



Photo Bill Blackstone

Standing ready to serve through the coming year

At the Action Sandy Hill AGM on May 18, a Board of Directors with lots of experience and two new faces was welcomed by the community association's members. Chad Rollins thanked outgoing members Judy Rinfret and Sally Southey and intro-

duced his new board, pictured above. l-r: John Verbaas, Ralph Blaine (Secretary), Pat Archer (Treasurer), Robert Forbes (V-P), Susan Young (V-P), Chad Rollins (President), Jeremy Silbert and newcomers Trina Cooper-Bolam, and Guillaume Vincent. Absent: Larry Newman. See inside for reports on the AGM, R4 zoning, the Town and Gown conference and other ASH concerns.

After a cold and wet spring, there's a hot summer coming to the park



Photo Kathleen Kelly

New places and ways to hang out in Strathcona Park were found by recently returned fowl (left) and recent biotech graduate Zach (right) during the unseasonable wet and cool spring of 2017.

But here comes summer:

- A big Canada Day picnic is being organized by Sandy Hill people
- Company of Fools Torchlight Theatre will be back on Monday nights in July — this year it's *A Midsummer Night's Dream*
- Odyssey Theatre's *Amorous Servant* starts July 20, nightly at the north end of the park
- Art in the Park with its kiosks and summer vibe returns on August 6



Photo Paula Kelsall

DEAR READER

IMAGE is a non-profit community-run newspaper serving the people of Sandy Hill. It relies on paid advertising to cover the costs of producing and distributing 7500 paper copies five times a year. The contributors, editorial staff and administration are all volunteers.

In order to meet future costs and to enable us to develop a digital edition in parallel with the paper edition we are appealing to our readers to help us cover some of the cost of this transition.

Won't you consider a small donation? If you can help, please mail or drop off your contribution (payable to IMAGE). Our address is 22 Russell Ave., Ottawa K1N 7W8. All donations will be acknowledged, although we are unable to issue receipts for income tax purposes.



Photo Jonas Welisch

Read and weep

Wondering what to do with your gorgeous old encyclopaedia? Read Betsy Mann's salute to the Britannica before you toss it (page 11)

And Larry Newman has more information for us on what happens once our recycling boxes leave the curb (also page 11).

IMAGE

Founded in 1972 under the direction of Diane Wood

22, av. Russell Ave.
Ottawa K1N 7W8

Fondé en 1972 sous la direction de Diane Wood

IMAGE, a non-profit community news-paper, is supported by its advertisers. Opinions expressed are those of contributors and advertisers, and do not necessarily represent those of the volunteer editorial staff.

In 2017, IMAGE is published in **February, April, June, October and December**. 7,500 copies are printed and distributed free of charge to all residents of Sandy Hill. Free issues can also be picked up at the community centre, library and various commercial locations.

IMAGE welcomes articles, letters, photographs, notices and other material of interest to its readers in the Sandy Hill community. Name and telephone number of contributor must be included.

If you'd like to write articles, draw cartoons or other illustrations for stories, or take photographs on assignment, please call and leave your name and number at 613-237-8889. No age restrictions.

IMAGE reserves the right to edit in whole or in part all such contributions.
Tel: 613-237-8889

E-mail : image22@rogers.com
Website: imagesandyhill.org

Editor:
Jane Waterston

Rédactrice de langue française :
Betsy Mann

Advertising: Peter Rinfret, Jane Waterston

Administration:
François Bregha, Ken Clavette, Frank Heilingbrunner, Ron Hodgson, Erica Howes, Claire MacDonald, Betsy Mann, Jan Meldrum, Jane McNamara, Dodi Newman, Larry Newman, Judy Rinfret, Peter Rinfret

Production: Jane Waterston, Bob Meldrum

Photographers: Bill Blackstone, Kathleen Kelly, Paula Kelsall

IMAGE est un journal communautaire à but non lucratif dont les seuls revenus viennent des annonceurs. Les textes n'engagent que leurs auteurs et annonceurs respectifs et ne reflètent pas nécessairement l'opinion de l'équipe de rédaction, qui est composée de bénévoles.

En 2017, IMAGE sera publié en **février, avril, juin, octobre et décembre**. Son tirage est de 7 500 exemplaires. Il est distribué gratuitement partout dans la Côte-de-Sable. On peut également l'obtenir au centre communautaire, à la bibliothèque et dans plusieurs commerces du quartier.

Tous les articles, lettres, illustrations, photos et autre documentation pouvant intéresser les lecteurs de la Côte-de-Sable sont les bienvenus. Leurs auteurs doivent indiquer leur nom et leur numéro de téléphone.

Les personnes intéressées à collaborer à IMAGE sont invitées à téléphoner au 613-241-1059 ou au 613-237-8889, en indiquant leur nom et leur numéro de téléphone. Nous apprécions la contribution de tous, quelque soit leur âge.

IMAGE se réserve le droit de modifier en tout ou en partie les documents soumis.

Tél: 613-237-8889

Courriel : image22@rogers.com

Site web : imagesandyhill.org

Deadline

Reserve advertising space or let us know you have a letter, photo and/or article by

September 18, 2017
(target delivery October 6)

Date de tombée

Publicité, articles, photos et autres soumissions

le 18 septembre, 2017
(livraison prévue le 6 octobre)

IMAGE is written, published and delivered thanks to the efforts of dedicated and talented volunteers and the support of our advertisers. Please support local businesses, especially those who advertise in and display IMAGE.

Questions re delivery?

If you live in Sandy Hill, IMAGE is delivered free to your door. Please call 613-237-8889 if you are aware of anyone or any business in our neighbourhood who is not receiving their newspaper.

IMAGE est rédigé, publié et distribué grâce au dévouement et au talent de nombreux bénévoles, mais aussi avec l'appui des annonceurs. Soutenez les commerces locaux, et tout particulièrement ceux qui font de la publicité dans IMAGE ou chez qui vous pouvez le trouver.

Questions au sujet de la distribution?

IMAGE est distribué gratuitement dans la Côte-de-Sable. Veuillez appeler le 613-237-8889 si vous connaissez un particulier qui ne le reçoit pas.

From Ken Clavette's Album of Bygone Sandy Hill



Top row (l to r): Jack Spears, Stewart Daley, Harold Steers, Joe MacStravick, John Connolly, Joe Dolan.
Middle row: Murray Chisholm, Will Gorman, Harold McIninch, Ed Smith, Willy Reynolds, Jack Burrows, Freddie O'Brien, Quinton Hamilton, George Dufour.
Front row: Tony Imbros, Cliff Kealey, Hasbrook Kealey, Gene Robert, Leo Jones, Joe Noonan.

June marks the end of school year and the real start to summer in Ottawa. As families slowly disappear from Sandy Hill, we have lost schools: St-Pierre on Friel (now a student residence), Pie-X on Mann (now Youville Centre), and Osgoode Public has changed boards, been renamed Francojeunesse and serves a wider community. This photo shows grade 3 & 4 students enrolled in 1918-19 at St. Joseph's school on College near Osgoode Street, where Fauteux Hall (the law faculty) is today. If you like to see how our city has changed over the years a great website is "Ottawa Past and Present" There's another photo of St. Joseph's - www.pastottawa.com/tag/college-street/742/



Time for a terrier

As a retriever, I come from a hunting breed of dog as old as Canada, 150 years. We fetch ducks after hunters shoot them and we're also keen to swim, laze about and eat lots of food. What we don't do is hunt rats—that is the job of a terrier. Before last summer I had never seen a rat but now I too hunt rats every day. I have killed seven of them. And being a retriever, I bring them right away to my humans

I have heard the City of Ottawa does not think there is a rat problem — odd given my new activity. Now if I have killed seven in my yard and there are 26 homes on my block that would make a lot of rats, like almost 200. There are a lot of blocks in Sandy Hill so that would be like about 10,000 rats. I wonder how many rats the City thinks makes a problem?

I sure could use some help — maybe the City could send in the terrier reinforcements!

Here is a photo of me with the last one I killed. I have to wash my mouth after I do that, "rat germs"—yuk!

Angelo Brackenridge
Henderson Ave



Rent-A-Wife Household Organizers

"Every working person needs a wife!"

- Regular & Occasional cleaning
- Pre & Post move cleaning and packing
- Pre & Post renovation cleaning
- Blitz and Spring cleaning
- Organizing cupboards, basements . . .
- Perhaps a waitress?

Laurel 749-2249

Chez Lucien

BAR

137 Murray
@ Dalhousie
Byward Market
241.3533

*Sandy Hill's
place
in the Market*

*Côte-de-Sable
se retrouve
au Marché*



**DENYS
BUILDS
DESIGNS**

I am an Ottawa based renovator that specializes in everything from modern renovations to historic restorations. As a creative designer who also builds, I have a passion for combining historical elements with new technology.

Please feel free to take a moment and explore some of our exceptional spaces at Denys.ca.

Paul Denys

EXPERIENCE THE DENYS DIFFERENCE

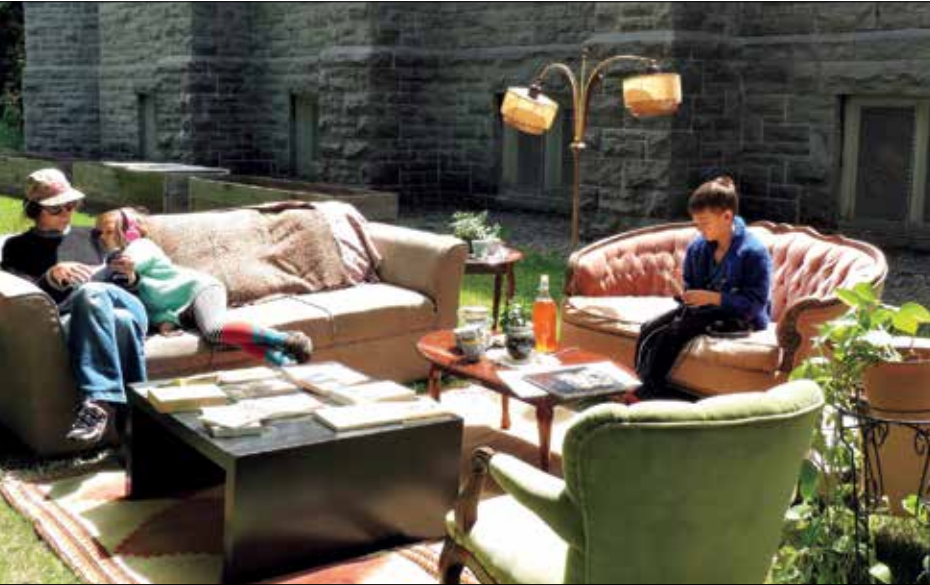
Doors Open weekend June 3-4 —you didn't have to go in

Photo Kathleen Kelly



The Ring Out Singers got people humming and swinging on the Laurier House veranda.

Photo Kathleen Kelly



Across the street, local Blink artists, through a "festival of citizen engagement" called 100in1 Day, installed an outdoor living room on the allsaints lawn that many enjoyed.

IMAGE Abroad

An avid IMAGE reader is so interested in Sandy Hill news that he hardly noticed beautiful Lake Baikal just outside his train window on Day 4 of a seven-night, six-day 9000 km journey across Russia.



Sandy Hill Community Health Centre
Centre de santé communautaire Côte-de-Sable

We invite our members and community to our
Annual General Meeting
Wednesday, June 28, 2017
at Sandy Hill Community Health Centre

221 Nelson Street
5:00 –6:00 p.m.: light refreshments
Get together with our Staff and Board of Directors, and meet our new Board candidates.

All former Board and Staff are welcome.

6:30 p.m.: **Annual General Meeting**
Business meeting includes the election of the Board of Directors, presentation and approval of the President's and Treasurer's reports.
Prior to the business meeting, we will announce this year's winner of the SHCHC Award for Excellence in Health Promotion.

Come and get involved in your Community Health Centre!

Tous nos membres ainsi que la communauté sont conviés à notre
Assemblée générale annuelle
le mercredi 28 juin 2017
au Centre de santé communautaire Côte de Sable

221, rue Nelson
17h à 18h : **rafraîchissements légères**
Rencontrez les membres de notre personnel et de notre conseil d'administration ainsi que les nouveaux candidats au conseil.
Les anciens membres du conseil et du personnel sont les bienvenus.

18h30 : **Assemblée générale annuelle**
Au programme : élection de membres au conseil d'administration, lecture et approbation du rapport du président et du rapport du trésorier.
Avant la séance de travail, nous allons annoncer le gagnant de cette année du Prix CSCCS d'excellence en promotion de la santé.

Participez à la vie de votre Centre de santé communautaire!

FRANCO dans la peau!

FESTIVAL FRANCO ONTARIEN

BANQUE NATIONALE

15 16 17 JUIN 2017
PARC MAJOR'S HILL

PROCUREZ-VOUS VOTRE
BRACELET-PASSEPORT!

