

APRIL - MAY 2016

AVRIL - MAI 2016

## Moving around Sandy Hill LRT building program drives traffic changes

John Cockburn

Spring 2016 will bring many changes to traffic flow in Sandy Hill. As a result of Light Rail Transit (LRT) construction OC Transpo's Campus station will close on April 27 and the folks who use it will have to go somewhere else. And that's a lot of folks, about 12,000 per day. OC Transpo expects with Campus station closed 40% of users would switch to using Laurier station, 24% would use a new stop at Laurier & Cumberland, and 36% would use a new stop at King Edward and Templeton. In total, at the rush hour, 20-30 buses per hour in each direction will be moving (one hopes) along Laurier and King Edward Avenues (routes 5, 16, 85, 95, 98). With general traffic circulation and now dropping off and picking up transit riders there are concerns about the potential

for significant congestion resulting in increased delays.

Consequently, modifications are in the works for the Laurier and King Edward intersection to last for the two years until the LRT goes into service. Going eastbound, left turns from Laurier to King Edward will be prohibited and that lane will now only be straight through on Laurier. The Laurier eastbound curb lane will become a right turn lane only to go southbound on King Edward and the traffic signals will be modified so that there will be a period of "green right arrow" where pedestrians have to wait while vehicles are given priority to turn. Once that green arrow period is over, right-turning vehicles will be stopped and pedestrians will get a period of right of way.

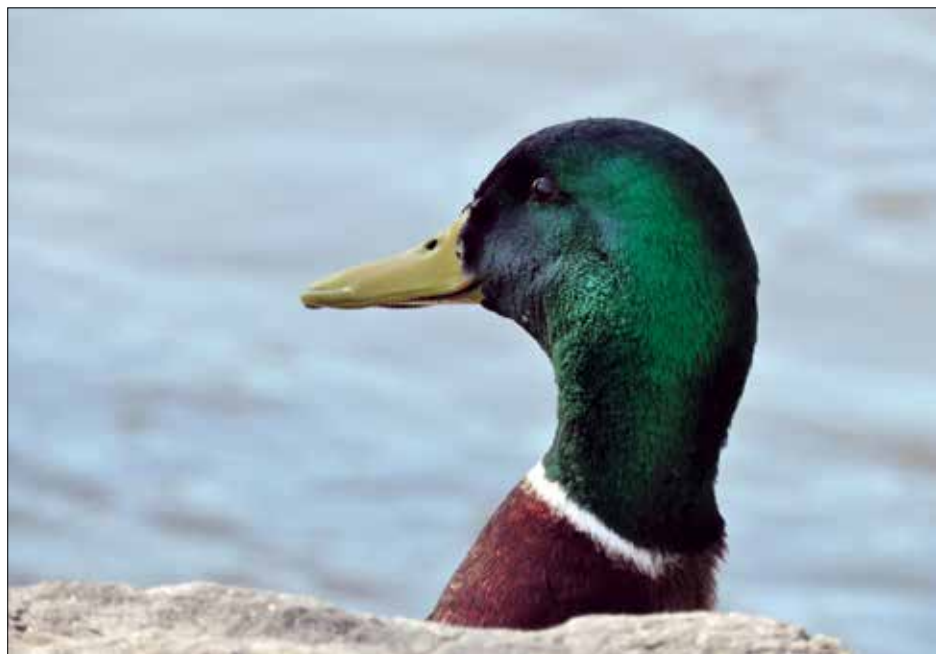
Going west, vehicles will be prohibited from turning right from Laurier to Cumberland at the rush hours. This is because right-turning cars usually get delayed for very long periods here while waiting for gaps in the pedestrian flow.

Some disruption from LRT construction is inevitable. John Verbaas, Chair of Action Sandy Hill's Transportation Committee, notes that Sandy Hill residents, as they go about the neighbourhood, might be well advised to reconsider some of their usual routes.

*Rideau Street to be re-renewed — see page 6*

## Ducks on alert, new gardens & the ASH annual meeting—it's spring!

Photo Kathleen Kelly



On the look-out for predators or perhaps photographers, a mallard peers out from behind the rocks at Strathcona Park.

Photo Kathleen Kelly



Even a relatively short winter does not prevent the excitement of spring that comes at the sight of a ring-billed gull sailing through the trees of Sandy Hill.

## MP Mauril Bélanger's turn as Speaker of the House

Claire MacDonald



Photo Lise Ausman

The Honourable Mauril Bélanger, MP for Ottawa-Vanier since 1995, proudly walks into the House of Commons on March 9 to serve as the House Speaker for the session.



Photo Lise Ausman

He used a tablet to speak as he presided over a very honoured and well-behaved House.

Mauril Bélanger was diagnosed with ALS (Amyotrophic Lateral Sclerosis) also known as Lou Gehrig's disease at the end of November 2015. Lianne Johnston, Regional Manager at the ALS Society of Canada, was at the House of Commons and underlined Bélanger's will to adapt and use new tools to allow him to continue his work. The tablet he used on that special occasion allowed him to be heard in Parliament. Bélanger is showing the same even determination in handling this disease as he has in working on our behalf as MP. He has followed up on our requests, small and great, to see things through over many years of service.

An example of his quiet determination close to home is a long-standing noise complaint that affected Robinson Village. Rooftop chillers at RCMP Headquarters across the river created more noise than the bylaw standards allowed. Bélanger saw the community complaint to a successful conclusion. It is an example of his authentic wish to serve his constituents and the continued effort it takes to achieve results.

In that same vein, Bélanger is now sharing with us his own experience of Lou Gehrig's disease so that it might be better understood. As the ALS Society campaign material states, their goal is: "Supporting people living with ALS and investing in research to make ALS a treatable not terminal disease." For more information relating to the ALS Society you can contact Lianne Johnston, [lj@als.ca](mailto:lj@als.ca), or go to their web site [www.als.ca](http://www.als.ca).



# IMAGE

Founded in 1972 under the  
direction of Diane Wood

22, av. Russell Ave.  
Ottawa K1N 7W8

Fondé en 1972 sous la  
direction de Diane Wood

IMAGE, a non-profit community newspaper, is supported by its advertisers. Opinions expressed are those of contributors and advertisers, and do not necessarily represent those of the volunteer editorial staff.

In 2016, IMAGE is published in **February, April, June, October and December**. 7,500 copies are printed and distributed free of charge to all residents of Sandy Hill. Free issues can also be picked up at the community centre, library and various commercial locations.

IMAGE welcomes articles, letters, photographs, notices and other material of interest to its readers in the Sandy Hill community. Name and telephone number of contributor must be included.

If you'd like to write articles, draw cartoons or other illustrations for stories, or take photographs on assignment, please call and leave your name and number at 613-237-8889. No age restrictions.

IMAGE reserves the right to edit in whole or in part all such contributions.  
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En 2016, IMAGE sera publié en **février, avril, juin, octobre et décembre**. Son tirage est de 7 500 exemplaires. Il est distribué gratuitement partout dans la Côte-de-Sable. On peut également l'obtenir au centre communautaire, à la bibliothèque et dans plusieurs commerces du quartier.

Tous les articles, lettres, illustrations, photos et autre documentation pouvant intéresser les lecteurs de la Côte-de-Sable sont les bienvenus. Leurs auteurs doivent indiquer leur nom et leur numéro de téléphone.

Les personnes intéressées à collaborer à IMAGE sont invitées à téléphoner au 613-241-1059 ou au 613-237-8889, en indiquant leur nom et leur numéro de téléphone. Nous apprécions la contribution de tous, quelque soit leur âge.

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**May 16, 2016**

(target delivery June 3)

IMAGE is written, published and delivered thanks to the efforts of dedicated and talented volunteers and the support of our advertisers. Please support local businesses, especially those who advertise in and display IMAGE.

## Questions re delivery?

If you live in Sandy Hill, IMAGE is delivered free to your door. Please call 613-237-8889 if you are aware of anyone or any business in our neighbourhood who is not receiving their newspaper.

## Date de tombée

Publicité, articles, photos et autres soumissions

**le 16 mai 2016**

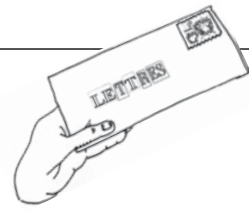
( livraison prévue le 3 juin )

IMAGE est rédigé, publié et distribué grâce au dévouement et au talent de nombreux bénévoles, mais aussi avec l'appui des annonceurs. Soutenez les commerces locaux, et tout particulièrement ceux qui font de la publicité dans IMAGE ou chez qui vous pouvez le trouver.

## Questions au sujet de la distribution?

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**Our readers  
write ...**



**Courrier  
des lecteurs**

## Concerned about drug use in the streets around here?

As a former Director on the Board of the Sandy Hill Community Health Centre, I have been following with great interest the swell of media attention around the possibility a supervised injection site could open here in Sandy Hill.

Although I had already been sensitized to the plight of the addict after reading the beautifully written *In The Realm of Hungry Ghosts* by renowned author Gabor Maté (I challenge anyone to read this book and not feel compassion for anyone suffering from addiction), I was further educated about drug use during my time on the Board, including by experts such as Dr. Mark Tyndall, Head of Infectious Diseases at The Ottawa Hospital and a strong advocate of supervised injection as a proven way to reduce the spread of HIV and Hepatitis C (which are a huge cost to health care).

I heard evidence from other countries with very successful programs and heart-breaking stories from survivors. The research has been done and the evidence is clear: providing injection drug users with a medically supervised facility re-

duces overdoses, reduces transmission of infection diseases, reduces the discarding of needles in public places, reduces public medical costs and in some cases, may even lead the user on the path to recovery. Even the Supreme Court of Canada unanimously agreed it could find no evidence of harm to public safety.

I urge anyone who has any concerns, fears or questions to attend the information sessions organized by the Sandy Hill Community Health Centre or visit its website ([www.shhc.ca](http://www.shhc.ca)) for links to highly informative interviews on CBC Ottawa Morning and Ontario Today.

Much as we now know that availability of contraception does not increase the number of teenagers having sex, providing compassionate, supervised health services to drug users will not open the floodgates of drug consumption in our neighbourhood. If anything, it gets it off the streets and it saves the public purse money. Oh, and it may save lives too.

**Christine Aubry**  
Blackburn Ave.

## Le tout nouveau café The Guild Room

Une petite affiche attire mon attention : on y annonce le tout nouveau café *The Guild Room*. Un café ? Sur la rue Blackburn, tout près de Laurier, dans l'église All Saints où logeaient autrefois les locaux du Bettye Hyde Nursery School ? En effet. J'y entre sans hésiter.

Bien éclairée grâce à de grandes fenêtres et repeinte de blanc, la salle *Guild Room* compte sept tables. On peut y voir exposées des œuvres d'une artiste du quartier, Sharon Katz, y entendre une douce musique de fond et y rencontrer des gens du voisinage qui prennent eux aussi le temps de jouer d'un bon café.

Je choisis de siroter un café latte et de manger une bonne soupe maison. Je devrai y retourner pour goûter la salade grecque et un smoothie qui paraissent au

menu. Ce sera facile puisque le café est ouvert tous les jours de 7 h à 21 h.

Un endroit de rencontres informelles et de détente où l'on peut s'offrir un rafraîchissement ou un repas léger, ici même dans notre Côte-de-Sable, voilà une bonne idée. Je ne peux que souhaiter à l'équipe responsable un franc succès.

**Rhéal Gauthier**  
rue Blackburn



Photo Claire MacDonald

IMAGE reçoit avec plaisir les questions et les lettres à la rédaction..

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# ASH considers short- and long-term options for a Somerset E. bikeway

John Cockburn

The following is drawn from a discussion paper presented to the ASH Board of Directors by John Verbaas, Chair of their Transportation Committee. At the ASH Board Meeting on March 30 City officials presented their proposals for Somerset Street East bikeway modifications to be implemented this Spring.

With the recent completion of the Adawe crossing, inevitably the use of Somerset Street East as a cycling corridor will increase significantly. The street is designated as an east-west bikeway in the City's cycling plan and the City has proposed changes for implementation in the spring of 2016. This primarily involves painting shared lanes with buffered parking zones and sharrows for cyclists from King Edward to Chapel and advisory shared bike lanes from Chapel to Range. A shared lane is designated by no solid centre line which is supposed to convey to cyclists and motorists that extra care with respect to right of way may be required. Bike lanes are proposed for the approach and exit from King Edward and at either side of Chapel. Additional sharrows and pavement painting leading to the Adawe bridge are also in the works. City officials indicated that while the number of parking spaces currently all on the north side of Somerset East was to remain the same, consideration was being to moving some to the south side between bulb outs.

Beyond this, further discussions are planned for identifying more significant upgrades to the cycling infrastructure as part of the next update (2018) of the Cycling Plan and perhaps the long-term Somerset roadway maintenance plan at an unspecified date in the future.

There are several constraints that will limit the ability to provide cycling features beyond what is currently proposed. First among these is the width of the road-

way. Somerset Street requires two travel lanes and a parking lane. In order to be able to implement either physically segregated or on-street bike lanes the on-street parking would need to be removed. This is bound to be controversial and the City is not likely to embark on such a process in the short term. Removing parking also would have the effect of giving the road a much wider and more open visual feel which studies have shown typically lead to an increase in driver speed potentially giving rise to costly changes such as the installation of speed bumps. As well, Somerset East is currently used by bus route #16 and the City's design guidelines require slightly wider traffic lanes on these roads, thus making it more difficult to find the width needed for dedicated lanes for cycling.

