



Photo Kathleen Kelly



Photo Christine Aubry

Photo Kathleen Kelly

Spring returns at last to Sandy Hill

Photo Eric Schiller



Discover hidden gems on Jane's Walk May 4-5

Laura Mueller

Have you ever wondered where to find wild food growing in the city? Have you discovered Ottawa's rare urban sand dune or wondered about one of the Capital region's many monuments? Have you hoped to explore the revitalization of Sparks Street? Or is there something in your own backyard that you want to share with others?

If you like to get outside and you're enthusiastic about learning about your community, its history and its future, join Jane's Walk to explore Ottawa-Gatineau through free walking tours on May 4 and 5.

Last year, 3,000 people joined us for this "sidewalk ballet," a community-driven festival of more than 60 free walking tours celebrating the work of late urban thinker Jane Jacobs. Jane was a writer and activist who studied how cities work, how they grow and change. Her work helped define what makes cities livable,

how to promote street-life vitality and how to design attractive, uplifting places where people feel safe. Jane's Walk is a pedestrian-focused event that improves urban literacy by offering insights into planning, design, local history, and civic engagement through the simple acts of walking, observing, and discussing.

This year, Jane's Walk Ottawa-Gatineau expects to offer more than 60 free walks to choose from as the local event celebrates its eleventh edition. Jane Jacobs considered citizens to be the experts on their own communities and our walks are all led by volunteer leaders who have something to share—you could be one of them! Visit our website, janeswalkottawa.ca, to find out how we can help turn your advocacy efforts into action as part of Jane's Walk.

At least three walks involve Sandy Hill: one, led by our Councillor Mathieu Fleury, will focus on Phase 1 of the LRT and take a look at the two stations in our ward, Campus and Rideau; a second walk, led

by IMAGE contributor François Bregha, will travel back in time to what Laurier Ave. East used to look like in 1904; a third (this one by bicycle rather than on foot) will highlight the houses built by architect JWH Watts, two of which (Australia House and the Fleck-Paterson House, both on Wilbrod) are in Sandy Hill.

A typical Jane's Walk tour is given once during the weekend, takes about an hour, and covers around one to two kilometres. Jane's Walk also relies on help from volunteer marshals who attend the walks, carry a flag, and assist the walk leader. If you're planning to attend walks this year, consider carrying the flag and helping as a marshal. There is more info on the marshal's role and how to sign up at janeswalkottawa.ca

As a highlight of the May 4-5 weekend, we are planning a celebration marking what would have been Jane's 103rd birthday—stay tuned for details. To get updates on the festival, be sure to watch our website, janeswalkottawa.ca, and follow us on Facebook, Twitter (@JanesWalkOtt) and Instagram (@JanesWalkOttawa).

NEIGHBOURHOOD GREEN BULLETIN BOARD

Park clean-up

As part of the city-wide Cleaning the Capital effort, Action Sandy Hill and Molly and Claude Team Realtors will be leading a litter pick-up in Strathcona park on Saturday, April 27 from 10 a.m. to 3 p.m. ASH will lead a second pick-up day the following Saturday, May 4. On both days volunteers are to meet at the corner of Osgoode St. and Range Rd.. Garbage bags and plastic gloves will be provided. High school students can earn volunteer hours by participating.

Got E-waste cluttering up your house? Don't throw it in the trash—recycle it!

From April 26-28, you can drop off your used electronics (computers, cell phones, TVs, monitors, cameras, small appliances, stereos, anything with a cord), used batteries and used metals at Lady Evelyn Alternative School, 63 Evelyn Ave. in Old Ottawa East. Collection hours: April 26 from 4 p.m.-7 p.m.; April 27 and 28 from 9 a.m.-1 p.m. On April 27 bring the whole family for fun Earth Day activities!

Recycling help from Bettye Hyde

Bettye Hyde Co-op Early Learning Centre, 43 Blackburn Ave., will help you recycle all plastic marking pens and Bingo markers www.crayola.com/colorcycle/frequently-asked-questions.aspx as well as Brita filters www.terracycle.com/en-CA/brigades/brita-recycling-program Please drop them off any day Monday to Friday and we will save them from the landfill and ship them back to be recycled

June 8-9 is Give Away Weekend

Do you have gently used items you no longer need? Someone else may want them. Set them out at the curb on Give Away Weekend. Then take a tour yourself to find hidden treasures.

Examples of acceptable items:

Books, CDs and DVDs, furniture, small appliances and Kitchen gadgets/dishes. Construction materials including dry-wall and hardware such as nails and bolts.

Please consider safety. Used children's items such as baby walkers, cribs, car seats, strollers, playpens, toys etc. should not be included.

How to:

Place items at the curb with "FREE" sign; keep personal items out of sight. At the end of the day, bring uncollected items back to your home

Ecology Ottawa has 12,000 trees that need to find their forever homes

For the past two years, Ecology Ottawa has been giving local native tree saplings to area residents. 2019 will be the largest giveaway yet. This year, in addition to nine different kinds of coniferous and deciduous trees, look for a variety of fruit- and nut-bearing trees and shrubs. Interested in getting a tree? See <https://ecologyottawa.ca/2019/04/09/tree-give-away-events/> for a list of events where trees will be given out. (Such as June 15, Main Farmers' Market.)

The urban tree canopy is under threat from pests, disease, development and climate change. One of the best ways to enhance the canopy is to replant a diversity of native tree seedlings. The group is targeting private property, where the large-scale planting efforts of the City and other actors aren't as effective.

You've
been
flagged



Free photography for parents with cancer

My name is Myriam Farah Cobb and I'm an Ottawa photographer. Last year, my friend and fellow photographer Melanie Mathieu and I launched a unique not-for-profit pilot project called "With all my Love". This project focuses on providing free photography sessions to families with a parent who has cancer, with the goal of providing them with something tangible to share with their families.

Melanie and I are both family documentary photographers who tell real stories through photos and we have joined together to give what we can to families facing such a difficult diagnosis. We think of this project as a love letter from the parent to their children and family whereby real-life moments and interactions are preserved in photos.

Since 2018 we were able to help 6 families and would love to see this number grow this year. We are reaching out to neighbourhood papers to help us spread the word, so many residents will know about our complimentary services.

Here is a link to our website: www.with-allmylove.ca

Myriam Farah Cobb

IMAGE Abroad

Photo David Elden

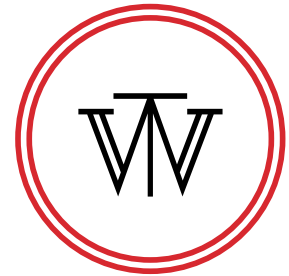
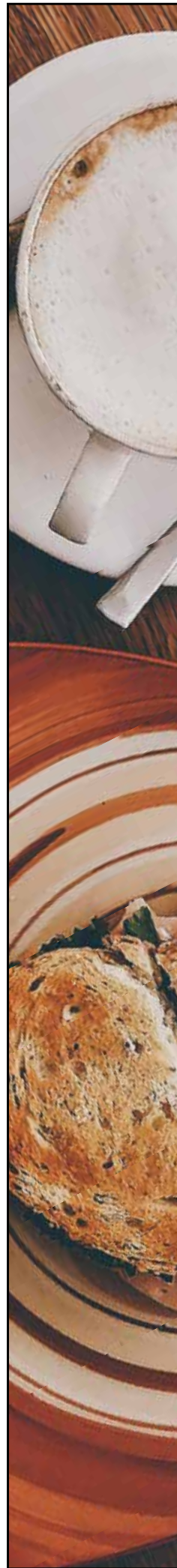


Yvonne van Alphen reading IMAGE in Saba, the town in the background is called The Bottom.



Photo Bob Whitelaw

Orlie Reese reads IMAGE while seated at the Mile 0 post for the start of the Trans Canada Highway. Mile 0 is located in Beacon Hill Park overlooking the Juan de Fuca Strait.



**WORKING
TITLE**

KITCHEN + CAFÉ BY: *all saints*

MOTHER'S DAY BRUNCH

Reserve your space for a special
Mother's Day Brunch on
Sunday May 12, 2019

REGULAR HOURS:
SUNDAY-FRIDAY, 7AM-7PM

*Open Saturdays for private events

Enter on Laurier Avenue East at
Chapel Street through the red doors
under the bell tower

Exclusive in-house caterer
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**Selection of locally roasted coffees,
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Holiday party menus now available!

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e-mail us at workingtitle@allsaintsottawa.ca
or call us at (613) 230-3050

UrbanOttawa.com



1031 Blasdell Ave - \$799,000

Manor Park: Recently built, 2700 square foot home with great spaces and huge family appeal plus an entire basement of finished space where the "in-laws" would be happy to be, a teen retreat or a nanny space. All the bells and whistles here including gorgeous master ensuite, cook's kitchen, attached oversized garage, and all the spaces you need, such as main floor office, main floor family room, formal living and dining rooms and five spacious bedrooms on the second floor! Well appointed, well priced, well worth a look!



240D Meilleur Pvt

Beechwood Village: Enjoy the open space of this lovely, open concept, 2 bedroom, 2 bathroom, ground floor condominium. Kitchen open to the large living room/dining room with large windows bathing the room in sunlight. The master bedroom has a generous walk in closet and ensuite bathroom. The second bedroom is at the other end of the unit, adjacent to the main full bathroom. Quaint patio, perfect for "al fresco" dining on a warm summers eve. Must be seen!



406 Plum Tree Cr - \$1,249,000

Manor Park: The feel of a country estate in the middle of the City! This traditional Tudor styled 3300 sq ft home sits on a quiet cul de sac, is completely private with a beautiful in-ground pool. All the spaces you need and want: main floor den AND family room, modern kitchen overlooking your casual space, formal living and dining rooms fit for entertaining, five bedrooms on the second and third floors, a total of 4 bathrooms including a lovely ensuite to the master and a huge basement with games room and loads of spill over space. Worth a peak!



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Annual General Meeting

All residents of Sandy Hill are invited to attend. Come meet your neighbours, hear from your elected officials, and learn about the latest issues affecting Sandy Hill. Members can run as, and vote on, candidates for Director positions on the ASH Board. Membership sales and renewals on the night (\$8/year, \$21/3 years; 5\$/12\$ students/seniors).

Thursday, May 23, 2019

- 6 pm

– Light supper

– Community information kiosks
- 7 pm

– Meeting begins

– Elected officials speak

– Elections

* Sandy Hill Community Centre – 250 Somerset St E *

Assemblée Générale Annuelle

Tous les résidents de la Côte-de-Sable sont invités. Venez rencontrer vos voisins, écouter vos élus, et en apprendre davantage sur les dernières questions touchant la Côte-de-Sable. C'est l'occasion pour les membres de se présenter comme, et de voter pour, des candidats au poste de directeur au sein du Conseil d'ACS. Achetez ou renouvelez votre adhésion le soir même (8\$ pour un an, 21\$ pour 3 ans, prix d'étudiant et d'ainé 5\$ et 12\$).

Le jeudi 23 mai 2019

- 18 h

– Repas léger

– Kiosques d'informations communautaires
- 19 h

– Ouverture de l'assemblée

– Discours des élus

– Élections

* Centre communautaire Côte-de-Sable – 250. rue Somerset Est *

www.ash-acs.ca | [@ASH_ACS](https://twitter.com/ASH_ACS) | info@ash-acs.ca
Join ASH Online at: www.ash-acs.ca/membership/

Action Sandy Hill notebook

ASH elections coming in May

While ASH directors prepare to step up (or not) for another year on the board, it is certain that the community association will need, at a minimum, three more board members in 2019-2020. Christine Aubry and Doug Ainslie stepped down mid-term and with the Student Federation at University of Ottawa gone, clarification is needed about the student seat. As well, after 6 years as vice president, Bob Forbes will be taking a break from the board next year, though volunteering where he can. If you are interested in finding out more about the board, start with the ASH website, then contact president Susan Young.

March ASH Board meeting highlights

- Many calls have been received about messy garbage and vermin (rats) at 458 and 460 Nelson.
- St. Patrick's Day festivities – one charge was laid. Officials were there early and prevented groups from forming by “door knocking”. Smaller crowd than the Panda game.
- 332A Somerset E. – condition is causing concern. The rule is that abandoned buildings should not look vacant.
- Airbnb and rooming house study – Phase 2 is under review. There are no ward limits on numbers of rooming houses. City bylaw officers are now enforcing the rule that Airbnb owners need to live on the property.
- Traffic calming – the City spends money in response to issues and complaints, not a strategy. ASH can request calming measures as well as individuals.
- Iranian cultural centre (Lees extension) property sale – City did not win the bid.
- Rink in Sandy Hill park – no profit this year. ASH had to pay for clearing the ice (no volunteers) and many hours were required.

Community members are invited to attend meetings of the ASH board on the last Monday of each month (except July and December). Next meeting: Monday, April 29 at the Community Centre, 250 Somerset Street East. **Chat with ASH** The Action Sandy Hill board welcomes Sandy Hill residents to chat informally with them about any items of interest, starting at 6:30 p.m., just ahead of the board meeting at 7:00.

231 Cobourg still in jeopardy

François Bregha



Photo Bill Blackstone

Last December, the Ugandan High Commission, which owns the house at 231 Cobourg where Lester B. Pearson lived when he won the Nobel Peace Prize, and Action Sandy Hill signed a letter of agreement committing both organizations to “upholding the property’s significant heritage values and maintaining its relationship to the Wilbrod/Laurier Heritage Conservation District as a contributing building.” In March of this year, the Ugandan government withdrew from this agreement arguing that enough studies had been conducted and that the cost of “retaining any facades would be too much for the government to meet....”

