SANDY HILL CÔTE-DE-SABLE

JUIN - JUILLET 2019

Departing Des Rosiers worries about Sandy Hill

Sally Southey

ttawa Vanier's outgoing MPP, Nathalie Des Rosiers, is worried that, "the beauty of Sandy Hill may be sacrificed to developers' dreams," with the provincial Conservatives reverting to the old Ontario Municipal Board rules for the Land Planning Appeals Tribunal, and changes to the *Heritage Act*. She is "very angry at Doug Ford's mischievous work," giving developers back the ability to influence local planning.

Ms Des Rosiers begins her new job as Principal of Massey College at the University of Toronto in September. Due to personal health issues, she had decided that she could not run again as a politician. She feels very strongly that Canada needs bold new ideas to combat climate change and to narrow the gap between the rich and poor. Massey College is known as an incubator of ideas. She feels she will be able to contribute on these key issues, without having to travel constantly.

She regrets not staying longer, to complete community work she began, such as securing stable fund-

ing for the Sandy Hill Homework Club. This Club seeks greater access to interns and apprentices to help some 30 students. She was also committed to resolving the traffic issues on King Edward Avenue, and regrets being unable to work on that issue.

During her time at Queen's Park, Ms Des Rosiers introduced nine private member's bills. One which passed ensures that bilingual services in Ottawa cannot be reduced. Those dealing with modernizing the Human Rights Code to recognize genetic discrimination, to limit the use of the Notwithstanding Clause and to eventually eliminate solitary confinement in Ontario are still pending.

Among the many achievements from her days as an MPP, she is most proud of her work to ensure that people – such as those who have been denied OHIP, or benefits under Ontario Works, or the Disability Support Program, or whose diplomas are not recognized – get the services they deserve.

Ms Des Rosiers was first elected in a by-election in November 2016 and re-elected in June 2018. She moved to Ottawa in 2000 to be President of the Law Commission of Canada. She lives in Sandy Hill and hopes that her successor will "fall in love with Ottawa-Vanier as I did."



Our representative at Queen's Park since 2016, Nathalie Des Rosiers is moving to Toronto this summer to be Principal of Massey College at the University of Toronto. Her predecessors in that role include former senator Hugh Segal, journalist John Fraser and novelist Robertson Davies.



Driverless garbage truck wreaks havoc, and wrecks home, on Nelson Street

On May 27, a garbage truck sped backwards down the Nelson Street hill, across Somerset, and crashed into 442 Nelson St. after hitting a Hydro pole. The building was evacuated and specialized firefighters had to shore it up after the truck from Waste Connections was removed. Ottawa Police told IMAGE that the case has been closed with no charges laid. They confirmed that, at the time, the driver was involved in duties outside the truck. The police would give no other details. No one at Waste Connections was available for comment.

-Jan Meldrum



ASH Annual General Meeting a resounding success

John Cockburn

bout 70 people attended Action Sandy Hill's Annual General Meeting the evening of May 23 at the Sandy Hill Community Centre. In addition to the sandwiches and treats provided by Chartwell Rideau Place, attendees enjoyed a full agenda on developments within their community. The meeting was called to order by ASH President Susan Young who noted some personnel developments. Notably ASH board Vice-President Bob Forbes is retiring after six years of contributing to a better Sandy Hill. Big shoes to fill. Trina Cooper-Bolam and Scott Williams are also stepping down while Christine Aubry and Doug Ainslie left the Board during the year. Susan then did a quick rundown on upcoming events that is best picked up from the ASH website at ash-acs.ca/

The **Treasurer**'s report, showing a 2018 closing balance of \$45,424, was approved by the membership.

The **Bylaw** Committee report indicated that the number of noise complaints reported through 311 remained at 2017 levels, so not much improvement. Interestingly, of the 680 complaints filed only 41 or 6% resulted in charges being laid. Draw your own conclusions. On the garbage front, however, there seemed to be some statistical evidence that things were improving but many people noted subsequently that this was not borne out by personal experience.

The **Communications** report focussed on the Save Sandy Hill outreach initiative, an effort to address poor development, short-sighted urban densification practices, and inconsistent bylaw and property standard enforcement. Petitions, political action and a web page were all focussed on candidates in last year's municipal election. It's ready to re-boot when needed. Membership in ASH was reported at 322 but is certain to rise as it did not include those signing up at the meeting. This sounds impressive but represents only 2.6 per cent of the population of Sandy Hill.

The **Town and Gown** Committee focuses on the community's relationship with the University of Ottawa. Pre-Panda game street parties (dubbed Panda-monium) remain a problem. The university is being approached with the idea that the game be held on a weeknight rather than the traditional weekend afternoon. Some hope was expressed that the new president may be more sympathetic to community concerns.

The **Transportation** Committee reported progress on traffic calming, new bus routes as the LRT gets up and running, construction woes to come at Mann and Range and continuing consultation on the transportation master plan update and truck issues.

Continued on page 3

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Publicité, articles, photos et

Sandy Hill's place in the Market Côte-de-Sable 137 Murray se retrouve @ Dalhousie au Marché Byward Market 241.3533

From Ken Clavette's Album of Bygone Sandy Hill

LAC MIKAN no. 4511665



here was the Chateau and then there was the Grand Hotel. Situated in Sandy Hill, it was one of Ottawa's oldest hotels when it was demolished in the 1980s to make way for the Westin Hotel and the Rideau Centre. It was on the corner of Sussex and Besserer (that block was renamed Colonel By after the train tracks made way for the drive). It was just around the corner from Union Station so was a popular traveller's hotel. As the years went by, it changed into a well-known watering hole. The lunch time crowd would include NCC staff, with their office at 48 Rideau, and the staff from Ogilvy's department store and other stores on Rideau Street. Canada Post and railway employees filled the chairs in the Men's Only Tavern until the 1970s. The Red Den-Ladies and Escorts Lounge was for ladies; men were allowed only when accompanying a woman. The separate Men Only and Ladies and Escorts beverage rooms in bars were mandated by LCBO regulation in 1937 and continued into, at least, the 70s.

Many a St Pat's College student, and yes, some from the high school, could be found at the tavern. Now, I only heard their stories; I never did get in before it met its demise. In the 50s and 60s, before liberation, it had a reputation as an unofficial hangout for gay



"Would City Hall take note and remove the dead horse from Sandy Hill, as the weather is getting warmer." -Ottawa Daily Citizen, July 1873

Submitted by Ken Clavette

Les chiens dans le parc et le respect des autres

vec le printemps, les résidents de la ACôte-de-Sable's'attendent à profiter pleinement de leur beau parc Strathcona. Malheureusement, certains propriétaires de chiens ne respectent pas la signalisation pourtant claire qui y interdit les chiens même en laisse. Ils jouent les innocents ou feignent la surprise lorsqu'on leur rappelle le règlement et continuent de l'ignorer.

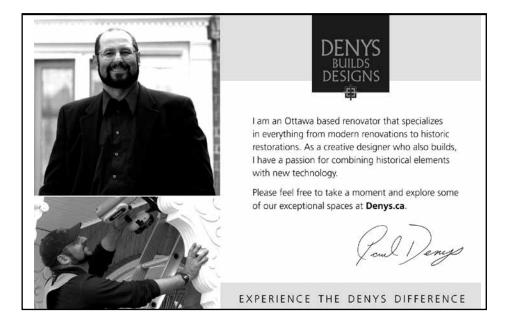
J'ai déjà été propriétaire d'un chien dans la Côté-de-Sable et je respectais le règlement et fréquentais les deux parcs facilement accessibles où les chiens étaient admis. Je comprends qu'on n'aime pas toujours faire un arrêt ou respecter un feu rouge, mais le respect des règlements est aussi une question de respect des autres. Le fait d'ignorer un règlement quand il y a une alternative démontre un manque de respect des autres et donne mauvaise réputation aux propriétaires de chiens.

Le parc Strathcona accueille des ama-

teurs de soleil, des joueurs de Frisbee, des cours de yoga et des familles avec des enfants et des bambins. La présence et l'utilisation du parc par des chiens est invasive et insalubre pour les autres utilisateurs. Les résidents ont droit à une aire propre pour se reposer dans leur quartier. La liberté des propriétaires de chiens se termine quand la liberté des autres com-

Les limites sont imposées par les autorités municipales qui régissent l'utilisation des terrains municipaux communs. Ces autorités ont établi des limites quant à l'utilisation du parc Strathcona et si les propriétaires de chiens désirent un changement au règlement en vigueur, ils doivent suivre les procédures appropriées pour ce faire. D'ici là, ils doivent faire preuve de respect à l'égard de leurs voi-

> Richard Prégent Range Rd.





At their first meeting of the 2019-2020 year, newly elected and returning directors of Action Sandy Hill gathered, joined by Volunteer of the Year Ruweida Shire for this group shot. Back row, left to right: Michael Barnes (new); Joel Mader (new); Chad Rollins (Past President); Seetal Sunga (new); Cathy Major (Secretary); David Elden (new). Front row, left to right: Jeremy Silbert (new); Ruweida Shire (2019 Volunteer of the Year); Susan Young (President); John Verbaas; Megan Reilkoff (Treasurer); Paula Tchen (new). Missing from the photo are returning members Larry Newman and Anthony Friend. Still to be recruited are a Vice President (replacing Bob Forbes) and an ex-officio designate from the University of Ottawa Students' Union.

Action Sandy Hill AGM

continued from page 1

The **Heritage** report noted more money for grants, more people with a City staffer dedicated to Sandy Hill and more clout as the Heritage Committee is now a full Committee of Council. However there is still little recognition of heritage value south of Osgoode.

On the **Planning** front there were some ominous clouds on the horizon. Interim controls are ending, though the R 4 review is still pending, and recent analysis indicates that developments still focus on one demographic, i.e. students. The analysis noted that Rideau Street, long marked for high intensification, has as yet had no new developments (some repurposing) while a low-rise historic neighbourhood has had 85 projects adding 2200 bedrooms. Members also noted that there is a sinking feeling that the four-bedroom cap recently instituted is too generous and unenforceable. In other words if it walks like a duck... it's a bunkhouse.

The Board reports ended with the observation by President Young that a problem is not a lack of things to do at ASH but people to do them. And lo and behold: this year's ASH board election was a resounding success as seven new and one returning community members heeded the call and stood up for appointment to the Board and were gratefully acclaimed.

Councillor Fleury provided the last report of the evening as our MPP and MP had other commitments. LRT continues to be a major focus. Mathieu revealed that a multipurpose path would be constructed along the LRT route from Rideau to Hurdman which should be of benefit to many. Construction on Rideau between Dalhousie and Sussex will start this fall and Mann, Templeton, Range and Russell will suffer from various levels of tear-up and rebuild with completion scheduled for the former in 2021. Two new bus routes

will debut with the LRT, 55 to the General Hospital and 56 peak period to the Lester Pearson Building. The Councillor also noted that as a result of the impact of short-term rentals (such as Airbnb) on neighbourhoods, a consultation will be launched in the fall to develop a strategy. Check out the City website and search for Short-Term Rental to find out more. Mathieu urged Sandy Hillers to continue to participate in the Site Planning process as there are many proposals on the books and the regulatory regime is at a very dynamic stage. Members of the audience noted that there was a need for simple directions as to how to participate in the process and that may be something that ASH would like to take up. To end on a high note the final discussion of the evening was on rats. There is a city task force but gypsy rats seem to be emerging from the sewers in greater numbers and sightings should be reported to 311.



Ruweida Shire - Action Sandy Hill's Volunteer of the Year

longtime resident of Sandy Hill, Ru-Aweida Shire has run the Strathcona Heights Homework Club for 12 years. She works tirelessly with a group of dedicated volunteers to find funding and resources to support and tutor grade school and high school students in Sandy Hill. The Homework Club is a valuable resource and a warm and welcoming space for all young people in our neighbourhood. The program offers a substantial after-school snack, since many arrive directly from grade school.

The Homework Club draws on young volunteers, giving them the opportunity to contribute to our neighbourhood. Ruweida and her group also run a summer camp that integrates tutoring, so that participants can keep up with or improve their academics. She coordinates similar activities at March Break. These camps also provide employment opportunities for Sandy Hill youth.

Ruweida is recently a founder of Daryeel, a centre serving youth and seniors. A fledgling organization, Daryeel wants to grow on past accomplishments to bridge the gap between generations.

Ruweida has a holistic and focused understanding of the needs of our community. She has created a program and organizations that provide an irreplaceable service to our children, while allowing the young Sandy Hill volunteers to develop rich skills. Ruweida has been pivotal in the raising of skilled, thoughtful and dedicated Sandy Hill youth. She is always reaching farther and thinking bigger, as she tackles the needs she finds in our community. -Sabrina Mathews



SEE YOU AT THE MARKET!

The Main Farmers' Market, 210 Main Street Every Saturday, 9 a.m. to 2 p.m., beside the Green Door plaza.

www.mainfarmersmarket.org

Follow us on Facebook (@mainfarmmarket613), Instagram (@mainmarketottawa) and Twitter (@mainfarmmarkott) for up-to-date vendor information and events.

Test your memory and IMAG(E)ination

Where have you seen, on your walks around Sandy Hill, this striking set of columns? Where? Let us know and we'll salute you in the October-November IMAGE.



Photos Bob Whitelaw

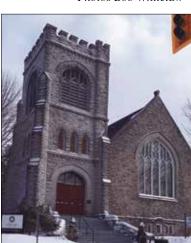
Last issue's mystery revealed ...

The IMAGination photo in our April-May edition was of the crenellated tower of all-saints event space at the corner of Chapel and Laurier East. The church was commissioned and built by Sir Henry Bate and celebrated its first century in 1999. Once again, we salute Poonam Varshni of Chapel St. who responded quickly with the correct answer.

In April, IMAGE also punlished a new challenge from Ralph Kretz of Augusta

How many words can you make using one or more letters in the name IMAGE?

Only one response was received and it too came from Poonam Varshni, who supplied **520 words** starting with the letter i,m,a,g or e and using at least one other letter in *image*, starting with Island and finishing with Earthquake. A very impressive response, which we will endeavour to scan and post at the IMAGE website before Canada Day.



Once again, IMAGE salutes
Poonam Varshni
Chapel Street

And we thank Mr. Ralph Kretz for his initiative in issuing a neighbourhood fun challenge via our newspaper.

Action Sandy Hill notebook

At the start of a fresh year for our community association, here is some spicy commentary from seasoned ASH directors

Why the City isn't enforcing its bylaws

Chad Rollins

If you have ever walked the historic, tree-lined streets of Sandy Hill, you are already well aware that there is something amiss.

You've probably thought to yourself that you don't recall seeing . . . mountains of garbage on the streets of Paris, so many derelict and abandoned buildings in London, as many neglected properties in Amsterdam, rampant illegal front-yard parking in Washington, D.C., or a general state of neglect in any other national capital.