Changing the on-street parking to alternate sides of the street could calm traffic since a driver would have less of a sense of a wide open street. It would also provide some relief to cyclists on alternate blocks. As there would be no overall net loss of parking on the street a drawn-out public consultation process may not be required although lack of consistency may be a problem for both cyclists and motorists.

Posting 40 km/hr speed limit signs on the street would likely have little impact as surveys by the City indicate that speeds are generally about that already.

From a longer-term perspective there are a number of approaches that could be considered for the 2018 Cycling Plan. The following are possible examples:

- Adding a dedicated eastbound-only bicycle lane could be considered but it would reduce the remaining road width, effectively squeezing cyclists in the other direction closer to the parked cars and increasing the risk of being "doored."
- Existing "bulbouts" on the south side of Somerset could be modified so that cyclists can go over them rather than



Photo Bob Meldrum

Expect the City to paint sharrows soon for cyclists on Somerset East.

around them into traffic. As this would require some capital expenditure the councillor's support would be essential.

- Implementation of a special intersection treatment at Chapel and a north-south route to connect to Beausoleil/Chapel is another possibility. Chapel is one of the busier cross streets as well as being situated near the mid-point of the section between Range Road and King Edward. By implementing a more unique intersection here (e.g. raised intersection) it could have the effect of further calming Somerset East traffic (and potentially Chapel as well). It could also be useful to establish this as a starting point to implement a cycling connection north to Beausoleil.
- Somerset Street East. could serve as a future pilot project as Ottawa's first 30 km/hr street.
- Somerset East could be converted to a one-way street thus recovering enough additional road width to enable implementation of on-street cycling lanes. It's not clear that a consensus could be achieved on this major change that

would also impact the routing of traffic within the neighbourhood as well as of bus route #16.

Reaction to the City's proposal at the presentation was mixed and it was noted that the benefits of the welcome addition of the new bridges at the cost of several millions of dollars should not be minimized by relatively low-cost changes to the roadway infrastructure. To that end it was felt that the City's current proposal should be considered a minimum with more extensive changes considered to ensure Somerset East becomes a safe, effective bikeway. Parking allotments and placements, use of bulbouts and integration with other streetscape improvements were raised as issues as was timing of more substantive improvements. ASH is currently compiling comments to forward to Councillor Fleury.

If you have ideas beyond the ones listed here and would like to discuss them, contact our councillor - Mathieu.fleury@ottawa.ca and ASH at transport@ash.ca. Spring is upon us and now is the time to express your views on short- and long-term plans.

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## ANNUAL GENERAL MEETING

Come join us! All residents of Sandy Hill are invited to attend. Come meet your neighbours, hear from your elected officials, learn about the latest issues affecting Sandy Hill, and vote for new members of the Board of Directors of Action Sandy Hill.

**Thursday, May 19, 2016**

<b>6:00 pm</b> – Meet your neighbours	<b>7:00 pm</b> – Meeting begins
– Light supper	– Elected officials speak
– Community information kiosks	– Committee reports
	– Elections

**Sandy Hill Community Centre – 250 Somerset St East**

## ASSEMBLÉE GÉNÉRALE ANNUELLE

Venez participer ! Tous les résidents de la Côte-de-Sable sont invités. Venez rencontrer vos voisins, écouter vos élus, en apprendre davantage sur les dernières questions touchant la Côte-de-Sable, et voter pour le nouveau conseil d'administration d'Action Côte-de-Sable.

**Le jeudi 19 mai 2016**

<b>18h00</b> – Rencontrez vos voisins	<b>19h00</b> – Ouverture de l'assemblée
– Repas léger	– Discours des élus
– Kiosques d'informations communautaires	– Rapports des comités
	– Élections

**Centre communautaire de la Côte-de-Sable – 250, rue Somerset E**

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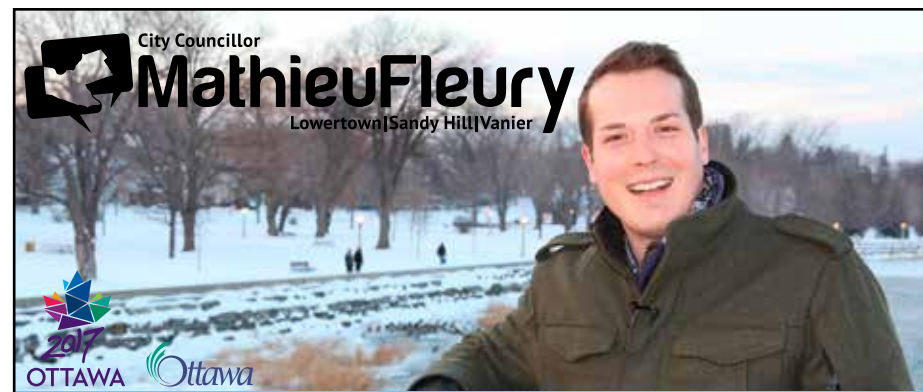
# Progress at glacial speed on garbage problems

Ralph Blaine

Sandy Hill squirrels are grinning, our skunks are sleek and spray-happy and the populations of both seem to be exploding. Anyone observing carefully will see the adults teaching the next generation the fine art of tearing into a plastic garbage bag. They know their future is assured. These black bags are to be found splayed across front yards, peeking up above front porch railings and bulging up through the tops of those plywood boxes you see perched in front of some of our densely packed buildings. As readers of the last issue of IMAGE know, the City has filed charges against the owners of the row house at 79 – 83 Stewart for failing to abide by City bylaws which require that garbage be stored in the back yard of a property and that the bags themselves be kept in a closed container. In fact there was a hearing on February 18—but that's all. The defendants asked for a postponement. It was, of course, granted. There



*With lots of local opportunity, Sandy Hill squirrels are masters of the fine art of tearing open black bags.*



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## Town and Gown Update: Launch of a monthly community walkabout

The success of the Town and Gown committee has created opportunities to facilitate dialogue and collaboration amongst the residents and students in Sandy Hill. At our most recent Town and Gown committee meeting, we discussed the time allowed to resolve complaints about solid waste violations and the storage of garbage bins. We are looking to update and clarify regulations to modernize the resolution of our enforcement timelines.

In 2012, the City introduced aggressive waste reduction strategies; recently it has become apparent that the guidelines and Bylaws associated with waste management are being followed inconsistently in Sandy Hill. The differences in the management of recycling, green bins and waste applies to both weekly and biweekly collection and the storage of the bins. Despite my best efforts to include recycling and green bins, the Bylaw that states "outdoor receptacles be located in the rear yard when space can accommodate it, or otherwise in a side yard, but shall not be located in a front yard" applies only to waste receptacles.

It has become apparent that many residents have limited garbage management strategies, with an increasing amount of improperly stored garbage bins in front yards and on front porches. This issue along with bins being placed on the curb too early, the use of inadequate waste receptacles and excessive amounts of items placed for collection, exceeding the household maximum of 6, were part of the session.

The growing number of properties with garbage cans in their front yards, in particular, has become an issue of concern to our team. We need to make sure garbage is stored securely off our curbsides and in doing so that the Bylaw is respected. This Bylaw is key to maintaining quality of life in our neighbourhoods and we will continue to work with authorities to support our community.

Thanks to residents actively reporting these violations, we are able to identify addresses of concern. As a result, our team is working closely with Bylaw Services to address cases related to property standards and improperly stored garbage.

Remember: if you see an issue report it! Call 311, submit online at Service Ottawa and once that is done if the City's response is not up to par, please contact our team with the service request number. We would be glad to help.

Furthermore; we are happy to announce that we will begin a pilot project in April to do a monthly community walkabout to pick up debris in our community; if you have time to join us please send us an email via [Mathieu.fleury@ottawa.ca](mailto:Mathieu.fleury@ottawa.ca).

**MATHIEUFLEURY.CA | @MATHIEUFLEURY**  
**613 580-2482 | MATHIEU.FLEURY@OTTAWA.CA**

will be another hearing later, I'm told. I wonder what the ingenious garbage-lawyers will have up their sleeves this time?

The fact is that 79 - 83 Stewart is just one of a growing number of properties in Sandy Hill that have taken to storing their garbage in their front or side yards (in garbage cans, plywood boxes or exposed plastic bags) in full view of the street. In early February a complaint was filed with 311 about four of these properties. To date only one of them (27 Stewart) has removed the garbage cans from their front yard.

Still, the City does seem committed to tackling this problem. Our councillor, Mathieu Fleury, asked for a presentation on this issue at the Town and Gown meeting of March 7 and I was able to identify approximately 40 properties located in an arc surrounding Ottawa University on Stewart, Nelson, Osgoode and Henderson streets whose garbage storage arrangements violate City bylaws. A few days later I received an email from Mr. Fleury's assistant saying that Eric Boivin from Bylaw Services would follow up on the ad-

resses I highlighted. I have also spoken to the bylaw officer Derek Petch who has been assigned this dossier and he assured me that he has begun work on these and other addresses that have been brought to his attention. Some of the properties that were highlighted at the Town and Gown meeting belong to the University of Ottawa and their representatives made a point of promising to bring those properties into compliance in short order. While this has not yet been accomplished as I write (two weeks later) I feel certain the University is sincere about their undertaking and hope to see them playing a leading role in cleaning up this blight in Sandy Hill.

*Photos Ralph Blaine*



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# Newsbites



## Chapel/Beausoleil – to be opened with restrictions

Last issue we asked if the intersection at Chapel and Beausoleil would be reopened to vehicles as proposed by the site plan for the new Trinity development project on the north east corner of Chapel and Rideau. Trinity wanted the open intersection to allow cars and trucks, including 18-wheelers, to have better access to its site. Action Sandy Hill, Lowertown Community Association and Councillor Fleury were all against this. Trinity had appealed their application to the Ontario Municipal board where this issue was to be presented at a hearing in March. Since our story in February, Trinity met with the City, ASH and others and made numerous improvements to the development site plan, but the intersection problem remained. ASH continued to discuss this issue with Trinity and the City right up to the week before the OMB hearing and achieved some additional improvements. The plan now provides that while the intersection will be opened to vehicular traffic there will be a restriction at all times on northbound and southbound through traffic at the intersection of Rideau and Chapel, and Trinity will pay for an off-duty officer to help with enforcement of this new restriction. The block of Chapel between Rideau and Beausoleil will be narrowed and bike lanes added. Trinity will pay for a school crossing guard. There will be restrictions on the times at which tractor-trailers can access the site. Considering this and that ASH was now the only party opposing the proposal, ASH decided to withdraw from the OMB hearing. A two-hour hearing was held on March 29. ASH expects that the site plan will be approved. —Jan Meldrum

## St. Patrick’s Day — sweet results from the streets

Remember the infamous St. Patrick’s Day beer blast that occupied a whole block four years ago? Since that time, the city bylaw department, the Councillor, and the police have worked to insure the party is kept within property and noise bounds. Complaints last year were down significantly and this year they were down another 20%. The real test comes when St. Paddy’s day dawns warm and sunny. — Larry Newman

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## Notice of Community Consultations

### Supervised Injection

When: Mondays in April 6:30-8:00 pm.  
221 Nelson Street.

The Sandy Hill Community Health Centre is seeking input from community members on a service model for supervised injection at our main location on 221 Nelson Street.

The proposed service will complement the wide range of addictions and mental health services offered by our Centre and is intended to reduce the frequency of public injecting, overdose death and behaviours associated with the spread of HIV and hepatitis C.

SPACES ARE LIMITED PLEASE REGISTER —  
[consultation@sandyhillchc.on.ca](mailto:consultation@sandyhillchc.on.ca)

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## Avis de consultations communautaires

### Site d’injection supervisé

Quand : Les lundis en avril de 18 h 30 à 20 h  
221, rue Nelson

Le Centre de santé communautaire Côte-de-Sable fait appel aux membres de la communauté à partager leurs commentaires à l’égard d’un modèle de service pour un site d’injection supervisé dans son édifice principal au 221, rue Nelson.

Le service proposé sera intégré au large éventail de services de toxicomanie et de santé mentale offerts par le centre et sera destiné à réduire la fréquence d’injection dans les lieux publics, les décès par surdose et les comportements associés à la transmission du VIH et de l’hépatite C.

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# Rideau St. to be re-renewed

John Cockburn

Plans will be finalized and work will begin this summer on the latest Rideau Street renewal and Nicholas Street transformation into Ogilvy Square. Proposals outlined at a consultation meeting on February 24 include: a reduction to one all-purpose travel lane in each direction which will make it possible to have new space along the street edge for some on-street parking and loading as well as offering significantly wider sidewalks; improved landscaping and street furnishings such as trees and surface pavers to soften the streetscape; consolidated OC Transpo and STO bus stops and shelters, and improved pedestrian crossings which will be raised seven to ten cm to distinguish them from the roadbed. The Downtown Rideau Business Improvement Area's theme of "special effects" poles will be continued.

