SANDY HILL CÔTE-DE-SABLE

April - May 2017

AVRIL - MAI 2017

Photo Kathleen Kelly nue dans votre lieu de vote processus de vote compte sieurs étapes. ourrait prendre du temps. Soyons nts les uns avec les autres enseignements des électeurs confidentiels. terdit d'enregistrer des ations, de filmer ou de prendre tos dans le lieu de vote. tes sont secrets. erdit de montrer, de filmer ou de phier un bulletin de vote rempli, ter, vous devez : yen canadien; d'au moins 18 ans le jour une ou des pièces d'identité pour prouver votre nom et des questions ou des us au responsable : Martin Martin

Sandy Hill residents Lucille and Bernard Racine were the first voters at the March 24 advance poll in the Ottawa-Vanier by-election.

Candidates' forum portends rainy days for the government

John Cockburn

By the time you are reading this, the results will be in for the byelection to replace our recently deceased and well regarded MP Mauril Bélanger. Regardless of the outcome, the March 26 all-candidates meeting was a thought-provoking opportunity to delve into important issues that will continue in the remainder of the government's mandate.

First it is no surprise that Ottawa-Vanier is represented in the House of Commons for the first time by a woman. A number of candidates including Conservative Candidate Adrian Papara were absent from the meeting. Various explanations were offered by his apologist ranging from his unease in French (it was a fully bilingual meeting) to him being instructed by his campaign committee to concentrate on working the streets.

Mona Fortier of the Liberal Party, the New Democrat's Emilie Taman and Green Party's Nira Dookerman nonetheless put on a pretty good show. The entire session was a Q and A, the preponderance of questions being from the floor with the remainder from the sponsoring community associations posed by the moderator, the CBC's Philippe Marcoux.

To deal with local issues first candidates were asked their views on managing truck traffic in Ottawa-Vanier. Notable in the responses was the notion that any solution not shift the problem from one to another part of the riding. On the development of the ByWard market the key takeaway was the need to establish the right balance between commercial and residential development. In the same vein, integrated transportation infrastructure arose as the key issue for Rideau-Montreal Road corridor development.

All candidates supported a tax credit to support the preservation of heritage buildings as proposed in Bill C 323. For-

tier and Taman were unequivocal in their support for an officially bilingual Ottawa. Dookerman, in line with her support for diversity, emphasized the recognition of Ottawa's cultural mix, including that of First Nations.

Nationally, the need to focus on issues

of democracy rather than politics was stressed. Nuancing many questions were recent political events in the U.S. and how the Government of Canada may respond to them. Immigration and the "safe third country" issue as well as the Bill C23 Border Security proposal elicited different responses from the three candidates. The Safe Third Country Agreement forces refugee claimants away from normal custom and immigration entry points and the NDP wanted to scrap it, the Liberal wanted to study it and the Green wanted to humanize it. Bill C23 increases the number of points for pre-clearance of travellers to the U.S. and the authority of U.S. customs officials in Canada to question pre-clearance applicants. The NDP regards this as an unwarranted threat to Canadians' Charter of Rights protections. Fortier raised the benefits of more access to pre-clearance and suggested the threat is not significant. The Green candidate questioned why we were so concerned about U.S. interests.

On the environment, questions arose on the withdrawal of resources by the U.S. for programs to protect the Great Lakes, climate change and the Energy East pipeline. Predictably the Liberal candidate claimed the Government was on top of these issues and the others were distrustful of their intentions and the adequacy of the regulatory regime.

An issue of particular interest for Ottawans is the protection of defined benefit pensions afforded in the Government's Bill C27. The proposal was characterized as part of the Liberal's corporate plan for Canada and its future administration as suspect as that of the Phoenix pay system.

Electoral reform, or lack of it, raised the temperature a bit. Dookerman, a high school teacher, maintained her students understood why every vote should count. Why couldn't adults? Taman connected the Liberals' lack of interest in electoral reform to their changes proposed for parliamentary business and attributed both to a disinterest in accountability. Fortier countered that there was no consensus on a new electoral model. Both of her opponents cited the report of the all-party commission studying it, pointing out its overwhelming consensus on change and decried the lack of leadership.

Unasked and unanswered elephants in the room included the government's intentions involving marijuana legalization and the fate of the previous government's draconian Security Canada *Information Sharing Act*.

It was a worthwhile afternoon and kudos to the organizers.

Neighbours of St. Albans resist Supervised Injection Site

Larry Newman

The Neighbours of St. Albans first made the news by their vigorous objection to St. Alban's 2011 decision to move its drop-in centre from Murray Street to the basement of the church. Currently, they are asking for support in their fight against the establishment of a Supervised Injection Site (SIS) at Sandy Hill Community Health Centre. To this end, they held a meeting to rally support for this cause.

Nearly 50 people attended the meeting on March 6 at the Rideau Street Days Inn. The Neighbours' secretary, Keith Nuttall, opened the meeting by stating that the Neighbours was an organization formed to "give a voice to Northwest Sandy Hill when they need it." He reported that, at an April meeting of their group, an overwhelming number of the members voiced their objections to the SIS.

Mr. Nuttall began by repeating the themes on the flyer that was used to advertise the meeting. Specifically, the Neighbours were afraid that a SIS in Sandy Hill would cause the following problems:

More drug dealers on our streets selling to addicts using the Centre.

Police prevented from arresting these pushers.

Violent crime and shootings as drug gangs fight for territory.

Addicts hanging around the Centre and the surrounding streets.

"We have no objection to a SIS but Sandy Hill is not the place for it." Mr. Nuttall makes the point that this area has Centre 454, the Mission, Salvation Army, and Shepherds of Good Hope. He says that this concentrates the addicts in our neighbourhood. The SIS is just one more attraction for them and the dealers.

"We deal with more crime than any other area in Ottawa." In the three months between September and December 2016, Mr. Nuttall noted there were 85 assaults, 5 sexual offenses, and many other crimes.

SIS continued on page 4.



Just in time for spring, there's a new juice bar in the neighbourhood, at 332B Wilbrod St. Roger will also offer Turkish coffee and sandwiches. See Foodnotes, page 17.

IMAGE

Founded in 1972 under the direction of Diane Wood 22, av. Russell Ave. Ottawa K1N 7W8

bénévoles.

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IMAGE welcomes articles, letters, photographs, notices and other material of interest to its readers in the Sandy Hill community. Name and telephone number of contributor must be included.

If you'd like to write articles, draw cartoons or other illustrations for stories, or take photographs on assignment, please call and leave your name and number at 613-237-8889. No age restrictions.

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From Ken Clavette's Album of Bygone Sandy Hill



96 Stewart Street in 1889 or 1890—a family portrait of S.J. (Samuel James) Jarvis and family. Jarvis was a well known Ottawa photographer who had offices at 117 Sparks Street from 1890-1912. City Of Ottawa Archives, Bytown Museum Coll., Streetview Images, Jan. 2016, M3IMG

Our readers write ...

Major flaw in Ontario **Municipal Board decision**

Larry Newman's article on the recent OMB approval of a high-rise building at 560 Rideau ("Action Sandy Hill shoots, OMB scores" in the February-March issue of IMAGE) does not convey fully a major flaw in that approval, namely its apparent subjectivity.

In dismissing ASH's appeal, the OMB wrote that the ASH witness was "evasive" and that "his opinions were based largely on academic theory" while the developer's "witnesses provided the Board with a detailed analysis of the applicable policies and maintained their land use planning opinions under cross-examination."

Courrier des lecteurs

Such reasons for decision are deeply unsatisfactory as they appear to be based more on the impression that various witnesses made during the hearing rather than objective criteria whose application can be tested in a transparent and rigorous fashion. Justifying the approval of a multi-million dollar project on the basis that "I liked this witness more than that witness" rather than through the testing of agreed and explicit land use planning principles comes across as arbitrary and does nothing to strengthen the public's confidence in the OMB's impartiality, competence or usefulness.

François Bregha Russell Ave.

soumis.

Tél: 613-237-8889

François Bregha, Ken Clavette, Frank Heilingbrunner, Ron Hodgson, Erica Howes, Claire MacDonald, Betsy Mann, Jan Meldrum, Jane McNamara, Dodi Newman, Larry Newman, Judy Rinfret, Peter Rinfret

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May 22, 2017

(target delivery June 9)

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Questions re delivery?

If you live in Sandy Hill, IMAGE is delivered free to your door. Please call 613-237-8889 if you are aware of anyone or any business in our neighbourhood who is not receiving their newspaper.

Date de tombée

Publicité, articles, photos et autres soumissions

le 22 mai, 2017

(livraison prévue le 9 juin)

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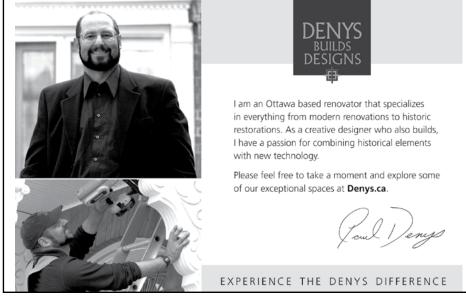
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IMAGE Abroad



Hill news captures attention in Cordoba, Spain, February 2017.







A developer proposed to turn this little century-old home on Chapel St. into seven apartments. The neighbours were appalled and got organized.

A Hitchhiker's Guide to the Zoning Universe

John Forster

ecently, out of the blue, I received a letter from the City of Ottawa. A developer was proposing to turn the 100-year-old house next door into a seven-unit apartment building.

The letter advised that they required "minor" variances from the zoning laws to proceed and if I had concerns, I could appear at a Committee of Adjustment hearing. During work hours. In Nepean. In two weeks.

Sadly, if you live in Sandy Hill, this is not uncommon. Three houses in one block of Chapel have already been converted into big-box rentals. Developers buy a house and build a large-usually ugly-box, occupying most of the rear yard. It can include 20 or more bedrooms; they are known as "Bunk Houses."

The Committee of Adjustment consists of people with expertise who provide an independent decision. However, they can only review proposals against four crite-

- 1. Do they meet the intent of the Official Plan?
- 2. Do they meet the general purpose and intent of the zoning by-law?
- 3. Are they desirable for the appropriate use of the land?
- 4. Are they minor in nature?

The process is challenging. The developer had a professional consultant who has done dozens of these applications and had six months to prepare. They had already met with City planners, who supported the project although it required reducing setbacks by 80% and the minimum lot width allowed by 33%.

I don't know about you, but my knowledge of zoning laws is a bit rusty. We had effectively two weeks to learn about official plans, zoning bylaws, infill guidelines, streetscape character analysis, neighbourhood compatibilities, etc. The first test was to find all this information. It is not in one central place online and there are multiple versions of some documents.

However, our community is fortunate to have Action Sandy Hill (ASH) and its president Chad Rollins who are a wealth of knowledge and experience. ASH wrote

a letter against the proposal and Chad made a very effective presentation to the Committee.

Another element in our favour was public support. My wife and I distributed letters to the surrounding homes. We reached out by email to a group who had organized against a development at Chapel and Rideau. Within three days, we had 40 households signed up against the proposal. Several neighbours on Chapel took time off and made great presentations at Committee. I believe this strong show of community support made an impression with the Committee.

Following our five-minute presentations, the Committee adjourned to consider its decision. After two weeks of suspense, the Committee rendered its decision—the apartment building was not approved!

However, before we could bask in the glow of victory, we heard that the proponents have appealed to the OMB. The applicant can appeal to the Ontario Municipal Board. Or they can submit a new proposal for a Bunk House.

So where does that leave those of us who want to see Sandy Hill continue as a livable, diverse, affordable community with a balance of housing that welcomes students, those new to Canada, young families as well as those who have made their home here for 50 years?

First we must support Action Sandy Hill. They care about our community and are a great help in any battle to preserve it. If you are not a member, join.

Second, come to the aid of any neighbour who is fighting a bad infill project. Email support, write the councillor, come to hearings.

Third, we need to recognize that the City planning department's interests appear to be very different than the community's interests. We need to change the City's vision of Sandy Hill.

Fourth, we cannot succeed fighting bad infill projects one at a time. The issue is the zoning bylaws and the lack of clear rules around what is good urban infill. The R4 zoning in Sandy Hill is under review. Get informed. Get involved. Pressure our municipal politicians for change.



Tickets are \$18 at evensongensemble.eventbrite.ca and include a glass of wine, craft beer, or nonalcoholic beverage.

ASCENSI像N

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MPP/députée Ottawa-Vanier



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Special Meeting of Members and Residents

Thursday, April 27 7:00 to 9:00 pm

Sandy Hill Community Centre 250 Somerset St East

Refreshments will be served

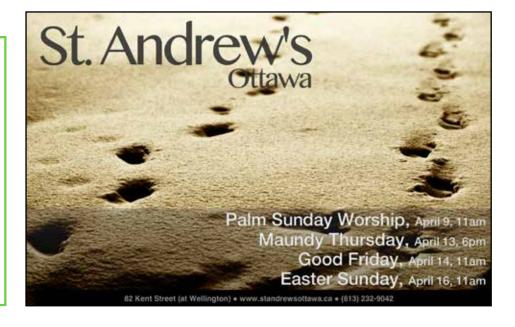
For more information visit: www.ash-acs.ca/r4review/

Are you concerned about development in **Sandy Hill?**

The City is currently reviewing all R4 zoning in Ottawa, which includes most of Sandy Hill. The outcome of this study could have significant impact on future development in our neighbourhood, that's why we need you at this meeting. Please come to this special

meeting to ensure that your concerns will be heard.