In response, ASH president Susan Young sent the letter below to the Ugandan Minister of Foreign Affairs. In the meantime, ASH is pursuing its appeal of the City’s decision to rezone the property to allow commercial development, limited to an embassy, to the Local Planning Appeal Tribunal. While ASH cannot appeal the decision to demolish the building, it can challenge the rationale for enabling the construction of a commercial building in a residential area. Stay tuned.

March 23, 2019

The Honourable Sam K. Kutesa, M.P.
Minister of Foreign Affairs
Government of Uganda
(info@mofa.go.ug)

Dear Minister Kutesa,

I am writing to you about an immediate threat to Canada’s political heritage posed by plans for the Ugandan High Commission in Ottawa. For more than 30 years, the Commission has owned a house at 231 Cobourg Ave. in the Sandy Hill district of Ottawa. The High Commission occupied this house until about four years ago when lack of proper maintenance forced it to move to a commercial office building.

The house is significant because the Right Honourable Lester B. Pearson, who won Canada’s first and only Nobel Peace Prize in 1957 for his contribution to resolving the Suez Canal crisis, lived in it with his wife Maryon for four years when he was Canada’s Minister for External Affairs.

Today, there is little doubt that the building is in bad shape. But it stands in a residential area that is also a Heritage Conservation District and contributes to the district’s overall character. Through Pearson, it is associated with one of the highlights of Canadian diplomacy, the invention of international peace-keeping.

This historical association deserves to be celebrated, if not by saving the whole house, at least its outside walls facing the two streets it abuts. Yet the Ugandan government wishes to demolish the house in its entirety and replace it by a purpose-built three-storey office building.

There is a lot that is wrong with this picture: demolition by neglect of a house in a Heritage Conservation District; siting of an office building on quiet street zoned residential; turning our collective back on an important highlight in Canadian history.

Is this really how the Ugandan government wishes to be known in Canada -- as the developer who tore down the former home of our most distinguished diplomat? Does it not wish to respect the memory of a former Canadian prime minister and architect of the Commonwealth that unites our two nations? How would it react if the Canadian government compromised an element of Uganda’s own heritage?

In December, the Ugandan High Commission and the community organization I represent, Action Sandy Hill, signed a Letter of Agreement to determine what features of the building could be saved. Earlier this month, the High Commission withdrew from this agreement.

It does not have to be this way. 231 Cobourg is still standing and some of its features can still be saved. What is required is some goodwill and a little imagination. We urge the Government of Uganda to rise to the challenge.

Action Sandy Hill has appealed this matter to the Ontario Local Planning Appeal Tribunal. The case will be heard at the end of next month. I urge the Government of Uganda to reconsider its decision to demolish the whole building.

Susan Young, President
Action Sandy Hill

Test your memory and IMAG(E)ination

Where have you seen, on your walks around Sandy Hill, this striking crenelated roofline? Where? Let us know and we’ll salute you in the June-July IMAGE.



Photos Bob Whitelaw

Last issue’s mystery revealed ...

The IMAGination photo in our February-March edition was of the mural of Sir John A. Macdonald on the public pathway between Laurier and Wilbrod Street. It is the work of De La Salle students on the Prime Ministers Row initiative. We salute Mrs. Poonam of Laurier Avenue!



A new game!

From Ralph Kretz of Augusta Ave. comes this challenge..

How many words can you make using one or more letters in the name IMAGE?

Email your list to: image22@rogers.com with **Game!** in the subject line. Include your name and Sandy Hill street address.

IMAGE's images

Photo Harlequin Sudios




March 11, 2019, 9:50 pm — A fire alarm at the new student residence at Laurier and Friel, aka Viner building, sent residents to the street.

Photo Harlequin Sudiiios




March 13, 2019 — The smell of gas wafted over two blocks in central Sandy Hill, after workmen cut a gas line while doing work on a Sweetland Ave. property. Fire and gas workers responded and neighbours counted their blessings. Call before you dig.



Sandy Hill
Community Health Centre

Centre de santé
communautaire Côte-de-Sable



We Are Looking for New Board Members!

Nous sommes à la recherche de nouveaux membres pour notre conseil d'administration !

We invite people who live or work in our city to become involved as volunteers on our Board of Directors and/or Board Committees. If you:

- ☐ are aware of SHCHC's role in the community and support our mission,
- ☐ are 18 years of age or older,
- ☐ have awareness of current health and social issues,
- ☐ are resident of the City of Ottawa,
- ☐ can commit to monthly meetings, advocacy and networking activities for a two-year term,

call Cristina Coiciu at 613-789-1500 x 2505 to find out whether this volunteer opportunity is right for you. We particularly welcome those who reflect the rich diversity of people living in our city. Right now, we have four Board openings for individuals who have links with the Francophone community, and/or are new to Canada, and/or are clients of our Centre.

For more information about who we are and what we do, please visit our website at www.shchc.ca.

You can become a Member of SHCHC by completing and returning the Membership Form below to Sandy Hill Community Health Centre - 221 Nelson St., Ottawa, ON, K1N 1C7. There is no cost to become a Member.

Nous invitons les gens qui vivent ou travaillent dans notre ville à s'investir comme bénévoles en devenant membres du conseil d'administration ou d'un de ses comités. Si vous :

- ☐ connaissez le rôle que joue le CSCCS dans la collectivité et appuyez notre mission;
- ☐ êtes âgé(e) de 18 ans ou plus;
- ☐ êtes au courant des problèmes actuels sociaux et de santé;
- ☐ résidez dans la ville d'Ottawa;
- ☐ pouvez-vous engager à participer à des réunions mensuelles, à défendre les intérêts des résidents et à avoir des activités de réseautage pour un mandat de deux ans,

appelez Cristina Coiciu au 613-789-1500, poste 2505, pour voir si cette possibilité de bénévolat vous convient. Nous invitons tout particulièrement ceux et celles qui reflètent la riche diversité de la population de notre ville. Il y a actuellement quatre postes vacants au conseil d'administration ouverts à des personnes avec des liens avec la collectivité francophone, et/ou qui sont de nouveaux arrivants au pays, et/ou qui sont des clients de notre centre.

Pour plus de renseignements sur notre organisme et nos champs d'action, veuillez consulter notre site Web à www.shchc.ca.

Pour devenir membre du CSCCS il suffit de remplir le formulaire ci-dessous et de le remettre ou de le poster au CSCCS – 221, rue Nelson, Ottawa (On), K1N 1C7. Il n'y a pas de frais à déboursier pour devenir membre.

APPLICATION FOR MEMBERSHIP: June 1, 2019 – May 31, 2020
DEMANDE D'ADHÉSION : 1 juin 2019 – 31 mai 2020
Sandy Hill Community Health Centre/Centre de santé communautaire Côte-de-Sable

Name/Nom :

Address/Adresse:
Home or Work
Domicile ou travail

I confirm that I am over 18 years of age, that I reside and/or work in the Ottawa area, and that I support the mission statement of the Sandy Hill Community Health Centre.

Signature

Telephone/Téléphone
Home/Domicile :
Work/Travail :

I affirm to be 18 years of age or older, to be a resident and/or employed in the Ottawa region and that I support the mission statement of the Sandy Hill Community Health Centre.

Date

Application approved by the Board of Directors at its meeting on / Demande approuvée par le conseil d'administration à sa réunion du: _____

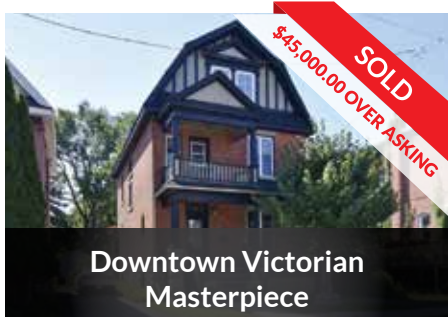
Secretary/Secrétaire _____ **Date** _____

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English version available online at mathieufleury.ca | Note that we alternate between French and English from month to month

Reconstruction de l'avenue Mann, du chemin Range, de l'avenue Russell et de la rue Templeton – Dernières nouvelles

Certains le savent déjà : un projet de reconstruction s'apprête à commencer dans le sud-est de la Côte-de-Sable. Le projet a récemment été divisé en deux étapes. Les travaux sur la rue Templeton et l'avenue Russell se dérouleront cette année (dès le printemps), tandis que ceux sur l'avenue Mann et le chemin Range se termineront en 2020.

Le projet comprend la remise en état ou le remplacement :

- des trottoirs, de la structure routière et de la chaussée;
- des conduites d'eau principales et des égouts;
- des conduites secondaires jusqu'aux limites des propriétés.

Les voies suivantes seront touchées : l'avenue Mann (de la rue Chapel au chemin Range), le chemin Range (de l'avenue Mann à la rue Somerset Est), l'avenue Russell (de la rue Somerset Est à la rue Osgoode), la rue Templeton (de la rue Chapel au chemin Range) et la ruelle 119V (derrière le chemin Range et l'avenue Marlborough).

La Ville a tenu deux réunions portes ouvertes, le 20 juin 2018 et le 26 février 2019. De nombreuses idées des plus intéressantes y ont été proposées. Par exemple, à la demande générale, le nombre de places de stationnement sur la rue Templeton sera réduit, afin d'uniformiser la largeur de la route, d'élargir les trottoirs et de préserver les espaces verts.

L'éclairage du secteur sera amélioré, un tronçon de trottoir sera ajouté sur la rue Templeton (derrière le Centre communautaire Côte-de-Sable), et plusieurs tronçons du trottoir seront élargis. Plusieurs avancées de trottoir seront aménagées sur l'avenue Mann et la rue Templeton pour rétrécir la voie et créer un environnement plus sécuritaire pour les piétons.

On tente aussi de faire approuver l'aménagement d'une intersection surélevée au coin de la rue Somerset Est et du chemin Range. En effet, il y a lieu de distinguer cette intersection des autres et de souligner l'importance de la circulation des cyclistes en direction est et ouest liée à la passerelle Adawe. Merci de votre patience pendant les travaux. En cas de problème, appelez au 613 580 2482 ou écrivez à Mathieu.Fleury@ottawa.ca.

MATHIEUFLEURY.CA | @MATHIEUFLEURY
613 580-2482 | MATHIEU.FLEURY@OTTAWA.CA

Goal: A Sandy Hill street museum

Prime Ministers' Row to launch project this spring

Suneeta Millington

If you live in Sandy Hill, chances are you've heard something about the Prime Ministers' Row (PMR) initiative. Maybe you listened to an interview about it on CBC in 2016, noticed that it was referenced in the NCC's 2017 Official Plan for Canada's Capital or read about it in the Globe and Mail last year. But since then, you've probably heard very little about what's going on with the project, and you may have been curious as to why.

Well, the good news is that behind the scenes things have never been busier for this grassroots, citizen-led initiative. And the better news is that the official launch of our project is just a few months away.

History hiding in our streetscapes

Sandy Hill has an extraordinary national and international history hiding in its streetscapes, green spaces and heritage buildings that most Canadians have never heard of. We want to change that. PMR is working to transform Laurier Avenue East and its environs into a world-class Street Museum—a gathering place for all Canadians. It will be the sole venue in Canada dedicated to the lives and legacies of all of Canada's Prime Ministers—almost half of whom lived in Sandy Hill—and on understanding the impact of their ideas, initiatives and institutions on the country today. Moreover, it will be the only public-realm space in the entire country focused on citizen engagement around Canadian leadership in governance and democracy.

We'll do this through a massive infrastructure transformation of the streetscape itself; through the addition of structural embellishments (think urban furniture, lighting fixtures, public art, landscaping elements and wayfinding signage) to the streets, parks and sidewalks of the neighbourhood; through the creation of interactive digital and multimedia platforms; and through the launch of an ongoing programming and events calendar.

Every aspect of our work will be steered by five guiding principles. Specifically, we aim to focus on national legacies; connect with modern Canadians; include multiple perspectives; present unexpected stories; and create an immersive visitor experience. In so doing, we are committed to fulfilling all of the relevant Truth and Reconciliation Commission of Canada's Calls to Action related to Museums and Archives.

Next step in the fall, community consultations

So where are we at? Our three-year Ideation and Conceptualization Phase concluded this winter. This initial period saw us establish and grow our organization, receive Charitable Status and build out the initial concept for this project. In the fall of 2019, our next step will be to launch the Planning and Design process. This process will incorporate extensive community consultations and will culminate in the creation of our Strategic Interpretive Plan and our Functional Design Plan which together represent the blueprint for all elements of the initiative—interpretive, programmatic and physical. Subsequently,

we'll begin our Implementation Phase with a national Capital Campaign in support of the (infra)structural transformations that will take place over the following two to three years.

Thanks to early support from citizens across Canada as well as corporate support from iconic national companies like Gowling WLG, Urban Strategies, TD Bank and Earncliffe Strategy Group, the creation of this unique national legacy project is within reach. In fact, we're well on track to fully implement this initiative within a five-year timeframe.

We're also thrilled to be collaborating with Canadian firm GSM Project to help us get there. GSM is a major pioneering player in the field of visitor experiences and exhibitions and has been creating transformative cultural spaces around the world for over sixty years, from the Netherlands, Singapore and the UAE to India and the United States. Here in Canada, you've likely seen their work in institutions like the Canadian Canoe Museum, the Museum of History and the McCord Museum.