The proposed Ogilvy Square improvements include closing Nicholas Street (from Rideau Street to Besserer Street) to vehicular traffic and creating a new pedestrian space with special surface pavers and pedestrian lighting. New patios and programmable space for artistic installations and special events will make it an active, people-friendly area. Space for bicycle parking will be ample.

The meeting was well attended by both residents and business representatives and the many useful comments received are being considered by the consultants to the City.

When completed sometime in 2018 Rideau Street will be able to handle the much larger pedestrian flows expected with the coming of the Confederation LRT station at Rideau.

In the meantime, in the summer of 2016, a temporary sidewalk on the south side of Rideau Street between the Freiman overpass and Nicholas will be constructed. Plans for the new Ogilvy Square between Rideau and Besserer call for it to be completed in time for the Rideau Centre official re-opening this summer.

Further information is available from City officials [alanna.lacroix@ottawa.ca](mailto:alanna.lacroix@ottawa.ca) and [david.atkinson@ottawa.ca](mailto:david.atkinson@ottawa.ca)



The Light Rail Planning and Implementation office at the City is circulating these images of the transformation expected to the buildings around Rideau and Nicholas Sts.



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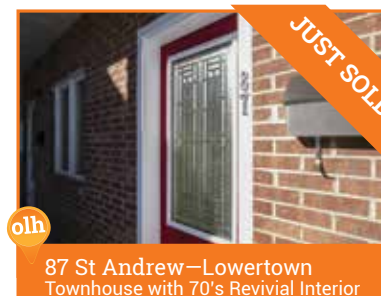


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# We are sponsoring a Syrian refugee family — Part 2

Larry Newman

Our application to sponsor a Syrian family living in Amman, Jordan was accepted – just a few days after it was sent. What a surprise and thrill! Immigration Refugees and Citizenship Canada (CIC) had apparently been under great pressure to accept 25,000 refugees by the end of February and we submitted our application just under the wire.

Our first article about this experience debuted in the February-March issue of IMAGE ([home.imagesandyhill.org/](http://home.imagesandyhill.org/)). A group of like-minded people, most never having met before, founded a Syrian refugee sponsoring group which they named Refucare Ottawa. I joined shortly after. One of the group was a Syrian whose brother's family had fled from Damascus three years ago and were living in Amman. We decided to sponsor that family, gratefully accepted St. Paul's-Eastern United Church's offer to be our Sponsorship Agreement Holder (SAH), and filled out a 120-page application. We submitted the application just before the article was written.

After weeks of research, fundraising, and preparation for our application, we didn't have long to wait for the next announcement. The family's brother, who was in regular phone contact with them, told us that the interview with the CIC went well and that the medical exam was scheduled for three days later – another breath released. During the interview they were asked if they could be ready in two weeks. The father responded immediately that they were ready **now!** By the middle of February – less than a week later – they were on a flight to Montreal.

A hotel in Montreal was home for two days while they cooled their heels and were given winter clothing – jacket, hat, boots. The family did a little shopping of their own and bought a snowsuit as well as a stroller for the little one who was 18 months old. Then they arrived in Ottawa with three suitcases of clothing and wearing their winter gear.

Committees had been formed to deal with finding housing, furnishing the apartment, ESL training, looking after health needs, finances, and a variety of other more or less immediate needs.

First though, was the potluck celebratory dinner with the sponsorship group. Two of the sponsors spoke Arabic; the family spoke no English or French. One of the sponsors brought her three children of approximately the same age. It was a wise move as they got acquainted immediately despite sharing no common language. The rock, scissors, paper game was a big hit; colouring books too. They required no common language and the rules were simple.

The family's brother Abdulrahman (who is attending Carleton University) and

his wife live in a one-bedroom apartment in Sandy Hill. It would be home to all seven of them for the next week while housing was sought.

The search was pretty intense. The government's budget for housing was about \$850/month. It didn't take long for us to realise that apartments in Sandy Hill usually rent for \$1500/month and up. The housing committee scoured the area nearby and found an apartment in Overbrook for \$1200/month. We could afford that because we had raised more money than the government minimum.

That was Plan A. Plan B was to keep on looking in Sandy Hill for the next few days. We wanted the family nearby so we could more easily help. It was fortunate that we had Plan B because we finally found an apartment here that we could afford.

This was a co-op though and the procedure for renting a co-op was different than just signing a lease and coughing up two month's rent. The directors and the manager of the building interviewed the family – through interpreters, of course. Then the four directors had to vote. There were just a few more days till the end of the month and the Overbrook apartment wasn't guaranteed past the 29th. After a day and a night of nail-biting, the last director signed off and the family had a new home.

Now to furnish it. We had prepared an eight-page list of furnishings needed and published this list to our group of 65 interested people. We got results – sometimes more donations than we needed. When we realised this was happening, we wrote, thanking donors and telling them of our decision to donate extra furnishings to one or more of the charities that would furnish other Syrian refugee households. Finally, the last of



### Spring scene in Sandy Hill

Photo by Kathleen Kelly



IMAGE photographer Kathleen Kelly wanted to capture something that showed a lot of Adawe bridge and needed to be careful of the sun splashes. She's sure many people will or have already taken selfies through the decorative spheres.

the donated furniture was delivered – a second couch for the living room.

The last donations of small items were made to Bettye Hyde Co-operative ELC to display to the family. There, one Saturday afternoon, the family was able to pick what they needed/wanted from large stocks of clothes, kitchen, and miscellaneous donated items. We were amazed and inspired by the amounts donated by so many people. A big thank you to all those generous donors. There was very little that had to be bought.

What next? School is next; English as a second language too. Establishing health care – medical and dental and just getting acquainted with the neighbourhood, stores, institutions, rules, and laws. Our banking system is a brand new experience for the family; likewise, their customs are new to many of us. It will be an interesting and fulfilling year and I'm very much looking forward to it.

Photos: Top — The last donated chair is delivered by Rob Sinclair and Abdulrahman's brother. Project workers Dodi Newman, Cindy Mitchell and Ingrid Fish prepare the final Saturday display of clothes and other small items for the family to choose. Photos Larry Newman



From Ken Clavette's Album of Bygone Sandy Hill

Robinson Village or Hurdman's Bridge (or village)? It's complicated.

Peter Evanchuck, a resident of the area that IMAGE has always referred to as Robinson Village, told us that it should be called Hurdman Village. We know that there used to be a Hurdman's Bridge over the Rideau just north of the present Queen-sway Bridge. It was removed about 40 years ago. But what was the common name of the south Sandy Hill residential area on Hurdman Road, Robinson and Lees Avenues?

According to historical researcher Ken Clavette the answer is not simple: he points out that Ottawa has a number of places that have double names, some official, some in common use. He explained that the original Hurdman's Bridge was a wooden structure built in 1875 by the Hurdman family who owned land on both sides of the river. It was later taken over by the municipality, collapsed in 1902 and was rebuilt, then replaced in 1906-07 with a concrete structure.

Clavette continues: "Now to the Robinson connection. Hiram Robinson was a lumber dealer and a prominent Ottawa East citizen who helped start the Ottawa public schools. Robinson Avenue was named for him, as was Robinson Field. Hurdman Village or Robinson Village? I can find no reference to it ever being called Hurdman 'Village' but rather always called 'Hurdman's Bridge'."

Clavette speculates that with Robinson Avenue being the main road giving access to the area, in recent years that name started to be used. And since a bridge no longer connected the area to the other side of the river the historically used "Hurdman's Bridge" slowly got dropped. What he is sure of is, "the area is the last of a community on both sides of the river once commonly called Hurdman's Bridge."

We said that it was complicated. What do other residents of Hurdman or Robinson Vil-lage think?



NTS map Ottawa 31G-5



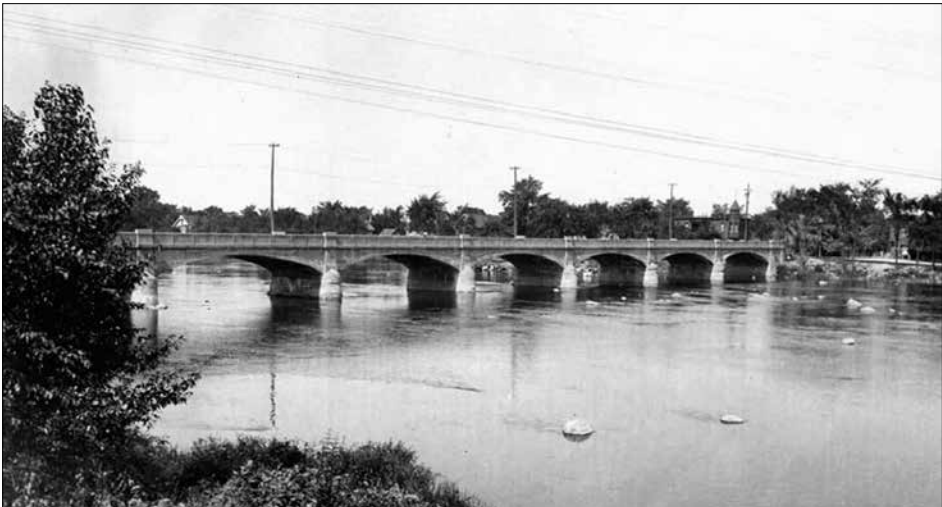
Wooden Hurdman's bridge was originally erected 1875, finally replaced in 1907. It was the third local bridge over the Rideau, after Billings (aka Farmers) in 1830 and Cummings in 1835.

PA134213



Disaster in 1902. Onlookers calmly survey the scene. Surely the cowboy wasn't the one driving the wagon!

PA133440-me



Concrete structure built in 1906-07 and removed about 40 years ago. LAC-MIKA3358923

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Admissibilité

Les mises en candidatures au Prix d'excellence en promotion de la santé du CSCCS visent :

- les personnes qui travaillent ou habitent dans le secteur du CSCCS (Côte de Sable et Ottawa Est);
- les entreprises et organismes actifs dans notre secteur.

Critères du Prix

Pour se qualifier, les personnes mises en candidature doivent démontrer un leadership dans des activités qui :

- perfectionnent les connaissances des gens sur la santé et le savoir nécessaire pour prévenir les maladies, ainsi qu'améliorer et protéger un comportement sain;
- créer et soutenir des environnements qui favorisent la santé;
- défendent la santé afin d'obtenir un engagement politique ou un soutien aux politiques, une acceptation sociale ou un soutien à l'appui d'objectifs ou de programmes de santé en particulier; et
- ont présentement ou potentiellement un impact positif sur les priorités stratégiques du CSCCS.

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For complete details, visit [www.shchc.ca](http://www.shchc.ca), or contact Cristina Coiciu at 613-789-1500 x 2505, e-mail [ccoiciu@sandyhillchc.on.ca](mailto:ccoiciu@sandyhillchc.on.ca). Nominations must be received on or before April 30, 2016.

Pour obtenir tous les détails, visitez notre site web à [www.shchc.ca](http://www.shchc.ca), ou contactez Cristina Coiciu au 613-789-1500 x 2505, [ccoiciu@sandyhillchc.on.ca](mailto:ccoiciu@sandyhillchc.on.ca). Les mises en candidatures doivent nous parvenir d'ici le 30 avril 2016 au plus tard.



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This event is free. There will be an opportunity to donate to United for Refugees.

Les premiers ministres dans la Côte-de-sable

## Sir Wilfrid Laurier emménage sur la rue Théodore en 1897

François Bregha

Pour appuyer la désignation de l'avenue Laurier est comme « l'allée des premiers ministres » et pour commémorer les Pères de la Confédération et autres personnalités illustres qui ont habité la Côte-de-Sable au fil des ans, IMAGE publie une série de capsules sur nos anciens voisins distingués. Cette deuxième dans la série rappelle le passage dans notre quartier de Sir Wilfrid Laurier, le premier Canadien français à occuper le poste de Premier ministre du Canada.

Laurier vécut plus de vingt ans, de 1897 à 1919, au 335, rue Théodore (maintenant le 335, avenue Laurier est) à l'angle de Chapel, dans cette élégante maison de brique jaune, style Second Empire. Même si la maison existe toujours, son intérieur a été largement transformé par son occupant suivant, Mackenzie King, et il y reste peu de traces de l'époque Laurier. On sait cependant que la bibliothèque personnelle de Laurier comptait plus de 5 000 volumes.

La maison peut paraître grande pour le couple Laurier qui n'a pas eu d'enfants, mais il faut se rappeler que plusieurs domestiques, au nombre probablement de cinq, y auraient vécu aussi. Cette maison a été vraisemblablement conçue par l'architecte James Mather qui a également construit le 453, avenue Laurier est où se trouve aujourd'hui l'Institut Le Cordon Bleu. Le Parti libéral a acheté la maison pour 9 500 \$ et l'a offerte à Sir Wilfrid parce qu'il n'y avait pas de résidence officielle à l'époque et que le salaire du premier ministre (12 000 \$) était nettement insuffisant pour maintenir le train de vie propre à sa fonction. D'ailleurs, un tel geste n'était pas inusité à l'époque; les premiers ministres Macdonald et King ont



Sir Wilfrid et Lady Laurier (née Zoé Lafontaine) lors de leurs noces d'or, le 13 mai 1918.

aussi reçu des subventions de leur parti. Laurier et son épouse Zoé formaient un couple uni, sans prétentions, qui préférait la domesticité à la vie mondaine. Bien qu'il recevait souvent des collègues politiques, Laurier se servait rarement de sa maison pour des réceptions officielles. Les Laurier préféraient accueillir famille et amis dont certains pouvaient prolonger leurs visites. Par exemple, une nièce a vécu six ans chez les Laurier.

