

Transformation importante de l'Université d'Ottawa

François Bregha

Il y a un peu plus d'un an, l'Université d'Ottawa amorçait la préparation d'un nouveau plan directeur pour l'aménagement de son campus. Ce plan est maintenant presque prêt et promet une transformation en long et en large des espaces extérieurs et de l'infrastructure du campus, ainsi que la construction de plusieurs nouveaux bâtiments.

Le plan, d'un horizon d'une vingtaine d'années, privilégie la circulation piétonne, les espaces verts et la construction d'importants bâtiments, surtout le long de l'avenue King Edward et sur le campus Lees. La réalisation du plan se fera en plusieurs étapes (voire décennies) selon la capacité budgétaire de l'université. Viendra dans un premier temps dès cet été le remplacement de l'actuel stationnement X, en face du nouvel édifice des sciences sociales, par une nouvelle place de l'université, réservée aux piétons. Suivra un nouveau centre d'apprentissage à côté du Pavillon Lamoureux dont les plans ont déjà été déposés auprès de la Ville. Le remplacement de la résidence Brooks sur King Edward par de nouveaux bâtiments polyvalents pourrait aussi avoir lieu dans un horizon rapproché.

suite à la page 6



Riah Challen of Besserer St. has dedicated two days a week to Youville Centre's Swap Shop on Mann Ave. since she retired in 2011. The effect she and other volunteers have on our local community will be celebrated in the National Volunteer Week campaign running from April 12-18. Nelly Elayoubi tells us more on page 12 and Erica Howes goes behind the racks at the May Court Bargain Box on page 11.

Photo Nelly Elayoubi

Human scale to the max!

Charity Wildchilde

Architect Arch von Buildinhi pulled out all the stops at a recent assemblage in Sainthillock. With the assistance of Fauxteam on behalf of applicant Tacky-all, von Buildinhi presented three "super unique" concepts for what was previously considered too restricted for development—the laneway adjacent to St. MacDonald Park.

"Social urbanism is our new guiding light," pronounced city expat planning consort Yon Schmitz. "It's about architect, community and developer coming together."

"Before we ignite into discussion, I will reveal a pointed power presentation of three 'architectonic' proposals for this challenging site," announced von Buildinhi.

The Stage—a 12-storey Elizabethan/Edwardian edifice with ornate balconies inspired by Shakespearian theatre.

The Styer—a 14-storey corrugated metal clad structure reminiscent of the pragmatism of earlier rural settlement.

The Savant—a 12-storey conglomerate which might also be dubbed memories of Sainthillock, encompassing all the architectonic eras from pre-confederation to Elvison to Watsonian.

"All of you here are saints and savants," declared Fauxteam's social urban planner Bliss ter Herr as she organized, "for further illumination and ignited discussion," three round tables—the Rainbows, the Blue Skies, and the Clouds.

Concerns about how such a tall structure would function on such a small lot were somewhat mitigated by Bliss ter Herr as she explained that the Tacky-all development would be a landmark and therefore in conformity with Oddwa's OP (Official Platitudes).

Temple Road resident Pat Philpott (Cloud) muttered, "It's rather like that game where we get to choose whether we would rather be eaten by shark or mauled by a polar bear."

When all was said, Yon Schmitz announced the Savant as the number one choice.

Fauxteam, Architect von Buildinhi, Matchin Eh (ref from count Furry's office), and planning consort Yon Schmitz agreed that the selection was "urban socialism in real time."

"The scale (D human) and rhythm (1/12) of the Savant make for a development that is human scale to the max!" declared Yon Schmitz.

"Since architect, community and developer have come together, there will be no barriers going forward and no need for the OMB (Order of Multiple Bias)," sighed the Active Sainthillock prez, Chaz Rollup.

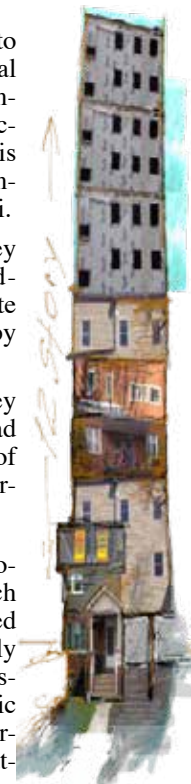


Illustration Claire MacDonald

You thought the heavy trucks would be gone now Rideau St. is finished?

If you enjoy keeping an eye on construction projects you are in for a busy spring. Numerous student housing projects plus the new pedestrian bridge across the Rideau are all well underway in the south end of Sandy Hill.



Nine storeys of student housing is going up across the street from the Mann Ave. arena.



Henderson Ave. is a hive of activity with these bunkhouses and a big new residence. Photos by Edward Zolpis



Construction on the pedestrian bridge to Vanier will continue through 2015.



A controversial conversion project is underway at Mann and Russell.

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IMAGE welcomes articles, letters, photographs, notices and other material of interest to its readers in the Sandy Hill community. Name and telephone number of contributor must be included.

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From Ken Clavette's Album of Bygone Sandy Hill



Two young men spend a Sunday afternoon in Strathcona Park in the 1920s. Looks like the parking restriction was not always enforced. — Workers' History Museum



City breaks its own rules on outdoor patio approval

All residents within a ninety (90) metre distance of a proposed outdoor patio are supposed to receive a letter from the City of Ottawa informing them of an application of this type.

Last year, La Maison bar's outdoor patio encroachment permit was approved despite fervent opposition by the surrounding community. A petition with over 100 names of residents living close to La Maison was submitted to city officials.

Furthermore, we never received a letter as outlined by the City of Ottawa's own

rules. Why not? Action Sandy Hill was also required to receive a letter. A coherent explanation from the City of Ottawa and our councillor eludes us. How is approval of La Maison's patio permit even possible when the City has not followed its own rules on the process for granting it?

We are asking the City of Ottawa to fulfill its obligation and responsibility to preserve, protect and promote public health, safety, welfare, and peace and quiet on our corner in Sandy Hill.

Please ask the City of Ottawa to follow the proper process concerning La Maison's outdoor patio permit for 2015. You can email Ermis Durofil at ermis.durofil@ottawa.ca at the Right of Way Permits and Applications Office and copy Councillor Fleury at Mathieu.Fleury@ottawa.ca.

The five members of the Community Committee, Sandy Hill Housing Co-operative, King Edward / Somerset E.

IMAGE abroad...at Brown's Bluff, Antarctica, January 14, 2015



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Surprise, anger and sorrow were voiced at a meeting about the closure on February 5.

The end of the Shawenjeagamik Centre?

Larry Newman

Three years ago this month, I interviewed Carrie Diabo, the coordinator at Odawa Native Friendship Centre's drop-in centre at 510 Rideau Street—sometimes called Centre 510. For ten years Odawa has offered three meals a day, showers, laundry service, crafts instruction, counselling, and just a place to hang out with friends. This April, it will close. The City has cut all funding to this drop-in centre as well as to two others in Ottawa.

What happened? It's one thing to reduce funding; it's quite another to cut all funding. And why this centre? Where are the 60 to 100 Odawa clients going to go now?

I attended a meeting at St. Paul's-Eastern church (Daly and Cumberland) called by Odawa on February 5 to explain the cut in funding. It was attended by over 100 people, mainly clients and former clients. Of course there was surprise, anger and sorrow voiced by the audience. "You don't get to toss us aside."

"Where do we go to hang out with our friends?"

"I would be hungry if it weren't for the Centre."

"I've been homeless for 14 months. It was very dangerous on the street. We have to watch out for dealers who run us off their place on the street."

D.J. Moon Bear, another speaker from the audience, was laid off from his job. He spoke about his two weeks on the street, alcoholism, eating at Centre 510.

Actually, it's not the City that provided Odawa's funding. I spoke to Councillor Mathieu Fleury, who offered this explanation: The funds—this year a total of \$10.8 million—are provided by the federal government and are administered by the City. This year, the feds stipulated that 65% of the funding go directly to provide housing to homeless street people. All organizations that were interested in providing services to the homeless were asked to submit a bid to the City. The City convened an independent review panel comprising community members, including an aboriginal representative who was recommended by the Aboriginal Community Advisory Board, a provincial government representative and one City staff.

Odawa bid but the City didn't fund their program. Morgan Hare, Executive Director of Odawa, said that his was the only Aboriginal service organization whose entire funding was cut. Odawa was also the only bid to offer the service of a drop-in centre. Wabano, Minwaashin Lodge,

Tewegan House, and Tungasuvvingat were funded although they do not have programs providing housing for homeless people either. Mathieu Fleury said, "No drop-in centres were funded with this program."

I spoke to Rev. Laurie McKnight-Walker of St. Paul's-Eastern United Church about her experience with Odawa and the drop-in program that the church held there last summer. She is enthusiastic about the prospect of more collaboration with Odawa, but there was much objection from some of the neighbours. A meeting was called with the neighbours, Councillor Mathieu Fleury, and Rev. McKnight-Walker. Mathieu Fleury agreed with the neighbours that there shouldn't be a drop-in centre at St. Paul's-Eastern; so there'll be no Aboriginal drop-in centre for the homeless at 510 Rideau or St. Paul's-Eastern this year.

After trying and failing to secure an interview with Social Services staff who manage the programs funding drop-in centres, I must conclude that the City doesn't think drop-in centres are important. Not only that, I read that the mayor refers to a transition program, but there seems to be no evidence of it.

So, the big question is, Where will the people served by Odawa go during the day? The City's answer is that there are other drop-in facilities. If you are an Aboriginal in a largely non-Aboriginal city you will want to seek companionship with people of similar culture and experiences. Odawa provided that and St. Paul's-Eastern, in partnership with Odawa, tried to do that last year.

St. Paul's-Eastern United is still going to be a go-to place for Aboriginals in Ottawa. Odawa manages a food bank at the church. The church is also the location for an Odawa Aboriginal Youth Centre. This program is to encourage all youth to continue on in secondary school. Tutoring is available. There is also a healing circle on Wednesday nights. St. Paul's-Eastern and Odawa are in the process of establishing an official partnership to provide further assistance to Aboriginal clients.

However, no one, except the clients, wants an Aboriginal drop-in centre—not the federal government, not the City, and not the neighbours. These places are important for many reasons but primarily for satisfying the "third place" need. It is a working principle in the social science world that there are three places: home, work, and a third place for social interaction. It's beginning to look like the City isn't up to speed on its social science. And they don't seem in the mood to talk about it either.

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Le jeudi 14 mai 2015 • 18h00

Centre communautaire, 250, Somerset est

Newsbites

Text: Larry Newman
Photos: Edward Zolpis

Quality decision re Quality Hotel

The Quality Hotel, corner King Edward and Rideau will be home to 414 mainly first year students this coming September. The University will lease the property and be its sole manager. Aaaand—flat screen TVs in every room! Added to its new dorm on Henderson St. and the former Rideau Gardens building on Friel, the University will now (September) sport 4000 student places - 10% of total enrollment. Good start, U of O.



St. Alban's Anglican gets architectural Award of Merit

This historic Gothic Revival church at the corner of Daly and King Edward was built (finished) in 1877. It's no wonder that a general renovation was called for two years ago. For this effort the city bestowed its Restoration Award for the repairs and restoration done to maintain and stabilize the exterior of this heritage building. Be sure to look in the June issue for fascinating details of a particular aspect of this renovation.



Restoration of Simard House at 31 Sweetland gets award

Kudos to Fernando and Albertina Martins, who garnered one of only 12 Architectural Conservation Awards given by the City in 2012-14. This Second Empire house, a heritage-designated building built in 1884, was in severely degraded condition. The owners were able to restore its grandeur as well as construct an addition that blended very well with the original house. The jury appreciated that historical materials based on historical evidence were used in the restoration.