Supervised Injection Sites, from page 1

Photo Larry Newman





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Meeting goers addressed comments to (l-r) Rob Boyd, SHCHC; Constable Brad Burleau, volunteer moderator Eric Pelot, and Neighbours of St. Albans secretary Keith Nuttall.

Mr. Nuttall's other message was that this was not a productive way to spend \$1.4 million. Other attendees made the same point. Better to spend it on prevention and treatment.

Councillor Mathieu Fleury identified himself as our councillor and a member of the City's Public Health Board. He then spoke about the City's experience. He did not advocate or criticize the SIS but noted that the City's policy has changed from supporting relatively long-term housing for homeless people. Now, the accent is on providing housing, but using shelters for short-term, emergency housing until long-term housing can be found.

Constable Brad Burleau's first statement was, "The official policy of the Ottawa Police Services is not to support the establishment of a SIS in Sandy Hill." This was greeted with applause. He did say that the OPS will work with SHCHC to deal with safety around the facility. He asked for a Security Plan from Rob Boyd, Director of the Oasis Program at the SHCHC, who was there to speak about the SIS.

Constable Burleau was not optimistic about solving the drug problem in Ottawa. He said, "We are losing the drug game. All we have done so far is to move dealers from one place to another." In answering a question from the floor about what the OPS will do to keep Sandy Hill residents safe, he said that when the SIS is in operation, the OPS will reallocate personnel to cover Sandy Hill. He also noted that the OPS will be hiring 25 more officers this year. He did not say whether this would add police strength or replace normal attrition.

Rob Boyd, who is the Director of the OASIS Program at the Sandy Hill Community Health Centre, came to answer questions. OASIS is the program that will manage the SIS. Not unexpectedly, he spoke in support of the SIS and mentioned that "Somerset West is offering their first consultation tonight," implying that Sandy Hill won't be the only go-to location for safe injection in Ottawa. He addressed security at the SHCHC by describing a "mobile greeter" who will be in regular cell phone contact with SIS management staff and will be outside, monitoring access to the building. The phone number will be on the SHCHC web site.

People who deal drugs will not be allowed on the site, nor will drugs be used anywhere but inside and overseen by supervision. Mr Boyd made the point that the community of people who treat addiction support the SIS wholeheartedly. In support of the need for Supervised Injection Sites, he made the prediction that there will be a spike in overdose deaths due to the use of fentanyl, an extremely powerful drug, much more than heroin.

There were many questions and comments from the audience. Chad Rollins, President of Action Sandy Hill was in the audience and spoke. He made the point that ASH is "a voice for all of Sandy Hill." He revealed the experiences that he has had personally with drug users near his house. He also noted that ASH had surveyed its members and determined that the majority expressed support for the SIS.

The audience reaction to the SIS was almost exclusively negative. People were afraid of crime; many thought that the \$1.4 million should be spent on treatment. However, it might be too late for them to influence the establishment of the SIS. The City and the police have already announced their support for the Ottawa Public Health office which in turn supports Supervised Injection Sites in the city.

Walking out, I fell in with a couple of people and we talked about the meeting. One said, "I like the idea of the SIS. With the prevalence of drugs now, and if one of our kids should become addicted, there's a safe place for them to go." I rate that a positive.

Our readers write ...



Courrier des lecteurs

All candidates debate confirms one voter's decision

Thank-you to ASH for co-sponsoring the all-candidates debate at the Richelieu-Vanier Community Centre on Sunday, March 26. It was a very interesting event. As one of the candidates at this meetingall women!-said, this will be the first time ever that Ottawa-Vanier will be represented in Parliament by a woman. So much for Mr. Papara, the Conservative candidate, who was a no-show.

I am hoping that this will also be the first time that our riding will be represented by a member not of the Liberal Party. For my liking, Mr. Trudeau has not followed through on too many promises he rashly made during the campaign, and has lately been entirely too willing to ram through his own agenda on the basis not of consensus but of the Liberals' majority.

Mauril Bélanger did a superb job for Ottawa-Vanier and will be a very hard act to follow, but I don't think Mona Fortier, a

20-year veteran of the local Liberal Party, has what it takes. She can-and did-repeat the party's by now hackneyed line very well, if not convincingly. Unfortunately she added nothing of substance to it. Nor could she, when I asked her during the coffee hour, recall any details about how the Government might make Bill C-51 less damaging to Canadians' civil rights, all the while assuring me she would strongly fight for everything that had been promised.

Nira Dookeran did the Green Party proud. She is an eloquent and passionate defender of the disadvantaged and of immigrants, wherever they may come from, of job training, and of subsidized housing. What's more, she has a sense of humour; she does not speak French, but she promised smilingly that, as soon as she was elected, she would learn it (which brought a round of applause and sympathetic laughs). At a less critical time I would love to vote for her.

However, I think this is a critical time. More and more does the Liberal Party act in an absolutist fashion. It needs a viable opposition who can rein it in. To this end, I will vote for Emilie Taman of the NDP. She appears to share my concerns, and she persuaded me that she is principled, has thought things through, and will stand up for what she believes in, not for what is expedient. I hope I'm right.

> Dodi Newman **Laurier Avenue East**

Photo evidence: dog bylaw ig-

I found your photo taken in Strathcona Park, on page 4 [of the February-March] Park, on page 4 [of the February-March issue] interesting. Perhaps a caption stating that it is a NO DOG park might have underlined that the bylaw is broken daily by numerous dog owners, especially now with the new footbridge.

[Ed— The photo showed three dogs being walked along the embankment.]

> Lise Ausman **Stewart Street**

Let Our Family Help Your Family

Thank you Sandy Hill for your trust and continued support!

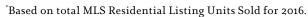
The Lynda Cox Home Team was the

#1 Realtor

in Sandy Hill for 2016.















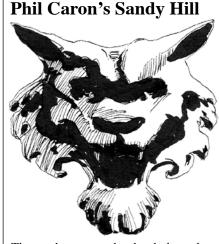
Newsbites

R4 Zoning review —public meeting

Action Sandy Hill will hold a public meeting on April 27 to discuss how this zoning impacts Sandy Hill. Tim Moerman, City Planner, will attend to respond to questions. Comment period has been extended from April 19 to after this meeting. (To read the discussion paper, go to http://ottawa.ca/en/city-hall/public-engagement/planning-and-infrastructure/residential-fourth-density-r4-zoning-review). See ASH notices of meeting, pages 3 and 8.

Other notes from our community association

- ASH is working with City Hall to build a gazebo in Strathcona Park (at Osgoode). The cost is estimated to be \$42,000.
- ASH has purchased a ping pong table for the community centre and a ping pong tournament will be held this spring to celebrate.
- The Town and Gown Association of Ontario annual meeting will be held in Ot-



The modern age relentlessly breaches the classical beauty of Sandy Hill. Perhaps the eight impressive lion heads on Lord Strathcona's fountain can scare the worst encroachers away.

tawa, May 8 -10. ASH VP Bob Forbes will make a presentation on diversity and heritage preservation in neighbourhoods near universities.

Photo Buster McNamara



At the northeast corner of Henderson and Templeton, pictured above, there is a new application to the City for re-zoning, for a four-storey student residence with ground floor commercial and two levels of underground parking. Existing houses at 213, 217, 221, 221 ½, and 223 Henderson and 65 Templeton would be demolished. Due to the size of this project, Action Sandy Hill plans to hold a public meeting. To see more go to the City of Ottawa website: http://app01.ottawa.ca/postingplans/appDetails.jsf?lang=en&appId=_0GID8P and look for Application #D02-02-17-008. Comments are due by April 25, 2017.



Recognizing outstanding contributions to the promotion of health in our community!

With the annual Award for Excellence in Health Promotion, the Sandy Hill Community Health Centre (SHCHC) is proud to honour those whose activities and initiatives have contributed to improving the health and wellness of our community.

Eligibility

IMAGE

Nominees for the SHCHC Award for Excellence in Health Promotion must be:

- Individuals who work or reside within the SHCHC catchment area (Sandy Hill and Ottawa East);
- Businesses and organizations that operate in our catchment area.

Award Criteria

To qualify, nominees must demonstrate leadership activities that:

- Strengthen people's health knowledge and the skills required to prevent ill health, and to enhance and protect healthy behaviour;
- Create and sustain environments that are supportive of health;
- Advocate for health to gain political commitment, policy support, social acceptance or system support for a particular health goal or program; and
- Have a current or potential impact on SHCHC strategic priorities.

Submit your nomination today!

For complete details, visit www.shchc.ca, or contact Cristina Coiciu at 613-789-1500 x 2505, e-mail

ccoiciu@sandyhillchc.on.ca. Nominations must be

received on or before April 30, 2017.

within the withill and within the secteur du CSCCS (Côte-de-Sable et Ottawa Est)

Admissibilité

les entreprises et organismes actifs dans notre
 secteur.

Souligner les contributions exceptionnelles à la

promotion de la santé dans notre collectivité!

Centre de santé communautaire Côte-de-Sable

lles dont les activités et initiatives ont contribué à

(CSCCS), au moyen de Prix d'excellence en

améliorer la santé et le bien-être de notre

collectivité

Les mises en candidature au Prix d'excellence en

Critères du Prix

Pour se qualifier, les personnes mises en candidature doivent démontrer un leadership dans des activités qui ont pour but de:

- perfectionner les connaissances des gens sur la santé et le savoir nécessaire pour prévenir les maladies, ainsi qu'améliorer et protéger un comportement sain;
- créer et soutenir des environnements qui favorisent la santé;
- défendre la santé afin d'obtenir un engagement politique ou un soutien aux politiques, une acceptation sociale ou un soutien à l'appui d'objectifs ou de programmes de santé en particulier; et
- avoir présentement ou potentiellement un impact positif sur les priorités stratégiques du CSCCS.

Soumettez une candidature aujourd'hui!

Pour obtenir tous les détails, visitez notre site web à www.shchc.ca, ou contactez Cristina Coiciu au 613-789-1500 x 2505, ccoiciu@sandyhillchc.on.ca. Les mises en candidature doivent nous parvenir d'ici le 30 avril 2017 au plus tard

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Sandy Hill shore scene

Photo Frank Heilingbrunner



The icebreaker got to work on the Rideau River on February 27. Then came March.



What better location for practicing yoga in preparation for the warmer days of spring than a bank of the Rideau River?

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Affordable housing

Broken promises and lost opportunities

Dennis Carr

ate last fall, the City's submission to the new national housing stratdegy consultation described a longstanding housing affordability crisis requiring people on low incomes to choose between paying bills, buying groceries or paying rent. In February, City of Ottawa officials announced plans to write to the federal housing minister asking for funding to build 1,300 new units.

And rightly so because in 2015 6,800 individuals used Ottawa's emergency shelters and 10,100 applicants were on the waiting list for affordable housing. The wait time for housing is up to five years and in 2015, only 34 new affordable housing units were created, the lowest since 2005.

What the City didn't mention is that the City is selling off its inventory of land for social housing and reducing its own investment in new affordable housing. The City's land development corporation (OCLDC), which has a mandate to achieve City strategic objectives through real estate development, recently listed several properties for sale, including multi-unit residential and mixed-use sites that could be used to further the City's long-term social infrastructure needs.

Particularly egregious was the sale of a Randall Avenue family housing property which was on the City's list of affordable housing sites, notwithstanding the fact that in 2015, 39% of all shelter clients were members of a homeless family! This sale contradicts Council's own Housing First policy for surplus City lands. Where will the 1,300 new affordable units be created if the City of Ottawa doesn't provide the land?

Ottawa's 2013 ten-year Housing and Homelessness Plan states a community goal to end long-term homelessness. It provides aspirational statements about partnerships, building on collective strengths, etc. but no firm targets for creating units and few concrete suggestions for using the City's own resources. Despite this plan, Ottawa is reducing the resources it commits to the issue.

Data compiled from City of Ottawa budget documents indicate that while Ottawa contributed between \$4.0M and \$5.0M of its own funds towards the creation of new units between 2012 and 2014, it doesn't plan to contribute any of its own funds between 2015 and 2019. Instead, the City plans to replace its funds with Federal/Provincial funding instead of supplementing these funds.

Ottawa's housing sector is resilient and has been able to supplement the limited funding available under government housing programs. But the City needs to better support these groups.

The city should:

- Reinstate its funding for new affordable housing.
- · Purchase and provide land to groups creating rental housing.
- Co-locate social facilities with other City facilities such as parking garages, libraries, fire halls and transit stations.
- Enact planning policies that encourage developers to create affordable housing in large new neighbourhood projects. This was ignored when the City redeveloped Lansdowne Park but opportunities exist at the former Rockliffe Air Base and Lebreton Flats.

Municipalities in Ontario have jurisdictional responsibility for affordable housing. Council's failure to connect the dots between its policy and practice results in lost opportunities to build the critical social infrastructure needed to shape the future of our city.

