

Photo Jane Gurr



**Stepping out for Sandy Hill!** Dancers old and young, able and/or experimental turned out for the May 10 Community Barn Dance in Bate Hall that raised thousands of dollars for Action Sandy Hill's attempt to divert the tide of development. See Daniel Boswell's report on page 18.

Photo Kathleen Kelly

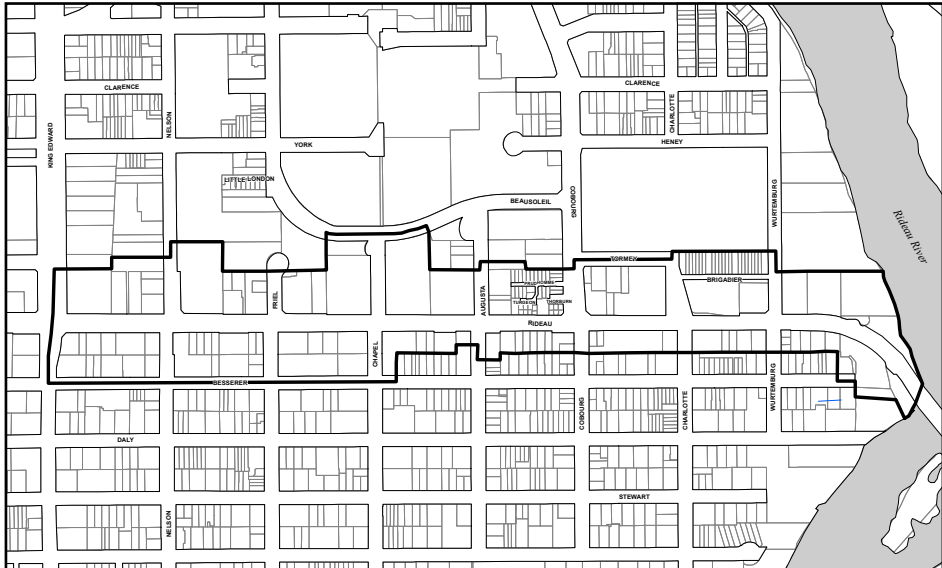


The celebration of Easter week in April was enhanced by the appearance of the Egg Moon.

Photo Sandra Dattilo



Possibly this new family on Blackburn Ave. was conceived by light of that moon. Everyone loves a skunk story and there's a good one inside by Annegret Hunter, on page 18.



### Upper Rideau Street Community Design Plan

## Will the new improved version keep faith with the neighbourhood?

Judy Rinfret

Most of us will recall the Uptown Rideau Street Community Design Plan (URSCDP), achieved after years of meetings, consultations, visions and revisions. When city council finally approved the URSCDP in 2005, we assumed we could predict how our beleaguered main street would gradually be renewed:

- six storeys on both sides of the street (except for existing taller buildings on the north side and on the first block immediately east of King Edward)
- wide sidewalks, bike lanes, narrower traffic lanes
- plazas, street art, and public areas
- vibrant, interesting and various commercial enterprises
- more residential intensification

Almost eight years later, the sidewalks are wider, hydro lines will be buried, street lighting will soon be consistent and attractive, the infrastructure will soon be completely upgraded; a two-storey drug store has been completed; a caterer has moved out, while a proposal to build a 16-storey condo is being considered in the same place; a seven-storey condo has been approved for the property east of Charlotte; an application to develop up to 18 storeys is being considered where Angelo's Pizza and the Passage to India are now boarded up; the Jewish Community Centre, more recently Heartwood House, is now vacant and may be developed as two 30-storey towers; all the businesses on the ground floor of the government building at King Edward and Rideau have been closed; many of the more recently built small shops on the north side of Rideau west of Cobourg have closed; and a seniors' residence will soon house university students.

Although the city has invested in a complete restructuring of the street, private owners have so far ignored or violated the Rideau Street vision. Instead of what could be a high-rise development across from the ByTowne Theatre, a two-storey drug store has been built. Instead of mid-rise mixed use buildings on the south side of Rideau near Cobourg, developer Richcraft has plans for seven storeys and up to 18, while the development of the former Jewish Community Centre may be up to 30 storeys, and the house recently vacated by Culinary Conspiracy may be demolished to build a 16-storey residential complex.

Obviously from the point of view of Sandy Hill residents, the Rideau Street universe is not unfolding as it should. Why?

It has become apparent that community design plans do not guarantee predictable development. CDPs are too often dismissed as mere "guidelines" when planning principles are assessed. Developers hire lawyers and planners to lobby and rationalize what seems unthinkable.

Now the city is "fast tracking" a new design plan for uptown Rideau, presumably to ensure that such a plan has the status to ensure more expected outcomes and to somewhat justify the expense of rebuilding the street.

Community activists, at first worried that revamping the CDP would be even more disastrous, are now more or less engaged in the process, as are the landowners affected. City planner Melanie Knight has been instrumental in convincing those of us who were sceptics to take part. Once again we find ourselves at workshops and meetings.

Ms. Knight has explained that we cannot force a business to leave or relocate, nor can we force an owner of an empty lot to create a hardware store (the most popular suggestion from public consultation.)

Bike lanes will not be on Rideau Street as that has proved impossible on an arterial road, nor can trucks and buses be banned; but routes for cyclists through our immediate communities can be established and intersections can be made safer for both cyclists and pedestrians.

Rideau Street, though an arterial road for transportation purposes, is defined as a "traditional main street" east of King Edward Avenue in the city's official plan which should mean that the city can impose development standards to ensure street continuity, scale, character, and compatible uses to complement the surrounding residential areas.

Since the first two blocks east of King Edward Avenue are within 800 metres of a transit station, high-rise development is reasonable and seems acceptable in that sector.

We cannot ensure what businesses will locate on Rideau Street, but we can decide what uses will be permitted and how high buildings may be and what set backs will apply. We can protect the heritage status of our library and Wallis House and possibly other buildings. We can ensure public areas on the street as development occurs.

Perhaps most important, we can insist on compatibility with long-established adjacent residential areas as development must be considered from all sides. This is the biggest challenge as the north and south sides of Rideau Street were once in different wards with very different zoning provisions.

*Continued on page 3*



# IMAGE

Founded in 1972 under the  
direction of Diane Wood

22, av. Russell Ave.  
Ottawa K1N 7W8

Fondé en 1972 sous la  
direction de Diane Wood

IMAGE, a non-profit community news-paper, is supported by its advertisers. Opinions expressed are those of contributors and advertisers, and do not necessarily represent those of the volunteer editorial staff.

In 2014, IMAGE is published in **February, April, June, October and December**. 7,500 copies are printed and distributed free of charge to all residents of Sandy Hill. Free issues can also be picked up at the community centre, library and various commercial locations.

IMAGE welcomes articles, letters, photographs, notices and other material of interest to its readers in the Sandy Hill community. Name and telephone number of contributor must be included.

If you'd like to write articles, draw cartoons or other illustrations for stories, or take photographs on assignment, please call and leave your name and number at 613-237-8889. No age restrictions.

IMAGE reserves the right to edit in whole or in part all such contributions.  
**Tel: 613-237-8889**

**E-mail :** image22@rogers.com

**Website:** imagesandyhill.org

#### Editor:

Jane Waterston

#### Rédactrices de langue française :

Denyse Mulvihill, Betsy Mann

**Advertising:** Peter Rinfret, Jane Waterston

#### Research/admin/translation:

Christine Aubry, François Bregha, Claire MacDonald, Betsy Mann, Jan Meldrum, Jane McNamara, Dodi Newman, Larry Newman, Judy Rinfret, Peter Rinfret

**Production:** Jane Waterston, Bob Meldrum

**Photographers:** Bob & Jan Meldrum, Larry Newman, Yann Young-Audet

## Deadline

Reserve advertising space or let us know you have a letter, photo and/or article by

**September 22, 2014**

(target delivery October 3)

## Date de tombée

Publicité, articles, photos et autres soumissions

**le 22 septembre 2014**

(livraison prévue le 3 octobre)

IMAGE is written, published and delivered thanks to the efforts of dedicated and talented volunteers and the support of our advertisers. Please support local businesses, especially those who advertise in and display IMAGE.

#### Questions re delivery?

If you live in Sandy Hill, IMAGE is delivered free to your door. Please call 613-237-8889 if you are aware of anyone or any business in our neighbourhood who is not receiving their newspaper.

IMAGE est rédigé, publié et distribué grâce au dévouement et au talent de nombreux bénévoles, mais aussi avec l'appui des annonceurs. Soutenez les commerces locaux, et tout particulièrement ceux qui font de la publicité dans IMAGE ou chez qui vous pouvez le trouver.

#### Questions au sujet de la distribution?

IMAGE est distribué gratuitement dans la Côte-de-Sable. Veuillez appeler le 613-237-8889 si vous connaissez un particulier qui ne le reçoit pas.

## Found in the in-box ...

## Nous avons reçu ...



*It may look like these young lads are drinking from an oasis fountain but it's our own Strathcona Park circa 1920. Time to bring back more public fountains.*

— Ken Clavette, Henderson Ave.



*Landmark lost — the last minutes of Dworkin Furs, 256 Rideau St., at dusk on a misty day in May.*

— Graeme Hunter, Stewart St.



*Sandy Hill's  
place  
in the Market*

*Côte-de-Sable  
se retrouve  
au Marché*

Colonel John Stewart, an Irish immigrant and carpenter, built the house in 1877. Abraham and Rose Dworkin moved in around 1921 and turned it into one of Ottawa's most successful fur businesses. After 111 years in business, Dworkin Furs closed in 2012. —Ed., with notes from an article by Marc Aubin



# Éditorial

## La crise du logement pour étudiants est-elle en train de se résorber?

Depuis plusieurs années déjà, le logement dans la Côte-de-Sable subit les pressions de la croissance rapide de l'Université d'Ottawa. Celle-ci a accru sa population étudiante d'environ 80 % durant la dernière décennie, tant et si bien que juste pour loger les étudiants de première année, elle affiche actuellement un déficit de 1 200 places. Les conséquences de cette croissance sont évidentes partout dans notre quartier : plusieurs maisons unifamiliales ont été converties en maisons de chambre, une ancienne maison de retraite a été mise à contribution (la résidence Sandy Hill) et des promoteurs immobiliers proposent la construction de grandes résidences pour étudiants, par exemple sur la rue Mann et sur l'avenue Laurier (la proposition Viner).

Or la situation change rapidement : quatre édifices seront construits ou convertis en logement pour étudiants d'ici 2016. Cet automne, l'université compte exploiter une nouvelle résidence à l'angle des rues Friel et Rideau (l'ancienne maison de retraités Chartwell) qui pourra accommoder 400 étudiants. De l'autre côté du canal Rideau, la Société Campus Suites propose de convertir un hôtel de 220 chambres; le Holiday Inn de la rue Cooper, derrière l'Hôtel de ville, deviendrait des appartements visant une clientèle étudiante. En septembre 2015, ce sera la nouvelle résidence de l'université sur la rue Henderson qui ouvrira ses portes à 165 étudiants. Finalement, en septembre 2016, une société privée aura achevé la construction au 45, rue Mann d'une résidence qui aura une capacité d'environ 365 places. En un peu plus de deux ans donc, quelques 1 500 nouvelles places seront créées, ce qui représente la presque totalité du déficit actuel. Et ce chiffre ne compte ni l'ancienne église St Clement's, dont la conversion ajouterait une soixantaine de garçonniers, ni l'immeuble d'appartements au 85, rue

Range, qui pourrait lui aussi loger quelques étudiants même si sa vocation première est autre.

On prévoit également qu'en 2016 le pont piétonnier sur la rivière Rideau sera terminé, ce qui facilitera la circulation entre la Côte-de-Sable et Vanier. De plus, le nouveau plan directeur de l'université sera achevé. On s'attend à ce que celui-ci propose des constructions importantes sur le campus de l'avenue Lees et l'agrandissement d'une ou de plusieurs résidences sur le campus principal.

Déjà, des observations anecdotiques indiquent que l'offre du logement pour étudiants dans la Côte-de-Sable dépasse la demande. Certains propriétaires n'arrivent pas à louer leurs chambres et les loyers sont à la baisse.

En mars dernier, le Conseil municipal a rejeté la proposition Viner qui vise la construction d'une résidence de neuf étages au coin des rues Friel et Laurier. Depuis, ce rejet a été porté en appel devant la Commission des affaires municipales de l'Ontario (CAMO) et le cas sera entendu au mois d'octobre. Si la Côte-de-Sable peut stopper cette proposition, elle aura protégé le cœur du quartier, au prix, il faut l'avouer, de plus de développement en périphérie. Beaucoup dépend donc de l'issue des audiences de la CAMO et c'est pourquoi Action Côte-de-Sable continue de recueillir des fonds afin d'assurer une présence forte devant la Commission à l'aide des conseils d'un urbaniste professionnel. Si vous n'avez pas déjà contribué, vous pouvez aider à protéger notre quartier en déposant un chèque à l'ordre de « Action Côte-de-Sable » (avec la mention au bas « Sauvons la Côte-de-Sable ») chez Pat Archer au 292, avenue Marlborough. Nous vous en remercions d'avance!

François Bregha

## How did this happen?

Christopher Collmorgen noted Action Sandy Hill's effort to slow down the rate at which homes are being converted into student housing when he filed his president's report at the neighbourhood annual meeting on May 15. Henderson Ave. resident Leah Geller had a follow up question for Councillor Mathieu Fleury about how one such change, at 139 Henderson, came to pass. This is what she was talking about.



**Before** — The single family home at 139 Henderson Ave. was purchased in the summer of 2012 by Black Iris Developments. It was vacant for about a year before the conversion began in the summer of 2013. The City approved the conversion site plans in advance of the recent rules restricting these types of conversions.



