLING

For our winter cyclists, I am pleased to say that the multi-use pathway along the LRT, from Tremblay Station to uOttawa Station will be maintained this winter. On-street cycling lanes will be plowed following 2.5 to 5.0 cm of accumulation, within 24 hours following the completion of snow accumulation. The complete winter cycling network is available on the City's GeoOttawa website, maps.ottawa.ca/geoOttawa.

From Team Fleury to everyone in Sandy Hill, we wish you a very happy holiday, and we are looking forward to working hard for the community in 2020.

MATHIEUFLEURY.CA | @MATHIEUFLEURY
613 580-2482 | MATHIEU.FLEURY@OTTAWA.CA



Gwen Latulippe receives the Order of Ottawa

November 21, 2019 — A graduate of De La Salle high school and the University of Ottawa (sociology, communications), former Sandy Hill resident Gwen Madiba M. Latulippe is an international public speaker and an advocate for women and children's rights. A designer and former model, she founded the University of Ottawa Black History Month Gala and launched the ONE VOICE campaign to raise awareness of violence against women in Ottawa. She is now working on a documentary called LEADHER, showcasing the obstacles and triumphs of women in leadership positions around the world. Also inducted at the ceremony were Anand S. Aggarwal, Dr. Roland Armitage, Claude Bennett, Katherine Cooligan, Kathleen Edwards, Lisa Hébert, Marc LeBoutillier, Jean-Michel Lemieux, Madeleine Meilleur, Hindia Mohamoud, Bernard A. Poulin, L.A. (Sandy) Smallwood, Kenneth Tammadge and Chef Ric Watson.

Action Sandy Hill notebook

From bylaws and beautification to winter fun and zoning R4

Jan Finlay

These were the items discussed at the ASH November board meeting; a summary to keep you up-to-date and involved with your community.

Winter Carnival will be held January 19, 2020 at the Sandy Hill Community Centre. Christine Aubry is organizing the event.

Contract for maintaining the community rink. ASH currently has a group of young people who are willing to take on its contract with the City to maintain and supervise the community rink at Sandy Hill Community Centre this winter. They invite others in the neighbourhood who might be interested in managing the contract to make their pitch to ASH at info@ash-acsc.ca. The work is remunerated. Please send a paragraph by mid-December describing why you and/or your group would be best placed to take on the initial building of the rink, regular maintenance (up to 4 floodings a week, snow clearing) and rink supervision (every evening, and on weekends).

Winter trail grooming. The Eastern Rideau River Winter Trail runs along the east side of the Rideau River from Montreal Rd. to the 417. Councillor Fleury is looking for volunteers to help with grooming; contact mathieu.fleury@ottawa.ca. It was groomed twice last year. Organizers hope to groom it 10 times this winter. ASH is looking for someone with a snowmobile that could be used for trail grooming. Contact info@ash-acsc.ca.

Nominations for ASH board members. For personal reasons Joel Mader and Jeremy Silburt have resigned from the ASH board. This leaves the board with only 10 members. A call for nominations has gone out to the community. Please send your nomination to ASH by email at info@ash-acsc.ca or by letter to Action Sandy Hill, 250 Somerset E. (K1N 6V6) by mid-December. The board will make the appointment(s) at its regular meeting on January 27, 2020. Please ensure that each nomination includes:

- Name of nominee (and nominator if different)
- Telephone number of nominee
- Address of nominee
- A clear statement that the nomination is for the position of Director on the board of ASH.

The term would be until the AGM in May 2020, when the successful nominees could run for election for a two-year term.

The Sandy Hill and Lowertown Youth Mentorship Project. This is a project to match youth (grade 10 to university) with professionals from their own neighbourhoods in Sandy Hill and Lowertown. A 12-person committee is working on the project. Seetal Sunga is the ASH Board representative and Sabrina Mathews is the contact person. A free Connections for Success Mentorship Event is being planned for February 9 at the Sandy Hill Community Centre. Students can sign up online at tiny.cc/n85rez. Interested mentors can submit their names to Sabrina Mathews at smathews@magma.ca. Deadline for all submissions is January 9, 2020.

Problem addresses and bylaw infractions. The City of Ottawa has struck a task force to look at problem addresses. The task force members represent City bylaw, community police, fire, and public health. To date one Sandy Hill address has been placed on the list. Tyler Patterson provided the following statistics for bylaw infractions in

November: noise 42; property standards 30—down from 74 for the same period in 2018; and zoning 2. There were no graffiti infractions reported in November.

Gazebo a go. The gazebo project for Strathcona Park has been approved. Barry Padolsky will be providing architectural drawings pro bono. ASH will be setting up a steering committee for this project. If you are interested in helping, please contact the board at info@ash-acsc.ca.

Transportation plan. The City of Ottawa is updating its transportation plan over the next two years. ASH will give feedback as the process goes forward. ASH will also be giving feedback to the City's road safety initiative announced on November 25. Segregated bike lanes and more traffic lights are major parts of the initiative.

Climate Solutions and the Ottawa Plan. Diane Beckett and Seetal Sunga represented ASH at a workshop entitled "Climate Solutions and Ottawa's Official Plan" on November 15 and 16. The purpose was to build consensus among community-based organizations and neighbourhoods in Ottawa on actions the City might build into the Official Plan concerning the climate emergency. The recommendations went to City Council on December 12, 2019.

At the workshop, Diane and Seetal helped develop recommendations around ensuring that climate change be a core concern for all planning.

The organizers have produced a short executive summary of the workshop products. Find a report on the ASH web site ash-acsc.ca/ with a link to the summary. ASH will continue to work on climate change issues and priorities in our community.

Have your say... City consultations available for residents. At the City of Ottawa's engage.ottawa.ca site you can find two consultation opportunities. One is a request for input to the City's review of Programming for the Downtown Core Plan. Christine Aubry and Suneeta Millington will be answering the six questions as ASH's representatives. The other opportunity is directed at the City's review of its 10-year Homelessness Plan. ASH encourages Sandy Hillers to take this opportunity to have your voice heard on these important subjects.

R 4 zoning issues. Sandy Hill has some unique issues to which the current R4 zoning does not respond well. ASH will have an opportunity to respond to the R4 paper, expected mid-December, with a focus on these Sandy Hill issues.

Renewal at Laurier Station and Rideau Street. The City and uOttawa are currently working on a plan for the renewal of the former OC Transpo Laurier Station at the corner of Laurier and Waller. The project should start in the spring 2020.

The Rideau Street Renewal Plan is progressing. The area from Dalhousie to Sussex will have 10-metre sidewalks. The area for westbound buses will accommodate four buses and be located on Rideau in front of Urban Outfitters. The eastbound bus area, located in front of Farm Boy, will be the same size. The City will be updating Rideau Street's street furniture all the way to the Cummings Bridge.

Committee for Somerset East beautification. Bob Forbes is looking for volunteers to form a committee to look at Somerset Street East beautification. The committee would do some preliminary street visioning, looking at what's been approved, what's outstanding, what's been done to date such as the street greening, all of which could lead to asking Councillor Fleury to lead a design charrette. Volunteers can indicate their interest at info@ash-acsc.ca.

Eye on Development

Another stab at developing 244 Fountain Place



Larry Newman

TCU Development Corp. is making another attempt to develop the property at 244 Fountain Place. This is a property that abuts Besserer Park to the north, 612 Besserer Street to the southwest, and 250 Fountain Place to the south.

Its first attempt was in November 2016 and featured two low-rise buildings with a courtyard between them. When that design was unsuccessful, TCU proposed a single six-storey building the following year. This was revised in 2018 and again was unsuccessful. The current design features a four-storey building with 20 dwelling units: twelve two-bedroom units, six one-bedrooms and two studios. TCU has a history of building student housing in Sandy Hill. This looks like another one.

TCU has a table showing 20 zoning provision for low-rise apartment buildings. This application does not conform to 11 out of the 20 zoning provisions! These non-conformances include: minimum lot width, minimum front yard and side yard setbacks, minimum amenity area, maximum driveway and pathway widths, and streetscape character. This is a large building shoehorned into a small lot.

TCU's plan shows parking for two cars in the basement and three at the rear of the building. They show a driveway from Besserer Street through Besserer Park to access the three parking spaces. Several trees will be removed.

On-street parking is already scarce on Fountain Place. Although the application meets the zoning requirements for parking, it's clear that a total of five parking

spaces for 20 units will push parking for residents and visitors onto Besserer Street, Daly Avenue, and Wurtemburg Street. Those streets have one-hour daytime parking, necessitating frequent daytime turnover. Rideau Street provides no daytime parking. Neighbours living at 250 Fountain Place have suggested that the only solution is underground parking for this new development.

This property has quite a slope in the rear. The current proposal calls for retaining walls to be built on the northern and western slopes. Disturbing these treed slopes could cause earth movement and foundation problems for the uphill properties over time. Previously, the City experienced costly legal action dealing with slope stability on the same western steep slope affecting the former building at 612 Besserer Street.

One further thing to remember about Fountain Place is that it owes its name to a spring that used to run there. Farmers from Overbrook would water their horses before climbing the hill on Rideau Street on the way to the ByWard Market to sell their goods. If the spring still exists, it reinforces the fact that there are soil stability issues that one needs to worry about in any construction abutting the hill.

Their plan is quite a stretch. It does not meet 11 zoning provisions, and the parking plan requires a driveway through public property, Besserer Park. Their 2018 application was non-conforming with only five zoning provisions and did not affect Besserer Park. TCU may be moving in the wrong direction.

Note: much of the commentary on this application was obtained from Michael Barnes, a Besserer Street resident.



October 18, 2019 — A ceremonial sod turning happened at Rideau and Charlotte Streets as the Singhal family (the developers), Richcraft Homes staff (the builder), and local politicians marked the launch of condo sales for The Charlotte. The 14-storey tower will have 212 units and will stand where once there was a car lot on Rideau near Cobourg. Above: Councillor Mathieu Fleury, Mayor Jim Watson, Monica Singhal's son Chet, Kris Singhal, Steve Grandmont (Richcraft), Monica Singhal and Angela Singhal.



L'honorable Mona Fortier

Ministre de la Prospérité de la classe moyenne et ministre associée des Finances, C.P. députée d'Ottawa-Vanier
Minister of Middle Class Prosperity, and Associate Minister of Finance, P.C. M.P. Ottawa-Vanier

613 998 1860 • mona.fortier@parl.gc.ca • www.monafortier.ca



@EquipeTeamMona



@MonaFortier



@MonaFortier

La force d'Ottawa-Vanier est sa diversité et ce sont ces multiples voix qui m'inspirent dans mon travail. Nous avons aidé plus de 15 000 enfants de notre circonscription chaque mois grâce à l'Allocation canadienne pour enfants et réduit la fréquence des débordements d'égouts dans la rivière des Outaouais. En effet, je suis fière du changement réel que nous avons mis en œuvre au cours des deux dernières années.