If you have ever wondered why the City isn't enforcing its bylaws, you are not alone! Action Sandy Hill has devoted a significant amount of time to this issue, over the years.

Since amalgamation, the City of Ottawa has downloaded more and more services to the By-law and Regulatory Services Department. In fact, they now actually do parking enforcement, business licensing, bylaw enforcement, property standards, animal registration and sterilization, and more

In 2017, Ottawa By-law and Regulatory Services —

- Issued 362,756 parking fines;
- Issued approximately 11,404 business licenses;
- Processed 491 lottery licenses;
- Conducted 2,100 taxi and limousine inspections;
- Issued approximately 2,100 taxi driver licenses;
- Investigated 80,639 requests for bylaw enforcement:
- law enforcement;
 Registered about 34,000 cats and
- dogs; and,Performed approximately 2,500 ster-

ilizations of cats and dogs. Since 2017, the licensing and enforcement of ride-hailing services like Uber and Lyft, marijuana dispensaries, and pay day loan outlets have been added to its

long list of duties.

Ottawa's By-law and Regulatory Services Department has a 2019 operating budget of about \$21 million, and employs roughly 168 bylaw officers to carry-out all this work.

Let's compare this to Toronto, which has a population about three times that of Ottawa: 2.9 million vs 980,000.

Toronto's Municipal Licensing and Standards Department, more or less the equiv-

alent of By-law and Regulatory Services here, includes sections for By-law Compliance and Enforcement; Licences and Permits; and Animal Services.

In 2017, Toronto's Municipal Licensing and Standards department:

- Handled the adoption of 3,025 animals;
- Issued or renewed160,626 business licenses and permits;
- Conducted 184,870 investigations for property standards, zoning, noise, waste, parks, animals and business licences; and,
- Conducted 7,685 investigations to address service requests for tenants.

Toronto's Municipal Licensing and Standards Department has a budget of roughly \$38 million for 2019 and employs 235 bylaw officers, though they are considering hiring 16 more.

On a per capita basis, Ottawa has more bylaw officers: 1.7 per 10,000 residents in Ottawa vs 0.8 per 10,000 residents in Toronto. However on a per service request basis, it would seem that Ottawa's bylaw officers have to deal with twice as many calls: 2,952 calls per officer in Ottawa vs 1,500 calls per officer in Toronto. The major difference between Ottawa and Toronto seems to be that in Toronto, the bylaw officers needn't deal with parking enforcement, done by the Toronto Police Service. Interestingly, parking enforcement accounts for about 70% of the service requests handled by Ottawa's bylaw officers.

In 2017, the City of Ottawa hired KPMG to conduct a review of the bylaw department. KPMG's report, which apparently included 11 recommendations, isn't yet publicly available. We're told the report concluded that the bylaw department was understaffed, largely due to the high level of service compared to other cities. For more than a year ASH has been asking for the status of this report, to no avail.

A few things are clear though: since amalgamation the workload of our by-law officers has significantly increased; a significant portion of the resources of the By-law and Regulatory Services Department are devoted to parking; and the status quo isn't working. To see for yourself, just take a walk along the historic, tree-lined, garbage-filled streets of Sandy Hill; and maybe pick up some of the garbage on your way.

Chad Rollins is Past President of ASH.

IMAGE's images

Photo Christine Honsl



Strathcona Park, April 25 — Not sure what is the story of this bear on the wall at Strathcona Park last Sunday evening. Quite intriguing! His legs were wet. Hope he found the way back home or to a new one. And not into the river. Although I do not live in Sandy Hill anymore (I'm in Old Ottawa East), I am so enjoying the path along the river from Springhurst Park all the way to Strathcona Park.

All former Board and staff members are welcome.

We invite our members and

community to our

Annual General Meeting

Wednesday, June 26, 2019 at Sandy Hill

Community Health Centre

221 Nelson Street

5:00 -6:00 p.m.: light refreshments

Get together with our Staff and Board

of Directors, and meet our new Board

candidates.

6:30 p.m.: Annual General MeetingBusiness meeting includes the election of the Board of Directors, presentation and approval of the President's and

Treasurer's reports.
Prior to the business meeting, we will announce this year's winner of the SHCHC Award for Excellence in Health Promotion.

Come and get involved in your Community Health Centre!

Tous nos membres ainsi que la communauté sont conviés à notre Assemblée générale annuelle le mercredi 26 juin 2019 au Centre de santé communautaire Côte-de-Sable

221, rue Nelson 17h à 18h : un léger goûter

Rencontrez les membres de notre personnel et de notre conseil d'administration ainsi que les nouveaux candidats au conseil.

Les anciens membres du conseil et du

18h30 : Assemblée générale annuelle Au programme : élection de membres au conseil d'administration, lecture et approbation du rapport du président et

personnel sont les bienvenus.

du rapport du trésorier. Avant la séance de travail, nous allons annoncer le gagnant de cette année du Prix CSCCS d'excellence en promotion de la santé.

Participez à la vie de votre Centre de santé communautaire!

Transportation issues in Sandy Hill overview

Bridges, bulb-outs & bike lanes

John Verbaas

The federal budget released last March contained an announcement that took many by surprise. It specifically brought up the topic of interprovincial transportation in the National Capital Region.

There were two parts to this announcement, the first federal word on crossings since the ill-fated, NCC-led, 2007-2013 Interprovincial Crossings Study. That was the study that suggested focusing on a new bridge at Aviation Parkway and Kettle Island. However, an abrupt withdrawal of provincial support brought that whole process to a swift end.

So what does a closer look at this budget announcement reveal? First, it undertook to provide funds to replace the existing, aging Alexandra Bridge and to provide additional funds for the ongoing maintenance needs of the Chaudière and Macdonald-Cartier Bridges.

Secondly, and of even greater interest to our neighbourhood, it committed to address—

... the demonstrated need for an additional National Capital Region crossing by refreshing existing studies and developing a long-term integrated interprovincial crossing plan led by the National Capital Commission with both provincial governments and the cities of Gatineau and Ottawa.

This phrasing seems to indicate an intention to move towards a new bridge, "crossing", and by adding the phrase "refreshing existing studies" to imply there is a bias towards an Aviation Parkway Kettle Island bridge, as that is what the "existing studies" have been about. The phrase "developing a long-term integrat-

ed interprovincial crossing plan," suggests there may also be an intention to bring to life a credible interprovincial transit plan, although the word 'transit' does not appear in the budget document.

Regarding working with the cities of Gatineau and Ottawa, the process did not get off to a great start, with both mayors interviewed in the media the next day, expressing little support for the creation of a new bridge focused on increasing capacity for cars. They suggested the focus should be on improved transit.



Downtown truck problem

Meanwhile from a Sandy Hill perspective, one of the most important interprovincial transportation issues we face is the downtown truck problem. Each day 2,000 trucks, the majority tractor trailers, wind their way through Waller, Rideau, and King Edward, the main designated interprovincial truck route between the 417 and the Macdonald-Cartier Bridge. For 3 or 4 hours during the peak periods of the day, the volume of trucks is so high there is a truck passing by every 20 seconds.

On this topic, the budget announcement was disappointingly weak. The only

Illustration Claire MacDonald

reference to trucks was an opening paragraph that made mention of the region experiencing "congestion due to truck traffic." Well in fact, the extent to which

interprovincial congestion is a problem is not due to the 2,000 trucks per day, but rather to the 75,000 cars per day that are using the Macdonald-Cartier Bridge. Secondly, this issue of 2,000 trucks per day winding through the downtown – causing unacceptable risks to life and negative impacts on the urban environment – doesn't even get a mention. The continued existence of this now 52-year-old truck problem is a serious impediment to the development and renewal of Rideau Street and King Edward Avenue, and by implication to the communities of Lowertown and Sandy Hill, as well.

Looking ahead, we will need to work, together with the Lowertown community, to ensure any future study has, as one of its key objectives, finding an acceptable solution to this interprovincial downtown truck problem.

It's a waiting game for now

There are some transportation-related changes brewing for Sandy Hill, but for now the theme is to wait patiently.

We are waiting to see how traffic is affected by the sewer and water infrastructure replacement coming soon – to sections of Templeton and Mann east of Chapel; to Range from Russell to Somerset; and to Russell between Somerset and Osgoode. It is proposed that work will begin this year on Templeton and Russell; and on Mann and Range, in 2020.

Discussions have been ongoing over the past year regarding the traffic-calming measures to be built into the roads once they are reconstructed. Templeton will be narrowed slightly, and the parking arrangement reduced to only a single side of the street. There will also be "bulb-outs"

(narrowings) implemented at the cross streets, as is currently the case on many other streets in Sandy Hill. The same kinds of changes will be implemented on Mann Avenue. Far fewer changes are currently planned for Range and Russell, although the community is still trying to convince the City that more can be done. Stay tuned – this story is still ongoing.

We are also waiting, patiently of course, for the LRT to start service: including the trial period, allowing the City to see all bugs are ironed out of the new system. Once that happens and the LRT-related bus detours are terminated, there will be some changes to Laurier Avenue and Waller Street.

Specifically, there will be significant changes to the Nicholas–Laurier and Waller–Laurier intersections to make them safer for cyclists. A separated bike lane will be added on Laurier between Waller and Nicholas, as well as on the section of Waller from Laurier towards the Mackenzie King Bridge.

Finally, some car movements that we have lost for the past four years will be restored, including the northbound right hand turn from Nicholas to Laurier and the 417 eastbound on-ramp at Lees. Unfortunately, the latter change is dependent on the provincial transportation ministry, so may not occur until later this fall, bundled together with other changes on 417 East related to unwinding the bus lanes.

We can expect to see more incremental traffic calming, funded from the \$50,000 annual allocation per ward. For Sandy Hill, this will include more streets with SLOW painted on the pavement, a few more locations with flexible stakes added, and hopefully a couple of planter boxes installed on the longer blocks of Chapel: Chapel is one street that is not wide enough to accommodate flex stakes, as a traffic calming option.

There is progress, but it is slow and requires patience from all of us.

John Verbaas, a director of Action Sandy Hill, follows local transportation issues.

IMAGE's images

Photo John Cockburn



Sounds of spring in Strathcona Park: Tuba practice and a pecking woodpecker.

Photo Kathleen Kelly





We Are Looking for New Board Members!

Nous sommes à la recherche de nouveaux membres pour notre conseil d'administration!

We invite people who are clients of our services to become involved as volunteers on our Board of Directors and/or Board Committees. If you:

- are aware of SHCHC's role in the community and support our mission,
- are 18 years of age or older,
- have awareness of current health and social issues,
- are resident of the City of Ottawa,
- can commit to monthly meetings, advocacy and networking activities for a two-year term,

call Cristina Coiciu at 613-789-1500 x 2505 to find out whether this volunteer opportunity is right for you. At the moment, we have one Board opening for individuals who are clients of our Centre.

For more information about who we are and what we do, please visit our website at www.shchc.ca.

You can become a Member of SHCHC by completing and returning the Membership Form below to Sandy Hill Community Health Centre - 221 Nelson St., Ottawa, ON, K1N 1C7. There is no cost to become a Member.

Nous invitons les gens qui sont des clients de nos services à s'investir comme bénévoles en devenant membres du conseil d'administration ou d'un de ses comités. Si vous :

- connaissez le rôle que joue le CSCCS dans la collectivité et appuyez notre mission;
- êtes âgé(e) de 18 ans ou plus;
- êtes au courant des problèmes actuels sociaux et de santé;
- résidez dans la ville d'Ottawa;
- pouvez-vous engager à participer à des réunions mensuelles, à défendre les intérêts des résidents et à avoir des activités de réseautage pour un mandat de deux ans,

appelez Cristina Coiciu au 613-789-1500, poste 2505, pour voir si cette possibilité de bénévolat vous convient. Au moment, il y a un poste vacant au conseil d'administration ouvert à des personnes qui sont des clients de notre centre.

Pour plus de renseignements sur notre organisme et nos champs d'action, veuillez consulter notre site Web à www.shchc.ca.

Pour devenir membre du CSCCS il suffit de remplir le formulaire ci-dessous et de le remettre ou de le poster au CSCCS – 221, rue Nelson, Ottawa (On), K1N 1C7. Il n'y a pas de frais à débourser pour devenir membre.

APPLICATION FOR MEMBERSHIP: June 1, 2019 – May 31, 2020 DEMANDE D'ADHÉSION : 1 juin 2019 – 31 mai 2020 Sandy Hill Community Health Centre/Centre de santé communautaire Côte-de-Sable

Address/Adresse:

Home or Work

I confirm that I am over 18 years of age, that I reside and/or work in the Ottawa area, and that I support the mission statement of the Sandy Hill Community Health Centre.

Telephone/Téléphone Home/Domicile : Work/Travail :

J'affirme avoir 18 ans ou plus, d'être résident et/ou employé dans la région d'Ottawa et que j'appuie l'énoncé de mission du Centre de santé communautaire Côte-de-Sable.

Signature

Date

d'administration à sa réunion du:	
a daminionation a sa rodinon ad.	

6

Sandy Hill trash talk

Larry Newman

I'll bet you didn't know that you cannot store garbage within three metres of a window or door of your house. Fascinating, eh? Maybe you should take a garbage test. The following questions are illustrated using a mix of pictures from Sandy Hill and from the net.

1. Do you see any bylaw violations? How many?



Answer – plenty. Property Standards Bylaw 2013-416 requires garbage and organic matter to be stored in watertight containers with lids secured. Containers must protect against rats and vermin. Debris is also reportable. These containers are located at the front corner of the buildings, also illegal. They must not be stored where they are visible from the street.

2. Any violations here?



Answer: I suspect there are 12 bags at the curb. Ottawa's solid waste Bylaw 2012-270 only allows up to 6 approved containers including bulky items. That is, 6 total per residence.





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3. These bins are nicely lined up, lids closed. Very neat, right?



Answer - However, they are very easily seen from the street. These bins need to be enclosed so that they are not visible from the street. A side benefit: no one can report them for graffiti, which is also illegal.

4. Again a neat street scene. Legal?



Photos submitted by Larry Newman

Answer – Almost. The green bin is perfect, the bag not so perfect. I once visited a recycling processing station in Ottawa. One of the problems they told me about is the time it takes to tear apart the bags. Bags are not an authorized container for recycled material.

5. How about the front porch. It's OK to store recyclables there, no?



Answer - Well, no. As of 2017, all recycling must also not be visible from the street.

6. Graffiti is a problem in Sandy Hill also. Should we tell the City about it?



Answer - For these boxes scattered around the neighbourhood, we must contact the owners. That isn't always easy as there is often no label. I suspect that most are Rogers cable boxes.

With exception of graffiti on the cable/hydro/Canada Post boxes, all graffiti can be reported to Bylaw Enforcement. A simple way to do this is to call 311 and give the address and a statement of the problem. You will get a report number that can be used to check on compliance by calling 311 again. The easiest way, however, is to use the online form which can be found at https://so311.serviceottawa.ca/selfserve/?reqId=2003036&. This site will remember the user's coordinates so, if another report is started at a later date, that part of the form is_already completed.