Dennis Carr is a development manager for Centretown Citizens Ottawa Corpora-

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100 YEARS OF SERVING SANDY HILL

Heritage inventory taking shape

François Bregha

ity staff held an information meeting on March 21 about its Heritage Inventory Project.

The purpose of the survey project is to draw up a list of properties that may deserve future protection under the Ontario Heritage Act.

There are currently 406 Sandy Hill properties on the Heritage Register, many of which were identified through the Sandy Hill Character Area Study. The City is proposing to add another 110 that fall outside the Character Area (generally bounded by Henderson Avenue in the west, the Rideau River in the east, Besserer Street in the north and Somerset Street East in the south.

Listing a house on the Heritage Register does not in and of itself provide heritage protection and the Register should not be confused with the list of designated heritage buildings under Parts IV or V of the Ontario Heritage Act.

Even if a house is placed on the Register, the homeowner can still renovate both inside and outside as long as they have the necessary building permit. The only restriction is that they must notify the City in writing, with 60 days' notice, if they intend to demolish the building.

The Heritage Inventory Project was started a year ago in Sandy Hill, Lowertown and Centretown and will eventually be expanded to include the whole

The survey intends to evaluate all of Ottawa's built structures to determine which ones contribute to the city's cultural heritage. When it is completed in 2018, there should be an accessible, online map-based inventory of Ottawa's heritage resources that will provide the public, developers, City staff, elected officials, and residents with a clear understanding of Ottawa's heritage assets.

In order to be included on the Register, a property must:

- meet a design test (e.g., be a good expression of a particular architectural style or show off distinctive local design skills and materials of the time); and/or
- reflect the neighbourhood heritage attributes (e.g., contribute to the heritage fabric of the street or neighbourhood)

Jane Gurr, whose house at the south end of Range Rd. is being proposed for addition to the register, attended the March 21 session and says, "Though this is a very modest tool, we hope the Register will remind developers and City planners that Sandy Hill has a rich architectural legacy and historic neighbourhoods that deserve protection."

For its part, Action Sandy Hill welcomes any efforts to protect more of our built heritage in Sandy Hill.

ASH president Chad Rollins says, "This heritage inventory is a great first step. Should someone wish to demolish one of these properties, staff will have time to study and perhaps designate it.'

The report from City staff will be presented to the Built Heritage Sub-Committee on April 13 and the Planning Committee on April 25, 2017 for approval. Residents will be able to make short presentations (5 minutes) at these hearings. More information is available at: http:// ottawa.ca/en/city-hall/planning-and-development/heritage-conservation/identifying-and-protecting-heritage#heritageconservation-districts



Annual General Meeting

All residents of Sandy Hill are invited to attend. Come meet your neighbours, hear from your elected officials, learn about the latest issues affecting Sandy Hill, and vote for new members of the Board of Directors of Action Sandy Hill.

Thursday, May 18, 2017

6 pm

Light supper

7 pm

Meeting begins

 Community information kiosks

Elected officials speak

Elections

Sandy Hill Community Centre – 250 Somerset St East

Assemblée Générale Annuelle

Tous les résidents de la Côte-de-Sable sont invités. Venez rencontrer vos voisins, écouter vos élus, en apprendre davantage sur les dernières questions touchant la Côte-de-Sable, et voter pour le nouveau conseil d'administration d'Action Côte-de-Sable.

Le jeudi 18 mai 2017

18 h – Repas léger

19 h – Ouverture de l'assemblée

Kiosques d'informations

Discours des élus

 Élections communautaires

Centre communautaire de la Côte-de-Sable – 250, rue Somerset E

www.ash-acs.ca | @ASH ACS | info@ash-acs.ca Join ASH Online at: www.ash-acs.ca/membership/

Michel Gauthier: At home with tulips



ichel Gauthier of Russell Ave., a Sandy Hiller for more than 20 years, is manager **IV** of the Canadian Tulip Festival and a man of vision in the area of Garden Tourism. His career started with the City of Ottawa recreation department (community relations and special events), then the National Capital Commission (Winterlude), into his own marketing company MGB Tourfest, on to International Flora Montreal, back here for the Rideau Canal Festival, then projects for the Canadian Garden Council. He tells us there is a special edition of the Tulip Festival in store this spring, marking its 65th anniversary with a Canadian Tulip flag that will be seen throughout the city. Featured activities are coming to Commissioners' Park, Dow's Lake (over 250,000 show-stopping mass-planted tulip beds), Lansdowne Park, and ByWard Tulip Park(ing)— watch for massive art installations on the City Parkade, artist-led creative workshops, and animation throughout the streets and courtyards, plus a host of merchant promotions.



Version française disponible en ligne au mathieufleury.ca/acceuil/

Spring in Sandy Hill

Spring is always a busy time of the year. The snow will soon be melting, and that means that it is time to register for the GLAD Cleaning the Capital campaign. This campaign is a citywide cleanup that occurs in the spring and fall every year. Residents come together as a community to make our city clean and green. The Spring Cleaning the Capital campaign takes place from April 15 - May 15, and registration is already open. Capital Cleanup Weekend is April 28 - April 30 this year. We take pride in living in a beautiful community, and clean-up events like this one make the community even more beautiful. Thank you to all the volunteers who help clean up Sandy Hill each year. For more information you can visit www.ottawa.ca or email cleaning@ottawa.ca.

This year, spring also brings the Town & Gown Association of Ontario's annual symposium to Ottawa from May 8 - 10. The Town and Gown initiative (which I chair in Ottawa) brings together students, post-secondary institutions, the surrounding community, and the City in order to connect, collaborate, discuss and innovate. For more information or to register for the symposium please visit: www.tgao.ca.

We just saw a very good City/community team effort for the proactive monitoring and enforcement of St. Patrick's Day in our community. Spring signals the end of the University term and student move-out time. The last day of University of Ottawa exams is April 28, and garbage pick-up is scheduled for April 25. Due to the 3-day discrepancy, we have taken steps to inform the students of this timing issue. The Eastern Ontario Landlord Organization will be sending out notices to all tenants in Sandy Hill.

If you have any questions or concerns please contact our office. We look forward to hearing from you.

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We are looking for new Board members!

The Centre serves the Sandy Hill and Old Ottawa East communities, and invites people who live or work in our catchment area to become involved as volunteers on our Board of Directors and/or Board Committees. If you:

- · are aware of SHCHC's role in the community and support our mission,
- are 18 years of age or older,
- · have awareness of current health and social issues,
- · are resident of Old Ottawa East or Sandy Hill,
- can commit to monthly meetings, advocacy and networking activities for a two-

call Cristina Coiciu at 613-789-1500 x 2505 to find out whether this volunteer opportunity is right for you. We particularly welcome those who reflect the rich diversity of people living in our service area. Right now, we have two Board openings for individuals who have links with the Francophone community, are residents of Old Ottawa East or Sandy Hill, and/or are new to Canada.

For more information about who we are and what we do, please visit our website at

Nous sommes à la recherche de nouveaux membres pour notre conseil d'administration!

Le Centre dessert les collectivités de la Côte-de-Sable et de l'ancien quartier d'Ottawa Est. Il invite les gens qui vivent ou travaillent dans la zone que nous desservons à s'investir comme bénévoles en devenant membres du conseil d'administration ou d'un de ses comités. Si vous :

- connaissez le rôle que joue le CSCCS dans la collectivité et appuyez sa mission,
- êtes âgé(e) de 18 ans ou plus,
- êtes au courant des problèmes actuels sociaux et de santé,
- résidez dans l'ancien quartier d'Ottawa Est ou dans le quartier Côte de Sable,
- pouvez vous engager à participer à des réunions mensuelles, à défendre les intérêts des résidants et à avoir des activités de réseautage pour un mandat de deux ans

appelez Cristina Coiciu at 613-789-1500, poste 2505, pour voir si cette possibilité de bénévolat vous convient. Nous invitons tous, particulièrement ceux et celles qui reflètent la riche diversité de la population de notre zone de desserte. Il y a actuellement deux postes vacants au conseil d'administration ouverts à des personnes avec des liens avec la collectivité francophone, qui résident dans l'ancien quartier d'Ottawa Est ou dans le quartier Côte-de-Sable et/ou sont de nouveaux arrivants au

Pour plus de renseignements sur notre organisme et nos champs d'action, veuillez consulter notre site web à www.shchc.ca.

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Réunion extraordinaire des membres et résidents

Le jeudi 27 avril De 19h00 à 21h00

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es rafraîchissements seront servis

Pour de plus amples renseignements consultez: www.ash-acs.ca/r4review/

Êtes-vous préoccupés par le développement dans la Côte-de-Sable?

La Ville est en train de revoir tout le zonage R4 à Ottawa, qui recouvre la plus grande partie du quartier Côte-de-Sable. Les résultats de cette étude sont susceptibles d'avoir un sérieux impact sur le développement futur de notre quartier, c'est pourquoi nous avons besoin de vous à cette réunion. C'est votre occasion de nous faire

part de vos





Sir Robert Borden

François Bregha

In support of the initiative to designate Laurier Avenue East as "Prime Ministers' Row" to commemorate the prime ministers, Fathers of Confederation and other prominent Canadians who have made Sandy Hill their home, IMAGE will publish a series of short capsules on several of our former distinguished neighbours. This seventh in the series features Sir Robert Borden.

orden was prime minister between 1911 and 1920 and successfully garnered international recognition of Canada as an autonomous dominion. He formed a Union Government to lead Canada during the final difficult years of the First World War and he visited the war fronts several times. Ill health forced him to leave politics in 1920.

For 30 years (1907-1937), Borden lived at 201 Wurtemburg St. just north of Rideau St. in a house called "Glensmere." (His wife Laura lived there for another three years.) Borden had already bought a house lot on Marlborough Avenue on which to build but was persuaded by his wife instead to buy Glensmere which backed onto the Rideau River. Although a beautiful house (its architect F.J. Alexander had also designed the interior of the Library of Parliament), Borden remembered later that this location had a number of disadvantages. At the time, the street was in terrible condition and the land at the back of the property was being eroded by the river. In addition,

Macdonald Gardens across the street did not exist yet and had previously been the Sandy Hill cemeteries. The land remained unkempt, attracting shady characters at night until it was turned into a park in 1912.

A reserved man, Borden was not a natural politician and he came to politics only at age 42. He assumed the leadership of the Conservative Party reluctantly in 1901 and although he made his acceptance conditional on being in the post no longer than one year, he stayed on to become prime minister in 1911 and lead the country until his resignation in 1920. Borden disliked pomp and ceremony and never felt fully comfortable with the knighthood he had received in 1913. Before his death, he told his nephew "none of this 'Sir' stuff at the cemetery, just plain Robert Laird Borden."

Borden was a voracious reader and lover of poetry. Gifted

with an unusual memory, he could recite whole poems verbatim. He wrote in 1932—five years before he died at age 83—that "books, some business avocation, my wild garden, the birds and the flowers, a little golf, and a great deal of life in the open—these together make up the fullness of my days." The books were often by Dickens, Scott and Shakespeare. The business "avocation" was his presidency of the Barclay's Bank of Canada and the Crown Life Insurance Co.

Borden took great pride in his garden and over the years he and his wife established a number of rockeries, planted trees and paved paths on the slope leading to the river. There, he liked to observe birds; he counted 25 different species, most nesting in his garden. During the summer, he sometimes slept out of doors, the better to experience nature.

In 1934, Borden was asked to speak at the opening of the new public library on Rideau Street. He recalled with some mirth in his diary that the then-mayor of Ottawa extolled the value of literature by praising Homer for having acquainted the world with Alexander the Great.

Borden was a parishioner of All Saints Anglican Church (Chapel and Laurier) and a memorial window in the church is dedicated to him. A thousand Great War veterans lined the procession route between Glensmere and All Saints for his state funeral in 1937. He is buried in Beechwood Cemetery.

In 1942, Glensmere became the embassy of the Republic of China. It was demolished in the late 1960s to be replaced by the Watergate apartment building.



All Saints church draped and ready for the funeral of Sir Robert Borden, 1937.

Opening doors with podcasts

Ron Hodgson

ccording to Wikipedia a podcast is an episodic series of digital media files which a user can set up so that new episodes are automatically downloaded via web syndication to the user's own local computer or portable media player.

You may think that this sounds like more "techie talk" but I encourage you to persevere if you are interested in opening doors to some very interesting subjects and people.

Podcasts, not to be confused with Blogs, have come into their own over the past few years and offer variety, in-depth coverage and opinions on all kinds of subjects. No matter what your interests might be, there will be a podcast that addresses your area. The podcast universe is extremely large and there are people out there who have the same interests as you with the ability to broadcast their views in a compelling way.

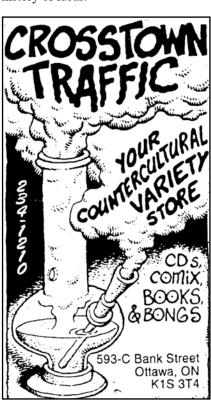
Podcasts haven't been around for very long—perhaps 14 or 15 years. When they started they were primarily audio and were attempting to do what was historically accomplished via radio broadcasting, the source of radio talk shows and news programs since the 1930s. Some early adopter radio broadcasters switched because they preferred a more free-form format and because they were able to avoid the restrictions of radio program rules and time slots.