Je tiens à remercier les résidents d'Ottawa-Vanier de m'avoir accordé leur confiance et leur soutien pour un deuxième mandat ainsi que le premier ministre Trudeau pour ma nomination en qualité de ministre de la Prospérité de la classe moyenne et ministre associée des Finances. Bien que je sois fière de ce que nous avons accompli jusqu'à présent, j'ai hâte de poursuivre ensemble ces progrès et de travailler à améliorer la qualité de vie des résidents à Ottawa-Vanier. Je suis impatiente de travailler avec mes collègues du caucus pour rendre la vie plus abordable pour les Canadiennes et Canadiens partout au pays.

À l'approche du temps des Fêtes, je veux encourager tout le monde à soutenir nos banques alimentaires locales. Dans notre communauté, nombreux sont celles et ceux qui doivent compter sur les banques alimentaires afin de recevoir de l'aide pendant cette période des Fêtes. Grâce à l'excellent travail des organisations locales, beaucoup de gens dans notre communauté pourront passer une meilleure période des Fêtes.

Comme toujours, mon bureau de circonscription est là pour vous appuyer dans vos échanges avec les services fédéraux. Il est ouvert du lundi au jeudi de 9 h 30 à 16 h 30 et le vendredi de 9 h 30 à 16 h. Communiquez avec nous au 613-998-1860 ou envoyez un courriel à mona.fortier@parl.gc.ca.

Ottawa-Vanier's strength is its diversity and it is these multiple voices that inspire me in my work. From helping over 15,000 children in our riding every month with the Canada Child Benefit to reducing the frequency of sewage overflows into the Ottawa River, I am proud of the real change we have implemented over the past two years.

I want to thank the residents of Ottawa-Vanier for giving me their trust and support for a second mandate, and thank Prime Minister Trudeau for his trust in recently appointing me as the Minister of Middle Class Prosperity and Associate Minister of Finance. While I am proud of what we have achieved so far, I am eager to build on that progress together and work to improve the quality of life in Ottawa-Vanier even more. I am looking forward to working hard with my caucus colleagues to make life more affordable for Canadians across the country.

As we approach the holiday season, I want to encourage everyone to support our local food banks. There are many in our community who must rely on food banks for help getting through this holiday season. Thanks to the great work of local organizations, many in our community will enjoy a better holiday season.

As always, my constituency office is there to help you with any interactions with federal services. It is open Monday to Thursday from 9:30 to 4:30, and Friday from 9:30 to 4:00. Give us a call at 613-998-1860, or send an email at mona.fortier@parl.gc.ca.



MYOBALANCE

REGISTERED MASSAGE THERAPY

457A Sussex Drive, Suite 201

SANDY HILL CLIENTS

We have moved our clinic to a new location but luckily we didn't go far. Join us in the nearby ByWard Market on Sussex Drive. See you at your next appointment!



BOOK
ONLINE

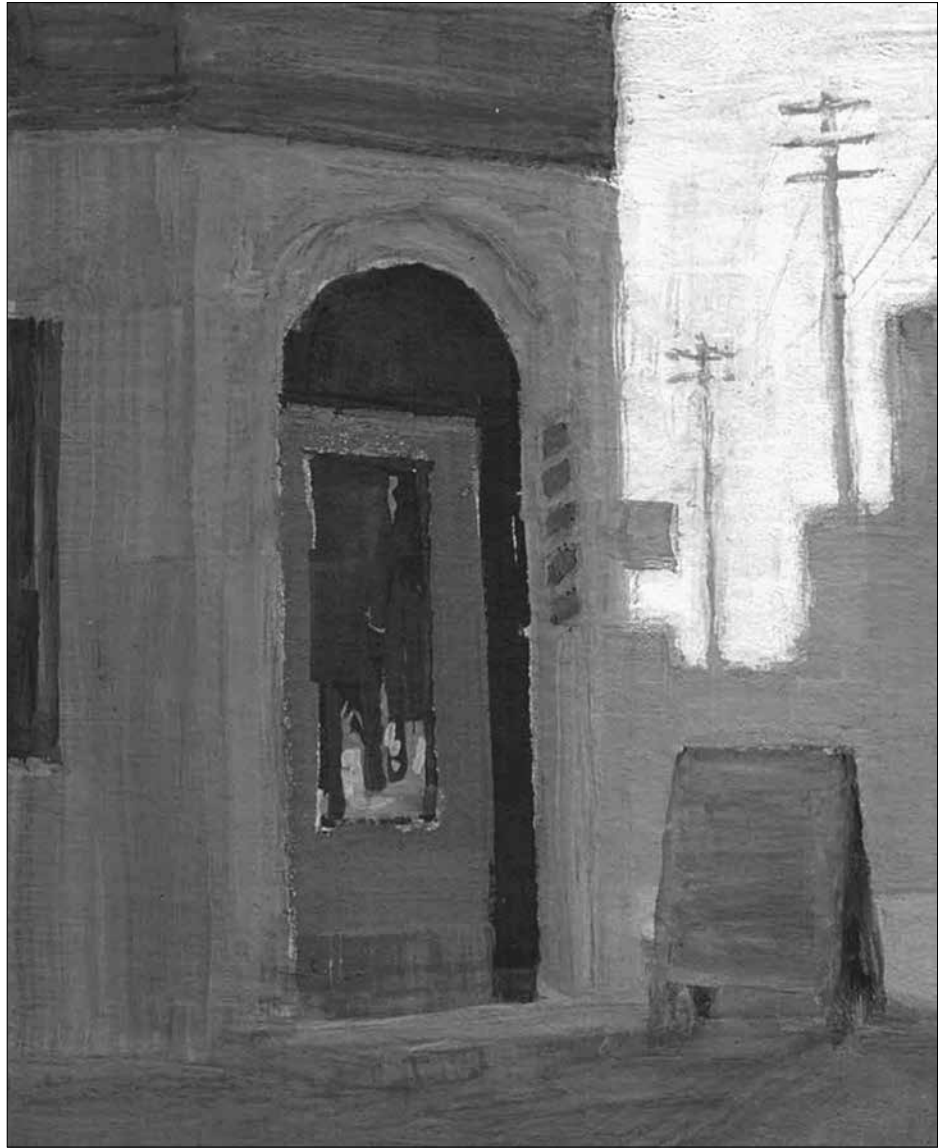
myobalance.ca

WEEKEND & EVENING
APPOINTMENTS

ottawa@myobalance.ca

DIRECT
BILLING

T: 613.241.4434



Commercial buildings with their public entrance in one corner used to be common.

Celebrating Sandy Hill shops and shopkeepers
Snobby’s Barbershop, 250 Laurier Ave. E.

Photo Harlequin Studios



Above — Chris Hagg offers students a cut for \$17, non-students \$20 at Snobby’s Barbershop on Laurier Ave. East.

Right— Qué Luong has been the Proprietor of Brooklyn Hair on Mann near Blackburn for the past four years; prior to that, she was a stylist at Shannel Hair Design for eight years. Qué’s expertise in hairstyling and her welcoming personality have drawn many residents of Sandy Hill and elsewhere to her salon. She also volunteers at the Centre 507 drop in on Bank St., giving free hair cuts to the visitors. — Kathleen Kelly

Panda-monium yet again

Robert Forbes

The Town and Gown Committee was set up more than six years ago as a forum for stakeholders in Sandy Hill to work more closely together, anticipate and resolve problems and keep communication channels open. Staff from the University of Ottawa (police, by-law, solid waste etc.), the Eastern Ontario Landlords’ Organization (EOLO), student representatives, and volunteers from Action Sandy Hill attend. We meet several times a year, with Councillor Fleury as chair, to hash things out. Residents are welcome to attend, and should contact the councillor’s office to receive a meeting invitation.

The group has been working to provide direction through all the ups and downs that the community has seen since 2013. Increased university enrolment has led to pressures that you, as a Sandy Hill resident, no doubt already know about. A few years ago the community submitted a petition of over 1000 signatures calling for more residences on campus, and ASH continues to work to influence the university’s long-term strategies. At the tactical level the T&G committee has been more successful: the coordination of move in and move out and education of new students about noise, garbage, etc. are priorities.

One of our challenges in the past few years has been the “street party” that happens on one block of Russell Avenue on the day of the Panda Game. It is now

ridiculously easy, via social media, to organize events like this that attract hundreds of participants, very few of whom actually live on the street. Each year huge amounts of City, university and community time and money is spent planning how to respond. Our main objective is safety. We are enormously concerned about large crowds and the consumption of alcohol that the day is famous for. Two years ago one group of young people were being encouraged by the crowd to “surf” on a plastic table from the roof that they had climbed. It didn’t happen, but you can imagine the consequences if it had. The other concern is the security of the people living on the street and their property. There are no washrooms set up for an illegal street party; trespassing to urinate on someone’s property has been commonplace even when the police have been there in numbers. And given the enormity of the event it was not surprising to learn last year that there were attempted break-ins in broad daylight and property damage.

In contrast, this year the university student union did the community a service by setting up a licensed “tailgate” party at Sandy Hill arena to encourage students to move to an open space. It had music, free food, shuttle buses and allowed bring-your-own alcohol consumption. Simultaneously, badly outnumbered police tried to manage the partiers on Russell Avenue. Although there were 1600 “pour outs” and 42 alcohol-related charges in Ottawa that day, results were once again limited. Russell Avenue residents told us that they didn’t have the support they needed.



The 2018 pre-game street party on Russell Avenue.

Away from the fun of the game, the cost of Panda in policing and other emergency services is enormous. The two universities and OSEG were told by the City that they are expected to pay a large fraction of these costs. We heard at the November 28th debrief that Mayor Watson has reduced this amount, meaning that Ottawa taxpayers will be paying the difference.

Next year the student union will be hosting a larger tailgate party, likely at the arena. The T&G committee will continue to press for more to be done to keep the day safe for all.

Celebrating Sandy Hill shops and shopkeepers
Brooklyn Hair, 115 Mann Ave.

Photo Kathleen Kelly



Part two – solutions discussed

Is Sandy Hill going down hill?

Larry Newman

In Part One of this topic, published in the last issue, I reported on trends that have recently grown to become problems in Sandy Hill. We can now walk down the street and see people injecting drugs. Some are aggressive in speech or manner. We see more people just loitering, mainly on Rideau and the western end of Daly. This has been an occasional experience for the last few years (at least 10) but not to the extent that one must walk slalom fashion down Daly between groups of people, just hanging out. Most, I suspect, are homeless. There seem to be more reports of hypodermic needles found in parks and other public places. This is becoming scary.

What has caused this increase in drug use and associated behavior in Sandy Hill? I believe that drug addiction is one element of interlocking issues including homelessness, joblessness, and mental health disorders. Mathieu Fleury moderated a meeting on September 11 to let people air their complaints and more importantly to listen to their solutions.