As the Action Sandy Hill committee chair for Bylaw and Environment, I got to inventory garbage and recycling scofflaws every year. This past year, 199 addresses were in violation of garbage storage bylaw rules; 107 for recycling violations. I informed the city of the number of violations and advised where the more egregious violations occured. Please don't hesitate to do the same. Call 311 or write. I'm looking forward to hearing fewer complaints about garbage and rats.

Eye on Development

Renaissance on Rideau Street?

Chad Rollins

IMAGE file photos from March, 2019 by John Cockburn

The following developments will add more than a thousand new apartments along four blocks of Rideau Street. This could mean another 1,500 people living in the area, and hopefully, supporting local businesses along Rideau. Could we be seeing the start of a Rideau Street renaissance?



Trinity—Rideau and Chapel

Trinity Development Group has filed a new site plan application for 151-153 Chapel St., former site of the Jewish synagogue and community centre.

The City's planning committee previously approved a proposal for two 25-storey high rises on this site with a total of 586 apartments and nearly 7,000 square metres of retail space. Big-box stores start at about 4,500 square metres. The plan included a grocery store and liquor store, in addition to other smaller retail outlets. However, since receiving final approval in spring 2016, Trinity has not proceeded.

In its new application, Trinity has revised its plans, significantly reducing the retail space and increasing the number of apartments. The new proposal still includes two 25-storey high rises, but now there are a total of 633 apartments and just 855 square metres of retail space. This significant reduction in retail space for such a large, prime site on Ottawa's main street is truly disappointing.

Trinity says it will build the new proposal in two phases: Phase 1 fronting on Rideau Street, Phase 2 on Beausoleil. The new proposal no longer includes the contentious request to open the cul-de-sac at the end of Chapel.



Chenier-Rideau and Cobourg

Chenier Development Group has begun work on a new apartment building at 541-545 Rideau St., former site of Culinary Conspiracy.

In September 2018 the City's planning committee approved the proposal for a nine-storey, mixed-use building on this site with a total of 112 apartments and about 200 square metres of retail space. In addition, the existing heritage building is to be dismantled and rebuilt as two semi-detached residences further north along Cobourg Street.

Chenier has indicated that the building will be rental apartments, not condominiums. This is much needed, given the record low vacancy rate of 1.7~% for rental apartments in Ottawa.



Richcraft—Rideau at Charlotte and Rideau at Cobourg

You may have noticed that Richcraft Group has fenced the temporary park at 590-594 Rideau, corner of Charlotte, and that they are erecting a temporary sales office on the site. This sales office will be for their development a block away, at 560 Rideau, corner of Cobourg.

In 2017, following an appeal to the Ontario Municipal Board, Richcraft obtained permission to build a 14-storey, mixed-use building at 538-544-560 Rideau. The approved proposal is seven storeys along much of Rideau, rising to 14 storeys at the corner of Rideau and Cobourg; and also includes a three-storey section fronting on Besserer Street. The development will contain 230 apartments, and retail space on the ground floor along Rideau and Cobourg. Richcraft's website says that "The Charlotte" – as they've dubbed the building – is coming soon.

Presumably once The Charlotte is sold out, then the sales office at 590-594 Rideau will begin selling the future development on that site, where Richcraft has approval for a seven-storey, mixed-use building, with 72 apartments and ground floor retail space.



Version française disponible en ligne au mathieufleury.ca : Notez que nous alternons de mois en mois entre le français et l'anglais

Making Sandy Hill Streets Safer

As many of you may know, during the last term of council a new temporary traffic calming program was created. The program involved giving \$40,000 to each councillor to spend on temporary traffic calming in their own neighbourhoods. Common features installed are pavement markings, planters, flex stakes, cycle zone delineators, and speed boards.

The temporary traffic calming program has been incredibly popular and as of April 10th, Council approved an increase of \$10,000 to this budget, for a total of \$50,000 per year per ward. This year in Sandy Hill, you can expect to see new traffic calming installations including:

"slow/lent" markings on Henderson, Osgoode, Chapel, and Sweetland:

Painted bulb-outs on Sweetland and Osgoode;

"Slow Down for Us" signage on Goulburn;

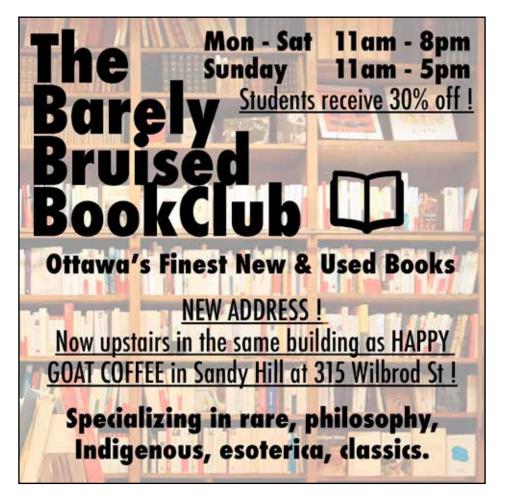
Additional flex stakes on Besserer and Marlborough; and Additional cycle zone delineators on Stewart.

We will also, hopefully, be getting two planter boxes on Chapel St. This installation is pending approval from emergency services. In an additional traffic calming effort, last spring Sandy Hill got the first "gateway speed zone" in Ottawa. The speed limit in the southern section of Sandy Hill (south of Laurier East) is now 40 km/h, and we hope to expand this zone in the coming years.

All funds for 2019 are now fully accounted for. I want to thank residents for regularly highlighting problematic areas.

All of these measures are greatly improving the pedestrian and cycling experience. Together, we are making Sandy Hill safer. These measures make Sandy Hill a more pedestrianand cyclist-friendly neighbourhood for all to enjoy!

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TETUDE STATES

Nathalie Des Rosiers

MPP / députée Ottawa-Vanier

Chers résidents et résidentes d'Ottawa-Vanier

C'est le cœur gros que j'écris cette missive, car c'est peut-être la dernière fois que je vous écris en tant que députée.

J'ai adoré travailler dans la circonscription. Ottawa – Vanier est une communauté si riche et résiliente, qui a tant à offrir. Je tiens à remercier mon personnel de continuer à fournir d'importantes ressources et services à tous les membres de la communauté qui viennent nous visiter.

Je tiens à vous remercier tous et toutes pour le privilège de vous avoir représentés au cours des deux dernières années et demie. J'ai vraiment apprécié de vous rencontrer dans la rue, à des événements communautaires ou à notre bureau sur le chemin Montréal. J'ai pris mon rôle de championne d'Ottawa-Vanier à Queen's Park au sérieux, et j'ai été heureuse de travailler afin que notre communauté soit traitée équitablement par le gouvernement provincial. Je suis fière des nombreux projets de loi que j'ai déposés à l'Assemblée législative, et des nombreuses interventions que j'ai faites sur les questions relatives au logement, à la justice, à l'environnement, aux femmes et aux peuples autochtones. J'ai eu l'honneur d'être votre voix à Queen's Park et j'en étais très fière. C'est un rôle enrichissant et important dans notre démocratie.

Merci pour l'honneur de vous avoir représentés,

Nathalie Des Rosiers Députée provinciale, Ottawa-Vanier



Dear constituents

It is with a heavy heart that I write this article, as this may be the last time that I write to you as your MPP.

I have loved working in the riding. Ottawa – Vanier is a rich and resilient community, with so much to offer. I want to thank my staff for continuing to provide important resources and services to all community members who come and visit.

I want to thank all for you for the privilege of representing you over the last two and half years. I truly enjoyed meeting you on the street, at community events and at our Montreal Road Office. Over the course of my time in office, I took my role as Ottawa - Vanier's champion at Queen's Park seriously, and was very happy to advocate to ensure that our community was treated fairly by their provincial government. I am proud of the many bills that I presented at the Legislative Assembly, and of the many interventions that I have made at the Legislature on housing, justice, environment, women's and indigenous issues. It has been an honour to be your voice at Queen's Park. It is a very rewarding and important role in our democracy.

Thank you for the honour of having represented you,

Nathalie Des Rosiers MPP, Ottawa-Vanier

Constituency Office / Bureau de circonscription 237 Montreal Road, Ottawa, ON K1L 6C7 613-744-4484 | ndesrosiers.mpp.co@liberal.ola.org www.nathaliedesrosiers.onmpp.ca

JUST ASK IMAGE

How do I check my property tax bill?

Contributor Peter Rinfret took on this assignment. He reports the following —

- 1. Visited the MPAC website.
- 2. Noted that "due to increased security concerns" password change is required.
- 3. Created new password which must be 11 characters 1 special, 1 upper case, and 1 number plus 8 others.
- 4. Recorded this password for future reference until the next change.
- 5. Entered the City roll number and the Access Code on tax bill.
- 6. Called MPAC to find out why access is denied.
- 7. Person at the other end insisted that the roll number on the MPAC Property Assessment notice must be used rather than the roll number on the City tax bill even though, with the exception of spacing, they are the same. Entered the number without spaces.
- 8. Still no access. MPAC voice asked if the Access Key had been entered. I had submitted the City's tax bill Access Code. The Access Key and the Access Code are not the same.
- 9. Deleted the City 7 character Access Code printed on the City's tax bill and replaced with the 15 character Access Key printed exclusively on the MPAC Property Assessment Notice.
- 10. Finally reviewed property assessment.

What is going to happen about turns from Laurier (heading east) onto King Edward (heading north)? Is the left turn prohibition going to stay?

That is correct. The City doesn't want to re-enable that turn as they think that this is currently helping to reduce the traffic on Laurier that wants to use it as a route to get to Quebec. They want to keep that traffic flow on Nicholas/Waller. — *John Verbaas*

That bright new mural on Viscount Alexander School is certainly eye-catching. Who made it? What does it mean?



Unveiled on May 24, the mural facing Mann Ave. was a Multicultural Arts Schools Communities (MASC) Awesome Arts project. Artist Claudia Salguero was project leader and it was painted over two weeks last October by Viscount students in grades 3-6.

The mural is a colourful and joyous expression of diversity and respect. Sandy Hill Community Health Centre's youth engagement worker Gerald Dragon writes, "The vibrncy of the colours in the genderless face reflect the vibrant and hopeful way children look at life. The white curved line represents our thoughts, our common appreciation and desire for peace, clean water (dark blues), pure air (light blue) and the energy of life provided by the universe and the sun (yellows and reds). Students and community members gathered on a rare sunny spring day for the mural's unveiling and to enjoy the Junkyard Symphony and some snacks. The gathering was funded in part by income from the One and Only Arts and Crafts Fair last fall. Pictured above are Artist-in-Residence, Claudia Salguero, with school and community members at the mural.

- Sabrina Mathews, with notes from Jane Waterston and Gerald Dragon

UrbanOttawa.com



319 Richelieu Ave - \$419,000

Vanier: Welcome to this lovely 3 bedroom, 3 bathroom home on a quiet street, with a generous 42 x 90 ft lot. Detached single garage with plenty of space for storage. This home has been very well cared for and would be perfect for a single family or could be a live in landlord with a tenant in the lower level with separate entrance, full bathroom, kitchen and living space and large windows to let in plenty of light. And lets not forget the private, spacious back yard. Definitely worth a look!



102-30 Charlevoix St - \$379,000 Beechwood Village: Wow! It doesn't get much better than this:

doesn't get much better than this: Beautiful two bedroom, two full bathroom condo on the main floor of this quiet, well run building with greenspace all around! Approx 1250 sq ft. Walkable to downtown and DFAIT. Beechwood is just outside your door, steps to Metro, coffee shops, restaurants and shopping. Enjoy the greenery of the Rideau River paths and Stanley Park. Gorgeous kitchen & bathrooms, rich hardwood floors. A must see!



426 Meadow Park PI - \$750,000

Manor Park: A rare find on this quiet dead end street. No traffic and plenty of privacy. This bright, spacious 4 bedroom home will give you all the space you need for your growing family. The main floor boasts of a large eat in kitchen, powder room, living and dining room with walk out to a large private yard. The 2nd floor has 4 bedrooms, including a large master suite with walk in closet and full ensuite, as well as your own private balcony for that morning coffee. Worth a peek!





Eye on Development

36 Robinson: does anyone think this is a good idea?

Wendy Duschenes

t's not the most encouraging sign when the room unanimously erupts Linto caustic laughter at the first statement by a developer's representative. And yet that is what happened at the most recent public meeting concerning potential developments in Robinson Village when the speaker stated that students were not their target demographic. He may not have been aware of the discussions and meetings that have taken place over the last seven years, but long-term residents of the village have spent countless hours cogently arguing in support of smart development in our area, through letters, petitions and appearances at public and City planning meetings. We have always been clear that we do not oppose good development in sync with the neighbourhood's aesthetics and social cohesion, as well as with the City's TOD (Transit-Oriented Development) Vision (4.0) that discusses "establishing context-sensitive development that respects existing neighbourhoods...." And no one objects to replacing a handful of derelict or poorly maintained buildings owned by absentee landlords.

A quick guide to Robinson Village a small, unusual, city neighbourhood bordering Dutchie's Hole Park and the Rideau River, just off Lees Avenue near King Edward. Part of, yet somewhat geographically separated from, Sandy Hill, it is a safe, quiet cul-de-sac inhabited primarily by home owners and residents of well-run community housing, and with a good diversity of population, from singles, students, and families, to seniors. The neighbourhood offers great access to the Rideau, parks, bicycle paths, downtown, and a variety of good schools, but suffers from nagging issues such as minimal parking (particularly in winter when the narrow street becomes one lane) and ineffective street drainage. Currently, all buildings are three or fewer storeys, with the exception of one four-storey building, as allowed by the original zoning.

But we have been the focus of determined developers and a vacillating City government over the years. Here is a potted history:

- in 2012, a developer requested a zoning bylaw amendment for a six-storey condo building; residents argued that the change would be deleterious to the neighbourhood's character while compounding existing infrastructure issues;
- despite our arguments, in January 2014, the City granted the change from four to six storeys (in part due to the misleading argument that one can easily reach the LRT from here) and promised to enforce that maximum height; residents were not happy but accepted the change;
- in January 2015, without notice to residents or any physical signage, the City and the owner of 36 Robinson appeared before the Ontario Municipal Board in response to the owner's appeal to overturn the new zoning for his property;

- in March 2015, the OMB agreed to a compromise struck between the City and the property owner for the right to build a 27-metre building (designated by the OMB as "eight storeys," but planned as nine by the developer); there was no consultation with Robinson Village residents, and no notice was given of this change;
- when rumours circulated months later, residents requested information from the City and finally received notice in August 2015 that a City lawyer would hold "office hours" one afternoon at the Sandy Hill Community Centre to "explain" the bylaw change.