BANDANA EN PRIME
POUR TOUS LES FESTIVALIERS

PRÉSENTÉ PAR
LA CITÉ
LE COLLÈGE D'ARTS APPLIQUÉS ET DE TECHNOLOGIE

20\$
EN PRÉVENTE

30\$
À LA PORTE
GRATUIT 12 ANS ET MOINS

FFO.CA
POUR CONSULTER LA PROGRAMMATION COMPLÈTE

3 JOURS SUR LA GRANDE SCÈNE Tek Savvy

« MERCI PAUL »
AVEC UNE FOULE D'ARTISTES INVITÉS

LOUIS-JEAN CORMIER

YANN PERREAU

LAURENCE NERBONNE

AVEC



More than 125 people answered ASH's invitation to discuss R4 zoning on April 27.

City council extends R4 zoning review

François Bregha

Mathieu Fleury revealed at the Action Sandy Hill annual general meeting that the City will take more time to re-draft its residential fourth density (R4) bylaw. The revised bylaw may also now include provisions that will be specific to Sandy Hill. The bylaw had been expected in September.

Most of Sandy Hill has been zoned R4 since the late 1970s. R4 zoning is quite permissive in that it allows a wide range of low-rise residential buildings up to four storeys in height. This zoning, with variants related to lot size, setbacks and side yards, also applies to several other older Ottawa neighbourhoods.

The goal of the City's R4 review is to ensure that new low-rise multiple-use buildings in established communities, such as Sandy Hill, respect their urban context while still allowing for a gradual increase in density. It is but the latest of a series of measures the City has introduced over the last decade to regulate the construction of what the City delicately labels "oversized dwelling units" with "unusually high bedroom counts." Sandy Hill residents colloquially call these "bunkhouses."

Whatever their name, these oversized structures have led to a long litany of complaints: loss of light and privacy for neighbours; inadequate garbage storage leading to litter and problems with rodents; increase in noise; loss of community character; safety risks, particularly if there were a fire; inadequate parking provisions; loss

of long-term residents; and loss of diversity because these "bunkhouses" are designed for only one demographic.

The City has tried to address these issues over the years by introducing new regulations, stepping up enforcement of existing regulations and improving co-ordination with ASH and the University. While some progress can be noted (noise complaints have dropped), the pace of redevelopment continues unabated to the point that a senior City planner was quoted during the ASH AGM as saying that "there isn't a planner at City Hall who isn't appalled by what is happening in Sandy Hill."

Residents have repeatedly expressed their frustration at these trends, including at a well attended special ASH meeting in late April where City planners presented their R4 proposals. While some of these were well received (e.g., more stringent requirements for garbage storage), the most important ones to allow developers to include more units (albeit with fewer bedrooms) with smaller setbacks in future low-rise apartment buildings were strongly opposed as not responding to existing problems. At the ASH AGM, residents voted unanimously in favour of a resolution calling on the City to:

- consider downzoning parts of Sandy Hill (to reduce allowed density);
- implement a floor space index for all residential zoning (to control massing);
- create a property licensing system (to improve property standards); and maintain site plan control for all developments in Sandy Hill.



Zoning Q & A yields little comfort

Paula Kelsall

Action Sandy Hill held a public meeting on April 27 for neighbourhood residents to learn about changes to the residential fourth density (R4) zoning bylaws. This zoning level covers most of Sandy Hill, and it allows for the building of small (up to four storeys) apartment buildings in addition to detached houses, townhouses, duplexes and triplexes.

The meeting was attended by well over 100 people, and featured presentations by Chad Rollins and Bob Forbes, the president and vice-president of ASH, as well as Tim Moerman of the City's Zoning, Intensification and Neighbourhoods Unit, who is leading this bylaw review project.

Through a series of slides, Tim Moerman demonstrated his understanding of a number of issues arising from recent development trends in our neighbourhood. Photos of floor plans, mailboxes and gas meters showed how a triplex promising to contain three four-bed-

room apartments can morph into a four-plex containing six (or more) bedrooms in each unit. Unlike houses shared by groups of friends who know each other, these super-large apartments are often de facto, but unlicensed, rooming houses with little common space and with inadequate provisions for the storage of garbage.

The R4 review will aim to make this kind of underhanded development and its attendant problems less feasible. However, residents who were hoping that the City's plans would include measures to preserve the remaining heritage elements of Sandy Hill's streetscapes found some of Tim Moerman's statements less than reassuring. During his presentation, Mr. Moerman repeatedly reminded the audience that demand for housing in our neighbourhood is not going to go away, and that change is "bigger than us." He gave a nod to modern architecture and to the natural evolution of building styles, and he showed sample drawings of small apartment buildings that could replace super-large triplexes under the new regulations.

As the City returns to the drawing board, Mr. Fleury said that all options were still on the table, including downzoning. This option, admittedly, may be difficult to implement as it would reduce the value of development properties and would open the City to potential lawsuits. The period for public comments closed on May 31.

While Sandy Hill residents may take heart in the fact that the City is willing to take a second look at its R4 proposals and recognizes the need to address Sandy Hill's unique circumstances, they may also be chastened by the realization that the R4 bylaw may represent Sandy Hill's last chance to "get things right." The City

has already promulgated two new bylaws on infill construction, a residential conversions bylaw and implemented new site plan control requirements, largely as a result of what is happening here. It is also considering the designation of new heritage districts and has added over a hundred Sandy Hill properties to its heritage register. Several of the problems that these measures were designed to cure remain but there already is pressure on City staff to move on to other issues and not continue allocating so many of its scarce planning resources to just one unhappy neighbourhood.

Canada 150 Circumnavigation Event September 9, 2017

Come paddle around Rideau Island, which is the land surrounded by the Rideau River on the east, the Ottawa River on the north, and the Canal on the west. Rideau Island includes the ByWard Market, Sandy Hill, Old Ottawa East, Old Ottawa South, and Carleton University.

People in neighbourhoods that border these waters are encouraged to participate. The plan is to have each community launch their boats in their neighbourhood so that we have several flotillas making their way along the route.

Detailed maps will be provided and paddlers are welcome to go at their own pace. The trip will take most paddlers about 6 to 7 hours and there will be a few portages some of which are long, but manageable especially with wheels. The portages will include: across Carleton University, around Rideau Falls, and from the Ottawa River up to the top of the locks on the Rideau canal.

If you don't have a canoe and wish to join the flotilla please contact the organizers. Participants are invited to a BBQ after the trip.

For more information and how to sign up please visit ottawaeast.ca/circumnavigation/ or contact rideauislandpaddle@gmail.com. There will be a nominal fee to help cover costs.

Sponsored by the
Old Ottawa East Community Association

Town and Gown: View from the sidelines

Diane Beckett

The Town and Gown Association of Ontario met in Ottawa in May. There were students, residents, city councillors, and city and university staff from London, Guelph, Kingston, Waterloo, Windsor, St. Catharines, Peterborough and Ottawa. Action Sandy Hill VP Robert Forbes spoke to delegates about diversity and heritage in near-campus communities, and François Bregha co-led a history-focused walking tour of the neighbourhood.

I spoke to residents of other near-university communities who felt that Sandy Hill had worse problems than their own. One even said that he felt he had no right to ever complain again after what he saw here. Another one said, "It's scary." A resident from Windsor was baffled that commercial enterprises (i.e. bunkhouses) which pay no commercial fees were allowed in a residential neighbourhood, especially given the destruction they are causing. A resident from Hamilton, which is facing its own town and gown redevelopment challenges, said, "I was horrified; we've seen nothing like it."

George Dark, the urban planner behind uOttawa's 20-year Master Plan, said he was concerned about managing the impact of the campus development on the surrounding area and wanted to make sure that the impact would be positive.

Yet the university built a major off-campus residence on Henderson right in our neighbourhood after the completion of his campus master plan. Dark's plan also involves demolishing the old houses on King Edward. When asked why they couldn't be incorporated into academic buildings (as was done at the University of Toronto) he mentioned accessibility issues—although this is routinely managed elsewhere.

A presentation about 30 years of planning off-campus housing in Waterloo showed some things the City of Ottawa recommends for Sandy Hill did not work; others which did work, such as licensing not only rooming houses but all landlords and rentals, are not being considered in Ottawa. This Waterloo presentation was disheartening. The neighbourhood beside the university fought for years to protect itself from ill-considered redevelopment. In the end, so many residents had fled that there was no fight when the City did a complete redevelopment plan.

Invest Ottawa, uOttawa staff and our City Councillor participated in a panel discussion about the importance of a positive student experience. The upcoming cohorts of Canadian students will be smaller than in the past and the university must compete for international students in the global marketplace. I was baffled that no one talked about the student experience in relation to their housing. The quality of housing that uOttawa students have access to in Sandy Hill can be substandard. It will make it harder for uOttawa to compete with universities situated beside higher quality neighbourhoods.

Other presentations showed that other universities take more responsibility for students living off-campus and how they interact with their community. UOttawa has much to learn from these good neighbour programs. I learned about simple approaches that other municipalities and universities have in place to protect and even nurture neighbourhoods beside universities.

The City planner at the April 27 meeting about zoning and development in Sandy Hill said he had nothing to learn from other cities. I wish he had been at the Town and Gown conference. He would have learned a few things.

Action Sandy Hill AGM • May 18, 2017

Zoning tops the agenda at ASH AGM

Danna Leaman

Approximately 100 Action Sandy Hill members and other residents gathered in the main hall of Sandy Hill Community Centre on the rainy Thursday evening of May 18 for the ASH annual general meeting. The meeting followed a light supper, served by St. Joe's Supper Table, accompanied by information tables hosted by the Rideau Branch library, Sandy Hill Community Health Centre, Ecology Ottawa (and the ASH Tree Group), City of Ottawa Planning and By-law departments. A community police officer was also present.

The meeting was gracefully emceed by David Denoven, and the election of new ASH board members briskly and cheerfully managed by Sabrina Mathews.

ASH President Chad Rollins reported on ASH's priority initiatives. Topmost on the agenda was a special resolution on development in Sandy Hill, in particular revisions to R4 zoning. Members voted unanimously to support a "holistic solution" to recent development in Sandy Hill that requires the City of Ottawa to:

- consider R4 down-zoning
- implement a Floor Space Index (FSI) for all residential zoning (similar to other Ontario municipalities, e.g. www1.toronto.ca/city_of_toronto/city_planning/zoning_environment/files/pdf/guide_fsi.pdf)
- create a rental property licensing system (similar to other Ontario municipalities) and
- maintain Site Plan Control for all development in Sandy Hill.

See François Bregha's page 4 article and the full text of the resolution on the ASH website: <https://www.ash-acs.ca>.

Additional ASH priorities for 2017-2018 mentioned by Mr. Rollins and in ASH board members' reports include:

- Canada 150 anniversary contributions with tree planting (goal 150 trees) and publication of 150 Heritage Moments, beginning with those already documented by François Bregha;
- revitalization of Rideau Street;
- stronger participation in municipal planning consultation through the Federation of Citizens' Associations;
- funding for a gazebo in Strathcona Park;
- increasing the current membership of ASH (370), supported by a recently completed electronic database and new online sign-up function on the ASH website;
- bylaw enforcement on noise and garbage, focusing on problem landlords and working through the ASH-University of Ottawa Town and Gown committee;

- additional heritage designations of Sandy Hill properties and Strathcona Park;
- transportation issues, particularly the status of a proposed tunnel to remove truck traffic from King Edward Avenue and improvements to cycling safety;
- installation of an outdoor ping-pong table in Sandy Hill Park (behind the community centre—paddles and balls available at the Sandy Hill Community Centre desk).

Sandy Hill's elected representatives to city council, provincial legislature, and Parliament made brief comments. Most succinct, the recently elected MP for Ottawa-Vanier, Mona Fortier, explained that she is learning the job, and that she plans to move the Vanier office of her predecessor, Mauril Bélanger, to a more accessible store-front location.

Ottawa-Vanier MPP Nathalie Des Rosiers summarized the provincial government's proposal to replace the Ontario Municipal Board with a Land Planning Appeal Tribunal. This body would not have authority to reverse planning decisions of municipal government, but could instead require municipal governments to reconsider appealed decisions that do not comply with official municipal plans and policies. ASH members loudly applauded these comments.

Rideau-Vanier Councillor Mathieu Fleury enumerated issues of particular relevance to Sandy Hill on which he and his staff are acting, including the R4 zoning review with specific responses to Sandy Hill bunkhouse development, University of Ottawa campus master plan and Sandy Hill encroachment, the ASH-U of O Town and Gown initiative and garbage/recycling bylaw enforcement, and the proposed truck tunnel. There were numerous comments and questions addressed to the councillor from the floor on these issues.