You can help

We can't achieve our next steps without you, however. Here's how you can help:

Firstly, reach out to our elected representatives—we need the government's support to make this vision a reality. Mayor Watson, Councillor Fleury, MPP Des Rosier and MP Fortier need to hear that this is a project that matters to you. Let Ontario Minister of Tourism, Culture and Sport Michael Tibollo and Federal Minister of Canadian Heritage Pablo Rodriguez know as well. Helpful correspondence templates and contacts can be found via our website at www.pmr-apm.ca/.

Secondly, make sure to sign up for our mailing list and follow us on social media to get updates and insights. Our website has all the links.

Finally, make a monthly donation. Grassroots financial support is absolutely critical to our ability to build a healthy, sustainable organization that can manage this project. Become a "Friend of PMR" through a tax-deductible contribution on our Canada Helps page (www.canadahelps.org/en/charities/prime-ministers-row-inc-allee-des-premiers-ministres-inc/) or consider joining PMR's Founder's Circle with a more significant gift. You can find out more about this unique giving opportunity by emailing info@pmr-apm.ca.

PMR's vision is bold and ambitious. We will create a new view of Canada, transforming the way Canadians see their history and in so doing will unleash the tremendous economic, social and cultural potential of this historic place. By creating a legacy that forever changes the face of Canada's Capital in a unique and unexpected way, we will celebrate our national identity, will protect a significant cultural landscape for future Canadians, will create a sense of belonging for citizens across the country and will improve the quality of life for Ottawans across the city.

We hope you will join us in making it all happen!



Sandy Hill Community Health Centre
Centre de santé communautaire Côte-de-Sable

We invite our members and community to our
Annual General Meeting
Wednesday, June 26, 2019
at Sandy Hill Community Health Centre

221 Nelson Street
5:00 –6:00 p.m.: light refreshments
Get together with our Staff and Board of Directors, and meet our new Board candidates.

All former Board and staff members are welcome.

6:30 p.m.: Annual General Meeting
Business meeting includes the election of the Board of Directors, presentation and approval of the President's and Treasurer's reports.
Prior to the business meeting, we will announce this year's winner of the SHCHC Award for Excellence in Health Promotion.

Come and get involved in your Community Health Centre!

Tous nos membres ainsi que la communauté sont conviés à notre
Assemblée générale annuelle
le mercredi 26 juin 2019
au Centre de santé communautaire Côte-de-Sable

221, rue Nelson
17h à 18h : un léger goûter
Rencontrez les membres de notre personnel et de notre conseil d'administration ainsi que les nouveaux candidats au conseil.
Les anciens membres du conseil et du personnel sont les bienvenus.

18h30 : Assemblée générale annuelle
Au programme : élection de membres au conseil d'administration, lecture et approbation du rapport du président et du rapport du trésorier.
Avant la séance de travail, nous allons annoncer le gagnant de cette année du Prix CSCCS d'excellence en promotion de la santé.

Participez à la vie de votre Centre de santé communautaire!

Eye on Development



3D plan of the proposed future for Robinson Village.

Robinson Village grows up—vertically

Larry Newman

The last issue of IMAGE featured the story of three development proposals in Robinson Village that will occupy nine current addresses. Now we learn of a proposal by TCU and partners to build a nine-storey building on the large lot, 36 Robinson Avenue, that now contains four buildings.

In 2014, residents of Robinson Village and the City finished a year of discussions related to a height limit for buildings in Robinson Village. This was initiated because the Village was included in the densification plans of the City's TOD (Transit-Oriented Development). Most of Robinson Village is within a 600-metre radius of the nearest LRT transit station. The result was a cap at six storeys. This was an increase from 4.5 storeys, established much earlier.

However, a developer appealed to the OMB (Ontario Municipal Board), asking for a 15-storey building limit for 36 Robinson Ave. The City negotiated with the developer and, in 2015, they compromised on an eight-storey limit—only for that address. The OMB agreed with this compromise.

When residents learned in August 2015 of this new, higher height limit, they were dismayed that the City had not forcefully counteracted any appeal by a developer to the Ontario Municipal Board. They thought, after a year-long process of explaining potential negative impacts to the City, that the six-storey cap was "the end of it" (CBC August 26, 2015). That was in January 2015.

But, of course, it wasn't "the end of it" as this new TCU building has nine storeys. Wendy Duschenes, an active community

participant in Robinson Village, had this to say, "In petitions and letters, residents have been warning City planners about allowing 340 mostly single-renter units to be dropped into Robinson Village, without clear thinking on issues such as parking and preserving the current diversity of accommodations available for families as well as individuals. At a recent public meeting, we articulated our unanimous concerns to the developers, whose motives are, of course, business-related. The question is whether they will listen, with respect, to those who have lived there for decades and whose lives will be greatly affected by their next moves."

The building at 36 Robinson Ave. will add 191 units to the 149 already planned for the three new buildings in Robinson Village described in IMAGE's last issue. No floor plans for the 191 units were provided in the application. Underground parking will accommodate 71 spaces; 108 are required for a building of this size. TCU will ask the Committee of Adjustment for a minor variance to allow the reduced parking spaces.

There is a designated bicycle storage and garbage storage area in the basement. Storage of recycling and green waste is not mentioned in the design or the site plan. There appears to be no room on the property for the garbage or recycling bins to be placed during the day of pickup nor is there a designated area for it. It seems likely that these bins would be placed on the street during pickup day. In winter, when snow plowing commonly reduces Robinson Avenue to one lane, these bins could be an impediment to vehicle traffic.

It's beginning to look like Robinson Village will lose some of its village character with these latest building plans.

Some material supplied by Peter Rinfret and Wendy Duschenes



TC United wants to build this nine-storey building at 36 Robinson Ave.

Just Ask IMAGE...

Why would TCUnited build a 27-unit apartment building on Fountain Place without any parking?

At a recent public meeting the architect for the proposed development said that parking was just too expensive to provide.

And the same argument seems to apply to TCUnited's 150-unit complex in Robinson Village. Whether this rationale carries any weight with the City's planning department and committee will be interesting and possibly precedent setting. Might anyone claim cost as a reason not to meet zoning requirements?

Available in phone booths and recycling depots

Now!

Sanity Over the Hill

Spring frolic edition

What's Inside

Cleaning the Capital.....Some Sanity Hill volunteers say no to clean up sainthood

Bunk Houses & Bed Bugs...Undercover agents itching to tell all

Let's rummage.....Curb side acquisitions

Our readers write - can you?

Fashion.....Put away salty boots and get ready for the Royal Swans

Financial pageMaking taxes fun again

Wild lifeLife style alternatives

FREE SAMPLE!

Drivers fed up with subsidizing walkers and bikers says mayor

by special reporter Hilarity Wildchilde

At a meeting out of drone range on April 1, Watonsville politicians agreed tax payers should no longer subsidize foot and bike traffic. "With the escalating costs of winter and the El Er Tee, we must find other sources of revenue," says Mayor O'What. The recently appointed National Cap Chair says "Mayor O'What is simply grabbing taxes at the expense of those who choose to exercise. Let me be clear: all federally funded walkways, bike-ways, and water crossings will continue to operate as safe and free passages for non-motorized wheel operators (including cyclists), pedestrians, and stroller pushers." Tools for trolls: In our neighbourhood, troll booths will be installed at either side of the Odd crossing between San-ity Hill and Over River. The crossing will be policed by trolls with authority to, if necessary, confiscate strollers, bikes, walkers, or foot wear. The cost for single and double crossing has yet to be decided. Public reaction in Over River and


Sanity Hill is not favourable despite as- surances that there will be provision for reduced crossing costs for elderly and handicapped. "We are being double crossed" shouted Susie Speakup at a special meeting of ASH (Alternative Sanity Hill). "This is what happens when they hire that lava lamp company—we all have to pay even if we have no use for the rabid train system," says a disillusioned Will Peddle. Several frequent crossers IMAGE in-terviewed plan to brave the stone river pathway in summer and walk on ice in season. But if troll collections at various locales across the city fail to eradicate short-falls for the El Er Tee and winter, Mayor O'What insists taxes will not be raised. "If necessary," says the chief politico, "we will set up tolls on sidewalks and bike lanes. Drivers are fed up subsidiz- ing pedestrians and cyclists." Controller Fury was unavailable for comment. Hilarity Wildchilde is an infrequent contributor.

Watonsville declares Metre-Stone

Just in from Watonsville:

"The fast track will be ready as soon as it is completed" says a spokesman from Watonsville's Office of Transit and Tracking. "We are on track and on time to announce another important metre-stone: stations are being completed to receive and deliver passengers as soon

as tracks are ready," says the release. "This is really good news and a track in the right direction," says Mayor O'What. After decades of anticipation some rid-ers have passed on. But a new genera- tion of transcend-ers and genders are eagerly awaiting the all aboard.







Mona Fortier
Députée | MP Ottawa—Vanier

Connect with me. Contactez-moi.

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Notre gouvernement a un plan pour protéger l'environnement et faire croître l'économie. Pour assurer un avenir plus propre et plus prospère à nos enfants et à nos petits-enfants, notre plan climatique cherche à investir dans des ressources renouvelables, à promouvoir réduire la consommation de l'énergie, à soutenir des projets de transports publics et à mettre un prix sur la pollution.

Notre plan climatique est ambitieux, efficace, rend la vie abordable et crée de bons emplois pour la classe moyenne. À partir de cette année, l'Incitatif à agir pour le climat a été introduit pour vous donner directement de l'argent tout en luttant contre le changement climatique. Depuis 2015, nous avons aussi créé plus de 900 000 nouveaux emplois, ce qui représente une hausse importante du nombre d'emplois à temps plein. Notre gouvernement aura toujours comme priorité les emplois, la croissance de la classe moyenne et le renforcement de notre économie.

Les résidentes et les résidents ainsi que les organisations d'Ottawa-Vanier ont pris des mesures concrètes pour faire des investissements propres et nous croyons que chaque geste, petit et grand, compte. Avec le plan climatique, nous espérons poursuivre sur cette lancée afin de favoriser un Canada plus propre et plus vert.

Comme toujours, mon bureau de circonscription est là pour vous appuyer dans vos échanges avec les services fédéraux. Il est ouvert du lundi au jeudi de 9 h 30 à 16 h 30 et le vendredi de 9 h 30 à 16 h. Communiquez avec nous au 613-998-1860 ou envoyez un courriel à mona.fortier@parl.gc.ca.

Our government has built a plan to protect the environment and grow the economy. To ensure a cleaner, more prosperous future for our kids and our grandkids, our climate action plan seeks to invest in renewables, promote using less energy, support public transit projects, and put a price on pollution.

The climate plan is ambitious, effective and makes life affordable while creating good middle-class jobs. Starting this year, the Climate Action Incentive has been introduced to give money directly to you while fighting climate change. Since 2015, we have also created more than 900,000 new jobs with a significant gain in full-time work. We will always focus on jobs, growing the middle class, and strengthening our economy.

Many residents and organizations of Ottawa-Vanier have taken steps towards making clean investments and every little bit helps. With the climate action plan, we hope to keep this momentum going to foster a cleaner and greener Canada.

As always, my constituency office is there to help you with any interactions with federal services. It is open Monday to Thursday from 9:30 to 4:30, and Friday from 9:30 to 4:00. Give us a call at 613-998-1860, or send an email at mona.fortier@parl.gc.ca.

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Will it ever be our main street?

Uptown Rideau in a holding pattern

John Cockburn

With spring underway and the hopeful return of a normal street life it's a good time to take a look at what might or might not be in store for Rideau Street development. Based on a quick survey at the end of March there has not been much progress towards the vision enunciated in the accompanying excerpt from the December 2015 Design Plan. Huge tracts of land along Rideau have lain vacant for many years, creating a moribund atmosphere causing many to avoid the street entirely.

That's not to say some have not been busy. Millions of dollars has been invested into Rideau Street infrastructure renewal in expectation of intense development. Parcels of prime land have been acquired, multiple site plans proposed, consulted on, debated and approved, then revised and re-approved. Many lawyer and consultant fees have been garnered, much angst expressed by citizen groups, and countless hours of municipal planners' time expended, not to mention taxpayers' dollars.

The following table provides details on major development projects in process for Rideau Street. IMAGE has included projects on downtown (west of King Edward) Rideau which are not subject to the same zoning limits as uptown Rideau and are considerably more grandiose.

Taken together there are a couple of points to note. Given recent developments in place and with shovels in the ground, e.g., Ashcroft at 256 Rideau, and general

street buzz, downtown Rideau seems to be on the move.

To the east progress has been much slower. Huge vacant wastelands at Rideau/Chapel and Rideau/Cobourg perhaps suggest that the interest of developers is elsewhere, likely drawn by the focus on O train connectivity. For example Trinity's plan to build a 65-storey high-rise at 900 Albert concentrated a lot of effort on their Lebreton Flats proposal to no avail.

A notable exception is the project at 541 Rideau (at Cobourg) by Chenier Development that has just begun construction. Hats off to them. Another bright spot is the THEO renovation at 305 Rideau by Katasa, last reported in the December-January issue of IMAGE and now reported at 75% subscribed for the 2019/20 school year.

Overall the expectations of developers and city planners were perhaps unrealistic with nearly 2600 residential units of varying occupancies on the drawing boards.

For small-scale commercial the existing stock has been subject to the normal ebb and flow. Significant expansion can only be expected once the proposed residential developments get under way.

As a final point there may be some cautions for expectations for the recently publicized Montreal Road redevelopment. With respect to the infrastructure improvements: if you build it development will not necessarily come. Perhaps there is some regulatory certainty that is needed. If developers purchase large tracts of main-street property should they be required to complete the development in a timely manner?