Comme épouse du premier ministre, Zoé n'avait pas de rôle officiel dans les affaires d'état, mais elle réussissait quand même à influencer le patronage que son mari exerçait. Celui-ci d'ailleurs l'appelait en blague son « ministre de la charité publique » parce qu'elle épluchait toutes les demandes de faveurs que recevait Laurier et lui laissait ses recommandations dans un panier. Zoé n'hésitait pas non plus à plaider la cause de certains clients directement auprès des ministres. Quand Laurier constitua la Commission de la fonction publique pour régir les dotations gouvernementales, il aurait dit à sa femme « ma pauvre, tu viens de perdre ton emploi ».

En 1909, les Laurier ont acquis une voiture avec chauffeur, ce qui n'a pas empêché Madame Laurier de prendre le volant à l'occasion. On sait qu'en 1910 elle reçut une amende pour excès de vitesse sur la rue Bank parce qu'elle roulait à plus de dix milles à l'heure! Avant l'achat de cette voiture, Laurier se rendait au bureau le plus souvent en tramway qui roulait alors devant sa maison.

Madame Laurier a continué d'occuper la maison après la mort de son époux jusqu'à son propre décès deux ans plus tard en 1921. La maison passa peu après aux mains de Mackenzie King.



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# Gardening up on high

**Sabrina Mathews**

We have a nice back yard, a typical Sandy Hill back yard, I'd say. And among the usual features – a driveway, a shed, some lawn, some flowerbeds – we have a few trees, which cast pleasant shade.

I like to grow food, so I planted vegetables in the sunniest spots in my east-facing garden, but was never fully satisfied with the yield. Some veggies want **full sun all day**, so they don't appreciate the shade. I also struggled with the problem of feeding slugs, squirrels, the plump glossy groundhog who comes through the fence and various raccoons.

My quest for sun drew my attention to the almost flat roof of our one-storey addition. Early morning sun gets there first, and the afternoon sun lingers longer too.

Could I build wooden raised beds or install large plastic tubs there? I couldn't get past two problems—the enormous watering needs of such a sun-scorched container garden and the extra load permanent containers would add to the roof.

Happily, Lee Valley offered a solution—a plastic pot with no bottom, designed to sit in a hole cut into a bag of gardening soil. Fill the pot with extra soil, plant your veggie seedling, and its roots will grow into the bag below. It's an economical and flexible way for desperate urban dwellers to grow a juicy tomato on a patch of concrete.

The beauty of it for me was that the plastic bag holds in the moisture, so less watering is needed! And at the end of the season it can be wrestled off the roof.

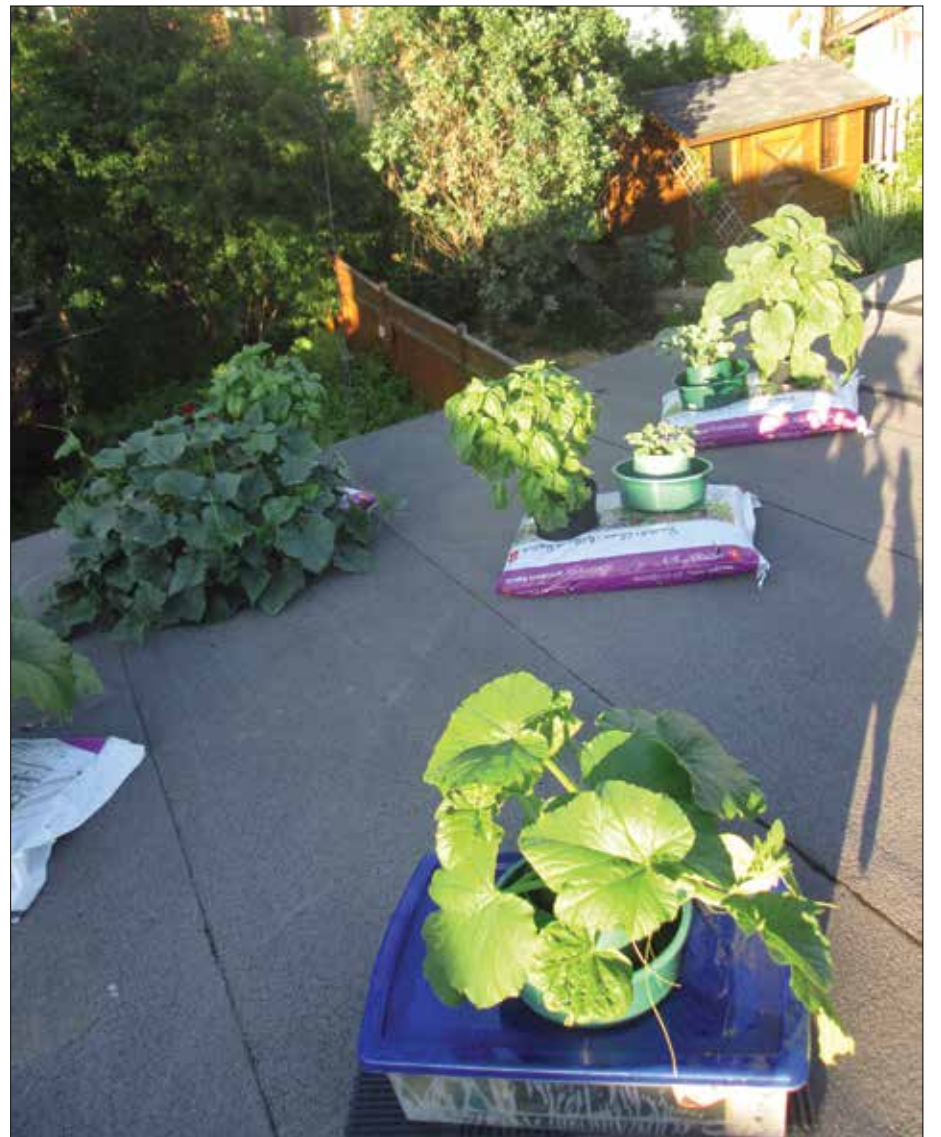
Our roof gets very hot (burning-bare-foot hot), and I wondered if the plant roots would cook! Then I thought of the hot dry hills of Mexico where tomatoes come from, and the native watermelons of the sunbaked Kalahari, and forged ahead.

The first year we snaked the garden hose up to the roof by a rope every day. The next year we set up a dedicated roof-garden hose.

Now every summer we climb out my daughter's bedroom window and wander around the roof, picking tomatoes, basil, cukes and red peppers from soil bags holding two pots each.

The wild neighbours can't get up to snack, and the weeds are few and far between. Only the birds drop by – so the year I grew sunflowers they got all the seeds. The Hallowe'en pumpkin never made it. The plants produced many golden blossoms but only a couple of female fruitlets, and the birds got them too. We've grown a few little round watermelons (mostly for bragging rights, as the yield is low!). A roof is usually forbidden territory so kids love to visit – and find themselves a prickly, sweet cucumber hidden in the shade of broad overlapping leaves.

These days I flip through the gardening catalogue, dreaming of self-timed irrigation systems. Perhaps, with the watering on automatic, I could cover the whole roof with a carpet of edible green. I wonder how a carrot would grow in a bag of soil...



Sabrina Mathews' roof garden on Chapel St.

Photos Sabrina Mathews



Above — Descending squash flowers add a lovely spot of mid-summer colour.

Left— The view from Sabrina's vegetable laden roof.

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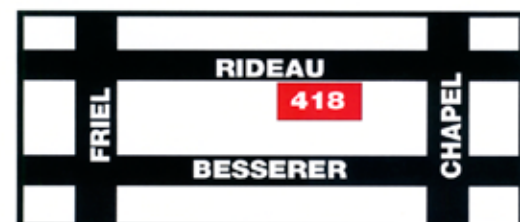
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An elegant reception organized by realtors Jimmy and Lynda Cox at a nearly-empty house on Marlborough featured works by two neighbourhood artists as well as the lovely rooms.

## Marlborough house morphed gracefully into a pop-up art gallery

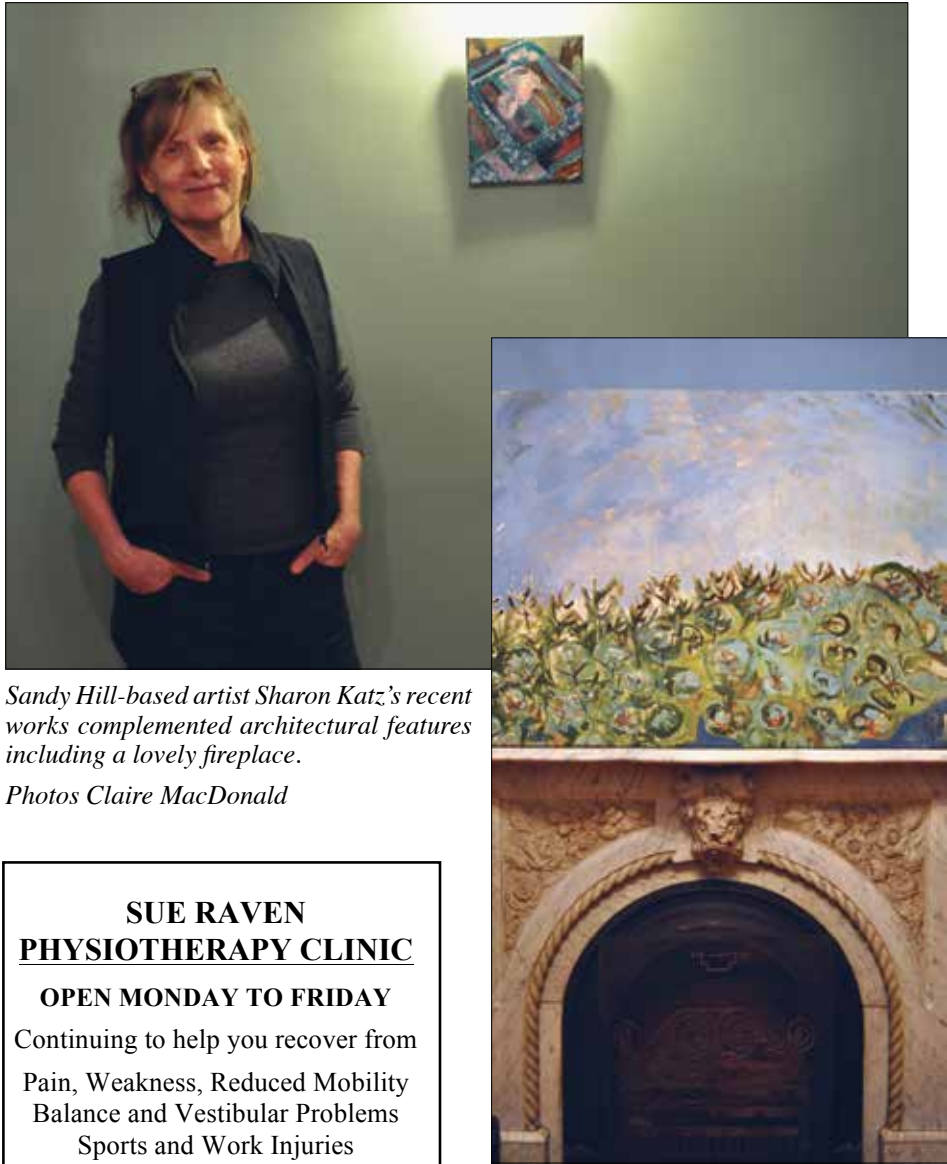
What was so attractive about 18 Marlborough that 50 people visited on a wet and sloppy March evening? Lynda Cox sells houses for a living, so I turned these questions over to Lynda—who was hoping to sell 18 Marlborough.

1. This 1905 house was, and is, big. Comfortable today for three families, each getting a floor. But in 1905 you have to believe it housed one family and servants. It's not just a huge condo. . . here you find a fireplace on each of the three floors, now balanced by two gas furnaces and central A/C.

2. It was a real estate and art evening. Artists Sharon Katz and Claire MacDonald had positioned their (for sale) paintings. Three paintings on the wall of an otherwise empty bedroom might give visitors a chance to stop to discuss the art.

3. Lynda turned it into an event. She chose a weekday evening, 7:00–8:30 pm. As she said, “I believe the time limits justified the importance of the evening. I believe it added curiosity about this old building.”

She closed with the word versatile. Some time after the versatile showing the house came off the market. And Lynda reports that a new multi-family will soon be welcomed to Sandy Hill. — Peter Twidale



Sandy Hill-based artist Sharon Katz's recent works complemented architectural features including a lovely fireplace.

Photos Claire MacDonald

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## Let's talk real estate

Lynda Cox



The Ottawa Real Estate Board has reported record breaking sales for December, January and February. Is this a good time to sell? Resounding answer – YES!

We cannot predict the future but given the activity of the past three months it is safe to say we are going to have a busy spring.

Borrowing rates are still at an all-time low so there will be plenty of buyers ready and willing to pay good money for properties that are priced properly.