There were several solutions proposed:

More security (especially from Ottawa Police) is needed, particularly in the area around the Sandy Hill Community Health Centre (SHCHC). The Ottawa Police (OPS) were present at the meeting on September 11 and spoke about the efforts that they have made to deal with loitering and drug use. They made the point that they are taking this situation seriously. Since the meeting there are indications that they are delivering. OPS Bikes and Beats have been seen several times dealing with loitering problems on Daly and in the neighbourhood around Augusta and Besserer. Also, the SHCHC has hired people to secure the area around the centre. With more security presence, I suspect that aggressive behavior will abate although it has been reported that people who inject and meet to make deals don't go far, just a short distance into the surrounding neighbourhood.

More supervised injection sites (SIS) throughout the city.



Source: Coalition of Community Health and Resource Centres

Location of supervised injection sites in Ottawa, November 2019

There are 11 community health centres in the central part of the city. One is in Sandy Hill and it's one of only four city locations with a Supervised Injection Site. Other sites are at the Somerset West CHC, Shepherds of Good Hope, and an Ottawa Public Health site on Clarence St. at the ByWard Market. The suggestion was made and agreed upon that these sites should be distributed more widely throughout the city. The Province has apparently decided to concentrate rather than distribute the SISs. They will discontinue the funding for the ByWard Market site and add more booths to the Ottawa Inner City SIS at the Shepherds of Good Hope.

Legalize all drugs. This is a somewhat radical move but not generally unpopular. There may be an impetus in that direction. The federal Standing Committee on Health recently recommended that the government "work with provinces, territories, municipalities and Indigenous communities and law enforcement agencies to decriminalize the simple possession of small quantities of illicit substances."

This past July, Health Canada called for proposals to increase access to pharmaceutical-grade medications. The NDP and the Green Party both favour decriminalization of all drugs. It remains to be seen how these measures, if enacted, would alleviate the drug based problems in Sandy Hill. Of course, the problem of providing a safe supply of drugs remains.

There were two infrastructure changes suggested by attendees: **better lighting at the corner of Nelson and Besserer as well as re-opening Nelson Street.** Better lighting will expose drug deals and injecting as well as create a safer place for local residents. I suspect that dealers and addicts would find another location, probably still in Sandy Hill, close to the SHCHC. At least it would be a step in the direction of residents reclaiming their nearby streets.

It's not clear what the advantage would be to removing the street closure except to possibly reduce loitering. However, since the SHCHC is at that corner, it's likely that loitering will remain, perhaps at a reduced level. Recently, a group of residents of the block of Daly housing the Mission made a case to Action Sandy Hill for opening Daly to Waller. They think that this will increase traffic and discourage loiterers from blocking the street. Surrounding neighbours in other streets may be cool to the idea of more traffic.

Betsy Schuurman (betsyinsandyhill@gmail.com) has started canvassing for the establishment of a **Neighbourhood Watch in Sandy Hill.** She started on her block of Besserer, from Chapel to Augusta, and will welcome efforts to include other blocks. Ottawa Police Services requires at least a 50% participation rate for each block. One of

Straightforward · Caring · Dedicated

Janny, Jeff & Shan...

The Power of Three... Working for You!™

proven performance in
Sandy Hill since 1986



JannyMills · JeffRosebrugh · ShanCappuccino
Sales Representative Sales Representative Sales Representative

ROYAL LePAGE
Performance Realty
Brokerage, Independently Owned and Operated

613.238.2801

jannyjeffandshan.com



the advantages of Neighbourhood Watch is its visibility to those who would contemplate theft or vandalism. Another is that it tends to bring neighbours together in support of a common cause.

Need easier methods of reporting, especially for non-emergency situations like loitering and suspected drug dealing. The police have recently changed their telephone number to 613-236-1222 ext. 7300 for non-emergency calls. You can also use an online form to report various illegal acts such as theft or drug dealings. The emergency number to call is still 911. The OPS (ottawapolice.ca) has a presentation that explains how to contact them for emergencies as well as non-emergencies.

Provide more support and employment opportunities for people loitering and injecting. There are various agencies like Ontario Works, Ottawa Employment Hub, and Causeway Work Centre that are equipped to help people find employment. These organizations are especially organized to help people who have been unsuccessful in holding a conventional job. Are the various governments providing enough support to these agencies?

Provide more housing. This is a longstanding problem and there are agencies (local, provincial, and federal) that specialize in finding or funding housing for homeless people. It's a tough job to find housing in Ottawa as the rental vacancy rate continues to drop. The latest vacancy rate for Ottawa from CMHC is 1.6%! An indication of how low this is comes from our councillor, Mathieu Fleury: he said that there was \$900,000 last year in **unused** rent supplement money because so little rental housing could be found. The waiting list for subsidized housing is in excess of 10,000 households. Housing is expensive too. Households in the lowest income quartile spend an average of 73% of their income on housing.

PROPORTION OF RENTER HOUSEHOLD INCOME SPENT ON RENT PLUS UTILITIES

	Name	Household Income Range	Quartile	Average Income	Studio	1-Bed	2-Bed	3-Bed	4-Bed	All Units
Ontario	Ottawa	\$0 to \$24,310	Q1	\$13,909	61%	63%	82%	97%	112%	73%
		\$24,310 to \$46,709	Q2	\$35,417	29%	33%	37%	39%	44%	36%
		\$46,709 to \$76,132	Q3	\$60,306	18%	21%	24%	27%	28%	24%
		\$76,132 +	Q4	\$116,617	11%	14%	15%	16%	16%	15%
			All		28%	26%	24%	23%	22%	24%

Source: Canadian Rental Housing Index (rentalhousingindex.ca/en/#affordability_csd)

In spite of the decision by all levels of government that housing must be found for homeless people, there are still too many living on the street. This is a profound problem and my next article will focus on government efforts to solve it.

Celebrating Sandy Hill shops and shopkeepers

The Barely Bruised book store, 315 Wilbrod



Mary Stuart and Milo the cat kept the used bookshop (now in the same building as the Happy Goat) in late November while proprietor James MacKillop was in Newfoundland for a family emergency.

Photo Harlequin Studios

Celebrating Sandy Hill shops and shopkeepers

Laurier Office Mart, 266 Laurier Ave. E.

Houry Avedissian and Alec Avedissian provide service, and all sorts of goodies for the office, with a smile at their neighbourhood landmark. And their co-worker Sako Torossian can always raise a laugh.

Photo Harlequin Studios



Ottawa Neighbourhood Study

Take a look at Sandy Hill's profile

John Cockburn

Interested in how Sandy Hill compares to other Ottawa neighbourhoods on key social and demographic factors that contribute to a happy, healthy and productive life? The Ottawa Neighbourhood Study (ONS) website does just that. Or, perhaps you are interested in how far you have to walk to a grocery store or the number of coffee shops in the hood compared to say the Glebe or Westboro. Have a look at: <https://www.neighbourhoodstudy.ca/>

ONS is based at the Centre for Research and Education in Community Services at Ottawa University. It maintains a database that municipalities, community organizations, health and social service agencies, and citizens can use for evidence-based community planning and thereby improve the places in which we all live, work and play. The database has been supported by contributions from a number of Ottawa social agencies.

Examples of the themes around which the comparative data is organized are Arts & Culture, Economy and Employment, Education and Learning, General Demographics, and Health and Wellness.

The data base is fairly easy to use if you spend some time on it so be patient. The background and philosophy underlying ONS are well described in the ONS Infor-

mation section of the website. There are some counter-intuitive findings though. For example, median pre-tax income for Sandy Hill residents is reported as about a third lower than the city as a whole or neighbourhoods such as Centretown and Old Ottawa East. This may be the impact of the large student population as we all know that students are typically income challenged and thus median income data may not be reflective of permanent residents. Potentially this may affect other attributes as well.

As for the future, the ONS five-year plan identifies the following goals:

- To provide relevant, useful, and trustworthy information about Ottawa neighbourhoods that will support place-based planning and evaluation, program development, service delivery, advocacy, and community action;
- To advance and share evidence about how neighbourhood determinants of health contribute to health and promote well-being in the City of Ottawa;
- To provide opportunities for dialogue about healthy neighbourhoods.

ONS is currently reaching out to Ottawa's social-funding agencies for continuing support to address these worthy goals. Whether you are a policy wonk, a community activist or an interested resident seized by knowing the incidence of coffee shops, the site is worth a visit.

Sandy Hill: General demographics

Population & age		
Indicator	Sandy Hill	Ottawa
Total population	11480	916855
# Children (0-14)	1080	155440
# Youth (15-24)	3170	124855
# Adults (25-64)	5950	504205
# Seniors (65+)	1285	132355
% Children (0-14)	9.4	17
% Youth (15-24)	27.6	13.6
% Adults (25-64)	51.8	55
% Seniors (65+)	11.2	14.4

Ottawa Neighbourhood Study

An example of one of the many charts for Sandy Hill. Under the heading General Demographics, population and age in the neighbourhood is compared with that in the city as a whole. Note the large percentage of people from 15-24. All our Ottawa U students, no doubt.



Michael Mason, Ottawa Police

Something strange in the neighbourhood? Who you gonna call?*

John Cockburn

As a preliminary to its November board meeting Action Sandy Hill hosted a presentation by Michael Mason of the Ottawa Police Service (OPS) Communication Centre. The purpose of the presentation was to describe the services that the centre provides. Many at the meeting were aware of 911 and 311 for emergency and disturbance calls. Fewer at the meeting knew of accessing the Police Reporting Unit through the OPS general number.

The protocol under which the centre operates is that:

- for life and death emergencies or a crime in progress 911 is your call;
- for situations for which a police officer is required at the scene and there is a potential for injuries, calling the general number 613-236-1222 and pressing 1 then 2 at the prompts is your call;
- for those incidents that are not in progress, no medical attention is required and there is no partner involved, the general police number plus extension 7300 will get you where you need to go.

There is a provision for leaving a message in the third option or alternatively the report can be submitted on line.

Mason is the supervisor of the unit comprised of civilian agents who in 2018 handled 91,000 calls. This is about a third of all calls to OPS and generated 35,000 reports of which 20,000 were submitted on line. Michael stressed that these reports are key elements in dealing with crime-related incidents in Ottawa.

Reports taken by the Police Reporting Unit include: missing persons, stolen vehicles, break and enters (residential & commercial), minor assaults, mischief, fraud, drug complaints, traffic complaints, harassing phone calls, suspicious activity (after the fact)...and any other report that does not require police to attend the scene.

The reports are analysed by an investigator who will determine what follow-up action may be required. For example, in the case of a break and enter an officer may be dispatched to assess the scene.