**After** — The conversion, designed by architect Daniel Belanger and managed by Takyan Consulting, now houses two 4-bed, two 3-bed and four studio apartments, for a total of 18 bedrooms. City Councillor Mathieu Fleury's office was slow in responding to concerns about the conversion. In the meantime, one of the owners has promised to cover the metres with shrubs, change the front door and plant some trees in the frontyard. — Leah Geller

LIVE WELL WITH  
**PHARMASAVE**

**ASTLEY'S  
PHARMASAVE**

423 Rideau St. (at Chapel St.)  
Tel: 233-8454 • Fax: 233-8691

Fast, Friendly & Professional Service

Free Delivery  
Senior & Student Discounts

- |                         |                              |
|-------------------------|------------------------------|
| • Prescriptions         | • Bus Tickets                |
| • Vitamins              | • Stationery                 |
| • Health & Beauty Needs | • Fax & Photocopy            |
| • Stamps                | • Many More Drug Store Needs |

Monday - Friday / lundi - vendredi  
9:00 a.m. - 7:30 p.m.

Saturday / samedi  
9:30 a.m. - 5:00 p.m.

KEEP  
CALM  
AND  
GET A  
MASSAGE



Lee-Ann Solomon, R.M.T

13 Robinson Avenue, Unit 11  
Ottawa, ON  
K1N 8N8

t. 613.302.3117  
e. leeann@SolomonMassage.com  
w. SolomonMassage.com

## Upper Rideau Street Community Design Plan

Continued from page 1

Buildings on the south side of Rideau are, almost without exception, no higher than three storeys which is perfectly compatible with the long-established neighbourhood on Besserer Street. If building heights along this side of Rideau are significantly increased, there will need to be a transition area between taller development and the three-storey neighbourhood, which will present challenges for development on lots that are only 99 feet deep.

Ms. Knight says all comments and suggestions will be synthesized and assessed by a working group over the summer. We may expect a draft version of the Rideau Street community design plan in the fall and final approval by the next city council in 2015. Ms. Knight assures us that lessons have been learned and that this time the URSCDP will be much more than a guideline. If and when there is development or redevelopment on Sandy Hill's northern frontier, the community design plan, part of the city's provincially sanctioned official plan, should ensure that what unfolds meets our expectations for at least the next twenty years. But seasoned community watchdogs will be convinced by real outcomes.

For updates on consultations and reports, visit [ottawa.ca/uptownrideau](http://ottawa.ca/uptownrideau).



Straightforward · Caring · Dedicated

## Janny, Jeff and Shan...

The Power of Three... Working for You!

proven performance in  
Sandy Hill since 1986



**JannyMills · JeffRosebrugh · ShanCappuccino**  
Sales Representative      Sales Representative      Sales Representative

**ROYAL LEPAGE**  
Performance Realty  
Brokerage, Independently Owned and Operated

**613.238.2801**  
**jannyjeffandshan.com**

## Louis Besserer and the beginnings of Sandy Hill

Ron Hodgson

We live in a storied part of the city where the builders of Ottawa and, in fact, of the country often lived. However I was painfully reminded of the fragility of our area as I watched the destruction of the almost 140-year-old Dworkin building on Rideau Street. Generally our old buildings stand little chance when faced with condominium developers. The high-rise condo buildings are creeping eastward from downtown and we will be faced with more and more of them in Sandy Hill as the years go by. They have reached King Edward Avenue having devoured most of the area to the west of there on Besserer Street. Reminds me of the Godzilla stories.

One of the new condos just north of St. Albans Anglican Church pitches "an outdoor garden terrace and BBQ area all surrounded by a magnificent stone heritage church that creates a private and serene area in which to relax." There's some value in heritage after all but to claim that the condo is surrounded by an old heritage church when the reverse is really the case is pushing it.

Just across King Edward from the church standing almost on the brow of the King Edward hill is the old Besserer house. This classic Greek Revivalist style home was built by Louis Besserer in 1844 on a site that was described then as "a tract of sandy, unproductive land 120 miles from anywhere." There were no city services—no water, sewers, lighting, or paved roads. Now that's what I call private and serene! According to the Sandy Hill Heritage District Streetscape Guidelines, Besserer obtained the land as a legacy from his brother who had died suddenly in 1823. Both were veterans of the War of 1812. The land stretched from the Rideau River in the east to Waller on the west and from Rideau Street in the north, south to what is now Laurier.

Besserer, who was born in 1785, had a successful career as a notary, businessman and parliamentarian in Quebec City

but after the 1837 Papineau rebellion in Lower Canada he chose to take advantage of his brother's legacy and so moved to what was then basically a northern lumber town wilderness known as Bytown. His new house had a terrific view of the Gatineau Hills.

Prior to moving here he had engaged William Stewart to lay out a street plan on his estate. The sale of lots commenced in 1838. Some of the east-west streets were named for Besserer's family members. Wilbrod, for example was one of Louis' sons. Another son, Theodore, got a street too but he couldn't compete with a prime minister and so the street name was later changed to Laurier. Daly Avenue was named after Sir Dominick Daly, the Provincial Secretary and, of course, Stewart was named after Louis' land agent.

Besserer set aside quite a bit of land for churches and a college thus creating the seed for the University of Ottawa which started out as the College of Bytown in 1848 in Lowertown, moved to Sandy Hill



Besserer House faces King Edward at the crest of a sandy hill.

Illustration Ron Hodgson

in 1856 and is now, I believe, the largest single land owner in Sandy Hill. St. Joseph's Church and St. Albans followed.

Louis died in 1861. In 1866 the house was sold to one of the Fathers of Confederation, William McDougall, and subsequently experienced a number of prominent owners. It even served briefly as the Spanish Embassy, according to one source. Now it looks a bit lost and probably ignored by the frantic traffic scene on the King Edward hill. Let us hope that the ultimate fate of Besserer House and even Sandy Hill is not to be lost in a forest of condos, overrun with university buildings and smothered in traffic congestion.

## PHARMACIE CAMPUS PHARMACY

100 Marie Curie • Services de santé / Health Services Bldg.

**613-563-4000**

Welcoming the entire Sandy Hill Community  
Les résidents de la Côte-de-sable sont bienvenus

### POUR TOUS VOS BESOINS PHARMACEUTIQUES....

- Prescriptions
- Vitamines
- Soins sportifs
- Produits de beauté
- Tests de grossesse
- Papeterie
- Timbres
- Services de photocopies et de télécopieur

et **Plus!**

### FOR ALL YOUR PHARMACY NEEDS ...

- Prescriptions
- Vitamins
- Sports care
- Health and beauty needs
- Pregnancy tests
- Stationery
- Stamps
- Fax and photocopy services

and **More!**

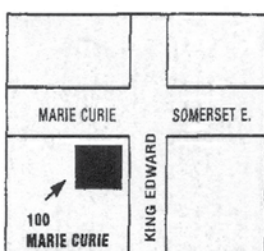
Interac • VISA • Mastercard • American Express

Lundi-jeudi 8h30 - 20h00  
Mon-Thurs 8:30 - 8:00

Vendredi 8h30 - 19h30  
Friday 8:30 - 7:30

Samedi 10h00 - 17h00  
Saturday 10:00 - 5:00

Dimanche 10h00 - 14h00  
Sunday 10:00 - 2:00



www.campuspharmacy.com

## Mauril Bélanger

Député / M.P., Ottawa-Vanier



*À votre service!  
Working for you!*

www.mauril.ca

**Bureau de comté /  
Riding Office**

**168, rue Charlotte St.**

**Pièce / Room 504**

**Ottawa, ON K1N 8K6**

**Tél. / Tel. : 613.947.7961**

**Télec. / Fax : 613.947.7963**

**belanm1@parl.gc.ca**



Photo Ed Zolpis



# Summer road construction around Sandy Hill

John Verbass

It is hard to avoid all the road construction going on around Sandy Hill this summer. But what is it all for? This article provides a brief overview of the four main projects impacting the neighborhood.

### Rideau Street east

Along Rideau Street, the City is in the final stages of completing the sewer and water infrastructure renewal. Everyone will be breathing a sigh of relief when this multi-year project finally wraps up at the end of the summer. We know the impact of the detours of cars and buses has been particularly challenging for some of the streets immediately south of Rideau. You have paid your dues for a few decades at least we hope!

### Bike lanes

Recently you will see that a lot of work has begun on Laurier Avenue East around Cumberland Street. This work is coupled with other work on Laurier West in front of City Hall and forms part of creating the eastern portion of the east-west bikeway of which the existing Laurier Avenue bike lane downtown serves as the backbone. The Laurier cycling lane will now be carried eastward into Sandy Hill until Cumberland Street where it will turn north on new Cumberland bike lanes to connect with the existing bike lanes on Wilbrod and Stewart streets. This extended Laurier portion will be segregated from the road lanes and requires a moderate widening of Laurier Avenue in the area in front of University of Ottawa. Widening a street, even by a small amount is a lot of work as it requires shifting of sewer connections, etc. The cycle lanes on Wilbrod and Stewart streets will also be repainted to provide a half-metre-wide cross hatching to improve the sense of separation between the cycle lanes and general traffic. The east-west bikeway then turns north-south along Cobourg through Lowertown to St. Patrick Street; cycle lanes will be added this summer to St. Patrick Street from Cobourg eastward to the Vanier Parkway. Some changes will be needed where the

bike route on Cobourg passes through the small parkette at Besserer. Separation will be provided between bikes and pedestrians and Action Sandy Hill will work to minimize any changes to the cluster of trees that exists there. Hopefully anyone who cycles to/from the downtown can appreciate how challenging the current cycling connection is along Laurier and will enjoy the improvements when this work is completed. The City is hoping that these changes will lead to more people feeling comfortable enough to start using their bikes to travel downtown.

### Highway 417 widening

By the end of June, the 417 widening project will progress to the stage of removing the existing Lees Avenue overpass (bridge) to both widen the passage underneath to accommodate the widened 417 as well as to replace the existing worn and aging bridge. The Lees Avenue overpass will be out of service for 12-13 weeks for this work. Unlike other overpasses of the 417 this one is much more complex due to its long curving structure and so a “rapid overnight replacement” is not possible as has been done with other overpasses. Sandy Hill will lose an access route in/out of the community for the summer and things could get a little congested at the King Edward/Mann intersection. On the upside, traffic on King Edward southbound is lighter this year because of the three year closure of the Lees Avenue on-ramp to highway 417. Quebec traffic that normally takes that route to the 417 has gone elsewhere and this has led to less traffic on King Edward southbound.

### Pedestrian/cycling bridge over the Rideau River

The final construction project may be less visible but will be of great interest to the community as a new pedestrian and cycling bridge will be built across the Rideau River from Somerset Street East at Strathcona Park to Donald Street in Overbrook. The construction starts this year but the bridge will not be open for use until sometime later in the summer of 2015.

Further details about these projects can be found on the ASH website under the tab “Our Work” --> “Transportation” --> “Sandy Hill Specific”

## Service removed on Lees Highway work has big impact on Route 16

Bob Meldrum

When I found that the Lees Avenue bridge will be closed from June 16 until September 26, I sent two questions to the City of Ottawa Communications Department. The following responses can be attributed to Pat Scrimgeour, Manager of Transit Services Planning and Reporting.

**Q1. With the removal of the Lees Avenue bridge over the summer and the closure of the bridge as of June 16, will the OC Transpo bus number 16 be rerouted?**

**A1.** Starting on Monday, June 16, until Friday, September 26, the Lees bridge over the Queensway (417) will be closed. As a result, Route 16 will be placed on detour for the duration of the work as shown in the attached map.

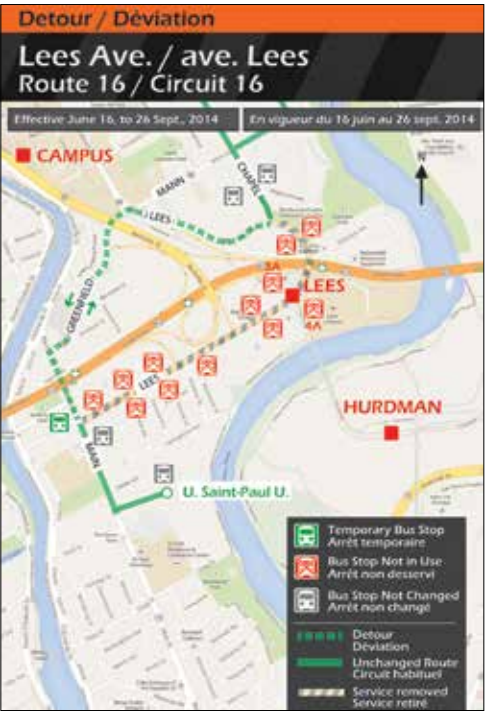
The following bus stops will not be in use during the detour:

- #6801 -- Lees and Queensway Ramp
- #6807 -- Lees and Queensway Ramp
- #7622 -- Lees and Brunswick
- #6808 -- Lees and Concord
- #6800 -- Lees and Concord
- #7623 -- Lees and Rosemere
- #7625 -- Lees and Rosemere

**Q2. How are Sandy Hill residents to get to the Lees Ave Transitway stop?**

**A2.** During the detour, most Route 16 trips will not serve Lees Station. However, the Route 16 trips that operate between Lees Station and Rideau Street will continue to serve Lees Station. These trips are:

- Departing Lees Station at 9:21, 11:39, and 13:39
- Departing Rideau Centre at 14:00 and 15:33



During other times, Sandy Hill residents can take a bus on Route 16 westbound (signed as to Britannia) and make a connection at Laurier Station to a Transitway route heading eastbound to Lees Station. Depending on their mobility or proximity to either station, certain residents may prefer to walk to Campus Station directly or to Lees Station (via the Transitway sidewalk beginning at King Edward and Mann or, as noted below, via the river pathway and through the U of O Lees campus.)

### Pedestrians and cyclists beware

Evelyn Danilko of the Rail Implementation Office provided the following information:

During the closure of Lees Avenue, traffic will be diverted to Main Street and Greenfield Avenue. Pedestrians and cyclists will be detoured along the Rideau River multi-use pathways; this detour is subject to change throughout the closure, advance notice will be provided.