Address	Location	Proponent	Previous Use	Proposed Use
201/213 Rideau	Rideau/Dalhousie/Cumberland	Prince Developments	Beer Store (vacant)	24-storey hotel(208)/residential(76)
245 Rideau	Cumberland/Rideau	Claridge	Metro Store/Parking Lot	Commercial podium, 3 27/8 storey towers, 600 units
256 Rideau	Cumberland/Rideau	Ashcroft	Dworkin Furs	2 27-storey, 205 residences
305 Rideau	Rideau/ King Edward	Katasa (THEO)	Office Building(redesign)	11-storey, 326 units
151/153 Chapel	Rideau /Chapel	Trinity	Jewish Community Centre (demolished)	27/32-storey towers, 785 units
538/560 Rideau	Rideau/Cobourg	Richcraft	Parking lot, 2 dwellings	3-, 7-, & 18-storey tower, 226 units
590 Rideau	Rideau/Charlotte	Richcraft	Temporary park	7-storey, 68 units
541/545 Rideau	Rideau/Augusta	Chenier Development	Culinary Conspiracy	9-storey, 102 units

538/560 Rideau Photo John Cockburn

151Chapel Photo John Cockburn

541/545 Rideau Photo John Chenier

From the Uptown Rideau Community Design Plan approved December 2015

Vision for Uptown Rideau

Uptown Rideau Street is a vibrant downtown main street and an entryway to the City's Central Area and Parliament Hill. It is a gathering place between two established and diverse neighbourhoods—Lowertown and Sandy Hill—and a safe and inviting place for people of all ages to live, shop, work and relax. It is generally a street of mid-rise buildings with continuous active storefronts, shops, restaurants, and cafés at the street level and places for people to live and work above. Occasionally, taller buildings rise above human-scaled podiums, transitioning in height towards the Central Area and adding visual interest to the skyline. The buildings that line the street are a mix of heritage and new buildings, the latter achieving sensitivity to established neighbourhoods, strong contributions to the pedestrian realm, and a high level of architectural excellence befitting a premiere street in the National Capital. The public realm of Uptown Rideau Street prioritizes pedestrians, cyclists and transit users over motorists. A network of pedestrian and cyclist connections and crossings make it a safe and comfortable place to move through and small, accessible, urban open spaces encourage people to stay a while, relax, and observe all the street has to offer.

See the whole plan at: documents.ottawa.ca/sites/default/files/documents/uptown_rideau_cdp_en.pdf

Dramatic surprises in Bate Hall

Betsy Mann

On April 10, orange cones reserving curbside parking spaces sprouted for a block and a half on Blackburn Avenue. For the next two days, the line of half a dozen white rental trucks was parked all day in front of allsaints Event Space and continued on down the hill. A couple of portable generators thrummed noisily between the trucks. What was happening on April 11 and 12 on this usually quiet street in Sandy Hill? Upon investigation, the answer revealed itself. Parking permission had been granted by the Ottawa Film Office to facilitate the making of a feature film tentatively titled *The Exchange*.

Bate Hall had been chosen as one location for this coming-of-age comedy set in small-town Ontario. "We didn't solicit this at all," says Leanne Moussa, President of allsaints. "They came to us. I had no idea this was a big motion picture with famous actors like Justin Hartley."

Almonte was the town chosen for much of the filming, but some scenes required the interior of a town hall. Robin Brinsmead was the person who negotiated use of the space. When she got the call in her home in Niagara-on-the-Lake, she thought she would be coming to Ottawa just to help out, but soon found herself fully involved. Though Ottawa had changed a lot since she left here in 1984, she knew, having been an Anglican parishioner, that an Anglican church might have a hall that would fit the bill for the town hall scenes. Following up on this channel brought her an address: 10 Blackburn Avenue. It was only when she arrived at the door that she realized she was coming back to her old church. "We used to have Hallowe'en parties in Bate Hall," she recounts. "I have photos on my phone of my kids all those years ago, when they were 1 and 4, standing on the stage where we were going to film." Bate Hall had also been the location for another chapter in Robin's life, before she started working in film and theatre. In 1983, when she was a stay-at-home mum living in Sandy Hill, she, along with her friend Robin Dunbar, was part of an initiative spearheaded by



The hot pink sign in front of allsaints Event Space points the way to the set of "The Exchange," a coming-of-age comedy directed by Dan Mazer in which Bate Hall will stand in for a town hall in small town Ontario.

fellow parishioner Kitty Galt. A small group of women convinced All Saints Anglican Church to turn its parish hall into a women's shelter which ran for a number of years.

The women's shelter is long gone from Bate Hall. The space where Robin once helped bring beds for homeless women was used by the film crew just this past month to build floats that will be in a parade to be filmed in Almonte on April 25. Although she feels regret that her one-time church no longer houses religious services, Robin admires the vision of allsaints Event Space to preserve the heritage and serve the community in a different way. Some things change, but the foundations remain. "The spirit worked in a weird way to bring me back here," Robin muses. "I'd lost contact with Kitty and Robin, but now we've reconnected and it's like we just talked yesterday." Who would have thought that a Canadian-British movie production would put our local hall to a new use and bring old friends together again? Who would have thought that Bate Hall would show up in a feature film? Watch for *The Exchange*, directed by Dan Mazer, in a movie theatre sometime this next winter and see how the former parish hall has been transformed into a typical Ontario town hall.



A line of orange cones and white trucks and generators announced the presence of a film crew occupying allsaints Event Space on April 11 and 12.



It was a rainy day in Ottawa, so instead of sun, these big lamps, powered by noisy generators, shone into the windows of Bate Hall.

Photos
Betsy Mann



Nathalie Des Rosiers

MPP / députée Ottawa-Vanier



Chers résidents et résidentes d'Ottawa-Vanier

J'aimerais partager avec vous une brève mise à jour de Queen's Park.

Le 11 avril, le gouvernement provincial a annoncé le budget pour l'année 2019. Tous ceux et celles qui aimeraient le consulter peuvent visiter ce lien pour la version en français : <http://budget.ontario.ca/fr/2019/index.html> ou celui-ci pour la version en anglais : <http://budget.ontario.ca/2019/index.html>.

Pour ma part, je travaille depuis quelque temps sur plusieurs projets de loi privés.

- Projet de loi 35, Loi de 2018 modifiant le Code des droits de la personne
- Projet de loi 52, Loi de 2018 modifiant des lois en ce qui concerne les jurys (habilité des jurés)
- Projet de loi 85, Loi de 2019 sur la transparence du financement électoral
- Projet de loi 95, Loi de 2019 sur la nomination en toute indépendance du commissaire de la Police provinciale de l'Ontario

Si vous aimeriez consulter ces projets de loi, vous pouvez visiter le site web de l'Assemblée législative de l'Ontario ici : <https://www.ola.org/fr/affaires-legislatives/projets-loi/actuels>, ou me contacter pour plus de détails.

Comme toujours, j'aime avoir de vos nouvelles. Si vous organisez des activités ce printemps ou cet été, n'hésitez pas à m'envoyer une invitation. L'Assemblée législative devrait être levée pour l'été en début juin, donc j'aimerais passer du temps à apprendre à vous connaître encore plus cet été.

Je vous souhaite un merveilleux printemps, et j'ai hâte d'entendre parler de vous!

Nathalie Des Rosiers – Députée provinciale, Ottawa-Vanier

Dear constituents

I wanted to share with you an update about what has been going on at Queen's Park.

On April 11th, the provincial government announced the budget for 2019. Anyone wishing to read the budget can do so in English here: <http://budget.ontario.ca/2019/index.html> or in French here: <http://budget.ontario.ca/fr/2019/index.html>.

I have also been working on a few Private Member's Bills.

- Bill 35, Human Rights Code Amendment Act, 2018
- Bill 52, Juries Statute Law Amendment Act (Juror Eligibility), 2018
- Bill 85, Election Fundraising Transparency Act, 2019
- Bill 95, Independent Ontario Provincial Police Commissioner Appointment Act, 2019

If you would like to read about these, you can visit the Legislative Assembly of Ontario website at <https://www.ola.org/en/legislative-business/bills/current> or contact me for more details.

As always, I am eager to hear from you all. If you have any upcoming activities this spring and summer, please send me an invitation. The Legislature is scheduled to rise in early June, and I would love to spend some time getting to know many more of you over the coming summer months.

Have a wonderful springtime and I look forward to hearing from you!

Nathalie Des Rosiers – MPP, Ottawa-Vanier

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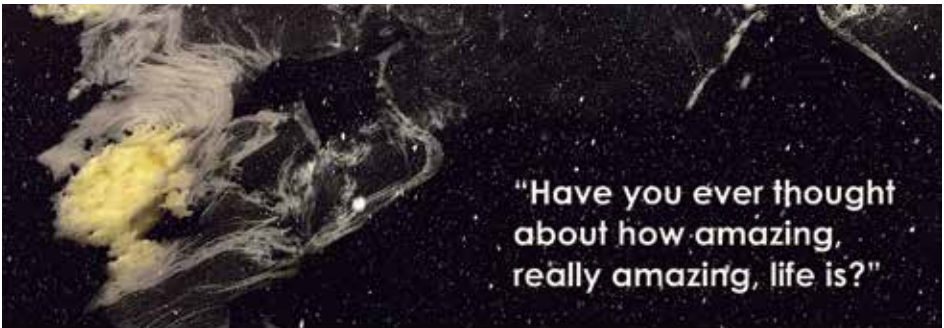
On a Friday night in March, Jo Anne Walton and Barbara Brockmann found the 5 to 7 a great place to get together at the end of their work week. They were undergraduate roommates on Sweetland some years ago, and Barbara remains a denizen of Sandy Hill.

allsaints 5 to 7 to the rescue!

Ryan Lotan

I am certain many of us will look back at this past winter as seemingly endless and having almost entirely forgotten what our neighbours look like. Beyond a quick wave as we shovelled ourselves out from another snowfall, it is oftentimes hard to find the opportunity to connect with neighbours the same way we normally do during warmer weather. Enter allsaints Cinq à Sept (5 à 7). Taking place on both Thursday and Friday evenings from—you guessed it—5:00 p.m. to 7:00 p.m., the allsaints 5 à 7 at first sounded like a weekly tradition my 20-something self would have loved (especially having spent my university days in Montreal). With three young kids, getting out to socialize is a logistical impossibility. But wait, on Fridays at allsaints you can bring your kids! For the cost of \$10 per child, the kids are treated to dinner and a movie in Bate Hall while you can enjoy yourself with an excellent selection of food and beverages in the Working Title Café (entrance off Laurier Avenue). My wife and I attended a few times over the course of

the winter, in some cases coordinating with other friends and neighbours, while in others just seeing who we would run into. Not only did we get to remember what our neighbours looked like before the spring thaw, but we were also able to meet some new imports to Sandy Hill. Shortly after 7:00 p.m. we would make our way up to Bate Hall, collect the children (who are assigned a numbered ticket to avoid any unintended “Parent Trap” situations), bundle up and wander down the street to home. There is nothing better than a simple idea, well-executed and this is a prime example: Thursdays with live music in the café and Fridays with the kids upstairs at Kindercinema. After we attended our first one, I was sharing with co-workers what a great concept it was and they commented that they wished their neighbourhood was as “hip as Sandy Hill.” Hats off to Leanne Moussa and the great staff at allsaints for establishing what has become a warm weekly tradition for many. If you haven’t attended yet and you are home on a Thursday or a Friday wondering what to do for dinner, give it a shot. You never know who you will run into.



Snow on Rideau River, Adawe Crossing / Quote Jonas Mekas, Requiem for a Manual Typewriter, unpublished

David Scott, 1936-2019, loved Sandy Hill

Martha Scott

Years ago, at a large gathering I met a lawyer who told me he was a close friend of my brother, David Scott—a prominent lawyer then acting for the Hon. Jean Chretien in the Gomery Inquiry. (AKA The Sponsorship Scandal). In the course of the chat, I referred to David’s home in Sandy Hill. “Oh no,” he said, “David does not live in Sandy Hill, he lives in Rockcliffe Park. I know this for certain.” But as his sister, I knew for more certain that he did indeed live in Sandy Hill. He insisted and I drifted—away from this expert! David William Scott (1936-2019) died on March 21 after a short illness. He is survived by his wife Alison, four children and four grandchildren. He had a brilliant legal career, a rich family and social life and was involved in many philanthropic causes. His was a life well lived.

As I thought about what to write here it seems fitting to write about his long love of and life in Sandy Hill. It is a neighbourhood he loved from his earliest days as had his forefathers before him.

When my parents married in 1933, they first lived in an apartment on Laurier (now demolished for a student residence). As children arrived, they moved to 587 Besserer Street, where David was born and where he began his attachment to the neighbourhood. It was a family block. Next door Colonel S. Hill, although older and retired when my brothers arrived, was a big figure. Broken toys and sporting goods placed on his driveway were found the next day repaired and ready to go back into service. A memory in the Guest Book following the Ottawa Citizen obituary, describes David teaching the writer to ride a bike. These were halcyon days!

A move to Rockcliffe followed in about 1948; then University and a family of his own. His children were brought up in Manor Park. As the children began to leave the nest David and Alison did an extraordinary thing. They purchased 383 Daly Avenue from the City of Ottawa in about 1980. This end unit of Philomène Terrace had been a Catholic home for unwed mothers and had fallen into near fatal disrepair. The City repaired it but did a poor job. A great deal more repair on the house was necessary and David set to work restoring it lovingly. The empty nesters loved the house and lived



in it until about 10 years ago. Downsizing and a wish to be steps away from the grandchildren’s school forced a relocation to First Avenue.