The concept appealed to others and podcasts soon spread to encompass not only news but many other subjects—science, history, literature, current affairs, politics, finance—pick any theme. Before long, video podcasts were also being produced on a regular basis—"Ted Talks" is a good example.

Podcasts generally don't include ads although many, especially those created by individual podcasters, encourage sponsorship or membership to help defray their costs. They tend to be regular and episodic.

Picking your favourites is not always easy as there are hundreds of podcasts available to which you may subscribe. Here are a few examples:

• "In Our Time" - BBC Radio 4 - Melvyn Bragg and various guests discuss the history of ideas.





- "Serial" This American Life Unfolds one current story — a true story — over the course of a whole season. Many unknown twists and turns.
- "Vinyl Cafe Stories" CBC Radio featuring stories about Dave, Morley, their two children and assorted friends and neighbours narrated by Stuart McLean.
- •"Dan Carlin's Hardcore History" Dan Carlin One of the most intriguing history shows on the web. Dan covers in great depth wide-ranging subjects such as WW1, the rise and fall of the Persian Empire, and the evolution of nuclear weapons. Episodes are infrequent but worth waiting for.

There are also podcasts which serialise books, mainly classic books that are no longer bound by copyrights. One site that I like is "The Classic Tales Podcast."

Personally I love the variety and diversity of podcasts and take the opportunity to listen to them frequently. I prefer audio podcasts that I can listen to while doing other activities. When I drive or work out at the gym, for example, I invariably listen to a previously downloaded podcast. I subscribe to half a dozen which I've chosen over time based on experience and the recommendations of other podcast listeners.

I have not found a large number of French language podcasts, perhaps because of the predominance of English as an internet language. However, they are there if you do a search. I found "Les Nouveaux Chemins de la Connaissance," a podcast that treats in a complete and philosophical way complex issues, bringing a new look to old subjects. Another is "Affaires Sensibles" focussing on events that marked the last fifty years.

"Podcasts," an app that is built into the Apple IOS products, is a good app to help you. It lists the current 150 most popular podcasts, both audio and video, so that you can browse through the list and choose a few you might like. You can also do searches using key words and read reviews if you wish. Also many podcasters have their own websites.

Android offers several podcast options such as using Google Play Music or for a small fee, the Doggcatcher Podcast Player. The Google Play Music Podcast Portal is not available for iPhone or iPad.

Perhaps this really is the future of the old radio program era.







IMAGE

Les Archives de l'Université d'Ottawa, témoins du passé, partenaires de l'avenir



par **Michel Prévost**

epuis 50 ans, les Archives de l'Université d'Ottawa traitent et diffusent un patrimoine archivistique d'une valeur inestimable pour l'histoire de l'éducation supérieure en

Ontario français. En effet, notre centre d'archives conserve précieusement des documents qui témoignent de la présence francophone depuis la fondation du Collège de Bytown en 1848 par Mgr J.-B. Guigues, premier évêque catholique du diocèse d'Ottawa. Aujourd'hui, quelque 14 000 francophones, dont une majorité de Franco-Ontariens, fréquentent notre maison d'enseignement.

Les débuts

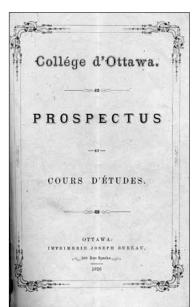
Les Oblats qui dirigent l'Université d'Ottawa de sa création jusqu'en 1965 ont toujours eu le souci de préserver les documents qui té-

moignent du développement de leur maison d'enseignement. Malheureusement, le feu détruit en 1903 une grande partie de ce riche patrimoine archivistique pour le XIXe siècle. Seuls des procès-verbaux et des livres de compte déposés dans un coffre-fort échappent aux flammes. En 1965, lors de la restructuration, les documents déposés aux Archives sont transférés à la nouvelle Université Saint-Paul dirigée par les Oblats. Ces archives ne reviendront qu'en 2014 sous la direction des AUO.

1967 que le Comité C'est en d'administration crée un service d'archives. Au début, un seul archi-

viste, Paul Dumas, occupe de modestes locaux au pavillon Tabaret, alors qu'aujourd'hui, une équipe dynamique de six personnes y travaillent. Le centre relève du vicerecteur à la Gouvernance, John Currie.

En 1990, le centre d'archives emménage dans des locaux conçus pour entreposer les documents historiques et administratifs de l'établissement. Depuis, les archives institutionnelles sont conservées au 100, rue Marie-Curie, salle 012, dans deux dépôts à température et humidité contrôlées alors que les chercheurs disposent d'une salle de lecture bien aménagée. Les AUO offrent également aux unités plusieurs services en gestion documentaire.



Le plus ancien document imprimé en français déposé aux AUO, un Prospectus des cours d'études publié en 1876.



Le père René Lamoureux fonde en 1927 l'École normale de l'Université d'Ottawa. Le pavillon de la Faculté d'éducation porte son nom.

Un riche patrimoine

Plus de 300 fonds et collections, quelque 5 000 mètres linéaires de documents textuels, plus d'un million de documents iconographiques, des microfilms, des documents électroniques, des artefacts, des documents architecturaux, des enregistrements sonores et des pièces textiles forment notre patrimoine archivistique.

Pour faire connaître ce patrimoine, notre équipe organise des visites guidées, met à jour le site web, rédige des instruments de recherche, écrit des articles pour les médias, effectue des présentations auprès de la communauté universitaire et accorde des entrevues aux médias. De plus, nous tissons des liens avec les associations en archivistique et les sociétés d'histoire. Nous participons également à divers événements, notamment le Mois du patrimoine, les Portes ouvertes Ottawa et les Retrouvailles annuelles de nos diplômés. Enfin, nous collaborons aux principaux anniversaires au sein de notre institution.

Des archives franco-ontariennes

Comme l'Université d'Ottawa reçoit depuis plus de 165 ans des francophones et que depuis 1965, la promotion de la culture française en Ontario fait partie de notre mission, une grande partie de nos archives touchent la communauté de langue française. Cela dit, certains de nos fonds sont plus intimement liés aux Franco-Ontariens. Par exemple, on trouve aux AUO, la première revue littéraire étudiante de la langue française qui date de 1900. Il en va de même pour le journal étudiant, La Rotonde, qui est publié depuis 1932.

Les débats et le théâtre francophone occupent une place de choix à l'Université d'Ottawa. Notre plus ancienne association étudiante de langue française date de 1887 avec la création de la Société des débats français. Bien que le théâtre soit présent depuis les débuts, il n'est structuré que depuis 1958 avec la création de la Société dramatique, devenue en 1966, la Comédie des Deux Rives. Dans la même veine, notons les archives de LA LIGUE, qui s'avère l'une des meilleures ligues d'improvisation étudiante universitaire de langue française au pays.

Par ailleurs, à titre de la plus ancienne et importante université bilingue en Amérique du Nord plusieurs de nos documents traitent du bilinguisme et de la francophonie à l'Université d'Ottawa. Le Fonds du Centre de recherche en civilisation canadienne-française témoigne aussi de la vitalité de cet important centre d'archives.

Depuis 1848, un très grand nombre d'administrateurs, de professeurs et de chercheurs attachés à l'Université d'Ottawa contribuent au développement de l'Ontario français. Grâce à tous nos dossiers onomastiques, il s'avère possible d'étudier leurs contributions exceptionnelles.

Terminons par une collection qui illustre bien nos liens avec l'Ontario français, celle de l'École normale de l'Université d'Ottawa. Ce fonds d'archives démontre l'importance de cette école qui a formé de 1927 à 1970 plus de 8 000 enseignants et enseignantes pour les écoles primaires de langue française en Ontario. Par la suite, c'est la Faculté d'éducation qui prend la relève pour former les enseignants franco-ontariens du primaire et du secondaire.

Somme toute, les AUO remplissent bien depuis un demi-siècle leur mandat et mettent en valeur les documents qui témoignent de l'histoire de l'université, particulièrement des francophones.

Renseignements: tél.: 613.562.5750, courriel archives@uottawa.ca, site Internet: http://www.archives.uottawa.ca.

L'archiviste en chef de l'Université d'Ottawa, Michel Prévost, présente fièrement le exemplaire premier du journal étudiant



La Rotonde fondé en 1932.

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Welcoming the entire Sandy Hill Community Les résidents de la Côte-de-sable sont bienvenus

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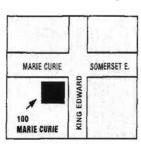
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Gastropub

The historic Albion Hotel opposite Arts Court embraces a modern trend

Kita Szpak

rected in 1871, the Albion Hotel, a three-and-a-half storey red brick structure, has become a wing of the Novatel Hotel across the street from ArtsCourt on Daly Ave. between Nicholas and Waller. The building of the courthouse meant more business for the Albion Hotel —the structure's location made it a favourite meeting place of lawyers and university students. Sometimes juries unable to finish deliberating before midnight were housed at the Albion overnight.

Originally the site of an 1844 hostelry founded by Allan Cameron, and one of the oldest surviving hotels in Ottawa, the Albion Hotel is admired for its massing and design, typical of hotels of the era and increasingly rare. The red brick and segmental-arch windows of this structure represent Ottawa's lingering classicism. The gabled roof, white brick trim around the windows, and tall chimneys are typical of the early 1870s. The 1871 Albion Hotel was restored to its original appearance as part of a hotel-office complex in the late 1980s. It has been recognized for its heritage value by the City of Ottawa.

And the improvements keep coming. Check out the latest: the Albion's new Gastropub, with a menu by Chef Jesse Bell, which opened in March.

Laster and Holy Week Services

Palm Sunday, 10:00 a.m. & 5:00 p.m., April 9 Maundy Thursday, 7:30 p.m., April 13 Good Friday, 11:00 a.m., April 14 Easter Saturday Vigil, 8:00 p.m., April 15 Easter Sunday, 10:00 a.m. & 5:00 p.m., April 16

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11



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Winter feats in Sandy Hill, ca 2017



A revised vision for redevelopment at the corner of Blackburn and Chapel. On April 4, Leanne Moussa outlined conceptual drawings showing the set-backs (distance from property lines) and massing for an addition to be developed at the northeast corner of the All Saints property. The drawings reflect feedback from neighbours, Action Sandy Hill and Heritage Ottawa. The next step? An application to the City for zoning, revised to allow ground-floor commercial use and greater height limits. Construction is still several years away. Watch for more details in upcoming issues of IMAGE.

l—Bucket-List climb: 63-year-old Sandy Hill woman achieves her goal of climbing to the top of the wall and rappelling down.
Photo Diane Beckett



Navigating Friel St., as construction proceeds on the Viner student residence.



Choosing a mate, on a frosty shore.

Photo Kathleen Kelly

Recyclables—where do they go and how do they get there?

Larry Newman

Recycling is a big business. Although the City collects the material in blue, black, and green bins, others do the separation and processing into marketable products. Processing equipment, especially for plastics and metals, is now quite mechanized or automated with humans basically doing quality control and management.

For Ottawa, Cascades Recovery at 2811 Sheffield Rd. is where the processing takes place. The City collects and transports the material to Cascades and Cascades separates the various kinds of material and bundles/bales it for shipping. Once a month, the City accepts bids for each of the fourteen different post-consumer products that Cascades extracts from our recycled material. The highest bidder arranges transport and takes it away for use in making other products.

This is the first of two articles that will trace the route taken by our recyclables from curbside to new product. This article will concentrate on Black Box material.

The City of Ottawa lists 13 different kinds of materials that can be put in a black box for recycling. All of those materials are called either paper or paperboard by the Paper Products Industry. These recycled paper products are separated by Cascades Recovery into three different materials that might be called feedstocks as they are used, usually in combination with virgin fibre, to make other paperbased products. They are **newspapers**, **corrugated cardboard**, and **boxboard**.

Everyone knows what newspapers and corrugated cardboard are. Boxboard is the packaging material commonly used in cereal and shoe boxes and other similar packaging. Although Cascades doesn't produce **mixed paper**, which is a mix of boxboard and corrugated cardboard and some newspaper, other plants in Ontario separate poorer or dirtier examples of cardboard, corrugated, and newspaper into this category.

After collection and delivery to Cascades's sorting plant, the process begins



Paper and Cardboard ONLY

Papier et carton SEULEMENT

by dumping all of the material onto a conveyor belt. As this material goes through the machinery, different-sized disc screens separate rigid cardboard from pliable paper, with workers performing the sort of smaller boxboard from paper, and removing whatever waste is found. This separation process ends when the final three products find their way to separate baling areas. These bales are then sold to the highest bidder. For all of the products from both Black and Blue Boxes, Ottawa has as many as 27 bidders each month.

The highest bidder takes delivery of the separated product and begins the process of breaking it down into constituent parts by a paper or pulp mill. The first step for

Ottawa

a grey colour is used for cardboard containers not requiring high brightness. The higher-grade material can be treated with clay or other materials to form a surface that will take printing to make a high-value packaging product. The photo above shows an egg carton with a low-grade molded product to cradle the eggs glued to a boxboard cover to make it pretty.