While not perhaps always resulting directly in investigation, arrest and prosecution, they are important data for establishing trends and in some cases providing forensic evidence. He noted that in filing a report for, say, a break and enter, all details and photos are welcome and valuable.

Mason's parting words in the presentation stressed that in spite of occasional reports on the misuse of 911, if an individual feels threatened for whatever reason that is the number to call.

ASH has undertaken to post his presentation on its website. This will be particularly useful as there are detailed instructions on reporting on line.

<https://www.ash-acsc.ca/make-the-right-call-ottawa-police-service-slides/>

* Unfortunately, at time of writing the Ghostbusters phone line is out of order.

Celebrating Sandy Hill shops and shopkeepers Safi Fine Foods, 322 Somerset St E.

Photo Kathleen Kelly



Left—Safi Due to a change of ownership in the building at the corner of Blackburn and Somerset East, Safi Fine Foods will close its doors at the end of February 2020.

Mohamed Ali Abdo, the operations manager, intends to re-open Safi Fine Foods at another location in Sandy Hill in the future.

Right—IMAGE recognizes the Sandy Hill community spirit in decorating porches and lawns for Halloween.

Photo Bob Whitelaw



WINTER CARNIVAL

CARNAVAL D'HIVER

SANDY HILL • CÔTE-DE-SABLE

SUNDAY JANUARY 19, 2020
3 pm - 6 pm

DIMANCHE 19 JANVIER 2020
15h - 18h

SANDY HILL COMMUNITY CENTRE
Centre communautaire de la Côte-de-Sable

3 pm - 5 pm
Free Family activities
(outdoor & indoor)
Free snacks

5 pm - 6 pm
Delicious homemade meal
(vegan & halal options)
\$5/adult • \$2/child

15h - 17h
Activités familiales gratuites
(intérieur et extérieur)
Collations gratuites

17h - 18h
Délicieux repas fait-maison
(choix végétalien et halal)
5\$/adulte • 2\$/enfant

Details : www.ash-acsc.ca

SANDY HILL

CONSTRUCTION

**Your neighbourhood
QUALITY HOME RENOVATIONS
and restoration specialists**

AWARD WINNING CONTRACTOR –
RENOVATOR OF THE YEAR

For a comprehensive overview,
please visit our web site:
www.sandyhill.ca or call
Nathan Gurnham at **(613) 832-1717**

SERVING OTTAWA EAST FOR OVER 20 YEARS

Sandy Hill's neighbourhood
Early Learning Centre



Betty Hyde Cooperative Early Learning Centre

For children 18 months to 5 years.
Please be in touch to arrange a visit.
Now compiling a waiting list for
2020-2021.

To better serve our community:
New extended hours 7 a.m. to 6 p.m.

Pour enfants de 18 mois à 5 ans.
Prenez rendez-vous pour nous visiter.
On dresse actuellement la liste
d'attente pour 2020/21.
Nos nouvelles heures pour mieux servir
la communauté : de 7 h à 18 h.

www.bettyehyde.com
bettyehydeottawa@gmail.com
613.236.3108

A Life Of Crows

A Sandy Hill poem

Cyril Dabydeen

Whoever we may have become
watching the crows circling
the house and making
loud cawing noises.

A caterwaul, believe me, sounds
for whoever else is listening,
as my neighbour said it's only
about those dying.

He would take his dog outside
and look out for everyone—
what the crows know best,

birds' ways no less, or it's about
something else as ethologists
like Konrad Lorenz couldn't tell.

Words left unsaid—
about my neighbour, Manuel,
long gone, broken by illness—
crows looking over now.



Photo Kathleen Kelly



Official opening of the Varsity Oval Barracks south of Somerset St. E., June 16, 1944

World War II's big impact on this neighbourhood

François Bregha

This year, 2019, marks the eightieth anniversary of the start of the Second World War. World War II had a lasting impact on Sandy Hill, notably in the conversion of former private homes into offices, diplomatic missions or barracks. Once converted, these homes did not return to their former residential use when the war ended. The war thus cemented a slow transformation in Sandy Hill that had already begun earlier, from a largely upper-class neighbourhood distinguished by large mansions, into a mixed neighbourhood featuring smaller houses, higher density and a greater institutional footprint.

Three major factors accounted for this transformation. First, Sandy Hill acquired a noticeable military presence in the second half of the war, particularly along Laurier Avenue East. Several large Sandy Hill mansions were re-purposed to serve the war effort, among them:

- Kildare Annex (now Amnesty International at 312 Laurier Ave.) became a barracks for the Canadian Women's Army Corps and would house the Canadian Army Provost Corps immediately after the war;
- Bremner House (345 Laurier Ave. E., now an apartment building) became the Examination Unit, Canada's espionage centre;
- Munross (formerly the house of Ambrose O'Brien, now the Cordon Bleu at 453 Laurier Ave. E.) was used as a residence for the Women's Royal Canadian Navy Service and was renamed Kingsmill House in 1942);
- Kildare House (323 Chapel), formerly the home of James Woods, served as barracks during the war;
- Hardy House (now the Polish embassy at 443 Daly Ave.) provided officers' training for the Women's Royal Canadian Navy Service.

In addition, the government built the Varsity Oval Barracks on the University of Ottawa's athletic field south of Somerset Street in 1942. Composed of eight buildings designed to house 400 women of the Canadian Women's Army Corps, the barracks were sold to the University in 1946 and became classrooms and residences for the new faculties of medicine, engineering and sciences. At least one of these buildings stood until 1972.

A second change to Sandy Hill as a result of the war arose from Canada's increasing international importance. This new status led more countries to open diplomatic missions in Ottawa, several of which were in Sandy Hill: the Soviet government acquired the former Booth house at 285 Charlotte St. in 1943; the Australian High Commission replaced the German consulate at 407 Wilbrod St. in 1940; the Royal Norwegian Legation was housed at 192 Daly Ave.; the Free French government opened a mission at 464 Wilbrod St. The Belgian government moved from a more modest address to Stadacona Hall on Laurier Avenue after the war.

The third change arose from the huge backlog in residential construction that had accumulated as a result of the Great Depression and the war, and the need to accommodate returning veterans. While the post-war construction boom was Canada-wide, in Sandy Hill, it was most evident in building up Strathcona Heights which until then had stood largely empty.

These, of course, were not the war's only lasting impacts on Sandy Hill. As the memorials in our churches and at the University remind us, several Sandy Hill men died at war, including nine from St Alban's, 16 from All Saints and 20 from St Joseph's. In addition, 69 University of Ottawa students or graduates perished in the war. While not all were from Sandy Hill, many were.

Daily life, of course, was also profoundly affected by the war. Rationing and war-induced shortages reduced the variety of goods and food available to all. An indication of the collective belt-tightening is that the number of private cars on Ottawa's roads fell by 13 per cent during the war even as the city's population grew by 17 per cent. All media were dominated by war news. Drives to collect blood for the Red Cross, sell Victory bonds or collect metals for recycling were frequent. In politics, the conscription crisis split the country along linguistic lines as it had in 1917. These changes, however, were temporary and life returned to normal as wartime restrictions were gradually lifted.

But it did not return to what it had been pre-war. In September 1945, Igor Gouzenko walked out of the Soviet embassy on Charlotte Street carrying documents revealing the existence of a Soviet spy ring in Canada, kicking off a new Cold War between the West and the Soviet Union. One of the persons he denounced lived in Sandy Hill and was jailed. Sandy Hill would never be the same after the war.

Pegasus
Advanced Diabetic
and Basic Footcare

Shelley J Hatt, RPN
Footcare Practitioner
613-322-2108
shellabella.hatt@icloud.com

The Barely Bruised Book Club

Ottawa's Finest New & Used Books

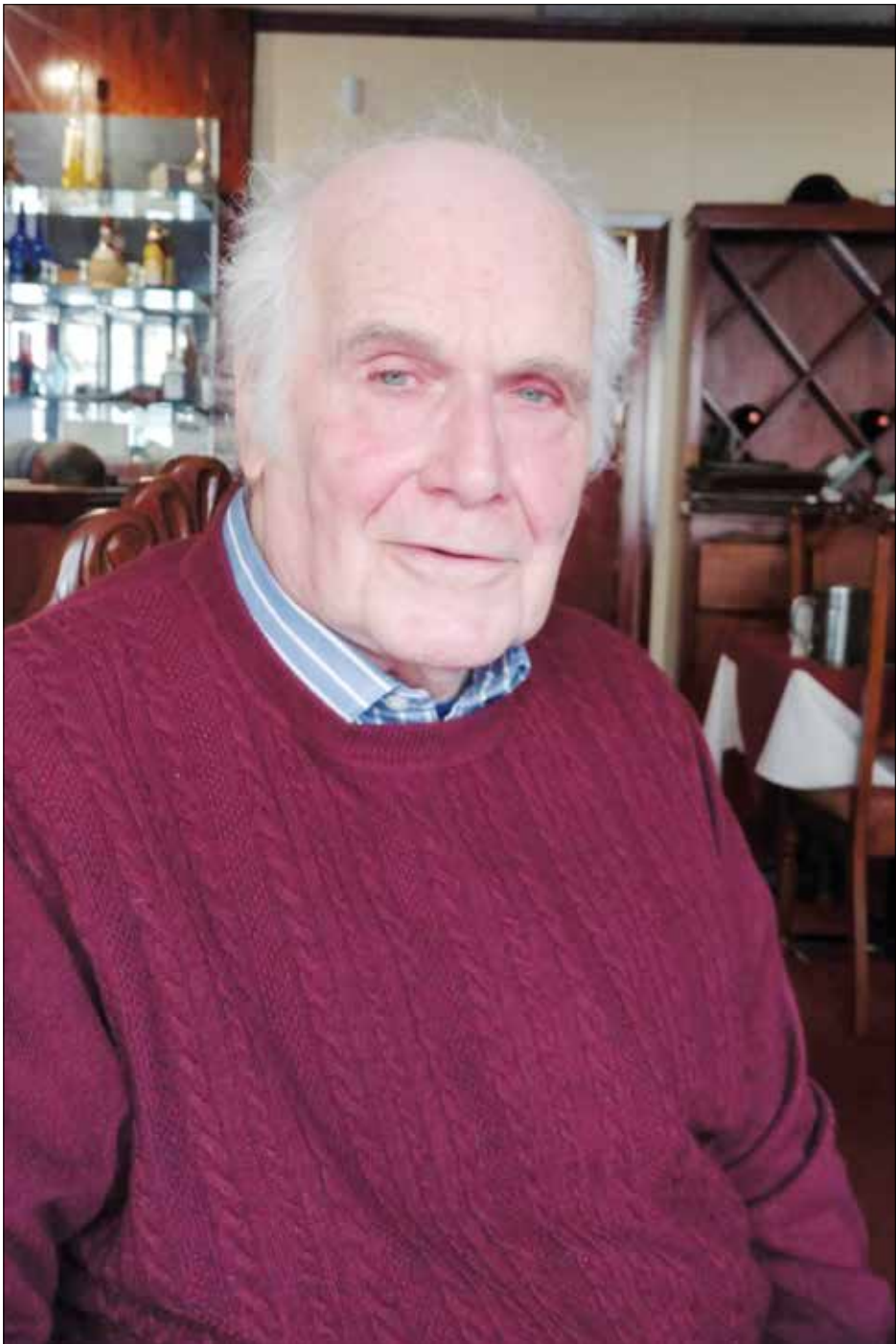
Specializing in Rare, Philosophy, Indigenous, Classics, Fiction, French

315 Wilbrod St.
(same building as HAPPY GOAT COFFEE)

Mon - Sat 11am - 8pm
Sunday 11am - 5pm

Students receive 30% off
FREE KIDS BOOKS

Photo Sally Southey



Keith Spicer: Templeton Street is our Champs-Elysées

Sally Southey

Throughout his life Keith Spicer has been “privileged to have had a chance to make a difference,” in his many different professional incarnations. Those he remembered most fondly during a recent meeting were being Commissioner of Official Languages and a “newspaper guy,” first at the *Globe and Mail* and then *The Ottawa Citizen*.