The ASH board of directors welcomed two new members, elected by acclamation:

Trina Cooper-Bolam, and Guillaume Vincent, and thanked two members stepping down: Judith Rinfret and Sally Southey. Incumbent members Rob Forbes, John Verbaas, and Susan Young were re-elected by acclamation. Ongoing members not up for election include Chad Rollins (President), Pat Archer (Treasurer), Ralph Blaine (Secretary), Larry Newman, and Jeremy Silburt.

The ASH 2016-2017 Volunteer of the Year is Jan Finlay, in appreciation for her work to coordinate the ASH Block Representatives initiative and "behind the scenes" but indispensable support for the Prime Ministers' Row initiative.



The City's Heritage Inventory project information kiosk caught the attention of Eiko Emori and Claire MacDonald.



MP Mona Fortier and MPP Nathalie Des Rosiers spoke to the general membership of Action Sandy Hill for the first time.



New and Expanded Summer Camp Program!



All girls welcome!

Visit camp.elmwood.ca for more information or call (613) 749-6761 for details and registration.

DISCOVERY CAMPS

FOR GIRLS AGE 4 TO 12 • WEEKLY FROM JUNE 19 - AUGUST 25

With exciting new weekly themes such as NASA Space Camp, Circus Camp, Art-apalooza and Sleuth Academy, girls from Kindergarten to Grade Six will discover new challenges, develop new friendships and enjoy a dynamic range of hands-on, interactive activities.

Led by skilled and experienced educators, our camps have the perfect blend of learning, active play and creative exploration, all within Elmwood's beautiful and safe campus.

CAMPS RUN FROM 8 A.M. - 5:30 P.M. Cost is \$299, including a delicious lunch and snacks, excursion or special guest, fun "giveaways" and a cool camp T-shirt.


ELMWOOD SKILLS ACADEMY

FOR GIRLS AGE 8 TO 17 • WEEKLY FROM JUNE 26 - AUGUST 25

Elmwood's Skills Academy offers an outstanding range of academic and special interest programs. Taught either by Elmwood's talented faculty or by other experts in their field, our Skills Academy combines superb instruction with dynamic activities, sure to appeal to girls of all ages and skill levels.

Camps are half or full day and costs vary. Please visit camp.elmwood.ca for full details.

Elmwood
School



Sandy Hill
Community Health Centre
Centre de santé
communautaire Côte-de-Sable

We Are Looking for New Board Members!

Nous sommes à la recherche de nouveaux membres pour notre conseil d'administration !

The Centre serves the Sandy Hill and Old Ottawa East communities. We invite people who live or work in our catchment area to become involved as volunteers on our Board of Directors and/or Board Committees. If you:

- are aware of SHCHC's role in the community and support our mission,
- are 18 years of age or older,
- have awareness of current health and social issues,
- are resident of Old Ottawa East or Sandy Hill,
- can commit to monthly meetings, advocacy and networking activities for a two-year term,

call Cristina Coiciu at 613-789-1500 x 2505 to find out whether this volunteer opportunity is right for you. We particularly welcome those who reflect the rich diversity of people living in our service area. Right now, we have two Board openings for individuals who have links with the Francophone community, are residents of Old Ottawa East or Sandy Hill, and/or are new to Canada.

For more information about who we are and what we do, please visit our website at www.shchc.ca.

You can become a Member of SHCHC by completing and returning the Membership Form below to Sandy Hill Community Health Centre - 221 Nelson St., Ottawa, ON, K1N 1C7. There is no cost to become a Member.

Le Centre dessert les collectivités de la Côte-de-Sable et de l'ancien quartier d'Ottawa-Est. Nous invitons les gens qui vivent ou travaillent dans la zone que nous desservons à s'investir comme bénévoles en devenant membres du conseil d'administration ou d'un de ses comités. Si vous :

- connaissiez le rôle que joue le CSCCS dans la collectivité et appuyez notre mission;
- êtes âgé(e) de 18 ans ou plus;
- êtes au courant des problèmes actuels sociaux et de santé;
- résidez dans l'ancien quartier d'Ottawa-Est ou dans le quartier Côte-de-Sable;
- pouvez-vous engager à participer à des réunions mensuelles, à défendre les intérêts des résidents et à avoir des activités de réseautage pour un mandat de deux ans,

appelez Cristina Coiciu au 613-789-1500, poste 2505, pour voir si cette possibilité de bénévolat vous convient. Nous invitons tout particulièrement ceux et celles qui reflètent la riche diversité de la population de notre zone de desserte. Il y a actuellement deux postes vacants au conseil d'administration ouverts à des personnes avec des liens avec la collectivité francophone, qui résident dans l'ancien quartier d'Ottawa-Est ou dans le quartier Côte-de-Sable et/ou sont de nouveaux arrivants au pays.

Pour plus de renseignements sur notre organisme et nos champs d'action, veuillez consulter notre site Web à www.shchc.ca.

Pour devenir membre du CSCCS il est suffi de remplir le formulaire ci-dessous et de le remettre ou de le poster au CSCCS – 221, rue Nelson, Ottawa (On), K1N 1C7. Il n'y a pas de frais à déboursier pour devenir membre.

APPLICATION FOR MEMBERSHIP: May 31, 2017 – June 1, 2018
DEMANDE D'ADHÉSION : 31 mai 2017 – 1 juin 2018
Sandy Hill Community Health Centre/Centre de santé communautaire Côte-de-Sable

Name/Nom :	Telephone/Téléphone
Address/Adresse: Home or Work Domicile ou travail	Home/Domicile : Work/Travail :
I confirm that I am over 18 years of age, that I reside and/or work in the Ottawa area, and that I support the mission statement of the Sandy Hill Community Health Centre.	J'affirme d'avoir 18 ans ou plus, d'être résident et/ou employé dans la région d'Ottawa et que j'appuie l'énoncé de mission du Centre de santé communautaire Côte-de-Sable.
<i>Signature</i>	<i>Date</i>

Application approved by the Board of Directors at its meeting on / Demande approuvée par le conseil d'administration à sa réunion du: _____

Secretary/Secrétaire _____	Date _____
-----------------------------------	-------------------

Newsbites

Photo Bill Blackstone

Prime Minister Lester B. Pearson lived here

After a tour of the interior revealed appalling neglect, Action Sandy Hill was reluctantly about to accept the inevitability of demolition of the Ugandan Embassy's building (above) at 231 Cobourg. But thanks to the research of François Bregha and Peter Rinfret, both of whom are on the ASH planning committee, it was discovered that not only did Maryon Pearson purchase the building in 1954, but the Pearsons lived in apartment 1 - 231 Cobourg from 1955 to 1958. (Earlier, the Pearsons lived in the lovely house at the corner of Augusta and Stewart, a long established heritage landmark.)

During the time they lived on Cobourg Street, Lester B. Pearson was the Leader of the Liberal Party, and in 1957 he was awarded the Nobel Peace Prize, the only Canadian ever to have received such an award.

"Pearson's ownership and residency in this building does not seem to be reflected in either the City's assessment of the heritage value of the building, or in the Cultural Heritage Impact Statement prepared for the Ugandan High Commission. We hope that City staff can correct this oversight and reassess the scoring of the heritage significance of this building", wrote

A rendering of the building proposed to replace 231 Cobourg.

ASH President Chad Rollins in response to the proposal by the Ugandan Embassy to demolish and replace 231 Cobourg Street.

Though the ASH letter of April 25 was addressed to Mayor Watson and the chair of the Built Heritage Committee, Tobi Nussbaum, and others including Councilor Mathieu Fleury and Sally Coutts, the City's heritage coordinator, as IMAGE goes to press there has been no response.


Meanwhile the Ugandan Embassy proposes to replace 231 Cobourg with the structure illustrated above.

Photo Larry Newman

allsaints book fair returns November 18!

Save your books and DVDss.
Help us raise funds for Sandy Hill.

Questions? jm_ott@yahoo.com



FATHER AND SONS
SERVING SANDY HILL SINCE 1967


112 Osgoode St. (at King Edward)
613-234-1173

We welcome students and the Sandy Hill community for:
breakfast, lunch and supper.
7 days a week.

TAKE OUT MENU AVAILABLE
FREE wireless access

www.fatherandsons.com

Sandy Hill's neighbourhood early-childhood centre



Bettye Hyde Cooperative Early Learning Centre

- For children 18 months to 5 years
- Full-time Toddler program
- Full-time and part-time preschool programs

- Pour enfants de 18 mois à 5 ans
- Programme de bambin à temps plein
- Programme préscolaire à temps plein et à temps partiel

www.bettyehyde.com
bettyehydeottawa@gmail.com
613.236.3108

Vandals attack John A!

At the end of May, a political message critical of Canadian government policy appeared in broadly stroked letters over a Sandy Hill mural of John A. and Parliament buildings. This is the mural on the side of 373 Laurier Ave East and seen from Lover's Lane. Also left were footprints on the pavement from someone who must have stepped on some spilled paint. If you know anything about this act of vandalism, please report information to the police.

This vandalism comes as Prime Ministers Row and its community partners are rolling out a slate of programs aimed at examining and discussing issues such as the impact of respective Prime Ministerial legacies upon modern-day Canada.

Within a week, the condo managers and artists from De LaSalle school, with materials from Randall Paints, had returned the mural to its original state.

OMB to be replaced

François Bregha

On May 16 the Ontario Government announced that the OMB (Ontario Municipal Board) will be replaced by a new organization called the Local Planning Appeal Tribunal. According to the press release announcing the change, "the new tribunal would be mandated to give greater weight to the decisions of local communities.... This would be achieved by eliminating lengthy and costly 'de novo' hearings for the majority of planning appeals...."

"The Local Planning Appeal Tribunal would be an independent tribunal that makes decisions at arm's length from the government."

The legislation will also help communities by creating a Local Planning Appeal Support Centre, to provide information and support for citizens who want to participate in the appeal process.

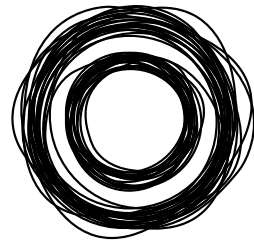
Other changes to the planning appeals system include:

- exempting a broader range of major land use planning decisions from appeal, including new Official Plans, major Official Plan updates and detailed plans to support growth in major transit areas
- establishing a mandatory case conference for complex hearings to encourage early settlements, which would help reduce the time and cost of appeals and create a less adversarial system

Action Sandy Hill has been involved in several OMB hearings in recent years and has been strongly critical of the Board. In an email, ASH president, Chad Rollins, wrote:

"Action Sandy Hill...welcome[s] the proposal to replace the OMB with a less powerful tribunal that cannot simply replace Council's decisions with their own. We are also pleased to see that the Province intends to create an office of experts who can advise residents and community groups, and a fund to cover costs disbursed by such groups on appeals. However, we are awaiting details of how the transition will be handled, particularly for ongoing OMB appeals that have dragged on for years, such as Ottawa's last revamp of the Official Plan. And, as there will an election next year, timing is critical and we hope the Province will push forward quickly."

While most will agree that strengthening cities' planning processes and reducing the scope for appeal by developers are steps in the right direction, they do not weaken the "old boys" network of current OMB administrators, lawyers and urban planners that is used extensively by major developers. Even in a city the size of Ottawa, it is difficult to find experienced planners and developers who are not beholden to the development industry. This network, as well as deep pockets, gives developers a strong advantage over community groups when appeals are heard. The government's OMB reform will help but it does not yet fully democratize the process.



all saints

EVENT SPACE | ESPACE ÉVÉNEMENTIEL

We're not a Church anymore!

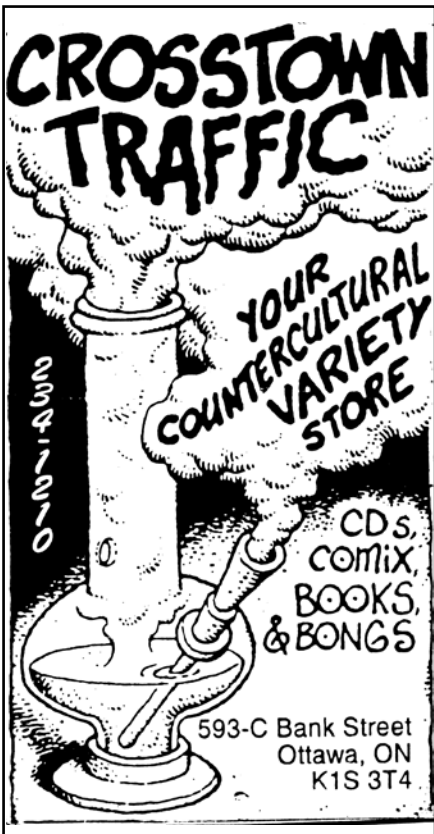
meetings | conferences | weddings | social gatherings
life celebrations | concerts | films | dance events

allsaintsottawa.ca | 613.230.3050



Family life in Strathcona Park.