So, a tiny enclave of Ottawa with only low-rise housing is expected to endure the negative impacts of a massive, visually oppressive building that will consume most of the space, on all sides, of four contiguous lots, cast long shadows and rob existing neighbours of privacy. Residents have argued for adequate parking, buildings that maintain the style and tranquillity of the area, and attract a diversity of long-term residents and families who would enrich our community and respect their neighbours. However, the developer is proposing a building which we oppose—a nine-storey property with 193 primarily single-renter apartments with balconies and a rooftop amenity, with no innovative green building elements, no live-in superintendent, inevitable parking issues (with a variance to create only 56 parking spaces, at odds with the TOD regulations), and traffic, garbage odour and collection issues.

Keeping in mind that the same developer will be adding another 150 residents in its three other planned buildings, it should not be a surprise that we fear noisy, chaotic disruption in our lives from the likely influx of a highly transient population with no sense of ownership, and a doubling of the current neighbourhood numbers. Given that the University of Ottawa may be building a 4,000-bed, 30-storey residence in the old snow dump near the Robinson/Lees intersection, there is certainly an argument for promoting dwellings that attract long-term residents and families to the downtown core, rather than transient students. And who is most likely to use the LRT at Lees and reduce downtown traffic congestion? How about families and professionals? Students will find it a shorter jog to U of O than to the LRT station.

All of this could have been better, and perhaps there is still a chance that the City will ensure that it will be better. At the heart of this debacle is the critical need to truly recognize resident-stakeholders, to listen and consult in good faith, and to communicate with transparency. In this context, while gardening the other day and thinking about this stupidly missed opportunity to effect intelligent, areaspecific planning, I overheard a group of young neighbourhood children creating a game for themselves. With cooperation and calm voices, they cheerfully set out the rules by which they agreed to abide, and then played together respectfully. They demonstrated an excellent approach to tackling an issue that affected a group, and reminded me again why we want residents of all ages in this neighbourhood.



One of four buildings at 36 Robinson, where a developer plans to build a 27-metre high building with mostly single renter apartments.

Photo Wendy Duschenes

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Consultation publique sur la Maison-Laurier

François Bregha

Parcs Canada invite le public à s'exprimer sur son nouveau plan directeur pour le lieu historique national de la Maison-Laurier. La maison, en plein cœur de la Côte-de-Sable, est le joyau incontournable de notre quartier, non seulement pour son importance historique—deux de nos plus grands premiers ministres y ont habité pendant qu'ils exerçaient leur mandat—mais aussi parce qu'elle est une des rares demeures haute-bourgeoise d'époque qu'on puisse visiter à Ottawa.

Maintenant que Parcs Canada dispose de la maison voisine pour ses bureaux, il peut se servir des pièces à la Maison-Laurier qui jusqu'à date avaient été closes au public pour y offrir de nouvelles expositions sur King et Laurier. À leur décès, les effets des Laurier ont été dispersés; il reste donc peu de leur époque à voir dans la maison, même si elle porte toujours leur nom. Pour sa part, King a légué la maison et tout ce qu'elle contenait à l'État, donc aujourd'hui le visiteur voit beaucoup plus la maison de King que celle de Laurier.

Les nouvelles salles visent à rétablir un meilleur équilibre entre les deux anciens premiers ministres et aussi à explorer des thèmes que le musée n'avait pas encore eu la possibilité d'aborder.

Le grand défi que doit relever la Maison-Laurier est celui de l'achalandage. En moyenne, ce lieu reçoit seulement 6 000 visiteurs, ce qui est nettement inférieur à d'autres sites semblables de la région, comme le domaine Billings. En conséquence, le nouveau plan directeur met l'accent sur le marketing et cherche à augmenter le nombre de visites, particulièrement les visites scolaires. En plus de continuer des activités récentes, comme le thé sur la galerie, le plan directeur compte donc travailler en partenariat avec des organismes locaux, notamment l'Allée des premiers ministres et allsaints.

Vous aussi avez droit de parole. Que voudriez-vous voir à la Maison-Laurier? Comment pourrait-elle être mieux valoriser? Vous pouvez parcourir le bulletin de consultation en ligne à pc.lhnmaisonlaurier-laurierhousenhs.pc@canada.ca. La date limite pour soumettre votre opinion est le 30 juin. Parcs Canada complètera le plan directeur en septembre.

DESIGN



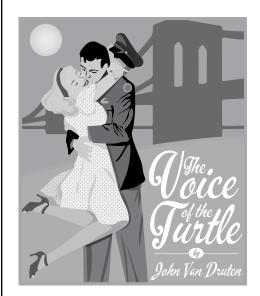
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Presented by special with arrangement with Samuel French. Inc.

June 21 to July 14

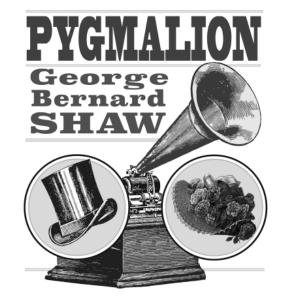
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You'll be thoroughly entertained – and learn about Perth's storied past – in Laurel Smith's new historic walking play, a family-friendly, hour-long, Depression-era Perth mystery. As rural people cope with 1930s challenges, a recently evicted farm girl arrives in town to search for her missing grandmother. You'll be piecing together every new clue as she approaches a truth she may not want to discover.

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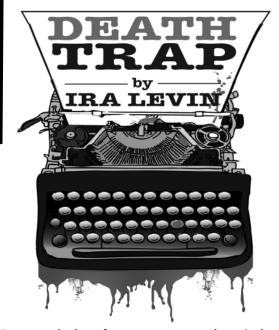


You've hummed along to *My Fair Lady*'s memorable melodies, but have you ever seen this legendary play that inspired the classic Broadway musical? You'll be laughing all the way home recalling cherished memories from this most popular of Shaw's plays, in which a bombastic professor of dialects tries to turn a working-class flower girl into an upper-class lady. Unforgettable Shavian characters – Henry Higgins, Eliza Doolittle, Colonel Pickering, and Alfred Doolittle, among others – enliven this legendary satire on class, gender, and particularly British mannerisms, all served up with gentle and loving humour.

July 19 to August 11



Come celebrate the 10TH ANNIVERSARY of the award-winning Classic Theatre Festival in Heritage Perth, where we're passionate about theatre and dedicated to sensational storytelling with some of Canada's finest professional talent strutting their stuff on our stages.



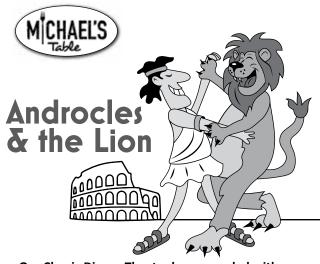
Our annual edge-of-your-seat season closer is the longest-running comedy-thriller in Broadway history. Your heart rate will increase as you follow the story of a formerly successful playwright who engages in a deadly game to steal a "killer script." Your head will spin keeping track of ingenious plot twists and a string of bodies. Levin also wrote Rosemary's Baby, The Boys from Brazil, and The Stepford Wives.

Presented by special with arrangement with Samuel French, Inc.

August 16 to September 8

Sponsored by:





Our Classic Dinner Theatre has expanded with a lunchtime setting! Enjoy a deluxe three-course meal along with Laurel Smith's adaptation of G.B. Shaw's hilarious satire on the Roman Empire, as seen through the eyes of a Christian slave and a very different "king of the forest."

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Mona Fortier Députée | MP Ottawa—Vanier

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613 998 1860 • mona.fortier@parl.gc.ca • www.monafortier.ca







IMAGE

Le mois de mai a marqué le 3e anniversaire de la mise en place de l'Allocation canadienne pour enfants (ACE). Indexée annuellement en fonction de l'inflation, l'ACE aide les parents à passer moins de temps à boucler leur budget et plus de temps à profiter de la vie avec leurs enfants. Cette allocation augmentera de nouveau en juillet de cette année pour aider encore plus de familles.

Par conséquent, la prestation annuelle maximale de l'ACE sera maintenant de 6 639 \$ par enfant de moins de 6 ans et de 5 602 \$ par enfant de 6 à 17 ans. Grâce à l'ACE, 9 familles canadiennes sur 10 disposent de plus d'argent pour payer des choses comme des aliments sains, des programmes sportifs, des livres et des leçons de musique. Notre gouvernement s'est engagé à assurer que toutes les familles canadiennes aient une chance égale de réussir.

L'ACE aide des familles partout au Canada et dans notre propre communauté d'Ottawa-Vanier. Plus de 10 000 enfants d'Ottawa-Vanier bénéficient de plus de 3 millions de dollars en paiements chaque mois. L'augmentation à venir aidera certainement encore plus de familles dans notre circonscription.

L'équipe de mon bureau de circonscription est disponible pour vous appuyer dans vos échanges avec les services fédéraux. Il est ouvert du lundi au jeudi de 9 h 30 à 16 h 30 et le vendredi de 9 h 30 à 16 h. Communiquez avec nous au 613-998-1860 ou envoyez un courriel à mona.fortier@parl.gc.ca.

May marked the three-year anniversary of our government's introduction of the Canada Child Benefit (CCB). Increased annually to keep up with the cost of living, the CCB helps parents spend less time worrying about making ends meet, and more time enjoying life with their children. This benefit will be increasing once again in July this year to help even more families.

As a result, the CCB will now have a maximum annual benefit of \$6,639 per child under age 6 and \$5,602 per child age 6 through 17 years. Thanks to the CCB, 9 out of 10 Canadian families have more money to help pay for things like healthy food, sports programs, books, and music lessons. Our government is committed to ensuring that all children have the best possible start in life and a fair shot at success.

The CCB has helped families across Canada and in our own community of Ottawa-Vanier. Over 10,000 children in Ottawa-Vanier benefit from over 3 million dollars in payments each month. The upcoming increase is sure to help even more families within our riding.

As always, my constituency office is available to help you with any interactions with federal services. It is open Monday to Thursday from 9:30 to 4:30, and Friday from 9:30 to 4:00. Give us a call at 613-998-1860 or send an email to mona. fortier@parl.gc.ca.



Snow on Rideau River, Adawe Crossing/ Quote Jonas Mekas, Requiem for a Manual Typewriter, unpublished

Denyse Barrette Mulvihill, 1925-2019, enthusiastic guardian of Le français correct

Judy Rinfret

Denyse Barrette Mulvihill, a stalwart pillar of IMAGE, passed away in mid April.

Readers will remember Denyse as the author of the column, "Le français correct," which made us aware of many examples of insidious anglicisms, sloppy phrasing, and poor grammar.

She frequently used her grandchildren and nephews as examples. This column was always submitted in her perfect longhand acquired during her early training at the convent on Main Street.

For over 20 years her front porch on Stewart Street was the IMAGE print run drop-off point.

Denyse Mulvihill was a blithe spirit revered by her family and community. She enlivened the scene; she reliably enchanted her IMAGE colleagues at our gatherings. Despite her smoking habit, she was lithe and athletic, a dancer, sports coach, and ballet school director.

Denyse graduated from the University of Ottawa at barely 20 years old, in 1945, after which she trained as a teacher at the University of Toronto. Her first position was in Hawkesbury, Ontario where she was appointed Physical Education teacher and basketball and volleyball coach.

She married in Hawkesbury where a son and daughter were born.

The family settled in Sandy Hill in 1969. Denyse taught Phys Ed and French



at Lisgar Collegiate and later worked for the federal government as a French language trainer, eventually instructing federal court judges.

She was the beloved grandmama of three grandsons. The eldest reported "Grandmaman était pleine de contradictions... mais elle nous emmenait à réfléchir. C'était ce qui était le plus important pour

Denyse Mulvihill's lively interest and joie de vivre will live on to colour Sandy Hill and the spirit of IMAGE.

With notes from Denyse's eldest grandson, Mathieu Mulvihill)

From Denyse's final IMAGE article, in April 2016

Le français correct $\sqrt{\sqrt{\sqrt{1-2}}}$ par Denyse Mulvihill

Améliorer son français, c'est la responsabilité de chacun. Attention de ne pas confondre le sens français avec le sens anglais de certains mots.

> Être à l'aise, qui signifie « se sentir bien, se sentir heureux et satisfait de sa vie » —non pas — être confortable, expression réservée aux choses et objets, sinon, c'est un anglicisme.

Ex. - La nouvelle maman est toujours très à l'aise pour se reposer, en berçant son bébé, dès qu'elle peut s'assoir dans son fauteuil confortable.

>Fêter quelqu'un, qui signifie « se réjouir en compagnie d'amis, à l'occasion de l'anniversaire d'une personne chère, organiser une rencontre spéciale, à cet effet » —non pas — célébrer quelqu'un, ce qui est un anglicisme, sauf dans le cas d'un évènement important survenu dans le passé, tel la fin d'une guerre, l'indépendance d'une nation, même une victoire électorale, ou tout autre évènement commémoratif

Ex. 1 - À l'occasion de l'anniversaire d'une compagne de travail, ses collègues ont



IMAGE Christmas photo, 2014 with Denyse at the centre.

organisé une réunion-surprise afin de la fêter pour d'abord lui faire plaisir, puis, pour la remercier de son dévouement et enfin pour souligner l'amitié que tous lui

Ex. 2 - Chaque année, le 11 novembre, le Canada se fait un devoir national de célébrer le Jour du Souvenir, afin de toujours se rappeler la bravoure et le courage des vétérans des deux Grandes Guerres mondiales, ainsi que des autres conflits dans certains pays lointains, sans oublier le courage et la bravoure des militaires d'aujourd'hui qui continuent la tradition et vont combattre au loin afin de tenter de ramener la paix dans le monde.





SERVING OTTAWA EAST FOR OVER 20 YEARS

Blackburn Avenue celebrates community!

Betsy Mann

n Sunday, May 26 residents of Blackburn Avenue closed off the block from Osgoode to Somerset (thanks for getting the permit, Christine!), and held their annual Street Party.



Freedom to play in the street is a big feature for the many children who live on this Sandy Hill street. Adults held the banners, marshalled the parade and brought up the rear with their instruments, but the younger set were the enthusiastic riders, gliders and marchers in the Blackburn Avenue Kids Bike Parade. Thanks to Pilar and Marc for supplying the balloons, pipe cleaners, streamers and other colourful supplies for the bike/trike/scooter-decorating station.



There were no floats in this parade, but a decorated wagon carried two young ones up and down the block, powered by energetic runners.



Un groupe de musiciens s'est formé à l'improviste pour accompagner la parade de battements de tambours et de la résonance du gong. Merci à Yves qui a fourni les instruments et qui a donné le ton à l'aide de son accordéon.



Rosalie and her father, Craig Anderson, agree: a girl can never have too many balloons on her bike.

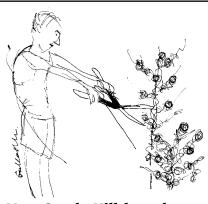
Photos by Betsy Mann



Après la parade, les voisins ont sorti les tables et les chaises dans la rue pour partager le repas. Tout le monde a apporté un plat et sa vaisselle. Merci à Roch et Lena qui ont fait cuire l'agneau à la broche (acheté frais de Mohamed, chez Safi). Tout était délicieux et la compagnie excellente. Une autre fête de la rue réussie...à répéter l'année prochaine.