Keith has lived in Sandy Hill off and on over the last 55 years and now calls the Balmoral, on Range Road, home. As a young professor of Political Science at the University of Ottawa, Keith moved into his first Sandy Hill abode on Stewart Street, where his eldest son Dag was born. Subsequently he moved into a heritage building on Daly Avenue, and then bought on Besserer Street before moving to Paris.

Three years ago, he moved back to Ottawa, to be closer to his daughter Genevieve and her family. He has many fond memories of his three children playing in Strathcona Park and of all the good friends he has made in the neighbourhood.

In Paris he lived in the heart of the city surrounded by shops and restaurants, and regrets there are not more such places he could walk to in Sandy Hill. He also wishes “someone would repair the sidewalks, so I don’t risk breaking my neck.” While the Balmoral advertises being adjacent to Strathcona Park, the owners did not build a sidewalk right to the park entrance, forcing residents to cross the street.* “Developers should make more community improvements,” he said.

Despite severe glaucoma, Keith writes constantly. He closely follows world, European and North American events and is on the 15-member editorial board of *Ilissos*, a monthly French newsletter named after a river in Athens. In his last article for *Ilissos*, after the recent Canadian federal election, he predicted Chrystia Freeland would be Canada’s next Prime Minister; but he is not sure when that will happen.

When asked about Justin Trudeau, Keith said, “He is doing his best in a tough job.” Pierre Trudeau named Keith as Canada’s first Commissioner of Official Languages in 1970. “Although I was not close to Pierre, we would always spend the first 20 minutes of our conversations talking about our children. We were both single fathers,” Keith reminisced.

He gestured towards his view east down Templeton Street and exclaimed, “this is now my Champs-Elysées.”

While he is physically in Sandy Hill, his heart is always in Paris. Or perhaps in Reims, the French city in which his 11 novels are based. When Keith decided to write fiction, he conceived the character of Denise Caron, a young, intelligent, beautiful police investigator who holds an MA in Medieval Literature and is an opera singer on the side. Keith’s adventures with Ms Caron will continue to delight both French and English readers in the years to come. Will she ever move to Sandy Hill?

**Editor’s note: We can’t blame this one on the developer. The only sidewalk on the east side of Range Road is beside the Balmoral and Sandringham apartments. This sidewalk ends where the park begins.*

Are you struggling with Pain, Strength or Movement issues?

Our multi-disciplinary team of registered physiotherapists, massage therapists, personal trainers and Naturopathic Doctor can help. Let us help you get back to enjoying life.

Souffrez-vous des problèmes de Douleur, de Force ou de Mouvement?

Notre équipe multidisciplinaire de massothérapeutes, physiothérapeutes, Docteur en Naturopathie et entraîneurs personnels peut vous aider. Laissez-nous vous aider à recommencer à profiter de la vie.

Book an appointment today

613.680.3993 or

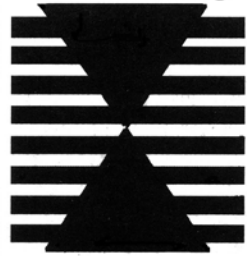
ChartierPhysio.ca



CHARTIER
PHYSIOTHERAPIE

305-1 Wilbrod Street (by Happy Goat Coffee Co.)

PHARMACIE CAMPUS PHARMACY



100 Marie Curie • Services de santé / Health Services Bldg.

613-563-4000

Welcoming the entire Sandy Hill Community
Les résidents de la Côte-de-sable sont bienvenus

POUR TOUS VOS BESOINS PHARMACEUTIQUES....

- Prescriptions
- Vitamines
- Soins sportifs
- Produits de beauté
- Tests de grossesse
- Papeterie
- Timbres
- Services de photocopies et de télécopieur

FOR ALL YOUR PHARMACY NEEDS ...

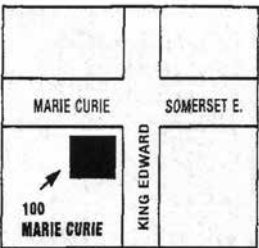
- Prescriptions
- Vitamins
- Sports care
- Health and beauty needs
- Pregnancy tests
- Stationery
- Stamps
- Fax and photocopy services

et **Plus!**

and **More!**

Interac • VISA • Mastercard • American Express

Lundi-jeudi 8h30 - 20h00
Mon-Thurs 8:30 - 8:00
Vendredi 8h30 - 19h30
Friday 8:30 - 7:30
Samedi 10h00 - 17h00
Saturday 10:00 - 5:00
Dimanche 10h00 - 14h00
Sunday 10:00 - 2:00



www.campuspharmacy.com



Le Service à l'enfance Aladin offre des services éducatifs à l'enfance à l'école Sainte-Anne, au 235 promenade Beausoleil.

Nous offrons nos services en français aux familles de la ville d'Ottawa. Nous avons des programmes éducatifs de qualité pour les enfants âgés de 18 mois à 12 ans, du lundi au vendredi, à l'année longue. Un nouveau programme pour poupons (bébés) est offert en 2019.

Pour de plus amples informations, SVP contactez-nous à steanne@aladin.services ou visitez notre site internet à

www.aladin.services



Use this newspaper for wrapping! And other ways to green your holidays

Mia Hunt

The way we consume has a huge impact on the climate. This, we know. Many of us try to rein it in: driving less, eating less meat, buying less unnecessary stuff . . . then in come the holidays. In the US, studies show consumption increases 25% between their Thanksgiving and Christmas. Ooof! I suspect we're not doing better north of the border.

How can we rethink holiday consumption? I looked around Sandy Hill for some ideas on being a little lighter on the earth while keeping the magic.

Buy smarter

So much of what we want is already in circulation. I'm reminded of this by the self-described "highly-paid volunteers" at the May Court Bargain Box on Laurier Avenue. Christmas decorations? They've got 'em. Sparkly holiday dresses? You bet!

The thrift store has been bustling for almost 50 years, but the impetus for second-hand shopping has recently changed. As local student Zoé puts her newly acquired knitwear in her backpack, she tells me that she shops at May

Court with the climate in mind. "I'm following the zero-waste movement and haven't bought a new piece of clothing for over a year." Zoé, you're an inspiration!

The May Court Bargain Box offers not only clothing and housewares, but also one-of-a-kind and antique objects that would surely delight as gifts. Plus, all profits go to charities in the Ottawa area. Feels a bit better than shopping at the Rideau Centre, no?

Buy less

As an alternate to buying, this holiday season, local resident and group administrator Betsy Schuurman invites you to check out the Buy Nothing Lowertown/Sandy Hill group on Facebook. "We offer a way to connect with neighbours to give and receive, share, lend, and express gratitude right here in the Sandy Hill community," Betsy tells me. "Past items asked for and offered around this time of year have included Christmas decorations (even trees!), extra chairs for holiday parties, and gently used toys and games for regifting." A beautiful community-focused way to give and receive.

Rethink giving

Instead of giving more stuff, what about making a donation or volunteering in

someone's name? Chris Osler from the Sandy Hill Community Health Centre is all for it. The Centre provides and supports a huge variety of programs, services and community initiatives and works to reduce barriers to access for Sandy Hill residents. You can dedicate a donation on their Canada Helps page and get a tax receipt via the button on the top of the SHCHC webpage. That's a gift that gives twice, and who needs another Santa tie?! For other ways to give, and to learn about volunteering at the Sandy Hill Community Health Centre, get in touch with Chris at cosler@sandyhillchc.on.ca.

While considering this article, my neighbours suggested countless ways to make the season green and bright: stay put instead of flying; check Kijiji before buying new; consider a vegan feast; send e-cards instead; eat your leftovers; and yes, use this issue of IMAGE to wrap your gifts!

May Court Bargain Box: 228 Laurier Avenue East at Nelson Street, 613-235-0333, www.maycourt.org

Buy Nothing Lowertown/Sandy Hill, Ottawa, on Facebook

Sandy Hill Community Health Centre: www.shchc.ca, cosler@sandyhillchc.on.ca



FATHER AND SONS
SERVING SANDY HILL SINCE 1967

112 Osgoode St. (at King Edward)
613-234-1173

We welcome students and the Sandy Hill community for:
breakfast, lunch and supper.
7 days a week.

TAKE OUT MENU AVAILABLE
FREE wireless access

www.fatherandsons.com

UrbanOttawa.com

As I close out 2019, I reflect back on the now 40th year I have been a Realtor in Ottawa.

It's been a strong year again in the market and a real milestone for me.

I think what makes me love this crazy career the most are the people I've met and the friendships I've made during those years.

I wanted to take this opportunity to say thank you to all my friends, clients and community activist brothers and sisters for supporting me throughout the years.

I look forward to many more years working in the neighbourhoods I love & and live in.

Best wishes to all, for a happy, healthy new decade.



Natalie's
URBANOTTAWA
the art of urban living

RE/MAX Hallmark Realty Group . Brokerage

613.747.9914

Broker | Courtier

Natalie Belovic

Tables of gift ideas at Sandy Hill's "One & Only" Arts & Crafts Fair

Yvonne van Alphen

This year's "One & Only" included 50 talented artists and crafters (including some Inuit crafters), a book sale where you could buy three paperbacks for the amazing price of \$5, and a hot cup of coffee with baklava. Mayor Jim Watson also made time to check out the tables and thanked the volunteers. If you missed out, you can still pick up some great gifts, by using the vendor's contact links below. Following is a small selection of the many items on show:



Photos by David Elden

The fair took place on Nov. 9 at the Sandy Hill Community Centre. Sponsored by Action Sandy Hill (convenor: David Elden), it also included a used booksale, door prizes and a chance to answer these questions: what are you doing for the climate now? What do you plan to do?