Photo Kathleen Kelly



OTTAWA EAST MINOR HOCKEY ASSOCIATION (OEMHA)

Welcomes Players for the 2017/18 Season

Boys and girls born between 2009 - 2013



Our Initiation Program (IP) and Novice level provides girls and boys, between the ages of four to eight, the opportunity to learn and play ice hockey in a fun, supportive and safe environment. Our league is non-contact and focuses on player development, not competition. Your child will learn essential ice hockey skills, empowering them to develop personal abilities, to value team play and to enjoy Canada's game.

PLAY, LEARN, BE INSPIRED

REACH OUT

The OEMHA Reach Out program assists families in getting their children to play hockey. The goal is to obtain financial assistance and remove barriers for their participation. To learn more about the program and how to apply, contact reachout@oemha.ca.

OEMHA is affiliated with: The Bytown Minor Hockey Association - The Bytown District - Hockey Eastern Ontario Minor (HEOMinor) - Hockey Eastern Ontario (HEO) - Hockey Canada - The International Ice Hockey Federation (IIHF)



Registration opens June 1, 2017. Visit: www.oemha.ca or contact: registrar@oemha.ca

UrbanOttawa.com



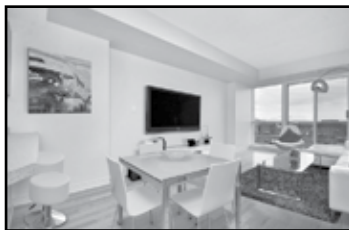
1076 Blasdel Ave. - \$239,000.

Manor Park: Well presented upper unit in a wonderful neighbourhood. Open concept living and dining rooms with wood burning fireplace. Comfortable kitchen overlooking the living space for a "loft like" feel. The den on the main living level is perfect as a home office/guest suite. On the top floor, there are two generous bedrooms and a spacious bathroom as well as laundry and storage. This unit offers LG, wall mounted a/c for excellent cooling. Super community.



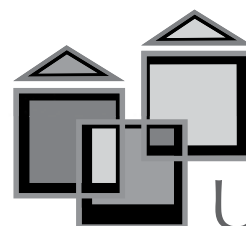
170 Blenheim Dr. - \$1,260,000.

Rockcliffe Park: Make all your wishes come true: a cool, ranch style mid century move in ready, luxuriously appointed home. Flexible living spaces. Elegant living-dining room for comfortable entertaining, the family friendly zone with gourmet kitchen, eating area and lounge, three spacious bedrooms, master with ensuite bathroom, a fully finished lower level with easy access for elderly parents or caregiver or a perfect teen retreat and a third, full bathroom. Loads of space.



134 York St. #1306 - \$279,900.

Lower Town: Nifty one bedroom condo unit with parking, approx 625 sq ft, with fantastic views towards parliament and the Gatineau Hills in the heart of the Byward Market. Locker included. Hardwood floor throughout, nice finishes, well executed layout offering maximum furniture arrangement and room for a real dining table plus eat-at kitchen bar. Elegant, quiet building. Spacious gym for your use as well as party room. Well worth a look!



Natalie's
URBANOTTAWA
the art of urban living

RE/MAX Hallmark Realty Group | brokerage

613.747.9914

Broker | Courtier

Natalie Belovic



Les écluses d'Ottawa du canal Rideau en 2002.

Photo Benjamin Vachet

Découvrez cet été le patrimoine de l'Université d'Ottawa, de la Côte-de-Sable et du canal Rideau



par
Michel Prévost

Profitez de l'été pour découvrir le riche patrimoine archivistique, historique et bâti de l'Université d'Ottawa, de la Côte-de-Sable, un des plus beaux quartiers d'Ottawa et du canal Rideau, site du patrimoine mondial.

Veillez noter que ce sera votre dernière possibilité de profiter de mes visites guidées à titre d'archiviste en chef de l'Université d'Ottawa, puisque l'an prochain, je serai parti à la retraite après 35 ans de carrière dans les archives. Ajoutons que l'année 2017 s'avère très particulière pour les Archives de l'Université d'Ottawa, puisque le centre d'archives célèbre son 50^e anniversaire de fondation.

J'ai le plaisir de vous offrir pendant la saison estivale quatre activités pédestres qui vous permettront de découvrir le patrimoine bâti et les trésors des Archives de l'Université d'Ottawa ainsi que l'histoire de votre quartier et du canal Rideau.

« À la découverte du quadrilatère historique de l'Université d'Ottawa »

Le Collège de Bytown, fondé en 1848, quitte la Basse-Ville en 1856 pour venir s'établir dans un nouveau quartier, la Côte-de-Sable. Plus de 160 ans plus tard, l'Université d'Ottawa occupe toujours le même site, mais le campus s'est considérablement agrandi depuis. La visite fera découvrir le patrimoine bâti du campus, notamment le pavillon Tabaret qui symbolise depuis plus d'un siècle l'institution, la Salle académique où l'on retrouve la plus ancienne salle de spectacles de la région de la capitale, le pavillon Hagen, l'ancienne École normale de l'Université d'Ottawa et le Juniorat du Sacré-Cœur, le plus ancien pavillon de l'établissement construit en 1893. La tournée met également l'accent sur les belles maisons de style victorien et Second Empire de la rue Séraphin-Marion. Nous entrerons d'ailleurs à l'intérieur du pavillon Alex-Trebek.

« À la découverte du patrimoine bâti de la Côte-de-Sable »

À partir du pavillon Tabaret et des maisons patrimoniales de la rue Séraphin-Marion, venez explorer le patrimoine bourgeois de la Côte-de-Sable, dont 80 pour cent des bâtiments sont construits entre 1880 et 1920. Venez voir la richesse historique et architecturale de l'un des plus anciens quartiers de la capitale, concédé en 1828 au notaire Louis-Théodore Besserer. Vous découvrirez aussi les maisons Panet, Besserer, Moore, Pearson, les Terrasses Philomène et la maison Laurier, ainsi que plusieurs plaques commémoratives de ce beau secteur historique d'Ottawa. Enfin, dans le cadre du 150^e anniversaire de la Confédération, on fera le lien avec les politiciens, sénateurs et magistrats qui avaient élu domicile dans la Côte-de-Sable, un des quartiers les plus huppés de la capitale avant la Seconde Guerre mondiale.

« À la découverte des trésors des Archives de l'Université d'Ottawa »

Dans le cadre du 50^e anniversaire des Archives de l'Université d'Ottawa, venez découvrir les trésors des AUO accumulés dans les dépôts depuis près de 175 ans. Venez voir des documents, photographies et artefacts qui témoignent de l'histoire du troisième plus ancien établissement de la capitale fédérale. Pour l'occasion, nous sortirons notamment les clés du premier Collège de Bytown en 1848, le premier annuaire, le premier journal étudiant, ainsi que d'anciens plans architecturaux, des pièces textiles, des médailles et bien d'autres trésors. La présentation se terminera par une visite des dépôts, habituellement fermés aux visiteurs.

« À la découverte du canal Rideau, site du patrimoine mondial de l'humanité »

Le canal Rideau est inscrit depuis 2007 à la prestigieuse liste du patrimoine mondial de l'UNESCO. Venez découvrir l'histoire fascinante des écluses d'Ottawa où l'on trouve, entre autres, le plus vieux bâtiment public d'Ottawa, aujourd'hui le Musée de Bytown, construit en 1827. La visite se termine au parc Major's Hill où se trouvent les ruines de la maison et la statue du lieutenant-colonel John By, l'ingénieur royal responsable de la construction du canal entre 1826 et 1832. Pendant la visite, on vous parlera des conditions très difficiles de travail des ouvriers, des nombreux accidents mortels et de la triste fin du colonel By qui n'a jamais été honoré pour son travail exceptionnel, puisque le canal Rideau est reconnu aujourd'hui comme étant l'une des constructions les plus remarquables pour le XIX^e siècle.

Ces visites d'une durée d'environ deux heures sont gratuites pour les groupes de dix personnes et plus. Contactez-moi au 613-562-5825 ou par courriel au : michel.prevost@uottawa.ca. Au plaisir de vous accueillir bientôt à l'une ou l'autre de ces visites patrimoniales.

L'intégration de la famille syrienne Al Khoury-Almasarra, parrainée par la paroisse Sacré-Cœur

Lorraine Albert

Dans la dernière parution d'IMAGE, nous avons relaté l'accueil de la famille Al Khoury-Almasarra par

Session pour célibataires en quête de sens avec Claire Lesegretain

Trois jours de réflexion pour élargir ses horizons et ouvrir de nouvelles pistes pour vivre plus sereinement un état de vie, souvent non choisi, en y trouvant plus de sens et de fécondité. Pour y arriver, cinq approches sont proposées sociologique, psychologique, affective, biblique et spirituelle. Avec Claire Lesegretain, journaliste au quotidien *La Croix* (Paris), auteure du livre *Être ou ne pas être célibataire* (1998), vendu à plus de 20 000 exemplaires.

La session est ouverte à toute personne célibataire de 28 à 55 ans sans égard pour son orientation sexuelle : jamais mariée, séparée ou divorcée, avec ou sans enfants. Qu'elle se considère chrétienne sans pour autant être pratiquante, elle est la bienvenue. Maximum de 30 participants, participantes.

Date : Du 6 au 9 octobre 2017.

Lieu : Maison Notre-Dame-de-la-Providence, 1754, boul. Saint-Joseph, Ottawa (secteur Orléans)

Coût de l'inscription : 50 \$ (non remboursable)

Coût de l'hébergement (incluant les repas) : 245 \$ ou 260 \$ selon le type de chambre choisi.

Informations et inscriptions : 613 220-5333 ou sessioncelibat@gmail.ca ou www.sacrecoeurottawa.ca/celibataires/

la paroisse Sacré-Cœur d'Ottawa. Même si cette famille n'est arrivée à Ottawa qu'en mars, elle commence déjà à s'intégrer dans la région. Elle acquiert de plus en plus d'autonomie, malgré le fait qu'il n'est pas toujours facile de recommencer une nouvelle vie dans un autre pays avec une culture très différente. Elle habite maintenant un logement qu'elle a choisi et qui a été meublé grâce à des dons et à la générosité de plusieurs bénévoles.

Tous les membres de la famille ont déjà obtenu leur carte Santé et une demande d'allocation familiale a été faite. Les enfants ont reçu les vaccins exigés pour leur entrée scolaire et ils sont maintenant inscrits à des écoles du Conseil des écoles catholiques du Centre-Est choisies en fonction de leur lieu de résidence. Dans ces écoles, les aînés sont inscrits au Programme d'appui aux nouveaux

arrivants (PANA). Ce programme leur permet d'apprendre la langue française et favorise leur intégration sociale, car ils se retrouvent en classe avec des élèves de diverses langues et cultures et peuvent ainsi se faire des ami(e)s. Ils participent également au programme d'arts et de sports de leur école. Là encore, ils ont l'occasion de côtoyer d'autres élèves et de créer des liens d'amitié. Les plus jeunes ont eu la chance d'aller à une cabane à sucre lors de leur première journée d'école. Le personnel enseignant et tous les élèves de ces écoles sont des plus accueillants à leur égard, ce qui facilite grandement leur intégration.

Les parents sont inscrits à des cours d'anglais et le petit va à la garderie de cette école. Éventuellement, ils devront s'intégrer au marché du travail. Il leur reste nécessairement beaucoup de choses à apprendre et à expérimenter, mais déjà



leur présence dans notre communauté et leur apport culturel sont une richesse pour nous tous.

Récemment, le père Rémi Lepage, o.m.i., curé de la paroisse Sacré-Cœur, est allé bénir le logement de la famille lors d'un rassemblement de parents et amis. Aussi, un membre du comité de parrainage communique régulièrement leur progrès d'intégration au père Daniel Perreault et à M. Rodney Suclan, les deux de la paroisse catholique romaine Our Lady of the Assumption d'Iqaluit. Cette paroisse a fourni, avec sa communauté, une contribution importante pour faire venir cette famille syrienne à Ottawa.



Le Service à l'enfance Aladin offre des services éducatifs à l'enfance à l'école Sainte-Anne, au 235 promenade Beausoleil.

Nous offrons nos services en français aux familles de la ville d'Ottawa. Nous avons des programmes éducatifs de qualité pour les enfants âgés de 18 mois à 12 ans, du lundi au vendredi, à l'année longue.

Pour de plus amples informations, SVP contactez-nous à info@aladin.services ou visitez notre site internet à

www.aladin.services

VCA

Pretoria Pet Hospital

16 Pretoria Avenue (613) 565-0588 www.pretoriapethospital.com

New Clients Always Welcome!

- Preventive Medicine
- Assessment and Treatment of Illness and Injuries
- Vaccination
- Surgery and Dentistry
- Nutritional Counseling

Monday to Thursday 8am - 7pm
Friday 8am - 6pm & Saturday 8am - 2pm

CELEBRATING 17 GREAT YEARS IN THE GLEBE

Photo Larry Newman



Indian tea cake and Rich Trifle, favourites in 1867. Still delicious.