Mathieu Fleury

Ward • Quartier 12 Rideau-Vanier

City Councillor • Conseiller municipal



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Now that the 2015 City of Ottawa budget is approved, it is time to focus our attention on the 2014-2018 Term of Council Priorities. The Term of Council Priorities set out the guide for the strategic work that the City will accomplish over the next four years. The Priorities represent a carefully planned list of strategic investments and innovative projects the will allow the City to plan for the future and ensure that our city is sustainable for generations to come. Some of our priorities include the renewal of Montreal Road and the ByWard Market, expanding our cycling and pedestrian networks, the removal of the downtown interprovincial truck route, and continuing the implementation of the City's Housing and Homelessness plan. More importantly, however, we would like to hear your priorities for the next four years. What issues matter most to you and what do you think needs improvement? I encourage you to please visit this survey website to give us your opinion at <http://mathieufleury.ca/survey/>

In addition to planning for the next four years, we also celebrated some pretty important events this winter. On February 28th, we celebrated the City of Ottawa's rink operators, a legion of important and vital volunteers that work tirelessly to install and maintain our numerous community rinks. We had the opportunity to sit down over breakfast with the rink operators to thank them for their hard work, relax and discuss community building with associations, groups and volunteers from across our city. We are lucky to have such wonderful volunteers that keep us out skating all season long. On March 5th, the City of Ottawa presented Daniel Alfredsson with the Key to the City to recognize his contributions to professional hockey and his advocacy of local charities, including the Ottawa Senators Foundation, the Royal Ottawa Foundation for Mental Health and the Boys and Girls Club of Ottawa. Mr. Alfredsson is a role model to us all and it was a privilege watch Ottawa's own receive the Key to the City!

As always, we are here to help you. We encourage you to contact us anytime should you have any questions or concerns.

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The AGM of Action Sandy Hill



Have your say!

All residents of Sandy Hill are welcome to attend this Annual General Meeting. Membership registration and open house for community organizations will start at 6:00 pm while the meeting will begin at 7:00 pm. Come meet your elected officials, hear the latest issues affecting Sandy Hill, and vote for your new Board Members.

Thursday, May 14, 2015 • Doors open at 6:00 pm

Sandy Hill Community Centre, 250 Somerset St. East

Elections • Updates • Volunteer of the Year • Community information tables

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By Joel Westheimer, PhD

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Aperçu du plan directeur du campus, de la page 1



Illustration de la vision pour le secteur central. Les édifices éventuels sont en blanc; existants en jaune.

Pour la Côte-de-Sable, c’est surtout la vision d’une nouvelle avenue universitaire sur King Edward qui retient l’attention. Cette vision comprend la construction de nouveaux bâtiments des deux côtés de la rue, mais reculés de façon à créer un espace piétonnier plus large, ainsi que l’installation d’un nouvel espace publique à l’angle de la rue Somerset. La largeur des voies de circulation automobile demeurerait inchangée. Quoique l’utilisation éventuelle de ces bâtiments reste à définir, le plan envisage l’aménagement de restaurants, boutiques et services au rez-de-chaussée pour rendre la rue plus vivante.

À plus long terme, l’université prévoit l’aménagement d’une promenade le long de l’avenue Lees pour relier son campus central à celui de l’ancien collège Algonquin et la construction de plusieurs bâtiments importants à cet endroit, notamment pour y accommoder des résidences et le déménagement éventuel de la faculté des sciences de la santé.

Le plan se veut à la fois un rattrapage sur des immobilisations actuelles exigües et une vision pour un campus plus accueillant, plus « vert » et qui répond mieux aux besoins de sa clientèle :

Le campus central deviendra donc une zone sans voiture avec l’aménagement d’un meilleur réseau piétonnier;

On plantera des arbres pour rendre le campus plus attrayant et faciliter la ges-

tion des eaux de ruissellement;

On développera des collectivités entières dans les différents secteurs du campus, comportant des logements, des carrefours communautaires, des centres de recherche et des salles de classe, le tout facilement accessible à pied, en vélo et par le transport en commun.

Quoique ce plan envisage d’importantes nouvelles immobilisations, l’université ne s’attend pas à augmenter son nombre d’étudiants de façon sensible. Les besoins en construction s’expliquent plutôt par l’emphase sur la recherche (les espaces de recherche prennent plus de place que les salles de classe) et par la nécessité de combler les lacunes actuelles sur le plan du logement et des espaces sociaux. Par exemple, le centre universitaire ne répond plus aux besoins. En principe, il serait possible d’accueillir au moins 6 400 nouveaux étudiants dans des résidences situées sur les terrains de l’université au campus principal et sur les avenues King Edward et Mann.

Reste encore l’élaboration de plans détaillés pour chacun des secteurs du campus, ce qui prendra un autre six à huit mois. Pour plus de renseignements, on peut visiter www.uottawaplannedirecteur.ca (www.uottawamasterplan.ca in English) où on est aussi invité à laisser des commentaires.



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Newsbites

Beth Shalom congregation leaves after 60 years on Chapel St. N.



photo Larry Newman

On March 29, the congregation of Beth Shalom synagogue removed their Torah scrolls (above) and carried them through Sandy Hill and west to their new temporary home at the Soloway Jewish Community Centre. The congregation has sold its Chapel Street property to Trinity Properties Investments Inc., a major participant in the Lansdowne Park redevelopment, that plans to open a residential and retail complex at Chapel and Rideau in 2017. —with notes from The Ottawa Citizen



photo Larry Newman

What's up with the All Saints building at 319 Chapel St.?

A broad and eclectic group of community members and others interested in the potential for the space that is All Saints' Church brought ideas and information to three meetings of the Save the Saints Working Group over last fall and this winter. Based on this input and a number of other meetings with the heritage community, the Group's co-chairs - Leanne Moussa, Diane Whalen and Susan Young - met with the Anglican Diocese and its real property group to put forward an emerging vision, one that protects the Church building's heritage designation and involves keeping at least some of the space accessible to the community.

Ideas generated include affordable housing, co-housing, a multi-faith space, a café/restaurant, art studios/live-work spaces, an event/meeting and catering venue, a music/dance/art school, a NGO hub. Even more exciting is the "offshoot" project that has taken wings thanks to Sandy Hill resident Suneeta Millington, to transform Laurier Avenue (from King Edward east to Strathcona Park) into a small cultural landscape called "Prime Ministers' Row", drawing on the considerable history and heritage that Laurier Ave. and its environs represent - a project that would see All Saints' as an anchor site.

The co-Chairs would like to thank the many individuals and groups, and such institutions as the Sandy Hill Community Health Centre, Action Sandy Hill, Historic Ottawa Developments Inc., among others that have come forward with their ideas and support. An offer has been put to the Diocese for the property and if accepted, will trigger public consultations and a business planning exercise whose goal is to formulate a sustainable, community-minded project to make Sandy Hill proud. — Susan Young



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May 14	Ascension worship @ 7 p.m.
May 27	Christian Strength potluck @ 5 p.m.
Jun. 18	midweek summer worship begins, 7 p.m.
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photo Graeme Hunter



Pedalling towards paradise

Graeme Hunter

South through Strathcona Park, across the Hurdman Bridge, and further south along the river through dappled woodland light and shade. Sunshine meets you first on Riverside, just where it crosses Bank, then dapples into woods again past Carleton University to Hogsback and beyond. You roll across these places on the surface of the earth, but you are biking, and your adventure is of a different order, on another plane.

You'll likely want to stop a moment, though, at Riverside and Bank. Dismount a little awkwardly from your bike, and pay respects of some sort to the impromptu monument to Meg Dussault, killed by a truck as she cycled over. A ghostly bike festooned with fading flowers, a picture or two of the former fellow cyclist, a plastic-wrapped obituary in the wicker carrier.

The photo is the card I would have liked to write. The shadow of my bike in the lower right hand corner is my signature. But the shadow of her bike falls across every cyclist's path every time out. Here, even a good helmet may not help you. More important is your conception of the path.

Once we learned that the earth's a globe, we saw that even prairies and oceans are not as flat as they look. They're gentle downward curves. Theology had a similar insight

long before. The path of a long life, it taught, was not a line, but a gentle curve, upward to paradise ... or down. But it also taught that lives are too fragile for all of them to be long. The horizontal line of life is intersected by the vertical at every point. The exit door is always right above your head and beneath your feet. Meg Dussault drove up, not through, at Bank and Riverside.

"Trim your wicks," was the word to the foolish and the wise virgins. "Be wakeful and alert" was the message for slothful stewards of life's estate. Every pedaller knows this lesson, even if he tries not to think of it. Every trip has two possible destinations: the intended one ... or paradise. Bike lanes have widened, and with them the tolerance and understanding of drivers of cars. And yet, and yet...

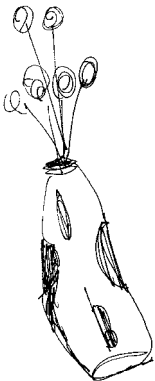
Last year three of my colleagues met with serious accidents on their bikes. Thank God, none was killed. Is it courage or recklessness that puts them back on two wheels? Bravado or refusal to face the facts? Can there be any good reason to go on biking?

Perhaps there is just one: the resolution to believe that the slow curve of things is upward, rather than down, that the exit door beneath your feet is nailed closed, but that the one above your head is open. Our ancestors had a word for this kind of belief. It was "faith".

Happy Easter ~ Joyeuses Pâques



Madeleine Meilleur MPP/députée Ottawa-Vanier
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How much do you value your privacy?

Ron Hodgson

It seems that every time I pick up a paper, visit a favourite blog or read a Facebook opinion the issue of privacy comes up. Our government through the Office of the Privacy Commissioner of Canada (www.priv.gc.ca/au-ans/index_e.asp) spends a great deal of money on studying, providing advice and promoting laws to deal with privacy. The mission of the Commissioner is "To protect and promote the privacy rights of individuals."

This cartoon is featured among others on the Privacy Commissioner's website. It's indicative of the personal information that you divulge at your local grocery, drug, hardware, liquor—you name it store. Data collection is routine. You probably use a debit or credit card which may be associated with a loyalty program or perhaps you may be asked if you want to add a couple of bucks towards a store-sponsored charity. Each transaction adds to the reams of information that is available to the store and may be kept. A week later you may receive a letter or an email informing you of special deals on items that you have purchased in the past— maybe extra loyalty points, maybe a sale price. Data on your buying habits is used by the company to "enhance" your experience as a customer.

Many people have no idea about what and how much of our personal information is collected and retained when we are customers of local businesses. Nevertheless, being aware of what and how information is being collected is just plain prudent. A quick look at a couple of sample transactions is a starting point.

Let's look at an example of you making a reservation at a local hotel. Maybe you're going to take a mini-break and try their pleasure pack of dinner, a comfy king-size bed and a full breakfast next morning. You make a reservation with your name, street address, postal code, phone numbers, email address and credit card details. They may ask you if you'd like to be added to their mailing list to be advised of future deals. There's usually a little box which is already checked so that you *have to uncheck it* if you don't want to receive ongoing emails from them.

When you check in they might ask you for your car details such as make, model and license plate number. Perhaps you're already a member of their frequent visitor loyalty program or possibly Air Miles. The hotel likely has WiFi and you're free to use it but, guess what, more personal information is collected. What about video surveillance?

That's a whole lot of personal information just from one event with one business. Where is it stored? What are their sharing policies? Is it safeguarded? Can it be erased? Thinking about all these things can make a person a bit paranoid.



"THAT WILL BE \$28.75... NOW IF I CAN JUST GET YOUR POSTAL CODE, PHONE NUMBER AND A SMALL BLOOD SAMPLE."

Let's look at another example, your smart phone or soon, your smart watch or smart glasses. These little gadgets are keeping track of your whereabouts, your communications, your financial transactions, your travel plans, your interests, even your health. When you use these tools at your local store or restaurant, how much information stays with the store and how much is saved by other organizations such as Google, Facebook, Apple or Microsoft. Google Glass, which has just finished a prototype phase, can even keep track of what you're observing.

You'll have to prepare yourself for more pop-up ads, more junk mail, more "suggestions" of items that may interest you based on the information collected from these sources. But it's the non-evident collected data that concerns me. One of the most sought-after skills these days is the ability to manipulate data bases where information about you and millions of other people are stored. Think DNA banks and national security for example.

There's an interesting book written recently by a University of Calgary professor, Dr. Thomas B. Keenan, entitled *Technocreep: The Surrender of Privacy and The Capitalization of Intimacy*. One of the things that Dr. Keenan implies is that there is so much going on that government regulators cannot possibly keep on top of developments. Intelligence evolution is unstoppable so we as individuals will need to do our best to learn about how we can protect ourselves from spreading unwanted data even while we are increasingly bombarded with new apps, new smart systems and an increasingly Big-Brotherish environment.