Above— **Hand crafted collage boards and boxes**, decorated with colorful magazine cut-outs. The wood is artist-quality birch. These can be easily personalized by using your own photos. Make great mementos, celebrating important life events, or colorful interior decoration. Boards \$40-\$60. Boxes \$15-\$25. ditesmoideco.ecwid.com/
Contact: Eleanor Doran - Artist/Owner

Jewelry crafted from recycled vintage silverware. Fork prongs transformed into jellyfish brooches. Adam's work saves the world, one spoon at a time. If you have some silverware, Adam is also open to trading. Rings \$25-\$30; Bracelets \$30-\$40. www.facebook.com/manifestocrafts
Manifesto Crafts; Contact: Adam Guzman-Poole



Above— **Acrylic painted rocks**, collected from the Bay of Fundy. Terry has painted since his childhood. He designed the OC Transpo flag and Transecure logo. He loves painting on rock because of its texture. Each rock is a unique paperweight, painted with a bird or wherever the muse takes him. Rocks \$10-\$40. www.terrycowan.ca



Above— **Jewelry made from sterling silver, copper, and stones.** Joy's handiwork as a metalsmith makes unique wearable art. Pendant necklaces in intricate silver designs, and hand-cut stones set in silver. I loved the light blue Larimar stone necklace from the Dominican Republic. Necklaces \$80-\$200. www.joymcdonelljewellery.weebly.com

Handmade Journal Books.

Katrin Smith is an abstract artist, print-maker and bookmaker. Each book has 48 blank hand-cut pages, waxed linen book-making thread, and original cover with a butterfly embellishment. Such the perfect vehicle to capture life's next adventure. www.katrin-smith.com; Katrin Smith



Above— **Felted soap**—soap trapped in wool—makes a good exfoliant for hands, face, and body. Beer soap that smells like lavender. All in one soap ideal for travelling. Tested washing my hair with soap—it came out squeaky clean. Felted soap sold by weight: 6-7 oz \$16; 9-10 oz \$19. www.facebook.com/thehousebubbles; bubbles.bulles000@gmail.com
The House of Bubbles; Julie Bedard



Above— **Earrings:** \$20-\$50
Robyn Mo-Lian; Chinu Designs
chinudesigns@gmail.com; picpanzee.com/chinudesigns



Above— **Seal skin, rabbit fur and leather, and beaded earrings.** Hand-made Inuit jewelry. Chinu Designs also works with Inuit students at Nunavut Sivuniksavut college to help them sell their own artwork: mostly paintings and canvas bags. Proceeds fund student cultural exchange trips abroad. www.nunavutsivuniksavut.ca/culture



Left— **Colorful tuques** made of lycra with polar. Stretchy, thin and quick drying. Ideal for those running or skiing in the winter. Put one in your purse for cold commutes to and from work. \$25; louise.brunet@gmail.com; www.facebook.com/Lou-louB-1533822296929490/; LouLouB

Gallery Scene/Seen

New Indigenous art in Sandy Hill

Maureen Korp

Over the last few years, at very many public gatherings, talks, and meetings in Ottawa, people have grown accustomed to hearing proceedings open with a courteous acknowledgement expressing gratitude to the Algonkian peoples whose unceded lands these are. But what does that mean, really? What is it people know of this history, of these living, vital traditions? Take a walk across the University of Ottawa campus. A new sculpture commissioned by the university presents one answer.

On the lawn in front of Tabaret Hall is a monumental sculpture by David General, an artist of Oneida-Mohawk heritage. It is a dynamic figure of polished granite. In this work, the artist makes three planes of knowledge visible. Entitled “She dances with the earth, water, and sky,” the sculpture is an image of movement and connection – upper world, lower world, this

world. The animals, all creatures with their own tales to tell of human-trickster interaction, watch the sweep of her dance. We may hope students walking across the lawn are watching, too.

The sculpture bears an identification plaque stating in three languages – English, French, and Anishinaabemowin – this work by David General was “commissioned to represent the relationship founded on truth and reconciliation between uOttawa and the Omamiwinini Anishinabeg on whose land this campus was built.”

There are few public sculptures anywhere in the sprawl of Ottawa which address our shared histories. There are, from time to time, art exhibitions that do. Across the street from the University of Ottawa is an important new exhibition at the Ottawa Art Gallery: “Inaabiwin,” curated by Danielle Printup and the Robert McLaughlin Gallery. Here you will see the work of five indigenous Canadian visual artists, and one Canadian poet. Give yourself a quiet hour to look and look



The cast in rehearsal in December. Photo Elmwood

The Red Shoes coming in February to Elmwood theatre

Maggie Fyfe

Looking into a mirror can be hard enough, but looking into a magic mirror-on-the-wall can reveal more information than we would ever want. In February, Elmwood School’s theatre troupe invites us to examine our own reflections in their production of Nancy Harris’ *The Red Shoes*, an adaptation of Hans Christian Andersen’s cautionary fairy tale of the same name.

A modern and yet timeless dark comedy, *The Red Shoes*, opens with a magical shoemaker/shapeshifter who immediately warns the audience: “If you are looking for fairies, don’t hold your breath, because this little fairy tale starts with a death.” Karen, a 16-year-old orphan, has just lost her mother and shortly after the funeral is adopted by a family she believes to be charitable. However, seeing isn’t believing because she immediately realizes they are in fact avaricious and using her as a means to their own ends.

The orphan’s plans to please her new family quickly unravel when she meets a strange and mysterious shoemaker who tempts her into buying a pair of magic red shoes. When she puts them on and begins to dance, she learns that the red shoes have a mind of their own, and chaos ensues. Complete with absurd characters, a topsy-turvy dinner party, a boisterous ballroom dance, and a magic mirror, *The Red Shoes* explores themes of temptation and redemption with wit and heart.

Elmwood Theatre’s talented cast and crew won eight Cappies awards for their production last year, *The Light Burns Blue*, including Critic’s Favourite Play. This year they present a haunting story full of magic and mischief that will simultaneously enchant and provoke.

Performances at Elmwood School, 261 Buena Vista Rd, Rockcliffe Park, will run from February 26 to February 29 at 7:00 p.m. and February 29 and March 1 at 2:00 p.m. Once tickets are on sale they will be available for purchase at www.elmwood.ca, and will be \$25 for adults and \$20 for students and seniors.

Photo Chris Snow



Meryl McMaster, Murmur, 2013, ink jet prints. Collection of Crown-Indigenous Relations and Northern Affairs Canada. Inaabiwin curated by Danielle Printup.



Photo Chris Snow

Hannah Claus, water song (detail), 2014, installation. Courtesy of the artist.

again at the work of all. “Inaabiwin,” an Anishinaabemowin word, denotes seeing, seeing with insight and understanding. “Inaabiwin” is a skill learned by watchfulness and attentiveness. It is the skill of the artist, certainly. It is also knowledge imparted by elders. “Inaabiwin” enables us to know the importance of an event, of here, now, and then.

The exhibition “Inaabiwin” is presented in four rooms. In the first room, a 12-minute film by Tanya Lukin Linklater entitled “The Treaty is in the Body,” 2017, is screened on one wall. There is no sound, no background melody. The film is a visual exercise portraying the instruction of elders showing children how to dance, how to watch small animals, how to move like them. The children also learn to bead, braid, give and receive sweetgrass blessings. Linklater has made her film in bits and pieces.

As viewers, we are meant to keep our eyes moving in order to see a bit of here, there, then over there. We were born with the scanning vision of hunters: our eyes are in the front of our heads. This is also the wisdom shared by the elders in the room Linklater documents. In front of the old women is a coffee table neatly piled with art books by famous artists, but that would be another story, surely.

In the second room of the exhibition, “Water Song,” 2014, by Hannah Claus, is hung as a series of nine floating forms, groupings of reflective discs of the softest colours. They float up, down, around, within three planes of movement, three levels of reality: upper, lower, and wider at midpoint. Their float, however, moves them into a fourth dimension, time.

Three planes of movement are also seen in “Murmur,” 2013, a series of three large self-portrait photographs by Meryl McMaster. In each we see a dancer. She moves within and under a large sculpture of birds, all flying somewhere, up, down, around – the whole of it inspired by the artist’s study of a murmuration of starlings. Each bird was folded of scrap paper – now become thoughts flown into thin air.

“Requickening Address,” 1994, by Greg Staats is a series of 15 toned silver gela-

tin prints, quite small, each mounted on board with wampum strings. There is a quiet rhythm within the whole. Take a long slow walk along the wall where they are hung, then walk back again. Nothing ever ends, all transform. As one title reminds, “11. The council fire rekindles the peace.”

In the third room is a short, three-minute video by Scott Benesiinaabandan. “Psychic History (home Montreal) + Blood Memories,” 2013, is a dynamic work. In short, lighter, darker bits (scanning vision, remember), we see ridge lines, hanging forms, turkey feet.

The last room of “Inaabiwin” displays a poem, “The earth ringing in my chest,” hung as a curtain along two walls. The work is by Billy-Ray Belcourt and was written in response to the artists’ work of “Inaabiwin.” Beside the hanging is a large window. Through it one sees downtown Ottawa. It all looks different somehow.

The Ottawa Art Gallery is presenting “Inaabiwin” in conjunction with the National Gallery of Canada’s new international exhibition of Indigenous art, “Abadakone/Continuous Fire.” “Inaabiwin” continues until January 19, 2020.

Other exhibitions of interest in Ottawa

To January 29 2020:
Art + Parcel (A Holiday Art Show)
To February 9 2020:
Facing Claude Cahun and Marcel Moore
Both at Ottawa Art Gallery, 50 Mackenzie King Bridge, Ottawa Free. 9 am – 9 pm every day

To January 29 2020:
City of Ottawa art collection:
2019 additions
Karsh-Masson Gallery and City Hall Art Gallery

Photo Dodi Newman



Buy one – get two, really!

Dodi Newman

Buy one bunch of beets with their green tops still on and you get two vegetables, a green one (the leafy beet tops) and a red one (the beet roots). Either one is an excellent addition to your menu.

To prepare them as a green vegetable, cut the leaves off the beets, leaving 1 to 2 inches of their stems as well as the roots on the beets (that way, all the nutrients, flavour and colour won't leach into the water when you cook them later). Wash the greens, discard old leaves, remove the thick ribs, and cut the leaves horizontally into strips.

I cook the leaves like spinach: steam them in a bit of water for 10 minutes or so (don't overcook!), add butter or olive oil, salt and pepper, stir and serve. Or do like my daughter does: add a dollop of crème fraîche or sour cream to the greens; either complements them very nicely and takes away that nasty feeling on your teeth that you sometimes get from leafy greens. They are very good cooked à la Florentine: just poach one or two eggs on top during the last minutes of steaming, and scatter some Parmesan over all before serving.