### Sandy Hill recent statistics

**December:** 3 residential sales /1 condo sale  
**January:** 4 residential sales /2 condo sales  
**February:** 8 residential sales /5 condo sales  
The average time on the market: 94 days

At the present time Sandy Hill has 21 active residential listings and 56 active condo listings.

### Thinking to sell this spring? Where do you start?

1. **Consult** with a realtor. They give good advice, if I do say so myself. They know what is important. Consultation is free!
2. **Declutter** – For some this is a daunting task especially if you have lived in your home for more than 10 years. It is amazing what you can accumulate. Collect boxes and start filling. Start taking things to the curb (students will be happy for your discards). Rule of thumb is less is best. Be ruthless. If you haven't touched it in a year or more you don't need it. Ask your children to come back and take their “stuff.” I am sure you are still hanging on to their old university texts and karate trophies. This is the time to go through every cupboard and every closet. Eliminate, eliminate, eliminate. You will be amazed at what you don't need. Give things away to charitable groups like *Helping With Furniture*, a not-for-profit organization helping refugee families set up their first home, or our own *May Court Bargain Box*. You'll feel great and so will they.
3. **Decide if you need some help.** There are professional downsizers out there who can make the job much easier.
4. **Should you paint?** Baseboards and door frames must be pristine. A quick coat will help.
5. **Do you renovate just to sell?** My answer—“It depends.” Far better to renovate a few years before moving so you get to enjoy it. Unless you are a “flipper” and can do all the work “at cost” then I say “NO.” Sell “as is” for the big things like kitchens and baths. It is true that “wow” houses may sell faster and for more money but are you capable, do you have the time, do you have the energy—all important factors to consider when thinking of a quick renovation. Did I say quick? That's an oxymoron!
6. **To stage or NOT to stage?** Good question. Most sellers just need a little

help from their realtor, a few plants from a neighbour, a couple of bright cushions, some fresh towels and of course some crisp new bedding. Most realtors can help you put it together but if you need more they can recommend good professional stagers. There is usually no staging consult fee. The costs come from the initial staging of your home and then the furniture rental, which is a monthly cost. It can give an empty home the wow factor. *But some homes look beautiful empty.* Your realtor is your best resource on this one.

**7. Should you spend money on a pre-selling building inspection?** You and your realtor want to know if there are any issues with your house before a buyer points them out and asks for money off. You also want to know the condition of your house so that you can price your house, factoring in the big issues the buyer must address. You will want to fix the little things before anyone visits your home, so that it doesn't appear to be a “money pit.” Typical cost for an inspection is \$525 depending on the size of the property. Inspection takes about 3 hours to complete. It's amazing what you learn as you follow your inspector through your home. When you live in an old home there is great benefit in using a respected inspector with an engineering designation.

**8. How much do you have to disclose?** Absolutely **everything!** Disclose any past water infiltration and describe how you remediated; disclose any insurance claims and how the damage was remediated; disclose those pesky squirrels in the attic—get the picture? Disclose everything and tell how you remedied and whether the remedy worked. All latent defects (defects that are not visible and may not be found by a building inspector) must be disclosed. For example, a previously flooded basement that was completely re-finished with no trace of flood to be seen at present. Important to note: this level of disclosure does not apply to private sellers but only to homes represented by a realtor who must abide by strict rules of ethics, conduct and disclosure. *Buyer beware if buying a private sale.*

### You asked...

**Question:** How can I find out the selling price of a property? On the public MLS system a property just seems to disappear off the website when sold.

**Answer:** Only realtors and their clients get to see the SOLD prices. Don't be in the dark—talk to your realtor and ask to be put in “matching” for your neighbourhood. As properties sell you will be notified by email, price and all. It's all about education. That way when you are ready to sell you will have up-to-date knowledge. Knowledge is power.

Let's Talk—keep those questions coming.

Lynda Cox is a Sales Representative with Faulkner Real Estate Ltd.



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# Confused about TV and broadband delivery options?

Ron Hodgson

To begin with it's important to understand that there are three routes to get to your High Definition TV screen. The most direct and cheapest is through the old-fashioned TV antenna. The second is by way of a service provider such as Bell or Rogers who deliver their signal by cable or by wireless. The third is via a broadband signal through a set top box or integrated in a Smart TV.

**1. The antenna approach:** If you install a reasonably priced digital TV antenna in your attic or on your roof you will be able to get maybe a dozen high definition signals by plugging it into your TV and setting the TV to receive from an antenna. Go to [www.tvfool.com](http://www.tvfool.com) and you can find out how many stations you can get free over the air. You'll be surprised!

**2. The service provider approach:** Recently the service providers have been bombarding us with advertising about our choices for receiving high definition TV signals to our homes. Most of us pay quite a bit to receive way-too-many channel options usually through Rogers Cable, Bell Satellite or Bell "Fibe." And as most of you know, there is now a new option of a minimal set of channels delivered for the rock bottom price of \$25.00 which started on March 1st as mandated by the CRTC.

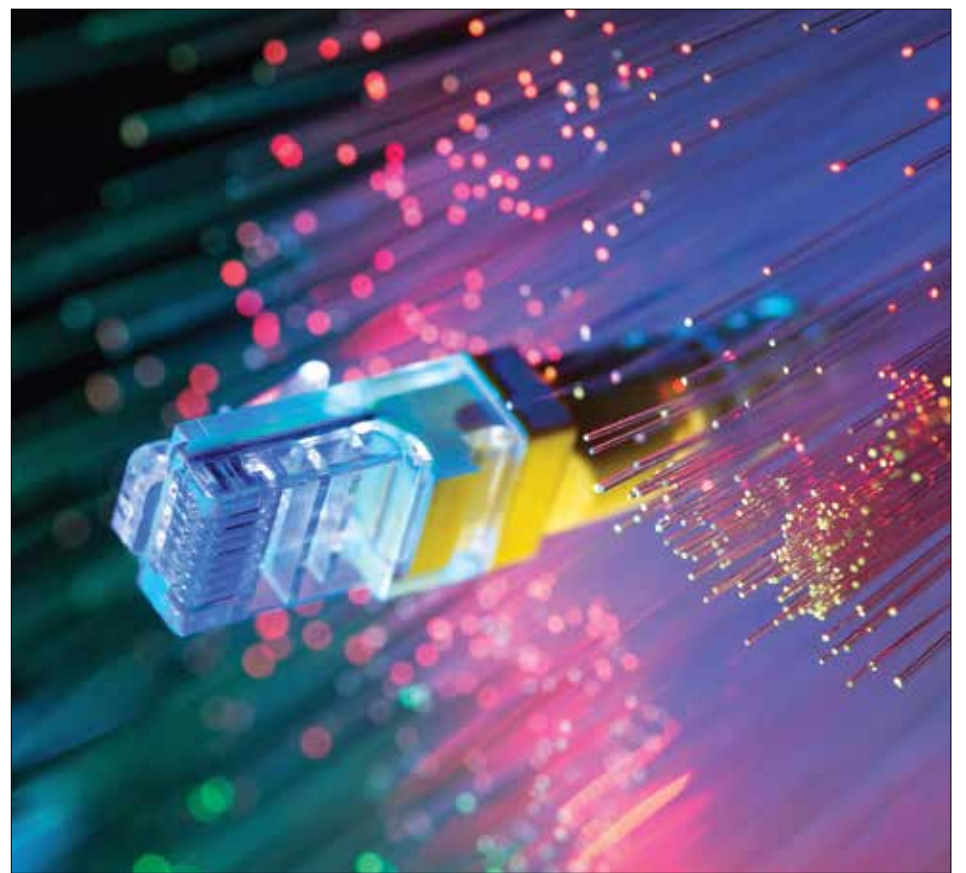
Opting for the "skinny" (\$25) channel option likely won't save you much since you're bound to want to add a few extra channels and that will end up costing you close to or even more than today's bundled package offerings.

For example, the Bell starter 20 channel option at \$24.95 includes local Canadian stations like CBC, CBOFT, TV5, CTV, Global, TVO, the Weather Network plus legislative channels, but no US Stations, Cable Channels, Sports, Music etc. You will also have to rent one of their digital boxes plus pay a \$49.95 installation fee. Additional channels cost from \$4.00 per month each or you can pick a package of 10 extra channels for \$37.00/month.

Rogers, Shaw and Cogeco give you few more channels than Bell in their \$25 starter package but costs can mount up quickly for pick-and-pay options. As yet, Rogers does not provide the option of picking individual channels - only pre-picked groups. They have until December to unbundle the channel universe.

**3. The streaming approach:** Many people are now choosing streaming services such as Netflix, Shomi and Crave TV for their TV program choices. Some are provided as an extra by your service provider. Rogers delivers Shomi for a few dollars a month. Likewise Bell offers Crave TV. Many people are already subscribed to Netflix which is in competition with Shomi and Crave but can be accessed using set top boxes or Smart TVs. A set top box such as Apple TV will let you get any or all of these choices. The same is true for online movies, sports events, games and more.

Streaming services require a broadband internet connection with enough speed and download capacity to accommodate your viewing habits so make sure you have enough. Anything much over a 40" TV screen will look better in high definition so a download capacity of at least



100 Gb per month is necessary to accommodate the high definition traffic. If you like to play online games or watch sports events you'll want a high speed connection of no less than 25 Mbps. The trick is to match your broadband internet service to your viewing or interactive gaming needs.

Rogers advertises internet download speeds of from 5 Mbps to 1 Gbps over their digital network with unlimited usage at the higher speeds. Bell offers their "Fibe" service. It means their signal is delivered over fibre optic cables, in some cases to the home, which they call Fibre to the Home (FTTH), in others to a local junction box which they call Fibre to the Neighbourhood (FTTN). Bell calls both of these options "Fibe" but only the locations with FTTH can take advantage of the Fibe TV very high definition service and essentially unlimited internet capacity. They currently offer attractive prices for a bundled FTTH package.

Very recently I've noticed some very competitive internet service deals from Rogers and Bell as well as several secondary providers such as Distributel, Vonage, Primus and others. I'll try to cover some of these options in a future column. I like and use the National Capital Freenet ([www.ncf.ca](http://www.ncf.ca)) a not-for-profit community service associated with Carleton University. Through NCF one can get a 50 Mbps service with a 300 Gb download limit for about \$50/month.

Competition for the route to your TV is evolving quickly in Sandy Hill and elsewhere in the city with prices dropping rapidly. Don't get trapped into a two-year agreement if you can help it. Instead look for pay-as-you-go agreements which will give you flexibility to go with the tide and adjust to your future bandwidth needs. As Peter Drucker once observed, "If you want something new, you have to stop doing something old."

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Stories from Rwanda, Nanjing and Armenia



Sandy Hill author launches new book at Ottawa Writers Festival

Lyne Champagne

Books typically have a long gestation period, some longer than others. When asked how many years it took them to write a book, authors have been known to reply: a whole life.

The idea for *The Light that Remains* came to me in July 1994 as I stared at photographs of Rwandan refugees in *The Toronto Star*. The genocide was in its fourth month and the refugees were in Goma, a border town in Zaire (renamed the Democratic Republic of the Congo and now in the grip of its own bloody conflict.) In one photograph, two sisters were sitting together, one cradling the other. According to the caption, the one in front was dying of cholera. She looked healthy. Puzzled rather than stunned. Like she couldn't believe she was in another country, without her baby or her husband. That it could've happened so quickly. Hanging her laundry one minute, running for her life the next.

But who was I to imagine her life? Safe in my own country, thousands of kilometres away. Without a photographer to expose me to the world, to deny me the privacy sorrow requires.

That photo stayed with me. What if I wrote about a Rwandan woman, like this one, explored her life before history closed in on her? What if I wrote about others who shared a similar fate in another time, another place? I dismissed the idea immediately. Too heartbreaking. Too difficult to write. Not my stories to tell.

A year later I was in Nanjing to adopt my daughter. I had read about the massacre that had taken place there in 1937. With the Rwandan genocide still fresh in my mind, I asked the guide if there was somewhere I could pay my respects. She was evasive and encouraged me to visit the Sun Yat-sen mausoleum instead. One of the stories could be set in Nanjing, I thought, before dismissing the idea once again.

In 2004, almost a decade after I first looked at that photograph, the idea resurfaced. The anniversary of the Rwandan genocide was in the news as was Darfur. The idea more insistent this time. Disrupting the novel I was writing. Interfering with my research. So I decided to write one story, set in Rwanda, which I wouldn't even publish, which would prove the project was an impossible one.

Once the story was finished, I started to read about Nanjing and when that story was done, I immersed myself in the Armenian one. It took me six years to complete the collection and another two to write it in French. A shorter version of the Rwandan story was published in *The Toronto Star*, in the very newspaper that first triggered the project.


The book is finished but the tragedy is ongoing. Our newspapers and screens filled with so many heartbreaking stories and photographs of refugees.

*Lyne Champagne, a Marlborough Avenue resident for 23 years, will launch her new book, The Light that Remains, on April 18 (see invitation page 15).*

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Spring scene in Sandy Hill

Photos by Kathleen Kelly



The spring thaw along the Rideau River appears to have conveniently fashioned a playground for these aquatic birds.



A runway model (aka female Mallard) demonstrating the current trend in feather attire.



Enjoy local history?