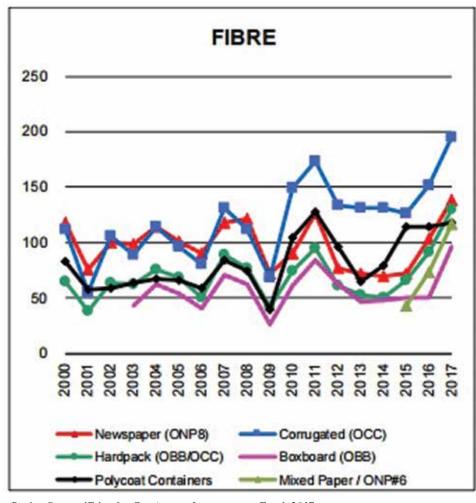
The **corrugated cardboard** is processed to make two types of cardboard called medium (the inner layer) and linerboard (the smooth outer layer of corrugated cardboard and paper bags). Finally, the best grade of **newspaper** goes to a paper mill to be bleached and join the stream of virgin fibre (from spruce and balsam fir)

to be pulped together. The pulp is poured onto a screen, drained, flattened, and dried to return anew to your morning newspaper.

I began by saying that this is a big business. Ottawa collects 52,000 metric tons of paper and paperboard material per year. Buyers vie to feed their mills with this material after separation. The

accompanying chart published by Reclay StewardEdge for the Province of Ontario shows how much the price has increased in the last six years.

Ottawa's revenue from all recycled products (not just paper and paperboard) was \$9.5 million last year. This offsets over half of the costs of recovery (\$18 million). The Province kicks in about \$5 million and the City picks up the rest. In spite of this high-value product, we still only recycle about 2/3 of the paper and paperboard that we use. Although that is twice as good as recovery was in 1990, we still have a way to go.



Reclay StewardEdge for Continuous Improvement Fund, 2017

all grades is to break it down into a kind of watery slush. This can be washed and treated to remove staples and other contaminants. For the poorer grades, most of the treatment ends here and products such as home insulation and hydroseed result. One step up in grade is basically pulped mixed paper that is molded into shapes like coffee cup trays, egg cartons, and forms to protect products from damage during shipping.

For **boxboard** material, further processing removes glue, de-inks, removes small particles, then adds bleach to obtain a consistent light colour. The product with

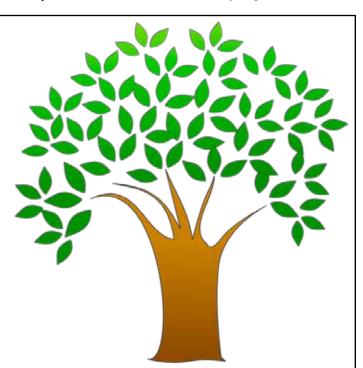
Can Sandy Hill plant 150 trees for Canada's 150th? Let's see!

Get a free tree for your front yard—Google the City's **Trees in Trust** program to apply, or plant one you purchase anywhere else on your property.

Then tell us what species you chose by sending an email to: sandyhilltreegroup@gmail.com.

We'll count them up, and answer any tree-related questions you may have (before or after planting).

Watch this space for updates. Reminder: spring and fall are the two planting seasons for trees.



EnviroCentre—for richer and poorer tenants and homeowners

Diane Beckett

If you are low- to mid-income, the EnviroCentre may be able to insulate your house free of charge, whether you are a tenant or a homeowner of a row, semi-detached or single family home.

If you pay your natural gas heating bill, your house was built before 1980, and you meet the income cut-off—which, depending on the number of occupants in the household, ranges from \$32,843 to \$86,914—you may qualify to have your attic, walls and/or basement insulated free as part of an Ontario government-mandated energy poverty reduction program.

Even if you already have some insulation in your home, you may be eligible for an upgrade. For example, if you have less than R12 (i.e., 4 inches of fibreglass in the attic) or part of the basement was insulated when it was finished, but the unfinished part was not insulated, you can have additional insulation added to the attic and the unfinished part of the basement insulated.

The process of installing the insulation is easy, even for the walls; the contractor just blows cellulose insulation into the walls, through tiny holes drilled from the outside or inside. And, if your house was built before 1940, your walls are probably not insulated at all, and will have the same insulation value as a window. Imagine sitting beside a large window and how the cold air just seems to fall off the window into the room. That same chilling effect may be happening due to your uninsulated walls, especially if you feel cold, even when the thermostat is set at 20 or 21 degrees.

Energy efficiency upgrades: For those who don't qualify for the energy poverty reduction program, the savings from energy efficiency upgrades to your home will pay for themselves, and the Enviro-Centre can give you the advice you need to make the most cost-effective choices.

The EnviroCentre provides a range of fee-for-service energy advisory services, including an electricity audit so you can reduce your use of power and a blower door test to check your home for leaks and drafts where energy escapes. In addition, they install insulation, for a fee, or you can engage their services for advice, if you want to hire your own contractor.

I chose the EnviroCentre's Energuide Energy Assessment. A Certified Energy Advisor visited my home, collected data to create an energy model of my home, conducted a blower door test, and discussed my options. After the assessment, I also received a customized report giving me a payback table with recommend-

Ontario's energy is not very green—yet

urrently the majority of Ontario's energy is not environmentally friendly. Nuclear power provides 61% of Ontario's energy, leaving radioactive waste which remains dangerous for 250,000 years, posing huge costs and risks for future generations. 9% is from natural gas and oil which create greenhouse gases that are causing dangerous changes to our climate as well as air pollution when burnt. In addition, gas wells and pipelines leak greenhouse gases, and oil causes water and land contamination when spilled. Hydro is the source of 24%, mostly generated by large-scale projects which have flooded huge swaths of land impacting ecosystems, fish, wildlife, agriculture and human settlements, and causing the emission of greenhouse gases from the flooded vegetation, whether it was cleared or left to decompose. Only the tiny remainder, from wind, solar and biofuel, as well as flow through/run of the river hydro, is renewable.

ed upgrades and a federal government energy rating for my house. I have been using the advice in that report to help me decide how best to upgrade my house to make it more energy efficient.

For more information about the Enviro-Centre's home energy programs and services, call them at 613-656-0100 ext. #1, go to their website: www.envirocentre. ca, or drop by for a visit. The EnviroCentre, a not-for-profit organization, is located at 366 Rideau, across from the Rideau Branch of the Ottawa Public Library and provides much of the lower Ottawa Valley with a broad range of services and programs that help individuals, families, organizations and businesses to conserve energy, improve environmental health and act more sustainably. Other programs include urban cycling, carbon613, community sustainability, workshops and lunch and learn, the Ottawa sustainability fund, sustainable transportation, and a recycling depot for electronics.



EnviroCentre information table at the 2015 annual meeting of Action Sandy Hill. The not-for-profit organization is located here in Sandy Hill, across the road from the Rideau Branch library and Loblaws.



New insulation in the author's basement.

Using the EnviroCentre's advice I cut my heating and hot water costs in half.

I had an EnviroCentre's Energuide Energy Assessment done on my home, and have being using the advice in that report to help me decide how best to upgrade my house to make it more energy efficient.

I have added insulation to my attic, and insulated my basement and my header (where the foundation and house meet), weatherized my house by sealing drafts and cracks, put in a high energy efficiency natural gas furnace (97.5% efficient) and a tankless/on demand hot water heater (98% efficient), as well as a HVAC system which heats the cold incoming air with the warm outgoing air.

My heating and hot water costs dropped by about half after I put in the furnace, hot water heater, HVAC and attic and header insulation. My costs are expected to drop another \$150 to \$200 a year with the basement insulation. (Homes with less efficient furnaces would experience higher savings after the addition of basement insulation.)

Not all my decisions were based on financial payback; some were based on doing what was better for the environment than the straight financial calculation would warrant. However as heating costs rise, I predict these decisions will also bring financial savings.

The energy rating of my house is now 70 out of a possible score of 100. The average energy efficiency rating for a house of a similar age in Ontario is 42, while the most energy efficient houses in this category are 83.

A house with major air leakage, no insulation and high fuel consumption would receive a rating of 0. That is, a house with poor energy efficiency and high utility costs. A rating of 100 would go to an airtight and well-insulated house where the energy purchased is equal to the energy generated through renewable resources., It is also called a "net-zero" home.

Make your home's energy use more environmentally friendly

In addition to making my home more energy efficient, I have further reduced my environmental footprint and greenhouse gas emissions while supporting the growth of renewable energy in Canada by purchasing 100% clean, green energy—natural gas and electricity—to heat and power my home. No fossil fuels. No nuclear energy.

You can do this too, whether you own or rent your home, whether you live in an apartment, a condo, a student residence, a semi-detached, a townhouse or a single family home, and whether you or your landlord pays your utilities. Bullfrog Power, one of Canada's first social enterprises, puts electricity in the grid and natural gas in the pipeline, on your behalf, from clean, renewable sources.

The electricity is produced from wind, solar, and low-impact hydro sources. (Soon, the electricity will also be from biogas made from manure from the Toronto Zoo and food waste from grocery stores.) The green natural gas is methane captured from decaying matter in a landfill site, which would be produced in any case.

That is, when natural materials—such as vegetable peelings, egg shells and grass clippings—decompose, an energy-rich gas is produced. When used, the green natural gas releases only the carbon dioxide that is part of the natural carbon cycle and would be produced in any event by the decay of organic waste. Unlike fossil fuelbased natural gas, green natural gas does not increase the amount of carbon dioxide in the atmosphere.

Bullfrog makes sure that for every kWh of electricity you use, a kWh of renewable

energy is put in the grid on your behalf. The same happens with the natural gas. For every unit of natural gas that you use, a unit of energy made from the methane captured from the rotting organic materials in the landfill site is put in the pipeline on your behalf. An annual green energy audit, performed by Deloitte, is done to certify that your renewable energy was produced and put into the grid or pipeline.

You continue to receive your regular electricity and natural gas bills, and you also receive a small separate bill from Bullfrog for the additional cost of producing the green energy. For this small fee you know that you are consuming 100% green energy, helping the environment and also supporting the funding of new green energy projects.

I have purchased Bullfrog electricity

since Sept 2008 and Bullfrog natural gas since 2011 and have saved 30.66 tonnes and 24.92 tonnes of CO2 equivalents, by greening my electricity and natural gas use, respectively. If you average out the savings, because of using renewable energy, I have reduced my production of climate-changing greenhouse gas

most 3.5 tonnes a year. By way of comparison, if you drive 20,000 km each year, your car is emitting more than four tonnes of CO^2 per year.

Bullfrog has supported more than 115 community-based green energy projects across Canada and has displaced more than one million tonnes of carbon dioxide from the environment. I am pleased to have contributed to these efforts and encourage you to contact Bullfrog Power to explore how you can get involved. In addition to purchasing green electricity and natural gas for your home, you can purchase green energy for your business as well as for events such as weddings and trade shows. And, if your budget is small, you can choose to just purchase the green energy to power your laptop.



emissions by al- Tankless hot water on left, high efficiency furnace on right.



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La Paroisse Sacré-Cœur accueille sa famille de réfugiés syriens

Lorraine Albert

a famille syrienne Alkhouri est arrivée à l'aéroport d'Ottawa le jeudi 9 mars 2017. Il y avait déjà plus d'un an que la paroisse Sacré-Cœur d'Ottawa, située au 591, rue Cumberland, et desservie par les Missionnaires Oblats de Marie Immaculée, attendait cet heureux événement. Un comité de parrainage paroissial avait d'abord été créé pour entreprendre les démarches nécessaires et pour faire des levées de fonds, afin de concrétiser ce projet d'accueillir une famille syrienne. La paroisse Sacré-Cœur a aussi été aidée financièrement par la paroisse Notre-Dame-de-l'Assomption d'Iqaluit, au Nunavut, qui pour des raisons évidentes, ne pouvait accueillir ellemême une famille syrienne, mais tenait vraiment à apporter sa collaboration. Elle a donc fait un don considérable pour aider à la réalisation de cette belle aventure, grâce au dévouement du père Daniel Perreault, curé de la paroisse d'Iqaluit, et au bénévolat et à la générosité de sa communauté. Le père Perreault est venu remettre

le don au curé Lepage le jour même de l'arrivée de la famille à Ottawa.

C'est donc après une longue attente, et après avoir passé les deux dernières années au Liban, que la famille Alkhouri est arrivée à Ottawa. Elle est composée de Walid, le père (52 ans), son épouse May (42 ans), leurs deux filles, Miray (13 ans) et Maria (8 ans), leurs trois fils, Rimon (15 ans), Rawad (11 ans) et Kristian (2.5 ans). Cette famille est chrétienne et les enfants espèrent fréquenter des écoles de langue française. Trois des frères de Walid sont établis dans la région depuis plusieurs années. Ils ont grandement facilité la venue de la famille de Walid au Canada.

La paroisse Sacré-Cœur est responsable de la famille Alkouri pendant un an. Au moment d'aller sous presse, le Comité de parrainage est occupé, entre autres, à aider la famille à se trouver un logement et à le meubler, à aider chaque membre à obtenir ses cartes d'assurance sociale et de santé, à faciliter l'inscription des enfants dans les écoles, à aider les parents à trouver des endroits où apprendre les langues officielles du Canada, etc.