For a red vegetable, scrub the trimmed beets, place them whole, skin-on, in water to cover, add a large bay leaf and salt, and boil until done – 25 to 50 minutes, depending on size. While they are still hot, slip off the skin (best done under

cold, running water). If the skin does not slip off easily, they are not done; return the beet(s) to the boiling water and cook until done. Cut the beets in wedges, quickly sauté them in a bit of balsamic vinegar, ground cloves, salt, pepper and, of course, a generous dab of butter, serve hot.

Or serve them cold as a salad:

German Beet Salad

Serves 4

4 medium beets, cooked as above

For the dressing:

1 small yellow onion, chopped finely

2 tablespoons canola oil

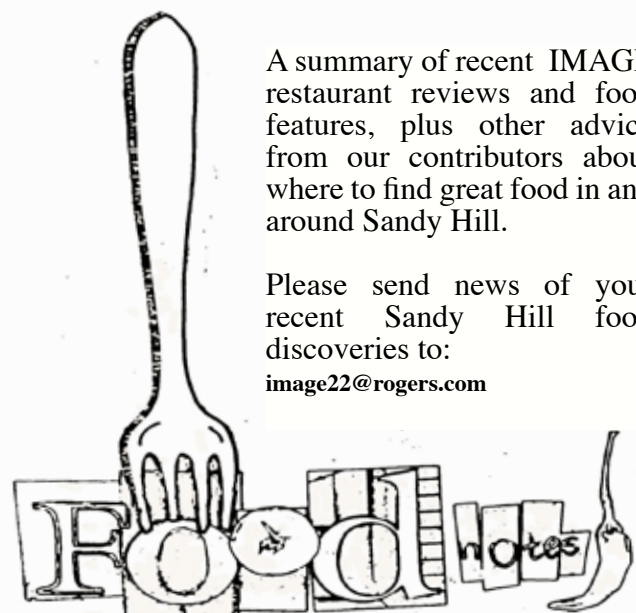
2 tablespoons cider vinegar

Tiny pinch of ground cloves

Salt and freshly ground black pepper to taste

While the beets are cooking, make the dressing in a bowl large enough to hold the salad: beat all dressing ingredients together until creamy.

While the beets are still hot, slice them thinly and evenly into the bowl. Fold the beet slices into the dressing carefully. Let cool to room temperature and serve.



A summary of recent IMAGE restaurant reviews and food features, plus other advice from our contributors about where to find great food in and around Sandy Hill.

Please send news of your recent Sandy Hill food discoveries to:
image22@rogers.com

Food Frenz, 275 Laurier Ave. East.

The convenience store in the new student residence on Laurier has more than cereal and soft drinks to offer. Shiny new ovens at the back of the store are turning out delicious manakeesh (Lebanese flatbreads) with cheese, za'atar vegetable and meat toppings. Some of them are folded over and sprinkled with sesame seeds for a compact snack. At \$2.50-\$3.99 each, they make a delicious and inexpensive lunch. Food Frenz also stocks a tempting array of prepared foods from local producers Rinag (Indian entrees, naan, and samosas) and Njaim (hummus, falafel and other Lebanese offerings), and home baking from the proprietor's mother. Keep them in mind when you're in a hurry for dinner!

Mergi Shop, 358 Rideau St.

Beyond the cosmetics and gifts section at the front of this little store, with its Golden Caviar vitalizing face masks and its cute cell phone cases, there is an interesting aisle of packaged food. If you're fresh home from teaching ESL in Korea or Japan and are missing a favourite treat, soft drink, or instant ramen soup, it would be worth checking out the offerings here. And if Asian snacks are unexplored territory for you, drop in to have a look around—from mango shortcake to yam chips, you'll probably find something that piques your curiosity.

Photo Harlequin Studios



Jerry Jadon at Food Frenz shows off a fresh batch.

RamaKrishna, 417 Rideau St.

Indian food fans rejoice! The Sitar may be gone, but there are still plenty of fabulous flavours to be had at its old premises. With a buffet lunch every day and a dinner buffet on Sunday, it's an easy place to enjoy a hearty meal. The regular menu is also varied and interesting, service is friendly and enthusiastic, and there are lots of great choices for vegetarians.

Safi Fine Foods, 322 Somerset St. East.

Word has it that the building at Somerset and Blackburn which once housed Ayoub's has been sold, and that sometime in the new year the new proprietors will be opening a Chinese restaurant in place of the current convenience store. February will be your last month to drop in to buy some spices, visit with Mohamed and snack on his tasty samosas and date-filled cookies.

Working Title Kitchen and Café, 10 Blackburn Ave. (enter through the red doors on Laurier near Chapel)

Working Title's patio is closed for the winter after a splendid first season, but the hours that were put in place over the summer will carry on. The café is open from 8-4 every day for hearty sandwiches, soup and salad and those fabulous cookies. From 4-10 p.m. on weekdays, look for cocktails, small plates and a dinner menu. And on Sundays, brunch is served from 10-3.

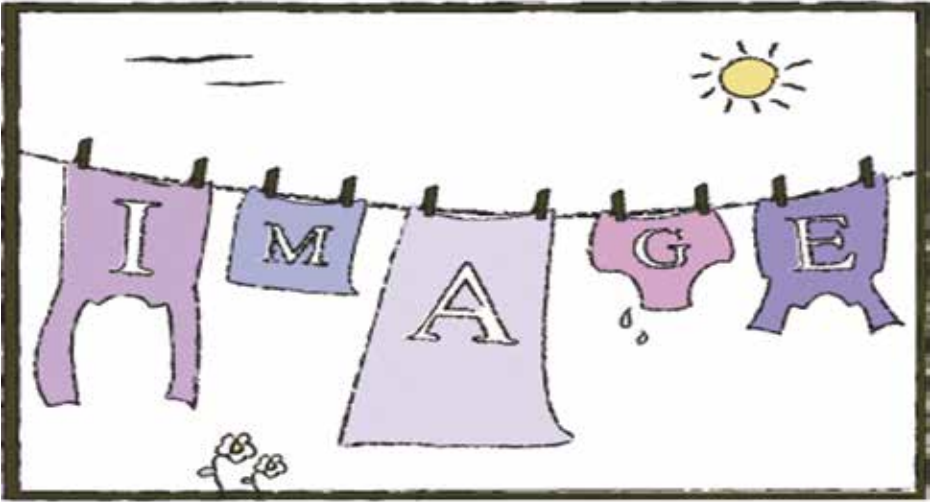


organic · vegetarian · natural

Order online
from our bakery
www.thegreendoor.ca

Holiday Hours: Open December 24th 10am-2pm.
Closed December 25 - January 2, Reopen January 3

198 Main Street 613-234-9597 Tuesday to Sunday, 11am - 9pm



NEIGHBOURHOOD BULLETIN BOARD

Looking for in-home pet sitter, for 2 cats and 1 large dog. 1 week in January, 1 week in March. Must be able to walk dog 3 times/day. Ideal for mature student or couple. Contact Christine at caubryhome@gmail.com.

Exciting news from Prime Ministers' Row, Canada's first street museum! Thanks to the support of the Sandy Hill community, TD Bank, and the City of Ottawa all the pieces are now in place to publicly launch PMR in 2020! Community consultations will take place beginning in April. Are you on the PMR mailing list? Email info@pmr-apm.ca to get updates and be the first to know when dates are confirmed! More information on the project can be found at pmr-apm.ca

Sandy Hill community rink: Action Sandy Hill signs a contract with the City to maintain the community rink each winter. There is a group of young people willing to do the job and they are inviting others to join them; make your pitch to ASH at info@ash-acsc.ca. The work is remunerated. Details in the ASH report on p.6.

Connections for Success, Sandy Hill and Lowertown Youth Mentorship Project is a project to match youth with professionals from their own neighbourhoods. A free event is being planned for February 9 at the Sandy Hill Community Centre. You can sign up on line before January 9, at tiny.cc/n85rez. Details in the ASH report on p.6.

allsaints Event Space: It has been a great year at allsaints and Working Title: Kitchen + Café. Our restaurant is becoming a hot spot for date nights, family outings, and after-work happy hour drinks and sharing plates; we've hosted 25 spectacular weddings of all styles and sizes this past year. There are lots of opportunities to join us in the last few weeks of this decade: Bring your friends and family to a special Holiday Brunch and Harps in the grand Borden Hall, Sun. December 15th. Tickets see Eventbrite Ottawa. Dine and dance the night away at our Sandy Hill New Year's Eve Party with The PepTides on Tuesday, December 31st. Tickets: see Eventbrite Ottawa. Contact: info@allsaints.ca; Tel, 613-230-3050

The engage.ottawa.ca web site provides opportunities for residents to have input into a variety of City of Ottawa programs and studies. The opportunities for consultations are online or at public meetings. Two studies of interest to Sandy Hill: Review of recreation and culture programming in the downtown core has an online survey and two public meetings: Jan. 8, 7-9 p.m., McNabb Recreation Centre, 180 Percy Street; Jan. 14, 7-9 p.m., Routhier Community Centre, 172 Guigues Avenue. Review of the City's 10-year Homelessness Plan. Residents can provide online feedback on the review of the plan through the questions asked in each section on the site or by filling out the short survey.



**Rideau Branch Library Programs
Programmes à la succursale Rideau
de la bibliothèque**

**377 Rideau St., 613-580-2940
Rideau@Ottawa.ca
www.BiblioOttawaLibrary.ca**

FOR ADULTS / POUR LES ADULTES

**Go Workshop (Strategy Game) /
Atelier de Go (jeu de stratégie)**
Learn to play Go, the ancient strategy game. Designed for beginners and intermediate players. 2 – 5 pm, Saturday Jan. 25

Apprenez le Go, jeu de stratégie ancien. Conçu pour les débutants et les joueurs de niveau intermédiaire. 14 h à 17 h, le samedi 25 janv.

Pen and Paper Writers Group
Tuesday night at 6:30 pm. Drop-in. Get feedback on your writing (any genre) and ideas from the group. Hear the work of other writers and offer your feedback. Discuss issues about writing and publishing. Share your triumphs, trials and tribulations with a supportive, informal group. Dec. 17 and Jan. 7 - Jan. 28.

Morning Book Club
Monthly on Thursday mornings at 10:15 am – 12:00. Drop-in.
Jan. 16: *The Cat's Table* by Michael Ondaatje

Evening Book Club
Monthly on Monday evenings, 7 – 8:30 pm. Drop-in.
January 6: *My Grandmother Sends Her Regards and Apologises* by Fredrik Backman

Cloud Computing 101
Saturday Dec. 14, 1:00 pm.