-Access to Robinson Village will also be affected and residents there are being informed of alternative arrangements.

This work is being done as part of the Highway 417 expansion project, which began in May 2013, and will add an additional lane in each direction between Nicholas Street and the Split. The additional lane will be used exclusively for bus rapid transit during the 2015 to 2018 phase of the Confederation Line light rail construction.

**Paul Michniewicz**  
The Subject Master

Phone: 613 234-3734  
Cell: 613 302-9029  
pmichnie@hotmail.com

**Tutor for Elementary, High School, and College Students**  
Mathematics, Chemistry, Physics, Computer Science, and Study Skills/Strategies



## Elmwood School Camps for Girls

June 16 – August 22


Our recreational day camps have just the right mix of **active play, learning and creative exploration** for girls in grades K–6.

Our campers experience **new challenges**, develop **new friendships** and enjoy a wide range of **hands-on activities** within Elmwood School’s safe and caring environment.

Call (613) 749-6761 or visit [camp.elmwood.ca](http://camp.elmwood.ca) to register.







Sandy Hill  
Community Health Centre  
Centre de santé  
communautaire Côte-de-Sable

We invite our members and community to our

**Annual General Meeting**  
**Thursday, June 26, 2014**

**at Sandy Hill  
Community Health Centre**

**221 Nelson Street**

**5:00 – 6:30 p.m.:** BBQ with our community! Get together with our Staff and Board of Directors, and meet our new Board candidates.

*All former Board and Staff are welcome.*

**6:30 p.m.:** Annual General Meeting Business meeting includes the election of the Board of Directors, presentation and approval of the President's and Treasurer's reports.

**Come and get involved in your Community Health Centre!**

Only members may vote.

Tous nos membres ainsi que la communauté sont conviés à notre

**Assemblée générale annuelle**  
**le jeudi 26 juin 2014**

**au Centre de santé  
communautaire Côte de Sable**

**221, rue Nelson**

**17h à 18h30 :** Barbecue avec notre communauté ! Rencontrez les membres de notre personnel et de notre conseil d'administration ainsi que les nouveaux candidats au conseil.

*Les anciens membres du conseil et du personnel sont les bienvenus.*

**18h30 :** Assemblée générale annuelle. Au programme : élection de membres au conseil d'administration, lecture et approbation du rapport du président et du rapport du trésorier.

**Participez à la vie de votre Centre de santé communautaire!**

Seuls les membres ont le droit de vote.

**We are looking for new Board Members!**  
**Nous sommes à la recherche de nouveaux membres pour notre conseil d'administration !**

The Centre serves the Sandy Hill and Ottawa East communities and welcomes all people who live or work in our community to become involved as volunteers on our Board of Directors and/or Board Committees. We welcome people with links to the Francophone, multicultural, GLBTQ and senior communities.

**If you:**

- ❖ are aware of SHCHC's role in the community and support our Mission,
- ❖ are 18 years of age or older,
- ❖ have awareness of current health and social issues,
- ❖ have links with the community we serve,
- ❖ can commit to monthly meetings, advocacy and networking activities for a two-year term,

call Cristina Coiciu at 613-789-1500 x 2505, for more information.

Le centre dessert les communautés de la Côte-de-Sable et de l'Ottawa-Est. Nous invitons toutes les personnes qui y vivent ou y travaillent à devenir membres bénévoles de notre conseil d'administration et de nos sous-comités du conseil. Nous cherchons des personnes ayant des liens avec les communautés francophones, multiculturelles, GLBTQ et les personnes âgées.

**Si vous :**

- ❖ connaissez le rôle de CSCCS dans la collectivité et appuyez sa mission,
- ❖ avez 18 ans ou plus,
- ❖ êtes au courant des enjeux sociaux et de santé actuels,
- ❖ entretenez des liens avec la collectivité desservie,
- ❖ pouvez vous engager à assister à des réunions mensuelles, à faire la promotion et la défense des causes du centre et à participer à des activités de réseautage pendant un mandat d'une durée de deux ans,

contactez Cristina Coiciu au 613-789-1500 x 2505, pour obtenir plus de renseignements.

## Just Ask IMAGE ...

### Mystery bus no more

Last issue IMAGE was asked why the 16X bus travelling on Rideau Street and heading back to Sandy Hill always arrived at the Rideau Centre stop without displaying a number and destination sign – our own mystery bus! OC Transpo told us that the situation would be investigated.

IMAGE is glad to report that the buses now arrive at the Rideau Centre stop complete with proper signage. There are only three 16X trips a day, at 12 noon, 2:00 p.m. and 3:33 p.m. They head west along Rideau then back to Sandy Hill via Elgin Street and the Mackenzie King Bridge.

The 2:00 and 3:33 buses are signed 16X Sandy Hill; the noon bus indicates 16X (or 16) Hospital because after arriving at Chapel and Wiggins it continues on to the General Hospital on Smyth Road.

### What's up with the Mann Ave. developments? The proposal signs have been up for months.

In the next few years the western-most block of Mann Ave. between Russell and King Edward will come in for some big changes. Here's what is on the record.

**45 Mann** The City has approved the construction of a proposed nine-storey building to replace an existing low-rise apartment building wedged between Viscount Alexander Public School and the University's Sports Complex. The privately-run student residence would house 363 beds.

**87 Mann** The City's planning committee has now approved the renovation of the former St Clement's church including the demolition of the existing manse and its replacement by a wider four-storey building. There will be 60 bachelor units altogether in the former church and new structure, of a size that would suit students, though the developer speaks of young professionals.

## Vision Sandy Hill Community Survey

Until July 21st!

Making positive change in Sandy Hill. Share your vision!  
Surveys available online at: <http://tinyurl.com/visionsandyhill>

Paper surveys available at:

- Sandy Hill Community Centre (Somerset East at Nelson)
- Sandy Hill Community Health Centre (Rideau at Nelson)
- Ottawa Community Housing

## Sondage communautaire «Vision Côte-de-Sable»

Avant le 21 juillet

Changeons positivement notre communauté. Partagez votre vision!  
Sondages disponible en ligne: <http://tinyurl.com/visioncotedesable>

Copies papier disponible au:

- Centre communautaire CS (rue Somerset est /Nelson)
- Centre de santé communautaire CS (rue Rideau / Nelson)
- Société de logement communautaire d'Ottawa



In partnership  
En partenariat



# Need an Apartment?

We can help.

613.521.2000

[sleepwellmanagement.com](http://sleepwellmanagement.com)







ASH's new president, Chad Rollins (right) welcomes incoming board members (l-r) Marc Tremblay, Denis Forget, Pat Archer, Camille Ainslie and Jeremy Silbert at the May 15 AGM.

# A new year begins at Action Sandy Hill

## A word from our representatives

Three levels of government were in evidence at the Action Sandy Hill general meeting in May, as elected representatives came to the mike.

Mauril Bélanger spoke of his opposition to the *Fair Elections Act* and also about his meeting with Ottawa U president Alan Rock concerning student residences. Councillor Mathieu Fleury focused on construction plans for the summer, the new pedestrian bridge over the Rideau River, and his work on various property issues, while Madeleine Meilleur talked of trucks on King Edward and a new 20-year infrastructure plan for cyclists.

Outgoing treasurer Kyle Simunovic reported ASH has 2,400 members and the Save Sandy Hill campaign has already raised more than \$15,000 for political and legal battles to come.



MP Mauril Bélanger



MPP Madeleine Meilleur



City of Ottawa Councillor Mathieu Fleury



Sandy Hill Community Health Centre Director David Gibson (right) spoke about the importance to community wellness of accessibility and green projects.

## Vision Sandy Hill Survey ready for your input

It appears to be survey season in Sandy Hill! C'est le temps des sondages dans la Côte-de-Sable!

As Sharon O'Sullivan explains on page 8, the Sandy Hill Business Improvement Area (BIA) has released a survey to get your feedback regarding certain kinds of improvements to Sandy Hill. We hope you take the time to complete it as your voice is important to local business owners, and a vibrant community needs a wide range of businesses and services.

Now Action Sandy Hill, in conjunction with the Sandy Hill Community Health Centre is asking for a few more minutes of your time. We're hoping you will fill out another survey as part of a community-wide visioning exercise designed to help us map out a strong, vibrant, healthy future for our neighbourhood.

While some of the feedback we're seeking may overlap with that of the BIA survey, and some of the outcomes may be complementary, this is a separate and independent exercise that needs your input.

### Vision Sandy Hill Survey

The purpose of the Vision Sandy Hill Survey is to obtain your opinion about what you love about Sandy Hill, what you see as challenges for the community, what you would like to see improved and how the community can work together toward common goals.

The Vision Sandy Hill Survey is part of ASH's larger Celebration Sandy Hill initiative, whose goal is to market Sandy Hill as the community of choice in which to live, work, play and do business in Ottawa. We are looking at a variety of projects that will bring about positive change to our neighbourhood and we need Sandy Hillers to tell us what they want.

With municipal elections coming up, the information gathered will also help ASH promote your concerns and ideas to our local candidates and those who will represent us for the next term.

The Vision Sandy Hill Survey can be completed online or on paper until July 21. You can choose to only answer the multiple-choice questions, but we would benefit greatly if you could take a few extra minutes to add some additional comments and suggestions.

Where you will find the survey is noted in the ad on page 6 (at left). Questions about the survey? [visionsandyhill@gmail.com](mailto:visionsandyhill@gmail.com) or call Geri Blinick at (613) 789-1500 ext.2507. Questions about Vision Sandy Hill? Visit the ASH website or get in touch with Suneeta Millington via [info@ash-acsc.ca](mailto:info@ash-acsc.ca). We look forward to sharing the results of the survey with you.

### La Côte-de-Sable est à l'écoute


Un des buts de ce sondage est de conserver notre héritage et culture francophone, alors nous avons vraiment besoin de vos points de vue et de vos commentaires. Le sondage est disponible en français (voir l'annonce p6 à gauche). Geri Blinick au Centre de santé (613-789-1500 poste 2507) et Suneeta Millington ([info@ash-acsc.ca](mailto:info@ash-acsc.ca)) peuvent également répondre à vos questions en français.

Merci à l'avance de prendre le temps de nous faire part de vos opinions. Nous vous communiquerons les résultats à l'automne. — Christine Aubry



François Bregha and Christopher Collmorgen

Outgoing ASH president Christopher Collmorgen commended Volunteer of the Year François Bregha for work on planning issues, the neighbourhood craft fair in November and January skating party, and the Sandy Hill Northwest Neighbourhood Improvement Group monitoring the impact of Centre 454.



DENYS  
BUILDS  
DESIGNS

RENOVATIONS

613-236-6516 | Denys.ca

DESIGNS BUILDS REPAIRS RESTORES RENOVATES



FATHER AND SONS

SERVING SANDY HILL SINCE 1967

112 Osgoode St. (at King Edward)

613-234-1173

We welcome students and the Sandy Hill community for:  
breakfast, lunch and supper.  
7 days a week.

TAKE OUT MENU AVAILABLE  
FREE wireless access

[www.fatherandsons.com](http://www.fatherandsons.com)





## Complete the Sandy Hill BIA market research survey by June 26 and become eligible for local raffle prizes

Sharon O'Sullivan

A "Business Improvement Area" is like a community association for the businesses in a neighbourhood. It improves the economic viability of community businesses, while also providing needed products and services to the local residential community. It does this through several activities, including: beautifying the commercial shop fronts and streetscape; holding special events; attracting needed new businesses to the community; and lobbying the government for better service (e.g., rubbish and graffiti removal). It is self-supporting, obtaining its budget via levies applied to the property taxes of each business in the catchment area of the BIA. Its budget is managed by an elected board of directors, which consists of representatives from those businesses as well as the city councillor.

### What's the Sandy Hill BIA's status?

We began to organize a BIA for Sandy Hill in autumn 2013. We formed a steering committee of nine local business representatives, including two individuals who are also residents of Sandy Hill and one who is a resident of Lowertown East (MacDonald Gardens). We have spoken to all the businesses in our proposed catchment area and incorporated their views into a business plan which we will formally submit to the City in August 2014. We have not yet written our by-laws, but we will ensure that they are designed to encourage close collaboration with Action Sandy Hill and with the Lowertown East Community Association, because Rideau is shared between us. Based on our communications with our current City Councillor and with other candidates for that position, we are optimistic that a Sandy Hill BIA will be approved by the new City Council in the first quarter of 2015.

### Why a BIA survey?

We are conducting this survey now in order to learn your priorities for our commercial district. The first part of the

**Complétez**  
notre étude de marché sur le  
quartier commerçant de la  
Côte-de-Sable  
**avant le 26 juin...**  
et tentez de gagner des lots  
offerts par les commerçants  
locaux !  
[www.ash-acs.ca/shbia-survey/](http://www.ash-acs.ca/shbia-survey/)  
(disponible ici en français aussi)

survey asks you what you think about our commercial district, and what changes you might like to see. The second part of the survey asks demographic questions. **It is very important to complete this second demographic part** because that is what will motivate desired new businesses to locate here. This survey should take you approximately 20 minutes to complete. Incomplete surveys will not count, so please complete the entire survey.

### How do I become eligible to win a raffle prize?

Your responses to the survey will be completely anonymous. We do not ask for your name or address on the survey itself. We only retrieve your computer's IP address to prevent more than one response per household. Therefore, to enter the raffle contest, you will need to complete the entire survey at which point you will then receive information about how to enter your email or street address into the raffle contest separately. Please keep a pen and paper handy to write down that information at the end. Winners will be announced in August 2014.

### So where do I find this survey?

Go to the ASH website at [www.ash-acs.ca/shbia-survey/](http://www.ash-acs.ca/shbia-survey/). Do it today!