A 1867 Canada Day 150 years later

Dodi Newman

I thought it would be fun to celebrate Canada's 150th anniversary with a First of July Picnic as it might have taken place in Ottawa on July 1, 1867. I immersed myself in books about the history and cookery of early Canada and found treasure.

Ottawa, in 1867, was an obscure little lumber town, and the decision to make it the capital of the new dominion was somewhat controversial. Lady Frances E. O. Monck, sister-in-law of the first Governor General, Lord Monck, spent a year in Canada (1864 to 1865). In her entertaining, gossipy journal, "My Canadian Leaves," she wrote: "Rideau Hall, the future Government House, is some way from the town. We all groaned over Ottawa; it looks as if it was at 't'other end of nowhere, and we felt so out of the way. The Hotel was clean but third-rate, and the food looked and tasted uncivilized." Roads, too, were uncivilized. According to the website gg.ca: "The battered condition of the roads often resulted in Lord Monck travelling to Parliament [from Rideau Hall] by canopied boat up the Ottawa River."

On July 1, 1867, the day when the Canadian colonies officially became The Dominion of Canada, celebrations were held all over Ottawa. People cheered, brass bands played, and a 101-gun salute thundered over the city. On July 5, John A. Macdonald's wife, Agnes, wrote in her diary: "This new Dominion of ours came noisily into existence on the 1st, and the very newspapers look hot and tired, with the weight of Announcements and Cabinet lists. Here—in this house—the atmosphere is so awfully political that sometimes I think the very flies hold Parliaments on the kitchen tablecloths."

For cooks it was a challenging time. Think what it must have been like to store foods without refrigerators, and cook on stoves without thermostats to regulate the oven temperature. In her wonderful book, *Le guide de la cuisine traditionnelle québécoise*, Lorraine Boisvenue writes, *j'avais six ans quand elle [her grandmother] m'a enseigné à lire de la main la température de son fourneau*. Sugar came in hard loaves and had to be pounded before use. Flours were of uneven quality, were often made with uncertain ingredients, and were sifted not only to lighten them, but to remove impurities, some of them alive.

Without refrigeration, meat had to be preserved if it was not eaten soon after slaughtering. Preservation—salting or smoking were the preferred methods—was a risky business as "meat could easily mould or get infected from flies or worms," says Christina Bates in her book *Out of Old Ontario Kitchens*. Fats often turned rancid and became unsavoury.

Despite these difficulties, which probably had not diminished much by then, the Liberal-Conservative Association of Toronto managed to put on a picnic in Uxbridge, Ontario, on July 1, 1876, that was attended by thousands and was a huge political success for John A. Macdonald, who desperately needed one after the debacle of the Pacific Scandal. At this picnic, according to Donald Creighton, Macdonald's biographer, guests enjoyed "cold sliced chicken, ornamented tongues, hams in aspic, Milan soufflés, red mounds of strawberries, elaborate moulds of flummery and charlotte russe, tipsy cakes, pound cakes, piles of tea- and cheese cakes, great misted jugs of iced lemonade and raspberry cordial, and clusters of bottles of wine." For the cooks, that was a remarkable feat.

Clearly, Canadians of the time were hearty eaters. They also had a reputation as hard drinkers. Beer, wine, and whiskey, both to drink and to use in cooking, were consumed in astonishing quantities. All were available from Canadian producers, though Canadian wines of 1867 were said to be "foxy" and often had to be made into sweet wines or sherries to make them palatable.

To put you in the sesquicentennial spirit, here is a rather more modest bill of fare for this year's July 1 Picnic. It is based on recipes from before 1867 which you will find after June 15 at the IMAGE website (imagesandyhill.org): fowl à la mayonnaise, tourtière au porc frais, various breads, Ontario and Québec cheeses, Indian tea cake, rich trifle, and "red mounds of strawberries," accompanied by iced lemonade and wines, maybe champagne to sip with the strawberries. For a good finish, raise a glass to George Brown, George-Etienne Cartier, and John A. Macdonald.

Happy Canada Day, everybody!

Don't hesitate to bring a heritage treat to the Sandy Hill picnic in Strathcona Park on July 1! —Ed.



LARRIMAC

GOLF • TENNIS

IT'S TIME TO TEE IT UP!



Weekend Afternoon Packages

10 rounds of 9 holes for **\$150**

10 rounds of 18 holes for **\$250**

Valid for tee times after 2:00 pm on weekends

(Friday – Sunday) for the 2017 season

Check our other great deals at **www.larrimac.com**

use promo code ISH2017 for 10% off your next regular price golf round

(819) 827-1506, 1148 Route 105, Chelsea, QC J9B 1P4

www.larrimac.com

LET OUR FAMILY HELP YOUR FAMILY



Thank you Sandy Hill for your trust and continued support!

The Lynda Cox Home Team was the

#1 Realtor

in Sandy Hill for 2016.



*Based on total MLS Residential Listing Units Sold for 2016.

JIMMY COX Sales Representative
jimmy@jimmycox.ca

613.231.4663
HomesInOttawa.com · LyndaCoxHomeTeam.com

LYNDA COX Sales Representative
lynda@lyndacox.com

Pierre Elliott Trudeau 1919-2000

François Bregha

Pour appuyer la désignation de l'avenue Laurier Est comme « l'Allée des premiers ministres » et pour commémorer les Pères de la Confédération et autres personnalités illustres qui ont habité la Côte-de-Sable au fil des ans, IMAGE publie une série de capsules sur nos anciens voisins distingués. Cette sixième dans la série rappelle le passage de Pierre Elliott Trudeau dans notre quartier.

Notre quinzième premier ministre, Pierre Elliott Trudeau, a été chef du gouvernement pendant quinze ans entre 1968 et 1984, à l'exception d'un court intervalle en 1979. À la fois charismatique et controversé, Trudeau a marqué l'histoire en ramenant la constitution au pays, en introduisant une charte des droits et libertés et en faisant la promotion du bilinguisme. Certaines de ses politiques, tel le programme énergétique national, ont suscité un vif mécontentement dans les provinces de l'Ouest de par leur nature interventionniste et centralisatrice. Même si Trudeau a réussi à contrer la montée du séparatisme au Québec, il n'a pas su rallier la province à la nouvelle constitution.

Trudeau a loué un appartement au 593, rue Besserer entre 1949 et 1951 pendant qu'il travaillait au Bureau du Conseil privé, son premier vrai emploi après plusieurs années d'études et de voyages. Son bureau se trouvait sur la colline parlementaire dans l'édifice de l'Est et son salaire au départ n'était que de 2 880 \$. Beaucoup plus tard, il a décrit son passage à Ottawa en termes dérisoires, disant qu'il était tout



Photo Glenn Nashan, Côte-St-Luc

en bas de l'échelle hiérarchique et qu'il travaillait à des tâches qui n'intéressaient personne. Malgré cela, il travaillait fort, il était intelligent et ses supérieurs appréciaient son rendement. Cette expérience de l'appareil gouvernemental devait se révéler fort utile plusieurs années plus tard, mais à l'époque, Trudeau se sentait frustré et il est rentré à Montréal après seulement deux ans. En tant que francophone, il trouvait Ottawa peu accueillant, il n'aimait pas l'anonymat obligatoire de la fonction publique et de plus, il était en désaccord avec la participation du Canada à la guerre de Corée.

Pendant son séjour dans la capitale, Trudeau a vécu une liaison sérieuse avec Helen Segerstrale, une belle jeune femme multilingue qui travaillait à l'ambassade suédoise. Leur liaison s'est terminée après un certain temps, en partie parce que Trudeau exigeait qu'elle se convertisse au catholicisme. Un catholique pratiquant toute sa vie, Trudeau avait d'ailleurs demandé à l'archevêque d'Ottawa une dispensation spéciale qui lui permettrait de lire pour son travail des livres proscrits par l'Église. Il est difficile d'imaginer une telle requête de nos jours!

Quand Trudeau est retourné à Ottawa comme député quatorze ans plus tard, il s'est logé au Château Laurier. Deux ans après, il devenait premier ministre.



Your digital assets



Ron Hodgson

The other day I wanted to look up a song on YouTube. YouTube has changed since the last time I used it and it seems that I needed to re-establish my profile in order to gain access. YouTube is owned by Google as are many other useful applications such as Google Maps and of course the database that we all use to find answers to our ever-questioning minds. Google is now entering the realm of home management and so will have digital access to your home as well.

In any case, during the course of my YouTube adventure I was confronted with a Google Privacy Policy Reminder which I had to agree with before using YouTube. Most online resources like Google, such as Amazon, Netflix or iTunes, collect data to analyse and understand your profile—your likes and dislikes, your habits, your interests—and they are able to build a very complete profile of you from this information. That's what you agree to when you install a new app and that's why they need to assure you that they have a strong privacy policy.

Here's a direct cut from the Google Privacy Policy page.

Data we process when you use Google

- When you use Google services to do things like write a message in Gmail or comment on a YouTube video, we store the information you create.
- When you search for a restaurant on Google Maps or watch a video on YouTube, for example, we process information about that activity—including information like the video you watched, device IDs, IP addresses, cookie data, and location.
- We treat all of this as 'personal information' when it's associated with your Google Account.
- We also process the kinds of information described above when you use apps or sites that use Google services like ads, Analytics, and the YouTube video player.

By collecting personal data Google is able to deliver services and ads more relevant to your interests and they believe that this information makes Google more

valuable to you. The sum of this information is certainly very valuable to Google since it helps them to profile their customer. If having a Google profile makes it easier and more efficient for you to use Google then it *may* have value to you.

But what about absolute value? What is the value of the knowledge that Google, Netflix, Facebook or any other organization has collected about you through your online habits? What is the value of your videos and photos? What about loyalty points or e-books or online poker winnings?

Digitally stored content or an online account owned by an individual is defined as a **digital asset**. Most people can tell you what the sum of their physical assets is but defining the value of your digital assets is a bit more difficult. Generally, these assets only become a factor when someone is taking stock of an estate, perhaps as an executor, but they are true assets just like your physical ones. Canada currently has no legislation regarding the disposal of rights and succession to digital assets but you can bet that the CRA won't be far behind if they believe that there is money to be obtained through probate laws.

Those of us with wills may have granted power of attorney for property to a trusted family member. In doing so we should consider the ability of this person to understand and manage the security of our digital assets. Digital information not properly protected may reveal secrets that could damage an individual's reputation or cause strife amongst family and friends. Also, if a personal representative is not able to quickly access and take control of digital assets, fraud or identity theft could result.

If you are interested in learning more about this subject I can recommend a very good, easy-to-read website put together by Thomson Reuters. The site goes into some detail concerning the disposal, rights and succession of digital assets in Canada and even provides a checklist of all online service providers and their (simplified) terms of service and policies on death. Go to <https://ca.practicallaw.thomson-reuters.com/2-600-0205?>

Just as the online information and emails of Hillary Clinton became a major factor in the recent U.S. election, not to mention the Twitter log of Donald Trump, anyone who uses the internet will find it important to understand and manage their digital assets carefully in future.

Straightforward · Caring · Dedicated

Janny, Jeff & Shan...

The Power of Three... Working for You!™

proven performance in
Sandy Hill since 1986



JannyMills · **JeffRosebrugh** · **ShanCappuccino**
Sales Representative Sales Representative Sales Representative

ROYAL LEPAGE
Performance Realty
Brokerage, Independently Owned and Operated

613.238.2801

jannyjeffandshan.com

Canada Day Weekend Concert From Bach to Broadway

Featuring

Douglas Renfroe

Internationally acclaimed bass baritone with
Jamie Loback, piano, **Tom Fagan**, organ,
Allison Kennedy, soprano and the **Baladears**

Free will offering in support of **St. Joe's Supper Table**,
sharing food with our community since 1978

Sunday July 2, 3:00 p.m.

St. Joseph's Church,
174 Wilbrod St, Ottawa, ON





A comfy chair waits for someone to pick up a volume or two of the full set of the 2010 Encyclopedia Britannica and settle in for a quiet read at the main branch of the public library. Today, patrons seem to prefer to do their reading at the computer stations.

Moving with the times

Betsy Mann

One day early this spring, on a morning when it wasn't raining, I set out for my daily walk to admire the gardens in the neighbourhood. I soon noticed that the street was lined not only with blooming daffodils, crocuses and scilla, but also with black recycling boxes. In one of them, along with the cardboard, the flattened cereal boxes and the newspapers whose stories were no longer news, I saw something that was even more out of date than the newspapers. My neighbour had placed by the sidewalk a whole set of Encyclopedia Britannica, their maroon leather binding glistening in the sunlight and their pages swollen by the heavy rain of the previous night. I was immediately thrown back to a memory of similar volumes that had been the pride of my family's library in my youth. Now here lay the evidence that what once had been treasured had fallen from grace, reduced to being shredded and recycled into some unknown future paper product.