FOR CHILDREN / POUR LES ENFANTS

Family Storytime / Contes en famille
Stories, rhymes and songs for children of all ages and a parent or caregiver. Tuesdays, 10:30 – 11:00 a.m., Jan. 7-28
Contes, comptines et chansons pour les enfants de tous âges et un parent ou gardien. 10 h 00 à 10 h 30 les mardis du 7 au 28 janv.

Babytime / Bébés à la biblio
Stories, rhymes and songs for babies and a parent or caregiver. 0 – 18 months. 1:30 – 2 :30 pm on the following Fridays: Jan. 3, Jan.17, Jan. 31
Contes, comptines et chansons pour les bébés et un parent ou gardien. 0 à 18 mois. 13 h 30 à 14 h 30 les vendredis suivants : 03 janv., 17 janv., et 31 janv.

Let's talk real estate

Lynda Cox

In praise of the MLS system

Currently, as an agent abroad awaiting the birth of a grandchild, I have become aware of the fact that buyers and sellers in Ottawa, for that matter in all of Canada, have a real estate system that works in their best interest.

Whenever I travel I always visit the local real estate offices to introduce myself to see how these offices work and how they are different from what I am used to in Ottawa. I am now in a European city the size of Kingston where there is a real estate office every few city blocks. I took the time to visit one in particular where the agent spoke some English.

I asked him if all the real estate offices worked together to sell their listings? Did they have an MLS (Multiple Listing Service) computerized system? The answer was “no.” I was shocked. Each office has exclusive listings and there is no central computerized service. What does that mean? It means that every interested buyer must trek to all these individual offices to learn what they are offering for sale. There is no co-operation between brokerages. That means that every agency is double-ending every deal. The agency represents the seller's interests only, so buyers must beware.

The workload for every serious buyer is horrendous. Buyers can have no agent working for them, no agent scouring all the listings to come up with a short list; no agent who can show them all the homes they are interested in. They must deal with different agents if the properties are listed with different companies. No one agent can show them all the homes they are interested in. No one agent can get to know them and help them narrow down their search. They are alone trying to sift through the listings on offer and then trying to set up appointments with each individual agent. Nightmare!

We are so lucky in Ottawa to have a co-operative system where one agent may show listings offered by any real estate company. In Ottawa, buyers can work exclusively with one agent to find the home they desire, put in the offer, negotiate and come to agreeable terms until the deal is done no matter whose sign is on the lawn.
All hail the MLS system.

Sandy Hill Real Estate update from May 24 – Nov 24, 2019.

Houses:
Active 7; Sold 31
Properties sold over list price: 12, ranging from \$100.00 to \$7K over asking

Condominiums:
Active 15; Conditionally sold 3; Sold 101
Properties selling over list price: 10, ranging from \$100.00 to \$30K over asking



Sandy Hill children (Warren family) tour neighbourhood housing projects, November, 2019



Fence frenzy in Sandy Hill on December 8—a Cooper's Hawk.

Photo Kathleen Kelly

Photo Kathleen Kelly

Photo Cristine Elrick



Students staged dramatic re-enactments as part of the Remembrance Day ceremony.

News from Viscount Alexander School

Cristine Elrick & Mia Hunt

Remembrance Day Ceremony

Viscount students and teachers presented a lovely Remembrance Day ceremony on Monday, November 11. The gymnasium was full of an appreciative audience of parents and students. Every class contributed through song, words, music and drama to recognizing those who served this country. Canterbury High School student, Eric Wightman played "Last Post." Thank you to everyone who contributed to this memorable ceremony.

Cross Country

The Annual October Cross Country Race was at Terry Fox Complex. Viscount runners included Sofia who came in fifth, Andrew 11th, and Jack 13th in their events. Thanks to all runners and their coaches, Mme Deena and Julie Lanca.

Soccer Tournament

On October 16 both the boys and girls soccer teams competed in the annual soccer tournament at Gloucester Hornet's Nest. The Viscount Junior girls worked well as a group – coach Joyce Contant and girls Rebekah, Nadia, Emma, Sofia, Natalie, Aline, Rikieda, Sabiany, Amira, Fatema, Shama, Samantha, Arina, and Grace. Junior Boys played hard and

went on to win first place in Tier 4. Congratulations to Coach Kristi Fulford, and to Bradley, Yusuf, Yahya, Sebastian, Sam, Austin, Andrew, Eero, Nati, Rayan, Dahoom, Murat, Jack, Jacob, and Majed.

Thank you Rotary Club

We would like to thank the Rotary Club. Each year they provide free dictionaries to our Grade 3 students. Thank you for your generosity.

MASC Awesome Arts Festival

The Awesome Arts Festival was held November 15 from 6 to 9 p.m. run by Sandy Hill Community Health Centre at the school. They offered free workshops for 5-11 year olds such as animation videos, Afro-Caribbean and hip hop dance, and storytelling; then put on a final show of all their hard work.

New Mural for the School Gym

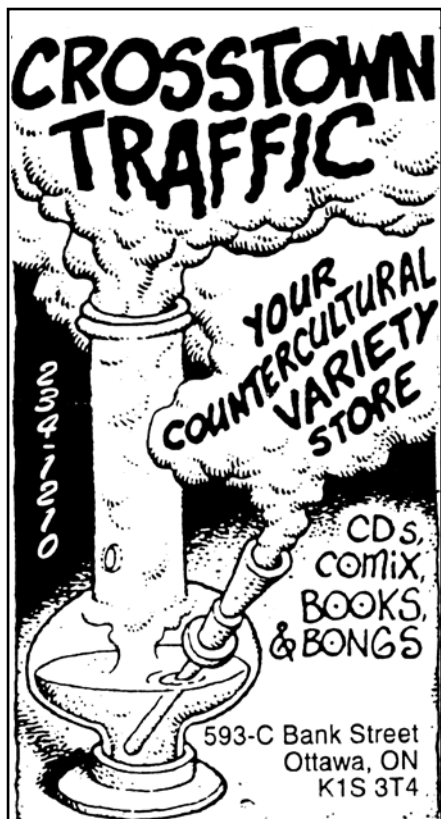
We have had the pleasure of working with Claudia Salguero in the past, as evidenced by the bold mural in front of the school. She includes the students in meaningful ways so that they can be proud of their contributions. As a result, our students benefited from the program so much – building community connections, increasing confidence, expressing themselves, and seeing themselves as artists. Thank you, Claudia, for collaborating with the students again. Now this mural will greet everyone who visits our gym for many years to come.

WE Day

Grade 6 students from Mrs. Fulford's class will attend the WE Day event at the National Arts Centre on December 10. They will hear from a wide range of inspiring and motivational speakers, talented artists, musicians, and dancers who in their own way have excelled to help make a better Canada and world.

To Learn about Viscount

Learn more about Viscount, our Junior Kindergarten to Grade 6 school; please phone the office at 613-239-2213.



Rent-A-Wife Household Organizers

"Every working person needs a wife!"

- Regular & Occasional cleaning
- Pre & Post move cleaning and packing
- Pre & Post renovation cleaning
- Blitz and Spring cleaning
- Organizing cupboards, basements ...
- Perhaps a waitress?

Laurel 613-749-2249
rent-a-wife-Ottawa.com



Rideau River
DENTAL
General and Cosmetic Dentistry

613-789-0800

A beautiful smile and healthy teeth.

Please come see us for a **SMILE** consultation.

Whiten and brighten your teeth in one visit with **ZOOM** advanced

New patients and emergencies always welcome.

Appointments available on evenings and Saturday

389 Rideau St. (at Friel)
FREE PARKING

- Invisible braces with **Invisalign**
- Intra-oral exam using digital video technology
- Treatment of sensitive teeth
- Full digital X-ray, less radiation - **WE CARE!**
- Bilingual service

St Paul's-Eastern United Church welcomes you to services & events



Tuesday, December 17 Evergreens lunch 11:30 a.m. at Perkins Family Restaurant, 1130 St. Laurent Blvd., Ottawa. For details, contact church office and leave a message for Heather.

Sunday, December 15 Men's Breakfast 8:30 a.m. at Father & Sons Restaurant, 112 Osgoode St, corner of King Edward Ave. Also meeting up on January 19.

Tuesday, December 24 Christmas Eve Candle lighting & Communion Service: Tuesday December 24, 2019: 7:30 - 8:30 p.m.

Regular Sunday morning services 10:30 am, led by Rev. Laurie McKnight and guest preachers. Sunday School and parking available.

Sandy Hill Seniors Network: Monthly lunch and conversation on Wednesdays from noon to 2 pm. All seniors in the neighbourhood are welcome. Donations welcome. Contact the church office for more information.

Choir practice: Thursdays at 7:30 pm. New singers welcome; special call for bass singers. To join, contact Paul, Music Director.

River of Life church group: Fridays 6:00 pm- 9:00 pm in the hall. Fellowship for the Chinese students at UOttawa.

Eritrean Congregation: Sundays 3-5pm — worship service. All are welcome to enjoy the musical gifts of the family leadership team.

Open Table outreach: Support initiative for students in ecumenical partnership. Venue is at Centre 454 (corner of King Edward and Daly).

Space Rental: Multi-purpose spaces are available, well-maintained, affordable and wheelchair accessible. Contact the church office.

Our address: 473 Cumberland St. (corner of Daly Avenue) 613-237-1821
www.stpaulseastern.com stpaulseastern@rogers.com Find us on Facebook

Hallowe'en hello

Students, undaunted by the miserable rain, await goblins on a Russell Ave. stoop.

Photo Jane Waterston





On February 29, 2016, Anas al-Masri and his family arrived in Ottawa on the last day of a government program that admitted over 25,000 Syrian refugees to Canada. The al-Masris were sponsored by Refucare Ottawa and supported by over 50 residents from Sandy Hill as well as by St. Paul’s-Eastern United Church. On October 19, 2019, Anas and his children became Canadian citizens. Here they are celebrating after the ceremony with delighted sponsors and supporters Shelley Cruise, Dodi Newman, Cathryn Fortier, Jerry Fortier, Cindy Mitchell, Anas al-Masri, Tarek al-Masri, Manju Sah, Kurt Mitchell, Alison Thompson, Abdulrahman al-Masri. Kneeling is Lilyan al-Masri with Aman al-Masri, Alison and Abdulrahman’s child. To the right of Lilyan is Yousef al-Masri. Behind Shelley is part of Larry Newman.



ELMWOOD
SCHOOL

INSPIRING GIRLS



WE ARE EXPERTS IN HOW GIRLS LEARN, LEAD AND SUCCEED.

At Elmwood, each girl is encouraged to challenge herself to excel in the classroom, develop confidence and lead with strength. Here, girls learn to be the best students, leaders, and global citizens they can be.

Learn more about our innovative approach to girls’ education and book a personal tour at elmwood.ca

- All Girls
- Pre-Kindergarten to Grade 12
- International Baccalaureate World School

BOOK YOUR TOUR
(613) 744-7783 | elmwood.ca/tour