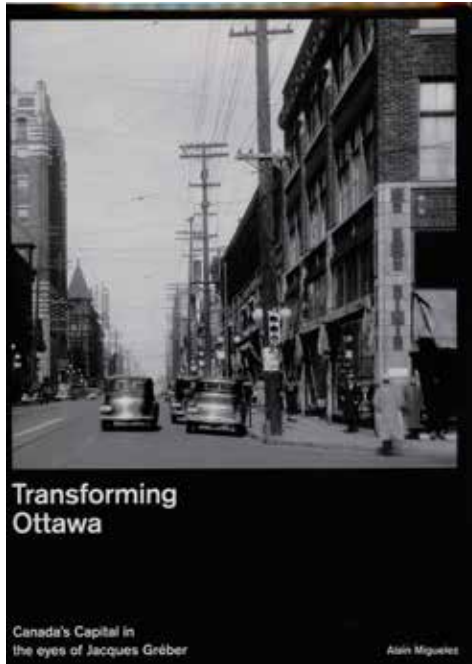
## Two new books on Ottawa you will want to check out

François Bregha

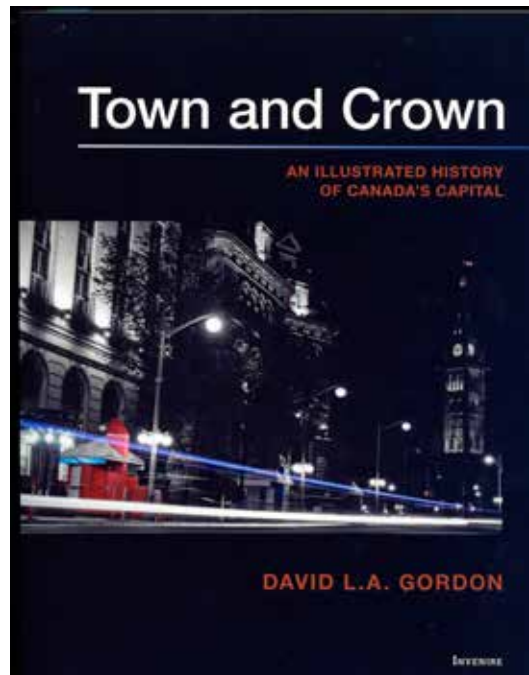
Those of you who like history and understanding how the city of Ottawa has developed over the years will enjoy two picture books that were recently published on this topic.

The first (*Transforming Ottawa – Canada's Capital in the eyes of Jacques Gréber*) is by Sandy Hill resident Alain Miguelez and came out at Christmas.

A City planner, Miguelez describes the impact that French planner Jacques Gréber had on Ottawa after World War II. It was Gréber who, among other things, advocated getting rid of the many rail lines downtown, creating a green-belt around Ottawa and facilitating car transportation. Miguelez presents the Gréber plan, including the ideals that underpinned it, and analyzes its positive and negative impacts on the capital. The book features over 300 photos of Ottawa taken in the late 1930s in support of Gréber's work, including some residential neighbourhoods that no longer exist, such as that part of Sandy Hill south of Laurier and west of King Edward now occupied by the University.



*Town and Crown – An Illustrated History of Canada's Capital* by Queen's professor of urban planning David Gordon was published in March. It too is lavishly illustrated but covers a longer period reaching back to 1800. It covers both sides of the Ottawa River and describes the transformation of the region from a wilderness portage to a modern metropolis. The book is rich in historical detail and includes wonderful anecdotes about Ottawa's early days. Gordon argues that urban planning in Ottawa has been hampered from the start by the poor coordination between the different interests of town residents and Crown representatives (initially the British military, then the federal government). The siting of the Parliament buildings at the end of, but not aligned with, any north-south streets is a graphic example of this lack of coordination.



Both books are available in selected bookstores or can be ordered online.

## Somerset Street greening arrives with spring: be a part of it!

Susan Young

Full sun or shade? Can we put in deep or shallow plantings ... and then trees (what kind?), tiger lilies or peonies? Accommodate existing pedestrian short cuts, or cut them off? These are the questions the Sandy Hill Tree Group faces now that the design phase is approaching for the chosen "depave and green" sites along Somerset Street. Should we buy some perennials, or count on donations? Where should the City dump the loads of soil and mulch, and will we have enough wheelbarrows to move them to the sites? We welcome your input – "pre-planting bee" meetings likely in April, mobilization of community gardening forces in May or June. Email [sandyhilltreegroup@gmail.com](mailto:sandyhilltreegroup@gmail.com) to be a part of making Somerset Street green!

Photo Bob Meldrum



The east side of Nelson at Somerset: two corners that are good candidates for some trees and planters.

## Le français correct ✓✓✓ par Denyse Mulvihill

Améliorer son français, c'est la responsabilité de chacun. Attention de ne pas confondre le sens français avec le sens anglais de certains mots.

On doit dire :

> **Être à l'aise**, qui signifie « se sentir bien, se sentir heureux et satisfait de sa vie » — non pas — être confortable, expression réservée aux choses et objets, sinon, c'est un anglicisme.

Ex. - *La nouvelle maman est toujours très à l'aise pour se reposer, en berçant son bébé, dès qu'elle peut s'asseoir dans son fauteuil confortable.*

> **Avoir la procuration de quelqu'un**, qui signifie « recevoir le mandat, le pouvoir d'agir au nom d'une personne, avoir en sa possession un acte écrit et notarié, donnant au receveur l'autorité de prendre toute décision au nom de la donnannte » — non pas — avoir le pouvoir d'avocat, ce qui est un anglicisme.

Ex. - *Quand l'indisposition de sa mère s'est aggravée, c'est son fils qui a pris la décision de l'hospitaliser immédiatement, dans une clinique spécialisée en soins intensifs, car c'est lui qui avait la procuration pour agir de cette façon.*

> **Consulter un conseiller financier**, qui signifie « discuter avec un attitré dans le domaine, tel un banquier, sur la meilleure façon d'investir de l'argent, tel un héritage, un legs, ou des économies » — non pas — consulter un aviseur financier, ce qui est un anglicisme.

Ex. - *Pour se préparer un avenir sans trop de soucis d'argent, il est sage de consulter un bon conseiller financier pour bien comprendre avec lui la méthode qui régit les investissements, en totalité ou en partie, à la suite de quoi, on peut faire un choix judicieux et personnel, dans le but d'en obtenir de bons rendements.*

> **Fêter quelqu'un**, qui signifie « se réjouir en compagnie d'amis, à l'occasion de l'anniversaire d'une personne chère, organiser une rencontre spéciale, à cet effet » — non pas — célébrer quelqu'un, ce qui est un anglicisme, sauf dans le cas d'un événement important survenu dans le passé, tel la fin d'une guerre, l'indépendance d'une nation, même une victoire électorale, ou tout autre événement commémoratif glorieux.

Ex. 1 - *À l'occasion de l'anniversaire d'une compagne de travail, ses collègues ont organisé une réunion-surprise afin de la fêter pour d'abord lui faire plaisir, puis, pour la remercier de son dévouement et enfin pour souligner l'amitié que tous lui portent.*

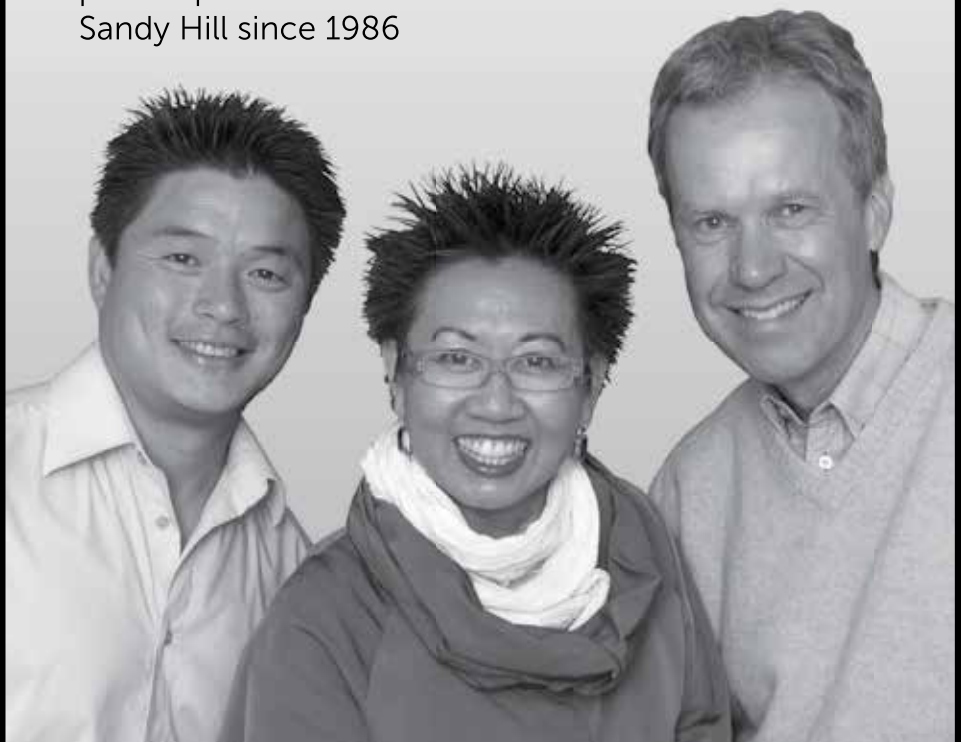
Ex. 2 - *Chaque année, le 11 novembre, le Canada se fait un devoir national de célébrer le Jour du Souvenir, afin de toujours se rappeler la bravoure et le courage des vétérans des deux Grandes Guerres mondiales, ainsi que des autres conflits dans certains pays lointains, sans oublier le courage et la bravoure des militaires d'aujourd'hui qui continuent la tradition et vont combattre au loin afin de tenter de ramener la paix dans le monde.*

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## New (snow) man on the block

The February issue of IMAGE carried a photo of a wonderful snowman. Sadly, shortly after the photo was taken, the snowman was visited by late night revellers who, in the spirit of good fun (we hope), thought his scarf belonged on another snowman across the street. In the process he was reduced to mere snowballs.

But Mother Nature soon provided us with another pristine snowfall and Janet MacKay and I (of Worldview Studio) were back on the job, replacing it with the new happy fellow pictured above, to greet passersby from both directions.

Alas his time on Blackburn Ave. was short as well. It would seem that late night partygoers have it in for the Snowman. Still, we hope to see more of his kind next winter. —*Mitchell Webster*



## ASH founder receives award

On March 31 a United Way Community Builder award was presented to George Wilkes, former Sandy Hill resident and founding president of Action Sandy Hill. George has a great, long list of community volunteer accomplishments. He didn't stop after the creation of ASH in 1968 but continued as a tireless contributor to the City of Ottawa's neighbourhood planning process started in the early 1970s and was the prime mover behind the establishment of the Sandy Hill Community Health Centre which began as a small medical clinic in 1975 and has grown into the present large facility providing a wide variety of community health and social service programs from its building on Nelson Street at Rideau. During the 80s he continued to be involved in the SHCHC as well as in local transportation and urban planning projects in our community.

George has been just as active a volunteer in areas outside the community: a prime mover in the Tribute to Human Rights monument on Elgin Street, member of the City's committee on Local Architectural Conservation, and a long time volunteer at Bruce House to name a few.

— *Jan Meldrum*

Photo— *George (holding his Community Builder plaque) with husband Norman Dahl. George and Norman are not only celebrating George's award but also 66 years together. Congratulations!*

# News from Viscount Alexander Public School

Michael Barnes

**Busy bees at Viscount**  
It's spring already but nobody has hibernated at Viscount over the winter! Our students have enjoyed the outdoors, had great success with sports teams and brought the community together for some evening fun at our annual Movie Night.

**Cross country skiing in Chelsea**  
On a lovely and sunny March 3, the Grade 5/6 students were hosted by The Chelsea Nordiq Ski Club at the Meredith Centre in Chelsea. Students were equipped with boots and skis and taught, through games and drills, how to skate ski. For nearly all students, this was a first time ever on cross-country skis. The morning started with learning how to fall and get up and progressed to races and one-ski soccer. After lunch, students learned how to descend and climb hills. A big thank you to the Chelsea Nordiq Ski Club.

**Outdoor education**  
On March 7 Kindergarten to grade 3 students went to Baxter Conservation Centre. Here are reflections from four Grade 3 students: Zeinah, Jerry, Vavara and Lilly:  
We were on the bus for about an hour! Then we met our leader, Kate. She told us the four things animals do in winter. One of them was hibernating and another was migrating. Another one was surviving and the last one, sadly, is dying. After we were done, we did the best experiment ever! Next, we went on a nature hike. We passed a camping site. There was a fire pit. We sat down and sang a song called *I Like to Eat Apples and Bananas*. And then even more hiking. After the long hike we had lunch. We were so hungry.  
We hunted to find stuff on a list. One of the things was animal scat. We found coyote tracks, hare tracks, deer tracks and a porcupine – not one, but two! We went around the trees and we fed chickadees, but lots of us were scared so we put mittens and gloves on but without luck. No chickadees came on our hands because we were too loud.  
At last we went back on the bus and took an hour to get back to school. That was a tiring and fun day. I learned a lot.