I'm not sure what became of my family's Encyclopedia Britannica when the house was sold, but I know that it entered that house around 1956, purchased with a small inheritance that my mother had received from her grandmother. My parents felt this was a fitting tribute to a woman who had spent seven years as a school teacher in the 1880s before marrying a man she had met when they were both at college in Illinois. When he decided to move the family west to start farming in Washington State, she insisted on raising the family in town. Their seven children could receive a good education in town schools, whereas out nearer the fields, regular attendance would be more difficult.

So when my mother received this unexpected sum, my parents decided to buy the best set of reference books they could

find. They felt there was no better way to honour a determined former teacher's love of learning than to give their children—her great-grandchildren—the means to find answers to all their questions. And that's how we used it. Of course, the handsome maroon volumes with their gold lettering looked very impressive on the two shelves they occupied in the family room. But they were often taken down and put to active use. At first, I'd choose one and sit on the chesterfield to examine the few black and white illustrations I might happen upon. I'd carefully turn the thin paper pages, thin, no doubt, so that more information could be packed into each volume. Who knew what fascinating tidbits I might come across? Later, I learned to search with a purpose. When I wanted to do a project on the Hanseatic League for my social studies course in Grade 7 (I'd read a novel in which this 14th century commercial organization figured prominently), I knew how to find the detailed facts I needed by locating where "HAN" fell between the small letters written on the spine of each volume. When a discussion arose at the table about the composition of sterling silver or the year in which Henry VIII married Anne Boleyn, the matter could be easily settled; the answer wasn't far.

But these days, answers are even closer, no farther than the cell phone that seems never to leave our pocket. Wikipedia is constantly updated. When we want the latest information, we don't need to wait for the "Book of the Year" that used to arrive regularly to complement the original 28 volumes. Eventually, even the Encyclopedia Britannica bowed to reality when in 2010, after 242 years, it published its last print version. Those once grand maroon books are now only good for filling bookshelves, and when they lose their decorative value...they're relegated to the recycling.

That morning this spring, I felt a bit sad to see the treasure of my youth headed to such an inglorious end. But I tell myself that it is only the physical object that is being rejected. When I see young people pull out their telephones to find answers to satisfy their curiosity and to discover the world, I reflect on the value my great-grandmother put on learning and I conclude that she too would have moved with the times.

Recyclables—the Blue Box sorted

Machines, sensors and twenty-four humans

Larry Newman

This is the second of three articles that attempt to explain what happens to recyclable material once it is picked up at curbside. The first article, which appeared in the April-May 2017 issue, followed black box material through separation and processing to final product. This article describes the separation of material in blue boxes into intermediate products which are sold to be remanufactured into a useful product. The third article will describe the several products made from blue box recycled material.

What's blue?

Just as a reminder—do you know exactly what is recyclable and in which bin it belongs? For a thorough review, go to the "Waste Explorer" page of the City of Ottawa website (easily reached by googling Waste Explorer Ottawa), where you will find a searchable list of materials. For each item (acetone to zucchini), you will find whether it's recyclable and if not, how you should dispose of it. This list includes 55 kinds of materials that you can put in the blue bin!

For a long time, I've wondered what happened to those milk cartons and plastic detergent bottles once they left my hands. To find out, I made my way to 2475 Sheffield Road where Cascades Recovery takes truckloads of plastics, metal and glass, separates them into their constituent parts, bales them, and sells them to the highest bidder.

Machines, sensors, humans on the job

This separation process is aided by many machines and sensors plus the work of 24 human sorters who operate several stations in the process to ensure that odd materials don't contaminate the end product, whether it be glass, metals or plastic. Over 80 tons of blue box material is processed during the 5 a.m. to 3 p.m. shift every day. When the recycle trucks empty their cargo onto the concrete floor of Cascades' sorting plant, a front end loader operator piles the material and, when the time is right, dumps a bucket load onto a large, inclined conveyor belt. As the material approaches the top of the incline, a metering drum spreads the material out evenly on the belt.

Several hands do the first sort. They take out the bulky plastic and metal objects and throw them in separate bins. Further down the belt, a rough automated sort takes place and three-dimensional items fall onto another conveyor belt. Flat objects like cardboard and plastic bags are routed to another station to separate film from paper. Glass bottles are broken into pieces by paddles and fall onto yet another belt.

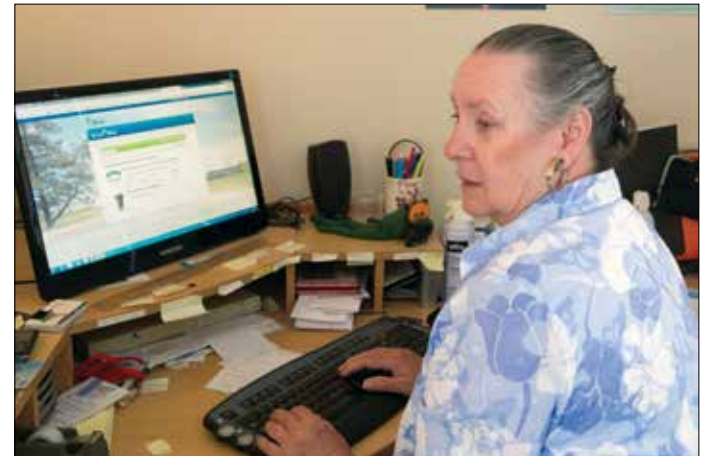
Magnets, belts, infrared light, rotors

The bulk of the plastic and metal is dropped over a spinning magnet which

What happens to the stuff in our recycling boxes?
—Part 2 of 3

collects metal cans. They are then scraped off the magnet and sent to a bin. The rest of the material falls on a fine screen, where small items, mostly glass, fall through and are conveyed to a cyclone that vacuums lightweight material away from the glass.

The remaining material is spread out over four-foot (1.2 m) wide speed belts moving at 600 ft (183 m) per minute. It then passes under two optical sorters. These sorters use infrared light to read material types. Once the sorter decides which material it is observing, it signals an air jet to blow the material into a chute. Air jets



Jan Finlay gets ready to ask the City's Waste Explorer for recycling advice.

Photo Bill Blackstone

are spaced every 2 in. (5 cm) across the belts and blow the targeted objects to one of three chutes that are placed directly in line with the belt. Optical sorter 1 directs polycoats (containers made from layers of different materials) into the first chute and directs #1 plastics upward to the third chute. The remaining fast moving material falls through the middle chute to continue to optical sorter 2 on a different belt. Optical sorter 2 directs #2 plastics down the first chute and #3-#7 plastics upward to the third chute. The remaining material falls through the middle chute to continue to a manual sort line in which more hands pick out items that were missed and throw them into their respective bins.

At some place in the process, material passes under a magnetic rotor that generates eddy currents in the aluminum. Just as similar magnetic poles will repel each other, the aluminum is propelled forward (repelled away from the rotor) into the appropriate chute. Gravity lets the remaining material drop onto the residual belt. Some material is shuttled to a station near the beginning of the separation process to go through it all again. At the end of this separation process, each item is compressed with others of the same kind and strapped into large bales weighing 500 to 1000 kg.

The buyers want plastic products to be 95% pure. Aluminum is 100% and metal is near 100% pure. Although paper and plastic film are not supposed to be found in blue boxes, there is enough so that separate bales of each material are created.

Where do the bales go? Next issue will reveal the destinations of the various materials baled at this plant.

Thanks to Councillor David Chernushenko for some of the processing information found on his website.—LN



SANDY HILL
CONSTRUCTION

**Your neighbourhood
QUALITY HOME
RENOVATIONS
and
restoration
specialists**

AWARD WINNING
CONTRACTOR –
RENOVATOR OF THE YEAR

For a comprehensive overview,
please visit our web site:
www.sandyhill.ca
or call Nathan Gurnham at
(613) 832-1717

**SERVING SANDY HILL
FOR OVER 20 YEARS**



Paul Michniewicz
The Subject Master

Tutor for Elementary, High School, and College Students
Mathematics, Chemistry, Physics, Computer Science, and Study Skills/Strategies

Phone: 613 234-3734
Cell: 613 302-9029
pmichnie@hotmail.com



City Councillor
Mathieu Fleury
Lowertown | Sandy Hill | Vanier

As always, our
team is here
to help.

MATHIEUFLEURY.CA | 

Over the bridge to lunch

Paula Kelsall

The Adawe crossing in Strathcona Park has opened new horizons for Sandy Hill residents when they feel the urge for a walk or a bike ride. As the spring floodwaters recede from the banks of the Rideau and the balmy days of summer come near, it's worth remembering that there are eating adventures to extend your outing east of the river and give you an added incentive to explore another neighbourhood.

Photo Paula Kelsall



Just across River Road at 10 McArthur Ave., Todric's is a small restaurant in a modest Vanier building with a surprisingly interesting menu. Duck prosciutto, local cheeses, home-made salsa and mayonnaise—Todric's chefs are using local ingredients and keeping up with the latest culinary trends. The restaurant's light blue and green interior has a relaxed but classy feel.

There are a number of interesting burgers on the lunch menu, and the first one listed, with bacon, cheddar cheese and caramelized onions, does not disappoint. The beef patty is generous and flavourful, the onions tender and sweet, and there's a good variety of sides to choose from. The sweet potato and corn chowder is chunky and thick, with a savoury broth. Todric's also has a good-looking weekend brunch menu, much of which is available for weekday lunches. Jars of their jams and sauces are for sale to take home, along with some frozen entrees.

As you approach Pizarro's, at 366 Marguerite Ave. just off McArthur, the sounds of an accordion rendition of "Santa Lucia" serenading passersby from speakers on the patio give notice that old-school Italian dining is at hand. Inside, the traditional vibe carries on cozily with black and white checkered floors and brick-red walls covered with paintings. A bar at the front of the house has the feel of a place

where regulars stop by for a chat with staff over a drink or a solitary lunch.

Pizarro's menu matches its decor perfectly; soups, salads and bruschetta followed by a dozen pastas and traditional chicken and veal dishes. Garlic bread, linguine with clams, spaghetti with meatballs, chicken parmigiana—your childhood favourites are all here. The pasta sheets for the lasagne, manicotti and cannelloni are made in-house, and the finished dishes are as gooey and filling as you could wish for. The phone rings regularly, suggesting that you'd be well advised to make reservations for dinner, while at lunchtime you may be surprised by the number of people sitting down with a friend or two for a dish of Italian comfort food.

Both Todric's and Pizarro's are within easy walking distance from the Sandy Hill side of the river. For those who'd like to go a bit further afield, maybe taking their bikes for a spin along the beautiful Rideau River cycle path, the many restaurants



Photo Paula Kelsall

of New Edinburgh make for a tempting destination. One that's a little off the beaten path and lots of fun to check out is Ola Cocina, a tiny Mexican restaurant a block south of Beechwood, behind the Metro at the corner of Barrette and Loyer.

Finding a spot to sit at Ola Cocina can be a bit of a challenge; there are a few spaces at the counter, a couple of tables indoors that you may be sharing if you're not with a large group, and a few more outside, where you may also spot the restaurant staff peeling vegetables or grilling ingredients for their taco fillings. And what fillings! In addition to chicken, pork, codfish, steak and vegetables, look for duck confit, octopus or tandoori chicken if you're in the mood for something different. Happily, the restaurant is ready to serve you a taco platter with three different fillings so you don't have to narrow your choices down too much. Served with rice and beans, this is a meal that will sustain you long after your ride home is over.

sandwiches, potato salad which is full of fresh dill, and gourmet grilled cheese sandwiches or portobello burgers for the vegetarians in the neighbourhood. Open every day except Sunday, from 11:00-2:00 and 3:00-7:00.

Juice It Up, 332B Wilbrod St. Even on a rainy day the little terrace outside the new juice bar on Rideau Street is a pleasant place to sit and enjoy a freshly pressed glass of juice or a raspberry-strawberry smoothie. Food options are limited but the cheese panini, garnished with pesto, is tasty and filling. Open Monday-Friday from 7:00 a.m.-7:00 p.m., Saturday 9:00-5:00 and Sunday 10:00-5:00.

La Noodle, 179 George St. It's not far out of the neighbourhood, but this lively Chinese restaurant at the corner of Cumberland and George, just behind Metro, will take you on a journey. Choose your noodles; thick or thin, round or flat, from an array of photos on the menu, and they'll be hand-pulled on the spot and presented in a bowl with broth or sauce, meat or veggies. The Dan Dan noodles are quite spicy and tossed with ground pork and baby bok choy; the assorted mushrooms and vegetables come in a mild broth and have lots of tiny enoki mushrooms camouflaged among the pasta. Open daily from 11:30 a.m.-11:00 p.m.