Le dimanche 12 mars, après la célébra-

tion de la messe de 10 h 30, le père Rémi Lepage, o.m.i., curé de la paroisse, a souhaité la bienvenue à la famille syrienne Alkhouri. Il a présenté chaque membre de la famille à l'assemblée. Il a mentionné l'étroite collaboration de la paroisse de Notre-Dame-de-l'Assomption d'Iqaluit avec celle du Sacré-Cœur. Marwan, frère de Walid, qui parle couramment le français, a traduit les mots de bienvenue à la famille de son frère et il a remercié vivement les paroissiens et les paroissiennes pour leur chaleureux accueil. Une réception pour la famille et les membres de la paroisse a eu lieu après la messe.

Nous avons l'intention de donner suite à cet article dans les prochaines parutions d'*IMAGE*, afin de vous tenir au courant de l'intégration de cette famille dans notre région. Si vous voulez aider ces réfugiés syriens à s'établir au Canada, ou offrir de votre temps ou de votre expertise, ou faire un don, vous pouvez communiquer avec les personnes suivantes : le père Rémi Lepage, o.m.i., au 613-236-5743, poste 225, ou Alison Brohman à l'adresse courriel alina.brohman@gmail.com ou au 613-860-1932.



Photo John Cockburn



Music teacher Kathleen Rooney moves her practice for children with developmental disabilities to Kildare House on Chapel St.

Hill area know Kathleen Rooney as the "Music Teacher" from Bettye Hyde Cooperative Nursery School. Kathleen has made her home and career as an entrepreneur in the Sandy Hill area since 1994. Educator, therapist, parent coach, educational consultant and musician are just some of the many hats Kathleen wears.

Over the past 20 years, she has provided many thousands of hours of one-on-one private educational experiences for children with developmental disabilities and their parents and has presented workshops to hundreds of parents and teachers in preschools, the OCDSB and the OCSB on the topics of sensory integration, classroom body breaks, fine motor skills, and understanding/advocating for children with developmental disabilities and autism spectrum disorder.

At Bettye Hyde, Kathleen developed a Music and Sensory Circle which provides an opportunity for young children to practice language and listening, social, gross and fine motor skills, as well as work on individual sensory processing issues in a fun, motivating and stimulating circle time.

Kathleen has run Private Therapeutic Education sessions out of various studios, first at 400 Stewart Street, then at All Saints Church. Beginning in April she will now be working from the beautiful Kildare House located at 323 Chapel Street.

As Kathleen's students have grown, she has been developing programs to suit the needs of teenagers and young adults with disabilities. Her Family Contribution/ Family Pride program teaches the life skills needed for disabled youth to become contributing members of their families and which can lead to life-long work skills in the community.

Some of the many services Kathleen provides are:

- Private Therapeutic Education Sessions, with a focus on sensory processing issues
- In-home Sensory/Motor Consultations
- In-home Family Contribution Consultations

In addition, Kathleen is running the following programs:

- Spring Music and Dancing in Strathcona Park
- Crash Course in Guitar via Children's Songs, 6 sessions
- Upcoming teacher and parent workshops:
- Classroom Body Breaks for Everyone
- Building a Structure for Fine Motor Development
 Family Contribution/Family Pride
- Helping Children Cope in a Large Group Setting

open house on April 29, 3-5 p.m., at 323 Chapel Street.

For more information about any of the above services and workshops please visit Kathleen's website: kathleenrooney.ca.

To meet Kathleen and see her new studio, you are invited to an



Kathy Knowles

Literacy champion to speak in Sandy Hill

Monday May 8, 2017

Church), corner of Laurier and Chapel.Use

Admission is free. Books for sale at \$10 and

Osu website: osuchildrenslibraryfund.ca

allsaints (formerly All Saints

7.00 p.m.

entrance at 10 Blackburn.

\$13 (cash or cheque).

Deborah Cowley

athy Knowles, founder and Director of the Osu Children's Library, will be in Sandy Hill on May 8 to explain her mission to bring books and literacy to thousands of children in Ghana.

Date:

Time:

Place:

During the last 25 years, the Osu Chil-

dren's Library Fund has built, furnished, and supplied eight large children's libraries in Accra, and helped more than 200 smaller initiatives in Ghana and neighbouring African countries. Osu not only provides the chance for chil-

dren to enjoy books, it offers free literacy classes for teens and adults.

When Kathy Knowles launched her farreaching literacy initiative, she quickly recognized there were no culturally relevant books for children in Ghana so she used her stellar photographic skills to produce Ghanese photo-illustrated books. There are now 43 locally published and photographed books which are very popular not only in Ghana and Africa but even in Canada; some of those books will be for sale after her presentation.

Last October Kathy Knowles was invited to Washington D.C., to accept the Children's Africana Book Award.

Modest beginnings

Kathy's library/literacy project has come a long way since 1989 when she and her family lived in Accra. Most afternoons, she sat under a tree in her garden and read stories to her own small children. Immediately, six of the neighbourhood children spotted the tiny reading circle and asked to join. They told friends and before long, the circle had expanded to 70 children!

To accommodate more children, Kathy turned their garage into a lending library; she installed small chairs and tables, asked visitors from Canada to bring more books, and trained her housekeeper, Joanna Felih, as a librarian. Within weeks, 300 children had registered in her library on Osu Avenue.

When the Knowles family was due to re-

turn to Canada, Kathy was determined to keep a library open. She purchased a used shipping container, raised the roof, cut out windows and doors, installed ceiling fans, painted it bright blue, and positioned it on a piece of land donated

by the Government. With Joanna Felih in charge, the first permanent library opened in 1992. At the Ghana Board's insistence, the library later became known as the Kathy Knowles Community Library and has become a popular landmark in the capital, even winning an entry in the Bradt Guide to Ghana.

Since then, with twice-yearly visits to Ghana and a dawn-to-dusk work schedule run from the top floor of her Winnipeg home, Kathy and a team of volunteers have managed to raise the necessary funds to build eight more large community libraries. Two of them include study space for senior students. Two others include a theatre for keen actors and dancers.

Kathy Knowles' presentation at allsaints (formerly All Saints Church) will illustrate and amplify the ongoing, far reaching Osu library and literacy programs which have made such a positive and sustainable difference in Ghana and other African countries.

Please come and meet Kathy Knowles and find out more about this far-reaching project.



This is the first library built in 1992 and it is still attracting hundreds of children each year.

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Our new Member of Parliament

Photo Harlequin Studios



Notre nouvelle députée d'Ottawa-Vanier, Mona Fortier, élue le 3 avril avec une majorité absolue, célèbre sa victoire avec ses partisans. Elle est la première femme a représenter la circonscription, qui demeure solidement libérale. Mme Fortier a des racines profondes dans Ottawa-Vanier, y ayant habité toute sa vie, fait ses études et carrière

Tennis everyone!

Sarah Baxter and Paul Henry

This tennis season at the Rockcliffe Lawn Tennis Club will be as active and rewarding as ever. In the past, Lester B. Pearson was a member and played doubles there with his friend Roland Michener. Another long time member and Sandy Hill resident was arts benefactor Michael Measures. An annual tournament features club stalwarts against foreign diplomats, many of whom live or

Prominent Ottawa architect, Barry Padolsky, lives in Sandy Hill and plays at the Rockcliffe club; as does Marinus Wins, several times city champion and Carleton University athletics Hall of Fame induct-

This season a new head pro, Miguel Macias Carrasco, brings playing and teaching experience from Mexico, France, Ottawa (General Burns club) and Gatineau (Sportheque). Besides lessons and clinics, players of all levels can enjoy friendly games, round robins or tournaments. Members and guests like the club's relaxed setting and excellent activities. Parents know how well the junior programs teach their children tennis fundamentals, love of the game and the value of exercise and friendships.

The junior after-school program begins on May 15th and runs for 6 weeks. Weekly summer tennis camps from June 26th are also very popular. For more information, email juniorpro@rltennis.ca, or to register go to the club's website at www.rltennis.ca. Junior members or nonmembers are welcome.

Besides tennis on the courts, adult members and guests enjoy many fun activities or special events, notably weekly BBQs and "breakfast at Wimbledon".

Everyone is invited to the annual Open House on Saturday May 13 (rain day May 14) to see the club and meet Miguel Macias Carrasco. For more information, visit the club's website or Facebook page. Location: 465 Lansdowne Rd North.



Nouveau paysage de rue au coin de Henderson et Osgoode

Vous avez remarqué la nouvelle allure de la clôture qui fait deux côtés de la cour ouest de l'École Francojeunesse? Si on passe au coin de Henderson et Osgoode, on ne peut pas la manquer! Alors IMAGE est allé chercher une explication du changement auprès du Conseil des écoles publiques de l'Est de l'Ontario. Voici ce qu'on nous a répondu :

Puisqu'il s'agit d'un bâtiment spectaculaire et près de l'Université d'Ottawa, il arrive que des touristes prennent l'école en photo, et donc, conséquemment, des élèves. La situation nous a été rapportée par

des parents qui en ont été témoins. De concert avec la communauté scolaire, nous avons voulu remédier à cette situation en installant des bandelettes dans les clôtures à certains endroits stratégiques. L'école a prévu un projet de décoration des clôtures (le projet sera lancé en juin) par les élèves. Ils lui donneront de la couleur et du relief en y collant des articles récupérables, tels que des tissus, par exemple.

Nous attendons avec intérêt de voir s'accomplir ce projet d'art de la récupération!



"Mr. Wrinkle", photo by Kathleen Kelly

News from Viscount Alexander School



Michael Barnes and Deb Wood

Students go to Forest School

The Forest and Nature Series Inering with the Ottawa Carleton Dis-The Forest and Nature School is parttrict School Board. This year Viscount is sending one Kindergarten class and a grade 3/4 class to spend six consecutive Wednesdays at the school.

Located at the Wesley Clover Campground in the west part of Ottawa, the school, offers a cabin set in a forest clearing alongside an outdoor eating area, outdoor amphitheatre and natural playscape—with access to explore over 600 acres of crown land, including NCC trails.

The staff at the Ottawa Forest and Nature School are excited about this opportunity to share the forest school philosophy with more students, educators and families; to nurture outdoor learning, risky play, emergent and inquiry-based curriculum.

In the next IMAGE article we hope to provide some student feedback on this great initiative.

12,000 snacks and counting thanks to SHCHC!

For many years, the Sandy Hill Community Health Centre has provided funding for the Fruity Friday and Veggie Monday snack programs at Viscount. Volunteers cut the fruit and vegetables, arrange them on big platters and then students carry them back to class to be consumed.

It's a routine scene but something that we are very thankful to receive - good snacks and the opportunity for all students to participate at no cost.

With over 180 students, that means roughly 360 snacks per week or 1,500 snacks per month are consumed. To put it another way, that amounts to over 12,000 snacks per school year.

The program requires many hours of volunteer help in both purchasing and preparing the snacks for our students. Thanks to the SHCHC and all our volun-

A great volleyball season

Congratulations to the Junior Girls Volleyball team for their performance at the Regional Tournament held at Rideau High School. The girls won all six games in round robin play and went on to the playoff round. In the semi-finals they met Queen Elizabeth PS and played hard, demonstrating excellent teamwork! In the end they lost 21-19, and 23-21 ending their tournament play. We are very proud of the team; Maryam, Adaora, Maida, Thet Htar, Isla, Logan, Anhara, Delina, Renna, Emilie. A big thank you goes out to Mrs. Mills who coached the team this

The Junior Boys Volleyball team also competed at the tournament. The team got off to a speedy start winning their round robin play, and sitting first in their pool. Their next match was a semi final showdown with Queen Elizabeth. This match went to a third game for a tiebreaker. In the third game the boys showed great composure and teamwork coming back to eventually win their way to the finals

of the tournament with Robert E. Wilson. The championship game was back and forth with many great rallies and a lot of hard work on both sides. In the end Robert E. Wilson was able to edge our Viscount boys to win the tournament. Our school community is very proud of our team and the incredible perseverance and teamwork they showed. Congratulations to the members of the team: Ali, Samuel, Kasaya, Byron, Nyeff, Shaqib, Ayham, and Harris. Thank you to Mr. Moodie for coaching the boys this season.

Skate-a-Thon fundraiser success

The Skate-a-Thon showcase was set up at the school entrance and fundraising was underway - Viscount's biggest fundraiser of the year. The money raised would support hosting scientists in the schools program and acquire equipment that helps our students in their learning. Our Kindergarten students completed their Runa-Thon during gym classes before March Break. Our Grade 1-6 students used their final skating sessions to skate as many laps as possible in 15 minutes. Our students have worked hard to improve their skating skills, and had fun challenging their personal best at their final session. Thank you to our School Council members for setting up the showcase with the prizes, and for organizing the draw prizes.

The Skate-a-Thon raised over \$6,000 which is a tribute to both our students, their families and the community supporting this community school. Thanks to everyone who made this considerable achievement possible.

Toonie Tuesday helps many

Viscount students participated in Toonie Tuesday on February 28. Across the OCDSB, 101 schools raised over \$40,000 in 2016. This year the goal is to raise \$50,000.

The Toonie Tuesday organizers wrote, "You can't focus on schoolwork when the growl of your stomach is louder than the teacher's voice. Without colouring pencils and paper, your homework goes unfinished. Without the basics, an education can seem impossible. For a child who lives in poverty in our city, \$2 is the difference between nothing and something.