The Privacy Commissioner's office has recently put out some straightforward tips to help businesses create a better and more private environment for their customers. You can see these on their website. A couple of the more interesting tips to the businesses are: "Ensure staff receive privacy training" and "Don't ignore requests for access to personal information." A good business will take these tips seriously.

The more we as customers understand how businesses are collecting data about us, the better we will be able to deal with an environment that increasingly threatens our privacy.

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Bikes, buses and bridges

The ins and outs of Sandy Hill transportation issues

John Verbass

As we slowly emerge from the grip of winter this seems like a good time to review transportation topics in and around the neighbourhood to see where we've been over the last year and where we'll be going in the next.

Last year was busy as we saw:

- the worst of the detours resulting from the Rideau Street renewal finally wind down;
- the start up of construction for the footbridge across the Rideau River (at the end of Somerset Street);
- the completion of short sections of bike lanes both on Laurier between Waller and Cumberland and of a counter flow (southbound) bike lane on Cumberland between Rideau Street and Besserer;
- the road opening of Chapel at Beausoleil finally closed to car traffic and a stop sign added on Beausoleil, creating a safer crosswalk to the adjacent schools;
- a consulting firm (Parsons) begin working on the technical feasibility study for a tunnel under Lowertown/Sandy Hill to connect trucks and traffic between highway 417 and the Macdonald-Cartier bridge

Road tunnel study

We can expect the results from this study to be made available late in the year with a debate at council in early 2016 on whether to move forward with a full environmental assessment. Unfortunately there is no opportunity to get any interim update or input to the study. However, a few months ago I did happen to meet someone from the consulting team. I expressed my view of the shortcomings of the brief treatment this tunnel received—being dismissed from further consideration—during the \$7 million, now defunct, interprovincial bridge studies (2007-2013). The tunnel concept remains the only “iron in the fire” left for finding any solution to the daily curse of 2,500 trucks and 20,000 cars that use Lowertown and Sandy Hill as their route between the Macdonald-Cartier bridge and highway 417.

Tunnels seem to have had a bad reputation but recently are becoming increasingly common even for urban roadways, and their track record of successful completion is good, (for example, google Miami, Dublin, Seattle, and Oakland tunnels). We are well on our way there with Ottawa's own example of the LRT tunnel.

Light Rapid Transit and bus detours

The LRT tunnelling from the Sandy Hill side apparently has now reached Rideau Street and the mining of the cavern that will become the Rideau Street station has now begun.

Other items to expect this year include the next stage in the bus detours that will be necessitated when the transitway is closed in order to lay the LRT tracks and electrical.

This will involve some more modifications at the Laurier/Nicholas intersection so that the buses will be shifted to use lanes on Nicholas towards highway 417. The buses on Nicholas, will then continue onto highway 417 using the new highway lanes that are nearing completion from the 417 widening. Those lanes will be dedicated exclusively for the use of buses until the LRT is ready to roll in 2018. It will also mean the loss of the Campus and Lees transitway stations as bus stops. We hope to soon hear from OC Transpo how they propose to serve the customers who currently use those transitway stations.

It also remains to be seen whether the shifting of buses onto Nicholas might result in added congestion thus leading to a side effect of more traffic overflowing to King Edward.

Pedestrian bridge over the Rideau

Construction will continue on the pedestrian/cycling bridge over the Rideau River; there is some suggestion that the first use might be possible later in 2015 if all goes well. Otherwise we will have to wait until 2016.

Bike lane completion

The City cannot finish the implementation of the bike lane missing link on Laurier between Waller and the Laurier bridge until the buses are off Laurier Avenue there. This will have to wait until the LRT is functioning in 2018.



photo Bill Blackstone

Future Council debates

There will be debates at City Council on a number of topics.

The allocation of additional funding for more winter maintenance for bike lanes, of which those running through Sandy Hill are good candidates for priority.

During this year's budget discussions it was mentioned that sidewalk and road winter maintenance processes would be reviewed in light of the past two years of “blowing the budget” caused by more severe weather. This could provide an opportunity to make the case for shifting more priority to Sandy Hill's heavily walked sidewalks.

The City will also be moving ahead with more details related to its policy commitment to Complete Streets (infrastructure for all ages, abilities and modes of travel) for which there will be public consultations.

On Rideau Street near the Rideau Centre detailed design is ongoing to remodel the street in anticipation of the opening of the Rideau LRT station. I am moderately hopeful that the north sidewalks will get widened in the vicinity of the Rideau St. bus stops by the Bay.

During last year's election campaign the mayor pledged to allocate money in the budget for traffic calming measures. I expect some discussion in the not too distant future concerning how and where this money should be used.

I intend to participate in all of these discussions and hope to be able to secure some changes that result in improvements to how we move around Sandy Hill.

John Verbass lives on Wilbrod St. and follows the transportation file for Action Sandy Hill.




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What it means to live in the Sandy Hill Housing Co-op

Life here at the Sandy Hill Co-op (at King Edward and Somerset East) is so much more than just building and maintaining physical spaces. It is about resilience and fostering of the human spirit. It means seeing people through from sickness to health, from sadness to joy, and sometimes from places of division to the birth of new consensus. For me, it means that my husband knows that when I head out the door he may have to send one of our children to fetch me because I've run into someone and am having a good old chinwag. It's about dropping in for a cup of tea, or borrowing a teaspoon of spice, or giving a word or two of encouragement, or getting together to organize a strawberry social or a birthday party. We love it in Sandy Hill and it is really a special thing that we all have created together. We are proud to be here.

Camille Lechasseur

photo Camille Lechasseur

Sandy Hill Housing Co-op celebrates 30 years – but faces uncertain future

Camille Lechasseur & Leah Geller

On a winter's day in 1984, the founders of the Sandy Hill Housing Co-op invited fellow Sandy Hillers to discuss how their initiative could help revitalize and strengthen this part of the neighbourhood.

Some 30 years later, the Co-op continues to thrive. Amid pedestrian bridges and a rapidly growing university on our doorstep, it provides a welcome and stable anchor to a transformed Sandy Hill.

Who are we?

Today, 62 families call Sandy Hill Housing Co-operative their home, including many of the original founders. In some cases, children born in the Co-op are starting their own homes here.

Co-op members represent a truly diverse community. We are lawyers, students, nurses, artists, teachers, civil servants, community development workers and tradespeople. We are single parents,

young families, professionals, seniors and people with disabilities. We are anglophones, francophones and allophones.

Most importantly, we are individuals committed to being community partners and contributors.

What is co-operative housing?

Dating back to the first Canadian housing co-operative, formed in 1861 by coal miners in Stellarton, Nova Scotia, co-operative housing is an alternative way of living. It is not-for-profit and is not operated through any government control. Sandy Hill Housing Co-op is one of the last of the federal co-operative model, which allows us full control of our membership.

How does it work?

We volunteer our time and share our gifts to contribute to the smooth and successful functioning of where we live. That includes helping with building maintenance, gardening, membership, co-op finances and social programming.

We work together to make decisions based on the consensus of our membership. A portion of our community is pro-



For 30 years, the Sandy Hill Co-op has provided affordable housing to its members and a stable anchor for the neighbourhood. With its lease from Ottawa U expiring, it faces an uncertain future.

vided subsidy by our own membership-supported program.

Our current situation

Sandy Hill Housing Co-operative currently leases its land from the University of Ottawa. The land has risen in value from \$1 million to over \$6 million over the past 30 years. Our lease is a 35-year commercial lease, ending in 2019.

The co-op is currently moving towards negotiations with the University for the renewal of our lease. Affordable housing is scarce and we provide some as part of our value system that includes everyone regardless of income level and provides a different option than the City and the Province are able to offer.

We need you!

Sandy Hill Housing Co-operative is hopeful that the University will continue to support and encourage the stable, sustainable and vibrant community that Sandy Hill Housing Co-operative provides.

We ask for the Sandy Hill community's help and support. **Please write a letter to the University of Ottawa in support of the Co-op and keeping a balanced community here in Sandy Hill.**

Please send it to Claudio Brun del Re at: cbdelre@uottawa.ca.

For more information, or if you have an idea that you would like to share with us, please email Camille Lechasseur at community@sandyhill.coop

For Sale in Your Neighbourhood



194 Cobourg Street

Situated on a quiet low traffic street, this sun-filled and spacious three-storey heritage row home is very appealing! With room sizes seldom seen in newer homes and soaring ceilings throughout, this charming home makes a statement! The stone path leads you through the nicely landscaped front yard up to the inviting front porch which greets you and leads you into this carefully and substantially restored family home. The living room offers a wood burning fireplace and the very spacious dining room features handsome period pocket doors. Great updated kitchen w/granite counters, island and convenient second staircase. Unparalleled location close to Strathcona Park, uOttawa, downtown and more. Walk everywhere! MLS 942010. \$669,000



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Manager Sandra Ferguson sorts and organizes donated clothing and items every week.

Local treasure found daily for 45 years at May Court Bargain Box

Erica Howes

"It's just like a treasure hunt," said Helen Marjos, a May Court volunteer at the May Court Bargain Box on Laurier Avenue (east of Henderson). "I'll browse through when the shop opens and often people will come to the counter and come up with these wonderful things and I think, 'Where did they find these?'"

Every Monday, the line extends out the door at the shop. There are students, seniors and parents alike all waiting to get their eyes on the shop's new weekly stock of donations.

The cozy shop is lined with shelves of kitchenware, books, knick-knacks and closets worth of second-hand clothing, all donated by May Court members and people in the community. The leftover clothing is then donated to the Youth Services Bureau, the Ottawa Mission and Clothing for Charity.

This marks the 45th year the May Court Club's Bargain Box has been open. In the past couple of years, the shop has made about \$80,000 annually for May Court

Club services such as the May Court Hospice, after-school programs in low-income housing areas and the library at Ottawa Civic hospital. But manager Sandra Ferguson said in the many years the shop has been open, it's become more than a source of revenue for the club.

"They see it as their community centre. A lot of our customers live alone, don't

have a lot of income and this is where they have social contact with shoppers and May Court members who staff the store," she said.

The May Court Club of Ottawa was started in 1898 by Lady Aberdeen, the wife of Governor General John Hamilton-Gordon. Today there are nine May Court Clubs strewn across Ontario, but Ottawa's club remains the largest with 240 members and also carries the title of the oldest women's service group in Canada.

Nancy Pyper, vice-president of Ottawa's club said it's the history and opportunities to volunteer in a social environment that appeal to so many women from all different backgrounds.

"It's a vibrant club," said Ms. Pyper. "It's an intelligent group of women from many walks of life. You just learn so much about what they used to do and why they're part of the club."

Ms. Pyper explained that May Court members are required to volunteer 50 hours per year and many fulfill this by sorting, pricing or working the cash at the Bargain Box.

Although the May Court Club has always managed to find enough items to fill the shelves, Ms. Ferguson said this season was especially difficult. "This winter has been a disaster as far as [the number of] shoppers is concerned and we blame it on the terrible temperatures we've had," she

Volunteers Ruth Frayne and Helen Marjos work the cash Saturday mornings.



said, adding how the weather also made it hard for volunteers to get to the shop. But despite the weather, many regulars didn't let that stop them.

Merrylee Frith, a local teacher, has been coming to the shop for about twenty years after she first discovered it as a University of Ottawa student. She said she's found everything from a cowhide purse to a fur coat. Now that she knows many of the May Court volunteers, she said they not only know her clothing style, they are always great to talk to, even referring to them as "therapists" with a smile.

Helen Marjos, who knows Ms. Frith well from her shifts at the shop, said that's ultimately what the Bargain Box has always been about. "People of all socio-economic statuses, people who can only afford this and others who know a treasure when they find one, come here and often just need someone to talk to and they love to come in and chat," said Ms. Marjos. "It's a great spot for more than just bargains."



Weekly from June 15 - August 28

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Chandan Brar and Sumiko Mori prepare some special effects for the March Tall Tales contest.

Hey Sandy Hill!