Our family lived in Sandy Hill, with only a few gaps, until last year. We hadn’t thought of the long chain we were breaking until recently.

Sir Richard Scott (1825-1913), a lawyer and Mayor of Bytown, credited with convincing Queen Victoria to make Bytown the Capital of Canada, lived on Daly Avenue—the Former Elizabeth Residence now converted to condominiums. His son, W.L. Scott (1862-1947) also a lawyer brought up his family of three children at the property where the Rio Vista apartments now stand at 400 Stewart Street on the Rideau River. The rambling house included a huge vegetable garden and the stories of bumper crops of tomatoes continue in our family. David remembered with great fondness visiting his grandparents there.

With David’s recent death, the tradition of Scott lawyers has now been interrupted. Scotts were practicing law from 1848 to 2019, 171 uninterrupted years in Ottawa; a remarkable piece of continuity. I do not know where Sir Richard Scott began Ottawa life, if not on Daly Avenue; but for most of those 171 years Scotts were happily living in Sandy Hill.

David was the family historian and wrote a family history which was published just a year ago. No one had a finer appreciation for roots and their ability to create wings.

John Billingsley, 1941 - 2019

If something seems missing along Charlotte St. these days, it is likely the slow, cheerful and steady presence of John Billingsley — a daily sight on Sandy Hill streets for more than 40 years. A resident of Rideau Place-on-the-River and a great walker, John previously resided at Rideau Gardens and the Sandy Hill Residence on Friel. He often stopped for a Big Gulp at Mac’s (when it was Mac’s) or a service and social events at All Saints Sandy Hill. He is missed.



IMAGE welcomes contributions to this Requiem column about people who were until recently a part of the life of our neighbourhood. If there is someone you wish us to remember, please send a photo and text to: image22@rogers.com.



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Photo: Nunavut Sivuniksavut



Inuit students, the majority from Nunavut communities, come to Ottawa to attend Nunavut Sivuniksavut, a small post-secondary school located in Sandy Hill. Here they listen to one of their important leaders, Aluki Kotierk, the President of Nunavut Tunngavik.

School helps Inuit students meet the urban challenge

Linda Scales

The students at Nunavut Sivuniksavut—perhaps Sandy Hill’s smallest post-secondary school—are typical of many other students counting the days and weeks until classes end. However, at NS (as it’s commonly called), there is a particular reason.

“By the end of April and early May, our students get spring fever,” says NS coordinator Morley Hanson about the 60-some Inuit aged 18 to 25 years from northern communities such as Pond Inlet, Iqaluit and Grise Fiord. “This time of year at home is precious and wonderful because the sun is high and warm. There’s still lots of snow so they can do outdoor things. By then, Ottawa becomes a nice place to visit, but they don’t want to live here anymore.”

Nunavut Sivuniksavut (Inuktitut for “a place and time to become wise”) might also be one of Sandy Hill’s most unique schools because it is dedicated to providing Inuit youth with a cultural and educational experience unlike any to be found in Nunavut.

Located in the Place de la Francophonie building at the southeast corner of Rideau and Chapel Streets since 2011, NS provides a post-secondary education in Inuit Studies. When it was founded in 1985, the institution’s purpose, tied to the eastern Arctic land claims negotiations with the federal government, was to train Inuit fieldworkers so they could inform their communities about the progress of the negotiations. Over time, the program evolved

to meet the needs of younger Inuit.

Affiliated with Algonquin College through a unique arrangement that allows its independence, NS offers three separate fully accredited programs beginning in September of each year.

A Leap of Faith

“The students don’t come here for the certificates,” says Hanson. “They come because their peers, family, friends and teachers have said that NS is the next thing to do best.” The application process is competitive with double the number of applicants vying for 42 available spots in the Inuit Studies program, the school’s core program. The Advanced Inuit Studies program accepts less than half that number from the graduates of the core program, while a new pilot program combines federal government work terms with semesters of university courses. Its future has yet to be decided.

Coming to Ottawa requires “a leap of faith to jump on a plane and come down here for a year of study,” says Hanson about the cultural transition that for many NS students is their first experience away from their families and communities. Acclimatizing to urban life is challenging for them, he says. “It’s the constant invasion of stimulation. The language, the food, the independence, making all of their decisions on their own. It’s a stressful, high-intensity program, but that’s when you do your best learning.”

Despite the extreme cultural shift, the school’s retention rate is between 80% and 85%. This is partly due to the per-

sonal support NS gives every student, such as tutoring, childcare if needed, and housing in one of three “almost brand-new” apartment buildings, also in Sandy Hill. “The location is superb, and we have safer, more secure quality accommodations than we’ve ever had before,” says Hanson.

Coursework includes classes in Inuit history, Inuit cultural studies, public administration, community development, contemporary Inuit issues, details of the Nunavut Land Claims Agreement and the circumpolar world. Moreover, the students proudly demonstrate their culture to the Ottawa community through traditional throat singing, Arctic sports, and clothing displays at activities like Winterlude and by visiting local schools. They also use their talents to fundraise for the school’s annual end-of-the-year trip. This year, three small groups of students will visit Hawaii, Peru, or Finland and Norway, where they will share their culture and Nunavut’s story with the Indigenous people of those countries.

The majority of NS graduates choose to return to Nunavut after their experience in Ottawa, where they might continue their education at Nunavut Arctic College or find work. However, a small percentage choose to return to southern Canada for further post-secondary education.

“They’ve got a lot of new knowledge they never had before,” Hanson says. “The biggest benefit of all is they have a lot more pride in who they are, and have a lot more confidence, enthusiasm and passion for making their contribution.”

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Students from Sandy Hill’s Nunavut Sivuniksavut school participated in the pro-sealing rally on Parliament Hill, on March 28, 2019, by having a sealskin clothing fashion show and handing out information about the importance of sealing to the Inuit economy.

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How many cemeteries have there been in Sandy Hill?

François Bregha

The answer is surprisingly complicated. We know for sure of the Sandy Hill cemeteries (sometimes referred to in the singular) that were established in 1845 to replace an older 1828 cemetery located directly south of Parliament Hill (then Barrack Hill) roughly in the block formed today by Sparks, Metcalfe, Queen and Elgin Streets. Most, but not all, of the remains of that cemetery were moved to a new burial ground on unused Ordnance land east of town. Confusingly, these Sandy Hill Cemeteries were located in what is today Macdonald Gardens Park in Lowertown, but which at the time was considered part of Sandy Hill. Land was set aside for the Anglican and Presbyterian churches first (east of Charlotte Street), with the Catholic and Wesleyan Methodists following a few years later west of Charlotte Street. By 1872, these cemeteries too were full and the City opened two new cemeteries, further east still, at Beechwood Avenue and Notre Dame Street. While families were encouraged to move the remains of their loved ones to the new cemeteries, not all did so and the cemeteries gradually fell into disrepair. As the years went by, the cemeteries' unkempt state became a growing public concern. In 1895, a writer to *The Ottawa Journal* complained that Sandy Hill cemetery is not only an ugly spot on which to feast the eyes of citizens and visitors, but ... it is made hideous in other ways. During the summer months on Sunday afternoons, numbers of boys congregate there to play football and howl and bawl among the broken headstones. And what is worse, in the evenings the cemetery is made the habitual resort of not over-particular or very respectable couples. Seven years later, the situation had not improved. *The Ottawa Journal* noted that "Not infrequently the boys make excursions to the cemetery for the express purpose of unearthing remains and skulls (sic) from that place have been carried by gangs of young ruffians to different parts of the city".

Moving remains to the new cemeteries led to its own problems as not all families bothered to refill the open grave left behind. This created a hazard for walkers, particularly at night. In 1902, an old man on a stroll fell into an open grave and was not rescued for two hours. It was not until 1909, after much controversy, that the churches transferred the cemetery land to the City to create a park. In 1912, the Ottawa Improvement Commission (the forerunner of the National Capital Commission) covered over the remaining graves and commissioned one of Canada's first landscape architects, Frederick G. Todd, to design the park that now exists and is named after Sir John A. Macdonald. But the Sandy Hill cemeteries were not the first burial grounds to be located in Sandy Hill. Records indicate that perhaps three other cemeteries used to exist in Sandy Hill. An 1842 map shows a Roman Catholic cemetery at the southeast corner of Cumberland and Rideau Streets. In the 1830s, there may have been a cemetery where St Joseph Church now stands and there is a record of a thirty-year-old man named Fitzgerald being buried there in August 1837. That may not have been an official burial ground as in 1841 Louis-Théodore Besserer, the owner of the land, felt compelled to place a notice in the *Bytown Gazette* warning that he was about to launch an action to recover possession of some of his land used as a cemetery without his authorization. Even earlier, in 1830, Besserer granted the Catholic Church a cemetery along Rideau Street that was moved in 1839 because it blocked the extension of Gloucester (now Friel) Street onto Besserer's land. However, the first recorded burial in Sandy Hill is that of John By Burrowes, the first white child born in Ottawa, the



Tiny creeks come alive in spring! This one is near the Mackenzie King estate.
Illustration Phil Caron

son of Thomas Burrowes (a surveyor who had worked for Colonel By) and Grace Rodgers. Sixteen years after the death of his son in 1827 when he was not yet a year old, Burrowes wrote his friend Dr. A. J. Christie: I wish to tell you of a circumstance connected with the interment of my infant son. The spot chosen was on Sandy Hill, and was selected by John McTaggart and Self. After traversing the ground – then in a state of wilderness – poor McTaggart arrived at a healthy young beech ... McTaggart was deeply affected and, while his eyes filled with ill-suppressed tears, said to me: 'Here, Tam, we'll just lay the poor wee King's head aneath this fine young tree.' Poor ill-fated tree ... -- not more than five or six months afterwards, some barbarous hand cut thee down. That grave has unfortunately been lost and is unlikely ever to be found. So, how many cemeteries have there been in Sandy Hill? The answer remains uncertain. You can read more about Sandy Hill history at www.history.ash-acsc.ca.



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Photographer Kathleen Kelly's
sightings by the river at the
end of March.






Photo Justin Wonnacott

Gallery Scene/Seen



Jesse Stewart Icebreaking: La Débâcle

Jesse Stewart, Glacialis, 2010-2019, single-channel video projection, dimensions variable. Installation view.

Maureen Korp

How often have we heard Ottawa described as a “city of two seasons: winter and road repair?” Be brave. Kick the ice aside. Ice melts. This is a good time to traipse over to the Ottawa Art Gallery. Sit down with Jesse Stewart’s installation, *Icebreaking: La débâcle*, upstairs in the rooms of the Firestone Collection. Stewart’s work can now be seen in concert with a small selection of paintings and drawings from the collection.

Entering the gallery, the visitor takes note immediately of the black-and-white video soundscape covering one wall. The film, on a continuous loop, is being projected onto 10 or 12 white plinths piled along the wall. As the camera works its way in among the musicians, vapours waft around them and their instruments.

Some of the rhythms are deep, others higher pitched. Some are splashy, others chirpy. Some sound like early jug band bleats, others very like notes a throat singer could make. The rhythms are trance-inducing, not unlike those of sitar and tabla. But it ends. It must. The instruments melted.

Only the film can be played again, not the music itself.

The instruments were made of ice. Tubes of ice, a good many, fastened in vertical and horizontal sequences, and played – not unlike a xylophone – with sticks of various sorts. The ice is melting.



“*Glacialis*” by Jesse Stewart was a singular production. The video itself, a 12-minute loop, is the record of that performance in 2010 at Nathan Phillips Square, Toronto. The performers included Stewart himself, along with Michele McMillan, Jamie Holmes, and Frasier Holmes. Both Jamie Holmes and Frasier Holmes were, at the time, Stewart’s students at Carleton University.

For this exhibition, in addition to Jesse Stewart’s work, the gallery is displaying a number of paintings and drawings by familiar names, Lawren D. Harris, for example. He is represented by a large painting of elegant blues and snowy whites, entitled “*Mount Thule, Bylot Island*,” 1930. Beside this painting hangs another large landscape. It, too, is an aerial view of blues and whites, rivers and ice floes. A

Jesse Stewart, Best Before, 2019, plywood and plastic bag closures, 44” x 92”. Photo: Justin Wonnacott.

complementary pairing? The colours are alike. Walk closer.

The work is a didactic composition by Jesse Stewart entitled, “*Best Before*,” 2019. The material the artist used is not apparent from a distance. A closer view, however, makes it abundantly apparent the artist has constructed this scenario—rivers, lakes, the curve of the earth—by using hundreds and hundreds of wee plastic tabs, the very same blue-and-white fasteners meant to keep bread inside plastic bags. Each tab is dated, of course; thus, “*best before*.” Yes. These are the same plastic tabs that are now being fished from the oceans.

Upon the floor of the gallery is a map of North America, entitled “*Time and Tide*,” 2019. Signs warn the visitor not-to-touch. Jesse Stewart constructed this map with beach glass he collected from the shorelines of our oceans, rivers, and lakes. No subtleties here. One sees the whole more clearly.

The music ended because the ice melted. For more than a hundred years, artists have been documenting and recording our brutalization of the world surrounding. The combination of Jesse Stewart’s work with selections from the Firestone Collection makes this most apparent, and specific within Canadian lands.

Franklin Carmichael’s “*The Nickel Belt*,” 1928, for example, is not a romantic, heroic landscape. It is an industrial site, a place very like that seen and painted by Alan Collier in his pictures “*Copper Cliff from Creighton, Ontario*,” 1954, and “*Algoma Mine, near Lake Superior*,” 1958.