*Sharon O'Sullivan has lived in Sandy Hill for 15 years and is a professor of management at the University of Ottawa. She is a block rep for Wilbrod St. and a co-investor in the Carriage House on Blackburn Ave.*

# Downtown church moves to Youville Centre

Margaret Sambol

After four great years meeting on the campus of the University of Ottawa, Sunnyside Wesleyan Church's downtown site has moved to a new home in the Youville Centre on Mann Avenue.

"The new location is helping us find who we are and how we can accomplish our mission," says Rev. Matthew Laker, the church's downtown site pastor. "It will allow us to be a congregation that fully represents the people living in the community: young, single, married, low-income, high-income and there's an international flavour there as well. Moving off campus allows us to do that better and come alongside the community in a stronger way."

Sunnyside Wesleyan Church first became a "multi-site" church on Easter 2010 with the launch of the downtown site at the U of O campus. The site shares staff, a board, and resources with the original church location on Grosvenor Avenue in Old Ottawa South.

Brent Russett, the senior pastor for both Sunnyside sites, is looking forward to the advantages of the new location at the Youville Centre.

"At the Youville Centre we have access to free parking, to a wonderful children's space and to a place that we believe will help us better connect with the whole Sandy Hill and Lowertown communities," Russett says.

There are a number of practical benefits to the new location including the ease of finding the location, free on-site parking, free adjacent street parking, and clean, secure space for family services such as Sunday school to grow. It is also on the number 16 OC Transpo bus route and is just a short walk from Lees station on the Transitway.

"I'm excited about the new location because it

will make us more accessible to a greater part of the community," says Tara Kirkey, a regular attendee.

Access to a kitchen at the Youville Centre will also make it easier to have community events such as potluck meals after the church service.

"It's a welcoming environment for new people to come," Laker says, adding that it will be easy to come in the side door and check out a service.

Laker believes the new location will still serve many students who attend the University of Ottawa, since the majority of students live off campus.

"It puts us in proximity of more students," he says, adding that the Youville Centre is only about a 15-minute walk from campus. "We are right in the midst of the community."

The new location is next to a housing co-operative, parks, and residential areas.

Laker is also excited about supporting the non-profit work of the Youville Centre, by renting their space. The Youville Centre helps young mothers succeed in their high school education through small class sizes and specialized programs, including parenting courses, while their children are enrolled in the on-site daycare.

"It's a great partnership," Laker says. "They are doing great work in the city and we have shared values."

Sunnyside Downtown holds services on Sundays at 10 a.m. at the Youville Centre, located at 150 Mann Ave. For more information, visit [www.sunnysidechurch.ca](http://www.sunnysidechurch.ca).

**THANK YOU! MERCI!**

**Spring clean-up / Nettoyage du printemps**

12th Ottawa Sparks / Brownies / Guides / Pathfinders  
François Bregha  
Rob Sinclair  
Ali Okieh  
Khaled Alloune  
Shazmin, Maia Ali  
Amarah and Andy Ali  
Kathy May and Kendall Gibbons  
Mila Py  
Lena Py  
Erna Handa  
Jane McNamara  
John Cockburn  
Eric Crighton, Maël, Élie  
Caroline Couillard  
Chad Rollins  
Céline Bak et Sofia Cazorla-Bak  
Bob Forbes  
Vivienne Bartlett  
Geri Blinick  
C. Perrin  
Tim Williams

Bianca Bertrand  
Mathieu Fleury  
Nathaniel Mullin  
Fred Dufresne  
Khadar Odowa Liban  
Yaqub Dhaqane  
Adam, William and Benjamin Moser  
David Dymont  
Abdulkadir Dahio  
Abdirahman Farah  
Sulaiman Daheeye Ismail  
Islamic Society of Sandy Hill  
Claire, Iain MacDonald  
Christine Aubry et Joël  
Ian, Maria and Helen Betty  
Alexis, Clément et Estelle Rapicault  
Suneeta Millington  
Viscount Alexander Public School  
École publique Francojeunesse  
And others who acted independently to help keep our neighbourhood looking good!

**Action Sandy Hill • CÔTE-DE-SABLE**

**Sandy Hill Community Health Centre**  
Centre de santé communautaire Côte-de-Sable

Special Thank-you to Ayoub's who provided honey cakes and juice and Timothy's on Laurier who provided coffee and everything required to serve out in the fresh air on Saturday May 3! Les gâteaux de miel, jus et café ont été grandement appréciés par tous qui étaient au parc Strathcona le 3 mai.  
Merci à Ayoub's et à Timothy's pour la bonne collation!



**PHARMACIE  
RIDEAU  
PHARMACY**

*Since 1898 - Depuis 1898*

**390 RIDEAU STREET  
AT FRIEL**

### OPENING HOURS:

Monday to Friday 9AM to 9PM

Saturday 9AM to 6PM

Sunday & Holidays 12 to 6PM

**789-4444**

### OUR PHARMACY:

- . Prescriptions
- . Vitamins
- . Health and body care
- . and MORE !

### NOTRE PHARMACIE:

- . Prescriptions
- . Vitamines
- . Produits de beauté
- . et PLUS !

**789-1796**

### OUR POSTAL SERVICES:

- . Stamps
- . Mailbox for rent
- . Fax & photocopy
- . and MORE !

### NOTRE COMPTOIR POSTAL:

- . Timbres
- . Location boîte postale
- . Fax et photocopie
- . et PLUS !

**Get your 6/49 & Super 7 tickets in store !**





Photos June Waterston

# All Saints looks east

Paula Kelsall

One hundred and fourteen years after opening its doors, All Saints Anglican Church on Laurier Avenue will host its last regular Sunday service on June 29.

At a Special Vestry meeting on May 25, the congregation of All Saints voted to vacate their heritage-designated home and to move to St. Margaret's Anglican Church in Vanier. The meeting, which All Saints minister Reverend Rhondda MacKay described as filled with both sadness and hope, marked the end of a long period of anxiety for the congregation about the future of the property.

All Saints was established in 1900 for a large and prosperous congregation that included many prominent members of Ottawa society over the years, including Prime Minister Sir Robert Borden.

Through the years the church has accommodated many organizations and events in its spacious quarters. Many residents of Sandy Hill have fond memories of contra dancing in Bate Hall or of bringing their children to Bettye Hyde Nursery School, which operated in the church's lower hall from 1978 until early this year.

Meanwhile, however, repair and maintenance issues have become increasingly pressing for the large stone building. The

stonework, electrical system and roof are all looming issues, the sort of problems faced by many Sandy Hill homeowners "multiplied by an exponential number," says Reverend MacKay.

The All Saints congregation, which currently numbers about 60, has searched persistently for ways to preserve the building and adapt it to changing times. In 2011 the parish hosted a charrette to discuss development possibilities for the large property, which extends from Blackburn Avenue to Chapel Street on the south side of Laurier Avenue.

Fiscal pressures, however, have ruled out such long-term ambitions. This year All Saints lost its two major tenants when both Bettye Hyde School and the Ottawa Mandarin Alliance Church, which had been worshipping at All Saints since 1998, moved to new premises.

For now the parish of All Saints will retain the rectory on Blackburn Avenue, which is home to a student community called Faith House. The Anglican Diocese of Ottawa is assuming responsibility for the church and Bate Hall, and is already in discussions with real estate agents.

St. Margaret's has an even longer history than All Saints. The little Gothic church at 206 Montreal Road was dedicated in 1888, and it is the oldest building in Vanier. Its cornerstone was laid by the wife of Sir John A. MacDonald, and poet Archibald Lampman attended services there.

All Saints members will bring their minister and their vibrant music program with them to their new premises. The two congregations will have separate services at first, with a view to merging by 2015.

Above — At a historic parish meeting on May 25, All Saints members debated and decided to move to a nearby church better suited to their size and means.



You will find the All Saints services at St. Margaret's Church, 205 Montreal Rd. in Vanier after July 6.

Ottawa's acclaimed vegetarian restaurant

## The Green Door

25th anniversary renovation and expansion

198 Main Street  
www.thegreendoor.ca  
Tuesday to Sunday: 11 to 9  
Monday closed

RESTORATION SERVICES

## TWO RIVERS

QUALITY WORKMANSHIP

BOARDING . TAPING . PATCHING . PLASTER . REPAIRS  
BRICK REPLACEMENT . BRICK POINTING . FOUNDATION REPAIRS  
references available

Chris Christie Tel: 613-869-4978



Whatever your wishes...

Beechwood has everything in one beautiful location. You can choose all of our services or only those that you want.

**BEECHWOOD OPERATES AS A NOT-FOR-PROFIT ORGANIZATION,** unique within the Ottawa community. In choosing Beechwood, you can take comfort in knowing that all funds are used for the maintenance, enhancement and preservation of this National Historic Site. That's a beautiful thing to be a part of and comforting to many.

**BEECHWOOD IS ONE OF A KIND.** People enjoy our botanical gardens, including our annual spring display of 35,000 tulips and our spectacular fall colours. Others come for historic tours or to pay tribute in our sections designated as Canada's National Military Cemetery and The RCMP National Memorial Cemetery. School groups visit Macoun Marsh, our unique urban wetland. Concerts are hosted in our Sacred Space. Beechwood truly is a special place.

Life Celebrations    Memorial    Catered Receptions    Funeral    Cremations    Burials

Services funéraires, cimetière et crémation

## BEECHWOOD

Funeral, Cemetery and Cremation Services

For no-obligation inquiries  
**613-741-9530**  
www.beechwoodottawa.ca  
280 Beechwood Ave., Ottawa

Open to the public daily. Serving all cultural, ethnic and faith groups. Brochures for a self-guided tour are available at reception.

Owned by The Beechwood Cemetery Foundation and operated by The Beechwood Cemetery Company





**ST ALBANS**

King Edward at  
Daly Avenue

A parish of the  
Anglican Church  
of Canada

[stalbanschurch.ca](http://stalbanschurch.ca)

**CROSSTOWN TRAFFIC**

**YOUR COUNTERCULTURAL VARIETY STORE**

CDs, COMIX, BOOKS, & BONGS

593-C Bank Street  
Ottawa, ON  
K1S 3T4

# Making a difference at Centre 454

Beverly Ensom

The first offer came the morning after the campaign launch. Item #42 struck a chord for an Ottawa piano teacher, and she knew she could make a difference. For Norman Moyer, it was item #10—he'd already been thinking about a planting a garden at Centre 454.

Items #42 and #10 are from *60 Ways to Make a Difference*, Centre 454's year-long anniversary campaign. In recognition of the efforts of many over the years, Centre 454 is celebrating its 60th anniversary by looking forward and finding ways for everyone to help make a difference in peoples' lives. *60 Ways to Make a Difference* is a list of supportive actions that individuals or groups can take to support Centre 454 and those experiencing homelessness. Some items are small, some are big, but all are meaningful and enriching for the Centre 454 community.

In the fall of 2012, Centre 454 moved back to its roots at 454 King Edward Avenue, in the ground-level basement of St. Albans Church. An award-winning drop-in day program, Centre 454 has been supporting individuals who are homeless,

inadequately housed, or living in poverty since 1954. The Centre offers counselling and social recreation programs, as well as vital practical supports such as laundry and shower facilities. Centre 454 brings individuals who often live on the margins into a safe and welcoming environment where they are supported and directed to the services they need.

Norman Moyer's garden plants are already thriving under his tender care and that of Centre participants. "I am happy to share this springtime pleasure with the people at Centre 454," he says. The garden will soon be joined by item #26 from the list: a new propane BBQ for community-building at summer gatherings.

Have you ever wished you could make a difference in people's lives? Check out *60 Ways to Make a Difference* at [www.centre454.ca](http://www.centre454.ca), or phone 613-235-4351 to receive a copy of the list. Or feel free drop in at Centre 454; hours of operation are on the website. Everyone is welcome.



At a garden party on June 11, Centre 454 bade a fond farewell to Mary-Martha Hale, who is retiring after 16 years as executive director. Centre 454 will miss her grace, leadership, and determination. After taking some time to catch her breath, Mary-Martha will stay active in the community: "Retirement gives me the opportunity to continue to serve in new ways.... There is much to do." The Centre welcomes Jennifer Crawford as incoming executive director; coming from the Ottawa Mission, she has been an advocate for individuals experiencing homelessness for more than 10 years.



Councillors Chernushenko, Fleury and Wilkinson join EnviroCentre Executive Director Michael Murr in cutting the ribbon.



Attendees sign up for Bike to Work Month and get an OTranspo Presto Card.

Photos Ottawa Veto Vogue

# Rideau St. EnviroCentre celebrates 15 years

Carol Burnup

EnviroCentre officially unveiled its newly renovated boutique on Rideau Street last month with a grand re-opening community celebration. This was the first of many events celebrating the boutique's 15th anniversary.

With attendees encouraged to walk, cycle or bus, the official opening celebration included a ribbon cutting ceremony with City Councillors Mathieu Fleury, David Chernushenko and Marianne Wilkinson, joined by EnviroCentre's Executive Director Michael Murr. The sunny afternoon added to the festivities, which also included in-store discounts, the opportunity to sign up for Bike to Work Month and OTranspo Presto Cards, and the chance to win great prizes, with the grand prize being a home energy assessment valued at \$300.

The boutique boasts a fresh clean design and displays a range of practical and environmentally-friendly products that will help customers save energy and water, reduce waste and get around more sustainably.

A refreshing alternative to big box stores, it showcases many locally-made

and Canadian-sourced products such as locally sewn, upcycled Totem Messenger bags. MullToa waterless composting toilets, Monkey Light bicycle lights, Bird Industries skirt garters for biking, and EarthBox® gardening systems are other distinct products on offer.

In addition, the boutique is far more than a retail store. It acts as EnviroCentre's front door (literally) and should be your first stop when wanting to learn more about programs and services ranging from home or business energy assessments to sustainable transportation services to e-waste disposal.