**Geocaching, orienteering, and winter ecology**  
On March 8, it was the turn of Grades 4 to 6 students to visit the Baxter Centre. The staff of the Outdoor Education program had a fantastic day planned. The Grade 4s spent their morning on nature hikes and playing games outdoors. In the afternoon, the students learned how to read a compass and follow directions on a map. Their newfound orienteering skills were honed on a scavenger hunt through the woods, using a compass and a map.  
The Grade 5s and Grade 6s spent their morning learning all about geocaching, learning how to use a GPS and locate waypoints. Their lesson culminated in a hunt for waypoints hidden all across the conservation area. "When we started the



*Senior Kindergarten students on a field trip to the dinosaur exhibit, at the Museum of Nature. Inspired by what they saw, they have decided to build a dinosaur museum in their own classroom.*

geocaching, it was fun, but it was a lot of walking! What we had to do was put the waypoint coordinates into the GPS and try to find a stamp to put on the pieces of paper we got." – Katheryn, Grade 6.

In the afternoon, the students went on a nature walk followed by sledding and a great game of capture the flag in the deep snow. "After geocaching we went off to a nice nature walk. We saw trees, a battery station, and porcupines. They were so cute!" – Logan, Grade 5.

**Junior girls volleyball win gold**  
Our Junior Girls volleyball team won gold and the regional banner at their tournament. The team won 9 out of 10 games over the day tournament, finishing first in the round robin and went on to win the gold medal. Their sportsmanship and team spirit carried them through the day, and were a true inspiration. Thank you to Mme. Tait and Mrs. Mills for coaching the team. Congratulations to everyone who contributed to this season's success.

**Minions overwhelm Movie Night**  
We had a very successful movie night on Feb. 26, viewing the *Minions* movie. It is awesome to see families out enjoying a movie together, and our students were great at getting themselves set up with blankets/pillows, etc. to make their seating super comfy. Thank you to our school council and staff for organizing the event. One estimate was that 180 students, staff and families watched the film.

**Great skates, thank you**  
A special thank you goes to Alan Martel and his team of the Ottawa East Hockey Association for their hard work in preparing skates for our skating sessions at Sandy Hill Arena. Close to 70 students borrowed skates this year and the Sandy Hill Skate shop did a great job preparing for their use. Students skated on Wednesdays and Thursdays and prepared for our Annual Skate-a-Thon in March which raised nearly \$3,000. for Scientists in School workshops. Thank you to all of our staff and volunteers for their help with the skating sessions. It is always amazing to see how quickly the students improve on the ice.

**Learning about dinosaurs**  
On March 1 the Senior Kindergarten students enjoyed a field trip to the Museum of Nature to visit the dinosaur exhibit. Having explored dinosaurs in class for a few weeks, the students had decided to build a dinosaur museum in their classroom. The trip was an absolute necessity for students to gain inspiration to inform their own construction and design.  
The trip was a huge success. Students left with a list of details to be added to their museum, including a ticket counter, ropes to protect exhibits and dinosaur habitat displays. Construction continues in the SK classroom and students are looking forward to inviting schoolmates and parents to the grand opening.



*Viscount Alexander girls won 9 of 10 games at a tournament this winter.  
Rear: Mme Tait, Muram, Afnan, Nathali, Kyra, Mrs. Mills  
Middle: Hildana, Arya, Logan, Maida  
Front: Najat, Katheryn*





Bohemian waxwings hanging out. You can hear their rhapsody at: [xeno-canto.org/species/Bombycilla-garrulus](http://xeno-canto.org/species/Bombycilla-garrulus)



A lone Bohemian or Bombycilla Garrulus.

# The visitors

Annegret Hunter

February 13 is a very cold, crisp day. The layer of fresh snow hides winter's brown-grey frozen slush and gives everything the appearance of cleanness and purity, and the sun makes the white covering sparkle underneath a clear blue sky.

I get ready for a quick outing, open the back door—and stand stunned. “Good grief,” I shout to my husband, “someone has puked all over our stairs!” We stare in shock at the revolting sight: not only are the stairs covered, but also the driveway in front of the garage. Next to it our neighbour's car is enveloped in disgusting splotches of sickly pale red and purple splashes. All around the snow cover is pockmarked with evil-looking splatterings, as if a million tiny puke bombs have fallen from the sky. We look up into the crown of the backyard willow tree, and get another shock. Birds sit there, many of them, hundreds probably, perching in big clumps right over the driveway. And the bombardment keeps coming, giving the huge flock a definite advantage. An umbrella might help, but what to do with it afterwards? Short of firing a cannon ball into the gathering, there is nothing we can do about it, except listen to the merry chatter.

Who are these invaders, these destroyers of beauty, turning parts of wintery Sandy Hill into open public toilets? Well, it is the Bohemians, of course, the Bohemian waxwings to be precise, garrulous visitors from the North, the size of a starling. They come in large flocks looking for berries, stripping the berry trees, overindulging dreadfully—and make a pit stop in our willow.

Unfortunately one cannot even be really mad at them, because they are beautiful birds: crested, sleek, brown-grey, black-masked, with white, yellow, red on wings and tail, always looking polished and dapper. Of course, standing below in the middle of a bombardment one cannot see their beauty. And their Latin name describes them perfectly: *Bombycilla garrulus*! Thankfully, they are not regular visitors in this area.

For three hours they drop their unsavoury bombs. Then they disappear and leave us to clean their outdoor facility.

## Two local educators have been “Planting Seeds” in Guatemala

Tickets available for lively May 14 event at St. Joseph's on Wilbrod

Elizabeth Knowles

Susan Schmaltz is co-founder with her husband Richard Schmaltz. of Oneness Through Service, an Ottawa-based not-for-profit organization offering children of the Mayan culture early childhood education and other initiatives. The educational arm of Oneness in Guatemala is called Planting Seeds.

Oneness Through Service – Guatemala will host its fourth annual fundraising event “The Children of Guatemala” on Saturday, May 14, at St. Joseph Parish Hall, 174 Wilbrod Street. Proceeds from the event will be directed to the support of the existing 22 educational programs serving more than 500 children in Guatemala,

pay for teacher training and salaries, and provide classroom learning materials and equipment.

Susan is a former early childhood educator who established many facilities in the Ottawa valley and taught at Algonquin College. Her husband, Richard, is a retired principal who worked for the Renfrew County Board of Education and the Ottawa Catholic School Board.

She believes that a quality and positive early childhood educational experience can change young minds forever.

“The only way this world is ever going to change,” Susan says, “is by teaching children to love themselves and care about others from their earliest possible years. They need to learn to think, to problem solve, and to create, so they can lead

their generation into a whole new way of being in this world... a way of freedom... a way of peace... and a way of love.”

In 2013, the Guatemalan Early Childhood Education Teachers Association created by Oneness four years earlier became an official Guatemalan NGO. As well, the Guatemala Ministry of Education has now accredited the Planting Seeds methodology up to the Grade six level. All furniture has been designed and built by Oneness to facilitate the activity-centred methodology.

Over the years, Susan and Richard Schmaltz have succeeded in significant ways to further the goals of Oneness in Guatemala. Through networking, leadership, and by example, they have recruited volunteers and donors to support their objectives.

Originating as lay associates of the Sisters of St. Joseph in Pembroke, teams of volunteers, mainly from Ottawa and Renfrew County, have travelled at their own expense to build the infrastructure needed to support the “Planting Seeds” educational projects.

After volunteering for 15 years on the frontlines in Guatemala, Susan and Richard have returned to their permanent residence in Sandy Hill. They continue to support and direct Oneness services and operations and return to Guatemala on an annual basis.

For detailed information regarding Oneness, the Planting Seeds program and philosophy, the partnerships, and the personnel, please visit our website: [www.Oneness.ca](http://www.Oneness.ca) or find us on Facebook.



Susan with a Planting Seeds graduating class of Mayan children and their teachers

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Richard and Susan turn over the keys of the new teacher training facility in San Lucas to Madeli Quinones who is the first Executive Director for Planting Seeds.

THE CHILDREN OF  
GUATEMALA

A Fundraising Event at  
St. Joseph's Church hall,  
Wilbrod & Cumberland

May 14 • 6:30 p.m.

This evening will honour the children of Guatemala as resilient, loving, hard-working students.

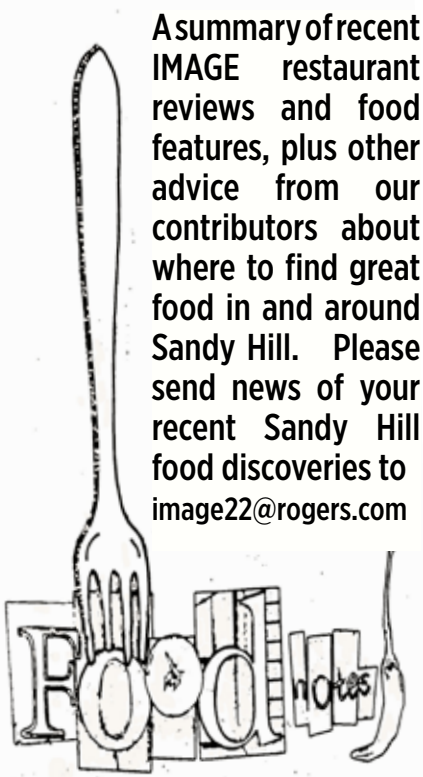
It will include

- a 3-course meal catered by Todric's,
  - a silent auction,
  - a cash bar,
- a mercado/market of Guatemalan handicrafts,
- door prizes and
- a presentation by founders, Susan and Richard Schmaltz.

All donations can and do make a difference and \$30 of the ticket cost is eligible for a charitable tax receipt.

Tickets are \$50 each and can be purchased by calling 613-234-9012.





A summary of recent IMAGE restaurant reviews and food features, plus other advice from our contributors about where to find great food in and around Sandy Hill. Please send news of your recent Sandy Hill food discoveries to [image22@rogers.com](mailto:image22@rogers.com)

**The Guild Room, 10 Blackburn**

The café at allsaints Ottawa has progressed by leaps and bounds in the last couple of months, and is now the sunny setting for an espresso machine and a daily menu of soup, salad and smoothies (all made in the neighbourhood), as well as assorted fruit and baked goods. The cappuccino, charmingly presented in vintage cups, is a bargain at \$3.50, and there’s decaf if you need it. The Guild Room is open from 7 a.m. to 9 p.m. daily, so anyone who’s working or going to activities in the building can count on a pick-me-up when they need it.

**Jerk Grill Café, 320 Wilbrod**

The Jerk Grill Café closed its doors in early January only a couple of months after its grand opening, and this unlucky restaurant space now has its windows papered over until the next tenant arrives. The Jerk Grill’s catering services are still available, however; contact [info@jerk-grillcafe.com](mailto:info@jerk-grillcafe.com) if you have a gathering coming up that could benefit from some Jamaican flavours. Their cocktail-sized patties with savoury fillings (including a vegan filling of chopped greens) make for excellent finger food.

**Mu Goong Hwa Garden, 376 Rideau**

The all-you-can-eat menu at this Korean restaurant is a lot of tasty fun. Take your pick from a generous selection of

appetizers and sushi, along with the main attraction: sliced meat and vegetables to cook on your tabletop barbecue. When the tea, the water jug, the rice and the complimentary kim chee and other marinated hors d’oeuvres arrive, your table will be crowded, but the pleasure of tending the grill makes eating here an entertaining way to spend time with friends and family. Some of the dishes are rather rudimentary (salad, for instance, is a small dish of iceberg lettuce laced with ranch dressing), but the marinated beef is delicious and the dumplings got a big thumbs-up. The all-you-can eat option is \$23.99 per person, and a regular menu is also available.

**Nacho Cartel, 200 Wilbrod**

The crew at the small truck with big dreams is gearing up for another season. They are currently installing new stainless steel fixtures for easy cleanup, and expect to be open for your taco-consuming pleasure sometime around the beginning of April.

**Portuguese Bakery, 48 Nelson**

The Portuguese Bakery has spruced up its exterior recently, and it’s great to see that along with their grainy bread and billowy buns they are once again making pasteis de nata, the little custard tarts with the slightly singed tops that are such a culinary standard in Portugal. Open every day except Tuesday from 8:00 a.m. to 5:00 p.m.

**Rideau Bakery, 384 Rideau**

The lunch counter at our oldest neighbourhood bakery is serving some great soups these days; a recent cream of cauliflower was a rich golden bowlful of lightly curried broth and finely minced, roasted cauliflower. Take a look at the bakery’s newest bread offerings while you’re there as well; sourdough is now available in a variety of shapes, and a light rye flatbread with olives and rosemary will inspire you to all kinds of sandwich fantasies. Go soon—its annual closing is coming up, April 18-May 2.



Photo Bob Meldrum    Rideau Bakery lunch counter.