“*Icebreaking: La débâcle*” is the newest chapter of the OAG Firestone Reverb series. The series invites artists to create work in response to gallery holdings in the Firestone Collection—more than 1600 examples of 20th-century Canadian art. “*Icebreaking: La débâcle*,” curated by Rebecca Basciano, is an important contribution. The exhibition is accompanied by a catalogue to be published in April, 2019.

Icebreaking: La débâcle

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The Wounded: Stephen J. Thorne, photographer
Resilience: The Battlefield Art of Mary Riter Hamilton, 1919-1920
Canadian War Museum, lobby, and display corridor. 1 Vimy Place, Ottawa
Free. Daily 9.00 am -5:00 pm, Thursdays 9.00 am -8:00 pm
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IMAGE’s images

Harlequin Studio photos from the butterfly display and Ikebana society’s 35th anniversary exhibition, on April 10 at the Museum of Nature.



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Mary at the river's edge

Stephen Quinlan

I was honoured to have had my latest Mary-themed paintings included in Arteast's annual Mosaic exhibition at the Shenkman Centre's Trinity Gallery this past winter. As with all my art, the paintings are inspired by the northward bend in of the Rideau as it flows through Dutchie's Hole and Strathcona Park before joining its waters with the Ottawa. At sunrise and moonrise moments, when an illuminated pathway is cast over its moving waters, our Rideau takes on a cosmic dimension that makes both a metaphor of existence and apprehension of transcendence. It is these crepuscular moments that connect all rivers throughout time and space that my paintings seek to express. Here, the Rideau takes into itself the Jordan of ancient times.

Entitled *An Annunciation* and *An Assumption*, the paintings celebrate the first and final Marian feasts of the Catholic liturgical calendar. They relate to the occasions of Mary's participation in the cosmic event of the Incarnation and, in the second, to her bodily assumption into Heaven. The first painting expresses the moment, traditionally determined to be at the vernal equinox, when she is chosen to take on the role of *Theotokos*, or Mother of God. The second painting imagines her heavenly ascent, the completion of which sees her reign as Queen of the World.

An Annunciation (pictured at left)

We see a young woman holding a basket containing a three stemmed lily; on the edge of the basket a white dove has alighted. A gust of wind blows, causing tree blossoms to shower on her. Behind the tree, the river bends and on the opposite bank a beehive cavern stands.

A longtime resident of Sandy Hill, Stephen Quinlan exhibits at Art in the Park returning to Strathcona Park in August.

An Assumption (pictured at right)

Her earthly mission completed, she returns to the river where an Egyptian barque is moored on the opposite shore from the cavern. In her hand is a palm leaf signalling her victory as she points with a welcoming gesture to the celestial display occurring behind her. A lunisolar conjunction sits over the horizon. It emits a luminous flow that connects with the river and is to be the pathway for her triumphal, heavenly ascent.



The IODE home tour will stop at this Centretown home on Elm St.

Miles of styles on IODE house and garden tour

Elanor Brodie

IODE Laurentian Chapter is having its 58th Annual House and Garden Tour on May 11. It is Ottawa's oldest and longest running house tour. This year's tour features five fine homes across Ottawa in a variety of styles sure to appeal to all.

The tour runs from 9:30 to 4:30 p.m. Tickets are \$30 and can be purchased as of April 15 at retailers across Ottawa. They are also available now online through Eventbrite on the IODE Laurentian Chapter website:

www.iodelaurentian.com

The fabulous homes are:

The home on Elm Street which was built in 1892. This Centretown middle row house on a quiet street off of Preston Street has been opened up and completely modernized. While keeping original features, natural light and wood are used throughout the home to give a contemporary yet relaxed and warm welcoming look. The home won three NKBA Ontario (National Kitchen and Bath Association) awards in February 2018.

On Rahul Crescent is a large, single, family, custom-built home (pictured left) on a prime lot which has fantastic views across the Rideau River towards Mooney's Bay. The home has been built specifically with visitors and entertaining in mind, so every space is used to offer a variety of seating. Most of the ground floor is open plan and surrounds a central

fireplace. A ground floor guest suite ensures that any guests staying overnight do not have to carry heavy luggage up and down the stairs. The IODE's famous bake sale will be held at this location, in the multipurpose room above the garage.

Designed in 2013 by Kariouk Associates, is the *Smart Technology Kenora Avenue home* which has a series of linked indoor/outdoor spaces that subtly bring the outdoors in and the indoors out by employing a continuous visual and spatial gap that cuts entirely through the space. From its entertainment-sized rooms to its sleek built-in cabinetry and its commercial-grade appliances, the attention to detail is exquisite throughout.

Two Embassy residences

As well, for the first time in many years, we return to having two Embassy residences on display in Rockcliffe Park—Tunisia on Crescent Road and Algeria on Thorold Avenue.

The focus recipient for this year's tour is the Youville Centre on Mann Ave. which inspires and educates young mothers to utilize their strengths and achieve their goals. Funds will go to purchase much-needed new cribs for the facility.

A day out on the House and Garden Tour is the perfect way to spend time with your family, partner or best friends. It is the perfect gift for Mother's Day.

For further information about the tour and to purchase tickets today, please visit the website: www.iodelaurentian.com or call Jo at 613-842-5304.

The Parent Resource Centre — a Sandy Hill resource

Connect, explore and learn through play

Kimberley Hogan

There is no denying that at the Parent Resource Centre (PRC) in Sandy Hill our Saturday morning playgroup starts the day with a bang. Or more accurately, songs, bubbles, a parachute and two and a half hours of hard core play! This popular playgroup is one of several offered by our centre, available to parents and caregivers to provide opportunities for little ones to connect, explore and learn.

Since 1978, we have served more than 10,000 parents and children. Today, through our main site in Sandy Hill and three drop-in sites across the city, we serve more than 700 participants annually (parents, caregivers and children) in playgroups and baby groups. This translates into over 8,000 total annual visits to PRC programs.

In 2018, PRC became part of the new EarlyON Child and Family system of services. As a result, we continue to offer many great services for our parents: our popular parent support phone line (613-565-2467, extension 2), education calendarr, community playgroups, parent support and education groups, and access to an extensive library and database of resources, which includes the GoFamily! on-line interactive services map. You will even find the popular toy lending library—a great resource for vacations or simply to switch things up without investing in new toys.

PRC is also very busy in the community. Satellite playgroups at Carson Community House, Laurier Community Play-



The Ball Pit at the Power of Play Event

group and Dalhousie Community Group allow us to bring our playgroups out of our centre to support more parents, caregivers and children. From time to time, PRC also holds art workshops for parents and children to collaborate, express themselves, and have fun as they create a masterpiece together.

On Saturday, June 15, PRC will once again be holding our biggest and most fun event, The Power of Play. In the lovely Strathcona Park on Range Road, from 10 a.m. to 3 p.m. we introduce families to the crucial role and benefits of play for children through activities such as our outdoor StoryWalks®, themed play areas, art in the park, crafts, oversized games, snacks, pool noodle obstacle course—and whatever else we think will make a great day full of adventure.

This community event is free and has a ton of great family activities in a beautiful setting. We suggest you bring a picnic to enjoy the full experience. Registration is requested and is available via Eventbrite. ca or by calling our office at (613) 565-2467 so we can anticipate the approximate number of guests.

For more information about the Parent Resource Centre, playgroup times and our upcoming event The Power of Play, please visit www.parentresource.ca or call 613-565-2467. Should you wish to become a sponsor with the Power of Play, please ask for Kimberley.

The front entrance to the Parent Resource Centre, 300 Goulburn Crescent





Once the snow has melted and the mud has dried, Laurier Park will again be full of families enjoying the climbing structures and sand pit. It's just one of the parks where, until May 5, you can join in the game of hide and seek the #OCF Rocks, organized by the Children's Festival. For details, go to ottawachildrensfestival.ca/community-contests/.

Which of our parks is most fun?

Betsy Mann

Spring is coming and our neighbourhood parks are slowly emerging from their blanket of snow. Soon the mud will dry up too and it will be time to take the kids to the park. But which Sandy Hill park is the best one for children? Turns out, opinions vary, partly on the season and partly on the age of the children.

With her two girls, aged 4 and 6, Clara Winer says, "My vote would be Sandy Hill Park, the one behind the community centre!" This park has attractions for all seasons: the skating rink and change rooms in the winter, the two-level wading pool in the summer and the play structures all year round. Washrooms in the commu-

nity centre can be an important feature for the young crowd too.

Suneeta Millington and Guylaine Le-maire like Wilfrid Laurier Park on Chapel with its splash pad, colourful climbing apparatus and big trees that provide shade. They also like the fact that it is fenced to keep the kids safe. "Now if we could find a way to keep the dogs and their owners out!" Guylaine adds. There are signs at the entrance, but they're not always respected. Both Suneeta and Guylaine mention that in season, this park is the regular meeting place for a group of friends and neighbours who gather to chat while their children play. "We really miss that community when the cold weather arrives," laments Guylaine.

Leanne Moussa agrees that the group of neighbours who frequent Wilfrid Laurier Park and the fence for safety make this a favourite with her younger children, who

enjoy the water and sand play. On the other hand, she says, "My older kids vote for Strathcona every time—lots of space to kick a ball." Strathcona Park also houses the award-winning play structure, designed by Stephen Braithwaite, which doubles as a giant sandbox. Called Strathcona's Folly, it was assembled in part from bits and pieces salvaged from Ottawa buildings, among others the Daly Building, the Capitol Theatre, L'Institut Jeanne-d'Arc, and the Windsor-Duvernay Hotel. The two big stone faces that have enchanted many children since the play structure was built in 1992 come from a branch of the Bank of Montreal. Public washrooms are located near the wading pool and are open in season.

All our parks have their attractions. Try them all and decide if you and your children have a favourite.

The Children's Festival rocks in our parks

The Children's Festival will be bringing a host of entertainers to Lebreton Flats Park from May 8 to 12, but before then, organizers have started a game of hide and seek in parks all over the city. Starting April 22, they will be hiding rocks with the words "#OCFRocks" in city parks and are inviting children to go seek them. When children find a rock—not just any rock, but one marked "#OCFRocks"—they should take a photo of it and post it on social media (Facebook, Twitter or Instagram), using #OCFRocks. They should include the name of the park where it is hidden and be sure to leave the rock there for someone else to find. If the family does not have access to social media they can email the photo to contact@ottawachildrensfestival.ca and organizers will post it for them.

Until May 5, children can join in the game by painting their own rocks and placing them in their favourite park for others to find. The place they choose should be hidden enough to make the game interesting, but not so well hidden that no one will find their rock. They can paint the rock with one of the monsters in the Children's Festival colouring book (ottawachildrensfestival.ca/monster-colouring-book/) or create their own design, but the rock must also have #OCFRocks on it.

Organizer Joni Hamlin explains that the idea behind the game is to spread joy in the community. "If a child finds a decorated rock it is certain to make them happy," she says. They'll be even happier if they are one of the winners of a family pass to the Children's Festival. "All the photos will be entered in a contest for a chance to win," Joni adds. So get painting and visit your favourite park to hide your rock. Maybe you'll find someone else's when you're there; be prepared to take a photo!



Un simple geste écolo à Franco!

Coins nature (cour Henderson et cour Nelson) Nous sommes en train de peindre des poubelles qui seront installées dès le printemps prochain pour y déposer les déchets. Merci de nous aider à garder les coins nature propres, beaux et poétiques! *Darya, Emma et Nora (élèves de 5e à Francojeunesse)*



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News from Viscount Alexander School

Michael Barnes

Spartacat and Chris Phillips visit Viscount

Chris Phillips, retired Ottawa Senators defenceman, and Spartacat, the Senators’ mascot, visited Viscount; our students loved every minute. Chris spoke to the students who assembled in the gym for this special occasion. The event included a select group of students who played a game of floor-ball that was coordinated by members of HEO (Hockey Eastern Ontario) who were also involved in the donation of floor hockey equipment. Thank you HEO.

Phillips spent his entire NHL career with the Senators playing 1,179 regular season games as well as 114 playoff games. In doing so, Chris became the longest serving Senator over his 18-year career.

Volleyball success

The Girls Volleyball tournament took place on February 26 at Gloucester HS. The team, with coach Ms. Mills, finished in 2nd place in a tiebreaker with Lady Evelyn. Congratulations to Hassatou, Amira, Rebekah, Savannah, Hope, Karra, Hala, Lily, Arty, Cici, Meron, and Nadia.

At the Boys Volleyball tournament on Feb 27 at Glashan School Mr Moodie coached the team to a 2nd place win, again in a tiebreaker with Lady Evelyn. The team members were Yusuf, Nati, Bradley, Hamse, Preejot, Austin, Jason, Ismaila, and Tarek. Well done to all and thank you to our teacher coaches!

Skate-a-thon/Run-a-thon

Each year during a week in March our students help with our annual Skate-a-thon fundraiser. The JK/SK students participate in the Run-a-thon in the gym, and students in Grades 1–6 attempt to skate



as many laps as possible during their final skating session at Sandy Hill Arena. The children will benefit from their fundraising through the purchase of technical, musical, scientific and artistic equipment, as well as providing supplemental education activities such as Scientists in Schools (scientistsinschool.ca) and out-of-school trips. This year the students raised a whopping \$4632 which was incredible. A special shout-out to the Grade 6’s who raised over \$1000 and well done to everyone!

Help select Viscount for the Earth Rangers Assembly!

This amazing assembly promotes environmental conservation, awareness of climate change and helping endangered animals. It came to Viscount many years ago. The school has just been nominated again. The organizers even bring live animals!