Photo Eric Schiller

Safi means fine foods

Eric Schiller

This year we have a new food store in Sandy Hill (on Somerset East at Blackburn where Ayoub's Mini Mart operated for many years). It is called Safi Fine Foods. In Arabic Safi also means "fine foods" so the products are doubly fine. The two new owners/managers are Mohamed Ali Abdo and Walid Mohamed Ali. These two cousins have followed an unusual path before arriving here in Sandy Hill.

Mohamed has a master's degree in electrical engineering from Paris and Walid has a commerce degree from Queen's University in Kingston. We now have these two university graduates running a food store in Sandy Hill. Their parents trace back to Yemen. Their parents moved to Djibouti, a small African country, to go

into business. Mohamed later moved to France where he studied for five years. He then moved to Canada, where he hoped to pursue a Ph.D. in electrical engineering at the University of Ottawa. However, because of needs in his family he had to go to work. He started up a meat delivery business and this led him into contact with the store that he and Walid now manage. They both operate this store in addition to the original home delivery meat service.

Their story, although unusual is fairly common today. New immigrants coming to Canada often work very hard and are well trained. However, they often have to find work in fields far from the areas in which they studied.

Their store still specializes in Middle Eastern foods. A plan is in the offing to provide home-delivered meals. Various different menus are being planned. Watch for it in the future.



A summary of recent IMAGE restaurant reviews and food features, plus other advice from our contributors about where to find great food in and around Sandy Hill.

Please send news of your recent Sandy Hill food discoveries to:

image22@rogers.com

The Grill Next Door, 541 Rideau St. The shiny new food truck on the corner of Rideau and Cobourg is run by a mother-daughter team who are both civil servants between contracts. Their burgers are hand-made and flavourful. The truck's more-interesting-than-average menu also includes Philly cheese steak



Picnic in the Park

Pique-nique au parc

Saturday

July 1st

3 to 7 pm

le samedi

1 juillet

15h—19h

parc Strathcona Park

Bring your own picnic
Apportez votre pique-nique

ASH is organizing activities, music and fun!
Activités, musique et le plaisir de fêter ensemble !

www.ash-acs.ca/picnic





Photo Danna Leaman

Right Bike (repair, rental, sales) pops up on Rideau

Danna Leaman

Since the departure of our long-time neighbourhood bike repair shop in a Somerset Street East garden shed, many Sandy Hill residents have lamented its absence. Into this gap, Right Bike has opened a summer pop-up bike repair, rental, and sales shop on Rideau Street, operating out of EnviroCentre opposite the Rideau branch public library.

Right Bike's social mission is much larger than the obvious—to promote and enable cycling. It provides training

in bicycle mechanics and employment for people who have barriers to employment. There are currently six trained bicycle mechanics and two full-time staff. In addition, Right Bike also takes in donated bikes to refurbish and sell in partnership with Cycle Salvation.

If you've some unused bikes taking up space in garden sheds, basements, or garages, why not wheel them over to Right Bike as a donation—turning old bikes into supportive jobs.

Address: 366 Rideau Street. Check the website (rightbike.org) for summer hours, rental rates, and contact information.



Photo Bill Blackstone

Moving through Sandy Hill—changes coming

John Verbaas

The City is planning a few small changes to the transportation elements of Sandy Hill for the summer of 2017. These may be just minor in nature but coming on the heels of some 2016 changes and if things keep up at a constant pace, they will add up over the years. Some of the new changes you may have already noticed by the time you read this.

Traffic calming

It is probably fair to say that traffic calming is increasingly on most people's minds. The City has begun using flexible posts installed down the centreline of streets as a traffic calming measure. Studies have shown that these do make a small but tangible difference in auto speeds and they have the advantage of being much less expensive than street narrowings/speed humps so can be deployed much more widely. These were deployed on Mann, Blackburn, and Marlborough Avenues in 2016 and this summer will also be added to some sections of Russell Avenue and Besserer Street (east of King Edward). Streets need to be at least 9 m wide in order to be able to accommodate parking on one side and still allow for cars to pass safely on either side of these centreline posts and unfortunately not all streets in Sandy Hill have this width.

Pedestrians

For pedestrians, the City is slowly rolling out a new type of pedestrian crossing, referred to by the acronym PXO. Normally crosswalks are only implemented at intersections where a stop sign is located. A recent change in provincial policy has

given cities permission to install crosswalks both at intersections and at mid-block locations without a stop sign. There is a new type of signage and cars only need to stop if there is a pedestrian waiting to cross. One of these PXOs will be installed this year crossing Stewart Street at Nelson. There is a significant pedestrian volume here heading between Rideau Street/Loblaws/Sandy Hill Community Health Centre and the rest of the neighbourhood. Cars heading west on Stewart Street used to have the right of way through this intersection but now will be required to stop for pedestrians. A crosswalk will be painted here, signage installed, and curb cuts for accessibility carved into the sidewalk.

Cycling

On the cycling side, the bike lanes on Cumberland Street that form part of the east-west bikeway will have flexposts installed in order to better isolate the bike lanes from the other street traffic. Also, on Somerset East, after discussion with the City, they have agreed to paint pavement markings at the cross intersections to highlight the legal distance (9 m) that cars parked on Somerset must stay back from an intersection. This rule is seldom observed by cars parking here and this is making unsafe conditions for westbound cycling traffic on Somerset Street East due to poor visibility for north-south car movements pulling into/across Somerset.

Sandy Hill is blessed by a rich mix of movements by walking, cycling, cars and transit. Here's hoping that we can all continue to learn how to make this a more liveable community by learning to share the limited roadway space more safely and respectfully.

You have a vision in tile.

Purveyors of fine natural stone, quartz, and porcelain for over 30 years.

Visit us in our showroom.



VESTA

DESIGN + FABRICATION CENTRE
NATURAL STONE | QUARTZ | PORCELAIN

1402 Star Top Rd.
Ottawa, ON K1B 4V7

vestamarble.com

@vestamarble

vestamarble

613 733 9098

Trends in architecture surface

Public private partnerships trump heritage, diversity and sustainability according to a Doors Open panel

John Cockburn

Doors Open Ottawa in June allowed the public to visit 150 historically, culturally, and functionally significant buildings from Carp to Cumberland. Surprisingly only 10 of these 150 were situated in Sandy Hill. Previous editions of IMAGE, the Prime Ministers' Row Initiative and Jane's Walks all feature the many significant sites in Sandy Hill so perhaps we're covered. Nonetheless the allsaints Event Space was one of 40 new entries in Doors Open this year.

The 2017 event was launched on May 9 with a ceremony at the National Arts Centre. Deputy Mayor Mark Taylor—also known in his words as the Night Mayor—and Councillor Mathieu Fleury were in attendance along with about 200 celebrants. Architecture in Canada was the focus of a panel that included well known architects Barry Hobin, Donald Schmitt and Canadian Architect Magazine editor Elsa Lam. Alan Neal of CBC's All in a Day moderated.

The discussion was focused by a series of questions put by Mr. Neal, the first of which was on what today's architecture is leaving for the next generation. All responses were predicated on how architecture was responding to dominant trends in society, the most compelling of which is increasing urbanization, or as we know it in Sandy Hill, intensification. There was a general sense of optimism from the panelists with much attention given to the trend to create public "space" rather than buildings and to reflect a sense of the street or community, a social space in which all doors should be open. Donald Schmitt cited his work on the National Arts Centre rebuild—ribbon

cutting on July 1—as an example of this openness.

Neal then asked if they felt that we were designing with a focus more on people in 2017 than previously. All agreed that that was happening and the example raised was Ottawa's City Hall with its diversity of functions. In other words the days of the starchitect who creates spectacle buildings that are more like sculptures than buildings seem to be on the wane.

Finally Neal asked what in contemporary architecture was driving them crazy. Not surprisingly, current financial models was at the top of the list. Public, private partnerships—the famous three P— took a hit from Barry Hobin as he noted that trade-offs to make the partnership work always came at the expense of project quality. Many commercial buildings were characterized as three-dimensional spreadsheets and the form of the buildings driven only by project financing needs. Sound familiar on the Sandy Hill residential scene?

The panel was generally appreciated by the audience although attendance diminished markedly as the time to drop the puck for the Senators/Rangers game approached. There appeared to be some inconsistency between some of the optimism expressed by the panel participants and the reality felt by many on the streets in Sandy Hill. One suspects the call of openness and interaction does not extend to an endorsement of party nights on Nelson Street or that the celebration of urbanization extends to more thirty-person bunkhouses. One would also think that a panel with such skills and records of accomplishments would have remarked on the need to shape the built environment to respect heritage, diversity and sustainability, (Lam touched on environmental and social sustainability), rather than react to supposed mega-trends and top-down political priorities. Perhaps we need an Eyes Open Ottawa as well as a Doors Open.



music@allsaints

Beautiful sounds in a beautiful venue

Paula Kelsall

A concert series held this spring at allsaints was a delightful sign of how the former Anglican church on Laurier Avenue is becoming a centre for cultural life in the neighbourhood.

With its exposed stone walls and gothic windows, the renovated chapel has become a beautiful setting for intimate evenings with live musicians and a glass of wine. Performers in April and May included singer-songwriters such as Terry Tufts, Chris MacLean, Christine Graves and Arthur McGregor, the bands Moonfruits and Ragged Flowers, and the jazzy Latin ensemble Florquestra.

Russ Kelley, one of the season's featured musicians, has been a key organizer of the series. Kelley is a longtime resident of the Strathcona Apartments who toured with a band in the sixties and retired five years ago as head of music at the Canada Council for the Arts. He's also a fan of the coffee at allsaints' Guild Room Café. His caffeine habit led to his performing at an allsaints open house and then to his first concert in the new venue. By spring, Kelley found himself helping to organize the Wednesday evening music@allsaints series, along with a committee that also includes ASH vice-president Bob Forbes, Dawn Collings, Étienne Trépanier, and Chris White, a major force in the Ottawa folk community.

The concerts wrapped up in June and will resume in the fall. There's also talk of a classical music series to be held on weekend afternoons. If you'd like to be notified of upcoming concerts and other events at allsaints, click the Like button on the "allsaints Event Space - Ottawa" page on Facebook.

ODYSSEY
Theatre Under the Stars
presents...

The Amorous Servant

July 20-August 20
Tues.-Sun., 8p.m.
Sunday pay-what-you-can, 2p.m.

Strathcona Park

Book today!
~ 613-232-8407 ~
~ boxoffice@odysseytheatre.ca ~
~ odysseytheatre.ca ~



Programs / Programmes
377 Rideau St., 613-580-2940
Rideau@Ottawa.ca
www.BiblioOttawaLibrary.ca

Family programs Programmation familiale

Summer Family storytime / Contes en famille d'été

Tuesdays from 10:30 – 11:00 am, from June 20 to August 22. Stories, rhymes and songs for children of all ages and a parent or caregiver. / Le mardi de 10 h 30 à 11 h, du 20 juin au 22 août. Contes, comptines et chansons pour les enfants de tous âges et un parent ou gardien.

Closing Party / Fête de clôture

2 – 3 pm., Saturday, August 26. / 14 h à 15 h, le samedi 26 août

FOR AGES 7 – 12 / POUR LES ENFANTS ÂGÉS DE 7 À 12 ANS

Light up the Night / Illumine le ciel
2 – 3 pm, Thursday, July 6. / 14 h à 15 h, le jeudi 6 juillet.

Campfire Tales / Tire-toi une bûche
2 – 3 pm, Thursday, July 13. / 14 h à 15 h, le jeudi 13 juillet.

From Far and Wild! / J'ai mon voyage!
2 – 3 pm, Thursday, July 20. / 14 h à 15 h, le jeudi 20 juillet.

Summer Reading Fun at Rideau Branch Library

The TD Summer Reading Club is a Canada-wide, bilingual* summer reading program for kids of all ages, all interests, and all abilities. This free program celebrates Canadian authors, illustrators and stories, and inspires kids to explore the fun of reading their way. Kids can take part anywhere—at their local library branch, as well as at home, online, or wherever summer takes them. Starting on June 17 you are invited to visit the Rideau Branch to pick up your summer reading kit. During July and August we will also offer free weekly programs for children aged 0 to 12. *Tous les matériaux du Club et plusieurs programmes à la succursale Rideau sont bilingues! Venez nous visiter cet été et découvrir le plaisir de la lecture.

Me and My Canada* (English Only)

Presented by the Cumberland Heritage Village Museum. *Registration required.
2 – 3 pm, Thursday, July 27.

Colours of the northern lights / Éclatantes aurores boréales

2 – 3 pm, Thursday, August 3. / 14 h à 15 h, le jeudi 3 août.

Moose and Beavers and Bears Oh My! / Élans et castors et ours, oh, oh!

2 – 3 pm, Thursday, August 10. / 14 h à 15 h, le jeudi 10 août.

Canada's birthday party*

Presented by the Diefenbunker Museum. *Registration required. In English only.
2 – 3 pm, Thursday, August 17.