Come be entertained while sharpening your speaking and leadership skills

Event: Sandy Hill Toastmasters

When: Monday evenings from 6:30 pm to 8:00 pm except for holiday Mondays

Where: Sandy Hill Community Centre in the boardroom (last Monday of the month in the games room)

Address: 250 Somerset St. E.,

Contact: Diane Pearson at dianepearson@gmail.com

Website: toastmastersottawash.ca/

National Volunteer Week, April 12-18

Sandy Hill celebrates super volunteers

Nelly Elayoubi

What started out as a high school requirement has turned into a long-time commitment for Jamel Hines, a 15-year-old Strathcona Heights teen dedicated to giving back to his community.

"I do it because I like the people," Hines said, of his involvement in the Sandy Hill Good Food Market.

Hines first got connected to the SHGFM through his mother, to fulfill the mandated volunteer hours for high school. Two years later and well beyond his 40-hour requirement, he continues to volunteer at the monthly market in Strathcona Heights.

"I basically do whatever I'm asked to do and run around like a chicken with its head cut off," the Grade 9 Immaculata High School student said.

Hines is one of many volunteers in the Sandy Hill area and will be celebrated in the National Volunteer Week campaign running from April 12-18. Volunteer Canada describes volunteers as "part of the ripple effect" who give to their communities willingly. And Volunteer Ottawa said last year it linked more than 1,200 volunteers with non-profit organizations.

At the Youville Centre, Riah Challen, 69, has dedicated two days a week to volunteer in the Swap Shop. Inspired by a presentation given by Youville and the United Way at her workplace, she made

the decision to volunteer at Youville once she hit retirement. The Centre helps 48 girls aged 14-21, with babies aged from two months to three years, complete their high school education, while providing daycare to their children.

"I was so inspired that when they finished I introduced myself and said when I retire I want to volunteer with you," Challen recalled. "April 2011 I retired and three months later I knocked on the door and said I was here. I was ready."

A Sandy Hill resident herself, Challen's Swap Shop duties include sorting, washing and organizing donations for the girls and their children. She has gotten to know the young moms and what they need, and will set aside items for them as they come in. A



At Silver Heights senior living centre, Linda Logan, 67, plans events to keep residents active and busy

Age and inexperience need not be a barrier. At 15 years old, Jamel Hines contributes time each month to the Sandy Hill Good Food Market in Strathcona Heights.

small thank you card from a mom and her little boy is taped to the wall by the entrance to the Swap Shop.

"Why would I not give something back?" she said. "I love what I do. When I wake up the morning I come in, I am so happy that I am coming to Youville that day."

Meanwhile, at Silver Heights senior living centre, Linda Logan, 67, busies herself planning various events to keep the senior residents active and busy. From bingo nights to birthday celebrations to exercise classes, she hit the floor running as soon as she moved in about four years ago. She has served as treasurer of the Tenant Circle since moving in, and works with other volunteers to prepare grant applications to better the living space for the seniors.

"I do it because I like it," Logan said. "I have the time and I get it, that I have the time."

Police Background Checks: They're different in Ottawa

Dodi Newman

Why should you, gentle reader, who never committed a crime, be interested in reading about police background checks and how they are done in Ottawa? Let me tell you: because, when you apply for a paid or an unpaid job with a volunteer agency, a business, an academic institution or a government agency, every one of these may ask for one; and because police background checks may disclose a lot more information than most people think they might.

So just what might a background check reveal? Well, that depends on the check. According to the Ottawa Police Service, they provide two levels of background checks:

- **Criminal Records Check**, for which OPS searches the CPIC Database for criminal convictions and/or outstanding criminal charges, as well as conditional discharges until the conditions expire. OPS does not disclose non-conviction dispositions such as absolute discharges, discharges, with-

drawn charges, or peace bonds.

- **Police Records Check** for service with the vulnerable sector, for which OPS searches local and CPIC databases for any criminal convictions and outstanding charges, police contacts/policy information concerning possibly criminal actions whether or not charges were laid, and pardons granted for a sexual offence.

OPS may release any of the information they find for the respective background check.

And therein lies the rub. Granted, police background checks are necessary at times to protect the public from harm, but that need ought to be balanced with the need to protect an individual person's rights. There is a surprising, even disturbing, amount of personal information in those police records. The Canadian Civil Liberties Association on its website has this to say: "CCLA is actively advocating for significant changes in the way that police, employers, volunteer agencies, etc. deal with non-conviction records. We believe that this is an issue that directly prejudices the presumption of innocence, individual privacy, dignity, and equality."

The Ontario Association of Police Chiefs' 2014 LEARN Guideline for Police

Record Checks (the Guideline) largely addresses these concerns. The Guideline makes compelling reading, especially in its introductory chapters about its underlying principles. You can find it by googling "LEARN Guideline." It describes in great detail what kind of information may be released under which circumstances, and which procedures are to be followed in the process. However, adherence to the Guideline by police services is voluntary.

The majority of Ontario police services choose to follow the 2014 LEARN Guideline; the Ottawa Police Service chooses not to. It follows its own procedures. There are many differences between the Ottawa Police Service's own procedures and the Guideline. These differences are what make Ottawa Police background checks different. Here are three fundamental ones:

OPS procedures are not available to the public. The Guideline is. The Information on the OPS website is limited to the two background check application forms, instructions for completing either form, and a broad description of what kind of information may be disclosed. There is no detailed information about the nature of that information. There is no definition of the criteria that determine which

information will or will not be disclosed. The website has nothing to say about how and by whom that determination is made. The website does not mention that it is possible to have a record corrected or to remove information from the record, let alone how to do either. All of this information is publicly available in the Guideline, but not on the OPS website.

OPS has two levels of background checks, and **its procedures allow the disclosure of outstanding charges** for both of them. The Guideline has three levels of background checks and does not allow that disclosure for its most basic level.

OPS procedures allow the release of a wide range of police contacts for vulnerable sector checks, including some mental-health-related incidents. OPS does subscribe to one provision *only* of the 2013 LEARN Guideline with respect to police contacts involving mental health incidents, which does allow the disclosure of some information related to mental health incidents. **However, the more recent 2014 LEARN Guideline does not allow the release of any local police contact or "any reference to incidents involving mental health contact."**

continued on page 13



Une voisine inspirante

Christine Aubry

Tous les dimanches, Louise Dupuis s’installe entre 10 h et 14 h dans une salle au rez-de-chaussée de l’immeuble où elle vit, au 300, avenue Goulburn, pour y faire de la couture « pro bono » pour ses voisins. Ce n’est qu’un des nombreux services qu’elle offre pour aider les gens de son voisinage connu sous le nom de “Strathcona Heights” (au sud de la rue Mann).

C’est là qu’un dimanche de mars, j’ai retrouvé Louise et son fils aîné, Luke, pour connaître son histoire.

Louise habite la Côte-de-Sable depuis 35 ans. Elle y a élevé ses trois enfants (Luke, Michel et Mélanie), dont elle est visiblement très fière. Luke m’explique que cette partie de la Côte-de-Sable était autrefois une base militaire avant de devenir une communauté pour ceux à faible revenu.

Je leur demande si le quartier a beaucoup changé en 35 ans. « Oh oui!”, répondent-ils en chœur en hochant la tête, Trop changé! »

Louise et Luke me racontent un temps où les mères de familles se réunissaient pour organiser plein d’activités pour les

enfants : barbecues communautaires, soirées cinéma, danses, réveillons de Noël, etc. Et surtout, les familles s’entraidaient.

Louise se rappelle aussi les beaux jours où elle travaillait et chantait au restaurant canadien-libanais sur la rue Mann. « Quand j’étais jeune, je gagnais des concours de chant. Chanter, c’est ma vie! » Aujourd’hui, elle essaye de partager cette passion avec ses voisins en organisant des fêtes et soirées de chants.

Malheureusement, elle n’y retrouve plus l’atmosphère familiale et communautaire d’autrefois. D’après elle, ce serait à cause d’un mélange de cultures avec des valeurs très différentes, des jeunes qui ont facilement accès aux drogues, et un gouvernement trop généreux qui ne récompense pas le travail et n’offre pas les supports adéquats pour les plus démunis.

Louise m’avoue qu’elle se sent souvent découragée, mais tout au long de notre entrevue, sa force et son courage m’épatent. Elle ne se plaint pas, et pourtant, les malheurs, elle en a connu.

Louise n’hésite pas à me raconter son passé difficile, les abus dont elle a été victime dans son enfance et aux mains de

*L*ouise Dupuis, who raised her three children in Strathcona Heights, laments the loss of community spirit and family connections. Despite personal limitations, she never refuses to help a neighbour in need. Louise volunteers at the Good Food Market, organizes social events for kids and families, visits the elderly, offers free clothes mending and sewing classes, and stretches every dollar to feed the hungry. Louise is the first “inspiring neighbour” whose story we want to share with you in this new regular feature of IMAGE.

son mari pendant 20 ans. Le résultat est qu’elle souffre maintenant d’agoraphobie et ne peut se déplacer trop loin de chez elle.

La vie est aussi très rude dans les communautés à faible revenu. Louise s’est fait attaquer chez elle par une inconnue et voler par ceux qu’elle hébergeait. Au lieu d’être remerciée, elle se fait souvent critiquer par des voisins qui n’approuvent pas ou ne comprennent pas ses intentions.

Malgré cela, elle persévère et ne refuse jamais d’aider qui que ce soit. « Du matériel, ça ne vaut rien pour moi, explique-t-elle, je vois du monde souffrir et j’aime pas ça. »

Pour occuper ses journées, elle fait le ménage chez une personne âgée et amène son petit chien à la maison de retraite pour divertir ceux qui ne peuvent pas se déplacer. Elle emmagasine aussi des denrées alimentaires, en surveillant les aubaines au supermarché, et de temps en temps elle prépare de gros déjeuners. « Je m’assure qu’il n’y a pas un enfant qui manque à manger. »

Pourquoi fait-elle tout ceci? « Le bon Dieu a donné à tout le monde un but et moi, c’est ça mon but, explique-t-elle, les larmes aux yeux. Je rentre chez moi le soir et je me dis – “Merci mon dieu, j’ai aidé quelqu’un!” »

Et le succès de ses enfants, malgré tous les défis, elle le résume ainsi. « Je leur ai toujours dit : “Tu peux te débrouiller. Si tu travailles fort, tu vas être récompensé. Faut foncer dans la vie!” »

Cette conversation m’a laissé émue et profondément touchée. Louise Dupuis est en effet une personne inspirante dans notre communauté. J’espère faire la connaissance de nombreuses autres personnes avec des histoires intéressantes à partager avec vous dans cette nouvelle chronique d’IMAGE.



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Background checks, from p. 12

When I mentioned the prejudicial nature and privacy rights infringements of their background check procedures to OPS, the response was that any information is only ever released to the person to whom the background check applies. Whether or not to pass that information on to anyone else, says OPS, is entirely up to the applicant. That is absolutely true, but it strikes me as willful blindness. The Ottawa Police Service surely knows that any background check will be shown to the prospective employer who asked for it. Otherwise the applicant won’t be considered for a job, for example. Also, the human costs stemming especially from the release of mental health information can be enormous for the person who is vulnerable him/herself, and may not have the emotional and/or the financial resources to deal with the fallout.

So for now, protect yourself when asked to provide a Criminal or a vulnerable sector Police Records Check by taking these steps:

- Agree to a background check, particularly to a vulnerable sector check, only when the job you apply for is yours conditional on that check.
- Ask for a written consent form that explains which background check is required and why, and what information may be revealed in it.
- Ask if there is a manual that defines the positions for which a background check will be required and ask to see it.
- Ask what safeguards are in place to keep the background check private.

You owe it to yourself!

This article is based on information from staff— thank you all—and/or websites of the Ottawa Police Service, the Ottawa Branch of the Canadian Mental Health Association, the John Howard Society of Ontario, the Ontario Civil Liberties Association, the Ontario Association of Police Chiefs, and the Ontario Information and Privacy Commission.