Schools are selected on the number of entries and quality of the submission comments. Let’s hope Viscount will be selected. Please help Viscount by nominating them! See www.earthrangers.org/freedommobile/

To learn more about Viscount

Please call our school office to learn more about our school and the programs it has to offer from Junior Kindergarten to grade 6. The office number is 613-239-2213. We are now registering students for our Junior Kindergarten program starting in September 2019. Registration can be done at the office without an appointment. Office hours are 7:30 – 3:00 Monday to Friday.



Here are two of the great things Denise loves about Sandy Hill — the PAL Social Circle and the Ottawa Art Gallery, where the Circle had an evening out in late January. PAL is an organization of arts workers “caring for our own.” Pictured above, left to right, are Anne Maheux (paper conservator and PAL director), Jerry Grey (visual artist and founding PAL Ottawa board member), Jeremiah Bartram (puppeteer, former architect and PAL Supporting Cast volunteer), Julie Hodgson (arts administrator/Supporting Cast co-ordinator), Laura Astwood (ESL teacher, actor and Supporting Cast volunteer), Denise Killick (actor, performance artist, writer, poet, ACTRA Ottawa board member and PAL Supporting Cast client), and Jim McNabb (actor, director, former drama teacher at Canterbury High School and founding PAL Ottawa board member).

Here’s to Sandy Hill

Denise J. Killick

It wasn’t by design that I moved into Sandy Hill but out of necessity. It was in 1983, 36 years ago, and I had found work in the old Bourque Building, later renamed the Constitution Building (and now about to become a student residence called Théo). Moving here meant I could literally roll down the hill to work.

Two years later, I returned to my first love, the stage, and began acting at Ottawa Little Theatre. Again, a short stroll down the street. I had been a props volunteer with the OLT children’s theatre program that toured high schools on Saturday afternoons, while I was a student in Stittsville

I have stayed here through the years since, near the corner of Besserer and Nelson.

When I bought my dog Buddy, a miniature schnauzer, I began walking everywhere. The most striking thing about Sandy Hill, for me, was the number and different varieties of trees lining every single street and in the parks. There were oak, black cherry, magnolia, linden, chestnut and of course the wonderful maple, symbol of “the true North, strong and free.”

We would often go to Macdonald Gardens off Wurtemberg where I would sketch and watch the birds, my favourite being the cardinal, still often seen and heard flitting among trees near my home. There are sparrows and crows too—I personally love crows having had one once as a pet. I’m a country girl at heart although I’ve learned to love the city.

I would often stand in awe of the homes and carriage houses of prime ministers and other parliamentarians and wonder what their lives were like in the days of no running hot water or electricity or automobiles. Many of the lovely old houses were repurposed for tourists during my years in the neighbourhood: McGee’s Inn, the Green Door and Bella Notte on Daly Avenue, and the handsome King Edward on King Edward Avenue.

Now, infill properties are popular; those boxy multi-level units exist where property prices are at a premium. Many large, tall condominium buildings have replaced once thriving small businesses.

I love that Sandy Hill is home to many artists of a variety of disciplines. With the wonderful new addition of the Ottawa Art Gallery and its restaurant, the neighbourhood continues to grow, thrive and give us all a sense of community. I am pleased to see that although All Saints Church is no longer a church it is now home to arts and cultural events.

Going to catch a film at the ByTowne Cinema is the entertainment choice of many. Their popcorn is by far the best of any cinema in the city; do you know you can even take it out? But gone is Nate’s Deli on Rideau Street where I loved the smoked meat sandwiches and onion soup generously topped with white cheddar and served in a ramekin.

The Sandy Hill Community Health Centre opened a supervised injection site last year and many of my neighbours were very concerned about the impact. I have experienced little to no ill effect and if ever there is a disturbance, Ottawa Police Services always responds quickly to my concerns.

Thousands of students flock here each fall; I find they keep the neighbourhood young at heart. I have had many close neighbours over the years (and still do) who are students and I really enjoy their presence. There are various community housing projects bringing children to the schools. I love nothing more than to hear their voices chiming on about their day at school as they walk home. And there is a daycare centre that takes a string of brightly dressed little ones for daily walkabouts. They’re really cute to see—at least I think they are.

There is nothing more appealing than walking, cycling or driving between the Rideau River and the Rideau Canal. I have often paddled barefoot in the river on the flat stones among bull rushes and have canoed or boated on the canal several times.

As I sit writing this I’m thinking of spring and can hardly wait for the large magnolia trees down the street to blossom, emitting their glorious scent just before sunset. After that, there will be, I hope, a return of the bells and gong announcing the “Knife Man” and his van back for another summer, as he has been every year since I settled down on the sandy hill.

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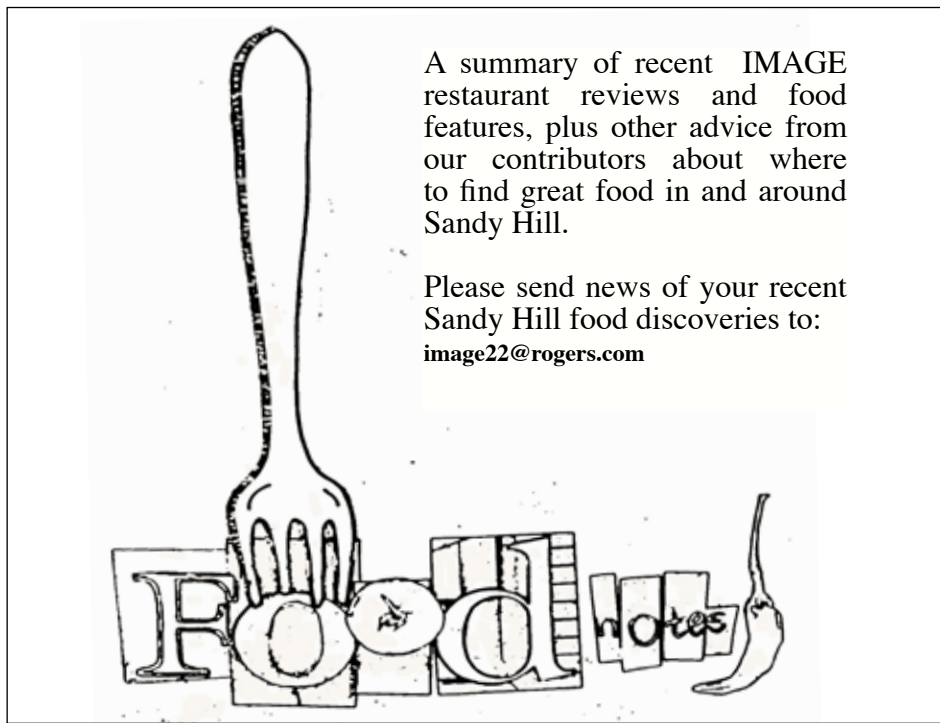


Lynda Cox & Jim Cox

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A summary of recent IMAGE restaurant reviews and food features, plus other advice from our contributors about where to find great food in and around Sandy Hill.

Please send news of your recent Sandy Hill food discoveries to:
image22@rogers.com

Cadena Spanish Cafe, 323 Somerset St. East Cadena has a new liquor license, and is now open until 9 p.m. every day for those who'd like to enjoy a drink along with the cafe's interesting selection of sandwiches, tapas, or even all-day breakfast.



Chinese Meat Pie House, 508 Rideau St. It's not open yet, but the business that promises to replace the Silver Spoon Express has an intriguing menu posted on its door. Along with traditional treats such as Hot and Sour Soup, I'm looking forward to checking out the Chef's Special Green Onion Pork Pie and the "Chinese Hamburger". I'm not sure what to make of "Cold roast practices", but I intend to find out. Stay tuned.

Happy Goat, 229 Rideau St. The new branch of the popular neighbourhood coffee shop is now open for business. It's smaller than the shop on Wilbrod but a little less crowded (at least outside of lunchtime) and just as aromatic. Interestingly, the Brussels sprout and onion melt sandwich costs about a dollar less on Rideau Street than on Wilbrod—an incentive to check it out if ever there was one!



Si Señor, 506 Rideau St. The Jay's Poutine signs are still up on the side of the building, but the brick house at 506 Rideau is now occupied by a tiny, cheerful Mexican restaurant. Fresh guacamole and homemade tacos, interesting soft drinks and a few sweets are available to take out or to eat at counter seating or at one of two tables, in a room happily decorated with bright paint and interesting prints and artifacts. The restaurant promises an expanding menu of tortas, chilaquiles and other Mexican street food in the near future; definitely worth a visit.

Working Title Kitchen and Café, 10 Blackburn Ave. (enter through the red doors on Laurier near Chapel) allsaints Event Space continues to come up with inventive ways for the neighbours to enjoy its new restaurant. On Thursdays and Fridays from 5 to 7 p.m. there's a menu of "Bites" (such as charcuterie, white bean hummus, or a substantial and tasty plate of ginger beef with basmati rice) and Sandy Hill-themed cocktails. Anyone for a Friel Fizz or a Strathcona Shandy? Patrons can also order from the regular menu of interesting sandwiches, soups and salads. On Thursdays there's live music to go with your evening treat, and on Fridays, there's Kindercinema, a chance for parents to keep their little ones entertained with a movie while enjoying some adult time. And look for a chance to indulge in that tasty food outdoors when a patio appears along Laurier Avenue sometime this summer.



Peas—tender bursts of delicate flavour

Dodi Newman

When I was 6 or 7 years old, I helped my grandmother's housekeeper shell a big bowl of peas as we were sitting in the warming spring sun in front of the house. I have loved peas ever since. The pea season was very short then. Today we have frozen peas year round and that is wonderful. Keep in mind though that peas lose some of their delicate flavour when they are frozen. The season for fresh peas is fast approaching. Check out local farmers' markets while it lasts!

For me, the simplest and best way to enjoy fresh peas is as a side dish: buy young peas in the pod, shell them, cook for two to three minutes in enough boiling water to barely cover, drain, then gently sauté them in butter with some chopped mint or parsley for another two to three minutes, season with salt and pepper and serve immediately.

Once peas get a little older, there are many ways to stretch the season, for example:

- Sauté your favourite mushrooms and serve on a bed of puréed peas.
- For something out of the ordinary, surf the net for interesting recipes from India, like Matar Paneer or Methi Malai Matar (fresh fenugreek leaves and peas in a creamy curry sauce); spinach makes a mild, if not authentic substitute for fenugreek leaves.
- Add cooked peas and a generous amount of heavy cream to coarsely mashed new potatoes like the Shakers did.

And then there is that great Venetian classic: Risi e Bisi. The following recipe is based on one in *Cooking from an Italian Garden* by Paola Scaravelli and Jon Cohen.

Risi e Bisi

Serves 4

- 4 tablespoons butter
- 1/2 medium onion, finely chopped
- 1/4 cup finely chopped fennel
- 1 tablespoon chopped parsley
- 1 cup fresh or frozen shelled peas
- 1/8 teaspoon sugar
- Salt to taste
- 1 cup Arborio rice
- 3 1/2 cups hot vegetable broth
- 1/4 cup freshly grated Parmesan

In one tablespoon butter, sauté half the onion until transparent. Add the fennel, sauté for 3 to 5 minutes, then add the parsley, peas, sugar and salt and sauté until almost done, adding water as necessary to prevent scorching. Do not overcook!

In a heavy saucepan, sauté the remaining onion in 2 tablespoons butter until transparent. Add the rice and sauté 2 to 3 minutes, stirring continuously. Add the broth, 1/2 cup at a time, and continue cooking over medium heat, stirring frequently, until the rice is almost done. Add the peas, mix them in thoroughly and finish cooking the rice. Just before serving, off the burner, stir in the remaining butter and the grated Parmesan. Enjoy!

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In search of a great fireside book

Lena Creedy

It's odd to find a book available only in French in Ottawa but available in English over the other side of the Ottawa river!

That was my experience recently when I tried to locate Leon Uris' *Trinity*, a novel of Ireland from the Ottawa Public Library after it was recommended to me by a friend.

Unable to find an English copy from the catalogues of the Morisset Library at the University of Ottawa, or the MacOdrum library at Carleton University, I made my way through the snow-covered January streets to our local branch of the Ottawa Public Library at 377 Rideau Street. The copy of the book that was in Ottawa was in French, but the attendant at the desk was able to identify a copy at the Lucy-Faris Library at 115 Principale St. in Gatineau. I was glad to find the library staff so eager to help, issuing me a Smart Library card and telephoning the library in Gatineau to reserve the book for when I was able to pick it up. I really appreciated the friendly service at the Rideau library, as it ended my frustrating solo search. Two days later, across the river in Aylmer, I was pleased to be issued a Gatineau library card to access the book and others in their system for a year.

As for the book, although it's over 750 pages in length, it's very easy to read. Written by a master of historical fiction,

Photo Graham Creedy



Lena Creedy found a great book, after some effort, last January.

the book covers Ireland's troubled history from 1840 to 1916 – a story of cynical corruption and 19th century ruling class greed, where the owners of Ulster committed crimes against Protestants and Catholics alike since the Plantation days. The small Anglican ruling class used religious differences to maintain power, setting working class Presbyterians and Catholics against one another in an example of 'divide and rule.'

The author did his research while travelling through the Republic of Ireland and Northern Ireland some months after the Bloody Sunday or *Bogside Massacre* of 1972, amidst shootings, curfews and bombs. His nine months of exposure to danger conveys authenticity in his novel.

As for me, having enjoyed the beautiful countryside of Ireland on a couple of trips in recent times, I found the book useful for gaining a better perspective of the 1840–1916 period as the great narrative combines fiction with extensive historical data. I'm highly recommending *Trinity* to anyone interested in learning more about the political and economic oppression, often disguised as religious conflict, of the native population of a Celtic country. This book is considered Uris' best novel.