BOOKS, &BONGS 3-C Bank Street Ottawa, ON K1S 3T4





New Sandy Hill-based Social Enterprise looking for customers

Need help with work in your yard and other tasks?

Daly Trust is a not-for-profit initiative led by St. Paul's-Eastern United Church.

Help give a bit of work to the homeless and rooming house folks by hiring them to do jobs such as yard cleanup, gardening, washing cars and window cleaning. There are about 50 people on the list.

Please contact Edward at 343-995-7696 or Grant at gruntg@hotmail.com

Hygge Homesharing: A way to solve housing problems facing seniors and 2SLGBTQ community

Ralph Blaine

J.'s arthritic grandmother faced a dilemma when her husband passed away. "I'll have to get a dishwasher. Mine just died." C. J. knew this was no joke and wanted to help. But the two lived hundreds of miles from each other. That's how she began to think about home sharing. She eventually developed a unique take on this idea and won a start-up grant from the Awesome Foundation which helped launch Hygge Homesharing.

C.J. Blake, who is 26, grew up in the Niagara region. She attended the University of Ottawa and graduated with a degree in International Studies and Modern Languages-living on Stewart Street in her final year. A university course in Gerontology and her experiences as a member of the 2SLGBTQ community led her to a possible solution to problems faced by these two groups.

According to C.J., 25 to 40% of youth in shelters are from the 2SLGBTQ community. Some sectors of this community face serious discrimination in the job

Illustration Phil Caron. A cup of tea enhances almost everything. market. This, in turn, makes it difficult to find suitable, reasonably priced lodging. There are also many seniors living in homes with un-used rooms suffering from loneliness and needing help with chores. She began to think about matching these needs.

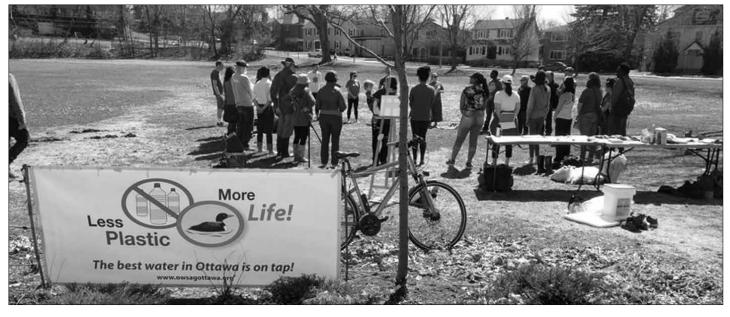
Her first idea was to find matches entirely within the 2SLGBTQ community senior homeowners with un-used rooms and young people willing to do household work in exchange for a reduction in the rent. As she discussed this idea with potential clients her model evolved. C. J. tells IMAGE that she has widened her target groups. Hygge is now looking for homeowners of any age and any sexual orientation. The prospective renter can also be of any age but will be a member of the 2SLGBTQ community.

With its target population clearly established, Hygge Homesharing is now conducting interviews and building profiles of possible participants. C. J. hopes to have the first five matches in place this September. Once a match is agreed upon the mechanics are straightforward. The homeowners will establish a base rent and a list of household chores they would

like help with. The base rent will then be reduced according to the amount of work agreed to by the tenant. A two-week trial "backpack" move-in will be arranged before the final agreement is signed. If all goes well the tenant pays the rent to Hygge which remits the money to the homeowner minus a small administration

At the moment Hygge Homesharing is still a one-person operation, but C.J. is working on recruiting a Board with herself as Executive Director. She sees her home-sharing initiative as not only providing homeowners with companionship and help but also creating links between some of the more isolated segments of the 2SLBGTQ community and the community at large. She is often asked if she sees opening her program to tenants outside the 2SLGBTQ community. She says that would only happen when society has changed enough that discrimination towards this group has significantly declined-when the 2SLGBTQ community has been fully accepted. In her words: "No time soon."

For more information readers can consult the website: hyggehomesharing.ca



Earth Day 2019 in Strathcona Park — Waste products were collected by these volunteers, who are saving the plastic bottles they found.

The best water in town is on tap

Eric Schiller & Diane Holmes

The environmental movement is gathering steam in Sandy Hill. On Earth Day, April 22, at Adàwe Crossing, OWSAG and Ottawa Riverkeepers collected waste products along the Rideau River. All used plastic water bottles collected will be saved for an event later in the summer which will highlight the fact that these bottles are not needed because Ottawa has excellent tap water.

Water from the tap instead of in plastic bottles is fine. So why not use tap water instead? We don't do it because bottled water makes immense amounts of money for some very large international corporations which have enormous budgets, and cities have always been financially fragile. Here are the ABCs of bottled water.

A—City water is safer: Municipal tap water is tested more frequently for more elements than bottled water.

B-City water is healthier: Ottawa's water includes calcium and magnesium that are naturally occurring. Bottled water has been demineralised, making the water less healthy.

C—City water is less expensive: A plastic bottle of water can cost up to 1500 times the cost of a glass of tap water.

D-Recycling in Ottawa is not working: Far less than 50% of plastic water bottles are recycled. Ottawa has one of the lowest records for recycling in the province. There is little money to promote recycling in the City budget.

E-The City does not promote its own tap water: The City budget for water is \$95 million per year. Of that, \$10,000 is spent on promotion materials for city water. If you add in staff time, the amount goes up to \$100,000. So the reality is that there is so little promotion of City tap water that it doesn't register in the minds of the people who pay for it—you.

F—Selling out to Coca-Cola: In 2010 the Department of Recreation was told to find private sector dollars. The suggestion was that they could procure naming rights and pouring rights. Not surprisingly, there were no companies interested in naming swimming pools, baseball diamonds and gyms. But Coca-Cola was happy, (over the Public Health Department's objections), to secure the contracts for pouring rights in City community centres. We now have Coke and Pepsi dispensing machines conveniently located at City Hall and in our community centres.

In the two years left in the contract for Coke and Pepsi, 360,000 more plastic bottles will be sold. Where will they end up? In our landfills, streams, rivers, and some will float to the ocean. We can easily live without Coke and Pepsi vending machines in our City facilities. We need single-use plastic bottles removed from city buildings. This would reduce the use of bottled water so that we would have less plastic in our garbage trucks and in our environment.



At the Sandy Hill Community garden, Helene Lacelle turns and tills the soil, contributing to nature's bounty among the beauty of Sandy Hill's Rideau River greenery.

Nature creates and creates and repeats

Peter Evanchuck

This creativity is very clear in our Sandy Hill community garden. After a strange and record breaking, lousy spring flooding, both the Ottawa River and the Rideau River have subsided and now flow almost normally. The cold inclement weather has upgraded to more late spring-like warmth.

So this week the members of the community garden cleaned up and cleared up our little plots of garden land that borders on the community soccer field and overlooks the magnificent Rideau River. Each member receives a plot about 3.6 by 5 metres (12 x 17 feet) to basically plant whatever they want, however they want, as long as they don't upset fellow gardeners too much.

We learned, since this is our third year, what grows the best and easiest for our personal tastes After all, it's all about healthy, organic eating as much green as nature provides to our little gardens.

So Helene and I turned the soil, scraped the weeds and began the planting of lettuce, tomatoes, potatoes, peppers, various herbs, beans and other favourites.

It takes very little effort and time to have this creative event in our creative lives.

Nothing like being in Canada's third largest city and be able to look up from our garden to see the flow of the river cutting through the tree- and grass-lined green space carefully cared for by concerned citizens.



Helene Lacelle working away to return some beauty to the Hurdman Parkette after devastating construction of new ugly wall along Queensway - planting every year something to recreate a friendly place for the neighbourhood.

In this age of disastrous global warming, fake presidential news tells us all's well but we know better. Mother Nature is warning us that she can only create if we don't destroy her ability to create. See a review of Prof. Peter Evanchuck and Helene Lacelle's exhibition now on at Café Nostalgica on p. 18.



Le Service à l'enfance Aladin offre des services éducatifs à l'enfance à l'école Sainte-Anne, au 235 promenade Beausoleil.

Nous offrons nos services en français aux familles de la ville d'Ottawa. Nous avons des programmes éducatifs de qualité pour les enfants âgés de 18 mois à 12 ans, du lundi au vendredi, à l'année longue. Un nouveau programme pour poupons (bébés) est offert en 2019.

Pour de plus amples informations, SVP contactez-nous à steanne@aladin.services ou visitez notre site internet à

www.aladin.services



Bike Ottawa visitor centre in Laurier Park, June 1. Bike Ottawa has been a citizen-led advocacy group for safe cycling and bike-friendly streets since

Inaugural climate picnic

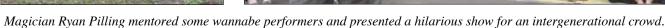
Climate crisis is facing us all

Mia Hunt

n June 1, neighbours young and old gathered in Laurier Park to share strategies for tackling the climate crisis, and to enjoy an outstanding mix of live entertainment. The event was part of Ottawa's first Intergenerational Day, celebrated in 100 cities across Canada to foster connections between people of all ages.

Diane Beckett and I teamed up with the aim of creating an event that would empower and inspire Sandy Hill residents to face the climate crisis: the greatest intergenerational issue facing us all. Not only did it bring together people of different ages, but also people at different stages of their climate journeys - from vegans committed to avoiding air travel and all plastic waste, to those curious about making changes and wondering about a meat-free Monday or cycling to work, for example. We all benefit from supporting each other





to make climate-friendly choices large and small.

Upon arrival, participants were invited to write their strategies on pieces of fabric and attach them to ropes strung between trees. Not only was it beautiful, this participatory installation prompted climate conversations, which can often be awkward to begin. There were also opportunities to chat with local environmental organizations, such as Bike Ottawa, Our

Time, a Green New Deal for Canada, and the Ottawa Water Study/Action Group.

Everyone was treated to a wide and intergenerational range of musical performances expertly curated by Chris White, co-founder and former Artistic Director of the Ottawa Folk Festival. Doreen Stevens, Algonquin knowledge keeper, opened the event with a land acknowledgement before performing with Helga and her daughter, Aki, in a wonderful collaboration of Indigenous and immigrant music. This was followed by cross-cultural music by Local Colour, featuring Monique, Juanita, Lili,

Debbie, Patricia and Carmel, before Ryan Pilling entertained with a hilarious magic show. Singer-songwriter and social activist Vincent Bishop then came to the stage, followed by Hop To It!, featuring Mary, Ann, Michael and Jonathan, and social justice choir Just Voices. The bilingual singer-songwriter Kristine St-Pierre then mesmerized the crowd, before Chris White was

joined by Debbie and Juanita for a final singalong. Everyone gave so much of themselves and we can't thank them enough!

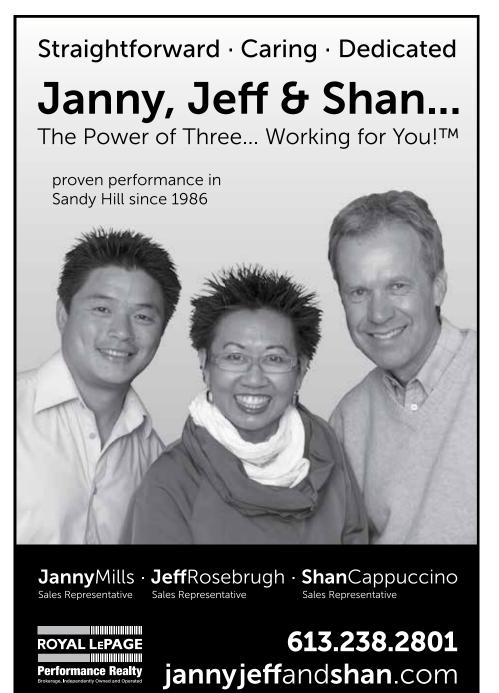
Thanks are also due for the generous support of Action Sandy Hill, the Sandy Hill Community Health Centre, Mathieu Fleury, Fabrications and allsaints Event Space. We also want to acknowledge the Climate Pledge Collective, a fantastic climate focused organization that inspired this event. You can learn more about them at climatepledgecollective.





Left-Volunteers Eric Schiller, Khady Konaté, Mia Hunt and Jacob Weber at the selfie station.





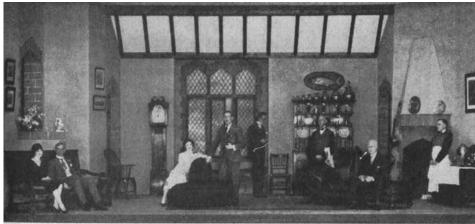
Out and about — Harlequin Studios photographer



May 24 — National Gallery's new CEO Dr. Alexandra (Sasha) Suda (left) and Senior Exhibitions Manager Serge Belet (right) are seen above at the opening of this summer's blockbuster show. Dr. Suda, who lives in Sandy Hill on Range Rd., began her career in the medieval department at the Metropolitan Museum of Art, New York, and has since become an internationally recognized curator, most recently at the Art Gallery of Ontario.



May 30 — Uniform check at the Cansec defense and security show.



Anthony and Anna by St. John Ervine was the first play at the Drama League's own theatre. It opened on January 4, 1928.

Little theatre, big history

François Bregha

andy Hill residents who enjoy live theatre are well-served, living near the National Arts Centre and La Nouvelle Scène. In the summer, Odyssey Theatre stages comedia dell'arte in Strathcona Park. All three offer exciting professional theatre within easy walking distance. But just as close is the Ottawa Little Theatre (OLT), at the corner of King Edward Avenue and Besserer Street since 1928. Originally housed in a former church, it built the current facilities after a destructive fire in 1970 and recently renovated.

The theatre's roots go back to 1913 when the University Women's Club formed a Drama League to encourage amateur theatre in Ottawa. The purpose then was to ensure good attendance at deserving plays while ignoring "unworthy" ones. Under the leadership of Duncan Campbell Scott, the celebrated poet, the League raised enough funds to buy the Eastern Methodist Church, whose congregation had recently moved after merging with St. Paul's Presbyterian Church at Daly Avenue and Cumberland

When the Governor General, Lord Willingdon, officially opened the theatre in 1928, it was described as the largest and

best equipped of its kind in Canada. There was no local professional theatre in Ottawa and, after the Russell Theatre closed, it was the only show in town. In the 1930s, an anonymous patron wrote, "The Drama League is entitled to public thanks for its continued good work in providing civilized plays in a veritable dramatic desert."

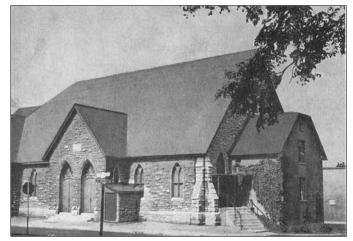
Under the Governor General's patronage Lord Bessborough not only attended plays but designed sets, and his son played several roles – the theatre thrived and became an important social gathering place, attracting diplomats and members of high society. The theatre's importance was further enhanced by hosting the newly formed Dominion Drama Festival for its first five years in the 1930s.