Glossary of terms relating to police checks

absolute discharge - A conviction is not entered against the accused and any information or record relating to that offence cannot be disclosed after one year from the date of the discharge order. (www.attorneygeneral.jus.gov.on.ca/english/glossary/)

charge - A formal accusation of an offence as a preliminary step to prosecution. (www.attorneygeneral.jus.gov.on.ca/english/glossary/)

CIPC - “Canadian Police Information Centre”, managed by the RCMP (www.johnhoward.on.ca/wp-content/uploads/2014/11/On-the-Record-1-FINAL.pdf)

conditional discharge - A conviction is not entered against the accused if certain conditions that are imposed are met. Any information or record relating to the offence cannot be disclosed after three years from the date of the discharge order, as long as all the conditions are met. (www.attorneygeneral.jus.gov.on.ca/english/glossary/)

conviction - the determination by a court of law that the accused is guilty of the charge of which he stands accused.

discharge - “in the criminal context, this is also used as an alternative sentencing option for an accused who has been found guilty. The result of a discharge is that the offender has no criminal record of a finding of guilt.” (www.attorneygeneral.jus.gov.on.ca/english/glossary/)

non-conviction disposition - if an individual is charged with a criminal offence, but is not convicted or found guilty, the outcome or “ruling” is called a non-conviction disposition. (www.johnhoward.on.ca/wp-content/uploads/2014/11/On-the-Record-1-FINAL.pdf)

vulnerable sector - consists of people who, “because of their age, a disability or other circumstances, whether temporary or permanent, are in a position of dependence on others or are otherwise at a greater risk than the general population of being harmed by persons in a position of authority or trust relative to them (e.g. children, disabled or elderly)” (www.ottawapolice.ca/en/contact-us/Request-a-Background-Check-or-Police-Report.asp)

pardon - “A record suspension (formerly a pardon) allows people who were convicted of a criminal offence, but have completed their sentence and demonstrated they are law-abiding citizens for a prescribed number of years, to have their criminal record kept separate and apart from other criminal records.” (Parole Board of Canada)

peace bond - Person is ordered to keep the peace for a specified period of time on certain conditions. (www.attorneygeneral.jus.gov.on.ca/english/glossary/)



A few examples of what can be made on a 3-D printer were exhibited at a presentation on the Ottawa U campus in February.

Time to meet your inner maker

Betsy Mann

Are you interested in making a chess set of your own design, but you're all thumbs when it comes to wood-carving? Do you dream of producing a prototype of a model engine that really works? The University of Ottawa offers you a space where you can discover your talents as a "maker," using expensive machines with names like "MakerBot: Replicator 2," "CNC Mill" and "Arduino Uno." Best of all, this "Makerspace," located on the first floor, Room B109D, of the Colonel By engineering building at 161 Louis Pasteur, is open free of charge to the general public every Sunday, from 11 a.m. to 5 p.m.

A recent Sunday afternoon saw about 20 "makers," some younger, some older, all busy at the computers or on one of the machines. Engineering student Shannon Lee had finished a part for a prosthetic hand and was filing down some rough edges before fitting it together with other components she'd made. (On March 20, the design she and fellow student Robert Rayson produced was awarded the \$1000 prize in a contest to outfit a local boy with a workable hand.)

However, not everyone present was actually involved in making something; children are welcome but must be accompanied by a parent. Abir Hakmi, herself an electrical engineer, was one of those pa-

tient parents. Her sons, Akram, aged 10, and Amjad, aged 6, were busy designing things to produce on the most popular machines, the MakerBot 3-D printers. Akram was working on a project for school and Amjad had his own project going. This wasn't their first time here, as their mother explained. "I'm surprised more people don't come here," she said. "I've told others about it, but they don't seem to realize what a great opportunity it is for their kids to actually work with these high-quality machines, right here in our neighbourhood."

Before producing the pieces for his model car, Akram had to first design them. Pre-programmed designs are available, or you can design your own object using an accessible program like Tinkercad. The laptops available in the Makerspace are loaded with a variety of computer-aided design software; there's no need to be able to write code. Once the design has been finalized and downloaded onto a memory card, the card is inserted into a 3-D printer that starts laying down a molten filament of plastic. Layer by layer,

the plastic will gradually build up into the desired object. It can be a slow process, depending on the required resolution. Access to the machines is on a first come, first served basis.

Not sure how to design a project or use the



Akram Atassi, 10 years old, spent a recent Sunday afternoon in Ottawa U's Makerspace working on a school project to build a model engine.



Philippe Chiasson, who supervises the Ottawa U Makerspace on Sundays, shows off the kit which participants will use in an upcoming workshop to construct their own 3-D printer.

machines? "Training on the machines is required to ensure everyone's safety. The plastic comes out at 200°C," explains Philippe Chiasson who supervises the Makerspace on Sundays. "You can take one of our free workshops by registering in advance on our website. Staff will also help you get started if you have questions." An upcoming workshop (already sold out!) will see 12 participants assemble their own 3-D printer from a kit, as well as printing out some of the pieces themselves. "This workshop, including the kit of materials, costs \$350, but otherwise everything here is free," Philippe notes. "We don't even charge for the plastic filament that people

use." He goes on to mention that the Ottawa U Engineering and Science summer camps are another way for children to become familiar with the possibilities of the Makerspace. Check out the numerous possibilities at: engineering.uottawa/outreach-programs/summer-programs-camps.

Philippe is enthusiastic about another project that is in the works. "Makerspace has been so successful, that we really want to bring this technology to more people, especially young people. The best way to do that is to have a 'Maker-Mobile,' a dedicated truck or trailer, already loaded with the machines, that we just drive to locations like schools and other community spaces." Funds have already been raised for the equipment and on March 26, a campaign to raise money for the truck was launched.

At a presentation on creative entrepreneurship and the maker movement, held at Ottawa U in February, Professor Hanan Anis of the School of Electrical Engineering and Computer Science observed that consumers want more personalized goods. "They want to express their own look, their own style," she said. "Now we can customize products. For instance, in prosthetics, if someone wants a lime green hand, we could make it, just for them." Technology like 3-D printing, she pointed out, allows users to produce many iterations of a product, adjusting it as necessary each time. They can make a prototype to show to a customer or investor. "The maker movement is accessible to everyone. Young people come in here without pre-conceived ideas and they start tinkering."

Living close to Ottawa U has its advantages. If you have a project in mind, or if you just want to see how these state-of-the-art machines work, visit the Makerspace website for more information: engineering.uottawa.ca/makerspace and drop by some Sunday. All are welcome.

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News from Viscount Alexander Public School

Michael Barnes

Did you ever snowshoe at school?
Our grade 3 and 4 class took advantage of our beautiful day on February 27th and dusted off the snowshoes from our basement. They took their gym class outside, and had a blast playing games, and trying out their skills in the snow.

Have you heard?
Viscount is a caring school, where class sizes are small and everyone knows each other by name. In the upcoming school year 2015-16 Viscount Alexander P.S. will have its Early French Immersion program completely implemented, with K-6 programming. Our English program continues to grow and provides students with an education that is innovative and based on best practices. Come by the school for more information.

The Annual Skate-a thon returns
The Skate-a-thon (Grades 1 to 6) and Run-a-thon (Kindergarten) is back. Students have been working hard to develop their skating skills and work on their endurance as they try to do as many laps of the arena as possible in a 15-minute period. Skate-a-thon is a fundraiser with the money raised helping pay for each class to have a half-day Scientist in the School workshop. Students are encouraged to connect with family and friends to support this annual fundraiser. Thank you to our School Council for putting together the pledge forms, purchasing prizes, and setting up the prize showcase at the front entrance where students stop, stare, discuss and wonder what prize they hope to select.

French Language Children’s books sought
If you have French language children’s books at home that you no longer need please consider donating them to our library to support our French Immersion program. They can be dropped off at the school office. So far over 100 books and a cash donation have been received. Thank you.

The difference a new speaker makes!
For years the sound system speaker in the gym used for major events was one of the

most temperamental pieces of equipment on the planet. Would it work? Would you get static feedback? Was there someone nearby who was versed in coaxing it back to being a normal speaker? It was a drama not knowing when it would withdraw its services.
Good news! With School Council funds from our first movie night and our Technology funding from Future Shop a new speaker was bought. It worked beautifully at its movie night debut. What an improvement!
MASC (Multicultural Arts/Schools/Communities) comes to Viscount
We had a special MASC presentation in early March by Masabo with drumming, songs and stories from West Africa. Fano, a member of Masabo, whom students met last year during drumming workshops, will return to our school in April to work with our classes and continue to develop their interest and skill in drumming.

Community of Character workshops
The OCDSB is known for its Community of Character. At Viscount Alexander we celebrate our community of character in monthly workshops. Students work in mixedcage groups with teachers to learn about character traits (such as empathy or respect), local stewardship and global citizenship. This year some of our highlights are learning about First Nations teachings, PanAm games activities, and Cooperative activities. The excitement in our building on workshop mornings is electric; students from grades 1 to 6 work together gaining new insights and sharing their own experiences. Thanks to the staff for creating an incredible learning community.

Latin Beats au CNA
Le 24 février 2015, nous, les élèves des classes d’immersion du Viscount Alexander P.S., sont allés au concert Latin Beats au CNA. Le concert a duré 1 heure et a été très divertissant. Nous avons surtout aimé la musique et le personnage « Max » qui a aidé à animer le spectacle. Nous avons moins aimé la danse de la vieille femme-squelette, car elle était épeurante. Le chien Mambo était drôle et a aidé à créer une atmosphère amusante. Nous avons hâte de voir le prochain spectacle.
Par : Leo, Fatima, Nyeff et Harris (des élèves de la classe 4/5 EFI de Mme Deena)



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A bulletin board on a BC ferry startled a visitor from Ontario.

A serendipitous moment
Sandy Hill resident Peter Smoczynski is making a film about voter suppression (e.g. robo-calls directing people to false voting places). Here he muses about a serendipitous moment during a fundraising trip on the B.C. coast.
Of all the moments I cherish from my time in making this film is a humble quiet moment, which came to me whilst travelling alone on the ferry, the Skeena Queen. Luggage. No car. A stranger far from home. In the ferry lounge I thought I spied a reflection in the window—something familiar. Turning to the far wall, then a step closer, I stood face to face with my own journey—one that started over two years ago and has led me here. There on a bulletin board was a poster advertising the personal appearance I would make to raise funds for the movie.
My eyes welled up at the thought of all the hard work, the uncertainty, the serendipitous life of a filmmaker, the pride, the detractors, the believers, the instinctive fierce determination to protect and nurture, the long weeks and months still ahead.
Here I was, on West Coast waters where my work, my raison d’être, an intangible that started without a dime or promise, had forged itself by the good graces of so many... to this place...to this meek announcement of arrival. It was to be one of three personal appearances I would make to raise funds—just a hall with open doors to people, with a few ideas and an important story. Staring at that bulletin board I realized in many ways this film and I had come to an important crossroad: integrity. —Peter Smoczynski

Spring in Sandy Hill...from Edward Zolpis (coffee shot, 2015) and Tina Maxwell (blossom, 2014)



Le français correct

par Denyse Mulvihill

Améliorer son français, c'est la responsabilité de chacun. Attention de ne pas confondre le sens français avec le sens anglais de certains mots.

On doit dire :

> **Se sentir bien**, qui signifie « être en forme, avoir une sensation de bien-être » — non pas —être dedans, qui signifie « être à l'intérieur d'un endroit » mais n'a aucun sens en français.

Ex.- À la série de questions sur sa santé que lui posait le médecin, la patiente à si vite répondu se sentir très bien, que le médecin en a fort douté et qu'il a procédé consciencieusement à un examen médical plus exhaustif.

> **Se procurer un laissez-passer**, qui signifie « être en possession, avoir une carte qui indique un permis spécial donnant un droit d'entrée quelque part » — non pas — se procurer une passe, ce qui est un anglicisme.

Ex. - De nos jours, la plupart des usagers réguliers du transport en commun préfèrent se procurer un laissez-passer afin de hâter leur entrée dans le train ou dans l'autobus et d'y prendre place.

> **Se présenter à une entrevue, à un cours, à une réunion quelconque**, qui signifie « faire acte de présence à un endroit où l'on a été convoqué pour une raison ou pour une autre » — non pas — se rapporter à un endroit quelconque, ce qui est un anglicisme.