"For the past 15 years, EnviroCentre has been, and continues to be, dedicated to bringing our community the best programs, services and products in energy conservation and sustainable transportation," said Executive Director Michael Murr. "The new and improved EnviroBoutique offers individuals and families carefully selected products that conserve energy, and improve environmental health and sustainability. We are thrilled with our boutique's new look and hope the community is too."

With more products to come and to continue to make the boutique a community affair, EnviroCentre wants to hear from you. Drop by and tell them what else you want to see there. Mention that you read this article and receive a 10 % discount off any purchase.

The EnviroCentre boutique is located at 366 Rideau Street, opposite the Loblaws grocery store at Nelson Street. Its hours of operation are: Tuesday – Thursday: 10 a.m. – 6 p.m.; Friday: 10 a.m. – 8 p.m.; Saturday: 10 a.m. – 4 p.m.; Sunday and Monday: closed.



Inside: a range of practical and environmentally friendly products.



# Nouvelles de l'École publique Francojeunesse

photo C. Aubry

Christine Aubry

**A**lors que l'hiver semblait ne jamais finir, nous voici déjà arrivés à la fin d'une autre année scolaire. Avec toutes les activités qui se déroulent dernièrement à Francojeunesse, les vacances d'été ne se feront pas attendre!

Le mois de mai fut un des plus thématiques de l'année, où nous avons célébré la Semaine de la diversité ainsi que la Semaine de l'éducation. Le site web de Francojeunesse est rempli de belles photos témoignant du plaisir qu'ont eu les élèves lors du « camping littéraire ». Vous pouvez aussi y voir les photos des œuvres d'art originales et créatives que les élèves ont produites pour l'exposition Recycl'art, tenue le 9 mai. ([www.francojeunesse.cepeo.on.ca/ecole/album-photo](http://www.francojeunesse.cepeo.on.ca/ecole/album-photo))

Le mois de mai était aussi le mois de l'activité physique à Francojeunesse. Les enfants étaient encouragés à faire au moins 20 minutes d'exercice par jour. Aussi, nous félicitons nos garçons de la 6e année qui ont gagné la bannière SPORT CÉPEO au tournoi de minibasketball.

Le 3e Salon du livre de Francojeunesse, qui a eu lieu les 9 et 10 mai derniers, fut encore une fois un grand succès. Sous la direction de la classe de la 4e année de



*Les plantations pour le projet Tomatosphere devant l'école sur la rue Osgoode.*

Mme Huguette Carrière, chaque élève de l'école s'est procuré gratuitement un nouveau livre. De plus, le Franconseil a recueilli 1084,60 \$ ! Nous remercions grandement tous ceux qui ont contribué à cette belle initiative.

Francojeunesse est fière d'annoncer qu'elle participe cette année, pour la première fois, au projet Tomatosphère, un projet scientifique à l'échelle internationale qui s'adresse aux élèves de la 1re à la 6e année. Il s'agit d'impliquer les jeunes dans une expérience scientifique réelle faisant partie de la contribution du Canada aux

voyages spatiaux de longue durée. Nos semences de tomates ont été semées à la fin avril et au début mai. Pour en savoir plus sur ce projet excitant, consultez le site [www.tomatosphere.org](http://www.tomatosphere.org).

Les élèves de la 3e et de la 6e année sont maintenant soulagés d'avoir passé le cap des tests de l'OQRE, dont les résultats nous seront annoncés à la mi-septembre. Chaque année, nos élèves se distinguent par leurs excellents résultats, mais ce qui nous impressionne le plus est le niveau de sérieux et de dévouement de nos enfants. Comme quoi, à Francojeunesse, on se dévoue beaucoup, mais on travaille bien fort!

Le mois de juin a vu, comme d'habitude, les nombreuses sorties de fin d'année : mini-golf, ferme Drouin, cavernes Laflèche, etc. Et nous avons dit au revoir et bonne chance à nos grands de la 6e qui ont reçu leurs diplômes de finissants lors d'une cérémonie le 18 juin, suivie d'une soirée dansante organisée par les parents.

Nous souhaitons un bel été à tous nos voisins, et au plaisir de se retrouver à la fin août.



*Le Camping littéraire dans la bibliothèque*

**Cet été on s'amuse!**



Co-operative Early Learning Centre

Cherchez-vous un milieu de garde souple et abordable dans la Côte-de-Sable cet été?

Inscrivez votre enfant pour les jours ou les semaines de juillet et août qui conviennent à votre horaire.

Nous offrons un programme amusant et bilingue dans la Carriage House au coin d'Osgoode et Blackburn.

Information et inscription au :  
[www.bettyehyde.com](http://www.bettyehyde.com)  
[bettyehydettawa@gmail.com](mailto:bettyehydettawa@gmail.com)  
613.236.3108

## SUE RAVEN PHYSIOTHERAPY CLINIC

**OPEN MONDAY TO SATURDAY**

Continuing to help you recover from

Pain, Weakness, Reduced Mobility  
Balance and Vestibular Problems  
Sports and Work Injuries  
Motor Vehicle Injuries

**Full Physiotherapy Services with  
Six (6) Physiotherapists**

- Massage Therapy (RMT)
- Acupuncture
- Ergonomics
- Home Visits

205-194 Main St., Ottawa K1S 1C2  
Phone: 613-567-4808 Fax: 613-567-5261  
[www.sueravenphysio.com](http://www.sueravenphysio.com)

# TODRICS... on everyone's lips!



**SERVING BISTRO MENU FROM TUESDAY THRU  
SATURDAY STARTING AT 4.30PM**

**Table d'hôte on Friday and Saturday**

**Fantastic space for groups up to 40 people**

**Using local producers: Mariposa, O'Briens Farm,  
Bekings Poultry Farm,  
Whalesbone Sustainable fishing**

10 MCARTHUR AVE., OTTAWA  
(RESERVATIONS) 613.321.0252  
(ONLINE MENU) [WWW.TODRICS.COM](http://WWW.TODRICS.COM)

**TODRICS**

FINE DINING AND CATERING



Summer Fun!



Co-operative Early Learning Centre

Looking for flexible, affordable child care  
In Sandy Hill this summer?

Sign your child up for the days or weeks that suit  
your July and August schedule.

Join the fun at our beautiful Carriage House location  
at the corner of Osgoode and Blackburn.

For more info or to register:  
[www.bettyehyde.com](http://www.bettyehyde.com)  
[bettyehydettawa@gmail.com](mailto:bettyehydettawa@gmail.com)  
613.236.3108

Travel CUTS

we customize any  
Group travel:

- Weddings
- School trips
- Family vacations
- Clubs
- Associations

Call us at 613 238 8222  
or email us for any  
request at:  
[uottawa@travelcuts.com](mailto:uottawa@travelcuts.com)



Travel CUTS University of Ottawa  
225 Laurier Ave East  
613.238.8222 | [travelcuts.com](http://travelcuts.com)



ÉGLISE STE-ANNE

RESTAURATION

TOURNOI DE GOLF

2014

Le 20 août, 2014 - Club de golf Manderley

Commence: 13 h  
Départ simultané  
Format "Scramble"

Coût : 95\$ Golf, Voiturette, Dîner, Vin, Prix  
Reçu d'impôt 20\$ (approx.)  
Bénéfices - restauration de l'église

Date limite d'inscription le 25 juillet, 2014

Formulaires d'enregistrement :  
Contacter Mike Whalen (613) 737-7140  
courriel: [silvestick57@hotmail.com](mailto:silvestick57@hotmail.com)



photo Anyes Babilion

## News from Viscount Alexander Public School

Michael Barnes

### WE Day

On April 9, students from Viscount Alexander Public School went to WE Day with 16,000 people at the Canadian Tire Centre. There were many great speakers. Martin Luther King III had an amazing introduction. Other inspiring speakers were Hannah Alper and Vishal Vijay who told the story of a child named Iqbal and how he was sold to slavery. He eventually escaped, and he told everyone about child labour, and died at the age of 12. Another speaker that inspired us was Spencer West. He is a double amputee who never gives up. He keeps his chin held high and did what he wanted to do, like climb the largest mountain in Africa!

Our class raised money for Tysen's Mission to a Million and so far we have raised \$420. We also had to do something to earn our way into the WE Day. Some students had a garage sale, some collected pennies for Kids Help Phone, and some helped clean up the community.

To us, WE Day means helping kids have an education, and taking everyone out of poverty. WE Day has built over 600 schools so kids can learn to read and write. If one person can change the world then you can too! — Jannat, Cecily, Joy, Anthony (Gr 5 and 6)

### 4th Annual Bike Rodeo

On May 15th, Viscount Alexander had its 4th annual Bike Rodeo, where children learn the rules of the road while riding their bikes. This year, our Kindergarten students also participated, taking part in bike safety activities, riding striders, learning to stretch and other fun activities. Thank you to

Darlene Riley of Ottawa Balance Bikes. In the afternoon, our Grade 1 to 4 students put on their helmets and worked with community partners, teachers and parents to practise and learn more about road safety and riding safely. A special thanks: to the Bytown Kiwanis Club for their donation; to the Sandy Hill Community Health Centre (SHCHC) for providing extra bikes, bells and volunteer support; to Cycle Salvations for providing bikes for children without one; to Kunstadt Sports for locks as well as making sure that student bikes were safe to ride. Thanks also to Ottawa University Bike Co-op for teaching students the ABCs of riding bikes, and to our Public Health Nurse, Bev Wilcox, for the helmet fitting and brain injury workshop.

For the first time this year our Grade 5 and 6 students headed off property for a bike trip along the river. They were led by Howard Wasserman, teachers, parents and two Ottawa Police Bike Patrollers. The ride was fantastic with the students returning to the school with smiles on their faces! Thank you to Howard for selecting the route and leading the crowd; it is a ride our students will never forget.

We are very grateful for donations of gently used bikes from families in the community. These bikes are donated to children in need. Our event would not be as successful without community generosity. This initiative supports our healthy living and environmental philosophy.

### Volunteers that make a world of difference at school!

A heartfelt thank you to our many volunteers who play an invaluable role in making Viscount Alexander a wonderful school.

Our School Council has been active again this year providing advice on a

number of school initiatives as well as fundraising through our annual Skate-a-Thon and movie night. Their efforts enhance the learning environment at Viscount through Scientist in the Schools workshops and other initiatives.


Our Walking School Bus drivers have completed another successful year of supporting our students in using active transportation to get to school.

A big thank you goes to our many volunteers from the following organizations: Bytown Kiwanis Club, Big Brothers/Big Sisters In-School Mentoring, Tutors in the Classroom, Algonquin College Dental Hygiene, SHCHC, Ottawa University Bike Co-op, Kunstadt Sports, Cycle Salvations and The Parent Resource Centre.

We can't forget our own student volunteers who fill an important role working, for example, as recyclers, LEADS and Junior Leaders, and Lunch Monitors.


### Un grand merci au Centre de santé communautaire Côte-de-Sable

Les élèves du Jardin en immersion française de l'école Viscount Alexander ont réalisé un tableau coopératif dans le but de l'offrir au Centre de santé communautaire Côte-de-Sable. En effet le Centre fait un don annuel de 4 000 \$ pour l'achat de légumes et de fruits que les enfants apprécient chaque lundi et chaque vendredi. Le vendredi 29 mai, les élèves se sont rendus à pied au Centre National des Arts pour présenter leur tableau lors de la réunion du personnel et des administrateurs du Centre de santé communautaire Côte-de-Sable. Ils ont été reçus très chaleureusement. Nous profitons de cette occasion pour remercier également tous les parents bénévoles qui font l'achat et préparent ces produits frais chaque semaine.




Triplex  
FOR SALE

83 Goulburn—Sandy Hill



Condo  
FOR SALE

402-589 Rideau—Lowertown




Condo  
FOR SALE

809-324 Laurier—Centretown


Ottawa Lives Here.  
You could, too.

Learn more at  
[OttawaLivesHere.com](http://OttawaLivesHere.com)



Patrick O. Smith  
Sales Representative  
[Info@OttawaLivesHere.com](mailto:Info@OttawaLivesHere.com)  
(613)222-4448



ottawa  
lives here.com



RHODES  
& COMPANY BROKERAGE

like us · follow us  





Ed Czerwinski of Forestry Care Company inoculates an elm tree with the bio-vaccine Dutch Trig.

## Vaccinating Strathcona's elm trees

Dawna Moore

The City of Ottawa doesn't brag about its latest innovation, but it has a tree health care program for elm trees in City-owned locations, which prevents the spread of Dutch elm disease (DED) at minimal cost. In mid-May, Ed Czerwinski, arborist, university lecturer, and owner of Forestry Care, a New Brunswick-based company, is inoculating the City's elm trees. His tree care includes injecting the bio-vaccine, Dutch Trig into the large trunks of the two towering elms in Strathcona Park. Both elms are approximately eighty to one hundred years old. The bio-vaccine comprises distilled water and spores of a fungus. The new treatment stimulates a tree's resistance to the organism that causes Dutch elm disease. Mr. Czerwinski, clipboard in hand, lingers near the large elm situated in the Park's north-east edge. After he measures the circumference of the tree trunk, Ed uses a large plunger-type needle to inject the tree with the preventative bio-vaccine liquid at distinct intervals around the circumference of the tree trunk.

Why is the City spending money on tree health care? Elms were once numerous in Ottawa for several reasons. The trees of this once popular species are graceful, fast growing, easily transplanted and resistant to the stresses of urban pollution. Many municipalities in Canada lost 50-70% of their elm trees to DED. The death of so many elms has cost the city a loss to the important urban tree canopy. The disease was first spotted in Ottawa in 1948 in an elm tree on Parliament Hill. Aside from the City, the National Capital Commission's holdings dropped from 600,000 elms in 1958 to just 2,000 elms by 1979. The federal agency spent up

to \$150 annually per tree to sustain this shattered remnant in early decades of the disease using pesticides, including DDT. This treatment, aimed to eradicate the beetles, was costly and ineffective. The City has long had far fewer resources at its disposal. Cutting down a large tree like an elm which can reach a height of over 30 metres (100 feet) may only take fifteen minutes, but removal costs can range from \$500 to \$1,500 per tree for the entire cutting down and removal process. In comparison, at one hundred dollars per tree annually, the preventative bio-vaccine is cost-effective medicine.