Photos from Staging a Legend, by Iris Winston

Several well-known Canadian actors and comedians played at the OLT, including Rich Little, Dan Ackroyd, and William Shatner. Yusuf Karsh, the famous photographer, volunteered backstage at the OLT and credits his experimentation with stage lighting for helping him light portraits. He not only met influential people there, such as Lord Bessborough whose portrait he took, but also his future wife, Solange Gauthier.

The OLT has staged over 1000 plays in its first century and is one of North America's oldest, continuously producing, community theatre companies. All directors, designers, actors and stage crew are volunteers and the theatre earns most of its income through ticket sales, making the OLT truly a community-based organization. Today, the OLT specializes in popular dramas and comedies, offering nine plays a year.

The OLT season extends deep into the summer, so why not take advantage of it and go see a play at Sandy Hill's very



Eastern Methodist Church at the corner of King Edward Ave. and Besserer St. became Ottawa Little Theatre after church union in 1925. It was eventually destroyed by a fire that started in the green room on July 1, 1970.

Out and about — Kathleen Kelly photographer



Sandy Hill resident Nérée St-Amand (standing, right) performed with the Pavaka Ensemble in Between Sound and Silence, a meditative musical experience on June 4 at allsaints event space. The event was presented by regional Sri Chinmoy centres.

Concert cornucopia:

Music and Beyond makes itself at home in Sandy Hill this summer

Paula Kelsall

ne of the best things about living in Sandy Hill is our proximity to many of Ottawa's signature attractions and events. This year, the Music and Beyond festival is raising this advantage to a new level. The festival is celebrating its

tenth anniversary this year, with over 100 concerts and other musical events, more than a third of which will take place right in our neighbourhood. St. Joseph's Church on Wilbrod Street, allsaints event space on Laurier Ave., the Ottawa Art Gallery and the University of Ottawa—all will be part of the festival, which runs from July 4 to 17.

On Sunday July 7, the festival's annual Music Expo for families will take place on and around the grounds of Ottawa U. from 10:00 a.m. until 3:00 p.m. This free event will showcase over 200 short concerts and other musical treats. Parents and kids will be able to meet musicians, try different instruments, build their own instruments and take part in a musical scavenger hunt. The festival's executive director, Sandy Hill resident (and father of four) Julian Armour, says his boys love this event, which aims to make music as much fun as skateboarding, video games, and movies. Look for the action in and around Tabaret Hall, St. Joseph's Church on Wilbrod Street and across Laurier at the university's music building, Perez Hall.

St. Joseph's will be the site of many concerts, including two featuring the choral powerhouse State Choir Latvija. Local singers will be particularly interested in the choir's July 8 performance, which will be a choral workshop including a discussion of Latvian song traditions and a chance to sing along. St. Joseph's will also host a performance of Bach's complete Brandenburg Concertos over two evenings, with Montreal's Ensemble Caprice.



Enjoy the music of Orava Quartet and the excellent acoustics of allsaints event space on July 5.

allsaints event space will be hosting concerts in its refurbished

and air-conditioned main space, the sanctuary of the former Anglican church. Musical genres will be varied here, with artists including the Brazilian Guitar Quartet, English tenor Charles Daniels, and Montreal band Kleztory, with their repertoire of traditional world music. Julian Armour is particularly pleased by the thought of festival goers being able to enjoy meals, coffee or a glass of wine in allsaints' café, Working Title, before or after their concerts. This pleasure will be highlighted on July 7 when the café hosts a brunch, followed by a concert upstairs.

At the Ottawa Art Gallery there will be two opportunities to see a new film by Sandy Hill filmmaker, Koa Padolsky. *Le chemin des juifs* relates the story of David Shentow, who survived the Holocaust and came to Ottawa after WWII. These screenings will be accompanied by a live performance of the film's original score. Meanwhile, at Freiman Hall on the U of O campus there will be several screenings of another locally made film, *Sarah MacDougall Meets the Ghost of Beethoven*. This one is directed by Kevin Reeves, director of local chamber choir Seventeen Voyces, and features Julian Armour playing a music teacher.

Of course, there is plenty of Music and Beyond programming happening just beyond Sandy Hill, as well. Festival passes and tickets to individual concerts are for sale online, and passes can also be purchased at Books on Beechwood, Librairie du Soleil, and other Ottawa music and book stores. For full details, see the Festival website at musicandbeyond.ca.

Word Sonnets

Seymour Mayne

The word sonnet is a relatively new variation of the traditional form. In essence, it is a fourteen-line poem, with one word set for each line. Seymour Mayne is one of the chief innovators of the form. —Ed.

Rescue Mission

Tongue

g	
Who	Now
keeps	it
the	is
words	a
fresh	rescue
and	mission,
reborn	drifting
from	into
day	the
to	senior
day?	zone,
Your	with
loose	life
tongue.	preservers.

Mileage Pilot Light

Your	We
feet	always
fall	knew
in	there
from	was
fatigue,	ample
too	gas
many	for
steps	the
that	stove
outpace	and
the	steadfast
allotted	pilot
mileage.	light.

The word sonnets above were first published/posted last summer on the website of the White Wall Review, Ryerson University's literary magazine.



Music and Beyond Festival executive director Julian Armour, with sons Francis (left) and Pascal (right) took shelter from the rain after a performance at the Tulip Festival in May.

ELMWOOD INSPIRING GIRLS WAS A STREET OF THE STREET OF THE

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Odyssey Theatre (pictured above in a 2015 production) will present The Bonds of Interest in Strathcona Park July 25-August 25

Première of Spanish masterpiece for Odyssey Theatre's 34th season

Nicole Gonato

ach year, Odyssey Theatre welcomes theatregoers of all ages from across Ottawa to the outdoor stage in Sandy Hill's beautiful Strathcona Park. Renowned for its signature performances featuring *Commedia dell'Arte*, mask, physical theatre, clown and puppetry, Odyssey's Theatre Under the Stars series has received over 25 awards and nominations, most recently included in the *Ottawa Citizen*'s Top 10 Live Performances of 2018.

This summer, Odyssey Theatre brings a new translation and adaptation of *The Bonds of Interest* by Nobel Prize laureate Jacinto Benavente to the Ottawa community. *The Bonds of Interest* is a brilliant comic intrigue about two con artists who swindle an entire town of crooked merchants, powerful elites, and grasping pretenders, all of whom will stop at nothing to get rich quick. This clever satire takes aim at the corruption and insatiable greed flourishing in a modern money-driven world

While it is considered Benavente's most celebrated work, *The Bonds of Interest* is rarely produced in North America. Distinguished scholar, Catherine Boyle of King's College London, collaborated with Odyssey's Artistic Director, Laurie Steven, to create a dynamic new translation that will introduce Benavente's modern *Commedia dell'Arte* masterpiece to the contemporary English-speaking world. This exciting collaboration was developed through Odyssey's New Play Creation Program with workshops in both Ottawa and the UK.

Sandy Hill's neighbourhood Early Learning Centre



Bettye Hyde Cooperative Early Learning Centre

For children 18 months to 5 years.
Please be in touch to arrange a visit.
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2020-2021.

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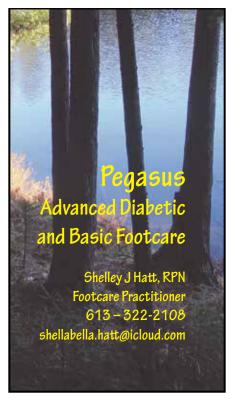
www.bettyehyde.com bettyehydeottawa@gmail.com 613.236.3108

Odyssey's award winning Artistic Director, Laurie Steven, returns to direct a talented cast of Odyssey veterans and newcomers from Ottawa, Toronto and the UK. Leading the cast as Crispín, the master manipulator, is Canadian-British actor and Odyssey veteran, Ross Mullan, best known as the White Walker on Game of Thrones. Also joining the cast is Toronto theatre and film actor, Soo Garay, most recently seen on HBO's The Handmaid's Tale, and Netflix's The Umbrella Academy. Five talented local actors will be taking the stage this summer, including Stavros Sakiadis, Mitchel Rose, Bruce Spinney, Maryse Fernandes and William Beddoe.

Steven is also working with an outstanding team of designers - notably Sandy Hill's eminent heritage architect, Barry Padolsky, who played a key role in the rehabilitation of the Canadian Museum of Nature, and the Ottawa Art Gallery and Arts Court redevelopment; as well as award winning local designer, Vanessa Imeson, costumes; Ottawa composer and founder of Lachance Music, Venessa Lachance, music and sound; and renowned mask designer, Clelia Scala. Inspired by graphic novels and hip-hop jazz funk music, the team of designers is creating a world of decadent glamour and decaying wealth, inhabited by comic masked crooks and charlatans.

With a vibrant new translation of a Spanish gem, a talented cast and company, and the return of Odyssey's trademark style, this stunning production promises to be the hit of the summer. Enjoy a magical night of Theatre Under the Stars along the banks of the Rideau River with friends and family.

The Bonds of Interest will run from July 25 to August 25, 2019: Tuesdays through Sundays at 8 p.m., with Sunday matinees at 2 p.m.; Tickets available from June 10. More information about Odyssey Theatre is available at www.odysseytheatre.ca.



Art Begat Art and poetry at Café Nostalgica

Maureen Korp

Remember those rhymes you learned as a child? Taunting rhymes, counting rhymes: "London Bridge is falling down, falling down, ...", "One, two, buckle my shoe; three, four, close the ...". The acerbic ditties of our childhoods were originally social and political comments on the affairs of state, stuff we knew little about as children. Of course, all that was a few centuries ago in some other place. "Mary, Mary, quite contrary."

Art Begat is the new exhibition of collaborative work by Peter Evanchuck and Hélène Lacelle at Café Nostalgica, University of Ottawa. The exhibition includes examples of the artists' ironic use of photography, text, painting, and drawing. Their work may well remind you of those contradictory rhymes and events from childhood, that you have set aside.

The subject matter of the exhibition is one contrasting the child's point of view with the seemingly sensible world of the adult. The child has permission to look out for the spider, to pay attention to the owl. It is the adult who explains why this is so. Yet neither adult nor child knows what may be, or really is, to be found around the next corner. *Marvelous Realism Canada*, a photocollage by Evanchuck and Lacelle, for example, is an elaborated scene of children swimming in a canal somewhere. Is swimming here permitted? Where's the lifeguard?



Photo Helene Lacelle

Peter Evanchuck & Helene Lacelle, The Hoo, Who and Why Owl, 2019, two panels, mixed media, each panel, h. 20" x 16".

The drawing and calligraphy for both verse presentations are by Hélène Lacelle.

Throughout the exhibition, there is a reaching out to other times and places in the work shown. A photocollage by Hélène Lacelle, entitled *Un jour* à *Ho Chi Minh City*, depicts a street lively with motorcycles and cars. Lacelle's *Sisters* on the other hand, is a simple gouache painting of two standing figures. She has painted it in the style of a folk artist. Gouache, a water-based paint, is also known as poster paint: the same medium used centuries ago to illustrate medieval manuscripts. The eye of the artist is a constant over time.



Helene Lacelle on Café Nostalgica's patio waiting to hang the Art Begat show.

Art Begat includes two presentations of Peter Evanchuck's ironic verses, *Once a Spider* and *The Hoo Who* and *Why Owl*. Each verse shown is hand-drawn, illustrated and framed in the manner of a contemporary, two-part illuminated manuscript.

Both texts begin quietly enough; but both conclude with a quick metaphorical whack upside the head. For example, The Hoo Who and Why Owl begins, "Polliwogs into Frogs, wiggle in Bogs, eating like Hogs." A few lines later, "Owl sees, hears, then fears-all; a fright that ruins his night."

Agreed, a hooting owl might ruin anyone's sleep. There is a moral to the tale. Evanchuck tells us what to do: "When up the Tree of Life pondering Hoo, Who and Why, put in the Ear Plugs."

Evanchuck's verse entitled *Once a Spider* similarly concludes with an apt moral, "Life isn't fair when U live on dare aware that U eat Ur pals. It gets lonely."

Reviews of the artists' work from other recent exhibitions are displayed.

The exhibition continues until June 30. The work is quite modestly priced, frames included, in the range of \$75 to \$325. Café Nostalgica is located in the midst of the University of Ottawa's Sandy Hill campus. Excellent food and craft beers aplenty are available. Café policy emphasizes the use of biodegradable materials, fair-trade, locally sourced, organic foods. Open Mondays-Fridays, 11 to 11, the café is owned and operated by the U of O Graduate Students' association. The café welcomes all, and has become a favoured exhibition site for the work of Peter Evanchuck and Hélène Lacelle.

Art Begat: Art and poetry Continuing until June 30, at Café Nostalgica 601 Cumberland St. Ottawa, Ontario Photo Peter Evanchuck

Gallery Scene/Seen

Alejandro Salgado Cendales and Don Kwan

Weaving the web

The Chinese Experience in Canada

Maureen Korp

nyone got a hankering for Chinese? A yen for Szechuan? Cantonese? Is that place over there any good? How often have you heard those questions? More than once, no doubt. With a bit of luck, moments later, you are settled into place, pondering the menu and the merits of General Tao's Chicken or Buddha's Delight, egg rolls, pot stickers, good noodle soup. Very likely, your favourite Chinese restaurant is family owned. Have you ever wondered how it was this restaurant came to be here in Ottawa, or anywhere at all in Canada?

The new exhibition at Gallery 112 addresses some of these questions. Weaving the Web: the Chinese Experience in Canada is an installation by Alejandro Salgado Cendales and Don Kwan.

Walking into the gallery, the visitor's eye goes first to *Invisible Identities*, a suspended sculpture by Don Kwan. Three men's garments, two vests and a shirt, hang aloft. Each is carefully tailored from materials fabricated of Chinese restaurant menus, bedecked with photographs

of happy groups of people gnoshing away at their meals. You may recognize a face or two among the crowds. Your own? Perhaps. Pierre Eliot Trudeau is here, too.

Good Luck Quilt, by Don Kwan hangs nearby. The quilt, a large paper tapestry, is made of 397 individually filled Lai See, the red envelopes usually filled with money as offerings for good luck, good fortune. Are these 397 envelopes filled with money!!? No. Even better. They are filled with knowledge.

For more than two years, Kwan asked people to write, on small slips of paper, what they themselves *knew* in their own lives to be a sign of good fortune. One person wrote, "A day with no pain." Another wrote, "Friends." As people learned of Kwan's project, some donated their own lucky tokens for the work – including, one miniature toy brontosaurus.

Don Kwan photographed all before fastening each into an envelope for the tapestry. Twelve photographs are displayed on one wall of the gallery. They provide a sense of the blessings within the work of the quilt.