Ex. - À l'occasion d'une réunion spéciale et imprévue, convoquée par le directeur de la firme de comptables, plusieurs parmi ceux-ci ont refusé de s'y présenter car ils n'en voyaient aucune nécessité, surtout à l'époque de l'année où ils sont le plus occupés.

> **Suivre des cours particuliers**, qui signifie « étudier de façon individuelle une matière quelconque, recevoir un enseignement en tête à tête pour en faciliter la compréhension » — non pas — suivre des cours privés, ce qui est un anglicisme.

Ex. - Comme cet adolescent éprouvait beaucoup de difficultés en mathématiques, ses parents ont décidé de lui faire suivre des cours particuliers, pendant plusieurs semaines, afin qu'il obtienne son certificat d'études à la fin de l'année scolaire.

> **Faire une tournée quelconque**, qui signifie « suivre un parcours prédéterminé, se déplacer pour visiter un lieu particulier, un monument historique, un édifice du patrimoine » — non pas — faire un tour, ce qui est un anglicisme.

Ex. -Pour faire une tournée éclairée et valorisante du quartier Côte-de-Sable, on se doit de faire ce parcours sous l'habile direction de M. Michel Prévost, archiviste en chef de l'Université d'Ottawa, afin de se renseigner sur le développement historique du quartier et sur les personnalités politiques, artistiques et autres qui y ont habité et qui ont contribué à créer sa réputation de quartier de choix.





La vie culturelle et franco-identitaire et la pédagogie à Francojeunesse

Chantal Leclerc

La saison hivernale fut agréablement comblée par toutes sortes d'événements. En février, nous avons célébré la journée du 100e jour de classes par l'entremise d'activités mathématiques et farfelues. Une classe de 2e année s'est notamment projetée 90 ans dans l'avenir afin de produire des auto-portraits fort réels de centenaires, à l'aide d'une application technologique. A suivi, comme à chaque année, le carnaval avec ses activités amusantes. Chocolat chaud, film en pyjamas, parrainage en lecture, souper traditionnel, ceintures fléchées et stations d'activités extérieures animées par notre bande de leadership ont eu lieu à la fin février.

Avant la semaine de relâche, un calendrier d'activités spéciales fut préparé pour exprimer notre grande fierté francophone. Un mur de records, un quizz d'affichage de devinettes sur les pays francophones, des portes biographiques sur des auteurs francophones, l'écoute de chansons d'artistes francophones, un spectacle d'enfants du monde, un parrainage de lecteurs grands et petits étaient au programme. Nous avons clôturé cette semaine spéciale avec notre concours oratoire, en partenariat avec le club Optimiste. Nous sommes convaincus que nos finalistes feront bonne figure aux demi-finales le 29 mars et leur souhaitons bonne chance.

Bien d'autres choses impressionnantes sont à voir sous notre toit. Nous aimerions souligner l'apport de Mme Aline Bard, enseignante de la 6e année qui s'est investie avec ses deux classes dans un projet de création de deux chansons, en lien avec la construction identitaire franco-ontarienne. Ces chansons apparaîtront sur un cd vendu dans les écoles de la province. Des classes laboratoires ont aussi démarré chez Mme Larivière, enseignante de la 2e

année. Des collègues du conseil sont ainsi invités à l'observer donner une démonstration du déroulement de leçons en vue de parfaire leurs connaissances sur une nouvelle approche dans le domaine de l'éducation, soit l'approche par enquête.

L'environnement et la technologie se taillent aussi une place de choix à Franco, comme en témoignent plusieurs initiatives. Ainsi, des projets de plantation ont démarré dans plusieurs classes sous des serres ou grâce à la lumière naturelle dont nos locaux des 2e et 3e étages peuvent bénéficier. Des toilettes à débit réduit seront installées prochainement et nous poursuivons nos efforts pour diminuer l'empreinte environnementale de toute notre communauté. De nouveaux cahiers seront mis à l'essai sous peu. Il s'agit de cahiers effaçables dont l'usage a une durée de vie presque illimitée. Sur le plan technologique, de plus en plus de parents sont heureux de pouvoir maintenant échanger en ligne des devoirs, des capsules informatives vidéos et des courriels grâce à l'élaboration de plateformes virtuelles qui séduisent de plus en plus d'enseignants de Francojeunesse. Temps, passion, engagement de toute notre communauté sont constatés et appréciés.

Au moment où sont écrites ces lignes, une danse familiale se prépare pour la soirée du 26 mars au gymnase. Encore une fois, sans l'engagement de « parents convaincus », l'esprit familial et communautaire de Francojeunesse ne serait pas ce qu'il est.

Merci d'être venus en grand nombre à nos portes ouvertes. La période d'inscription battant son plein, nous vous rappelons qu'il vous suffit de prendre rendez-vous pour inscrire votre enfant chez nous pour 2015-16.

École sur Osgoode, 1e à 6e année : 613 232-0020; Pavillon maternelle-jardin sur Wilbrod: 613 241-0988. N'y manquez pas !



Sandy Hill photographer Kathleen Kelly captured this year's "Worm Moon" on March 20. The theory is that the ground is softening, earthworm casts are reappearing, and robins returning. Also known as the Sap Moon, we aren't sure it is working yet this year.

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Dave Bagler: Green as ever

Once our local Green candidate, Dave's focus is now national

Danna Leaman

Readers of IMAGE may know Dave Bagler as the provincial Green Party candidate for Ottawa-Vanier in the 2011 and 2014 elections; or, perhaps as an erstwhile resident of the Mann Avenue Conservation Co-op, and Action Sandy Hill Volunteer of the Year in 2009. Perhaps you know him as a former ASH board member. Maybe your path has intersected with Dave Bagler, entrepreneur, founder and owner of Bagler IT Inc.

On a sunny afternoon in early March, my path intersects with Bagler's over coffee and tea at T.A.N. Coffee, and an opportunity to pose my made-for-Sandy-Hill-IMAGE version of the Proust Questionnaire. At other tables, assorted clients tap on laptops, or peer and poke at mobile phone screens. Across the room, a private French lesson is underway.

We begin with the easy interrogation:

Q: Are you a Sandy Hill native?

A: No, Bagler was born in Sault Ste. Marie, moved to Ottawa (Gloucester), to Kingston, back to Ottawa (Nepean) then to Sandy Hill with his fiancée, a student at the University of Ottawa. Now they're in Centretown, wanting to experience life in the whole heart of the city.

Q: What is your current role in the Green Party?

A: He's the elected Ontario Representative to the Green Party of Canada, and has been the interim president of the national party since the incumbent resigned. As president, he's learning the importance of good board governance and focusing on earning votes; since the fall of 2014, national membership has increased by 40%. There are challenges in this leadership role, however:

- the geographic dispersal of a national party requiring that most communication is not face-to-face, but long-distance via telephone and internet;
- scaling up the party organization—systems of governance and operation—to meet the needs of a growing membership and profile, and to support a long-term strategy.

We move on to more complicated questions...

Q: What have you learned about Sandy Hill from your election campaigns?

A: Sandy Hill residents are open to conversation about politics, and are well informed. The most common response to "What are your concerns?" was a municipal issue, or a community concern—the evolution of the neighbourhood, student residents, traffic concerns. But voter interest is highest for federal elections, and decreases for provincial to municipal elections—an inverse relationship to the impact of the issues on daily life.

Q: How do you see your political future?

A: Bagler is a candidate for an upcoming election of Green Party president, the position in which he is currently acting. If elected, he would commit to that role for at least two years, "through the next federal election and for enough time thereafter to react to the party's election results." In the meantime, he's enjoying the broader opportunities that come with this national role, for instance invitations to speak to the Economic Club of Canada.

Q: What are the prospects for the Green Party in ridings like Ottawa-Vanier?

A: "Votes don't belong to parties. We [candidates] are going out to earn votes that belong to the individual voters." Bagler explains, "Every election is transformative." In 2011 the national Green Party progressed from zero to one MP, followed by an increase in popular support, in media exposure, in volunteers,



Dave Bagler

and in fundraising success. Party leader Elizabeth May's impact has been greater than anticipated. "We don't need to be the government to make a big difference."

Q: What's important to you about your company, Bagler IT, Inc?

A: The company specializes in content management, using a system (Drupal) that is good for bilingual websites. Clients include the City of Ottawa. Bagler enjoys the sales side of the business, and, as the owner, he has the flexibility he needs for Green Party business.

Q: What are your strengths in these various roles?

A: "Developing relationships," says Bagler—he notes increasing recognition at the door in Sandy Hill—and building support across party lines. "All candidates are committed to their community," Bagler observes. As an example, he had the support of Rem Westland, federal Conservative Party candidate, in the last provincial election.

And now for a change of direction...

Q: Who are your heroes?

A: In politics, people with "a lot of integrity, not very partisan, moderate, thoughtful." Bagler names some: Elizabeth May, Joe Clark, Paul Martin, Bill Clinton, the late US Senator from Minnesota Paul Wellstone. These are "people with a positive vision, champions for ordinary people, who demonstrate the value of working together."

Q: What is your downtime?

A: Just now, wedding planning. [Interviewer interjects: no kidding, he said that!]. His fiancée, Katie Gibbs, is another more-than-fully-engaged young professional. A scientist (PhD Biology, U Ottawa), she's a co-founder and the executive director of Evidence for Democracy, a non-profit, non-partisan organization advocating the transparent use of science and evidence in public policy and government decision-making. Their relaxation project, the wedding, is planned for July 4: it's the 10th anniversary of their first date.

Q: How would you describe yourself in a word?

A: ...

The interviewer neglected to ask this last question, but wishes she had. It's a rare thing to arrive at a single word to describe a person, especially someone with a busy and multi-directional life, a person like Dave Bagler. But she can't resist trying: the word is "Upbeat": not the noun (the unaccented beat in music) but the adjective—optimistic, cheerful, confident. On the upswing.



Masked terror

Annegret Hunter

"These early ambulatory excursions are exceedingly entertaining," says the professor at breakfast. He and Mrs. Aitch are watching mother raccoon and her merry mob making their way across the fence and over the shed.

Mrs. Aitch smiles and remembers her first encounter with the masked rascals. Before the professor had brought her over the ocean, a very long time ago, she had never even seen a raccoon. Then, one lovely spring evening she had been sitting in front of the screen door on the back steps enjoying the mild air. It was getting dark.

Two little creatures appeared at the foot of the stairs. They looked like roly-poly brown fur balls, with pointed noses, cute whiskers, very mischievous faces with white stripes, and a dark one, like a mask, around the eyes. They were the most adorable little animals Mrs. Aitch had ever seen.

She sat quite still and watched them. They inspected the steps, clambered up clumsily, slipping back and stepping on each other. They discovered

Mrs. Aitch's feet and found her shoes fascinating. Enchanted, she stretched out her hand, and the beautiful little creatures looked up at her, and sniffed the hand. Suddenly a sharp hiss comes out of the gloom, and the two instantly rush down the stairs and disappear.

A huge raccoon is standing in front of the steps, and there is nothing cute about her. She shows her teeth which are impressive, and utters loud snarling growls that leave no doubt about her intentions. Mrs. Aitch is terrified and, thinking frantically for a way out, stares into those furious eyes.

Just as the angry animal is about to spring, Mrs. Aitch rolls over on her back, knees tucked in—she was a lot younger in those days—rolls heels over head against the screen door, which, thankfully, opens inwards. Still on her knees she slams it and holds it shut, and is nose to nose with the bristling beast. "Don't you dare come in!" warns Mrs. Aitch, but the mother raccoon has declared herself victorious and moves off, head high.