Innovate and Create! / Crée et innove
Participate in a history of invention. What will you create? / Prend part à l'histoire, que vas-tu créer?
2 – 3 pm, Thursday, August 24. / 14 h à 15 h, le jeudi 24 août.

ADULTS / ADULTES

Pen and Paper writers' group

English only. Tuesdays at 6:30 pm. Drop in.



NEIGHBOURHOOD BULLETIN BOARD

Book, BBQ, and Bake Sale, Saturday, June 10, 9-1, St. Anne Church, Old St. Patrick St.

Repair Café: 2:30 to 5:30 p.m. on Sat. June 10, bring non-functioning items to the Lindenlea Community Centre (15 Rockcliffe Way) and col-
lude with our volunteer fixers.

A new knitting group. Open knitting at the Caf-
feine 1Up café at 362 Rideau Street Thursday
evenings, 7:00-9:00 p.m. Check Ravelry/Groups/
Ottawa Area Ravellers to see who is coming.

The Last Picture Show (until June 30) brings together some of Ottawa-Gatineau's most singular media artists for the last exhibition to be held in SAW Gallery's current space, 67 Nicholas Street, (613) 236-6181. The exhibition will include a special tribute to legendary documentary filmmaker Frank Cole in SAW's project room.

The birds and the bees in your sixties at Ot-
tawa Little Theatre. *Old Love* by Norm Foster,
June 7 - 24. 400 King Edward Ave. Information:
ottawalittletheatre.com or 613-233-8948.

Benefit concert for St. Joe's Supper Table,
Sunday July 2, 3:00 p.m., St. Joseph's Church,
174 Wilbrod St. See ad page 10.

**Golf day in support of St. Anne Church res-
toration and The Bruyère Foundation**, Thurs.
August 17, Meadows Golf Club. Registration
deadline - July 29. Contact Mike Whalen (613)
737-7140 or silverstick57@hotmail.com

Art in Strathcona Park Sat. 19th August, 10
a.m.-4 p.m., rain or shine. Featuring the work
of over 130 artists and artisans. This annual ex-
hibition & sale is one of the area's most popular
outdoor artistic events. Free admission; silent
auction; refreshments; BBQ.



Many volunteers and Viscount staff attended the Volunteers Breakfast on May 16.

News from Viscount Alexander School

Michael Barnes

After five years at Viscount Alexander, our Principal Deb Woods is leaving the school. Deb has contributed so much to Viscount Alexander and we are thankful to her.

She maintained Viscount traditions including the Bike Rodeo, International Potluck, Skate-a-thon, Walking School Bus and the Volunteer Breakfast, all of which took a lot of work, time and organization with staff, volunteers and the community. Deb worked closely with the School Council to make school improvements including sports equipment for the school yard, working toward a new kindergarten play structure, speed bumps in front of the school, acquiring technology, improving the library with new books in French and English and more.

She supported community partnerships with the Sandy Hill Community Health Centre, Kiwanis, Councillor Fleury and City Hall, Ottawa Police, Cycle Salvation, the building next door and Lisgar High School.

Deb created the WAVE room for students who need body breaks, and a calm place to be. She has an open door policy for parents, students, and staff.

Deb is both fair and well respected by her staff. She created a family atmosphere, bought the staff breakfast on PD days. Always busy: answering emails, calls, checking in on classes, meetings. On top of that she is our resident photographer.

First and foremost she cares about kids. Deb has gone to great lengths to help students and families get the support they need, particularly when it involved community backing. She's a good, caring person who maintained a stable, predictable environment and supported staff in their development.

Parents, staff, School Council and students past and present thank you. Viscount has been very fortunate to have you as Principal. Best wishes, Deb!

Volunteers of the Year

The two recipients of the volunteer award are George Rejhon and Yuriko Murohashi.

George has been coming to Mrs. Fulford's Grade 5/6 class three days a week for the past two years to teach science. He instills in students a love and interest in science that will stay for many years to come. Yuriko comes Monday and Friday to cut the fruit and vegetables and has been very reliable all year. She is a Mom of a kindergarten student. Thank you very much to both of you, and congratulations. Your contributions are very much appreciated!

Bike Rodeo

On May 12 the weather cooperated and our Annual Bike Rodeo day was awesome! Thanks to all of our staff, parents, community partners, and Mr. Arjang with the Lisgar Outdoor Education classes for all of their help. Kindergarten students participated in several activities in the morning, from strider bikes to stretches and helmet fittings, along with learning the rules of the road on Mini Main Street.

In the afternoon, our Grade 1 to 4 students participated in stations from Mini Main Street & Red Light/Green Light, learning how helmets protect our brains. Our Grade 5/6 students practiced on our yard before heading off along the canal for their bike tour. Many students had their bikes checked by Mattie from Full Cycle, our staff, and volunteers to ensure that they were ready to ride. With the help of a parent and Cycle Salvation we provided 15 students with bikes to take home. It is always a pleasure to see the smiles on the faces of the students receiving bikes.

Thanks to Paul from Cycle Salvation for his hard work with our reconditioned bikes. He also fitted students to ensure that they would be safe while riding. The Kiwanis Club of Bytown donated the funds to purchase bicycles again this year. The Kiwanis has supported Viscount for many years and we truly appreciate the club's commitment. Thanks to the students of Lisgar Collegiate for volunteering at the bike stations and to ride with the grade 5-6 bike trip.

We wouldn't be able to have this event without a full team effort. Thanks everyone!

Let's talk real estate

Lynda Cox



Curb appeal

Homes with high curb appeal command higher prices and take less time to sell. True. The way your house looks from the street—attractively landscaped and well-maintained—can add thousands to its value and cut the time it takes to sell. What projects will enhance curb appeal?

Scrub it 'til it shines: Windows and doors inside and out, eaves, downspouts.

Freshen the paint: Your best bet is to match the paint you already have or go classic. Look in magazines or on the internet to get the perfect, popular shade.

Remember the roof: Clean it, repair it, replace it if necessary. The cost to replace an average-sized roof is in the range of \$5-\$7,000. Your asking price needs to reflect the roof-life left, if older.

Tidy up your yard: Trim those bushes, edge those beds, mulch and mulch some more. Feed your lawn and keep it well trimmed and free of all weeds.

Add a splash of colour: It could be a planter with bright geraniums and a matching Adirondack chair on the front porch. It could be a bright red front door.

It only takes a little to make a good impression. Get some advice. Less is More on this one.

Maintenance is a must...

1. fasten sagging eavestroughing/replace broken sections;
2. repoint bricks that have lost their mortar. Reparge the foundation to eliminate surface cracking;

3. replace/reseal window glass;
 4. replace your weathered mailbox (really cheap fix); try brushed nickel or black;
 5. shine up your door knocker and/or make sure your doorbell works properly;
 6. replace your worn doorknobs where needed...again, brushed nickel or black;
 7. if you have a fence, make sure it's in good condition; replace broken gates and tighten loose latches;
 8. all outdoor light fixtures must be working and shiny clean. (No Christmas lights please!) Replace if old and dull; make them match the mailbox on the same wall.
- Last of all.....add a welcome mat

Sandy Hill update

It is a seller's market out there in the residential sector, with limited houses for sale and buyers ready and waiting. My last clients on Blackburn followed all the above suggestions and sold within a week for more than 99% of their asking price. Way to go! Another property on Blackburn sold for approx. \$30K over asking in multiple offers. Yes, it is a good time to sell.

Current residential listings: 21 active listings, 6 sold listings (\$373 K on Hurdman to \$775 K on Blackburn) since our March update, and at present there are two conditional sales

Current Condo listings: 50 active listings, 3 conditional sales and 18 sold listings (\$264 K for 1 bed+1 bath+ 0 parking to \$475 K for 2bed+2bath+1parking)



Rideau River
DENTAL
General and Cosmetic Dentistry

613-789-0800

A beautiful smile and healthy teeth.

Whiten and brighten your teeth in one visit with ZOOM advanced

Please come see us for a SMILE consultation.

New patients and emergencies always welcome.

Appointments available on evenings and Saturday

389 Rideau St. (at Friel)
FREE PARKING

- Invisible braces with **Invisalign**
- Intra-oral exam using digital video technology
- Treatment of sensitive teeth
- Full digital X-ray, less radiation - **WE CARE!**
- Bilingual service

PHARMACIE CAMPUS PHARMACY

100 Marie Curie • Services de santé / Health Services Bldg.
613-563-4000

Welcoming the entire Sandy Hill Community
Les résidents de la Côte-de-sable sont bienvenus

POUR TOUS VOS BESOINS PHARMACEUTIQUES....

- Prescriptions
- Vitamines
- Soins sportifs
- Produits de beauté
- Tests de grossesse
- Papeterie
- Timbres
- Services de photocopies et de télécopieur

FOR ALL YOUR PHARMACY NEEDS ...

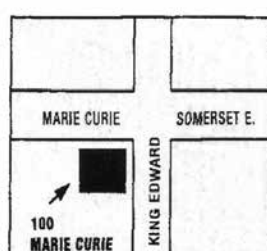
- Prescriptions
- Vitamins
- Sports care
- Health and beauty needs
- Pregnancy tests
- Stationery
- Stamps
- Fax and photocopy services

et **Plus!**

and **More!**

Interac • VISA • Mastercard • American Express

Lundi-jeudi 8h30 - 20h00
Mon-Thurs 8:30 - 8:00
Vendredi 8h30 - 19h30
Friday 8:30 - 7:30
Samedi 10h00 - 17h00
Saturday 10:00 - 5:00
Dimanche 10h00 - 14h00
Sunday 10:00 - 2:00



www.campuspharmacy.com

Ottawa's acclaimed vegetarian restaurant
The Green Door Restaurant
198 Main Street
613-234-9597
www.thegreendoor.ca



St Paul's-Eastern United Church welcomes you to services & events

- Sun. June 18** - Aboriginal Sunday
- Sun. June 25** - River Service in Chelsea, QC
- Sun. July 2** - Joint Service: with MacKay United. Location: St. Paul's-Eastern United.
- Sun. July 9** - Lay-led service
- Sun. July 30** - Joint Service: with MacKay United. Location: St. Paul's-Eastern United
- Sun. August 6** - Joint Service: with MacKay United. Location: MacKay United

Regular Sunday morning services, 10:30 am.
Parking and Sunday School available. Wheelchair accessible

Communion services: Sun. August 13, morning
Men's Breakfast: 3rd Sundays, 8:30 am, Father & Sons restaurant
Evergreens: 3rd Tuesdays, locations for outings vary

Sandy Hill Seniors' Network Tea & Conversation: Tuesdays 2 - 3 p.m. Open to all seniors in the community. New Venue: allsaints Event Space at 10 Blackburn Ave. (Laurier Ave E & Chapel). Contact 613-565-328 or helengsmith@bell.net

Bible Study: Wednesdays (exception - no study on first Wednesday of the month) 10:30 a.m. to noon. Current book: *We Make the Road by Walking*, by Brian MacLaren

Choir practice: Thursdays at 7:30 pm. New singers welcome.

Odawa program and special events: Odawa Native Friendship Centre organizes programs and operates a food cupboard. Contact 613-722-3811, odawa.on.ca/

The Open Table outreach/support initiatives for students in partnership with other churches.

Contact us for updates and more details!

Address: 473 Cumberland St. (corner of Daly St.) in Sandy Hill
www.stpaulseastern.com stpaulseastern@rogers.com
Find us on Facebook 613-237-1821

15

ottawa
lives here.com

strong
and free
fort et libre

HAPPY BIRTHDAY CANADA - BONNE FÊTE CANADA



Experience. Service. Results.
List and Buy with
OLH Team Excellence.

Ottawa's May sales increased 19.9% over May 2016



HOT FEATURED LISTINGS



Ottawa South



New Edinburgh

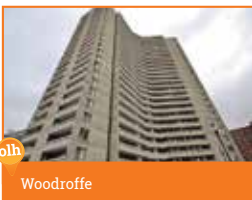


Lowertown Duplex

FOR SALE



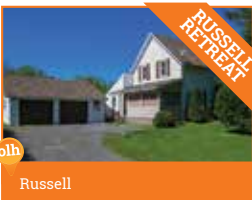
Lowertown



Woodroffe



Spencerville



Russell

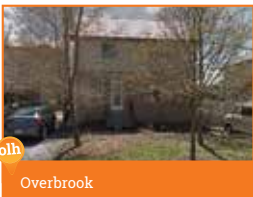


Plantagenet -
50 Acre Sanctuary



Plantagenet -
Condo

RECENTLY SOLD



Overbrook



Lowertown



New Edinburgh



Lindenlea



Lowertown



Lowertown

SUPPORTING
OUR INVESTORS

“Patrick and his wonderful team did a massive pre-marketing campaign. They did a wonderful job.”
Jacynthe - Mutual Street

Patrick O. Smith
Jean-Marc Léger Sales Representatives
Info@OttawaLivesHere.com • (613) 222-4448
OttawaLivesHere.com