Along two other walls of the gallery are intricately constructed digital collages



Don Kwan. Invisible Identities, Dress Shirt. Three Shirts. 2017-19.

by Alejandro Salgado Cendales. Each composition is backed by Cendales' research into historical events of injustice throughout the story of Chinese-Canadian life. How was the Head Tax applied? Who got the money? How was the railway built? In *Gold Mountain (Gum Shan)*, for example, we see patterns of people: all the same, all ghosts. The composition alludes to the relocation of Chinese workers to the Fraser Valley in the mid-nineteenth century.

Racist laws specific to the Chinese were passed throughout much of the Nineteenth and Twentieth Centuries in Canada. Work restrictions were only part of those laws. Cendales makes this particularly clear in one brutal composition. Through the window of an industrial shop, we can see a young man and some large pieces of machinery. The writing on the window declares to the world outside, "Here it is. 1909 Model. The Iron Chink"

Yes. That is the foul name given to a piece of machinery invented and market-

ed as such in Canada. Each could do the work of 50 people in the fish canneries.

Some of these matters are further discussed in two films Alejandro Salgado Cendales made to accompany the exhibition. Sam Gee, one of the artist's key sources, tells his story well – from the days of hearing "chin, chin, chow, Chinaman" on Ottawa's streets to the lack of even a symbolic redress from the Canadian government. Sam Gee is 93.

Alejandro Salgado Cendales immigrated to Canada two years ago. Don Kwan's family has been in Canada for many generations.

Weaving the web: The Chinese experience in Canada

Continuing to July 6, at Gallery 112, City of Ottawa Central Archives, James K Bartleman Centre, 100 Tallwood Dr., off Woodroffe Ave.

Free: Tues. to Fri., 9 a.m. to 4 p.m.; Sat., 10 a.m. to 5 p.m.



Alejandro Salgado Cendales. The Iron Chink. 2019. h. 32cm x 46cm



Alejandro Salgado Cendales. Gold Mountain (Gum Shan). 2019. h. 12cm x 34cm



Don Kwan. Good Luck Quilt. 2017-19.

Other exhibitions of interest

Canadiana

Deborah Arnold, Barbara Gamble, Karen Haines, George Horan Sivarulrasa Gallery 34 Mill St., Almonte Open daily to the public. Free The show runs until June 30.

Places, paths, and pauses

Marlene Creates at Carleton University Art Gallery until August 25

On Location: Human Interventions in the Landscape

Lorraine Gilbert, Stephen Livick, John Pfahl at Carleton University Art Gallery until August 25 St. Patrick's Building, 1125 Colonel By Dr., Ottawa Open to the public Tuesday to Sunday. Free

Summer Camp

SPAO Centre: School for Photographic Arts 77 Pamilla St., Ottawa until July 1 Open Wednesday to Saturday, noon to 5 pm, and by appointment. Free.



EXPOSITION #18 Présenté par Moonglow.ca 17, 18,19 & 20 oct. Vernissage 18 octobre 17h - 21h Ouvert /Open 17 oct. 13h - 19h 18 oct. 17h - 21h 19 oct. 13h - 16h 20 oct. 11h - 16h AllSaints événements All saints event space Laurier et Chapel Ottawa www.marcthivierge.com



Marc Thivierge, Poisson

Rencontre avec l'artiste Marc Thivierge

Christine Aubry

andy Hill is home to many talented artists. I had the pleasure of sitting down over coffee at the Working Title café with one of them, Marc Thivierge, to learn about his upcoming exhibit at allsaints event space, as well as his ties to Sandy Hill and his love of Portugal.

As proud Franco-Ontarians, we conversed in our native tongue, but Marc is also fluent in English and hopes to welcome a diverse crowd between October 17 to 21 for his showcase of colourful, fun and vibrant mixed-media works, inspired by the Portuguese To learn more about Marc, obtain further details about the allsaints exhibit and see previews of the pieces that will be available for purchase, visit his website: www. marcthivierge.com

Notre voisin, Marc Thivierge, est artiste depuis plus de trente ans. Son exposition dans l'espace allsaints du 17 au 21 octobre sera sa 18ième exposition (d'où le titre Exposition #18), mais il la considère comme sa première véritable exposition solo. Elle marque aussi pour lui une transition professionnelle entre le collage et la peinture.

Résident de la rue Nelson depuis 2015, c'est en recherchant un espace pour cette première au centre-ville qu'il a découvert le joyau allsaints. « Sandy Hill, c'est génial! exclame-t-il. On ne peut être mieux localisé à Ottawa. »

D'ailleurs pour Marc c'est un retour aux racines, ayant passé une partie de sa jeunesse sur la rue Henderson, avant de quitter pour Montréal, ville plus accueillante



Marc Thivierge's colourful work will be displayed at Working Title in October, 2019.

envers les artistes, surtout artistes gais.

C'est une vie plus tranquille qui a attiré Marc et son époux, tous les deux maintenant à la retraite, vers le Portugal, où ils y passent les hivers. Cette exposition rendra hommage à la beauté colorée de ce pays méditerranéen - vagues, flamands roses, et poissons multicolores, parmi autres, représentés sur toile et sur bois, en peinture et un collage.

Et pour preuve que l'artiste a bien saisi l'esprit du Portugal, la population du village où il hiverne a lancé une pétition pour que leur ambassadeur à Ottawa les représente à cet évènement culturel.

Marc veut faire mieux connaître son art, mais il a aussi un message impor-

tant pour nous tous. Ému, il partage avec moi l'ouverture spirituelle vécue après le décès de son premier époux, suite à un cancer. « La vie, ce n'est pas le travail. Arrêtez-vous devant les fleurs, devant les nuages. »

Photo Christine Aubry

Au mois d'octobre, alors, prenez donc une pause et arrêtez-vous au café Working Title pour vous laisser emporter ailleurs. Et si vous avez des projets de voyage au Portugal, Marc sera ravi de vous porter conseil!

Pour obtenir plus de détails sur cette exposition et voir un aperçu des œuvres qui y seront présentées, visitez son site internet www.marcthivierge.com

News from Viscount Alexander School

Michael Barnes

Our principal retires

Sadly for Viscount Alexander, our principal for the past two years, Paula Slesar, is leaving the school for retirement. An educator for 30 years, Mrs. Slesar has been extremely supportive of the school in so many ways, including organizing sports and arts events, addressing parental concerns, and supporting this community. Her hard work made Viscount better for all. Best wishes and *thank you*!

Standing up for Sandy Hill!

The Viscount Alexander school council, a parent/staff group, took the initiative to write a letter to Mayor Watson and all councillors, addressing the concerns of many residents with respect to housing development in Sandy Hill. That letter stressed that the increasing development and presence of "bunk houses" in Sandy Hill undermines our family-friendly community for all residents. We have asked for a meeting with city planners to further this conversation.

Seeking volunteers

Viscount Alexander is always looking for volunteers from our community to help in a variety of ways, including reading, handing out fruit and vegetables snacks on Monday and Friday mornings, and supporting our community events. If you are interested, please get in touch with Cristine Elrick, cristine.elrick@ocdsb.ca.



Basketball tournaments

May 1, our Junior Girls team played at Gloucester High School with Emma, Sofia, Tasnia, Jada, Ola, Nadia, Hala, Kayla, Arty, and Mehrangez. They finished first in their division! Coach Laura Bruin, thanks for all the hard work!

April 30, our Junior Boys team – including Ismaila, Sebastian, Yusuf, Tarek, Nati, Rayan, Yahya, Austin, Andrew, Hamse, and Omar – made us all very proud for being the most well-disciplined and respectful group in the tournament held at Gloucester High School. They played some outstanding basketball and finished first in Tier 3, second in Tier 2, and first in Tier 1! A big thanks to our coach, Mr. K!

Viscount Wax Museum

April 25, 40 students from Grades 5 and 6

participated in our annual Wax Museum. This year's theme was Best Singers of all Time. The students dressed as their favourite singer, and memorized a two-minute speech about the background and life of their singer. They also created a storyboard with images and text; then, small groups of students from Grades 1 to 4 were invited to listen to the speeches. The singers stood in their spots like wax figures. When the light re-animated them, they spoke to their captive audience. We truly thank Mrs. Kristi Fulford for organizing this successful museum!

The annual bike rodeo

This year, 20 bikes were given to children who needed a bicycle. Grades 1 to 4, got 45 minutes outside to learn about helmet fitting, road rules, and then riding the sla-

lom course. The Grade 5 and 6 students cycled to Mooney's Bay and back on bike paths.

None of this would have happened without our sponsors and event coordinator. Many have supported our bike rodeo for years. We truly appreciate their dedication to this Viscount tradition. This year, the Sandy Hill Community Health Centre supplied loaner bikes, bells, and repair services. The Kiwanis Club of Bytown provided financial support to obtain bicycles. Ruth Watson of Cycle Salvation fixed 20 bikes for the cause. Trish and Rob from the Ottawa Safety Council ran the event. A big thank you goes out to all donors and volunteers, including the students in Lisgar Collegiate's Outdoor Education program, who helped run the bike stations and assisted new riders. Finally, Cristine Elrick kept it running smoothly. It was a great day!

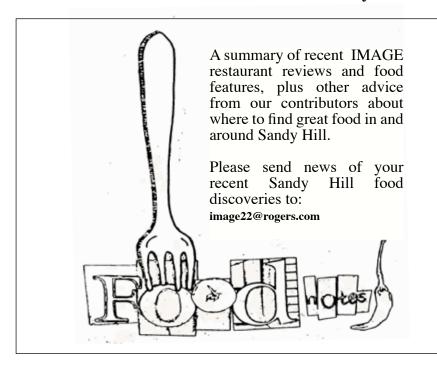
International potluck dinner

June 12, Viscount Alexander continued its special tradition of hosting an international potluck, where families are asked to bring food to share from their country. The teachers serve the food, and the school council help with appetizers and calling table numbers. This gives families new to Canada and Viscount a sense of community, and allows everyone to make new friends and meet old ones.

Volunteer breakfast

June 6, the school showed its appreciation for all our volunteers. Our teachers served tea, coffee and breakfast. Thanks to Mrs. Contant, our organizer. Congratulations to our Volunteer of the Year, Dianne Hough!

With notes from Cristine Elrick and Kate Wigston



1 Elgin, National Arts Centre The main dining room at the NAC has closed for renovations, and will reopen on August 14 with a new name, 1 Elgin. The new space will feature guest chefs from across Canada, redesigning the menu every 6 to 8 weeks to showcase cuisine and ingredients from different regions of the country. In the meantime, Le Café's terrace will be open for al fresco meals, a good place to keep in mind before an evening at the jazz festival or when you just want to experience one of those balmy summer nights by the canal.

Cadena Spanish Café, 323 Somerset St. East – The ambiance at Cadena is a little utilitarian, but the café now has a liquor license which helps to make dinner there a festive, if not cozy option. Cadena's shrimp in a garlic, cream, and wine sauce is a blissfully delicious dish, and makes a fine supper when matched with a Spanish salad laden with tomatoes, olives and artichoke hearts. If you want to make it dinner for two, throw in some patatas bravas, roasted potatoes drizzled with a spicy sauce. The shrimp and the patatas can be found on Cadena's tapas menu. There are also lots of good sandwich options and some hearty all-day breakfasts.

Chinese Meat Pie House, 508 Rideau St. – The eponymous meat pies are good for eating out of hand: a blend of beef or pork with spices and onions, sandwiched between circles of dough that seem to have been steamed, then fried. This little restaurant also serves steamed dumplings, hot and sour soup, and a tasty, crisp salad of shredded raw potato in a tangy vinaigrette. Vegetarian options are few, though there is a rather bland pancake made with rice flour and green onions. There is a fresh new counter running around the room, at which it would be fun to sit and watch the passing scene on Rideau Street while garnishing one's meal with the soya sauce, vinegar, and chili paste the restaurant has provided. Takeout would also be a good option, now that summer is here and our local parks are beckoning.

Happy Goat, 229 Rideau St. and 317 Wilbrod St. – There is probably a better chance of getting a seat at the newer branch of Happy Goat on Rideau Street, although there's a more inspiring selection of baked goods at the well-loved Wilbrod Branch. At either establishment the grilled cheese sandwich, laden with assorted cheeses and caramelized onions, is a gooey masterpiece.

Si Senor, 506 Rideau St. – There's another tiny new restaurant in the brick house right next door to the Chinese Meat Pie House, this one serving Mexican street food. Fresh guacamole, tender tacos and enormous burritos, washed down with a beautiful hibiscus drink or a glass of horchata, a milky drink made with rice and cinnamon, that will send you home in a happy mood. The friendly service and cheerful decor will lift your spirits too

Working Title Kitchen and Café, 10 Blackburn Ave. but enter through the red doors on Laurier near Chapel – There are exciting signs of a patio taking shape on Laurier outside allsaints event space these days. Look for a soft launch of this new space towards the end of June. Working Title's plans are to offer a patio menu, Merry Dairy ice cream and lots of activities for kids, seven days a week. Meanwhile, the café's 5 – 7 evenings continue: with live music booked through July, on Thursday evenings; and the parent-friendly kindercinema program on Fridays. There is also a new meatless Monday menu featuring old favourites from Perfection-Satisfaction-Promise, thanks to the owner of this late, lamented Laurier restaurant now working as allsaints' accounts manager.



Strawberries!

Dodi Newman

In my book, asparagus and strawberries compete for the prize of the most welcome and delicious produce after an interminable winter. So, in a perfect world, for dinner I would feast on loads of asparagus (drowning in butter) as a main course, with eggy crêpes as a side, and for dessert one of the myriad of concoctions inspired by strawberries.

How to choose? If local strawberries are available—and I don't mean Niagara

Peninsula local, I mean really, really local and freshly picked at the peak of ripeness—then I would serve them, stems on, with a bowl of superfine sugar to dip them in. If I had oodles and oodles of time, I might spend a day making an Austrian "Spanische Windtorte (Spain and Austriahad a close connection via the Hapsburgs, in case you were wondering) or, if I had less time, I might make its simpler cousin, a strawberry Pavlova. Recipes for either are all over the net.

But if I had neither time nor the best possible strawberries, I would make Strawberry Mousse—easy, failsafe, and quick as lightning.

Strawberry Mousse

Serves 4

When strawberries are out of season, use frozen ones—they have more flavour than the anemic and oversized ones available when the real thing is not in season.

It is important to use superfine sugar and not regular or icing sugar. The superfine variety will dissolve almost instantly, unlike regular sugar, and it will not give the cream or fruit a slightly starchy consistency, as icing sugar often does.

1 1/2 cups strawberries, fresh or frozen

4 tablespoons superfine sugar

1 to 1 1/2 cups whipping cream (34%), to taste

1/2 teaspoon vanilla essence

A few strawberries and/or mint leaves for garnish, optional

If the strawberries are fresh, wash and drain them well. If you use frozen ones, thaw them first.

Purée the strawberries with a blender, a hand-held blender, or in a food processor, until smooth. Reserve.