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FOR ADULTS / POUR LES ADULTES

Go Workshop (Strategy Game) / Atelier de Go (jeu de stratégie)

Learn to play Go, the ancient strategy game. Designed for beginners and intermediate players. 2 – 5 pm, Saturdays, May 11, June 8. Apprenez le Go, jeu de stratégie ancien. Conçu pour les débutants et les joueurs de niveau intermédiaire. 14 h à 17 h, les samedis 11 mai, 8 juin.

Morning Book Club

Monthly on Thursday mornings at 10:15 am – 12:00. Drop-in. May 16: *The Children Act* by Ian McEwan

Evening Book Club

Monthly on Monday evenings, 7 – 8:30 pm. Drop-in. May 6: *The Left Hand of Darkness* by Ursula LeGuin
June 3: *The Woelfeld Poultry Collective* by Susan Juby

Pen and Paper Writers Group

Every Tuesday night at 6:30 pm. Drop-

in. Get feedback on your writing (any genre) and ideas from the group. Hear the work of other writers and offer your feedback. Discuss issues about writing and publishing. Share your triumphs, trials and tribulations with a supportive, informal group.

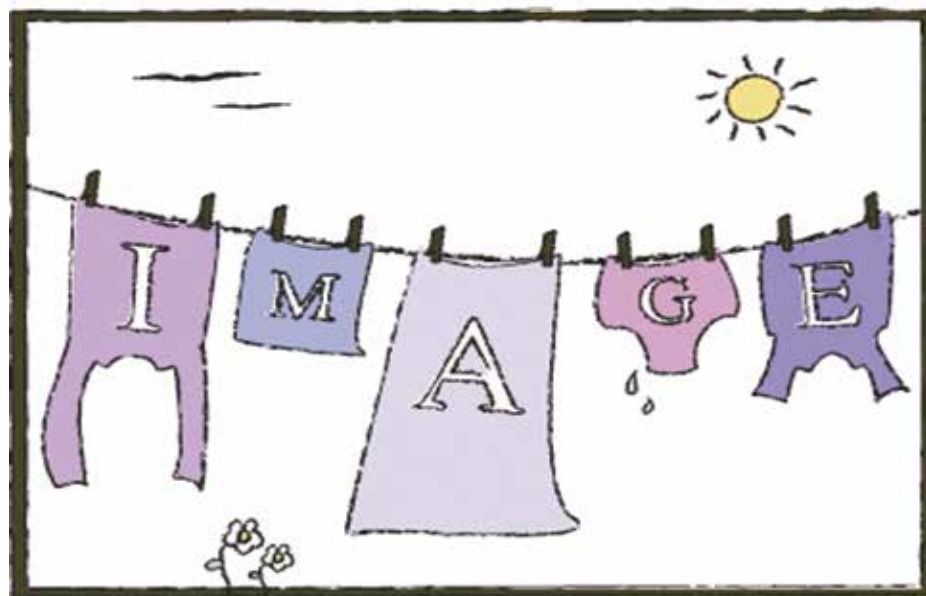
CHILDREN / POUR LES ENFANTS

Family Storytime / Contes en famille

Stories, rhymes and songs for children of all ages and a parent or caregiver. Tuesdays, 10:30 – 11:00 a.m., April 30 to May 21
Contes, comptines et chansons pour les enfants de tous âges et un parent ou gardien. 10 h 30 à 11 h les mardis du 30 avril au 21 mai.

Babytime / Bébés à la biblio

Stories, rhymes and songs for babies and a parent or caregiver. 0 – 18 months. 1:30 – 2:30 pm on the following Fridays: May 10 and May 24.
Contes, comptines et chansons pour les bébés et un parent ou gardien. 0 à 18 mois. 13 h 30 à 14 h 30 les vendredis suivants : le 10 et le 24 mai.



NEIGHBOURHOOD BULLETIN BOARD

April 25 to 28 – “*Skinny Dipping in Canada*” solo art show featuring a series of paintings by Janet K. MacKay at Worldview Studio, 210 Blackburn Ave., Sandy Hill. Janet will be exhibiting her collection of vibrant summery paintings depicting the intriguing yet PG rated series. For more information, visit our events page on our website: www.worldviewstudio.ca

Piano teacher wanted: looking for in-home lessons in Sandy Hill, for beginner 9 year-old, and intermediate adult. Experience with children, creativity and flexibility a must. Please contact Christine at 613-230-9461 or caubryhome@gmail.com

Dog walker needed: looking for occasional 1-hour walk/run for very friendly and energetic Husky-mix, mid-day on weekdays. Must be available through the summer and have experience with large dogs. \$15/HR. Please contact Christine at 613-230-9461 or caubryhome@gmail.com

Clothing swap, April 28. The Ottawa Children's Choir's Clothing Swap fundraiser from 1-4 at St. Joseph's Parish. For tickets and event details ottawachildrengschoir.ca

Odyssey Theatre's Sunday in Spain, May 26, 3-6 p.m. Inspired by the Spanish origins of our season, we look forward to sharing with you a taste of Spanish cuisine and culture. The Bridge restaurant is at the east side of the Adawe Crossing. Tickets are \$35.00 and include tapas and live entertainment.

Ancoura Fundraising Dinner and Auction: Hellenic Meeting and Reception Centre, 1315 Prince of Wales Drive, Thursday May 2, 6:00 p.m. Support a compassionate endeavour towards establishing housing and community

for mental health. Guest Speaker: Dr. David Attwood, Clinical Director of the Schizophrenia and Recovery Program at the Royal Ottawa Mental Health Centre, a fascinating and dynamic speaker. Tickets: \$100 with a charitable tax receipt of \$50.00.

Child Haven international hosts its 34th Annual Fundraising Dinner on Friday, May 3 at 6:00 p.m. at the Hellenic Community Centre, 1315 Prince of Wales Dr. For tickets and info, contact www.childhaven.ca or call 613-527-2829 or Pat Dunphy at 613-745-1743.

Arzoo Dance Theatre. *Tales from the Silk Road.* Storytelling, movement workshops and live performance come together in this celebration of Asian Heritage Month. May 4 & 5 at the National Arts Centre.

MayWorks, April 27 to May 15, 2019, Arts Court. Ottawa's festival of working people and the arts; concerts, visual arts, theatrical performances, participatory art, films, and more. Theme is Topping the System, marking the centenary of the Winnipeg General Strike. Details at www.MayWorksOttawa.ca

Le Chœur gai d'Ottawa Gay Men's Chorus (CGOGMC), presents its spring concert 'This is Me,' a fun and uplifting celebration in song. Sunday, May 5, 3:00 p.m. St. Brigid's Centre for the Arts, 310 St. Patrick St. Tickets \$25: www.eventbrite.ca or www.cgogmc.ca

The Great Bach Marathon. Pianists, singers, strings and organists all performing the works of J. S. Bach. Sat. May 11, 1:30 – 6:00 p.m. Woodroffe United Church, 207 Woodroffe Ave. Come when you can; leave when you must. Presented by The Royal Canadian College of Organists.

Bulletin Board continues on page 19

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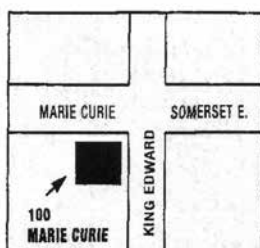
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Saturday 10:00 - 5:00
Dimanche 10h00 - 14h00
Sunday 10:00 - 2:00



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Let's talk real estate

Lynda Cox



Owning a heritage home

This article will explore the pros and cons of owning a heritage home in Ottawa. Some people feel that heritage properties are like windows into the past while others see them as real headaches with development restrictions and price depreciation.

Yes there are risks involved in owning a heritage home, but, in my opinion, the benefits far outweigh the drawbacks.

I think these buildings are monuments to craftsmen who have gone before and should be treasured. The romance and emotional pull of an older home hold enormous appeal. Many are attracted to fully renovated heritage homes while others relish the idea of completing the restoration/renovation themselves and bringing back to life a jewel of the past with all the bells and whistles of a modern interior.

In Ottawa a home can be registered on title as a heritage home and be adorned with a plaque or simply be on the Heritage Registry without the plaque.

So what are the pros and cons to be aware of?

Pros

- Heritage properties often attract higher resale values because they, and often the surrounding areas, are protected. Buyers may assume this means a property can't be changed at all, but in fact work is encouraged to ensure a house is properly maintained and modernized. Buyers just need to know what aspects of the original building are especially important in maintaining its character.

- If you own a heritage property in Ottawa you will be able to apply for grants to help fund its restoration. Grants can be used for restoration and repointing of exterior brick masonry, restoration of original porches, and windows. Grants are NOT for ongoing maintenance or interior renovations, landscaping etc. unless deemed a heritage feature. The maximum grant is \$5000. It is a "matching" grant; the City matches every dollar the owner spends to a maximum of \$5000. The minimum grant is \$1000. These grants are subject to availability of funds. You can apply for a grant every second year so owners often space out the work to maximize the grant money available.

- It is unlikely that the area surrounding your house will be rezoned or developed.

- If the property is well looked after it will retain its appeal and will only grow in value with age.

- Heritage homes were built in prime central locations. They often occupy larger lots and have more and larger rooms than the average modern home. They also tend to be well-built structures with thick walls, stone foundations, wooden floors and old-school attention to detail and craftsmanship.

Cons

- There are more restrictions around the development of a heritage property.

- The cost of renovating a heritage property can be up to 50% higher with surprise costs for remedial electrical work, chimney restoration, removing hazardous building materials like asbestos or UFFI (urea formaldehyde foam insulation) or replacing roof trusses etc. Often surfaces have been covered over so many times that you don't know what is underneath so restoration takes longer therefore costs are higher.

- Complete demolition of a property isn't usually allowed.

- Home insurance may be harder to obtain so it's best to do some research before making an offer to see if the present policy can be transferred to the new owner.

- Heritage properties are old so buyers must organize thorough building and pest inspections.

- Finding a contractor for the renovation/restoration will be more difficult. They need to have a passion for older homes and understand how they were built.

We live in a neighbourhood abounding in heritage homes. Only you can decide if this type of ownership is right for you. Ottawa has a very active heritage council that can advise and assist potential and current owners of heritage homes: www.heritageottawa.org.

Real estate update since January 22

The condominium market is leading sales.

Residential activity: Sold – 4; Sold over list price – 1; Conditionally sold – 2; Active – 7

Condominium activity: Sold–12; Sold over list price – 2; Conditionally sold–7; Active –34

Annual Plant Sale May 12, 9 a.m. – 1 p.m. Specialty growers and plant vendors, garden accessories, plant 'coat-check' service, Master Gardener advice. In Neatby Building parking lot at Carling & Maple Drive. Information: friendsofthefarm.ca/ or 613-230-3276

Austrian duo Isabell Pfefferkorn (Mezzo-Soprano) and Hanna Bachmann (Piano). Concert includes "Winterreise" by Franz Schubert. Thursday, May 16th, 7:30 p.m. Church of St. Bartholomew, 125 MacKay St., Admission: \$20

Intergenerational Day June 1, This year, for the first time, the City of Ottawa will recognize Intergenerational Day and a festive outdoor celebration will take place at allsaints event space in the heart of Sandy Hill.

Carty House is hosting a summer picnic in Strathcona Park! Everyone is invited to BYOP (Bring Your Own Picnic) for an afternoon of friendship and fun. Contact Betsy at betsyinsandyhill@gmail.com with questions or to volunteer. Carty House provides transitional housing and support for female refugees.



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St Paul's-Eastern United Church welcomes you to services & events

Sunday, April 28 Service by Paul Whynacht, Candidate for Ministry

Sunday, May 26 Mission & Service Sunday service – "Let Us Count Our Blessings"

Sunday, June 23 River Service at Chelsea, QC

Sunday, June 30 Joint service with MacKay United at St Paul's-Eastern United. Rev. Peter Woods preaching.

Men's Breakfast: 8:30 a.m. on 3rd Sunday of the month at Father & Sons Restaurant, 112 Osgoode St. (at King Edward Ave.)

Evergreens: Join us if you're free for lunch on the third Tuesday of each month—11:30 am at Perkins Family Restaurant, 1130 St. Laurent Blvd. Contact Heather in the church office (leave message) if you have questions.

Sandy Hill Seniors' Network Monthly Meeting: First Wednesday of the month 12-2 pm with interesting program and conversation. Lunch is free, open to all seniors in the community. For details, leave a message with the church office.

Choir practice: Thursdays at 7:30 pm. New singers welcome; special call for bass singers. To join, contact Paul, Music Director.

Refugee Sponsorship: Partnering with "Everyone's Sister" to privately sponsor a refugee mother and son and are helping them settle in Ottawa. More information: chimp.net/groups/everyone-s-sister

Odawa Food Bank: Odawa Native Friendship Centre operates a food cupboard out of the church building to serve many in the Aboriginal/Inuit community in Ottawa. Please drop off donations at the church. Contact Odawa for food bank service schedule at 613-722-3811, odawa.on.ca/.

Open Table Outreach and Support for Students: Monthly community meals and gatherings, offered with other churches: facebook.com/theopentable/

Space Rental: Multi-purpose spaces are available, well-maintained, affordable and wheelchair accessible. Good for personal and group events: meetings, marriages, funerals, memorials, anniversaries, graduation, dance classes, performances, practice venue for the performance arts, etc. Contact the church office.

Our address: 473 Cumberland St. (corner of Daly Avenue) in Sandy Hill 613-237-1821

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