Le Service à l'enfance Aladin ouvrira un nouveau service éducatif à l'enfance à partir du mois d'août 2014 au 235 promenade Beausoleil.

Nous offrons nos services en français aux familles de la ville d'Ottawa. Nous aurons des programmes pour les enfants âgés de 18 mois à 12 ans, du lundi au vendredi, à l'année longue. Nous aurons un nombre limité places subventionnées.

Pour de plus amples informations, SVP contactez-nous à [info@aladin.pw](mailto:info@aladin.pw) ou visitez notre site internet à [www.aladin.pw](http://www.aladin.pw).

## Back garden confidential

Danna Leaman

Thursday, 01 May, 2014

I have a problem with wildlife. Madame Guillotine is a groundhog (also known as the woodchuck of a popular tongue-twister, or scientifically as *Marmota monax*, a species of marmot). She resides under my garden shed and munches happily on the most delectable herbs and flowers just emerging from the winter garden. Come summer, the veggie seedlings just sprouting on a sunny indoor window seat will become Mme G's salad and she will be sunning her enormous, sleek, well-fed self in the midst of my well-chewed greenery if I don't take action. Now!

Friday, 02 May, 2014

The City of Ottawa website ([ottawa.ca](http://ottawa.ca)) offers a page promisingly headed "Having a Problem with Wildlife?" ([ottawa.ca/en/residents/animals-and-pets/other-animals/having-problem-wildlife](http://ottawa.ca/en/residents/animals-and-pets/other-animals/having-problem-wildlife)). I follow various links to the Ottawa Wildlife Strategy (approved by City Council on 17 July 2013), the Ottawa Humane Society ([ottawahumane.ca](http://ottawahumane.ca)), and the Ottawa-Carleton Wildlife Centre ([wildlifeinfo.ca](http://wildlifeinfo.ca)) to find that these authorities favour happy coexistence with groundhogs and other critters attracted to urban habitats (squirrels, raccoons, striped skunks, big brown bats, Canada geese). They advise strongly against do-it-yourself solutions that involve lethal revenge or live-trapping for long-distance deportation (although my neighbour thoughtfully observed last summer that our own Mme G, in her well-fed and glowing good health, might make a tasty barbecue).

Indeed: last summer I tried for several weeks to lure Mme G into a large live trap baited with an assortment of toothsome leaves and fruits. I managed to catch one much smaller groundhog (a.k.a. Mademoiselle Guillotine, whom we released as too small to eat much or be eaten by many), and, on the final day of my career as a trapper, a family of striped skunks (*Mephitis mephitis*).

Lesson 1: skunks adore over-ripe pear slices.

Lesson 2: a handy kit for releasing live-trapped skunks consists of an old lab coat, a snorkel mask, a shower cap, a paint-tarp shield, and a hope that the neighbours aren't home or don't have a camera to-hand.

Lesson 3: approach the trap slowly with soothing mamma skunk noises (just make it up).

Lesson 4: put the dog-deskunking shampoo and a bucket of hot water outside the back door BEFORE approaching the trap.

Lesson 5: don't wear anything under the lab coat you're not willing to burn.

Monday, 19 May—Victoria Day

Mme G's cousins—the pesky squirrels



Photo Jan Meldrum

A groundhog family near you.

(a.k.a. eastern gray squirrel, *Sciurus carolinensis*) – have unearthed, bitten the tops off, eaten the ungerminated seeds of, and generally run amok amongst the trays of tender basil, climbing bean, leggy sunflower, and struggling tomato seedlings. I've put them out briefly in the sun during these interminable weeks before it's safe to plant them out in the garden, fearing both frost and Mme G. I forgot about the squirrels. Now it's time to salvage any seedlings left alive and consider options for "happy coexistence" with Mme G once the garden is planted. The Ottawa Humane Society recommends scaring her with motion-sensitive lights, alarms, constant and loud talk-radio, or sprinklers, but I doubt that these will go over well with my neighbours or with Walter the dog (who must recall a too-close encounter with a baby groundhog some years ago, because he gives Mme G a wide berth.) The Ottawa-Carleton Wildlife Centre proposes an assortment of condiments (bloodmeal fertilizer, garlic and onion powder, lemon juice) and talismans (dog hair in a nylon stocking on a stick). I'm favouring a version of the Great Wall of China made of galvanized steel fencing and wooden stakes. What will you make of that, Mme G?

Tuesday, 03 June 2014

I've surrounded my two small vegetable garden plots with fencing. As I walk through the neighbourhood and parks, passing the various home gardens and community garden plots, I note the range of defensive measures employed: at the corner of Chapel and Templeton, chicken-wire cages atop raised beds, overseen by a large black cat with white socks; in the community gardens that Walter and I pass en route through Robinson Field and Dutchy's Hole, anti-critter fencing made from mattress coils, iron head and base boards, a scarecrow that looks like it should be in the national art gallery. Along Templeton Street I see front-garden herbs, especially chives, well-harvested by (I suspect) groundhogs. My own score is mixed: inside the fencing, the losses are probably the work of insects and nematodes, not mammals. Outside the fencing the chives are—so far—escaping Mme G's attention, but not so the asparagus roots.

ODYSSEY theatre

28th season of Theatre Under the Stars  
Strathcona Park, July 24 to August 24, 2014

THE FINANCIER (TUCARET)

by Alain-René Lesage

Translation by Joanne Miller and Laurie Steven

Directed by Laurie Steven

Tuesday through to Sunday, 8pm  
Saturday and Sunday  
pay-what-you-can matinee, 3pm

Tickets: [www.odysseytheatre.ca](http://www.odysseytheatre.ca), 613-323-8407

July 30th  
Sandy Hill  
Community  
Special!  
Buy one get  
one half price  
\*see website  
for details





## Cet été, partez à la découverte du patrimoine



par  
Michel Prévost

J'ai le plaisir d'offrir cet été quatre visites guidées qui vous feront découvrir l'histoire fascinante et le riche patrimoine bâti et archivistique de l'Université d'Ottawa et de la Côte-de-Sable.

Chacune de mes tournées vous permet aussi de voir plusieurs photographies anciennes qui proviennent surtout de la riche collection iconographique des Archives de l'Université d'Ottawa.

Ces visites commentées sont gratuites pour les groupes de dix personnes et plus. Elles durent environ deux heures. Elles peuvent aussi être données les fins de semaine ou le soir. Contactez-moi au 613-562-5825 ou par courriel à : [michel.prevost@uottawa.ca](mailto:michel.prevost@uottawa.ca).

### À la découverte du Quadrilatère historique de l'Université d'Ottawa

En 1856, le Collège de Bytown quitte la Basse-Ville pour venir s'établir dans un nouveau quartier, la Côte-de-Sable. Plus de 150 ans plus tard, l'Université d'Ottawa occupe toujours le même site. Évidemment, le campus s'est considérablement agrandi depuis.

La visite fait découvrir le patrimoine bâti du campus, notamment le pavillon Tabaret qui symbolise depuis plus d'un siècle l'institution, la Salle académique où l'on retrouve la plus ancienne salle de spectacles de la région de la capitale, et le Juniorat du Sacré-Coeur, le plus ancien pavillon de l'établissement construit en 1893. La tournée met également l'accent sur les belles maisons de style victorien et Second Empire de la rue Séraphin-Marion.

### À la découverte des trésors des Archives de l'Université d'Ottawa

Les Archives de l'Université d'Ottawa préservent et mettent en valeur un riche

trésor qui témoigne de l'histoire et du développement de l'établissement fondé dans la Basse-Ville d'Ottawa en 1848 par Mgr Joseph-Bruno Guigues, premier évêque catholique de Bytown.

Venez découvrir des divers documents d'archives, des photographies anciennes et des artefacts de grande valeur qui retracent l'histoire fascinante de la plus ancienne et importante université bilingue de l'Amérique du Nord. Venez voir entre autres le premier annuaire, le premier journal étudiant, des médailles et même les clés du premier Collège de Bytown, le plus ancien artefact de notre collection. La présentation se termine par une visite guidée de nos voûtes où sont préservés nos trésors archivistiques pour les générations à venir.

### À la découverte du riche patrimoine bâti de la Côte-de-Sable

À partir du pavillon Tabaret et des maisons patrimoniales de la rue Séraphin-Marion, venez explorer le patrimoine bourgeois de la Côte-de-Sable. Venez voir la richesse historique et architecturale de l'un des plus anciens quartiers de la capitale fédérale concédé en 1828 au notaire Louis-Théodore Besserer. Vous découvrirez aussi les maisons Panet, Côté, Besserer, Moore, Pearson, les Terrasses Philomène et la maison Laurier, un site historique national, ainsi que plusieurs plaques commémoratives de ce beau secteur historique d'Ottawa.

### À la découverte du canal Rideau, site du patrimoine mondial

À partir du pont Corktown, en face de l'Université d'Ottawa, venez découvrir l'histoire fascinante du canal Rideau construit sous la supervision du lieutenant-colonel John By, entre 1826 et 1832. Après avoir exploré les écluses d'Ottawa et le parc Major, vous comprendrez pourquoi ce canal militaire a été inscrit en 2007 à la prestigieuse liste du patrimoine mondial de l'humanité par l'UNESCO.

*Photo: Le pavillon Tabaret, le symbole de l'Université d'Ottawa, peu avant la restructuration de 1965.*  
AUO-PHO-96-816

## Farmer's Market returning in the fall to university campus

Diane Beckett

The University of Ottawa Student Federation runs a Farmer's Market from fall to spring with lots of fresh locally grown produce in the fall. In the winter and spring, the market offers apples, preserves, apple cider, maple syrup, savoury and sweet baked goods, ready-to-eat food and local crafts.

The market is part of the Food Alternatives Campaign started by the students in 2011 which focuses on increasing alternatives for healthy and local food. In addition to the markets, there are weekly vegan meals through the school year provided by the People's Republic of Delicious, cooking classes, a community garden and window gardens. They also organize a variety of round-tables, workshops, and a "Food Security Day" with discussions on food issues.

For further information contact [sustainable.campaigns@sfuo.ca](mailto:sustainable.campaigns@sfuo.ca).

The first Farmer's Market of the fall season is set for Thursday, September 11, 2014. It will be outside in the university's "Grand Alley", and all the rest will be inside in the concourse of the University Centre. Save the dates!

**Farmer's Market, University of Ottawa**  
September 11  
October 3, 23  
November 6, 27  
January 29, 2015  
February 12, 26  
March 12, 26





**Make every Saturday your**

# MARKET

**Saturday**

**Come and experience the**

*Weekly Entertainment and Children's Activities*

**OPEN Saturdays**  
**9 am - 2 pm**  
**May 3 to October 25**  
 beside St. Paul University  
 on Main Street





## Sandy Hill Good Food Market is back!

In the summer of 2012 Sandy Hill neighbours, working with Community Development staff at Sandy Hill Community Health Centre piloted two Good Food Markets at 731A Chapel Street. The markets were well supported by amazing and committed volunteers, and customers who were happy to have more healthy food choices in the neighbourhood. After this first success the market expanded to nine fun, vibrant community-run markets held from June 2013 to February of this year.

It is with great excitement that we announce a *full year* of Good Food Markets beginning July 5. These markets are made possible by the dedication of a group of volunteers, support from SHCHC and generous funding from the Trillium Foundation, the Community Foundation of Ottawa and the City of Ottawa.

The Sandy Hill Good Food Market is a community market that sells a variety of high quality fruits, vegetables and dried goods at great value. Come to the market for your groceries or for free activities for children, cooking demonstrations, and information about healthy eating and community services.

The opening market, at 731A Chapel St. (at Wiggins Private, south of Mann) is Saturday, July 5 from 11 a.m. to 1:30 p.m., with monthly markets on August 9, September 6, October 4, all the way into spring of 2015. All are welcome!

To learn more visit: [gfmottawa.ca](http://gfmottawa.ca) or contact Geri Blinick, Community Developer at SHCHC at 613-789-1500 ext 2507, [gblinick@sandyhillchc.on.ca](mailto:gblinick@sandyhillchc.on.ca).

— Geri Blinick

The Financier opens July 30

## Odyssey brings more passion, greed and intrigue to Strathcona

Sarah Hoy

Odyssey Theatre's 28th season of Theatre Under the Stars kicks-off with a comeback from Sandy Hill resident, founder and artistic director, Laurie Steven. This year's show sees Laurie back in the directing seat, her first in the park since 2005.

The Odyssey stage has been lighting up Strathcona Park since 1986 when Laurie, with her husband, moved to the neighbourhood from Toronto with a dream of setting up a theatre company in the city. With a fascination for masks, dance-theatre and the arts of the fairground, Laurie wanted to bring her unique vision to the outdoors and her search for space to perform shows inspired by Commedia dell'arte, led her to Sandy Hill's beautiful park on the banks of the Rideau River.

She pushed through the struggles associated with setting up a theatre company, working closely with the City to make her dream become a reality in the neighbourhood with which she had fallen in love. Laurie has grown Odyssey to become an award-winning professional company that

can host over 200 audience members a night, and performances have become one of the most anticipated shows of the outdoor theatre season.

This year's production is one not to be missed! *The Financier* (Turacret) by Alain-René Lesage, original translation by Joanne Miller and Laurie Steven, will hit the park with a large scale production that focuses on passion, money, greed and intrigue: a show that will have you laughing in the aisles with a mix of Baroque style and contemporary elements.

Since Strathcona Park has been the home of Odyssey for almost 30 years the theatre company is offering a special discount for Sandy Hill residents, to give back to those who have supported them during this time. On Wednesday July 30, residents will be able to buy one ticket and get one half price. Just take along a piece of addressed ID when purchasing tickets.