Students at participating schools were asked to bring \$2 to help other kids just like them. All the funds raised from this day go directly to the Students in Crisis Emergency Fund. It is sponsored by the Education Foundation of Ottawa (http:// www.educationfoundationottawa.ca/inyour-school/toonie-tuesday/)

Viscount: a great place to learn

If you are looking for a great place for a child to learn and experience a truly diverse education then consider Viscount Alexander. You can call the school and arrange a visit. Classes are offered from Junior Kindergarten to grade six. The dual stream school has both Regular English and Early French Immersion programs. To learn more about Viscount, please phone the school office at 613-239-2213 to arrange a visit.



La Brochette, 606 Rideau St.

There's a new African takeout place in the little mall just east of Charlotte on Rideau Street. As its name implies, La Brochette serves skewers of grilled meat, including chicken, beef, lamb and shrimp. Braised goat and tilapia are also on the menu. Side dishes include beautifully prepared rice, as well as plantains and rather pallid fried yams. The restaurant is open daily except Sundays from 11:00 a.m. until 9:00 p.m. and offers delivery in the evenings. You can also stop to pick up bottles of La Brochette's sorrel and ginger juices (the latter packs a real punch), and jars of their house tomato sauce, regular or spicy. Check out their menu at labrochetteottawa.ca

Juice It Up, 332B Wilbrod St.

Just in time for spring, there's a new juice bar in the neighbourhood. Drop in for a glass of freshly squeezed juice, a coffee or a smoothie made with banana, milk, turmeric, honey and your choice of fruit. There are also muffins or cook-



A kouign-amann and a frothy cappuccino at the Guild Room at allsaints; a hard to pronounce but delicious afternoon pick-me-up.

The Guild Room, 10 Blackburn Ave.

The café at allsaints continues to be a comfortable place for a relaxing break or a friendly chat, even more so now that it's serving wine and local beers. And if you're feeling the need for a not-toosweet treat, you'll want to try the kouignamann, a buttery Breton pastry delivered by a local French baker that comes, if you wish, topped with a dab of lemon curd or caramel. Open daily from 7:30 a.m. to 9:00 p.m.

Happy Goat, 317 Wilbrod St.

The new purveyor of coffee at the corner of Wilbrod and Friel is settling in nicely, with art for sale on the walls and a cheerful glow rising from the customers' laptops. The food menu is expanding gradually and now includes half a dozen sandwiches and a soup of the day, along with an eclectic variety of baked goods. A recent slice of cranberry-chocolate chip banana bread was moist and buttery, just the thing with a cup of latte. Open weekdays from 7:30 to 7:00; from 8:30-7:00 on Saturday and 8:30-6:00 on Sunday.

ies if you're needing a snack. Roger, the proprietor, plans to offer sandwiches and Turkish coffee soon. Open Monday-Friday from 7:00 a.m.-7:00 p.m., Saturday 9:00-5:00 and Sunday 10:00-5:00.

Safi Fine Foods, 322 Somerset St.

There's lots going on at the Somerset store that so many Sandy Hillers rely on for emergency groceries, regular supplies of hummus and an occasional quick, hot meal to go. Recently the shop has installed an olive bar, which includes Moroccan-style preserved lemons. Walid, the proprietor, is happy to chat about using these in a vinaigrette or stuffed inside a roast chicken if Moroccan food is not on your menu. Open daily from 8-10, 9-8 on

Links Pub and Lounge, 426 Rideau St

(Formerly site of a Persian restaurant) Links has re-opened with a new liquor license.



Chicken brochettes, rice and plantains to go from La Brochette make for an attractive and tasty lunch at home.



Asparagus bacon quiche with polenta crust

Dodi Newman

ately I have been trying to come up with edible alternatives to wheat, in gluten-free baked goods. I'm making headway. Still, nothing tastes quite like wheat or handles remotely like it, and trying to replicate it often made me feel like a chemist rather than a baker. What's more, at times replication isn't necessarily the best solution. So for this quiche I decided to opt for polenta instead. It was a good—and very easy choice; family and friends were all in

This recipe is based on one found here: takeamegabite.com—thank you!

Crust:

2 1/2 cups water 1/2 teaspoon salt

1 tablespoon butter

1 cup yellow corn grits or coarse cornmeal *

1/2 cup shredded aged cheddar cheese 1 large egg black pepper

Filling:

16 fresh asparagus spears 1 tablespoon olive oil

salt and pepper 1/4 cup finely diced slab bacon

1 tablespoon butter

1/2 cup shredded aged cheddar cheese

1 cup half-and-half 2 large eggs, beaten

salt and black pepper to taste grated cheddar cheese for topping

'Bob's Red Mill Corn Grits Polenta" is my preferred cornmeal because it has the irregular texture of stone-ground cornmeal, even though it is not.

Preheat oven to 400°F.

Snap tough ends off the asparagus spears and discard. Toss spears with olive oil, salt and pepper, and roast in the oven for 15-20 minutes, turning once. Remove from the oven. When cool enough to handle, trim the spears to fit the pie plate, cut the trimmings into 1 cm lengths and reserve.

Turn oven temperature to 375°F.

Meanwhile, fry the bacon in 1 tablespoon butter until it is cooked through, reserve.

Next, make the polenta: Bring water to a boil with salt and 1 tablespoon butter. Add the corn grits in a steady stream, whisking constantly. Lower the heat to mediumlow and cook, stirring constantly, until the polenta is very thick, about 10 minutes. Remove from the heat and stir in 1/2 cup cheddar, the egg, and pepper to taste. Transfer to a buttered 8 1/2-inch deep-dish pie plate, and spread over the plate with a spatula. When cool enough to handle, use damp fingers to form a 1/2 inch thick rim around the edge. Bake until dry and pale golden, 20-30 minutes.

Layer the bacon, trimmed asparagus bits, and 1/2 cup cheddar over the baked crust and arrange the asparagus spears over all.

Bring the half-and-half to a simmer, remove from the stove, whisk in the eggs, salt and pepper. Pour the mixture over the asparagus. Sprinkle with more cheese. Bake for 40-45 minutes, or until a knife inserted in the center comes out clean. Serve hot or at room temperature. Like every quiche, this one tastes best the day it was made, but left-overs may be kept in the refrigerator for up to 3 days or in the freezer for up to 3 months, but beware—the crust will get mushy.

Grits or cornmeal? cause that makes a more interesting consistency once it is cooked. Both some in a

Those terms are used almost inter-L changeably in the food industry and can be confusing.

Grits is always a coarse meal made from dried white or yellow corn. It is a term that is most often used in the Southern USA and can refer to the grain or the dish that is made from it.

Cornmeal, on the other hand, comes in different grinds – fine, medium or coarse; it is mostly made from yellow corn. The coarse grind is the best one to use for making polenta.

Whether you buy grits or coarse cornmeal, buy the kind that has a somewhat irregular texture besistency once it is cooked. Both come in a stone-ground variety which still contains the germ and therefore has more nutrients; if you buy it, check the expiration date carefully-stone-ground meals become rancid quickly and should be stored in the freezer.

Never buy the "quick" cooking kind—it makes a pasty, boring sort of polenta.





NEIGHBOURHOOD **BULLETIN BOARD**

At Ottawa School of Art April 6 - May 14 Artist Eliza Au will be showcasing a collection of sculptures: Infinite Measure, from April 6 to May 14 at the OSA Gallery on the main floor of the Downtown Campus, ByWard Market. The reception takes place on Thursday, April 6, from 5 p.m. to 8 p.m. All are welcome!

ByTowne Canadian films (325 Rideau St.) April 9, 1:30 & April 10, 9:10 Passchendaele April 16, 2:00 & April 17, 8:40 One Week April 23, 1:00 & April 24, 9:00 Waterwalker plus Paddle to the Sea

April 30, 1:00 & May 1, 9:00 Incendies Series continues through May and June.

A new knitting group has been created. Join us for open knitting at the Caffeine 1Up café at 362 Rideau Street (across from Loblaws) Thursday evenings, 7:00-9:00 p.m. Check, Meet up: Ravelry/Groups/Ottawa Area Ravellers to see who is coming.

Fantasea Spring Market at allsaints. April 8-9. Shop from a large selection of craftworks and artworks by local artists and innovators, new and recycled works, art, jewelry, clothing, children's wear, bath products, cooking items, gardening items, innovative glassware, ethnic crafts, catered baked goods and much more. The perfect opportunity to shop for Easter and Mother's Day. 11:00 a.m.-4:00 p.m., allsaints, Bate Hall, 10 Blackburn Ave.

New music series at allsaints!

April 12, Moonfruits; April 19, K.E.W.T. Show, with TerryTufts and Kathryn Briggs; April 26, Florquestra. Tickets at the door \$25, in advance (Guild Room café or Eventbrite) \$20. Doors open at 7:30, shows 8-10 p.m. Cash bar available. 10 Blackburn Ave., Lower Chapel info@allsaintsottawa.ca 613-230-3050.

Cleaning the Capital, 2017

Register your cleanup project for the 2017 GLAD Cleaning the Capital campaign by April 14 and you'll have a chance to win an earlybird prize. Registration continues until May 15. GLAD Cleaning the Capital volunteers who submit their online cleanup reports by May 31

are also eligible to win one of the many prizes donated by our sponsors. Join the thousands of community volunteers to help keep Ottawa clean and green in 2017! For more information ottawa.ca/clean.

Kathy Knowles explains her mission to bring books to children in Ghana, May 8, 7:00 p.m., allsaints, 10 Blackburn,

www.osuchildrenslibraryfund.ca

Action Sandy Hill Annual General Meeting May 18, 7 p.m. Sandy Hill Community Centre, 250 Somerset St. E, 6 p.m. community information kiosks; meeting begins at 7.

Bake, BBQ, and Book Sale, Saturday, June 10, St. Anne Church, Old St. Patrick St., Rain or Shine

Friends of the Farm upcoming events Master Gardener Lecture series from 7 to 9 p.m., April 11- Pruning, April 25-Gardening for Beginners, May 9-Container planting, May 23-Going grassless. FCEF members \$12, nonmembers \$15, Bldg 72 CEF Arboretum, east exit off Prince of Wales roundabout.

Tree Tour May 7, May 28, at 2 p.m. Bldg 72; free and open to the public, register at trees@ friendsofthefarm.ca, 613-230-3276

Plant Sale May 14 from 9 a.m. to 1 p.m. Everything you need for your garden! K.W. Neatby Building parking lot at Carling & Maple Drive. Free admission,

Lilac Walk Tour May 20 - CEF Gardens, 2 p.m. Meet at Macoun Garden in the CEF Ornamental Gardens; park at Ag Museum lot, follow the signs.

More info: 613-230-3276 info@friendsofthefarm.ca www.friendsofthefarm.ca

Hiyaw Amalak Evangelical Church

Sun. 2:30 - 7:15 p.m. and Fri. 6:00 - 9:00 p.m. 473 Cumberland St. (Sanctuary, St. Paul's-Eastern United Church). 613-286-4421

Live and Let Live AA Meeting

Sun. 7:30 p.m. 473 Cumberland St. (Daly St. corner entrance). 613-237-6000 ottawaaa. org/meetings/

Open Table outreach/support for students Last Sunday evening of every month. Meal program is a partnership of several churches. At Centre 454 (454 King Edward Ave.) www. theopentable.ca/

Odawa Food Bank: Tuesdays and Thursdays 473 Cumberland St. (Daly St. corner). 613-722-3811 odawa.on.ca/

Syrian Canadian Community Association Wednesdays 7 - 8:30 p.m. 473 Cumberland St. (Daly St. corner entrance) facebook.com/ SCCAPage/

Our artists on the go — take a look!



Sharon Katz — Studio Sixty Six in the Glebe hosted a show of works by Sandy Hill visual artist Sharon Katz last month. The mixed media pieces on display, like "Important Family Facts", shown here, played on ideas of history and its contributions to the contemporary world, with pages from an old encyclopedia incorporated into the background of vibrant layers of paint.

Katz helps to curate the exhibits in the Gallery at allsaints, and she also has a studio in the historic former church. She is returning to works on paper after many years of focusing on her career as an independent animator, and her work on film is reflected in many of the painting techniques in the recent show. Katz says that the historically layered environment at allsaints has had an impact on her work over the last two years and helped her create a body of work that brings the old and the new together.

If you missed the show, it's still worth dropping by Studio Sixty Six at 202-66 Muriel St., since this gallery represents Katz on a regular basis and will always have some of her works on hand. — $Paula\ Kelsall$

élène Lacelle and Peter Evan-Tchuck—Exuberant and cheerful as ever, these popular local artists are back in the 'hood, presenting The Big Three at Café Nostalgica on the Ottawa U campus through April and May.

On view are three diverse examples of their recent creative works: PIGonthe-SANDYhill, Ghost Dolls and My Ottawa.

- PIGontheSANDYhill shows Nobel prize winning Don Featherstone's pink plastic pig held by various Sandy Hill residents good fun snaps involving the community with spontaneous art.
- GHOST DOLLS creates a marvelously eerie feel to blueberry stalls along Hwy 7. • MY OTTAWA exhibits Lacelle's views

of her Ottawa. Café Nostalgica is on the Ottawa University campus, at 601 Cumberland.