Photo Dodi Newman

# Rhubarb is up!

Dodi Newman

Rhubarb season is short and rhubarb is more expensive than it has any right to be, but it is the earliest locally grown produce, its mouth-puckering tartness wakes up the senses after months of duller winter fare, so I indulge myself. A word to the wise: buy early in the season to avoid tough stalks, and look for green or greenish red rhubarb. The purely red sorts tend to be mealy. Rhubarb freezes beautifully: just wash, trim and peel it, cut thick stalks in half lengthwise, cut all into 2 cm long pieces, put them in freezer bags, remove as much air as possible, seal and pop in the freezer - done! Frozen rhubarb can be substituted for fresh in just about every recipe. Add it to muffins, for example, or to use it to make a rhubarb crumble. The easiest rhubarb dish to make is sauce. To make it, google “Crocker rhubarb sauce” and follow directions. It is excellent plain or with cinnamon. Omit the cinnamon and vary it by adding finely chopped crystallized ginger, vanilla essence, or orange zest to taste. Rhubarb sauce with ginger makes a very good accompaniment to roast lamb. Plain rhubarb sauce is great with vanilla ice cream or custard. Rhubarb is mostly used in desserts, even though it is technically a vegetable. But there are interesting ways to use it in sa-

voury dishes, as in this somewhat *picante* salsa from Florence Fabricant, which she serves with tacos and I serve with hot or cold roast pork. For the recipe, google “NYT rhubarb salsa”. Everybody who likes rhubarb has her or his own favourite pie recipe. Mine is this one:

**German Rhubarb Tarte**

Serves 8

- Preheat the oven to 375°F.
- To make the crust, google “NYT short-crust pastry” and follow the recipe by David Tanis. Fill the unbaked crust with this filling:
- 4 large eggs
- 250 g (2 cups) sugar
- 2 tablespoons flour
- 125 g (1 cup) ground blanched almonds
- 500 g (about 4 cups) rhubarb, prepared as for the frozen rhubarb above

Beat the eggs and sugar until very light and roughly doubled in volume. Mix the flour thoroughly into the almonds. Fold the almond/flour mixture and the rhubarb into the egg mixture. Spread the filling evenly over the unbaked short crust. Bake in a 375°F oven for 1 hour or until the top is a light golden brown. Serve at room temperature.



**Spring scene in Sandy Hill**

Photo by Sabrina Mathews



While the rest of us on April 6, aghast, watched as 15 cm of snow fell here in Ottawa, Sabrina Mathews headed to the Adawe bridge with her camera.



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**Live-in Innkeeper wanted for Victorian Inn**  
Looking for a friendly, mature student to share accommodation in exchange for evening/nightly duties (3-4 nights/week) including - laundry, ironing, checking-in guests, answering phone, etc. Accommodation includes - private bedroom & bathroom; shared kitchen & living space. More information: 613-237-6089 or contact@mcgeesinn.com

**St. Paul's-Eastern community activity**  
Sandy Hill Seniors: Coffee group meets on Tuesdays from 2 - 3 p.m. for conversation at Econolodge, 473 Rideau St. 613-237-1821.

**Ottawa Quakers** hold a (largely) silent Meeting for Worship, Sunday mornings at 10:30 a.m., 91A Fourth Avenue in the Glebe. Newcomers welcome! [www.quaker.ca](http://www.quaker.ca)

**April 10 • RCMP Pipes, Drums & Dancers** will be providing a concert in support of two charities: CityKidZ and the Veterans Cemetery at Beechwood. The performance will be held at Dominion Chalmers Church located at O'Connor & Cooper streets. Celtic musical acts include Shabaraque, Christ Church Cathedral Choir, Maxville Youth Fiddlers, singing duets as well as the RCMP Pipes, Drums and Dancers. The main event will commence at 2:00 p.m. with music starting at 1:30. Tickets are free for children under 12 and \$20.00 for adults. [rcmppipesanddrums.com/](http://rcmppipesanddrums.com/).

**April 16, 10 - 2 • Children's theatre festival** at Canterbury High School. Six shows for ages 4-6, 6-8 and 8-10. [chschilrenstheatre2016@gmail.com](mailto:chschilrenstheatre2016@gmail.com) or 613-731-1191 ext. 596

**April 16, 10 - 3 • Soup Sisters soup-a-thon**—Soup for Syrians Book a one hour soup-making session. \$25 fee per person covers expenses for each session. Minimum age for soup-making is twelve years old with parental supervision. La Cité collégiale, 801 Aviation Parkway. To book for April 16 go to [www.soupsisters.org/soupref.php](http://www.soupsisters.org/soupref.php).

**April 22 - 24 • Ontario Welsh Festival**  
A weekend celebrating Welsh culture and music, featuring a Gala Concert April 23 by The Three Welsh Tenors and Cŵrdd choir from Wales 7.30 pm, Dominion Chalmers United Church, 355 Cooper. Tickets \$25 in advance, \$30 at the door. Two hymn singing sessions at 10.30 am and 1.30 pm, April 24, Dominion Chalmers, freewill offering. More information at [ontariowelshfestival.ca](http://ontariowelshfestival.ca)

**April 23 • Spring Clean-Up in Sandy Hill** parks and streets, rain or shine! Meet in the parking lot, Strathcona Park. Bring work gloves (we'll have extra). Garbage bags provided. High school students earn volunteer hours. 1:00 - 4:00 pm  
**le 23 avril • Nettoyage du printemps** aux parcs et rues de la Côte-de-Sable Beau temps, mauvais temps! Rendez-vous au stationnement du parc Strathcona. Apportez des gants de travail (on en aura à prêter). Les sacs à déchets seront fournis. Heures de bénévolat pour les élèves du secondaire! 13h à 16h

**April 25 • Benefit buffet** Welcome springtime with a sumptuous south-Indian buffet to benefit Friends of Jagruti, a not-for-profit organization that supports women and children in the slums of Pune, India. Silent auction. 6:00 p.m. Coconut Lagoon, 853 St. Laurent Blvd. \$40. Please RSVP at [nlapierre@hotmail.com](mailto:nlapierre@hotmail.com). For more information on Jagruti, visit [www.friendsofjagruti.org](http://www.friendsofjagruti.org).

**April 27, 6-8:30 pm • Janette Sadik-Khan** The co-author of *Streetsight: Handbook for an Urban Revolution* and former Transportation Commissioner for New York City will be in Ottawa to talk about how she re-imagined public spaces and helped to transform the streets of New York into dynamic spaces for pedestrians and cyclists. 6:00 pm at Lansdowne Park, Aberdeen Pavilion.

**June 11 • Garage sale:** Annual Gigantic Multi-Family Garage Sale and BBQ. St. Anne's Church, Old St. Patrick Street, Saturday, June 11, 8 am - 1 pm rain or shine



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## Rideau Branch Library

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APRIL - MAY 2016

### For children/Pour enfants

#### Family Storytime / Contes en famille

Tuesdays at 10:30 am, March 29 to April 19 and May 3 to May 24. Stories, rhymes and songs for children of all ages and a parent or caregiver. Drop in./ Le mardi à 10 h 30, du 29 mars au 19 avril et du 3 mai au 24 mai. Contes, comptines et chansons pour les enfants de tous âges et un parent ou gardien. Inscription non requise.

#### PD Day Game on! / Journée pédagogique, À vos jeux!

Monday, June 6, 2-3 pm. Roll the dice or pick a suit! Come play cards or board games with us. Ages 6-12. Drop in / Le lundi 6 juin, de 14 h à 15 h. Joue aux

dés ou choisis ta couleur! Viens jouer aux cartes ou à un jeu de société. Pour les 6 à 12 ans. Inscription non requise.

**Author Visit with Kevin Sylvester**  
Monday April 18, 1-2 pm. Kevin will share funny stories, talk about his critically acclaimed Neil Flambé series as well as his new science-fiction series MNRI and lead children in a cartooning lesson. English only. Ages 9-12. Registration required.

### For adults/Pour adultes

**Pen and paper writing group**  
**Tuesdays at 6:30 pm. Drop in**  
Get feedback on your writing (any genre) and ideas from the group. Hear the work

of other writers and offer your feedback. Discuss issues about writing and publishing. Share your triumphs, trials and tribulations with a supportive, informal group.

#### Groupe de lecture Mille feuilles

le mercredi à 18 h 45

Le 11 mai – un livre de Mordecai Richler, au choix de chaque lecteur

Le 22 juin – *Avis à mon exécutif* de Romain Slocombe

#### Morning book club

Monthly on Thursdays at 10:15 am. Drop in.

April 21 – *The Dinner* by Herman Koch

May 19 – *Requiem* by Frances Itani

#### Evening book club

Monthly on Mondays at 7 pm. Drop-in.

May 2 – *The Goldfinch* by Donna Tartt

June 6 – Your choice of stories by Flannery O'Connor



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## St Paul's-Eastern United Church welcomes you to services & events

**Regular Sunday morning services** from 10:30 am. Parking and Sunday School available.

**Contemplative services:** 6:30 pm monthly every first Sunday evening. Upcoming May 1, June 5.

**Communion services:** Spring dates - 10:30am. Sunday Feb 14 and Sunday Mar 20.

**Café church:** Sunday April 17 in the hall—join us for informal worship

**Bible Discovery:** Wednesdays 10:30 am to noon. All are welcome

**Choir:** Thursdays at 7:30pm. New singers welcome.

**The Sandy Hill Seniors' Network:** Meets at noon every 4th Wednesday in church hall for lunch and a speaker/ discussion group. Donations appreciated. Contact [helengsmith@bell.net](mailto:helengsmith@bell.net).

**Healing Service:** Saturday April 23, 11:00am, at St Paul's-Eastern United. This is a joint service with St Joseph's Catholic Church. All who seek healing prayers are welcome.

**Sandy Hill refugee sponsorship** presentations/events: Partners St. Paul's-Eastern United Church & Refucare Ottawa. Contact church for details . <https://chimp.net/groups/refucare>

**Odawa programs and special events:** Odawa Native Friendship Centre operates a food cupboard and organizes programs, special events at the church. See [www.odawa.on.ca](http://www.odawa.on.ca)

**Contact us for updates and details!**

**Address: 473 Cumberland St. (corner of Daly St.) in Sandy Hill**

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The Coyotes. Front l-r: Lucas McGarry, Anton Bendin, Mason Whitham, Ulysse Clement, Evan Assadi, Noah Berthelotte. Middle l-r: Kasaya Brown (Sandy Hill), Mathieu Tremblay, Nicholas Montminy, Sabrina Côté, Laura McGuire, Gabriel Goulx, Sam McKay (Sandy Hill) Back: Jim Whitham (Manager/Asst. Coach), Jeff McGarry (Asst. Coach), Marion Lajoie (Head Coach), Stephane Côté (Asst. Coach). Absent: Alain Primeau (Asst. Coach), Jack Fiander (player), Amanda Cahoon (Trainer)

# The Undeclared

John McKay

Like a climactic scene out of the movie *The Mighty Ducks*, the Atom level “Coyotes” hockey team climbed from the bottom of their pool to the playoff final. Then on March 10th they took to the ice to give the community a lesson on how to remain undefeated, especially when you don’t win.

Part of the Ottawa East Minor Hockey Association, the Atom C2 Coyotes is a team of two girls and 12 boys, all nine or ten years old. Players Kasaya Brown and Samuel McKay are Sandy Hill resi-

dents and the team frequently played at the Sandy Hill Arena.

In a classic come-from-behind story, the team went from falling near the puck as their primary strategy to being top of their pool. Having won only two of their 16 regular season games, they surged in the playoffs and remained undefeated in the four playoff games leading up to the final.

“I couldn’t be more proud of them,” said Coach Marion Lajoie. “They never let the lack of winning games get them down because each one of them won a hundred times every game by doing something new or better.”

The final game offered up high drama on ice. Having scored an early goal against

the Ottawa South C2 Terminators, the Coyotes held their lead until the last two minutes of play. The Terminators pulled their goalie and with six players on the ice managed to tie the game with 01:36 left on the clock.

Two scoreless overtime periods followed. Then, according to league rules, the third overtime period consisted of three-on-three play without goalies (rather than the normal five-on-five with goalies). It was then the Terminators scored on the Coyotes empty net to win.

The Coyotes collected their silver medals and returned to the locker room where something remarkable happened.

“Remember at the beginning when he would crash into the boards to stop,” said one young player to his buddy Sam about one of their teammates, “he’s awesome now!”

“We didn’t even know where to stand,” replied Sam.

And so it went on, with team members eating pastries out of a Tupperware container and talking with one another about how far they had come. And then they planned their next outing together to see a Senators game.

It was a remarkable scene, as if it was a scripted role-play in a training course designed to teach adults how to learn and behave.

It was the picture of a close-knit team focused on continuous improvement, of measuring themselves against their own past performance rather than the scoreboard. It was one of pride in how far they had come and the achievement represented by the silver medals around their necks.

It was a scene of victory.

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**225 Alvin Rd # 305 \$229,900.**  
**Manor Park:** Just shy of 1000 sq ft, this urban Ottawa condo can only be described as WOW!. Well appointed & upgraded from stem to stern. Elegant, open living space graced w/ quality hardwood and ceramics, this corner unit on the southeast side boasts a lovely green view all seasons and loads of light and air. In suite laundry. Coveted indoor garage parking. Locker. Perfect living for those who appreciate peacefulness and community.

**205 Bolton St # 430 \$450,000**  
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**40 Ivy Crescent \$879,000.**  
**Lindenlea:** All you could wish for! Well executed renovation/addition offering a versatile floor plan in this light filled, elegant home. The great flow makes it fabulous for entertaining, casual or formal. “Family central” is overlooking the generous south facing yard. 3 season solarium. 4 bedrooms including a “wow” master suite. Four bathrooms. Fully finished basement complete with custom wine cellar.

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