Dana Uzarevic, general manager of Odyssey Theatre said, "We wanted to give back to the community that we are part of. Being a theatre company in Sandy Hill, in the beautiful Strathcona



Laurie Steven, who lives on Chapel St., founded Odyssey Theatre in 1986 and is the company's artistic director. She will direct this summer's production of *The Financier*.



A riverside picnic before the show is always a good idea. Photo Kathleen Kelly

Park, the endless support we receive from residents is a major player in the theatre's success. We want to show our appreciation by offering a special community night."

This year, the masked theatre company will be taking over the park from July 24 to August 24 with the usual mix of physical theatre, professional actors and humorous performance. Performances are Tuesday through Sunday at 8 p.m. Pay-What-You-Can Saturday and Sunday at 3 p.m.

For advance tickets to this year's show, email [boxoffice@odysseytheatre.ca](mailto:boxoffice@odysseytheatre.ca), or visit [www.odysseytheatre.ca](http://www.odysseytheatre.ca).

Don't forget that Odyssey Theatre presents youth matinees. This year Rag & Bone Puppet Theatre will be performing *The Wind in the Willows* August 6 and 13 at 11 a.m. and 1 p.m.

## Classic Theatre Festival

July 11 to August 3

Come Blow Your Horn

Sponsored by:  
TVCOGECO



by Neil Simon

Tickets

1-877-283-1283  
[classictheatre.ca](http://classictheatre.ca)



June 25 to August 31  
Wed. to Sun. at 11 am

August 8 to August 31

DIAL M FOR MURDER

BY  
FREDERICK KNOTT

Our New Venue

54 Beckwith Street East (at Harvey)  
Perth, ON K7H 1B6

• Free Parking • Air Conditioning

Season Sponsor



Perth  
Parkside  
Inn & Spa



Both shows presented by special arrangement with Samuel French, Inc.





# Take parsley!

Dodi Newman

By the time spring finally arrived this year I had almost forgotten the wide-awake flavours of fresh herbs. What a great pleasure it is to rediscover them! Take parsley— as winter wore on, its leaves got tougher, its flavour flatter, and altogether it became a bore. Now the leaves are tender and the flavour is crisp and complex, and I find many ways to use it. For example:

- Perk up the flavor of any steamed vegetable by swirling it in some finely chopped parsley and a little butter or olive oil.
- Combine parsley with other herbs to make a *sauce verte* ([www.nytimes.com/recipes/6032/sauce-verte.html](http://www.nytimes.com/recipes/6032/sauce-verte.html)) and serve with grilled fish or as a dressing for cold, cooked vegetables.
- Chop equal amounts of parsley, tarragon, chervil or dill, work the mixture into a stick of soft butter with half a grated shallot, some lemon juice, salt and pepper to taste, and melt a dab of it on a grilled steak.
- If you have a lot of it, make Tabouleh salad ([www.theguardian.com/lifeandstyle/wordofmouth/2013/jul/17/how-to-make-perfect-tabouleh](http://www.theguardian.com/lifeandstyle/wordofmouth/2013/jul/17/how-to-make-perfect-tabouleh)) or, one with more bulgur wheat ([www.nytimes.com/2009/06/16/health/nutrition/16recipehealth.html?\\_r=0](http://www.nytimes.com/2009/06/16/health/nutrition/16recipehealth.html?_r=0)), either would be excellent with grilled

chicken. A tip: bought parsley is freshest and cheapest in Middle-eastern grocery stores, where people buy it in huge quantities.

My all-time favourite use for parsley is in a recipe for yoghurt with herbs and cucumbers, which was given to me by an Iranian neighbour when Shah Reza Pahlavi was still in power. It travels well to a picnic, makes a great vegetable dip, and keeps for up to three days in the fridge. A bowlful of it eaten with thin whole-wheat pita bread makes a wonderfully refreshing summer lunch.

## Azar's Herbed Yoghurt with Cucumber

Makes approximately 1 quart

- 2 tablespoons dried currants, or to taste
- 10 stems flat-leafed parsley, washed, coarse stems removed
- 10 stems young dill, washed, coarse stems removed
- 1 small sprig fresh mint
- 750 ml 2% or whole-milk yoghurt
- 1 medium cucumber, peeled, seeded and cut into 1/4" dice

Soak the currants in hot water to cover. Finely chop the parsley and dill, reserve. Slice the mint thinly, reserve. Drain the currants and dry with a paper towel. Place all ingredients except the mint in a serving bowl and stir to combine. Gradually mix in the mint to taste: be careful, mint can easily overpower all other flavours. Serve immediately, or cover and refrigerate for up to 3 days. As Azar might have said, Nush-e Jan!



Photos Yann Young-Audet



## Kasa Grill, 332 Wilbrod St.

The Kasa Grill features traditional food from eastern and central Africa. Highlights of the menu include a richly-sauced beef stew served with cassava dumplings and moist grilled chicken with grilled plantains. Open 11:00 a.m.-11:30 p.m. Closed Tuesdays.



**Pixy's Place, 259 York St.** Caribbean comfort food, including jerk chicken, rotis, spicy patties and home-made soup, is served up with great warmth and cheerfulness at this tiny restaurant in a former corner store. The restaurant advertises take-away, but there are a few sunny tables where it's pleasant to sit at lunchtime. Open Monday-Thursday from 10:30-9:00; Friday and Sunday 11:30-6:30. Closed Saturdays.

## BETTYE HYDE SPRING FAIR, Blackburn Avenue, June 7

Alumni, neighbours, staff, school families came out for fun in the sun



Photos Claire de Valicourt

# Haletski DENTURE CLINIC

168 Charlotte St. Suite 203

- Full, Partial and Implant Dentures
- Same day Repairs and Relines
- Retirement and Nursing Home visits
- Insurance, ODSP and dental plans
- For more information Call or visit website

Free Consultation  
613-277-8700

[www.OttawaDentureClinic.ca](http://www.OttawaDentureClinic.ca)





# Lost cat!

Eleanor Woolard

It's a common sight in the warm season; a sad sign headed LOST CAT. Details vary, but behind each one is a common story, an anxious owner, and, too often, a cat never found. It does not have to happen. You can avoid losing your cat with one simple decision. If something does happen, you can increase the chances of getting him back, safe and well. To avoid losing your cat, keep her indoors! **The life expectancy of an outdoor cat is five years. For an indoor**

**cat, it is 15 years!** The difference is cars, dogs, communicable diseases, fights with other cats or wildlife, of which Sandy Hill has plenty, and human cruelty. **Despite common wisdom, cats do not need to roam to be fulfilled.** Cats are not migrants: they are homebodies. To a cat, territory is THE fundamental good. A secure territory with the resources he needs can be as small as a shared apartment. Unlike an outdoor territory, an indoor territory does not have to be defended. With a little thought by the owner, an indoor territory can give a cat everything she needs to be healthy and fulfilled. To make your place a desirable territory, the cat needs regular food, fresh, clean water, a good window seat, a few toys, a couple of hiding places, one of which

Left—The Calico Queen was an outdoor cat, two years old at the time of the picture, who died before she was three, hit by a car, orphaning three kittens, two dying of panleukopenia.

should be up high, like the top of a bookshelf, and your attention at least a few times in the day. None of this is costly, and it is easy to supply. Even previously outdoor cats can adjust to indoor living, especially if they are brought indoors as part of a move to a new home. Some will wail, but, if you refuse to give in, and give them affection to distract them, they will get over it. Sterilised animals adapt faster than unsterilised animals, as their main reason for roaming is gone.

Sterilisation prevents several cancers and pyometritis in females. Males do not get testicular cancer, are less inclined to fight, and thus have greatly reduced rates of FIV and other diseases passed by bites. Sterilised cats are ideal indoor cats, as there is little territory marking behaviour.

Even indoor cats can occasionally get out through a broken screen or a moment of inattention. To increase your chances of getting your cat back, register it with the city licensing branch, and put the tag around the cat's neck on a breakaway collar. Ink your phone number into the collar with a marking pen.

Invest in a microchip. Any shelter, veterinarian, or pound that receives a stray cat will first of all check for a microchip. The Ottawa Humane Society offers inexpensive microchip clinics once a month: details are on their web site.

Keeping your cat indoors prevents countless painful deaths, huge vet bills and the anxiety and guilt behind those sad signs. Try it: you and your cat will both be happier.



Gigi is a hydrocephalic, missing 1/2 her forebrain, who has, nonetheless, reached the age of four and is fine and healthy, not to mention clean.

Since she was rescued at 6 weeks old, she has not been outside. Both have been 'owned' cats. The one with the nearly insuperable disability has outlived the healthy one, and is likely to reach a respectable old age.

The difference? The Queen was left outdoors by someone who thought she needed to roam to be "fulfilled" — whatever that means. Gigi lives indoors and receives the care and stimulation she needs to develop to her fullest.

I do very little for her: she has learned what she needs to know by watching our older gentleman cat, and imitating him. Despite her handicap, she uses litter consistently, keeps her coat sparkling, eats everything on her dish, plays and climbs and demands to sleep under the covers.

## Le français correct ✓✓✓ par Denyse Mulvihill

Améliorer son français, c'est la responsabilité de chacun. Attention de ne pas confondre le sens français avec le sens anglais de certains mots.

On doit dire :

> **S'interroger sur quelque chose**, qui signifie « se poser des questions à soi-même, réfléchir sur sa conduite et sur son comportement dans certaines situations » - non pas - se questionner qui s'emploie dans le sens de réciprocité entre deux ou plusieurs personnes, souvent dans une situation d'inquiétude ou d'affrontement.

Ex. 1- À la suite d'une élection quelconque, les candidats à des postes visés doivent s'interroger sur tous les aspects et les détails du déroulement de leur campagne électorale, lesquels ont certes contribué à leur victoire ou à leur défaite.

Ex. 2- Lors d'une commission d'enquête sur un sujet à controverse, tous les membres de travail de l'assemblée ont le devoir de se questionner mutuellement, avec ordre et respect, sur les raisons qui motivent leur opinion sur le sujet en litige, afin de pouvoir, après discussion générale, en arriver éventuellement à un consensus réfléchi et décisif.

> **Être mêlé, être perdu**, qui signifie « se sentir démuni à certains moments, s'inquiéter temporairement sur les actes à poser, et de façon plus grave, confondre le passé et le présent, ne plus pouvoir identifier les personnes autour de soi » - non pas - être confus, ce qui est un anglicisme.

Ex. - Quand la jeune femme s'est rendue à la clinique de soins continus où résidait son frère depuis quelque temps, elle fut frappée par son apparence désordonnée et désemparée, ce qui lui a vite fait comprendre qu'il était complètement perdu et mêlé en esprit, la regardant d'un air troublé, la voyant sans la reconnaître et en la repoussant par des gestes saccadés entrecoupés de paroles incohérentes.

> **Garder les souvenirs de quelque chose**, qui signifie « conserver en mémoire, retenir dans son esprit les faits et les événements vécus à certains moments de sa vie » - non pas - garder les mémoires, ce qui est un anglicisme.

Ex. - Ce n'est pas la prérogative de la vieillesse que de garder en mémoire les beaux comme les mauvais souvenirs d'une longue vie dont bien des personnes âgées aiment parler à temps et à contretemps, mais c'est souvent la concession de privilège que la jeunesse leur accorde avec patience et respect.

> **Suivre une émission à une chaîne de télévision**, qui signifie « regarder la diffusion d'un événement quelconque, d'une découverte récente ou d'une révélation secrète » - non pas - suivre ou regarder un programme sur un canal, ce qui est un anglicisme.

Ex. - Malgré toute sa bonne volonté ainsi que son désir ardent de suivre ce soir-là, une émission d'intérêt scientifique à la chaîne de Radio-Canada, le médecin n'a pas pu se libérer de ses obligations assez tôt pour le faire.

> **Recevoir une citation de la Cour**, qui signifie « recevoir en mains propres, une assignation, un ordre de comparaître en Cour, comme accusé ou comme témoin » - non pas - recevoir un subpoena, mot latin qui ne s'emploie pas en français.

Ex. - Comme le cycliste était sur les lieux d'un gros accident de la route où il y avait eu un véritable carambolage de voitures et camions, il a reçu une citation de la Cour, le sommant de comparaître, à une date précise, afin d'offrir sa version de l'accident, comme témoin du Procureur de la Couronne.

613 254 6580


Robert Horwitz

SALES REPRESENTATIVE

SUTTON GROUP-PREMIER (2008) REALTY LTD.

Over 25 Years Experience Assisting Buyers & Sellers

rhorwitz@sutton.com



EVANGELICAL LUTHERAN CHURCH OF

St. Paul

Upcoming Events

Free. All are welcome.  
No strings attached.

Jun. 19

Midweek worship begins today @ 7 p.m.

Jun. 25

Potluck @ 5 p.m. & Movie Night following

Jul. 30

Potluck @ 5 p.m. & Movie Night following

Aug. 11-15

Vacation Bible School (Children grades 1-8)

Aug. 27

Potluck @ 5 p.m. & Movie Night following

Aug. 30

uOttawa unsale

Sooner or later, everyone asks themselves:

• Where did I come from? (chance or design?)

• Why am I here? (self or others?)

• Where am I going? (nowhere, heaven, or...?)

God answers these questions, and more, in His Word the Bible.

Thursday: Worship @ 7:00 p.m. (June 19 ~ August 28)

Sunday: Bible study @ 9:00 a.m.    Worship @ 10:15 a.m.

www.stpaulottawa.org

210 Wilbrod

(one block north of King Edward & Laurier)

234-0321



- Friendly Customer Service
- Daily Discounts
- Comprehensive Medical Review (Meds check)
- Blood Pressure Monitor
- Disease State Management
- Customer Special Orders
- Compliance Packaging
- Delivery Services

- Home Health products
- Stocking fittings
- A wide selection of premium vitamins
- Organics - natural, organic, gluten free

- Compounding services
- Bus tickets
- Postage stamps





RIDEAU MEDICAL  
PHARMACY

580 RIDEAU STREET AT CHARLOTTE • 613 789 1151

OPEN 7 DAYS A WEEK

TELEPHONE: 613 789 1151

FAX: 613 789 3423



Claire Dymont and Sam Holowka served chow to the kids.