Left - PIGontheSANDYhill pays a call Above- Hélène Lacelle on installation



at Maycourt Bargain Box. Photos Peter Evanchuk day.



Tlaire MacDonald has just mounted an intriguing show in and around the Guild Room coffee shop at allsaints (Blackburn at Laurier). Recycled plastic boxes display photos taken around the building, cropped, recombined and telling a story.that continues outside the box. "There is the idea of repackaging the familiar—using recycled packages to do just that. All Saints Church is being transformed into allsaints," she says.

Rideau Branch Library

377 Rideau St., 613-580-2940 www.BiblioOttawaLibrary.ca

APRIL-MAY 2017

Children's programs Programmes pour enfants

Family storytime / Contes en famille Tuesdays at 10:30 am, from March 28 to

April 18 and from May 2 to May 23. Stories. rhymes and songs for children of all ages and a parent or caregiver. Drop in. Le mardi à 10 h 30, du 28 mars au 18 avril et du 2 au 23 mai. Contes, comptines et chansons pour les enfants de tous âges et un parent ou gardien. Inscription non requise.

Saturday Storytime / Contes du samedi Saturday, April 22, 10:30 a.m. Drop-in. Le samedi 22 avril, 10 h 30. Inscription non requise.

Author Visit with Kevin Sands

Monday, April 24, 1:15 pm. Find out what it was like being an apothecary in 1665 and discover secret codes and spycraft. Ages 9 and up. Registration required.

> Adult programs / Programmes pour adultes

Container Gardening

Wednesday, May 3, 6:30 p.m. How to create a productive garden using containers in limited spaces Registration recommended

University of Ottawa Community Legal Clinic Information Kiosk /Kiosque d'information de la clinique juridique communautaire de l'Université d'Ottawa Check website for details of time and date. Vérifiez le site web pour la date et l'heure.

Sandy Hill Seniors Group Tuesdays at 2:00 p.m.

Pen and Paper writers' group Tuesdays at 6:30 pm. Drop in.

Get feedback on your writing (any genre) and ideas from the group. Hear the work of other writers and offer your feedback. Discuss issues about writing and publishing. Share your triumphs, trials and tribulations with a supportive, informal group.

Morning book club

Monthly on Thursdays at 10:15 am. Drop in. April 20 - Moral Disorder by Margaret

May 18 - Empire of Cotton by Sven Beckert

Evening book club

Monthly on Mondays at 7 pm. Drop in. May 1 - Empress Dowager Cixi by Jung

June 5 - Reader's choice of Louise Penny's

Let's talk real estate

Lynda Cox



De-clutter—start now

The spring season is upon us—are you ready? If you are planning to sell this season then MINIMIZE you must. There are two ways of approaching this task.

You can "de-clutter" or you can "deown". As many of you know, the minimalist lifestyle is getting a lot of press lately. Podcasts, blogs, and books give suggestions on how to simplify life by letting go of many of our unnecessary possessions, those possessions that were must-haves at a certain point in our lives but not needed any more. I ask you, "Where are those possessions now?" Cluttering our closets, cupboards and basements and I dare say, our lives and minds. Often we feel guilty for keeping them. We are embarrassed that they have made our spaces messy and unmanageable. Getting rid of them can be so difficult. So let's get to it...

De-cluttering occurs when we go through each room, decide what is not necessary for daily use, pack it up in an organized fashion then store it somewhere, perhaps in the basement or the garage or even deciding to rent a storage locker in one of the many pristine, climate-controlled and secure facilities springing up all over Ottawa. Does that solve the problem? Yes but only temporarily. We have just moved the problem relocated it. It accomplishes little in the way of dealing with the accumulation issue. What about the guilt? Why do we keep these possessions? Do these sound like our typical responses? "You just never know when we might need them; our children might want them someday; they are just too good to throw out." We are a culture drowning in our possessions, suggests blogger J. Becker. Simply organizing our stuff in bigger and better storage containers is not the solution. It is an action that must be repeated over and over again as we continue to gain more possessions. It is just rearranging, tidying up. It is always a temporary solution.

Let's consider the alternative:

De-owning. This is NOT temporary. It can benefit others as well as ourselves as we donate to charities or friends who can put our things to good use. It can begin to diminish the need to own more. It feels good. It can change lives.

As this relates to real estate, let me say that if you are thinking of putting your home on the market you will face these two choices.

- 1. You can de-clutter and when you move just take your well-organized clutter with you OR
- 2. You can give away or sell off everything you deem as clutter and when you move you will feel free.

I have seen many clients move their clutter from place to place and they have boxes in their basements and lockers they have never opened in 10+ years. It takes courage to let go. Try it if you can - or get help. There are great resources out there that will work with you.

An uncluttered house, priced properly of course, usually sells faster and for more money than a cluttered one. So organize as you see fit and be ready to move on. It makes your move to a new home so much easier. Get advice from your realtor if you are unsure as to what needs to be removed from the house. Remember: Less is Best. Start now...

Sandy Hill Stats since Feb 2.

13 residential listings. Prices range from \$1,900,000 on Range Road to \$415,000 on Robinson

9 residential sales ranging from \$397,500 with no parking to \$1,040,000 for a double side-byside with 11 bedrooms, 4 baths and 2 parking 51 condo listings. Prices range from \$239,000 for a studio with no parking to \$739,999 for a 2 bedroom, 2 bath, 1 parking

8 condo sales ranging from \$275,000 for a 1 bed, 1 bath, no parking to \$423,000 for a 2 bed, 2 bath, 1 parking

Overall, sales and sale prices in Ottawa are up over last year. We are looking forward to a very robust season. No bubble

Happy Minimizing



Creativity Plus Toastmasters club (pictured above) meets every Tuesday evening from 6.30 to 8.00 p.m. at the Sandy Hill Community Centre. Guests are always welcome. See for yourself a Toastmasters meeting in action and speak to current members about their experiences. See how Toastmasters can help you, just as it has helped millions of others around the world. — *Indra Fernando*

National Capital Network of Sculptors, 2017 Tour, April 22-23

Start your studio tour right here in Sandy Hill

The National Capital Network of Sculptors 2017 Studio Tour takes place on Saturday and Sunday, April 1 22-23 with 13 stops along the route. Start your tour at our local Sandy Hill sculpture studios.

Visit Worldview Studio at 210 Blackburn Ave., and see the collection of stone and bronze sculptures created by Mitchell Webster and Janet MacKay. Enjoy some refreshments while you learn about the process of creating a bronze sculpture. You can also visit Eiko Emori's Designer Glass Studio at 668 Chapel St. to see and learn about her glass creations and sample some master chef pastries.

At these local studios, you can pick up your brochures and guides, then keep going—out and beyond to explore other sculpture studios in the National Capital Region.

Find the details on the Network website at https://sculptureottawa.ca/2017/03/15/sculpture-studio-tour/ or check out the slide show on Facebook, at https://www.facebook.com/SculptureOttawa - Mitchell Webster





and Saturday

FREE PARKING

Appointments available on evenings

389 Rideau St. (at Friel)

St Paul's-Eastern United Church welcomes you to services & events

Treatment of

sensitive teeth

■ Bilingual service

■ Full digital X-ray, less radiation - WE CARE!

Lent/Easter Services

Sun. April 9 - Palm/Passion Sunday morning service,

Thurs. April 13 - Maundy Thursday evening service with communion, 7:00 p.m.

Fri. April 14 - Good Friday, 10:30 a.m.

Sun. April 16 - Easter Sunday service, 10:30 a.m.

Regular Sunday morning services, 10:30 am. Parking and Sunday School available. Wheelchair accessible

Communion services: Sun. April 9, Thurs. April 9 (evening), Sun. June 4 Men's Breakfast: 3rd Sundays, 8:30 am, Father & Sons restaurant

Evergreens: 3rd Tuesdays, locations for outings vary

Bible Study: Wednesdays 10:30 am to noon. Current book: We Make the Road by Walking, by Brian MacLaren

Choir: Thursdays at 7:30 pm. New singers welcome.

Afternoons at the Cinema: Followed by dinner & discussion. Join friends to enjoy Cinema Canada 150 at the Bytowne Cinema

The Sandy Hill Seniors' Network: Monthly lunch and program,1st Wednesdays; lunches free though donations appreciated. Also, tea and conversation every Tuesday at Rideau Branch Library, 2:00-3:00 pm.

Asian Heritage Month in May: May 14 potluck lunch after the service, bring your favourite Asian dish. All month: music representing the diverse Asian communities.

Odawa program and special events: Odawa Native Friendship Centre organizes programs and operates a food cupboard. See www.odawa.on.ca

Contact us for updates and more details!

Address: 473 Cumberland St. (corner of Daly St.) in Sandy Hill www.stpaulseastern.com stpaulseastern@rogers.com 🚮 Find us on Facebook 613-237-1821



Dressed for a Coronation

Betsy Mann

ana grew up in pre-Republican Ireland, emigrated to Canada in 1914 and remained a British monarchist all her life. Almost 40 years after she had left the United Kingdom to settle in Vancouver, the announcement came of the Coronation date of the young Queen Elizabeth. Of course, Nana wanted her granddaughter in Toronto to be appropriately dressed for the great occasion. As the buyer of ladies clothing for Woodward's store, Grandpa often travelled to Great Britain and the continent, so it was perhaps he who spotted the new Tobralco fabric. Tootal Ltd. in Manchester advertised Tobralco as an easily laundered, hard-wearing cotton cloth, suitable for children's clothing. In honour of the Coronation, the company had produced a special print—just what Nana needed for her seamstress to produce the required out-

As an imaginative little girl of four who loved getting dressed up, I'm sure I was delighted when the mailman delivered the package from my faraway Nana. Crowns, golden coaches, Beefeaters in round-brimmed hats and Grenadier Guards in busbies dotted the puffy sleeves, full skirt and matching bloomers. There was even a heart-shaped pocket just below the sash. The best part was the frieze of little figures which repeated three times around the bottom of the skirt in continuous narrative style. Three times, the Coronation Coach parades through the gates of Buckingham Palace and along streets lined with crowds of cheering boys and girls. Three times it stops in front of Westminster Abbey where the Queen sits on King Edward's throne, the Prince in an ermine robe by her side.

I hope this fashion marvel arrived in time for me to wear it on June 2, 1953 when all the neighbourhood children gathered in the only home on the block with a television. "Operation Pony Express," a highly coordinated exercise involving a relay of planes from London to Montreal, allowed the Canadian Broadcasting Corporation to show her subjects in Canada their Queen's Coronation on the same day it had happened overseas. I have no clear memory of the images on the tiny black-and-white set, but they must have made a big impression on me. I'm told I later organized some of those neighbour children in a reenactment of the spectacle. You might think, with my monarchist Nana and my dress covered with royal images, that I would choose the role of Queen. But I had noticed who was most active and who put the crown on the Queen's head. He was nowhere to be seen in the cartoon drawings on my dress, but I chose to play the Archbishop of Canterbury.

I doubt that we played "Coronation" for long. Someone in front of the TV set on June 2 had the chickenpox, and soon little faces up and down the whole street broke out in red bumps. Then summer came and we had other games. By the time I started kindergarten in the fall, I had probably outgrown the Coronation dress. It was packed away for my younger sister, who was only six weeks old on Coronation day. I know she wore it a few years later when we went to visit Nana and Grandpa in Vancouver, but by the time the youngest girl was born, Nana had died, and my decidedly non-monarchist, American-born mother packed the dress away in a box in the basement.

I found it there 55 years after I first wore it and promptly transferred it to storage in my own basement. If I had a granddaughter of the right age, I might bring it out to be worn for the Queen's Sapphire Jubilee. Not that I follow in Nana's monarchist footsteps, but maybe little girls still like to dress up.

Four-year-old Bryn Evans was delighted to model a vintage dress whose fabric was created to celebrate Queen Elizabeth II's coronation on June 2, 1953.



New and Expanded Summer Camp Program!



DISCOVERY CAMPS

FOR GIRLS AGE 4 TO 12 • WEEKLY FROM JUNE 19 – AUGUST 25

With exciting new weekly themes such as NASA Space Camp, Circus Camp, Art-apalooza and Sleuth Academy, girls from Kindergarten to Grade Six will discover new challenges, develop new friendships and enjoy a dynamic range of hands-on, interactive activities.

Led by skilled and experienced educators, our camps have the perfect blend of learning, active play and creative exploration, all within Elmwood's beautiful and safe campus.

CAMPS RUN FROM 8 A.M. – 5:30 P.M. Cost is

\$299, including a delicious lunch and snacks, excursion or special guest, fun "giveaways" and a cool camp T-shirt.

ELMWOOD SKILLS ACADEMY

FOR GIRLS AGE 8 TO 17 • WEEKLY FROM JUNE 26 - AUGUST 25

Elmwood's Skills Academy offers an outstanding range of academic and special interest programs. Taught either by Elmwood's talented faculty or by other experts in their field, our Skills Academy combines superb instruction with dynamic activities, sure to appeal to girls of all ages and skill levels.

Camps are half or full day and costs vary. Please visit **camp.elmwood.ca** for full details.