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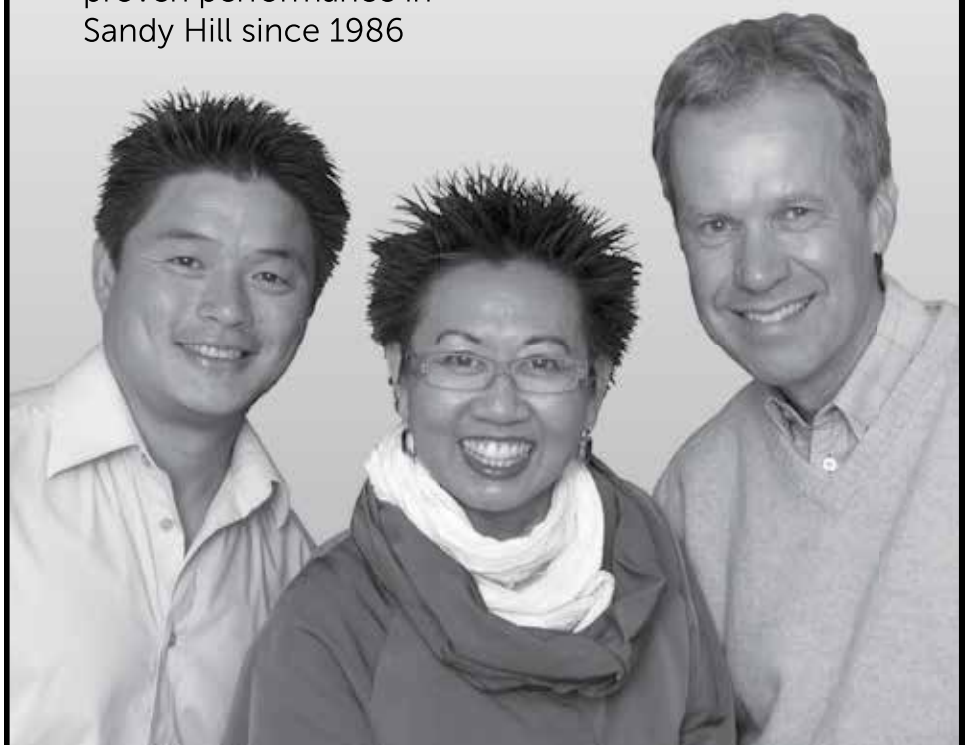
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A summary of recent IMAGE restaurant reviews and food features, plus other advice from our contributors about where to find great food in and around Sandy Hill. Please send news of your recent Sandy Hill food discoveries to image22@rogers.com



Caribbean flavours: homemade ginger beer and sorrel

Flavours of the Caribbean
259 York St.
Frederick White, who used to run Caribbean Flavours on Somerset West, has set up shop in a former corner store at Nelson and York. It's a sunny spot to drop into before visiting Loblaws or on the way home from the Champagne Fitness Centre. Our special of the day, at \$14.95, was a colourful and well-balanced meal; a chicken leg and thigh in spicy jerk sauce with beans and rice, perfectly cooked vegetables and a slice of fried plantain. A small green salad and a slice of moist and aromatic sweet potato pudding for dessert also came with the special. It's worth ordering a side of the homemade mango chutney, and the ginger beer and sorrel are also made in house; bright, flavourful drinks for a cold day. The spice levels are pretty rigorous at this restaurant; we went for medium and would try mild another time. Open daily from lunchtime until early evening.

Halal House of Lamb
111 Mann Ave.
There's been a Somali restaurant at this location for years, but recently it is looking a little sharper, with a pleasing new paint job and professionally printed menus. "Best Yemen and Somali Food in Ottawa," says the sign on the window, and the restaurant is also branching into more North American territory by offering burgers, sandwiches and chicken wings. We had a platter for three which served four quite generously, with helpings of chicken and beef zuqaar (stir fry) and a lamb shank nestled on a big plate of delicious rice with green salad in the middle. Mango and green tea shakes were thick and creamy, a fine consolation for the lack of dessert on the menu. Open daily from noon to 10:00.

Sandy Hill Eatery & Diner (The Shed), 274 Somerset St. East
The team that runs the Sandy Hill Lounge and Grill has taken over the property across the street and a little further west, at the corner of Somerset and Sweetland. The menu of the new eatery is a little fluid at the moment, but the focus is on flavours of the American South. Look for Cajun pork sausage with the all-day breakfast specials, fried chicken, and po'boy sandwiches filled with tender pulled pork, crab cakes or homemade sausage patties. Open from 10:00-8:00 on Friday; 10:00-6:00 the other days of the week.

Go Wild this spring!

Dodi Newman

As I write this, spring is almost here, and soon the first tips of stinging nettles, ramps, fiddleheads, and dandelion shoots will start to show up on soil still wet from the melting snow. Then there's wild mustard; its flower buds, cooked for less than a minute, well drained and dressed with butter, have a wonderfully delicate texture and flavour. All of them only make an ephemeral appearance in the spring, there is nothing to equal them, and all of them grow wild in the Ottawa area.

A number of websites will tell you where to find and how to pick them, if not necessarily how to cook them. This one is a good place to start: www.outdoorcanada.ca/15-wild-plants-you-can-eat. Keep it in mind that picking ramps—aka wild leek or wild garlic—is illegal in Quebec, and that wild plants in general should be carefully and sparingly collected. The best book ever about edible wild plants is *The Edible Wild* by Berndt Berglund. Unfortunately it's out of print, but the Ottawa Library has one copy and used copies are available on the net. Edible plants are well identified, so are poisonous ones (very useful), and the recipes are excellent—especially the one for stinging nettle soup!

Ramps and fiddleheads can be found at local markets and in grocery stores beginning in late April. Ramps should have large bulbs: those with small bulbs were harvested too early in their life cycle and that will contribute to their eventual extinction. Ramps with their robust and complex flavour are a wonderful substitute for garlic in just about everything. Add sautéed ramps to an omelette and sprinkle with cheese, or try this lovely pesto: norecipes.com/ramp-pesto-pasta-recipe/.

Fiddleheads, probably the most popular wild vegetable, should be a uniform fresh green, with tightly curled tops no larger than 1.5 inches across. Don't buy them already washed—they should still be covered by their papery scales. The brown scales should be gently rubbed off, and then the fiddleheads should be rinsed in several changes of cold water. Their subtle flavour shines when they are prepared simply. Boil them in lightly salted water to cover until just done (start to check them after 5 minutes), drain them, stir in a generous dollop of butter, sprinkle with freshly ground pepper and serve immediately. This excellent website will give you the information I didn't have room for: www.chefdecuisine.com/vegetables/fiddleheads/fiddleheadmain.php. Happy eating!



photos Main Farmers' Market



Main Farmers' Market-temporary relocation to Museum of Nature

Christine MacIntyre & Susan Young

The ongoing Main Street construction project means the market needs a temporary home. After an extensive search the MFM has come to an agreement with the Canadian Museum of Nature for its 2015 and 2016 seasons.

Meg Beckel, President and CEO of the Museum, said, "We look forward to hosting the farmers' market over the next two years."

A hop over the Corktown Bridge and a quick bike ride through quiet Centretown streets will make it easy for Sandy Hill customers to get to the market.



The Nature Museum — site of the Main Farmers' Market for a couple of years.

son is available on the market's website (www.mainfarmersmarket.org).

Building on experience
Established in 2007 as a Sustainable Living Ottawa East pilot project, this community-run market gives customers an opportunity to get to know the people who grow and make their food. The market features more than 30 vendors offering a range of produce, meats, baked goods and crafts all from within 100 miles of Old Ottawa East. These practices of the market will continue in its temporary location.

Vendor support
Vendors have expressed a great deal of support for both the market and the new location.

When asked about the market, Torrie Warner of Warner's Farm replied, "It's a small friendly and family type atmosphere style of market," and, according to Bill Barkley from Barkley's Apple Orchards, "It's the best Saturday producer market in Ottawa."

The full list of vendors for the 2015 sea-

Schedule for 2015
The Main Farmers' Market at the museum operates on Saturdays from 9:00 a.m. to 2:00 p.m., from opening day, May 2, until the end of October, and will be located in front of the museum's main entrance at 240 McLeod Street. Parking is available free on neighbouring streets and for a fee in the museum's lots.

There will be special market events to highlight seasonal products throughout the growing season, as well as weekly face-painting and activities for children. The market will also feature demonstrations by guest chefs from local restaurants. These events take place with the support of the City's Rural Association Partnership Program.

The market will return to its permanent location when the renewal project is completed in 2017.

For information, see the website or follow them on [Facebook.com/mainfarmmarket613](https://www.facebook.com/mainfarmmarket613); Twitter @mainfarmmarkott. See you at the Market, where everything is local by Nature!



photo Marcia Lea

A roaring good March break
Skye Bradie rides a magnificent snow lion created at the Davis Art School March break camp, in the All Saints play yard. "Lions" was the camp theme, with the seven campers reading about them in nature and seeing how humans have depicted them over the past 35,000 years, from cave paintings to door knockers.

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Desk: similar to IKEA Malm; no drawers. 30" deep X 55" long X 30" high. Wood finish. \$40. In excellent condition.
Call Judy or Peter 613 241 6326.

Sales and markets

Sandy Hill Good Food Market, Saturday April 11, 11:00 a.m.-1:30 p.m., 731A Chapel Crescent (off Wiggins Private through the bright orange door). Healthy, affordable food available from a non-profit market run by local volunteers.

Craft & Bake Sale, April 18, from 10 a.m. to 3 p.m.; local hand-crafted items and gourmet baked goods. Cereal Barn at Canada Agriculture and Food Museum, 901 Prince of Wales Drive. Free admission at gate if attending the craft sale. 613-230-3276, www.friendsofthefarm.ca/events.htm#events

Rare and Unusual Plant Sale, May 10, 9 a.m. to 2 p.m., rain or shine; specialty growers and plant vendors plus garden accessories. Master Gardeners to answer gardening questions. Neatby Building parking lot at Carling & Maple Drive. Free admission, donations to Friends of the Farm kindly accepted. 613-230-3276 www.friendsofthefarm.ca/events.htm#events

Annual Gigantic Multi-Family Garage Sale. St. Anne Church, Old St. Patrick St. Saturday, May 23, 8:00 – 1:00.

Annual Native Plant Sale, Saturday, June 6, 9:30-12:30 at The Fletcher Wildlife Garden, located off Prince of Wales Drive south of the Arboretum; the garden is an entirely volunteer project open for anyone to walk the trails and learn which native plants help support bees, butterflies, beneficial insects and other pollinators. Our sale is an opportunity for people to buy local plants and learn which ones are suitable for their own garden

La promenade de Jane célèbre le patrimoine bâti et naturel



par
Michel Prévost

Encore cette année, quelque 2 000 résidents et résidentes de la région de la capitale vont envahir nos rues et quartiers, les 2 et 3 mai, à l'occasion de *La promenade de Jane*. Une cinquantaine de promenades célébrant la richesse de notre patrimoine bâti et naturel seront offertes aux Ottaviens et Ottaviennes. Ces visites à pied sont présentées gratuitement afin que toutes les personnes intéressées puissent y participer.

Les origines

Instaurée dans la région en 2007 par le groupe Imagine Ottawa, *La promenade de Jane* s'avère un projet du *Centre for Urban Ecology* qui partage les idées de la grande urbaniste et activiste Jane Jacobs (1916-2006) au sujet des villes. En fait, toutes ces promenades pédestres visent à mieux faire connaître la réalité urbaine en combinant la marche, l'observation, l'histoire, la planification et l'engagement civique. Par ailleurs, les visites sont données par des bénévoles qui s'intéressent à leur collectivité et qui ont une histoire intéressante à raconter et à partager.

Comme le note à chaque année Louise Renaud-George, membre active de la première heure du Comité organisateur, « *La promenade de Jane* est d'abord et avant tout une question d'interaction avec les autres et avec son milieu ».

Community announcements

Sandy Hill Seniors Network — join us for conversation and laughter: **Lunch** at noon on the last Wednesday of each month (except December, July & August) at St. Paul's-Eastern United Church (corner of Cumberland and Daly). Free, voluntary contribution only. **Coffee** — 2:00 pm on Tuesdays at T.A.N. Coffee (317 Wilbrod St., corner of Friel) Voluntary contribution.

Living Aligned, Monday, April 7 and May 6, 6:30-8 p.m. @ Spirit Art Studio, All Saints Church, 317 Chapel St. In the midst of a change or about to embark on one? Introductory session with a taste of the Living Aligned framework developed by Linda Vanderlee. Drop-ins are welcome, but it would be helpful to know in advance if you are coming. For more information, see www.lindavanderlee.com.