## Swinging partners for Sandy Hill

Daniel Boswell Patterson

On Saturday, May 10th, 2014, eager members of the Sandy Hill community joined hands at All Saints church, on Laurier and Chapel, for the first Sandy Hill community dance in years. The dance—a square-dance—was a fundraiser for an Action Sandy Hill project that many of the community members feel strongly about: slowing the conversion of Sandy Hill properties into student housing. All Saints’ Bate Hall was lit up in glorious lighting and with lively music playing —there wasn’t a lifeless soul (figuratively speaking, though fingers crossed for the literal sense, too) in the room! Everybody was either tapping their toes (the ‘adults’) or smiling shyly and trying to put on a polite face for their elders (the teens), or simply running around in a mayhem-meets-insanity-like fashion (the kids). With square-dance music playing courtesy of a very jolly live band, and Catherine Burns teaching the dance steps to the crowd in (dare I say it) a vain attempt to avoid collisions, the room could

not have been brighter and filled with more happiness and joy! There was a silent auction with some lovely artwork and sculptures from Rosemary Scragg and some others. Three cottage rentals and a hot air balloon ride over Ottawa donated by Sandy Hill resident JP Walsh of Re/Max also brought in some substantial bids. Among the dance-goers were some prominent Sandy Hill figures: Cindy Mitchell, the director of Bettye Hyde Early Learning Centre down the street, and recently declared candidate for City council Catherine Fortin LeFaivre. The organizing committee consisted of Jennifer Cavanagh, Jane Gurr, Lynn Marchildon, Sabrina Matthews, Willow Scobie and Susan Young. Lynn reports: “We raised about \$7,500 and sold about 120 tickets, a lot of them through the organizing team members going door to door, meeting new neighbours and formerly undiscovered dancers on the way. Ayoub’s offered to sell them too, and we really appreciated having them as a central selling spot.” All in all, it was an awesome community dance!



An occasion for tender mushiness. Photo Sandra Dattilo

## Perfumed nights in Sandy Hill

Annegret Hunter

Mrs. Aitch woke up one night and sniffed the air. “Something vile is burning!” Gaggling, she shook her husband: “The sewer system exploded! It is terrible!” “Just an odoriferous backyard dweller. It’ll pass,” he murmured and went back to sleep. Mrs. Aitch, who immigrated from a place where wild animals live in zoos, phoned the Wildlife Centre. “Don’t worry,” she told her husband, “they said it’s a mother skunk. As soon as she has her babies, she’ll move out and leave the city. They are uncomfortable here and prefer the wild. We just have to be a bit careful for a while.” “Is that so?” he said, grinning. The next day he had to go out in the car. To Mrs. Aitch’s amazement, he was back very soon and parked on the street while passing pedestrians hastily crossed to the other side. “Wife,” he called, “I ran over a skunk and the car and garage stink! My meeting was cancelled, since I do not exactly smell like roses.” What to do with a dead skunk? The City instructed us to put the animal in a cardboard box: “Leave it at the curb; we will pick it up in the next half hour.” And they did! Sometime later, a neighbour reported a major gas leak. The repairman from the gas company showed up, took one sniff, and said: “You don’t have a gas leak, you have a skunk.”

What a shock to realize that there was still a skunk very much alive. Shortly thereafter while working quietly in the garden, Mrs. Aitch heard a sound, turned, and saw the skunk snuffling at the ground oblivious of her presence. Images race through her mind: a climb up the tree trunk — a jump over the garage roof — a bathtub full of tomato juice. She hates tomato juice, and leaped, yelling, toward the house. The intruder, who in turn nearly jumped out of its fur, disappeared underneath the shed. This callisthenic incident led not only to the discovery of the gas leak’s abode, but also to the disclosure of the Wildlife Centre’s total ignorance about four legged immigrants from the country. They do indeed like the city and have no intention of leaving. What to do now? There was plenty of advice: “Trap it!” And then, what? -- “Shoot it!” Surely the military would not come out for something like this? – “Live and let live and keep the doors shut!” This seemed sensible, provided that the striped menace took the same view. Cautiously back in her garden, Mrs. Aitch parted a clump of tall grasses, and the cutest little baby skunk looked up at her. Before she could dissolve into tender hearted mushiness, she saw movement underneath the lilac bush. With one of her by now well-practiced flying jumps she fled. The garden was left unkempt. Mrs. Aitch now talks loudly to her plants, which, ever since the appearance of the cell phone, is socially acceptable. But she simply cannot get used to the perfumed nights.

CHIROPRACTOR

Dr. Jean-François Gauthier

418 rue Rideau Street

We can help!

Nous pouvons vous aider!

- Low back pain
- Headaches
- Arm/leg pain and numbness
- Neck pain

- Maux de dos
- Maux de tête
- Engourdissements des bras et des jambes
- Maux de cou

FRIEL

RIDEAU

418

BESSERER

CHAPEL

613-241-3434

Covered by most insurance plans

CHIROPRACTICIEN

www.spineandfoot.com



Photo David Elden



## Rideau Branch Library Programs, June-August 2014 377 Rideau St., 613-241-6954

### For adults/Pour adultes

#### Pen and Paper writing group

Tuesday, June 24, 6:30–8:30 pm. Last session. Get feedback on your writing (any genre) and ideas from the group. Hear the work of other writers and offer your feedback. Discuss issues about writing and publishing. Share your triumphs, trials and tribulations with a supportive, informal group.

#### TD Summer Reading Club special programs for children/TD Club de lecture programmes pour enfants

##### Reshape It / Donne-moi une nouvelle vie!

Thursday, July 3 - 2:00–3:00 pm. Drop-in program. Turn trash into treasure. Ages 6-8. / Transforme des rebuts en trésors. 6 à 8 ans. Pas d'inscription nécessaire.

#### Summer Family Storytime / Contes en famille en été

Tuesday, July 8 - 10:00–11:00 am. Drop-in program, seven sessions remaining. Stories, rhymes and songs for children of all ages and a parent or caregiver. / Contes, comptines et chansons pour les enfants de tous âges et un parent ou gardien. Sept sessions restantes, pas d'inscription nécessaire.

### Morse Code Jewellery

Wednesday, July 9 - 10:30–11:30 am. Registration required. \_ \_ . . . \_ \_ DIY Morse Code jewellery! Spell your name or favourite word in beads, while learning Morse Code and practising your skills on a telegraph key. English only, ages 9-12.

### Gadgets & Gears / Gadgets et engrenages

Thursday, July 10 - 2:00–3:00 pm. Drop-in program. Discover the place where art, science and technology meet. Ages 6-8. / Là où l'art, la science et la technologie se rencontrent. Pour les 6 à 8 ans. Pas d'inscription nécessaire.

### All Tangled Up/Tout emmêlé!

Thursday, July 24 - 2:00–3:00 pm. Drop-in program. Fun with fabulous fibers. Ages 6-8. / Du plaisir avec les fabuleuses fibres textiles. Pour les 6 à 8 ans. Pas d'inscription nécessaire.

### Flip Book Workshop/Atelier feuilletscope

Wednesday, July 16 - 2:00–3:00 pm. Registration required. Join staff from the Ottawa Art Gallery to learn how to make your own animated flip book and watch your drawings come to life. Ages 7-12. / Viens découvrir comment créer un feuilletscope. Tes dessins prendront vie. Pour les 7 à 12 ans. Inscription nécessaire.

### Lots of Blots/Barbeaux et pinceaux

Thursday, July 17 - 2:00–3:00 pm. Drop-in program. Make your mark with pencil, pen or paint. Ages 6-8. / À vos crayons, feutres et pinceaux. 6 à 8 ans. Pas d'inscription nécessaire.

### On with the Show! / Attention, mesdames et messieurs!

Thursday, July 31 - 2:00–3:00 pm Drop-in program. Put your creativity in the spotlight. Ages 6-8. / Prends place sous le feu des projecteurs. 6 à 8 ans. Pas d'inscription nécessaire.

### Beyond Blocks / Au-delà des briques

Thursday, August 7 - 2:00–3:00 pm. Drop-in program. Plan it. Build it. Repeat. Ages 6-8. / Conçois. Bâtis. Recommence. 6 à 8 ans. Pas d'inscription nécessaire.


### Let it Grow!/Mon jardin d'idées

Wednesday, August 13 - 2:00–3:00 pm Drop-in program. Explore and make with nature. Ages 6-8. / Explore et crée avec la nature. 6 à 8 ans. Pas d'inscription nécessaire.

**Sandy Hill Heritage Study Open House** will present study findings and draft management guidelines for a Cultural Heritage Character Area. Drop in anytime 6- 8:30, brief presentation at 7; SHCC, 250 Somerset St. E. Contact: lesley.collins@ottawa.ca

**New Edinburgh Community and Arts Centre (NECTAR)**; "Art Blooms in the 'Burgh II" an exhibition of up-and-coming artists' works continues through June 27, 9:00 to 5:00 weekdays; NECTAR Centre, 255 MacKay Street, Free admission, free parking and everyone is welcome! Information: Susan Ashbrook, 613-833-8312 or ashbrookcreative@gmail.com

**The Company of Fools** brings Shakespeare's As You Like It to Strathcona Park, Thurs. July 3 then every Monday night July 7-August 11, at 7 pm. www.fools.ca



# Rideau River DENTAL

General and Cosmetic Dentistry

## 613-789-0800

**A beautiful smile and healthy teeth.**

**Please come see us for a SMILE consultation.**

**Whiten and brighten your teeth in one visit with ZOOM advanced**

**New patients and emergencies always welcome.**

**Appointments available on evenings and Saturday**

**389 Rideau St. (at Friel)**  
**FREE PARKING**

- Invisible braces with **Invisalign**
- Intra-oral exam using digital video technology
- Treatment of sensitive teeth
- Full digital X-ray, less radiation - **WE CARE!**
- Bilingual service

### Concrete Mushrooms Art Workshop

Thursday, August 14 - 2:00–3:00 pm Registration required. Local artist, Graham Smith, will show you how to make mushrooms using cement, sand, water and molds made of plasticine. We'll decorate the mushrooms to make an outdoor display. Ages 6-12. English only.

### Eureka! Closing Ceremony/Eurêka! Cérémonie de clôture

Thursday, August 21 - 2:00–3:00 pm. Join us for the TD Summer Reading Club 2014 wrap-up! / Joignez-vous à nous pour la conclusion du Club de lecture d'été TD 2014!



## BULLETIN BOARD



### PREVENTIVE HEALTH CARE FOR YOUR PET

- ♥ Vaccinations
- ♥ Dental Care
- ♥ Medical & Surgical Care
- ♥ Nutritional Counseling

### OUR NEW BUSINESS HOURS

Mondays, Tuesdays, Wednesdays & Thursdays 8:00am - 7:00pm  
Fridays 8:00am - 6:00pm & Saturdays 9:00am - 12:00pm

## Rent-A-Wife Household Organizers

"Every working person needs a wife!"

- Regular & Occasional cleaning
- Pre & Post move cleaning and packing
- Pre & Post renovation cleaning
- Blitz and Spring cleaning
- Organizing cupboards, basements . . .
- Perhaps a waitress?

Laurel 749-2249



**Your neighbourhood  
QUALITY HOME RENOVATION  
and restoration specialists**



John Wenuk (Owner),  
Sandy Hill Construction

RENOVATOR OF THE YEAR 2013

For a comprehensive overview,  
please visit our web site:

**www.sandyhill.ca**

or contact John at

**(613) 832-1717**

**SERVING SANDY HILL  
FOR OVER 20 YEARS**

**CornerStone  
BrickWorks**

Brick \ Block \ Stone \ Chimneys

Ottawa Repair and Restoration Specialists

www.CornerStoneBrickWorks.ca

**613-882-8856**



### HERITAGE GLASS

Since 1999, Ottawa's Leading Stained Glass Specialist

Conservation & New Windows/Frames/Doors


www.heritage-glass.ca

613-842-7600





Staff of Sandy Hill Community Centre After School program at the annual end-of-year barbeque for children and parents on Friday June 13. The barbeque included music and staff dance performance to 80s tunes and a talent show by the children. Approximately 160 people attended the barbeque that was organized and hosted by staff counsellors on their own time. Posing in their 80s costumes are the After School staff. Bottom row from left: Eric Dicaire, Pascale Léveillé, Rébecca Fleury, Alicia Emond, Emily Fabius, Dominique Masena. Top row from left: Liam Dunbar, Ahmed Elmi, Jason Morneau-Powell, Becky Mozzato, Pascale Boucher, Andrew Cockburn, Yasmin Salad, Ariane Hossack



E

Buoyed by the support of their teachers and peers, Elmwood girls are empowered to strive for success. Each student receives a well-rounded education that prepares her for university and her future career, all the while developing strong character, confidence and a lifelong love of learning. Surrounded by excellent teachers and supportive peers, each girl is encouraged to challenge herself, find her passion and achieve her goals.

Elmwood School is Ottawa's premier school for girls from Junior Kindergarten to Grade 12.  
Learn more about how we can inspire your daughter to reach her full potential—call (613) 744-7783  
or email [admissions@elmwood.ca](mailto:admissions@elmwood.ca) to book your private tour today.

[www.elmwood.ca](http://www.elmwood.ca)


Elmwood School

# Thinking of Selling?

Find Out What Your Home is Worth

*Call Wayne today to receive a Complimentary Market Evaluation of Your Home*

**613.567.1400**



sutton group-premier realty (2008) ltd.  
Brokerage, Independently Owned and Operated

## WAYNE GORDON

— BROKER OF RECORD —

[wgordon@sutton.com](mailto:wgordon@sutton.com)