In a bowl large enough to hold the strawberries and the whipped cream, whip the cream until very stiff, but take care not to turn it into butter. Stir in the vanilla essence

Set aside 1/2 cup of the puréed strawberries. Add the remaining strawberry purée to the whipped cream and stir to mix well.

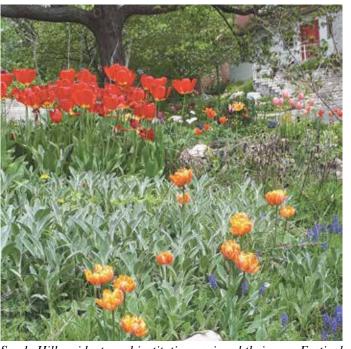
To serve, distribute the reserved 1/2 cup of purée among 4 parfait glasses or small bowls. Spoon the whipped cream and strawberry mixture on top. Garnish with berries and/or mint leaves as desired.

Serve immediately or refrigerate for up to 3 hours.

Out and about — Bob Whitelaw, photographer



June 1 — Canada geese in Strathcona Park seek a hint that summer is actually on its way.



Sandy Hill residents and institutions enjoyed their own Festival of Tulips during May, with front gardens suddenly full of colour.



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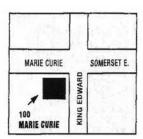
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Dimanche 10h00 - 14h00 Sunday 10:00 - 2:00

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Welcoming Ottawa Week: over 70 free events across the city. WOW!

alking tours, food tastings, concerts and sports events. These are just some of more than 70 free events offered this year during Welcoming Ottawa Week (WOW) from June 17–30

Now in its seventh year, WOW is an annual series of cultural and celebratory events held across the city, including in Sandy Hill. It is designed to highlight the many ways Ottawa is welcoming to newcomers, while creating opportunities for quality interactions between residents—long-term and new.

According to Ottawa Mayor Jim Watson, "WOW is a wonderful platform for us to reflect on Ottawa's current and historic welcome to refugees and newcomers. It showcases our genuine respect for the courage and strength newcomers demonstrate in overcoming obstacles to join our community."

"Newcomers are attracted to diverse, vibrant cities where everyone can participate in city life, contribute economically and actively engage in civic development," adds Hindia Mohamoud, Director of the Ottawa Local Immigration Partnership which leads WOW.

Do not miss this incredible celebration. Together we can make Ottawa Canada's most welcoming city!

For more information on WOW events, visit welcomingottawaweek.ca or find us on Twitter and Facebook. Find nearby events such as The 2019 Trebek Forum: «Humaniser la migration» | Humanizing Migration, June 20, 9:30 a.m. - 6:30 p.m., Learning Crossroads Building, 75 Laurier Ave. East. Or, Immigrant Heritage Walking Tour: Lowertown East, June 18, 7:00 p.m. - 8:30 p.m. Patro d'Ottawa, 40 Cobourg St.

—Submitted by Leah Geller



Rideau Branch Library Programs Programmes à la succursale Rideau de la bibliothèque

377 Rideau St., 613-580-2940 Rideau@Ottawa.ca www.BiblioOttawaLibrary.ca

FOR ADULTS / POUR LES ADULTES

Go Workshop (Strategy Game) / Atelier de Go (jeu de stratégie)

Learn to play Go, the ancient strategy game. Designed for beginners and intermediate players. 2 – 5 pm, Saturdays, July 20, August 10. Apprenez le Go, jeu de stratégie ancien. Conçu pour les débutants et les joueurs de niveau intermédiaire. 14 h à 17 h, les samedis 20 juillet et 10 aoûtn.

Pen and Paper Writers Group

Every Tuesday night at 6:30 pm. Dropin. Get feedback on your writing (any genre) and ideas from the group. Hear the work of other writers and offer your feedback. Discuss issues about writing and publishing. Share your triumphs, trials and tribulations with a supportive, informal group.

CHILDREN / POUR LES ENFANTS

Family Storytime / Contes en famille

Stories, rhymes and songs for children of all ages and a parent or caregiver. Tuesdays, 10:30 – 11:00 a.m., June 18 and 25, July 9 to August 20

Contes, comptines et chansons pour les enfants de tous âges et un parent ou gardien. 10 h 30 à 11 h les mardis 18 et 25 juin et du 9 juillet au 20 août.

Babytime / Bébés à la biblio

Stories, rhymes and songs for babies and a parent or caregiver. 0 – 18 months. 1:30 – 2:30 pm on the following Fridays: June 21, July 19, August 2 and 16.

Contes, comptines et chansons pour les bébés et un parent ou gardien. 0 à 18 mois. 13 h 30 à 14 h 30 les vendredis suivants : 21 juin, 19 juillet, 2 août et 16 août.

Join the TD Summer Reading Club!

The TD Summer Reading Club is Canada's biggest, bilingual summer reading program for kids of all ages, all interests, and all abilities. Rideau Branch is your source for free reading notebooks, web access codes and fun programs all summer long. If you're leaving Ottawa for vacation it's still possible to participate online. Drop by the branch or visit www.tdSummerReadingClub.ca to learn more!

Joignez-vous au Club de lecture d'été TD!

C'est le plus important programme de lecture d'été au Canada. Gratuit et bilingue, il est destiné aux enfants de tout âge, quels que soient leurs goûts et leurs aptitudes. Inscrivez votre enfant à la succursale Rideau pour obtenir des cahiers de lecture, des autocollants avec code d'accès Web. En succursale vous pouvez aussi profiter des programmes amusants tout au long de l'été. Si vous partez en vacances il est toujours possible de participer en ligne. Passez à la succursale pour en savoir plus!



NEIGHBOURHOOD BULLETIN BOARD

Nia Spring Fling, Mondays 9.30-10.30 a.m., continues through June and July; \$18 for dropin. Saint Paul's-Eastern United Church, Sandy Hill, 473 Cumberland St. (cor. Daly; entrance on Daly, red door) steffiretzlaff@gmail.com

Need help with work in your yard and other tasks? Daly Trust is a not-for-profit initiative led by St. Paul's-Eastern United Church. Help the down-and-out to get back on their feet by hiring them to do jobs such as yard cleanup, gardening, washing cars and window cleaning. Please contact Edward at 343-995-7696 or Grant at gruntg@hotmail.com.

Laurier House wants to hear from you! Parks Canada is planning the future direction of this home of two Prime Ministers, Sir Wilfrid Laurier and William Lyon Mackenzie King, and wants to hear your thoughts on programs, facilities and services. What is going well and where can we improve? Until June 30th by email:pc. Ihnmaisonlaurier-laurierhousenhs.pc@canada. ca. Find out more at pc.gc.ca/laurierhouse.

OUTPUT 2019; SAW Video Media Arts Centre's second annual screening of new works by participants of the centre's granting programs. Six works by Ottawa-based emerging, mid-career and established artists, four of which were directed by women, will be presented. Thurs. June 20, 7 p.m. Alma Duncan Salon at the Ottawa Art Gallery (10 Daly Avenue/50 Mackenzie King Bridge, 3rd Level) and will be followed by a Q&A with the artists and a reception with a cash bar and music. sawvideo.com/node/660

Preparing for End of Life: Even If You're Not Dying! All are welcome to register for an all-day workshop on Sat. June 22 at St. Joseph's Church, 174 Wilbrod. Topics: Advanced Care Planning with Roshene Lawson, Clinical Chaplain at Bruyere Continuing Care; Understanding a Palliative Approach to Care with Nadine Valk of the Champlain Hospice. 9 a.m.-3 p.m.; \$20 suggested donation; lunch included; free parking in lot. Register: www.St-Josephs.ca or call 613-233-4095 ext 0

Romeo and Juliet in Strathcona Park. A Company of Fools will be back with their Torchlight Shakespeare in the Park series this summer, visiting 36 parks across eastern Ontario during July and August. In Strathcona Park 7 p.m. every Monday night from July 8; all shows are pay-what-you-can; suggested donation \$20/person. See fools.ca.

Art in Strathcona Park, Sat. 10 August, 10 a.m.–4 p.m., rain or shine. Featuring the work of over 130 artists and artisans. This annual exhibition & sale is one of the area's most popular outdoor artistic events. Free admission; silent auction; refreshments; BBQ.

Go bats? Sat. July 6 at 8:30 p.m. (rain date July 7) join Bettina Henkelmann as she will "Com-bat" stereotypes about Ottawa's bat superpowers and habitat: foraging and roosting features, and practices that can be used to improve them. Please bring a flashlight and be prepared for mosquitoes. Meet at Building 72 in the Arboretum east of the Prince of Wales roundabout. Free. Register at friendsofthefarm.ca

Let's talk real estate

Lynda Cox



Buying or selling a home? Celebrate

When you buy or sell a home it's a big deal, a really big deal. It's the largest purchase or sale you will likely ever make. Along the way there are many events to celebrate: hearing your realtor say, after your participation in a bidding war, "You got the house!"; hearing your lender say, "Your mortgage has been approved," right down to the day you get the keys from your lawyer. Consider these ways to celebrate the day

- 1. Once you get the keys, head over to the property with some champagne and takeout from your favourite restaurant. Spread a blanket on the empty living room floor and have a picnic. Take lots of pictures.
- 2. Plant a tree or bush that you can see from inside. As it grows it will be a reminder of the memorable day.
- 3. Invite friends and family over for a party. Take advantage of having an empty
- 4. Write a note to your future selves and tuck it away somewhere in the home, to be found and read on the day in the future when you have to move again (or if you forget where you put it, for the new buyers, who will have a laugh when they
- 5. Take some drinks and a couple of lawn chairs and sit on the deck or balcony, discussing plans for each room.
- 6. If it is your first home, get a spare key cut and frame it along with the closing date and address.
- 7. Take a family picture sitting on the front steps or opening the front door for the first time. This is especially relevant if you hope it to be your "forever home." Years later when you have to leave, take another photo and look at the changes in the home and in your family.
- 8. Write or carve your initials and the date in an out-of-the-way place.
- 9. Run through each and every room christening it as your own. I'll leave the details to you.
- 10. Buy a new Home Sweet Home plaque and install it by the front door. Make sure you write the date and address on the back.

- 11. Go to your favourite bakery and pick up cupcakes to hand out to your neighbours. They will never forget you, and you just might form some lasting friendships.
- 12. Plan a simple housewarming party. Take advantage of an empty home, or at least one where the breakables are still in
- 13. Pick a special song that will be your "new home song": Suggestions: I'll be Home by Randy Newman, Looking Out My Back Door by Creedence Clearwater Revival, Our House by Madness or Crosby Stills Nash and Young, or Homeward Bound by Simon and Garfunkel, just to name a few. For years to come, whenever you hear that song you will have a vivid memory of that home.
- 14. Make a playlist of all your favourite tunes and blast the songs, without disturbing the neighbourhood, while you take your first steps in and through your new home.
- 15. Do something, anything, that will make this day special for you and your

I know that if you move a great deal for your job, or yours is a military family that moves every couple of years, this might not seem so important but it is. Each home you live in will experience milestones in the life of your family: births, first steps, graduations, promotions, engagements, weddings, divorce and even death. The memories of those homes will linger and be clearer long after you move, if you have taken time to celebrate Moving Day.

I wish you all the best as you plan for this very special day in your lives. Moving in or moving out, make it a day to remem-

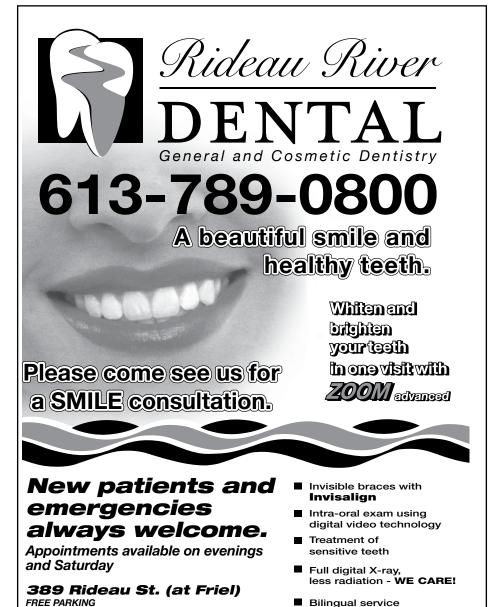
Sandy Hill Real Estate update from March 17 to May 23, 2019

Houses: Active, 11; Conditionally Sold, 3; Sold, 11. 6 sold over list price; Days on Market from 3 to 206

Condominiums: Active, 47; Conditionally Sold, 9; Sold, 33. 3 sold over list price. Days on Market from 3 to 313



A large family settles into a waterfront property in Sandy Hill. Photo Kathleen Kelly





St Paul's-Eastern United Church welcomes you to services & events

Sunday, June 23 River service & picnic. Church building will be closed that day for 10:30 am service at Chelsea, QC. Carpooling available.

Sunday, June 30 Combined service at 10:30 with MacKay United at St Paul's-Eastern United. Rev. Peter Woods preaching.

Sunday, July 7 Combined service at 10:30 at MacKay United, Rev. Peter Woods leading worship.

Sunday, August 4 Combined service at 10:30 at MacKay United, Rev. Laurie McKnight leading worship. St. Paul's Eastern

Sunday, August 11 Combined service at 10:30 with MacKay United at St Paul's-Eastern United. Rev. Laurie McKnight preaching.

Saturday, September 7 Church crawl for uOttawa students

Men's Breakfast: 8:30 a.m. on 3rd Sunday of the month at Father & Sons Restaurant, 112 Osgoode St. (at King Edward Ave.)

Evergreens: Join us if you're free for lunch on the third Tuesday of each month—11:30 am at Perkins Family Restaurant, 1130 St. Laurent Blvd. Contact Heather in the church office (leave message) if you have questions.

Refugee Sponsorship: Partnering with "Everyone's Sister" to privately sponsor a refugee mother and son and are helping them settle in Ottawa. More information: chimp.net/ groups/everyone-s-sister

Odawa Food Bank: Odawa Native Friendship Centre operates a food cupboard out of the church building to serve many in the Aboriginal/Inuit community in Ottawa. Please drop off donations at the church. Contact Odawa for food bank service schedule at 613-722-3811. odawa.on.ca/.

Space Rental: Multi-purpose spaces are available, well-maintained, affordable and wheelchair accessible. Good for personal and group events: meetings, marriages, funerals, memorials, anniversaries, graduation, dance classes, performances, practice venue for the performance arts, etc. Contact the church office.

Our address: 473 Cumberland St. (corner of Daly Avenue) in Sandy Hill 613-237-1821

www.stpaulseastern.com stpaulseastern@rogers.com Find us on Facebook









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32 concerts in Sandy Hill! / 32 concerts à Côte-de-Sable!



Quatuor Orava Quartet - July 5 juillet



State Choir LATVIJA - July 8 & 9 juillet



Brazilian Guitar Quartet Quatuor de guitares brésilien July 15, 16 & 17 juillet

And much more! Et beaucoup plus!

July 4-17 juillet 2019



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