Spring Cleaning the Capital campaign, April 15 – May 15: Pick your project site, your clean-up date (rain date too!), and time; gather your team; plan ahead for the proper disposal of compost, garbage, recycling, leaf-and-yard waste and any other hazardous items you may collect. For information and to register, see City of Ottawa website (Tim Hortons Cleaning the Capital).

Events

Shout Sisters Concert Thursday, April 16th, 7 p.m. at St. Paul's-Eastern United Church 473 Cumberland St. Tickets \$20 each. This is a fund-raising concert for the Community Laundry Co-op now located in Vanier at Heartwood House.

Heritage Ottawa Free Public Lecture Wed., April 15, 7:00 p.m. Ottawa Public Library Auditorium, 120 Metcalfe St. Ottawa's Frontier Modernism recounts how Ottawa was often on the "frontier" of modern architecture. Speaker: Andrew Waldron. info: 613.230.8841 or info@heritageottawa.org; www.heritageottawa.org

Coro Vivo Ottawa presents Lux Aeterna: Songs of Light, with orchestra and featuring a cappella and accompanied choral works. **Friday April 24 at 8:00 p.m.**, St. Joseph's Church, 174 Wilbrod St. Tickets: \$25, children 14 and under free, available at: the door or call 613-841-3902; www.corovivoottawa.ca

Jane's Walk, May 2 and 3, is a weekend festival of free neighbourhood walking tours led by locals who care passionately about where they live. *Jane's Walk* is a pedestrian-focused event that improves urban literacy by offering insights into local history, planning, design, and civic engagement through the simple act of walking and observing. There are some walks planned for Sandy Hill (see article by Michel Prevost). www.janeswalkottawa.ca/sessions/7

Des visites en français

Plusieurs visites guidées seront données en français, notamment celle de Diego Elizondo, qui fera découvrir, entre autres, le patrimoine de Rockcliffe, et celle d'Hélène Beauchamps, qui portera sur la paroisse Sainte-Anne dans la Basse-Ville, une des plus anciennes de l'Ontario français.

Certaines de ces tournées auront lieu dans la Côte-de-Sable, notamment celle des élèves de l'école élémentaire Franco-jeunesse, qui feront découvrir leur quartier, et celle de Jonathan Rausseo, agent de développement durable à l'Université d'Ottawa, qui démontrera pourquoi son établissement se classe parmi les plus vertes.

Le Quadrilatère historique de l'Université d'Ottawa

De mon côté, je donnerai le samedi 2 mai à 11 h, à titre d'archiviste en chef de l'Université d'Ottawa, une visite guidée du Quadrilatère historique du campus et du magnifique pavillon Tabaret, qui symbolise l'Université d'Ottawa depuis plus de 100 ans. Venez aussi découvrir nos belles maisons victoriennes, la Salle académique et le pavillon Hagen, l'ancienne École normale de l'Université d'Ottawa. Le départ se fera en face du grand escalier du pavillon Tabaret, au 550, rue Cumberland.

Il est possible de se procurer l'horaire et la description des promenades en cliquant sur le lien à www.janeswalkottawa.ca/fr. Vous pouvez aussi me joindre à michel.prevast@uottawa.ca, tél. : 613 562-5825, ou aux Archives de l'Université d'Ottawa, 100, rue Marie-Curie, salle 012, KIN 6N5.



"Imagine Where" acrylic on canvas, 10" x 48" by Mitchell Webster

Spring is in the Art at Worldview Studio

At the Worldview Studio and Gallery Aof Fine Art on Blackburn Avenue, we have survived this very long and cold winter by painting some luscious canvases reminiscent of warmer months, those past and yet to come. The studio and gallery, nestled in the heart of Sandy Hill, is literally bursting with art; the colours of spring, summer, and fall illuminating every inch of available wall space.

With all this bounty of art from a winter's worth of work, Janet and Mitchell will be opening Worldview Studio's doors this year for its first ever "SPRING is in the ART" **Open House and Studio Art Show, April 23 to 26, 2015, at 210 Blackburn Ave.** Check the website for details: www.worldviewstudio.ca/events/.

—Janet MacKay and Mitchell Webster



Rideau Branch Library

April, May, June 2015

377 Rideau St., 613-241-6954

Programs for children

Family Storytime / Contes en famille

Tuesdays at 10:30 am. Stories, rhymes and songs for children of all ages and a parent or caregiver. Drop-in./ Le mardi à 10 h 30. Contes, comptines et chansons pour les enfants de tous âges et un parent ou gardien. Inscription non requise.

PD Day program, @ the library!/Journée pédagogique, vite @ la biblio!

Friday, June 5 at 1:30 pm for ages 6–12. Registration required./le vendredi 5 juin à 13 h 30 pour les 6 à 12 ans. Inscription nécessaire.

For adults/Pour adultes

Evening book club

Mondays at 7 p.m.
April 13 – Joseph Boyden, *The Orenda*
May 4 – Teju Cole, *Open City*
June 1 – Reader's choice (short stories by Stefan Zweig)

Morning book club

Thursdays at 10:15 a.m.
April 16 – Alice Munro, *Runaway*

May 21 – Farley Mowat, *No Man's River* (or any other Mowat book.)

Groupe de lecture Mille feuilles

le mercredi à 18 h 45
Le 15 avril – Daniel Poliquin, *La kermesse*
Le 27 mai – Nancy Huston, *Danse noire*
Le 24 juin – Une conversation sur l'œuvre de Romain Gary, alias Émile Ajar. (Chaque personne lit son titre préféré.)

Pen and paper writing group

Tuesdays at 6:30 p.m.
Get feedback on your writing (any genre) and ideas from the group. Hear the work of other writers and offer your feedback. Discuss issues about writing and publishing. Share your triumphs, trials and tribulations with a supportive, informal group.

Budgeting 101

Monday, April 20, 6:30 p.m. Learn the six steps to budgeting that will help you take control of your finances and give you peace of mind. Registration required.

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Be part of the solution

Diane Beckett

More than a dozen residents of Sandy Hill and representatives from groups addressing Sandy Hill's environmental problems came together in early March to share what we are doing and move forward. We heard about Sandy Hill's Tree Group, Ecology Ottawa campaigns, the Sandy Hill Community Health Centre's environmental initiatives and Sandy Hill's pick-up-your-cigarette-butt campaign, among others. The level of knowledge, commitment and activity around environmental issues in our neighbourhood is impressive and you are encouraged to join in.

Ecology Ottawa campaigns

Join Ecology Ottawa's campaigns at the city-wide level or in Sandy Hill to:

- promote complete streets so that streets are safe for people of all ages—including pedestrians, cyclists, transit users and motorists;
- ensure funding for the plan to stop dumping untreated sewage into the Ottawa River;
- plant one million trees for Canada's 150th anniversary to replace the trees that are being lost to emerald ash borer;
- ensure that environmentally friendly leadership emerges during the Federal election;
- stop the proposed tar sands pipeline which, on leaking, would poison our city's water supplies and affect the health of our city's residents;
- ensure that the City truly implements its new climate change action plan, unlike the previous plan which languished on the shelf.

To get involved in Ecology Ottawa campaigns at the city-wide level, contact karen.hawley@ecologyottawa.ca. For Ecology Ottawa campaigns in Sandy Hill and/or info on the pick-up-your-cigarette-butt campaign contact Diane Beckett at dianebeckett@hotmail.com.



Guerrilla gardening in Sandy Hill, Spring 2014

Sandy Hill Tree Group

The group is moving on a variety of initiatives to increase biodiversity and tree cover in Sandy Hill:

- updating the tree map and eventually undertaking an inventory of trees including heritage trees;
- encouraging the planting of native species;
- encouraging the City to implement green traffic calming measures when streets are being repaved;
- promoting the City's free tree program for home owners;
- working to increase the City's requirements for protection of trees during construction;
- planting 20 trees this spring donated via Ecology Ottawa to Sandy Hill;
- working for a community orchard near the

garden at Dutchy's Hole. The Sandy Hill Tree Group contact is Susan Young at suseric@hotmail.com.

Temporary parklets

Sandy Hill Community Health Centre is following up on *The Human Scale* showing it spearheaded in February, by supporting activities that make the city more human in scale. After consultations, the idea emerging is to encourage citizens, businesses and the City to turn parking spots into temporary parklets.

To get involved contact: Chris Osler, Sandy Hill Community Health Centre, cosler@sandyhillchc.on.ca.

Stop Climate Change

All of Canada's premiers are heading to Quebec City to talk about climate change. And so are we. We want to send a unified message. We want strong climate protections. We want renewable energy.

On April 11, thousands will march in Quebec City for the climate. Will you join us for this festive event? Ecology Ottawa is organizing buses to take us there. On April 14, the heads of Canada's provinces and territories will meet in Quebec City. Climate change will be the only item on their agenda. The majority of Canadians support action on climate change. It's time to stand up and speak with one voice. Will you join us? Sign up for the Quebec City bus on the Ecology Ottawa website or contact Diane Beckett at dianebeckett@hotmail.com for additional information.

Back Garden Confidential

Going to seed

Danna Leaman

15 March 2015—Spring should have arrived by mid-March if faith in the predictive shadows of Shubenacadie Sam, Punxsutawney Phil, and Potomac Phil on 2 February was rewarded. It should have arrived even earlier according to the no-show shadows of Warton Willie and Winnipeg Willow. Madame Guillotine, my resident groundhog, apparently knew that mere shadows would not hurry this year's spring melt, and remains in hibernation under the garden shed. So here we are, well beyond the Ides of March, and no real signs of spring except the scent of awakened skunks and grunge left behind by slowly melting snow banks.

How better to revive hope than to peruse garden seed catalogues and dream of harvesting sun-fattened tomatoes and baseball-bat zucchinis? My dream garden is a re-creation of J.E.H. MacDonald's "The Tangled Garden" featuring a giant sunflower gracefully bent over a riotously colourful mix of who-knows-what, most of it likely more picturesque than edible. The obstacles between my dream and its realization are largely vegetarian: Mme Guillotine, marauding black and grey squirrels, ravenous insects, and the assorted rusts, smuts, and moulds that thrive in and on the plant world.

My usual approach to garden planning ignores many garden-magazine parameters for ideal results—the trendy colour palette, constant blooms, the new miracle veggie that cures everything. My parameters should be about probable survival:

- Do groundhogs adore it? (Goodbye parsley, lettuces)
- Can squirrels climb and devour it? (Farewell sunflowers)
- Will the leaves and fruits wither and die just before their prime? (See you at the farmers' market tomatoes, beans, basil, squash)

However, hope springs eternal, especially in cold, windy mid-March.

Today I retrieve packets of leftover seeds from the garden shed, and sort them into piles:



Photo Danna Leaman

- Frost tolerant (mainly saved seeds from Grandpa Ott's morning glories and columbines transplanted from Lanark County).
- Germination test candidates (maybe survived the winter freeze, possibly worth the effort of spreading some seeds on a damp paper towel under a glass dish and watching a day or two or ten until they sprout—or not).
- Compost (unlikely to have survived the winter frost or too old to bother).
- Empty—buy fresh (oh, why not? Parsley, lettuces, sunflowers, tomatoes, beans, basil, squash)

Sorting through all the garden seed companies with online catalogues, even limiting the search to Canada or Ontario, will take longer than waiting for spring to arrive. I type "seed catalogue Ontario" into my browser and get 344,000 results, from which jumble heap I extract two gems: One is a delightfully literary review of seed catalogues, dated January 2015, by the "Seasonal Ontario Food" blogger Ferdzy (seasonalontariofood.blogspot.ca/2015/01/its-time-my-annual-review-of-seed.html). The other is Harrowsmith's more succinct "The Best Canadian Seed Companies," published in January 2014 (harrowsmithalmanc.com/2014/01/18/seed-sources-2013/).

My favourite source, Richters Herbs in Goodwood, Ontario, appears in both lists. Seed selection is not small work, however. Let's say I want to grow basil. I can choose from the "Sweet Group" (6 varieties), the "Genovese Group" (8 varieties), the "Bush Group" (7 varieties), the "Purple Group" (9 varieties) or "Other Basils" (11 varieties). I hope to decide before the snow melts.

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